

5-11 March
2016

TV & Satellite week

**NEW****DOCTOR
THORNE**Classic drama
starring Tom
Hollander**QUANTICO**Terrorist thriller
from the US**SPECIAL PREVIEW**

Game of Thrones

An **EXCLUSIVE** look ahead to the
eagerly-awaited new series**PLUS****JOHN
TRAVOLTA**
Exclusive
interview**THE ALIENS**Sci-fi comedy
with a difference**NEW**

HotList

The 28 best shows

Saturday 5



Premier League

FOOTBALL from 12noon

The title race reaches a crucial stage as Tottenham Hotspur take on Arsenal (*BT Sport 1 HD, kick-off 12.45pm*); and then Watford face Leicester City (*Sky Sports 1 HD, kick-off 5.30pm*). *See sport, page 28*



The Who Weekend

MUSIC Sky Arts HD, 9pm

Featuring the legendary rock group's 1982 concert at New York's Shea Stadium (*tonight, 9pm*); followed by their 50th anniversary performance in Hyde Park in 2015 (*tomorrow, 9pm*).



Stag

COMEDY DRAMA BBC2 HD, 9pm

As the dark comedy continues, the ever-diminishing stag party group finds hope in the arrival of gate-crasher Christoph, but his presence causes further divisions and more bloodshed...



The Jonathan Ross Show

CHAT SHOW ITV HD, 10pm/
ITV+1, 11pm

Jonathan is joined by Hollywood stars Richard Gere and Jack Black, stand-up comedienne Roisin Conaty, and Motown founder Berry Gordy.

Full listings start on p33

Sunday 6



Steve Backshall's Extreme Mountain Challenge

DOCUMENTARY BBC2 HD, 8pm

The naturalist faces storms, rockfalls and run-ins with scorpions as he attempts a previously unscaled table-top mountain in Venezuela. *See feature, page 18*



Call the Midwife

DRAMA BBC1 HD, 8pm

LAST ONE! Dr Turner takes decisive action as the cause of the spate of infant limb deformities is finally uncovered, and Tessie reluctantly accepts her daughter's shotgun wedding.



Doctor Thorne

DRAMA ITV HD, 9pm/ITV+1, 10pm

EDITOR'S CHOICE Anthony Trollope gets the Julian Fellowes treatment in this lavish all-star period drama headed by Tom Hollander. *See feature, page 8*



The Night Manager

THRILLER BBC1 HD, 9pm

Jonathan continues to gain Roper's trust, but it is clear that Corky remains deeply suspicious of the newcomer, so he turns to Burr to find a way to cement his position in the organisation.

Full listings start on p43

Monday 7



This Farming Life

DOCUMENTARY BBC2 HD, 7pm

A fascinating profile of five families farming in remote parts of Scotland, revealing how they cope with extreme weather and the pressures of a non-stop job. Continues tomorrow and Wednesday.



Frontline Doctors: Winter Migrant Crisis

DOCUMENTARY BBC1 HD, 9pm

(*Scot, 10.45pm*) Chris and Xand van Tulleken travel to Greece to report on the issues faced by medics treating the influx of immigrants.



Get Me to the Church

ENTERTAINMENT W HD, 9pm/
W+1, 10pm

Groom-to-be Dave is stranded in the Sahara desert with 72 hours to get back to the UK for his wedding in a new *The Hangover*-style reality show.



Davina McCall: Life at the Extreme

DOCUMENTARY ITV HD, 9pm/
ITV+1, 10pm

Davina freedives and swims with whales and dolphins in the waters of the Azores, and spots a rare Sailfin Roughshark.

Full listings start on p53

Tuesday 8



Back in Time for the Weekend

DOCUMENTARY BBC2 HD, 8pm

LAST ONE! The family reflect on their experiences, and sample new technology that promises to transform leisure time once more.



The Aliens

SCI-FI COMEDY E4 HD, 9pm/
E4+1, 10pm

EDITOR'S CHOICE Michaela Coel, Michael Socha and Jim Howick star in this wry take on aliens invading Earth. *See feature, page 13*



Happy Valley

DRAMA BBC1 HD, 9pm

As Catherine and Clare continue to investigate the origins of Ryan's birthday gift, Frances tries to execute Tommy's latest order, and Daryl has a confession that may push his mother over the edge.



The Knick

PERIOD DRAMA Sky Atlantic HD, 9pm/
Sky Atlantic+1, 10pm

The superior drama builds towards next week's climax as the rivalry between Galinger and Edwards turns physical, and Cornelia publicly confronts her father.

Full listings start on p63

WS on TV this week

Wednesday 9



Dunblane: Our Story

DOCUMENTARY BBC2 HD, 9pm

(Scot, BBC1 HD, 9pm)

Testimonies from survivors and the families of those who died in the 1996 massacre in a Scottish school when a gunman killed 16 pupils and their teacher.



Rizzoli & Isles

CRIME DRAMA Alibi HD, 9pm/

Alibi+1, 10pm

As series six resumes, the race is on to find Maura, but as Jane gets closer to tracking down her abducted friend, it seems she may be walking into a trap.



Famous, Rich and Homeless

DOCUMENTARY BBC1 HD, 9pm

(Scot, 10.45pm; Wales, 11.15pm)

Willie Thorne, Kim Woodburn, Nick Hancock and Julia Bradbury experience the shocking reality of life on the streets.



Grantchester

CRIME DRAMA ITV HD, 9pm/

ITV+1, 10pm

Sidney finds a less-than-warm welcome from his former Cambridge College master (guest star Nigel Planer) when he delves into the suicide of a fellow there.

Full listings start on p73

Thursday 10



The Secret History of My Family

DOCUMENTARY BBC2 HD, 8pm

The team behind *The Secret History of Our Streets* trace descendants of upper- and working-class Victorian families in an effort to understand social mobility.



Bear Grylls: Mission Survive

CHALLENGE ITV HD, 9pm/ITV+1, 10pm

The team confront more of their deepest fears as they tackle terrifying challenges, including a rope crawl across a huge ravine. See feature, page 15



Quantico

CRIME DRAMA Alibi HD, 9pm/

Alibi+1, 10pm

EDITOR'S CHOICE A pacy thriller about an FBI trainee accused of a terrorist attack trying to prove her innocence. See feature, page 16



Sensitive Skin

BLACK COMEDY Sky Arts HD, 9pm

Kim Cattrall returns in the second run of the bittersweet Canadian drama based on the acclaimed British series, still in the throes of a mid-life crisis but desperately trying to re-engage with reality.

Full listings start on p83

Friday 11



Flaked

COMEDY DRAMA Netflix

Will Arnett stars as a recovering alcoholic and habitual liar in this comedy co-created with Mark Chappell, the writer of *The Increasingly Poor Decisions of Todd Margaret*. See feature, page 16



Bosch

CRIME DRAMA Amazon Prime Video

Titus Welliver and Lance Reddick return in the stylish drama based on the novels by Michael Connelly, and the taciturn Los Angeles police detective opts to reopen his mother's murder case.



Mr Selfridge

PERIOD DRAMA ITV HD, 9pm/

ITV+1, 10pm

LAST ONE! Harry goes into hiding, putting Gordon in a tenuous position – will the Earl of Oxford Street recover his nerve in time to save his store?



Stop/Start

COMEDY BBC1 HD, 10.35pm

The latest in the *Comedy Playhouse* series, written by and starring Jack Docherty, explores three marriages in various states of disrepair. With Nigel Havers, Sarah Hadland and John Thomson.

Full listings start on p93



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We take a sneak peek at the soon-to-return *Game of Thrones*

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Cover story



ARYA IS BLIND

Our first look at the trainee assassin after being blinded by the Faceless Men for killing Meryn Trant. But is her punishment permanent?



BRAN IS BACK

Last seen in the season-four finale, the crippled, mystical Stark boy is back with the Three-Eyed Raven (new cast member Max von Sydow) and he appears to be standing. Is he cured?

**SPOILER
ALERT!**

Ahead *of the* Game

With **Game of Thrones** returning soon, we take a sneak peek at the epic new season...

NEW FANTASY DRAMA

Game of Thrones

Sunday 24 April, Sky Atlantic HD

Winter is coming... and sooner than we think. *Game of Thrones*' long-awaited sixth season lands on Sky Atlantic on 24 April, and while we always know to brace ourselves for the unexpected, this next instalment will take us into brand-new, unknown territory.

HBO's colossal fantasy drama has finally overtaken George RR Martin's books, with his sixth novel, *The Winds of Winter*, still without a publication date. For the very first time, book-readers and small-screen fans are on the

same page, and there's one burning question on everyone's lips: 'Is Jon Snow really dead?'

To make the wait slightly more bearable, the show's producers have released a set of teaser pictures to whet our Westeros appetite and make us fret even more for our favourite characters. Has Daenerys been captured by the Dothraki? Will Arya regain her sight? Will the Lannisters declare war on Dorne? And just how will Tyrion and Varys bring Meereen under control?

Here, we take a look at the most intriguing pictures from the new season and speak to Alexander Siddig, who plays Prince Doran, ruler of Dorne, about being surrounded by enemies and his fight for survival...



VARYS AND TYRION

They've taken over from Arya and The Hound as the show's best double act, but can they get a handle on Meereen?





Q&A Alexander Siddig

The 50-year-old actor reveals why his character, Prince Doran, should be very afraid of the Lannisters this season...

What can you tell us about the new season of *Game of Thrones*?

I can't really say too much because the cast are all sworn to secrecy. I understand anyone who lets plot details slip gets shot or something.

Following the poisoning of Myrcella, will the wrath of the Lannisters be unleashed on Dorne?

You know, I think there's going to be something cooking. I'm terrified because I'm surrounded by enemies. How the hell I'm going to survive, I do not know! It's going to be a massive ordeal. The producers keep on cranking up the tension. It's way beyond 11 already. How the hell are they going to pull it off? I don't know but I suspect it's going to be cataclysmic.

Do people recognise you more in the street now?

Yes, it does happen more than it used to. I was recognised in the supermarket the other day but it doesn't happen very often. I'm in a good place in that sense – just under the radar – and it helps that I avoid looking anyone in the eye when I'm out and about.

You play one of the few decent characters. Have you enjoyed the experience?

Yes. I love it. I didn't realise at first that Doran is one of *Game of Thrones*' decent characters and I've enjoyed playing him again in season six.

Who are your favourite characters and why?

I love Jaime [Nikolaj Coster-Waldau]. I think he's brilliant. And everybody loves the dragon girl, Daenerys [Emilia Clarke], don't they? She's pretty epic. I'm also really enjoying the crazy priest, the High Sparrow [Jonathan Pryce]. He's just hilarious.

Do you struggle to remember the names of all the characters?

I'm rubbish with names, but I'm especially rubbish with *Game of Thrones* names because there are too many to remember.

Are new cast members given family trees to help them work out all of the show's characters?

No. They give you nothing to help you. You just get chucked in. It's a case of, 'See you on the other side, mate. Do a good performance or we fire you!'

A lot of the show's characters are made into action figures. Do you think you'll be immortalised in plastic?

I doubt it. My *Star Trek: Deep Space Nine* character, Dr Julian Bashir, was made into a toy a few times, so I've probably already filled up my life's quota of action figures.

What do you think is the secret of the show's success?

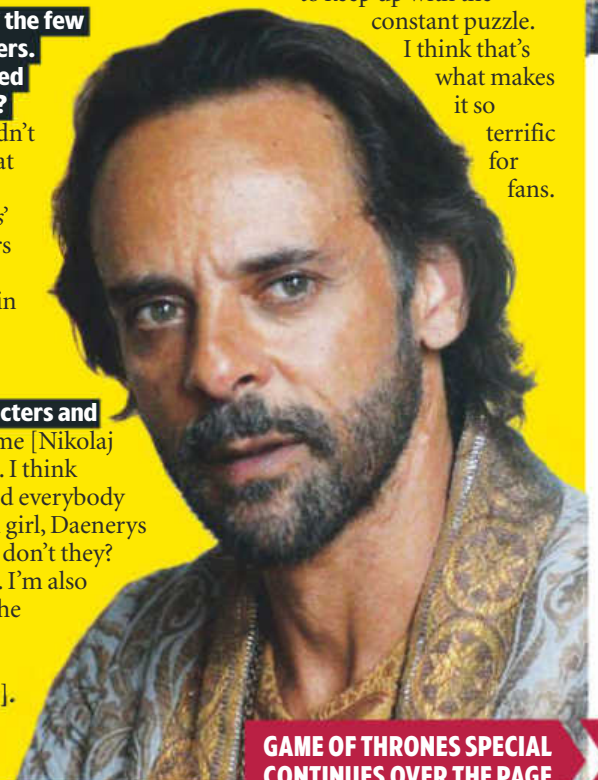
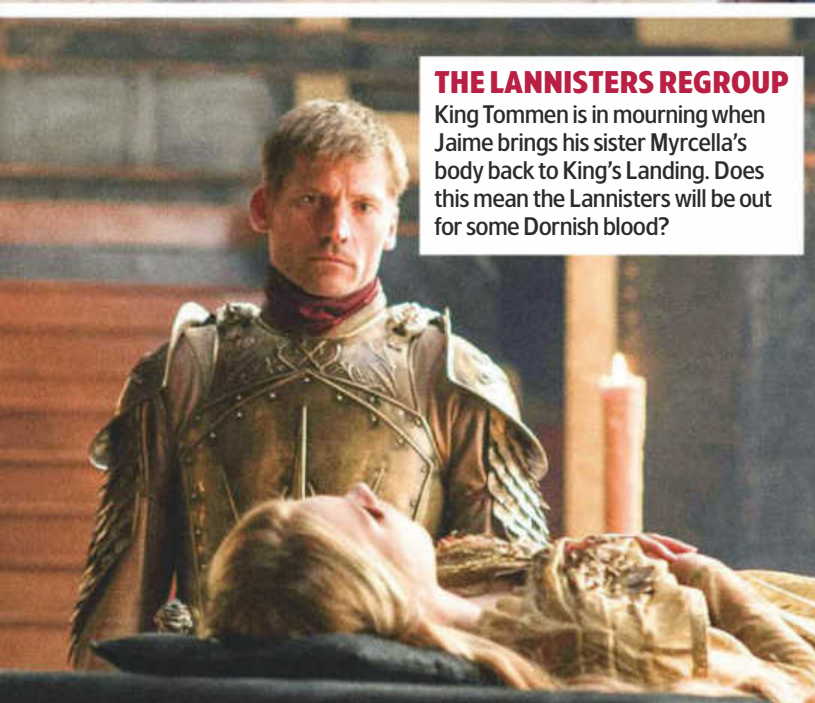
I would say *Game of Thrones* is unashamedly complicated and it doesn't underestimate its audience's ability to gather and process complex information. I think people love that; trying to keep up with the constant puzzle. I think that's what makes it so terrific for fans.

DAENERYS HELD HOSTAGE?

The Mother of Dragons looks like she's seen better days, but is she being held prisoner by the Dothraki? And where is Drogon?

THE LANNISTERS REGROUP

King Tommen is in mourning when Jaime brings his sister Myrcella's body back to King's Landing. Does this mean the Lannisters will be out for some Dornish blood?



GAME OF THRONES SPECIAL
CONTINUES OVER THE PAGE

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Cover story



KILLER QUEEN

Will the cunning Queen Regent take revenge on the High Sparrow and his brethren following her brutal walk of atonement?

MELISANDRE'S MAGIC

The Lord of Light Red priestess returned to Castle Black just before Stannis Baratheon led the ill-fated siege of Winterfell. How will she react to news of Jon Snow?



GAME OF BRITS

There's a new bunch of British actors arriving in Westeros for season six...



Richard E Grant

The *Downton Abbey* actor is reported to be playing Izembaro, a larger-than-life leader of a troupe of actors.



Samantha Spiro

The actress, who is best-known for playing Barbara Windsor in ITV's *Carry On* drama *Cor, Blimey!*, will join the cast as Sam Tarley's mother Melessa.



Ian McShane

The *Deadwood* star looks set to appear in just one episode, with fans speculating wildly about his mysterious role.



THEON AND SANSA ESCAPE

It seems Sansa Stark and Theon Greyjoy are alive and well after surviving their leap from the walls of Winterfell. But how long before horrid Ramsay Bolton catches up with them?

FAITH AND BLOOD

Religious cult the Sparrows essentially seized power in King's Landing last season, but the High Sparrow was a foolish man to cross Cersei.



DUNGEON ORDEAL

'Shame!' After humiliating Cersei, the devout Septa Unella will no doubt try to persuade Tommen's new wife Margaery to repent as well.



BRIENNE THE BRAVE

The statuesque warrior finally avenged Renly Baratheon's murder by slaying his brother Stannis. Now she needs to complete her next mission – finding Sansa Stark.



WORDS: REBECCA MAHONEY AND CLYDE MCGARRIGLE. PHOTOS: REX

Lady Arabella Gresham
Rebecca Front

Distraught that her husband (Richard McCabe) has squandered their money, the snooty mother needs her son Frank to make a good match.

Dr Thomas Thorne
Tom Hollander

The well-respected doctor wants to protect his illegitimate niece Mary, but also has to juggle his loyalties.

Fate & fortune

Tom Hollander stars as an heroic Victorian doctor in Julian Fellowes' adaptation of Anthony Trollope's romantic novel

NEW PERIOD DRAMA

Doctor Thorne

Sunday, ITV HD, 9pm

Scarcely a year goes by without a new TV adaptation of a Jane Austen or Charles Dickens novel, but the works of their fellow 19th-century writer Anthony Trollope have been comparatively overlooked.

That's about to change this week with Julian Fellowes' lavish adaptation of the author's 1858 novel *Doctor Thorne*.

'I am a big fan of Trollope and we wanted to remind people that we didn't just have to have the hundredth version of *Pride and Prejudice*,' smiles Fellowes, creator

of *Downton Abbey*. 'He translates very naturally because he writes such believable dialogue, modern themes and has a realistic view of society.'

THE GOOD DOCTOR

The three-part ITV series is full of romance and class warfare and centres on Dr Thomas Thorne, played by Tom Hollander, who lives in the small town of Greshamsbury with his illegitimate niece Mary (Stefanie Martini).

Mary is in love with her childhood friend Frank Gresham (Harry Richardson) but, due to the Greshams' dwindling fortunes, Frank's snobbish mother Lady Arabella (Rebecca Front) demands that he marry an heiress instead.

'Thorne is a virtuous Victorian hero and a very decent chap,' says Hollander. 'He has brought up Mary on his own and he loves her very much. It is quite a modern tale of a single parent looking after their adopted child.'

The good doctor is determined that his niece will get the happiness she deserves, despite her origins, so he is affronted when Lady Arabella tries to persuade him to help her keep the young lovers apart. There are further complications as Thorne also works as a business advisor to drunken railway magnate Sir Roger Scatcherd (Ian McShane), who has his own connections to Mary and has loaned the Greshams money.

'Thorne's a quiet chap but he's roused to anger every so often and is morally courageous,' says Hollander. 'He manages to make all the right choices, sometimes to his own detriment. The real problem is that he is friendly with all parties and he has to try to keep them all happy. It's not his own agenda that he's servicing; his concern is for everyone else.'

A MAN OF MANY PARTS

The role of the thoroughly upstanding physician appealed to Hollander as it was very different from his previous work, which has included put-upon vicar Adam Smallbone in *Rev* and his current role as scheming fixer Major Corkoran in BBC1 spy drama *The Night Manager*.

'I loved playing Thorne. He's a listener and the calm centre around



Sir Roger Scatcherd
Ian McShane

The wealthy and irascible drunkard wants to stand for election. Can his friend and business advisor Dr Thorne talk him out of it?

WHO'S WHO

Mary Thorne
Stefanie Martini



The sweet girl is in love with Frank, but she is shocked to learn about her murky parentage.

Frank Gresham
Harry Richardson



The son of the local squire wants to marry Mary, but his relatives have other plans.

Countess De Courcy
Phoebe Nicholls



Arabella's ambitious sister-in-law helps her try to broker a marriage for Frank.

Miss Dunstable
Alison Brie



The free-thinker is the target of Arabella and the Countess's matrimonial plans for Frank.

Patience Oriel
Cressida Bonas



The sister of the local vicar becomes the friend and confidante of Mary.

which some colourful characters circulate, but he's also a hero.'

The drama has also been a chance for Hollander to catch up with Fellowes as he starred in the writer's 2001 film *Gosford Park*.

'It was sweet because we shot some of this in Wrotham Park in Hertfordshire, which is where we shot *Gosford Park*,' says Hollander.

The actor is full of admiration for Fellowes' writing, and feels that he's a scriptwriter with perfect credentials to capture Trollope's clever and often comedic exploration of the Victorian class system.

'He is great at that interplay of social nuances, class obsession and status, he relishes all that stuff and does it brilliantly,' says Hollander. 'He's also very good at telling a yarn and getting into the soap opera aspect of it, which is essential for good drama.'

SOAP DIARY

This week's soaps at a glance

STORY OF THE WEEK



Cain's driven to despair by his ex-lover's stolen Ferrari

EMMERDALE

Charity is out of jail and back in the village

» She may be a manipulative, selfish cow who'd sell her own granny for £50, but Emmerdale is a much less interesting place without Charity Dingle. So we're thrilled that she's out of the nick – even if most of the villagers aren't.

Charity's due to be collected by Chas and Cain, but when they turn up at the prison, they're told she's been released early. She's spotted by Cain and Moira a few days later, at the wheel of a red Ferrari – half-inched, naturally.

Cain warns his ex that she'll go back inside if she's caught, while Moira chucks her

belongings out of the house. But Charity's too busy planning her next dodgy deal to care. Desperate for cash, she asks Ross

if he wants to start up their 'chop shop' again. When he refuses, she resorts to plan B. Taking Moses as a bargaining tool, she pays Emma a visit. But what does she want – and will Emma give it to her?



Charity pays an out-of-prison visit to Emma

» PLUS Carly tells Marlon she lost a baby to sudden infant death syndrome, Priya has doubts about marrying Rakesh, Sam's heartbroken over Megan, Rhona breaks down, and Finn fears Val's ghost is haunting the B&B.

ALSO IN THE SOAPS THIS WEEK...

EASTENDERS

» Claudette (right) attacks Gavin – is he dead? Denise tries to stop Lucas escaping from prison, Honey tells Ronnie that Jack is getting married, Nancy and Lee come to blows, and Phil breaks down over his boozing.



CORONATION STREET

» Phelan (right) gets one over on Michael, Callum's mate, Gemma, turns up at the salon, Billy puts Marta back in danger, Rana kisses Zeedan, and Bethany tells the Platts she's being bullied.



whatsonTV.co.uk/soaps

John Travolta
tells all about
OJ Simpson,
keeping fit and
the changing
face of fame...

Look who's talking

DRAMA

The People v OJ Simpson: American Crime Story

Monday, BBC2 HD, 9pm

Hollywood icon John Travolta is currently on TV in his first starring role since making his name as an unruly student in the US comedy *Welcome Back, Kotter* in the 1970s.

The 62-year-old star of *Saturday Night Fever*, *Grease* and *Pulp Fiction* plays defence attorney Robert Shapiro in BBC2's *The People v OJ Simpson: American Crime Story*, the true crime series that follows the headline-grabbing trial of OJ Simpson in 1994-95.

This week's episode sees jury selection get underway as the prosecution and defence prepare for the trial of Simpson (played by Cuba Gooding Jr) that lies ahead.

We caught up with Travolta to find out more...

You started your acting career on television in the 1970s. Did you have any trepidation about returning to the small screen?

I did have trepidation. Firstly, I hadn't been on television in over 40 years. Secondly, I wanted to make sure that *American Crime Story* was done with the right tone. When I read the concept of the full 10 episodes, I realised that it was a very multi-layered concept. After that, I was reassured.

The question on everyone's lips... Do you think OJ was guilty?

Oh gosh, there is so much evidence that leans towards that verdict, but you have to make your own opinion.

How did you research the role?

I played a lawyer in the 1998 movie *A Civil Action* as well, so I feel like I know these people very well. The key to this role was studying

TRAVOLTA'S FILMS

1 *Grease* 1978

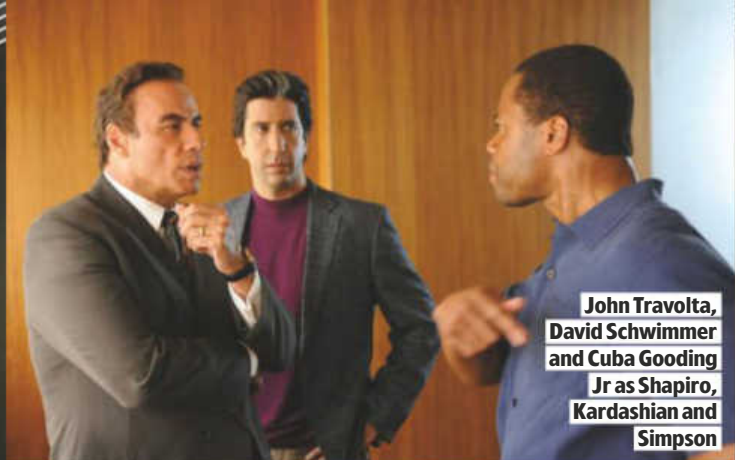
He got the chills as greaser Danny Zuko who falls for prim Sandy (Olivia Newton-John) in the 1950s-set musical romance.

2

Saturday Night Fever 1977

Played New Yorker Tony Manero who forgets his dead-end job through the joys of disco.





John Travolta,
David Schwimmer
and Cuba Gooding
Jr as Shapiro,
Kardashian and
Simpson

Shapiro and making sure that it was accurate. There are many books written on the trial, so that was also helpful in building the character.

How different is the industry today from when you started?

First of all, there were less of us then and that's a fact. Honestly, when I started, if I went up for an audition, there were six to seven of us. It was always Richard Gere, Treat Williams and myself. As the business has evolved, now hundreds of actors have opportunities, which is a good thing.

How different is fame now?

It is very different being famous today than it was in 1975. Today, it's very Big Brother. There's not a move you make that isn't recorded somehow, that's not reported online. Celebrities don't want to leave their homes because every time they do they have to clock how they are dressed, make sure they are not picking their nose and they have to make sure they are behaving perfectly.

What is it about *Grease* that remains so timeless?

There's no movie in history that has ever held up to the level that *Grease* has. It's a

phenomenon. I am so happy that I may have one movie that will survive eternity.

The live musical of *Grease* has just been shown on UK TV. Were you approached to appear in the show?

I wasn't in touch with *Grease Live* too much, but I know some of the people involved. It's fun for people to be able to see another version of it.

You were the embodiment of disco music in the 1970s, but what gets you on the dance floor these days?

The only thing that has ever got me on the dance floor is a rhythm that my body feels. Often it's Latin rhythms

and Brazilian sounds that get my body wanting to move, so any song that includes those rhythms triggers my inspiration to dance. I don't care what era it's from.

Do you feel pressure to still look good in your sixties?

I live a pretty clean life. I exercise, I eat well and I don't do anything in excess, so that helps. Every celebrity leads a stressful life, but I counteract that with my Scientology religion as well. I think all those things contribute to appearing well.

'The key to this role was studying Shapiro and making sure it was accurate'

JOHN TRAVOLTA

Five of the star's most iconic screen roles

3 Look Who's Talking 1989

Travolta's likeable cab driver wants to get together with accountant Kirstie Alley and her baby.



4 Pulp Fiction 1994

Won an Oscar nomination and a whole new audience as hitman Vincent Vega in the Quentin Tarantino classic.



5 Face/Off 1997

Played an FBI agent on the trail of terrorist Nicolas Cage who killed his son in the John Woo sci-fi.



Sister act

We speak to **Caroline and Caitlin Moran**, two of TV's funniest women, about their hit family comedy



Caroline and Caitlin Moran

COMEDY DRAMA

Raised by Wolves

Wednesday, Channel 4 HD, 10pm

As the outrageous *Raised by Wolves* continues, this week's episode sees the west Midlands family braced for the return of the girls' dad into their lives. How will single mum Della (Rebekah Staton) and her six kids react?

We caught up with the writers, Caroline and Caitlin Moran, to find out what's in store...

What can you tell us about Dad?

Caroline We learn how he and Della got together, and see the dynamics of their relationship.

Caitlin But we can't reveal his name. It would be funny if it was Poldark or the Doctor and we'd merged the shows.

Are you still mining your personal histories for the show?

Caroline A lot of what happens to Aretha [Alexa Davies] is based on me. I had an interesting education. And Yoko [Molly Risker] is full throttle into adolescence – all hormones, eye-liner, anger and despair – and we've all been there.

Caitlin In the final episode, they go on a caravan holiday to Borth, Wales, which is where we used to go. Ours was more

of a tin cube with a non-functioning chemical toilet next to the fridge. You had to sit there in plain sight, and everyone would have to pretend they were just watching *Bergerac*.

Now you know the cast better, are you able to push them further?

Caroline They're our friends now, but also the toys we get to play with. **Caitlin** We are still making the brilliant, classically trained Philip Jackson [who plays Grampy] do all sorts. We wanted him to kick a swan, but were told that would be too difficult.

What would be your perfect day?

Caitlin My favourite thing in the world is to sit on the patio with some fags when my kids aren't there. When they were little, they were so gullible. I used to pretend it was Sooty's wand – look, magic is coming out of the end.

Caroline I would like to go to the Kingdom of Bhutan where they have a national uniform, so you don't have to worry about what to wear.



Alexa Davies and Helen Monks as Aretha and Germaine

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Jim Howick,
Michael Socha and
Michaela Coel as
Dominic, Lewis
and Lilyhot

Close encounters

Michael Socha and Michaela Coel on E4's new out-of-this-world sci-fi

NEW COMEDY DRAMA

The Aliens

Tuesday, E4 HD, 9pm

Fear, chaos and all-out war is the usual aftermath when aliens land on Earth, but E4's new sci-fi comedy drama, *The Aliens*, offers something a bit different: humans and aliens living side by side, albeit not that peacefully...

After crash-landing in the UK in 1977, aliens have been forced to live in a segregated ghetto called Troy since 1990, where gangsters Christophe (Ashley Walters) and Lilyhot (Michaela Coel) are dealing drugs on lawless streets.

All that divides the aliens from the human world is a huge wall and border-control guards, including well meaning Lewis (Michael Socha), who sees aliens as second-class citizens until he discovers he's half-alien. So, on which side of the wall does he belong?

We caught up with Socha and Coel to find out more...

Tell us about Lewis and Lilyhot

Socha Lewis works on the border to protect humans from aliens and he's trying his hardest, bless him. He loves his family, even though he's coping with an alcoholic dad and a drug addict sister.

Coel Lilyhot is a strong, but vulnerable alien. She's had to find ways to survive and is working as a webcam girl while also helping her boyfriend Christophe smuggle alien hair, which humans smoke as a drug, out of Troy.

What do they make of each other?

Coel She has zero opinion of Lewis at first, but she warms to him after he helps his sister, who owes Christophe and Lilyhot money. He's a principled guy who's quite clumsy, but I think she finds that endearing.

Socha He loves Lilyhot. He's been chatting to her on the webcam and has become obsessed with her. He is quite anti-alien to begin with, but then his life is turned upside down when he finds out he's half-alien.

How would you describe Troy?

Socha Unless you're from there, it's the worst place to live. But there are beautiful souls in Troy, who have real hearts and feelings.

Coel It's ramshackle and raucous, with a sense of war and community at the same time.

This isn't your average sci-fi, is it?

Socha There isn't a big alien ship hovering above or weird insect-looking creatures, but there is an element of *District 9* about it.

Coel It's more relationship-based; writer Fintan Ryan wanted to make a sci-fi that almost isn't a sci-fi.

And the aliens look, walk and talk exactly like humans?

Coel Yes, but there are some differences – aliens can hear a different frequency, a bit like dogs, and it's a horrible sound to them. The fact that they look exactly the same brings up issues such as immigration and how people develop fear towards outsiders.

Socha I think viewers will draw some comparisons to the real world. If you look at Lewis, he has to come to terms with the fact that he's now something he formerly despised and he has to turn his hatred around.

WHO'S WHO IN THE ALIENS



Lewis

Michael Socha

The hapless border guard questions his whole existence when he discovers he's half-alien.



Lilyhot

Michaela Coel

Troy's coolest and most confident alien is an enigma to lovelorn Lewis.



Christophe

Ashley Walters

Will the gung-ho gangster's alien hair drug-smuggling come back to bite him?



Dominic

Jim Howick

The eager-to-please alien is working for humans and desperate to be Lewis's best friend.

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'There's a bit of Brian Clough about Bear'

The South African bush is proving more than a match for **Stuart Pearce**

NEW ADVENTURE

Bear Grylls: Mission Survive

Thursday, ITV HD, 9pm

Nicknamed Psycho by football fans and frequently cited by ex-professionals around the world as the hardest opponent they ever faced, Stuart Pearce is arguably the toughest player ever to pull on an England jersey.

Yet the 53-year-old, who's competing in the second series of *Bear Grylls: Mission Survive*, admits there is one thing that turns his legendary legs of iron to jelly.

'If there's one thing I can't handle, it's heights,' he says ruefully. 'Rather than shout about how scared I am, I go all quiet and retreat into myself.'

In this week's episode, Pearce is forced to face his greatest fear in the South African Bushveld when he takes part in a challenge called the Leopard Crawl.

FACING THE FEAR

'I had to shin along two ropes across a huge ravine,' he reveals. 'I had half a leg of springbok in my backpack. If I made it to the other side, my team would be allowed to eat the springbok. If I failed we'd go hungry.'

'Rule number one when dealing with heights is not to look down but I was pulling myself along the ropes on my stomach and I had no choice but to look down over the drop. It was terrifying – easily the scariest challenge of the process.'

Such stomach-churning tasks are typical of *Mission Survive*. In last week's opening episode, Grylls asked Pearce and his fellow contestants – Neil Morrissey, Michelle Collins, Jason Gardiner, Chelsea Healey, Alex Scott and Samantha Barks – to drink a bottle of their own boiled urine. How did Pearce cope with that particular ordeal?

'That was probably the easiest thing I had to do,' he laughs. 'I just imagined I was in a nice little coffee shop enjoying a cappuccino!'

During a glittering football career, in which he won 78 England caps, Pearce worked under some of football's most famous managers including Brian Clough, Bobby Robson and Terry Venables. Grylls' leadership skills remind Pearce of one of his former bosses.

'I think there's a bit of Brian Clough about Bear. Brian used to basically say, "The game's very simple, this is what I want you to do. Live up to my expectations or suffer the consequences". Bear's very straightforward like that. Also, Bear is brilliant with his feedback. He's spot on with his assessments of everybody.'

THE LONG GAME

It's not just his involvement with *Mission: Survive* that's seen Pearce make headlines lately. In January, he came out of retirement to sign for non-league side Longford AFC. Having already conceded more than 179 goals in the league, they'd dropped to the bottom of the Gloucestershire Northern Senior League Division Two and been cruelly dubbed the worst team in Britain.

'I haven't really kicked a ball for them yet because our matches have been rained off a couple of times,' says Pearce.

'But I'm hoping to make my debut this month.'

The former England captain has been drafted in to transform the club's fortunes, but he's playing down his involvement. 'They could end up even worse with a washed-up, middle-aged old git like me playing for them!' he laughs.



Taskmasters:
Brian Clough
and Bear Grylls



Bear Grylls' celebrity recruits take cover, and below, Pearce in England's 1990 World Cup team

This week on TV

Traitor in the ranks

Did one of these **FBI** agents carry out the biggest terrorist attack on US soil since 9/11?



Liam O'Connor
Josh Hopkins

The seasoned FBI agent has been demoted to training future agents after a drunken incident and owes his position to his ex, Miranda Shaw.

Hopkins says 'When the series starts Liam is a broken man. Something's happened that has brought him down. He was a hotshot FBI agent, now he's depressed.'

Miranda Shaw
Aunjanue Ellis

The deputy director at Quantico becomes a mentor to new recruit Alex – and refuses to believe that she is guilty of the terrorist attack.

Ellis says 'Miranda is frustrated because her gender is holding her back at the FBI. Plus, she's hiding something involving a member of her family.'

Alex Parrish
Priyanka Chopra

Alex becomes the prime suspect in the attack and goes into hiding to clear her name and track down those responsible.

Chopra says 'I've done a lot of action movies in Bollywood, so I picked up things really quickly. I just came out of a boxing movie, so I was like, 'No problem, *Quantico*, I've got this!'

Ryan Booth
Jake McLaughlin

The ex-marine is already an FBI agent, working undercover to investigate a recruit. He has a budding romance with Alex, whom he believes is innocent.

McLaughlin says 'Ryan is willing to sacrifice everything to keep the country safe, including his own values. But whose interests is he really serving?'

Nimah Amin
Yasmine Al Massri

Nimah wants to change people's perceptions of Muslim Americans by fighting for her country, though her twin sister Raina adds an extra layer of mystery to who she is.

Al Massri says 'I grew up in Lebanon during the civil war, so I hate guns. Creator Joshua Safran helped me to work through that fear.'

Will power

The brilliant **Will Arnett** stars in a new US sitcom about a recovering alcoholic in LA



NEW COMEDY

Flaked

Friday, Netflix

For some years now, Canadian comedian Will Arnett has specialised in playing over-confident, terminally un-self-aware characters, such as *Arrested Development*'s womanising magician Gob Bluth.

Now the 45-year-old, who has also appeared in shows such as *30 Rock*, *The Office* and *Parks and Recreation*, takes the leading role in *Flaked*, a new Netflix comedy about a recovering alcoholic.

'It's a show about friendship and authenticity,' says Arnett, who plays Chip, a stool-maker – 'perhaps the

first one on television,' he jokes – living in California's Venice Beach. 'It's about the face we show the world, and how far that is from the person we look at in the mirror each morning.'

CHARACTER FLAWS

Chip came to Venice Beach to sober up after being involved in a drink-driving incident. The show, whose tagline is 'One step forward, 12 steps back', centres on the love triangle between Chip, his best friend Dennis (David Sullivan) and a local waitress (Ruth Kearney).

Arnett co-created the series with British writer Mark Chappell, who worked on *The Increasingly Poor Decisions of Todd Margaret*, in

NEW DRAMA

Quantico

Thursday, Alibi HD, 9pm



FBI trainees
Nimah and Alex

Alibi's thrilling new drama follows a team of young FBI recruits as they arrive at Quantico training headquarters in Virginia to become special agents. The recruits have been thoroughly vetted by their FBI masters, yet each possesses multiple secrets, while – flash-forwards reveal – one will become the mastermind behind a terrorist attack on New York's Grand Central train station.

'Quantico is a show where you can't trust any character,' says Priyanka Chopra, the Bollywood actress and Miss World winner, who plays recruit Alex Parrish. 'Everything is deception. Even I don't know what is going to happen at the end of the series.'

Here, we look at the potential suspects...



Simon Asher Tate Ellington

The former accountant is pretending to be in a steady relationship and is concealing a mysterious trip he made to the Middle East. What other secrets does he hold?

Ellington says 'You can't really tell who Simon is, because he is so many different things at once – like a character from a John le Carré novel.'

Caleb Haas Graham Rogers

The Academy's resident joker is insecure about his own abilities, and feels pressure by being the latest in a long line of FBI men in his family.

Rogers says 'Caleb is underestimated. He's observant, calculated and able to manipulate people. A part of Caleb resents his mapped-out life in the FBI.'

Shelby Wyatt Johanna Braddy

Caleb's lover is also Alex's best friend at Quantico, though the Grand Central train station bombing tests their friendship. A tragic connection to the 9/11 attacks prompted her to join the FBI.

Braddy says 'Shelby comes from wealthy Southern stock. She was raised to hunt; she can beat anyone with a rifle.'

which Arnett played the decadent businessman Brent.

Arnett's distinctive gravelly tones have landed him plenty of voiceover work on projects such as *The Lego Movie* – in which he lent his voice to a pompous Batman – and another Netflix series, the animation *BoJack Horseman*. In the latter, Arnett voiced the titular washed-up actor, a horse with a drink problem, and he admits that he's drawn to flawed characters.

'Pure unadulterated success is not as funny as failure,' he says. 'Any kind of run-of-the-mill flaws that are easily solved to me are boring. I like flaws that are rooted in a deep distrust of people because of a lack of love. Deep emotional scarring.'

COMEDY CHOPS

He also says that he can relate to characters, like BoJack and Chip, who have battled the bottle. 'For most of my twenties I was quite badly behaved,' he recalls. 'I drank away a year or two. I'm not really a party guy any more.'

Arnett, who has two children with his ex-wife, comedian Amy Poehler, says his career has not panned out how he planned it. 'I didn't get into acting to be a comedic actor, I wanted to be a dramatic actor,' he says. 'But it's been a while since I did much serious work. I took my time to cycle over to the comedy side. Once I was in it, though, I was in it for good. I never really imagined doing anything else.'

TV Spy

This week's
US dramas



Reid, Cat and Morgan
play a deadly game
of cat and mouse

Criminal Minds

Monday, Sky Living HD, 10pm

Entropy (11/22) The 11th season of the dark crime drama returns from its mid-series break with the FBI's Behavioural Analysis Unit coming up with an intricate plan to try to take down the Dirty Dozen hitmen syndicate – a running theme of the current series. Reid is at the heart of the risky strategy when he goes on a blind date with a woman he met online called Cat Adams (*Parks and Recreation*'s Aubrey Plaza), but there's much more to her than meets the eye...

Bosch

Friday, Amazon Prime Video

Titus Welliver is back as brilliant, but taciturn Los Angeles police detective Harry Bosch in the second series of the hard-boiled crime drama based on Michael Connelly's best-selling novels. Bosch has plenty on his plate including the killing of a Hollywood producer and the re-opening of his mother's murder case, while his ex-wife and teenage daughter are in trouble.

a fake crime scene. As the series returns, Jane pulls out all the stops to find her friend while fearing that the abduction might have been an inside job.

Grey's Anatomy

Wednesday,
Sky Living HD, 10pm

Unbreak My Heart

(11/24) Jackson and April take centre stage as the couple's tumultuous relationship is explored from when they first met to the present day. The episode

also charts the progress of one of Jackson's long-term patients, played by *Marvel's Agents of S.H.I.E.L.D.*'s Maya Stojan, while Debbie Allen reprises her role of Jackson's formidable mother, Dr Catherine Avery.



The stakes are high
as Bosch returns

Rizzoli & Isles

Wednesday, Alibi HD, 9pm

Hide and Seek (13/18) The show's sixth season broke for its winter hiatus with a cliffhanger episode in which Maura was kidnapped after being lured to

Other US dramas on TV this week

CASTLE Tuesday, Alibi HD, 9pm Witness for the Prosecution (10/22).

THE GOOD WIFE

Thursday, More4 HD, 9pm Driven (7/22).

HAWAII FIVE-O

Sunday, Sky1 HD, 9pm Kuleana (11/22).

HOW TO GET AWAY WITH MURDER

Wednesday, Universal HD, 9pm She Hates Us (11/15).

THE KNICK Tuesday, Sky Atlantic HD, 9pm Do You Remember Moon Flower? (9/10).

MAJOR CRIMES

Monday, Universal HD, 9pm Hindsight: Part

One
(19/23).

NCIS: NEW ORLEANS

Friday, Channel 5 HD, 9pm Touched by the Sun (3/24).

SUITS Monday, Dave HD, 10pm 25th Hour (16/16).

SUPERNATURAL

Wednesday, E4 HD, 11pm Brother's Keeper (23/23).

TEXAS RISING Tuesday, History HD, 10pm (10/10).

THE X FILES Monday, Channel 5 HD, 9pm Babylon (5/6).

What next for
Mike and Rachel
in Suits?



Documentaries



Island in the sky

Steve Backshall attempts
the first ascent of a towering
Venezuelan mountain



Sex in Strange Places

Tuesday, BBC3 Online

This latest series from Stacey Dooley (above, right) examines attitudes towards prostitution in Turkey, Russia and Brazil. This week, she finds out why Turkish authorities are closing state-run brothels, and meets women near the Syrian border who have been used as sex slaves by Islamic State.



Frontline Doctors: Winter Migrant Crisis

Monday, BBC1 HD, 9pm (Scot, 10.45pm)

Humanitarian response doctors Chris and Xand van Tulleken travel to the frontline of Europe's migrant crisis to reveal the medical issues facing the migrants – from hypothermia and frostbite to disease caused by overcrowding in the Calais 'jungle' camps.



The Story of Cats

Sunday, ITV HD, 8pm

This three-part series, narrated by Olivia Colman, looks at how much a domestic cat snoozing on the sofa has in common with its wild cousins in the jungle. Leaping up trees, stalking prey, and even purring are characteristics that moggies and big cats still share after millions of years of evolution.

NEW ADVENTURE

Steve Backshall's Extreme Mountain Challenge

Sunday, BBC2 HD, 8pm

As well as being a naturalist, Steve Backshall is a keen and experienced mountain climber who has qualified as an advanced Himalayan expedition leader.

Now, in his latest TV adventure, the 42-year-old puts those skills to the ultimate test. The two-part *Steve Backshall's Extreme Mountain Challenge* follows Backshall and his team as they tackle a previously unclimbed 'tepui' or table-top mountain in Venezuela.

DANGER MAN

The aim of the month-long expedition was to scale the towering tepui, search for wildlife on the summit and venture inside the mountain's cave network.

However, contending with storms, rockfalls, sheer and slippery ascents – not to mention dangerous critters such as scorpions – meant the expedition turned out to be far more

Steve Backshall discovers an ancient landscape on top of the mountain

'No one could have predicted quite how bad it would get'



Backshall with a tarantula hawk wasp and its prey

challenging than any of the team expected.

'The first ascent of the mountain was one of the most difficult and dangerous things

I've ever done in my life,' says Backshall, who is seen in this week's first programme making his way to the tepui's remote location via light aircraft, dugout canoe and on foot through the jungle before attempting to scale its vertical face.

'It took us by surprise quite how malevolent and dangerous the climb turned out to be,' he adds. 'No one could have predicted quite how bad it would get.'

The jeopardy is tangible as Backshall's crack team of climbers, expedition leaders and film crew face one setback after another in their quest to reach the top.

'The viewers will feel the grime, the sweat, the fear, the pain,' says the broadcaster, whose usual sunny optimism was severely

tested on this trip. 'I remember hanging in my harness, hundreds of metres up, with cockroaches crawling over my feet, rocks hurtling down at my head from above, and a black storm raging in towards us.'

Other memorable moments include exploring the cave galleries inside a tepui, and abseiling off the world's highest waterfall.

LOST WORLD

Backshall is also seen in more familiar guise getting to grips with some of the local wildlife, from the terrifying 'wandering spider' with its huge venom glands, to the tarantula hawk wasp, which lays its eggs inside a living spider.

Despite or perhaps because of the setbacks, Backshall says he underwent a steep learning curve on this expedition. 'I learned enormous amounts,' he reveals. 'That even the best climbers in the world can get scared, that some mountains just don't seem to want to be climbed – and that there are still dark corners of our planet left to be explored that are utterly spectacular.'



Britain's Secret Slavery Business

Friday, BBC2 HD, 10pm

Investigative reporter Darragh MacIntyre reveals shocking cases of slavery in Britain, from trafficked Hungarians earning £10 a week in a West Yorkshire factory to workers in Scotland's fishing industry and London's car washes. He also meets a British man forced to work unpaid on a South Wales farm for 13 years.



Vet on the Hill

Monday, More4 HD, 9pm

A new series following the work of Dr Scott Miller, an Australian vet based in West London's well-heeled Richmond Hill. In the first episode, we meet his oldest patient, a 21-year-old cat called Rudi that belongs to Jesse Wood, son of Rolling Stones guitarist Ron, and a hard-to-handle rescue dog called Bam Bam.



Dunblane: Our Story

Wednesday, BBC2 HD, 9pm (BBC1 HD, Scot)

Twenty years ago this month, Thomas Hamilton shot dead 16 pupils and a teacher at a primary school in the Scottish town of Dunblane. This film talks to survivors and relatives of the deceased who share their memories of the atrocity and explain how they coped with the aftermath.

DID YOU KNOW?

The Flying Scotsman was the first train to break the 100mph barrier. Find out about the history and restoration of the iconic steam locomotive in *The Return of Flying Scotsman*, Monday, BBC4 HD, 8.30pm



Films *This week's*

reviewed by **Jason Best**

**PREMIERE
OF THE
WEEK**

**Ewan was
the inside man
calling the shots**

Son of a Gun

Ewan McGregor plays a criminal who looks out for a young offender – but at a price

CRIME THRILLER

Friday, Sky Premiere HD, 12noon & 10pm/Sky Premiere+1, 1pm & 11pm

★★★

Part gritty prison drama, part hard-boiled gangster thriller and part crafty heist caper, this Australian crime movie switches genres with ease, pinching as it goes from a string of classic crime films including *A Prophet* and *Heat*.

Brenton Thwaites, previously seen as a fairy-tale prince in *Maleficent*, is convincingly wet-behind-the-ears as the story's callow protagonist, 19-year-old young offender JR. Sent to prison for six months for a minor crime, he looks to be easy prey until he is taken under the wing of ruthless career criminal Brendan Lynch, played by a dangerously charismatic Ewan McGregor.

The protection comes at a price, of course, and the payback embroils JR in a bold jailbreak and an even bolder gold-bullion robbery from a desert mine. Yet even riskier is getting mixed up with the beautiful Tasha, the disaffected girlfriend of the powerful gangster bankrolling the heist, played by Swedish actress Alicia Vikander, currently on a roll following standout performances in *Testament of Youth*, *Ex Machina* and her Oscar-nominated turn in *The Danish Girl*.

Along the way, the plot veers off in some far-fetched directions,

and how the story eventually pans out is only minimally credible. But first-time writer-director Julius Avery keeps things on track and his brisk handling ensures that the switchback narrative is always gripping. At times, he does rather overdo the symbolism, with McGregor's chess-playing Brendan pressing JR in one scene to decide which type of ape he is descended from – aggressive chimpanzee or loving bonobo.

Still, for all its flaws, *Son of a Gun* remains a solidly entertaining crime film and an impressive directorial debut. 2013, 15, 109MIN

STAR RATINGS ★★★★★ Excellent ★★★★★ Very good ★★★ Good ★★ Average ★ Poor

premieres

Plus turn over for...

This week's films at a glance p22

Day-by-day guide p24

Pay-per-view highlights p27

DISASTER MOVIE

San Andreas

Friday, Sky Premiere HD, 4pm & 8pm/Sky Premiere+1, 5pm & 9pm ★★★

This entertaining disaster movie deploys state-of-the-art CGI effects to deliver some breathtaking shocks as California gets a pasting from an earthquake topping 9.5 on the Richter scale.

Amid the toppling skyscrapers and cheesy disaster movie clichés, Dwayne Johnson supplies the human drama as a helicopter pilot who has to save his estranged wife (Carla Gugino) and daughter (Alexandra Daddario) from the destruction.

Paul Giamatti's scientist is on hand to spout loads of nonsense about tectonic plates, while Ioan Gruffudd plays the hissable billionaire baddie. 2015, 12, 114MIN



Dwayne could see there was a whole lot of quaking going on

CREATURE FEATURE

Monster Hunter

Friday, Sky Premiere HD, 10am, 12m't & 3.30am/Sky Premiere+1, 11am, 1am & 4.30am ★★★

Something large, fast and deadly is lurking in the woods outside a small American town. Strange cloven-hoofed prints and claw marks hint at terror to come, but the big beastie is

an awfully long time coming in this overly restrained horror thriller.

The aim is slow-burn suspense rather than shock and gore, but the film devotes so much time to the domestic woes of the doleful local sheriff (Kevin Durand) and his newly arrived deputy (Lukas Haas) that the story almost fizzles out altogether before we reach the final reveal. 2014, 15, 94MIN



'It could be worse. It might have been Donald Trump'



Michiel knew better than to ask a lady's age

FANTASY DRAMA

The Age of Adaline

Friday, Sky Premiere HD, 8am & 6pm/Sky Premiere+1, 9am & 7pm ★★★

Being 29 forever might sound idyllic, but Blake Lively's ageless Adaline Bowman counts the cost of immortality in this elegantly glossy romantic fantasy.

Adaline's ageing is miraculously arrested in 1937 by a freak combination of car crash, freezing water and opportune lightning bolt. Thereafter, she shuns emotional attachments,

changing her identity every few years lest her secret be discovered, until she finds herself wooed by Michiel Huisman's millionaire philanthropist Ellis in 2002 San Francisco.

The pair's hesitant affair isn't that gripping, to be honest, but co-stars Ellen Burstyn (as Adaline's 70-year-old daughter) and Harrison Ford (as Ellis's astronomer father) provide some genuinely poignant moments. And Lively's cool, timeless poise is perfect for Adaline's melancholy reserve. 2015, 12, 113MIN

PAY-PER-VIEW PREMIERES



The Lady in the Van

Available to buy on Sky Store from Monday ★★★

Having played the role both on stage and radio, Maggie Smith brings to the screen her glorious portrayal of Mary Shepherd, the cantankerous bag lady who spent 15 years living in a van in the driveway of playwright Alan Bennett. 2015, 12, 104MIN



Mississippi Grind

Sky Store & Virgin Movies from Monday ★★★

With just their gambling in common, Ben Mendelsohn's divorced washout and Ryan Reynolds' equally unsuccessful charmer hook up on a road trip with the aim of turning their fortunes around in an absorbing buddy drama. 2015, 15, 109MIN



The Last Witch Hunter

Sky Store & Virgin Movies from Monday ★★★

Witches still walk among us in this mostly entertaining supernatural adventure, and Vin Diesel's immortal good guy is on the case, ably supported from Elijah Wood, Rose Leslie and Michael Caine. 2015, 12, 106MIN

FilmFinder

The best of the w

Family



Close Encounters of the Third Kind ★★★★★

Saturday, Sky Sci-Fi & Horror HD, 2.50pm
Director Steven Spielberg transforms what could have been just pure hokum about alien visitation into a marvellous cinematic event. 1977, PG, 135MIN



Diary of a Wimpy Kid: Rodrick Rules ★★★

Sunday, Channel 4 HD, 2pm/ Channel 4+1, 3pm
Put-upon pre-teen Greg Heffley (played once again by Zachary Gordon) returns for another adventure. 2011, U, 99MIN



Sleepless in Seattle ★★★★★

Wednesday, Sky Comedy HD, 6.10pm
Aided by some romantic songs and the terrific casting of Meg Ryan and Tom Hanks in the lead roles, Nora Ephron's sweet and funny romcom has become a modern classic. 1993, PG, 95MIN



The Ant Bully ★★★★★

Friday, Sky Family HD, 1.15pm
Adapted from John Nickle's children's book about a bullied schoolboy who lays waste to an anthill, this fun film features a starry voice cast, including Julia Roberts and Nicolas Cage. 2006, U, 89MIN

Comedies



Dom Hemingway ★★★

Saturday, BBC2 HD, 10pm
This gleefully rude and bruising crime saga is no masterpiece, but it's good for more than a few dark laughs as Jude Law's vengeful ex-con becomes a one-man wrecking ball. 2013, 15, 94MIN



Morning Glory ★★★

Sunday, Film4 HD, 9pm/Film4+1, 10pm
Rachel McAdams is the livewire who sparks life into this breezy tale about a breakfast TV show producer trying to get its antagonistic hosts (Harrison Ford and Diane Keaton) to gel. 2010, 12, 107MIN



Stretch ★★★

Monday, Sky Premiere HD, 10.15pm/ Sky Premiere+1, 11.15pm
Patrick Wilson is in for the ride of his life in an action comedy about a day in the life of a Hollywood chauffeur trying to pay off a gambling debt. 2014, 15, 91MIN



That Awkward Moment ★★★

Wednesday, ITV2 HD, 9pm/ITV2+1, 10pm
Three commitment-shy guys (Zac Efron, Miles Teller and Michael B Jordan) find their resolve to stay single wavering in this raunchy romcom. 2014, 15, 94MIN

Dramas



Ashby ★★★

Tuesday, Sky Premiere HD, 6pm/ Sky Premiere+1, 7pm
Terminally ill and world-weary, Mickey Rourke's former CIA agent finds solace when he befriends the son of the single mother next door. 2015, 15, 99MIN



Almost Famous ★★★★★

Tuesday, AMC, 11pm
Based on director Cameron Crowe's own early days as a *Rolling Stone* journalist, this is a charming, affectionate and sometimes abrasive chronicle of the music business. 2000, 15, 126MIN



The Theory of Everything ★★★★★

Wednesday, Sky Drama & Romance HD, 8pm
Eddie Redmayne and Felicity Jones star in an absorbing biopic of astrophysicist Stephen Hawking. 2014, 12, 123MIN



The Age of Adaline ★★★

Friday, Sky Premiere HD, 6pm/ Sky Premiere+1, 7pm
A pleasing romantic fantasy about a woman (Blake Lively) born in 1908 who hasn't aged following a freak accident when she was 29. 2015, 12, 113MIN

Thrillers



Quantum of Solace ★★★

Tuesday, ITV2 HD, 9pm/ITV2+1, 10pm
Daniel Craig's second 007 adventure fails to match the excitement of *Casino Royale*, but there is plenty in the way of high-speed action and a memorable role for Gemma Arterton. 2008, 12, 106MIN



Stone ★★★

Thursday, AMC, 11.55pm
Though low on action, this thoughtful crime mystery is packed with fine dialogue and is a good showcase for the acting talents of Edward Norton and Robert De Niro. 2010, 15, 101MIN



San Andreas ★★★

Friday, Sky Premiere HD, 4pm & 8pm/ Sky Premiere+1, 5pm & 9pm
California shakes, rattles and rolls in this overblown disaster movie, which finds Dwayne Johnson's pilot in the thick of an earthquake. 2015, 12, 114MIN



Son of a Gun ★★★

Friday, Sky Premiere HD, 10pm/ Sky Premiere+1, 11pm
This gritty Australian prison drama-cum-crime movie stars Brenton Thwaites as a minor criminal who finds himself taking part in a major heist. 2013, 15, 109MIN

Week at a glance

Horror & Sci-Fi



Don't Look Now ★★★★★

Tuesday, Horror, 9pm/Horror+1, 10pm
An iconic 1970s chiller starring Donald Sutherland and Julie Christie as a married couple who meet a psychic in Venice who claims to be able to contact their dead daughter. 1973, 18, 106MIN



Interstellar ★★★★★

Wednesday, Sky Showcase HD, 8pm
Truly breathtaking in its ambition, director Christopher Nolan's epic space adventure stars Matthew McConaughey as an astronaut on a mission into the far reaches of the universe. 2014, 12, 169MIN



Dawn of the Planet of the Apes ★★★★★

Thursday, Sky Showcase HD, 8pm
This exciting sequel to 2011's *Rise of the Planet of the Apes* sees the simian revolution led by Andy Serkis's Caesar in full swing. 2014, 12, 130MIN



Kill List ★★★★★

**Friday, Film4 HD, 10.45pm/
Film4+1, 11.45pm**
Michael Smiley and Neil Maskell play contract killers whose puzzling new assignment threatens both their sanity and their lives. 2011, 18, 95MIN

Classics



True Grit ★★★★★

**Saturday, Film4 HD, 3.05pm/
Film4+1, 4.05pm**
John Wayne barnstormed his way into Western history with an Oscar, playing cantankerous one-eyed lawman Rooster Cogburn. 1969, PG, 128MIN



Lawrence of Arabia ★★★★★

Saturday, Sky Oscars HD, 3.20pm
Peter O'Toole gives a charismatic and career-making performance as TE Lawrence in David Lean's masterpiece about the enigmatic soldier's adventures in World War One. 1962, PG, 221MIN



Notorious ★★★★★

Saturday, BBC2 HD, 2.05pm (not Wales)
This suspense thriller is one of director Alfred Hitchcock's finest, and features Cary Grant in one of his most complex, ambiguous roles and Ingrid Bergman at her most alluring. 1946, U, 101MIN



Amadeus – The Director's Cut ★★★★★

Sunday, Sky Oscars HD, 8pm
This dazzling winner of eight Oscars tells of the rivalry between two composers, Mozart (Tom Hulce) and Salieri (F Murray Abraham). 1984, PG, 180MIN

EDITOR'S CHOICE



Michael was forever having to look over his shoulder

Birdman ★★★★★

Wednesday, Sky Showcase HD, 12.40am

Michael Keaton goes out on a limb as a washed-up movie star making a frazzled bid for artistic credibility in this hectic black comedy, which won last year's Best Picture Oscar. Shot in one seemingly unbroken take, the film ricochets around the dressing rooms and corridors of a Broadway theatre, where Keaton's former Hollywood hotshot is wrestling with his nagging superhero alter ego. 2014, 15, 119MIN



American Hustle ★★★★★

**Sunday, Channel 4 HD, 9pm/
Channel 4+1, 10pm**
Silver Linings Playbook director David O Russell strikes gold again with a real-life 1970s crime caper starring Christian Bale and Amy Adams. 2013, 15, 138MIN



'71 ★★★★★

Tuesday, Film4 HD, 9pm/Film4+1, 10pm
Lost and alone in 1970s Belfast, Jack O'Connell's teenage British Army squaddie is running for his life in a compelling tale that evokes the hostile atmosphere of the era. 2014, 15, 99MIN



He Named Me Malala ★★★★★

**Monday, National Geographic HD, 10pm/
National Geographic+1, 11pm**
An affecting documentary portrait of Pakistani teenager Malala Yousafzai, whose campaign for female education won her a Nobel Prize. 2015, PG, 87MIN



Into the Wild ★★★★★

Thursday, AMC, 9pm
Emile Hirsch stars in director Sean Penn's tragic adventure biopic about Christopher McCandless, a young man who rejected society to live in the Alaskan wilderness. 2007, 15, 148MIN



Saturday 5 March

Richard was on board with Jude's scheme



PREMIERE

COMEDY THRILLER

Dom Hemingway

BBC2 HD, 10pm

★★★

Sex ●●● Violence ●●● Language ●●●

Jude Law is clearly having a ball in the title role of this riotously rude crime comedy about an ex-con cockney safecracker with a foul mouth, a short fuse and a wilfully perverse capacity for self-destruction. Accompanied by his long-suffering best friend (a quietly hilarious Richard E Grant), he is looking for payback from the crime boss (Demián Bichir) for whom he spent 12 years in prison. The film gets overly sentimental at times, but Law's go-for-broke performance is terrifically entertaining. 2013, 15, 94MIN

ACTION COMEDY

Barely Lethal

Sky Premiere HD, 1.45pm/
Sky Premiere+1, 2.45pm

★★★

Sex ●●● Violence ●●● Language ●●●

Hailee Steinfeld's teenage assassin discovers the perils of high school in this breezy *Kick-Ass-meets-Mean Girls* action comedy, in which a junior spy reinvents herself as an exchange student after faking her own death in the middle of a mission. The larky comedy is lightweight, but pulled off with infectious good humour. In support, Samuel L Jackson and Jessica Alba add to the fun. Also on Sunday-Thursday. 2015, 12, 98MIN

ACTION THRILLER

The Bourne Legacy

Channel 4 HD, 9pm/
Channel 4+1, 10pm

★★★

Sex ●●● Violence ●●● Language ●●●

Jeremy Renner temporarily replaces Matt Damon as the hero of the *Bourne* spy thriller series. He plays a genetically enhanced agent who turns to Rachel Weisz's biochemist for help in keeping his powers at their peak after he goes on the run when his duplicitous CIA bosses set about eliminating all of their superspies. Aside from a few heart-stopping sequences, the film isn't the equal of Damon's outings. 2012, 12, 135MIN

CRIME COMEDY

Seven Psychopaths

Channel 4 HD, 11.40pm/
Channel 4+1, 12.40am

★★★★

Sex ●●● Violence ●●● Language ●●●

Writer-director Martin McDonagh's follow-up to *In Bruges* is another gleefully dark comedy thriller featuring gabby killers, wickedly funny dialogue and moments of shocking violence. Colin Farrell plays a boozy Hollywood screenwriter whose latest project has a title, but no story. The convoluted plot coils around and around, deconstructing the conventions of Hollywood screen violence as it goes along. 2012, 15, 110MIN

ALSO ON SATURDAY

Notorious

BBC2 HD, 2.05pm (not Wales) ★★★★★
I spy turns dangerous for Cary and Ingrid.

Close Encounters of the Third Kind
Sky Sci-Fi/Horror HD, 2.50pm ★★★★★
Richard Dreyfuss watches this space.

True Grit

Film4 HD, 3.05pm ★★★★★
John Wayne patches things up.

Lawrence of Arabia

Sky Greats HD, 3.20pm ★★★★★
Peter O'Toole's desert is waiting.

The Untouchables

Sky Oscars HD, 11.15pm ★★★★★
Kevin Costner takes on the Mob.

Full listings start on p33

Sunday 6 March

Bradley and Christian were turning con tricks into an art form



CRIME COMEDY

American Hustle

Channel 4 HD, 9pm/Channel 4+1, 10pm

★★★★★

Sex ●●● Violence ●●● Language ●●●

A pair of slick con artists (Christian Bale and Amy Adams), a wildly ambitious FBI agent (Bradley Cooper) and some dodgy politicians all get entangled in this hilariously offbeat crime comedy, inspired by the FBI's bizarre 'Abscam' sting operation in the 1970s. Jennifer Lawrence is hysterically funny as a flighty wife, whose volatile relationship with domestic appliances is priceless. Directed by David O Russell and nominated for 10 Oscars, the film fizzles with energy and wit. 2013, 15, 138MIN

CHILDREN'S COMEDY

Diary of a Wimpy Kid: Rodrick Rules

Channel 4 HD, 2pm/
Channel 4+1, 3pm

★★★

Sex ●●● Violence ●●● Language ●●●

After the surprise box-office success of 2010's *Diary of a Wimpy Kid*, the popular children's books by Jeff Kinney quickly spawned two further big-screen outings. As insecure as ever, Zachary Gordon's put-upon seventh grader Greg remains an entertainingly reliable guide to the ordeals of pre-teen life, even if his screen adventures are a little on the sketchy side. 2011, U, 99MIN

COMEDY

Morning Glory

Film4 HD, 9pm/Film4+1, 10pm

★★★

Sex ●●● Violence ●●● Language ●●●

As fluffy and insubstantial as the ailing American breakfast TV show around which it revolves, this easy-going comedy stars Rachel McAdams as a young producer who has been charged with reviving the programme and Harrison Ford as the serious old newsman she talks into joining the team – to the annoyance of its existing host (Diane Keaton). McAdams is bright as a button and Ford delivers his customary grumpy grouch act with finesse. 2010, 12, 107MIN

CRIME DRAMA

Shifty

BBC2 HD, 11.40pm (12.10am, Scotland; not N Ireland)

★★★

Sex ●●● Violence ●●● Language ●●●

Actor-musician Riz Ahmed stars as a young Muslim drug dealer on an estate in the fictional outer London suburb of Dudlowe. This British crime thriller from first-time writer-director Eran Creevy might at first seem like business as usual, but it is realistically written, vibrantly filmed and credibly acted. It is even more of an achievement when you realise it was made in 18 days for £100,000. 2008, 15, 85MIN

ALSO ON SUNDAY

Star Trek II: The Wrath of Khan

Sky Oscars HD, 8pm ★★★★★
Ricardo Montalban is a blast from the past.

Amadeus – The Director's Cut

Sky Oscars HD, 8pm ★★★★★
Tom Hulce composes himself.

Terms of Endearment

Sky Drama/Romance HD, 8pm ★★★★★
It's a family drama for Shirley and Debra.

You, Me and Dupree

Channel 5 HD, 11.05pm ★★★★★
Owen Wilson outstays his welcome.

An Officer and a Gentleman

Channel 4 HD, 11.40pm ★★★★★
Debra loves Richard in uniform.

Full listings start on p43

Monday 7 March



Malala wanted to bring education to the places it was needed most

DOCUMENTARY

He Named Me Malala

National Geographic HD, 10pm/National Geographic+1, 11pm

★★★★

Sex ●●● Violence ●●● Language ●●●

Survivor of an assassination attempt by the Taliban at the age of 15 and winner of the Nobel Peace Prize at 17, Pakistani teenager Malala Yousafzai is the subject of this stirring documentary, which uses a mix of interviews, news footage and animation to celebrate her extraordinary achievements as a fearless advocate for female education. We get glimpses of her home life in Birmingham, too, letting us see the girl who teases her little brothers as well as the public figure feted by world leaders. *Also on Tuesday.* 2015, PG, 87MIN

MURDER MYSTERY

The Loft

Sky Crime & Thriller HD, 9pm ★★★★★

Sex ●●● Violence ●●● Language ●●●

When a dead woman is discovered in a penthouse apartment, the five married men who share the pad for their illicit liaisons come under suspicion. This cunning locked-room mystery thriller – an American remake of a 2008 Belgian film – keeps us guessing with an intricate flashback structure that shifts the doubt between the five men (played by Karl Urban, James Marsden, Wentworth Miller, Eric Stonestreet and Matthias Schoenaerts). 2013, 15, 98MIN

COMEDY

Calendar Girls

Sky Drama & Romance HD, 10.10pm ★★★★★

Sex ●●● Violence ●●● Language ●●●

The glorious eccentricity of the Ealing comedies lives on in this delightful true story about a Women's Institute group who scandalised the organisation by posing for a nude calendar to raise money for charity. Julie Walters, Helen Mirren and Celia Imrie are the ringleaders of the group of would-be models. The film has a wonderful innocence that somehow belies its risqué subject matter. 2003, 12, 108MIN

COMEDY THRILLER

Stretch

Sky Premiere HD, 10.15pm/
Sky Premiere+1, 11.15pm

★★★

Sex ●●● Violence ●●● Language ●●●

The opening of this dark comedy thriller, about a madcap, perilous day in the life of a Hollywood limo driver, is a little bumpy as Patrick Wilson's failed actor-turned-frazzled chauffeur buttonholes us with a smart-alec narration that proves instantly grating. Stick with him, though, and the lunatic scrapes he gets into while trying to pay off a gambling debt gather a rollicking comic momentum. *Also on Tuesday-Thursday.* 2014, 15, 91MIN

ALSO ON MONDAY

The Exorcist

Sky Select HD, 10pm ★★★★★

What the devil's got into Linda Blair.

Whiplash

Sky Showcase HD, 10pm ★★★★★

Miles Teller takes some beating.

The Skeleton Key

More>Movies (Movie Mix), 10.55pm ★★

Can Kate Hudson unlock the secret?

My Best Friend's Girl

5 Star, 11.25pm ★★

Dane Cook loves them and leaves them.

Inherent Vice

Sky Showcase HD, 11.50pm ★★★★★

Joaquin Phoenix is a wacky private eye.

Full listings start on p53

Tuesday 8 March



'So where's the Aston Martin you were going to give me a ride in?'

ACTION THRILLER

Quantum of Solace

ITV2 HD, 9pm/ITV2+1, 10pm

★★★

Sex ●●● Violence ●●● Language ●●●

With more globetrotting locations, faster-paced action, riskier stunts and bigger explosions than ever before, the 22nd Bond movie blasts its way smoothly and entertainingly onto the screen. The action takes up an hour after the events in *Casino Royale*, with Daniel Craig's 007 out for revenge and looking to bring down Mathieu Amalric's evil businessman. It's a bit of a chilly, soulless film, but ice-cool Craig is first-class and he has a memorable co-star in Olga Kurylenko. 2008, 12, 106MIN

COMEDY DRAMA

Ashby

Sky Premiere HD, 6pm/
Sky Premiere+1, 7pm

★★★

Sex ●●● Violence ●●● Language ●●●

Mickey Rourke's world-weary air is perfect for the role of a redemption-seeking, terminally ill ex-CIA assassin who befriends the jittery high-school kid next door (Nat Wolff) in this offbeat comedy drama. The narrative gets a bit slack in the middle, as Wolff's bookish teenager tries to make his mark on the football field, but there are enough quirky touches to keep us engaged. *Also on Wednesday-Friday.* 2015, 15, 99MIN

THRILLER

'71

Film4 HD, 9pm/Film4+1, 10pm ★★★★★

Sex ●●● Violence ●●● Language ●●●

A teenage British squaddie (Jack O'Connell) finds himself on the run for his life, lost in a maze of rat runs and back alleys, after being accidentally left behind by his army unit during a riot in this ferociously gripping thriller set in early 1970s Belfast. With O'Connell's arresting lead performance backed by a gritty supporting cast, this is an impressive tale of terror and confusion that never loses sight of the era's savage tribalism and murky politics. 2014, 15, 99MIN

DRAMA

Almost Famous

AMC, 11pm

★★★★

Sex ●●● Violence ●●● Language ●●●

Patrick Fugit and Oscar-nominated Kate Hudson star in writer-director Cameron Crowe's semi-autobiographical comedy drama about a precocious teenage rock journalist writing for *Rolling Stone* magazine in the 1970s. Despite a rose-tinted approach to a notoriously debauched era – Crowe downplays the sex 'n' drugs in favour of the rock 'n' roll – the film is effortlessly enjoyable and an obviously affectionate portrait of the music biz. 2000, 15, 126MIN

ALSO ON TUESDAY

Don't Look Now

Horror, 9pm ★★★★★

Donald and Julie relive a death in Venice.

The Green Mile

Sky Greats HD, 9.50pm ★★★★★

An inside story with Tom Hanks.

Man on a Ledge

Film4 HD, 11.05pm ★★

Sam Worthington is in high places.

Death Race

ITV4 HD, 11.15pm ★★

Jason and Tyrese go all out.

Forget Me Not

BBC1 HD, 11.45pm (regions vary) ★★

The memorable Tobias and Genevieve.

Full listings start on p63



Wednesday 9 March



Eddie and Felicity were held together by more than gravity

BIOPIC

The Theory of Everything

Sky Drama & Romance HD, 8pm

★★★★

Sex ●●● Violence ●●● Language ●●●

The Danish Girl star Eddie Redmayne deservedly picked up awards galore for his remarkable portrayal of astrophysicist Stephen Hawking in this stirring biopic. However, his co-star Felicity Jones warrants equal praise for her fiercely tender portrayal of Jane Wilde, the arts student who became Hawking's first wife and whose tenacity and will arguably helped keep him alive in the period after he was diagnosed with motor neurone disease at the age of 21 and given just two years to live. 2014, 12, 123MIN

ACTION COMEDY

The Other Guys

5 Star, 11.35pm/

5 Star+1, 12.35am

★★★★

Sex ●●● Violence ●●● Language ●●●

Despite having the flimsiest of plots, this splendid farce is fine entertainment. Will Ferrell and Mark Wahlberg form a great comedy double act as mismatched, disgraced New York City detectives who have to step up to tackle the baddies when something happens to the city's top cops (Samuel L Jackson and Dwayne Johnson). There is plenty of great action and the film is often hilarious, with big laughs throughout. 2010, 12, 107MIN

SCI-FI ADVENTURE

Interstellar

Sky Showcase HD, 8pm

★★★★

Sex ●●● Violence ●●● Language ●●●

With the world on the verge of ecological catastrophe, Matthew McConaughey's former Nasa test pilot commands a spaceship on a mission to find potentially habitable planets. Director Christopher Nolan's staggeringly ambitious space epic veers between the clunky and the corny, but the stellar acting of McConaughey, plus Mackenzie Foy and Jessica Chastain (both playing his daughter at different ages), keeps us strapped to our seats. 2014, 12, 169MIN

ROMANTIC COMEDY

That Awkward Moment

ITV2 HD, 9pm/ITV2+1, 10pm

★★★

Sex ●●● Violence ●●● Language ●●●

Three twentysomething buddies make a pact to remain single after one of the trio gets dumped by his wife in this raunchy romantic comedy set in New York, a *Sex and the City* for blokes starring Zac Efron, Miles Teller and Michael B Jordan. Awkwardly changing gear between gross-out gags and romance, the script requires the men to behave so stupidly and shoddily that you will struggle to care whether or not they see the error of their ways in time. 2014, 15, 94MIN

ALSO ON WEDNESDAY

Sleepless in Seattle

Sky Comedy HD, 6.10pm

★★★★★

Tom doesn't need Meg's wake-up call.

The Hustler

Sky Select HD, 9pm

★★★★★

Paul Newman is right on cue.

Red Dragon

5 Star, 9pm

★★★

Anthony Hopkins is back as Hannibal.

Confessions of a Shopaholic

BBC1 HD, 11.45pm (regions vary)

★★★

There's trouble in store for Isla Fisher.

Birdman

Sky Showcase HD, 12.40am

★★★★★

Michael Keaton is in a flap.

Full listings start on p73

Thursday 10 March



No one would make chumps out of these chimps

SCI-FI ADVENTURE

Dawn of the Planet of the Apes

Sky Showcase HD, 12.55pm & 8pm

★★★★

Sex ●●● Violence ●●● Language ●●●

Both an exciting action movie and an intelligent moral fable, this sequel to 2011's *Rise of the Planet of the Apes* is set 10 years after the events of the earlier film. The story sees a band of human survivors in a post-apocalyptic San Francisco coming into conflict with a genetically enhanced tribe of intelligent apes led by prime primate Caesar (Andy Serkis). There are good and bad elements on both sides but, once again, you are more likely to find yourself rooting for the apes. 2014, 12, 130MIN

SCI-FI ADVENTURE

Mad Max: Fury Road

Sky Action &

Adventure HD, 8pm

★★★★★

Sex ●●● Violence ●●● Language ●●●

Thirty years after 1985's *Beyond Thunderdome*, George Miller's iconic road warrior Max Rockatansky roars into action again for his fourth screen adventure, a two-hour thrill-ride so supercharged with adrenaline-surge excitement it leaves its cinematic rivals in the dust. Tom Hardy slips ruggedly into Mel Gibson's battered black jacket as Max, a badass loner adrift in a barren post-apocalyptic world. 2015, 15, 120MIN

REAL-LIFE DRAMA

Into the Wild

AMC, 9pm

★★★★

Sex ●●● Violence ●●● Language ●●●

This intimate tragedy of one man's life cut short is an epic portrait of an existence on the fringes of American society. Directed by Sean Penn, the film is based on the true story of Christopher McCandless (Emile Hirsch), an intelligent and privileged youth who turned his back on what he considered to be the fake and corrupting influence of money to become a self-styled hobo. But his attempt to live free in the wilderness would lead to his death at the age of 24. 2007, 15, 148MIN

THRILLER

Stone

AMC, 11.55pm

★★★

Sex ●●● Violence ●●● Language ●●●

A tense, character-driven suspense thriller which thrives on some fine acting from Robert De Niro, putting in a subtle, understated turn as a parole officer, Edward Norton, in eye-catching twitchy mode as a convicted arsonist up for parole, and Milla Jovovich, spurred on by her two peers, cranking up her acting game as Norton's wife. With lengthy speeches and dialogue-packed scenes, the film proceeds at a stately pace, but it is a worthwhile watch. 2010, 15, 101MIN

ALSO ON THURSDAY

Robin Hood

Film4 HD, 6.20pm

★★★

Russell Crowe joins the archers.

Black Hawk Down

Film4 HD, 9pm

★★★

Will Josh and Ewan leave anyone behind?

Gran Torino

Spike, 9pm

★★★★

There's trouble in Clint Eastwood's 'hood.

From Hell

5 Star, 10pm

★★★

A ripping yarn with Johnny Depp.

Crimson Tide

Sky Crime & Thriller HD, 11pm

★★★★

Denzel and Gene are in deep trouble.

Full listings start on p83

Friday 11 March

Some things were guaranteed to make you bug-eyed



FAMILY CHOICE

CHILDREN'S FANTASY

The Ant Bully

Sky Family HD, 1.15pm

★★★

Sex ●●● Violence ●●● Language ●●●

There is a starry voice cast – Julia Roberts, Nicolas Cage, Paul Giamatti, Bruce Campbell, Meryl Streep et al – in this charming animated adaptation of John Nickle's book about a bullied schoolboy who vents his frustrations on an anthill. Until, that is, the colony's shaman uses a magical potion to cut the kid down to size and he gets a taste of insect life. The film obviously owes a debt to such previous favourites as *Antz*, *A Bug's Life* and *Honey, I Shrunk the Kids*, with its nippy mix of deft comedy and vivid action sequences. 2006, U, 89MIN

MUSIC COMEDY

Pitch Perfect 2

Sky Showcase HD, 8pm

★★★

Sex ●●● Violence ●●● Language ●●●

The 2012 college comedy *Pitch Perfect* was a charming and wickedly funny a cappella mash-up of *Glee* and *Bridesmaids*, but this scattershot sequel doesn't hit all the right notes. Once again, Rebel Wilson's brash Fat Amy and her all-female singing group the Barden Bellas are the underdogs as they aim to win the World Championships. Some of the slapstick episodes misfire, but the girls' unruly camaraderie is infectious. *Also on Friday*. 2015, 12, 115MIN

COMEDY

There's Something About Mary

Sky Comedy HD, 9.45pm

★★★★

Sex ●●● Violence ●●● Language ●●●

Bad-taste comedies may have become ever more gross, but this dark farce from the Farrelly brothers certainly set the benchmark at the time. An unexpected smash-hit at the box office, it delivers its fair share of slick, sick jokes as a lovelorn geek (Ben Stiller) goes to extraordinary lengths to consummate his teenage crush on an ex-schoolmate (Cameron Diaz) with the help of Matt Dillon's seedy private eye. 1998, 15, 119MIN

HORROR THRILLER

Kill List

Film4 HD, 10.45pm/

Film4+1, 11.45pm

★★★★

Sex ●●● Violence ●●● Language ●●●

Hardcore horror fans will get a big kick from this British chiller, with its genre-blurring plot and gruesome violence. The film stars Neil Maskell as an Iraq War veteran who has teamed up with an old army buddy (Michael Smiley) to work as contract killers, carrying out a series of hits for an enigmatic client. The hints of a chilling bigger picture within the narrative will leave you as much on edge as the hapless duo. 2011, 18, 95MIN

ALSO ON FRIDAY

San Andreas

Sky Premiere HD, 4pm & 8pm

★★★

Dwayne Johnson gets the shakes.

The Age of Adaline

Sky Premiere HD, 6pm

★★★

Blake Lively doesn't show her years.

Blackhat

Sky Crime & Thriller HD, 9pm

★★★★

Chris Hemsworth is hacked off.

The Matrix

Sky Sci-Fi & Horror HD, 9pm

★★★★

Keanu Reeves is the one.

Son of a Gun

Sky Premiere HD, 10pm

★★★

Behind gold bars. See review, page 20.

■ Full listings start on p93

PAY-PER-VIEW HIGHLIGHTS

The pick of the week on Sky Store and Virgin Movies

Brooklyn

★★★★

Oscar-nominated Saoirse Ronan comes of age as an actress with her deeply affecting portrayal of a young Irishwoman torn between countries and lovers in this romantic drama. Ronan's Irish emigré to 1950s New York is wooed by Emory Cohen's plumber, before circumstances take her back to Ireland, where the attentions of Domhnall Gleeson's eligible suitor present her with a heart-wrenching choice. (12, 112min)

Crimson Peak

★★★★

Mia Wasikowska's vulnerable American heiress falls into the clutches of Tom Hiddleston and Jessica Chastain's English fortune-hunters in this deliciously ripe slice of period Gothic melodrama from fantasy maestro Guillermo del Toro. The dark and twisted romance that unfolds contains more psychological chills than jump-in-the-dark scares. (15, 119min)

Dark Places

★★★

Based on another page-turner by *Gone Girl* author Gillian Flynn, this mystery thriller can't match its predecessor for throat-grabbing suspense, but delivers its own share of intrigue and menace. Charlize Theron plays the grown-up survivor of a family massacre 30 years earlier who is asked to revisit this horrifying episode by Nicholas Hoult's true-crime buff. (15, 110min)

The Intern

★★★

Robert De Niro's 70-year-old widower Ben gets an internship at an online fashion start-up run by Anne Hathaway's prickly, awkward, overworked micro-manager. This generation-clash comedy may be set in the up-to-the-minute dot.com world but it is a defiantly old-fashioned film, and the stars' chemistry is touching and fun. (12, 121min)

The Lady in the Van

★★★★

PREMIERE (Available to buy on Sky Store from Mon) See review, above. (12, 104min)

The Last Witch Hunter

★★★

PREMIERE (Sky Store & Virgin Movies from Mon) Vin Diesel stars in this supernatural action fantasy as an immortal warrior striving to prevent the resurrection in present-day New York of the Witch Queen



PREMIERE

Maggie was getting a taste of wheel life

COMEDY DRAMA

The Lady in the Van

Available to buy on Sky Store from Monday

★★★★

Sex ●●● Violence ●●● Language ●●●

Maggie Smith reprises her stage and radio role as Miss Mary Shepherd, the cranky bag lady who parked her decrepit van in Alan Bennett's Camden driveway in the mid 1970s and didn't budge from the spot until her death 15 years later. Smith's is a glorious comic creation, a pungent mix of dottiness and iron will, but there is pathos beneath the eccentricity, with glimpses of a turbulent past. 2015, 12, 104MIN

who cursed him with eternal life back in the Dark Ages. Diesel gives it brawny conviction while classy co-stars Elijah Wood, Rose Leslie and Michael Caine gamely enter into the spirit of things. (12, 106min)

Mississippi Grind

★★★

PREMIERE (Sky Store & Virgin Movies from Mon) Against the odds, Ben Mendelsohn and Ryan Reynolds win our interest as a pair of mismatched gamblers in this bittersweet buddy movie. The plot is very loosely strung, but the pair keep us enthralled when they hook up and hit the road together, heading for a high-stakes poker game in New Orleans. (15, 109min)

The Program

★★★

A fascinating biopic of disgraced American cyclist Lance Armstrong, charting his amazing rise and spectacular fall. Ben Foster conveys Armstrong's ferocious will to win with chilling intensity as we follow him fighting his way back from cancer, before bullying his team-mates into following the doping regime that would win him the Tour de France seven times. (15, 103min)

Sleeping with Other People

★★★

A raunchy version of *When Harry Met Sally*, this romantic

comedy sees Jason Sudeikis and Alison Brie playing platonic pals striving to keep sexual tension from ruining their friendship. The fact that they lost their virginity to one another in college and hook up again 12 years later in a sex-addicts meeting gives their rapport an enjoyable frisson. (15, 101min)

Spectre

★★★★

Dour Daniel Craig lightens up in his fourth James Bond adventure, swaggering through a movie that positively revels in the series' heritage. Everywhere you look, there are nods, nudges and witty allusions to 007's past escapades as Bond goes on another globe-hopping quest in pursuit of the shadowy criminal organisation that has been dogging his previous three missions. (12, 148min)

Suffragette

★★★

Set in pre-World War One London, this is a stirring account of the struggle to achieve votes for women. Carey Mulligan anchors the film as an East End laundry worker, vividly conveying the physical and emotional toll as she turns from passive bystander to zealous activist. She gets strong support from Helena Bonham Carter, and Meryl Streep delivers a telling cameo as Suffragette leader Emmeline Pankhurst. (12, 106min)

Sport week

our ultimate guide to the best of the week's live

THE
MAIN
EVENT

Premier League title race

BT Sport's
Gary Lineker
on Saturday's
vital live games



Gary Lineker

Strike force:
Leicester City's
Jamie Vardy,
Spurs' Harry Kane,
and Arsenal's
Olivier Giroud

LIVE FOOTBALL

Saturday, BT Sport 1 HD & Sky Sports 1 HD

The thrilling Premier League title race reaches a crucial stage on Saturday with Spurs hosting their arch-rivals Arsenal in the north London derby (BT Sport 1 HD, kick-off 12.45pm) followed by Leicester City's trip to Watford (Sky Sports 1 HD, kick-off 5.30pm).

Can the Foxes pull off one of the great feats in English football to win the league? Or can Arsenal deny Spurs a first title in 55 years? We asked BT Sport presenter and former Leicester and Spurs striker Gary Lineker for his views...

SENSATIONAL SEASON

It's been a magical season for Leicester City and for football generally. The whole country seems to be right behind them and enjoying their performances

— and the fact that it is my team doing so well makes it doubly special.

Can they win the first title in the club's history? Well, they have been playing well for more than a year now and that takes it beyond fluke stage. Arsenal and Spurs, not to mention Manchester City, are formidable rivals, but it should help Leicester that they have not had recent distractions in the Cup competitions.

Everything could change quickly with a couple of injuries to key players, but if Leicester can keep all their players fit until the end of the season, I think they will have a real chance.

PLAYERS TO WATCH

Goals will be important and all of the challenging teams have great strikers. For Arsenal, Olivier Giroud is an extremely underrated player. His intelligent movement and finishing

are exceptional. For Spurs, Harry Kane reminds me of Alan Shearer. He has a strong all-round game.

Leicester, meanwhile, have Jamie Vardy. He thinks about his game a lot, works hard and has exhilarating pace. His finishing has improved, and he has been sensational.

MIDLANDS MEMORIES

As a former Spurs player, I have a lot of affinity towards the club, and if they can grow together they will blossom under Mauricio Pochettino.

But I've never made any secret of the fact that Leicester is my club. I started to go when I was about seven, and I remember going to the FA Cup

final in 1969 and crying all the way home after we lost to Manchester City.

I played for the club for eight years and in 2002 I was involved in putting together a consortium to help the club survive.

I wasn't overly excited by the appointment of Claudio Ranieri, but it has been wonderful to be proved wrong and watch players of such quality as Vardy, Riyad Mahrez, N'Golo Kante and Christian Fuchs.

When I got the job with BT Sport last summer to cover the Champions League, I never thought I might have the chance of watching Leicester in the competition. Now that would be an adventure.



Leicester boss
Claudio Ranieri

**Britain's winning
Davis Cup team**

Davis Cup: GB v Japan

BBC expert **Andrew Castle**
previews the weekend action



Andrew Castle

LIVE TENNIS

*Saturday & Sunday, BBC2 HD, BBC1 HD
& Eurosport 2 HD*

Birmingham will be buzzing for the final two days of competition between Britain and Japan.

We asked commentator Andrew Castle to set the scene...

Who is Japan's biggest threat?

Kei Nishikori is Japan's number one and world number seven, and will play Andy Murray in the singles on Sunday. He is a former US Open finalist and considered a future world number one. It won't be an easy match for Andy, especially as he's taken time off to be a father.

Could Andy help Britain retain the Davis Cup this year?

It's unlikely he will be able to play in all the ties as he has an even busier schedule with the defence of his Olympic title. It's vital that Kyle Edmund settles into the team as he will probably be the leader in Andy's absence, should Britain progress.

Will Jamie Murray continue his good form?

Jamie had a real breakthrough by winning his first doubles Slam at the Australian Open. We have a coach, Louis Cayer, who looks after our doubles guys which has proved to be a masterstroke, all financed by the profits from Wimbledon.

LIVE CYCLING

World Track Championships

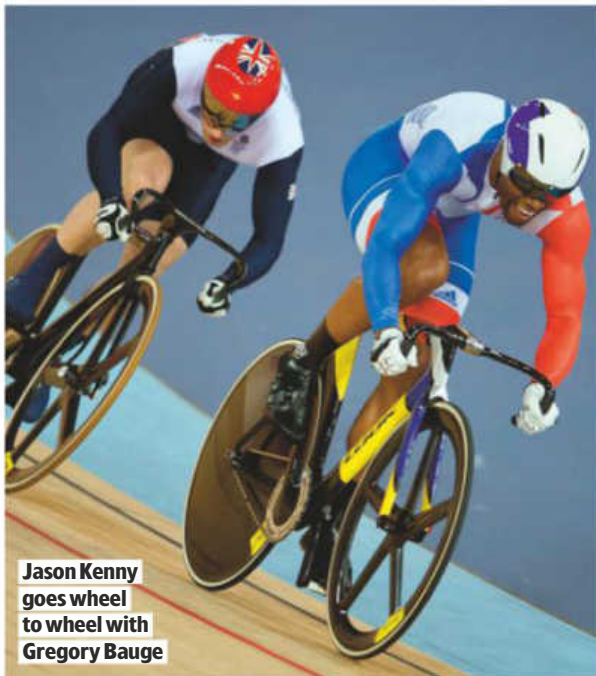
*Saturday & Sunday, BBC2 HD
& Eurosport 1 HD*

The action concludes in London with Team GB hoping for a medal rush ahead of the Rio Olympics.

Saturday's events include the men's individual sprint,

with Britain's Jason Kenny renewing his rivalry with France's Gregory Bauge.

On Sunday, it's the women's omnium, featuring Laura Trott, before the final event, the Madison, which was won by Bradley Wiggins and Mark Cavendish when the Worlds were in Manchester in 2008.



**Jason Kenny
goes wheel
to wheel with
Gregory Bauge**



**Michael
van Gerwen**

LIVE DARTS

UK Open

Saturday & Sunday, ITV4 HD

The non-seeded event is often dubbed 'the FA Cup of darts' and the tournament certainly produced a memorable giant-killer last year in the shape of Andrew Gilding.

Suffolk's Gilding defeated the likes of Jelle Klaasen, Kevin Painter and James Wade in his run to the semi-finals, where he was eventually edged out 10-8 in a hard-fought match against former world champion Michael 'Mighty Mike' van Gerwen.

The Dutchman went on to win his first UK Open title and a cheque for £60,000 by taking victory against Peter Wright.

Scotland skipper Preston Mommsen



LIVE CRICKET

Scotland v Afghanistan

*Tuesday, Sky Sports 2 HD,
play starts 2pm*

The first-round matches in the ICC World Twenty20 tournament begin this week with eight nations competing for two places in the second-round stage.

Scotland have been drawn in Group B and begin against Afghanistan on Tuesday, followed by Zimbabwe on Thursday and Hong Kong next week.

Meanwhile, Ireland are in Group A and start against Oman on Wednesday and Bangladesh on Friday, before concluding against Holland next week.

The group winners join the top-ranked nations, including England, for the competition proper which starts on 15 March with hosts India v New Zealand.

**Sport A-Z and
football planner >>>**



A-Z GUIDE

This week's sport on TV

ARCHERY

World Indoor Championships
Sat 11.10pm Euro2 HD

AUSTRALIAN RULES

Sydney Swans v GWS Giants
Mon 9am BT Sport 2 HD

Western Bulldogs v Melbourne
Mon 1pm BT Sport/ESPN HD

Brisbane Lions v St Kilda
Mon 3pm BT Sport/ESPN HD

Essendon v Geelong Cats
Tue 7am BT Sport 2 HD

North Melbourne v Collingwood
Tue 9am BT Sport 2 HD

LIVE Richmond v Port Adelaide
Thu 8am BT Sport 1 HD
Coverage from Melbourne.

LIVE Carlton v Sydney Swans
Fri 6.30am BT Sport 2 HD
Coverage from Melbourne.

LIVE Gold Coast Suns v Adelaide Crows
Fri 9.30am BT Sport 2 HD
Coverage from Queensland.

LIVE Fremantle v Geelong Cats
Fri 5am BT Sport/ESPN HD
From Perth, Western Australia.

BADMINTON

LIVE All England Championships
Fri 5.30pm Euro2 HD
Coverage from Birmingham.

BASKETBALL

Oklahoma State Cowboys v Texas Longhorns
Sat 8.15am BT Sport/ESPN HD

Boston Celtics v New York Knicks
Sat 3.15pm BT Sport 2 HD

LIVE Michigan State Spartans v Ohio State Buckeyes
Sat 5pm BT Sport/ESPN HD

LIVE Chicago Bulls v Houston Rockets
Sat 1.30am BT Sport 1
Inter-conference encounter.

Akron Zips v Kent State Golden Flashes
Sat 4am BT Sport/ESPN HD

LIVE Los Angeles Clippers v Golden State Warriors
Sun 8.30pm BT Sport 1 HD

LIVE Indiana Pacers v San Antonio Spurs
Mon 12m BT Sport 1 HD

LIVE Oklahoma City Thunder v Los Angeles Clippers
Wed 2.30am BT Sport 2 HD

LIVE San Antonio Spurs v Chicago Bulls
Thu 1am BT Sport 2 HD

LIVE Los Angeles Lakers v Cleveland Cavaliers
Thu 3.30am BT Sport 2 HD

Euroleague
Fri 9.15pm BT Sport/ESPN HD

LIVE Chicago Bulls v Miami Heat
Fri 1am BT Sport 1 HD

BOWLS

Test Match Bowls
Wed 7.30am BT Sport 1 HD
England v Scotland women's action.

BOXING

LIVE Sam Eggington v Bradley Skeete
Sat 8pm SS1 HD
Welterweight bout in Birmingham.
Highlights: Tue 7.30pm SS1 HD.

CRICKET

LIVE South Africa v Australia
Sun 12.25pm SS3 HD;
Wed 3.55pm SS1 HD
The final T20 fixtures.

LIVE Zimbabwe v Hong Kong
Tue 9am SS2 HD
Coverage from Nagpur, India.
Highlights: 6pm SS2 HD.

LIVE Scotland v Afghanistan
Tue 1.30pm SS2 HD
Coverage from Nagpur, India.
Highlights: 7pm SS2 HD.

LIVE Bangladesh v Netherlands
Wed 9am SS2 HD
Coverage from Dharamsala, India.
Highlights: 6pm SS2 HD.

LIVE Ireland v Oman
Wed 1.30pm SS2 HD
Coverage from Dharamsala.
Highlights: 7pm SS2 HD.

LIVE Scotland v Zimbabwe
Thu 9am SS2 HD
Coverage from Nagpur.
Highlights: 6pm SS2 HD.

LIVE Hong Kong v Afghanistan
Thu 1.30pm SS2 HD
Coverage from Nagpur.
Highlights: 7pm SS2 HD.

LIVE Netherlands v Oman
Fri 9am SS2 HD
Coverage from Dharamsala.
Highlights: 6pm SS2 HD.

LIVE Bangladesh v Ireland
Fri 1.30pm SS2 HD
Coverage from Dharamsala.
Highlights: 10.45pm SS2 HD.

COMBAT SPORTS

LIVE UFC 196
Sat 1am & 3am BT Sport 2 HD
Includes the Conor McGregor v Nate Diaz welterweight bout. Highlights: Sun 10.30pm BT Sport 2 HD.

CYCLING

Strade Bianche
Sat 4.45pm Euro1 HD
The 176km race from Siena.

LIVE Track World Championships
Sat 7pm BBC Red Button 1 & Euro1 HD; Sun 9.55am & 1.55pm Euro1 HD, 2pm BBC2 & BBC Red Button 1
Coverage from London. Highlights: Sat 1pm BBC1 HD, 5.30pm Euro1 HD, 11.40pm Euro1 HD; Sun 11.30pm Euro1 HD.

Paris-Nice
Sun 5.30pm Euro1 HD
Prologue: 6.1km around Confians-Sainte-Honorine.

LIVE Paris-Nice
Mon 2.15pm Euro1 HD
Stage 1: 195km to Vendome.
Highlights: 6pm Euro2 HD.

GP Le Samyn
Mon 4.45pm Euro1 HD

LIVE Paris-Nice
Tue 3pm Euro1 HD
Stage 2: 214km to Commeny.
Highlights: 6pm Euro2 HD.

LIVE Tirreno-Adriatico
Wed 1.30pm Euro2 HD
Stage 1: 22.7km team time-trial in Lido di Camaiore. Highlights: 5.30pm Euro2 HD.

Paris-Nice
Wed - Fri 3.30pm Euro2 HD
The next three stages, from Mont Brouilly to Salon-de-Provence.

LIVE Tirreno-Adriatico
Thu 1.30pm Euro2 HD
Stage 2: 207km to Pomarance.
Highlights: 8.30pm Euro2 HD.

LIVE Tirreno-Adriatico
Fri 1.30pm Euro2 HD
Stage 3: 176km to Montalto di Castro.
Highlights: Fri 5.30pm Euro1 HD.

DARTS

LIVE UK Open
Sat 12.30pm & 7pm;
Sun 12.45pm & 7pm ITV4 HD
From Butlins Minehead Resort.

LIVE Premier League
Thu 7pm SS1 HD
Coverage from Nottingham.
Highlights: Fri 9.30am SS1 HD.

GOLF

LIVE Cadillac Championship
Sat & Sun 5pm SS4 HD
Coverage from Florida. Highlights: Sat & Sun 10am SS4 HD.

Eye of Africa Championship
Tue 7pm SS4 HD

LIVE Thailand Classic
Thu & Fri 8am SS4 HD
From Hua Hin District. Highlights: Thu & Fri 7pm SS4 HD.

LIVE Valspar Championship
Thu & Fri 8pm SS4 HD
Coverage from Florida.

GREYHOUND RACING

LIVE Juvenile Classic and the Springbok
Tue 7pm SS3
Coverage from London.

HORSE RACING

LIVE C4 Racing
Sat 1.30pm C4 HD
From Doncaster & Newbury.

ICE SKATING

Speed Skating
Sun 9.05pm Euro2 HD
World Single Distance Speed Skating Championships from Russia.

Speed Skating
Mon 1.30pm Euro2 HD
World University Championships in Basiglio di Pine, Italy.

JUDO

World Tour
Sun 8.30am BT Sport 2 HD
Judo Grand Prix in Dusseldorf.

MOTORCYCLING

LIVE FIM MX2 World Championship
Sat 5am; Sun 8am Euro2 HD & Motors TV
Grand Prix of Thailand. Highlights: Sun 6.25pm & 8.30pm Motors TV.

LIVE Motocross World Championship
Sun 6am & 9am Euro2 HD & Motors TV
MXGP Grand Prix of Thailand.
Highlights: Tue 9am Euro1 HD; Tue 10.35pm Euro2 HD.

MOTORSPORT

LIVE Rally Mexico
Sat 8pm; Sun 6pm BT Sport 1 HD
From Guanajuato. Highlights: Sat 7.30am BT Sport 1 HD; Sun 1.30pm BT Sport 1 HD; Mon 7pm C5 HD; Fri 10.35pm Motors TV.

LIVE V8 Supercars
Sat 4.45am BT Sport 1 HD
The latest race of the season.

Rally Islas Canarias
Fri 10.30pm Euro1 HD

NETBALL

LIVE Surrey Storm v Hertfordshire Mavericks
Sat 5.30pm SS5 HD
Coverage from London.

LIVE Hertfordshire Mavericks v Celtic Dragons
Mon 7.30pm SS3 HD
Coverage from Hatfield.

RUGBY LEAGUE

LIVE Widnes Vikings v Hull FC
Thu 7.30pm SS2 HD
(kick-off 8pm)
From Select Security Stadium.

LIVE Wigan Warriors v Leeds Rhinos
Fri 7.30pm SS1
(kick-off 8pm)
Coverage from DW Stadium.

RUGBY UNION

LIVE Highlanders v Hurricanes
Sat 6.30am SS3 HD
Coverage from Dunedin.

LIVE Reds v Western Force
Sat 8.30am SS3
(kick-off 8.40am)
Coverage from Brisbane.

Chiefs v Lions
Sat 10.45am SS3 HD

LIVE Bulls v Rebels
Sat 12.45pm SS3 HD
(kick-off 1pm)
Coverage from Pretoria.

LIVE Leinster v Ospreys
Sat 2.45pm SS1 HD
(kick-off 3pm)
From the Royal Dublin Society.

LIVE Cheetahs v Stormers
Sat 3pm SS3 HD
From Bloemfontein, South Africa.

LIVE Saracens v Northampton Saints
Sat 3pm BT Sport 1 HD
(kick-off 3.15pm)
Coverage from Allianz Park.

LIVE Sharks v Jaguares
Sat 5pm SS3 HD
Coverage from Durban, South Africa.

LIVE Las Vegas Sevens
Sat 7.20pm & 11.55pm SS3 HD;
Sun 6.20pm SS5 HD
Coverage from Nevada.

LIVE Leicester Tigers v Exeter Chiefs
Sun 2pm BT Sport 1 HD
(kick-off 3pm)
Coverage from Welford Road.

LIVE Glasgow Warriors v Cardiff Blues
Sat 2.15pm S4C
(kick-off 2.30pm)
PRO12 clash at Scotstoun Stadium.

LIVE Blues v Hurricanes
Fri 6.30am SS1 HD
Coverage from Eden Park, Auckland.

LIVE Western Force v Brumbies
Fri 11am SS3 HD
From Perth, Western Australia.

LIVE Harlequins v Bath
Fri 7pm BT Sport 1 HD
(kick-off 7.45pm)
Coverage from The Stoop.

LIVE England v Wales
Fri 7.30pm SS2 HD
(kick-off 7.45pm)
Coverage from Bristol.

SAILING

LIVE World Match Racing Tour
Mon 7am BT Sport 2 HD
From Fremantle, Western Australia.

SKIING

LIVE Alpine
Sat 8.15am, 9.30am, 12noon & 12.30pm Euro1 HD
Giant slaloms in Slovenia.

LIVE Nordic Combined
Sat 8.45am Euro2 HD
Team event from Germany.

LIVE Biathlon
Sat 10.30am Euro1 HD
Men's sprint discipline from Oslo.

LIVE Nordic Combined
Sat 12.30pm Euro2 HD
Gundersen event from Germany.

LIVE Biathlon
Sat 1.30pm Euro1 HD
Women's sprint discipline from Oslo.

LIVE Ski Jumping
Sat 2.45pm Euro1 HD
Men's individual event from Poland.

LIVE Cross-Country
Sat 8pm Euro2
Women's 10km free pursuit.

LIVE Cross-Country
Sat 8.45pm Euro2
Men's 15km free pursuit in Quebec.

LIVE Alpine
Sun 8.15am Euro1, 11.15am Euro2
Men's slalom from Slovenia.

LIVE Biathlon
Sun 12.30pm Euro1 HD
Men's pursuit discipline from Oslo.

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Football planner

LIVE WWE: Raw
Mon 1am SS5 HD
US grappling action.

10.55am Sky Sports 5 HD
(kick-off 11am)

The La Liga clash.

The Champions League last-16 second-leg match.

The Serie A encounter.

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Football



Premier League

BT Sport 1 HD & Sky Sports 1 HD, from 12noon
Spurs v Arsenal (kick-off 12.45pm), then Watford v Leicester (kick-off 5.30pm)

Music



The Who Weekend

Sky Arts HD, 9pm
Two primetime gigs from the rockers, starting tonight in 1982 New York and continuing tomorrow in 2015 London

Comedy drama



Stag

BBC2 HD, 9pm
The black comedy reaches midpoint, and the stag do looks set to be saved by a gatecrasher – until more blood is shed

Chat show



The Jonathan Ross Show

ITV HD, 10pm/ITV+1, 11pm
Hollywood stars Jack Black and Richard Gere, Motown founder Berry Gordy and comic Roisin Conaty get talking

SKY EVENING TIME 7.00PM 7.30PM 8.00PM 8.30PM 9.00PM 9.30PM 10.00PM 10.30PM

Favourites

101 BBC1	7.00 The Voice	9.00 Casualty	10.00 News	10.20 Match of the Day †
102 BBC2	◀ 6.30 Back in Time... 7.30 Queen Victoria's Children	8.30 Dad's Army	9.00 Stag	10.00 Film: Dom Hemingway
103 ITV	7.00 Ant & Dec's Saturday Night Takeaway	8.30 Take Me Out		10.00 The Jonathan Ross Show
104 CHANNEL 4	7.00 Great Canal Journeys	8.00 Penelope Keith's Hidden Villages	9.00 Film: The Bourne Legacy	
105 CHANNEL 5	7.00 World War II in Colour	8.00 The Gadget Show	9.00 The Championship: Football League...	10.00 Goal Rush... 10.30 Law & Order...
106 SKY1	7.00 NCIS: Los Angeles	8.00 Hawaii Five-0	9.00 Limitless	10.00 Arrow

Entertainment

116 BBC4	7.00 Human Planet	8.00 Survivors: Nature's Indestructible...	9.00 Trapped	
118 ITV2	7.10 Film: Hulk			10.00 Take Me Out – The Gossip
138 MORE4	◀ 6.55 Grand Designs	8.00 80 Years of the Spitfire: Guy Martin's...	9.00 80 Years of the Spitfire: Battle of Britain: The Day the War Was Won	
136 E4	7.00 The Big Bang Theory		9.00 Film: The Inbetweeners Movie	
107 SKY LIVING	7.00 Unforgettable	8.00 Bones		10.00 Criminal Minds
108 SKY ATLANTIC	7.00 Without a Trace	8.00 Blue Bloods	9.00 Game of Thrones	
110 GOLD	7.00 The Interviews	8.00 Legends of Stand-Up & Bernard...	9.00 Gimme Gimme Gimme 9.40 Men Behaving Badly	10.20 Bottom
111 DAVE	7.00 Top Gear	8.00 Not Going Out	9.20 QI	10.00 Taskmaster
119 ITV3	◀ 6.00 Midsomer Murders			10.00 A Touch of Frost
120 ITV4	7.00 Darts: UK Open – Live: Day two at the Butlins Minehead Resort, featuring the fifth-round matches, played over the best of 17 legs			
112 COMEDY CENTRAL	7.00 Impractical Jokers		9.00 Michael McIntyre's Showtime	10.00 The Roast of Donald Trump
114 SYFY	7.10 Film: Under the Mountain		9.00 Film: Pitch Black	
109 W	◀ 6.30 Doctor Who... 7.30 Doctor Who...	8.00 Doctor Who	9.00 Film: Mallrats	
113 UNIVERSAL	7.00 Rescue Special Ops	8.00 NCIS		10.00 Law & Order: Special Victims Unit
124 FOX	7.00 The Mentalist	8.00 Marvel's Agent Carter	9.00 American Dad! 9.30 Family Guy	10.00 American Dad! 10.30 Family Guy
121 SKY ARTS	◀ 6.30 Slash: Made in Stoke		9.00 The Who Live at Shea Stadium	

Documentary

520 DISCOVERY	7.00 Gold Rush	8.00 Alaska: The Last Frontier	9.00 Natural Born Outlaws	10.00 I Almost Got Away with It
523 ANIMAL PLANET	7.00 Tanked	8.00 Treehouse Masters	9.00 Tanked	10.00 Finding Bigfoot
526 NAT GEO	7.00 Bloody Tales of the Tower	8.00 David Attenborough's Rise of Animals	9.00 Half Ton World	10.00 Banged Up Abroad
529 HISTORY	7.00 Pawn Stars	8.00 Storage Wars		
537 YESTERDAY	7.00 Classic Soul at the BBC	8.00 Dusty Springfield at the BBC	9.00 Planet Earth	
532 EDEN	7.00 Monkeys Revealed		9.00 Among the Great Apes with Michelle...	10.00 Life in the Great Wetlands

Films

301 SKY PREMIERE	◀ 6.00 Ashby	8.00 Terminator Genisys		10.15 Stretch
303 SKY SHOWCASE	◀ 6.00 Annie	8.00 Focus		10.00 Jupiter Ascending
304 SKY OSCARS	7.00 Chicago		9.00 One Flew Over the Cuckoo's Nest	
305 SKY DISNEY	◀ 6.10 Cinderella	8.00 Tomorrowland: A World Beyond		10.15 The Black Cauldron
306 SKY FAMILY	◀ 6.20 The SpongeBob Movie: Sponge Out...	8.00 How to Train Your Dragon 2	9.45 The Mask	
307 SKY ACTION	◀ 6.00 Mad Max Beyond Thunderdome	8.00 Mad Max: Fury Road		10.15 Taken
308 SKY COMEDY	◀ 6.20 Austin Powers: The Spy Who...	8.00 Unfinished Business	9.45 The 40 Year Old Virgin	
309 SKY CRIME	7.10 Honour		9.00 Assassin	10.30 Get Rich Or...
310 SKY DRAMA	◀ 5.45 In Her Shoes	8.00 Pride		10.05 Men, Women & Children
311 SKY SCI-FI	7.00 Ghost Rider		9.00 The League of Extraordinary Gentlemen	
312 SKY SELECT	◀ 5.20 As Good As It Gets 7.50 Sideways			10.00 RocknRolla
315 FILM4	◀ 5.40 Avatar		9.00 Les Misérables	
317 TCM	◀ 6.35 The Key		9.00 Exorcist II: The Heretic	

Sport

402 SKY SPORTS 1	◀ 5.00 Ford Saturday Night Football – Live	8.00 Fight Night – Live: Sam Eggington v Bradley Skeete: The welterweight bout at the Genting Arena in Birmingham		
403 SKY SPORTS 2	◀ 5.10 La Liga... 7.25 Boxing Gold	8.00 SNF – Game of the Day		10.00 SNF – Match Choice
404 SKY SPORTS 3	7.00 Cricket... 7.20 HSBC Sevens World Series – Live: The Las Vegas Sevens: Day two of the fifth round of the series from Sam Boyd Stadium in Las Vegas, Nevada			
405 SKY SPORTS 4	◀ 5.00 World Golf Championship – Live: The third day of the Cadillac Championship at Trump National Doral Miami in Florida			
410 EUROSPORT 1	7.00 Cycling: Track World Championships – Live: Day four from Lee Valley VeloPark in London			10.20 Cycling
411 EUROSPORT 2	◀ 6.55 Wintersports Today	8.00 Cross-Country Skiing – Live: The World Cup meeting from Quebec, Canada		10.05 Davis Cup Tennis

BBC1

SKY 101 HD 141 VIRGIN 101 HD 108 FVIEW 1 HD 101 FSAT 101 HD 108

• Today's red button sport coverage is listed in *Sport on Other Channels*, page 42

6.00am Breakfast (S)(HD)
10.00 Saturday Kitchen Live (S)(HD)
11.30 Mary Berry's Foolproof Cooking
Bacon and pesto pasta. (S)(R)(HD)(AD)
12.00noon BBC News (S)(HD)
12.10pm Football Focus (S)(HD)
12.50 Saturday Sportsday (S)(HD)
1.00 Cycling (S)(HD)
2.00 LIVE Davis Cup Tennis Great Britain v Japan: Day two of the World Group first-round match from Birmingham. Coverage continues on BBC2. (S)(HD)
4.30 Final Score Round-up. (S)(HD)
5.20 Dynamo: Magician Impossible
The illusionist visits Rio. (S)(HD)(AD)
5.50 BBC News (S)(HD)



7.00 The Voice

6.00 Local News (S)
6.10 The Getaway Car
5/12. Sisters Jodie and Aimi, couples Binny and Neil, and Dave and Paula, lifelong pals Pete and Richard, and kickboxing duo Talibah and Ami face the high-octane challenge. (S)(HD)
7.00 The Voice
The would-be stars enter the second and final battle round, as Paloma Faith, Boy George, will.i.am and Ricky Wilson seek to reduce the numbers in their groups down to eight singers each. (S)(HD)

8.00 Casualty
Fatal Error - Part Two: Ethan is ready to face his birth mother for the first time when she and Cal are admitted to the ED. (S)(HD)(AD)

9.00 The National Lottery Live
The all-important numbers. (S)(HD)

9.50 The National Lottery Live
The all-important numbers. (S)(HD)

10.00 BBC News (S)(HD)

10.20 Match of the Day
Gary Lineker presents highlights of the latest Premier League matches, featuring Tottenham Hotspur v Arsenal, and Newcastle United v Bournemouth. (S)(HD)
Followed by **Lottery Update** (S)
■ *Match of the Day 2* can be seen tomorrow at 10.30pm

11.50 FILM The Recruit Spy thriller starring Al Pacino and Colin Farrell. A young CIA recruit discovers that nothing is what it seems when he is assigned to root out a suspected mole. (S)(HD)(AD) (2003, 12, 110min) ★★★

1.40am Weather for the Week Ahead (S)(HD) **1.45-6.00am BBC News** (S)(HD)

BBC2

SKY 102 HD 102/142 VIRGIN 102 HD 162 FVIEW 2 HD 102 FSAT 102 HD 109

6.05am FILM After Tonight Thriller. (S) (1933, PG, 70min) ★★ **7.15 FILM The Quatermass Experiment** Chiller. (S) (HD) (1955, b/w, PG, 80min) ★★★
8.35 FILM Dean Spanley Comedy drama. (S) (2008, U, 95min) ★★★★★
10.10 Homes Under the Hammer (S)(R)(HD) **11.10 Natural World** (S)(R)(AD)
12.00noon Rick Stein's India (S)(R)(HD)(AD) **1.00pm The Best Dishes Ever** (S)(R)(HD) **1.30 Alfred Hitchcock: Talking Pictures** (S)(R) **2.05 FILM Notorious** Hitchcock's suspense thriller. (S)(HD) (1946, b/w, U, 100min) ★★★★★ **3.45 Escape to the Country** (S)(R)(HD)(AD)
4.30 LIVE Davis Cup Tennis Great Britain v Japan: The second day of the World Group first-round match. (S)(HD)
5.30 Flog It! In Manchester. (S)(R)(HD)



10.00 Dom Hemingway

6.00 Gardeners' World
Monty Don sets out his plans for the growing season. (S)(R)(HD)

6.30 Back in Time for the Weekend
5/6. The Ashby-Hawkins family enters the 1990s, a decade where new technology arrives at a dizzying pace and starts to dominate leisure time. (S)(R)(HD)(AD)

7.30 Queen Victoria's Children
2/3. Looking at the monarch's relationship with her daughters after the death of Prince Albert, revealing how she clung to and bullied the princesses, as well as arranging who they should marry. (S)(R)(HD)(AD)

8.30 Dad's Army
Jones buys black-market pigeons, but is horrified to discover the birds were taken from Trafalgar Square. (S)(R)

9.00 Stag
2/3. Johnners's ever-diminishing stag party is besieged in the home of the sinister gamekeeper, until Christoph, a suspiciously resourceful gatecrasher, arrives and offers to lead everyone to safety. (S)(HD)(AD)

10.00 FILM PREMIERE Dom Hemingway
Crime comedy starring Jude Law and Richard E Grant. Released after 12 years in prison, Cockney ex-con Dom Hemingway heads for the South of France, looking for payback from his former crime boss, Mr Fontaine. (S)(HD) (2013, 15, 90min) ★★★★★ See review, page 24
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.30 Line of Duty 1/6. A detective comes under suspicion after a police convoy is ambushed. (Series 2) (S)(R)(HD)(AD)

12.30am Line of Duty (S)(R)(HD)(AD)
1.30 FILM Lebanon Israeli war drama starring Yoav Donat and Itay Tiran. Subtitled. (HD) (2009, 15, 85min) ★★★★★
2.55-6.00am Previews (S)(HD)

ITV

SKY 103 HD 178 VIRGIN 103 HD 113 FVIEW 3 HD 103 FSAT 103 HD 119

6.00-7.30am CITV
7.30-9.25 Scrambled! (S)
9.25 Murder, She Wrote *The Sins of Cabot Cove*: The plot of a novel becomes reality. (S)(R)(HD)(AD)
10.20 The Jeremy Kyle Show USA (S)
11.15 The Jeremy Kyle Show Guests air their differences. (S)(R)(HD)
12.15pm ITV News (S)
12.25 The Jeremy Kyle Show (S)(R)(HD)
1.30 Judge Rinder Real-life cases heard in a studio courtroom. (S)(R)(HD)
2.30 Tipping Point Game show hosted by Ben Shephard. (S)(R)(HD)
3.35 FILM The Spy Who Loved Me James Bond adventure starring Roger Moore. Agent 007 joins forces with a Russian spy to stop a megalomaniac villain. (S)(HD)(AD) (1977, PG, 145min) ★★★



7.00 Ant & Dec's Saturday Night...

6.00 Local News (S)

6.10 ITV News (S)

6.30 New You've Been Framed!
Harry Hill narrates more viewer-submitted comedy mishaps. (S)

7.00 Ant & Dec's Saturday Night Takeaway
3/7. Kate Hudson steps up as Guest Announcer, and the duo prank Bear Grylls. David Williams is implicated in Who Shot Simon Cowell? and Jess Glynne features in the End of the Show Show. (S)(HD)
■ Repeated tomorrow on ITV2

8.30 Take Me Out
SERIES FINALE 10/10. A musical theatre performer from Mansfield, a City trader, a Blackpool car salesman and an account executive from Milton Keynes enter the Love Lift. Paddy McGuinness presents. (S)(HD)
■ *Take Me Out: The Gossip* follows on ITV2
■ Repeated tomorrow on ITV2

10.00 The Jonathan Ross Show
9/11. The host is joined by Richard Gere, Roisin Conaty, Jack Black and Motown founder Berry Gordy, who introduces a performance by the cast of *Motown the Musical*. (S)(HD)
■ Repeated on Monday

11.00 ITV News (S)
11.20 FILM Never Say Never Again
James Bond adventure starring Sean Connery and Kim Basinger. (S)(HD)(AD) (1983, PG, 135min) ★★★
1.35am Jackpot247
3.00 Murder, She Wrote *Stage-Struck*: Death mars the opening of a play bound for Broadway. (S)(SL)(R)(HD)(AD)
3.50-6.00am ITV Nightscreen (HD)

+1 hour SKY 131 VIRGIN 114 FREEVIEW 33 FREESAT 112

CHANNEL 4

SKY 104 HD 227 VIRGIN 104 HD 142 FVIEW 4 HD 104 FSAT 104 HD 126

6.15am The King of Queens (S)(R) **7.05 Freeride World Tour** (S) **7.30 The Grid** (S) **8.00 Everybody Loves Raymond** (S)(R) **9.00 The Morning Line** (S)(HD) **10.00 The Big Bang Theory** (S)(R)(HD)(AD) **11.00 The Superhumans Show** (S)(HD) **11.30 The Simpsons** (S)(R)(AD) **12.30pm Marvel's Agents of S.H.I.E.L.D.**
Many Heads, One Tale: 8/22. The agents discover the dangerous truth about ATCU. (Series 3) (S)(HD)(AD)
1.30 LIVE Racing Featuring races from Doncaster and Newbury. (S)(HD)
4.10-6.05 Come Dine with Me The competition heads to Manchester. (S)(R)(HD) **4.40 A Chinese-Pakistani fusion menu.** (S)(R)(HD) **5.10 A nurse hosts the third dinner party.** (S)(R)(HD) **5.40 A barber hosts the fourth night.** (S)(R)(HD)



9.00 The Bourne Legacy

6.05 Come Dine with Me
A glamorous goth hosts the final dinner party in Manchester. (S)(R)(HD)
6.35 News (S)(HD)

7.00 Great Canal Journeys
4/4. Timothy West and Prunella Scales travel along the Forth and Clyde Canal and the Union Canal in a coast-to-coast adventure from Edinburgh to Glasgow. (S)(R)(HD)(AD)

8.00 Penelope Keith's Hidden Villages
SERIES FINALE 4/4. Penelope travels through the South Downs and the Weald of Sussex and Kent, reliving the Cuckfield Donkey Races and delving into Rudyard Kipling's life. (S)(HD)(AD)

9.00 FILM The Bourne Legacy
Spy thriller sequel starring Jeremy Renner and Rachel Weisz. A genetically enhanced secret agent goes on the run with his supervisor when his life is threatened from within his organisation. With Edward Norton and Stacy Keach. (S)(HD)(AD) (2012, 12, 160min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.40 FILM Seven Psychopaths Dark comedy thriller starring Colin Farrell, Sam Rockwell and Woody Harrelson. (S)(HD) (2012, 15, 120min) ★★★★★
1.40am Hollyoaks (S)(SL)(R)(HD)(AD)
3.50 Selling Houses with Amanda Lamb (S)(R)(HD) **4.45 Location, Location, Location** (S)(R)(HD) **5.40-5.50am Kirstie's Vintage Gems** (S)(R)(HD)

+1 hour SKY 135 VIRGIN 143 FVIEW 13 HD 109 FREESAT 121

CHANNEL 5

SKY 105 HD 105/171 VIRGIN 105 HD 150 FVIEW 5 FSAT 105

- 6.00-8.55am Milkshake!**
8.55am NEW SERIES The Fairly OddParents Cartoon series. (S)
9.30 The Saturday Show Live (S)(HD)
11.30 FILM Star Trek The Motion Picture The first big-screen sci-fi adventure based on the TV series, starring William Shatner. (S)(HD) (1979, U, 150min) ★★★
2.00pm Criminally Funny: Caught in the Act Humorous clips. (S)(R)(HD)
3.00 Now That's Funny! Internet-sourced videos. (S)(R)(HD)
4.00 Cats Make You Laugh Out Loud Compilation of cat-themed internet videos. (S)(R)(HD)
5.00 Grannies Make You Laugh Out Loud Featuring pensioners doing bizarre and funny things. (S)(R)(HD)



8.55 The Fairly OddParents

- 6.00 Can't Pay? We'll Take It Away**
 Stewart McCracken and Elmor Victor face a heartbreaking house repossession. (S)(R)(HD)

- 7.00 World War II in Colour**
 The war in the Pacific in the spring of 1943, when America went on the offensive against Japan, launching a two-pronged attack to drive their forces back. (S)(R)(HD)

- 8.00 The Gadget Show**
 3/12. Jon Bentley tests a product intended to replace both laptops and tablets, while in America, Yue Xu visits CES, the world's biggest technology exhibition. (S)(R)(HD)
8.55 News (S)(HD)

- 9.00 The Championship: Football League Tonight**
 Kelly Cates and George Riley present extended highlights of the weekend's matches, which include Burnley v Blackburn Rovers. Plus, a round-up of all the goals. (S)(HD)

- 10.00 Goal Rush: Football League Tonight**
 Today's goals from League One and League Two. (S)(HD)

- 10.30 Law & Order: Special Victims Unit**
Perverted: 9/24. A biker-gang member's mutilated body is found in a park. (Series 11) (S)(R)(HD)

- 11.20 Law & Order: Special Victims Unit**
Anchor: 10/24. A serial killer targets children. (Series 11) (S)(R)(HD)
12.15am SuperCasino 3.10 I Want That Wedding! (S)(R)(HD) **4.00 The Woman with No Face** (S)(R)(HD)
4.50 Divine Designs (S)(SL)(R) **5.20-5.45am HouseBusters** (S)(SL)(R)

+1 hour SKY 177 VIRGIN 155 FREEVIEW 44 FREESAT 128

SKY1

SKY 106 HD 106/217 VIRGIN 110 HD 109

- 6.00am Ashley Banjo's Big Town Dance** (S)(R)(HD) **8.00 Game Changers** (S)(R)(HD) **8.30 Duck Quacks Don't Echo** (S)(R)(HD) **9.00 The Fantasy Football Club** (R)(HD)
10.00 Soccer AM NEW EDITION (HD)
12.00noon Monkey Life (S)(R)(HD)
1.00-3.00pm Modern Family
 5/24. (S)(R)(HD) **1.30** 6/24. (S)(R)(HD) **2.00** 7/24. (S)(R)(HD) **2.30** 8/24. (Series 3) (S)(R)(HD)
3.00-5.30 Futurama Ghost in the Machines (S)(R)(HD) **3.30 Law and Oracle** (S)(R)(HD) **4.00 The Silence of the Clamps** (S)(R)(HD) **4.30 Yo Leela Leela** (S)(R)(HD) **5.00 All the Presidents' Heads** (S)(R)(HD)
5.30 The Simpsons Barthood: A story chronicling Bart's life. (S)(R)(HD)



12.00 Scream 3

- 6.00 The Flash**
Potential Energy: 10/23. Barry considers telling Patty about his double life, and a mysterious and evil thief capable of freezing time threatens the peace in Central City. (Series 2) (S)(R)(HD)

- 7.00 NCIS: Los Angeles**
Internal Affairs: 10/24. Deeks is placed behind bars after he is accused of murdering his former partner, and the rest of the team tries to prove his innocence. (Series 7) (S)(R)(HD)

- 8.00 Hawaii Five-0**
Ka Makau Kaa Kaa (Sweet Science) 10/22. The finger of suspicion falls on an outspoken champion boxer when the brother of a promising local fighter is murdered. (Series 6) (S)(R)(HD)

- 9.00 Limitless**
Page 44: 4/22. Brian's loyalty to the FBI is tested when Morra's representative Sands asks him to steal national secrets, and he also gets sucked into a quest to prove a man's innocence. (S)(R)(HD)

- 10.00 Arrow**
Blood Debts: 10/23. Oliver struggles to deal with the consequence of Damien Darhk's attack and goes on a quest to avenge Felicity, while Thea struggles to control her dark side. (Series 4) (S)(R)(HD)

- 11.00 DC's Legends of Tomorrow** (S)(R)(HD) **12.00m't FILM Scream 3**
 Stalk-and-slash thriller sequel. (S)(HD) (2000, 18, 118min) ★★
2.00am Strike Back: Project Dawn (S)(R)(HD)(AD) **3.00 Strike Back: Project Dawn** (S)(R)(HD)(AD) **4.00 Emergency with Angela Griffin** (S)(R)(HD)(AD) **5.00 Nothing to Declare** (S)(R)(AD) **5.30-6.00am Nothing to Declare** (S)(R)(AD)

+1 hour SKY 130

LOCAL VARIATIONS

BBC1

- SCOTLAND**
 Sky 951, Virgin 862, Freesat 960
4.30-5.20pm SportsScene Results (S) **10.20pm SportsScene** (S)(HD) **11.20 Match of the Day** (S)(HD)
12.50am FILM The Recruit: Spy thriller. (S)(HD) (2003, 12, 105min) ★★★
2.35 Weather for the Week Ahead (S)(HD) **2.40-6.00am BBC News** (S)(HD)

- N. IRELAND**
 Sky 953, Virgin 863, Freesat 957
5.00-5.20pm Final Score from Northern Ireland (S)(HD)

- WALES**
 Sky 952, Virgin 864, Freesat 964
 No variations

BBC2

- SCOTLAND**
 Sky 970, Freesat 970
5.30-6.00pm Eorpa

- N. IRELAND**
 Sky 972, Freesat 969
12.00noon-1.00pm The Conference (S) **6.00pm Weather Watchers** with Barra Best (S)(R)
6.30-7.30pm NEW SERIES Land of Hope and Glory – British Country Life (S)(AD)

- WALES**
 Sky 971, Freesat 971
1.30pm The Best Dishes Ever (S)(R) **2.00 Conference 2016: Plaid Cymru** (S) **4.00-4.30 Flog It!** (S)(R) **5.30-6.30 Queen Victoria's Children** (S)(R)(AD) **8.30-9.00pm NEW SERIES Gardeners' World** (S)

ITV

- As main ITV except:
 No variations

S4C

- Sky 134, Virgin 166, Freesat 120
6.00am Cyw **8.00 Twnsh Sadwrn** **10.15 Tag** **11.00 Cynadledau'r Gwanwyn**: Plaid Cymru **1.00pm Ffermio** **1.30 Ceffylau Cymru** **2.00 Pobol y Rhondda** **2.30 Gwreiddiau**: Murray the Hump (AD) **3.00 Ward Plant** **3.30 Cymoedd** **Roy Noble** **SERIES FINALE** **4.00 Rowlodd Lowri** **4.30 Newyddion a Chwaraeon** **4.45 LIVE Sgorio** **7.30 Gwaith/Cartref** (AD) **8.00 NEW** *Cân i Gymru* **10.20 Jonathan** **11.20-11.55pm Dim Byd**

TV&Satellite
 More channels than any other TV magazine

BBC4

SKY 116 HD 116/211 VIRGIN 107 HD 164 FVIEW 9 FSAT 148 HD 106 HD 107

- 7.00pm Human Planet**
 1/8. A look at mankind's ability to survive in extreme environments. (HD)(AD)
8.00 Survivors: Nature's Indestructible Creatures
 1/3. A look at the survival of some of Earth's most durable species, and examining a series of cataclysms that took place 250 million years ago. (HD)
9.00 Trapped NEW EPISODES 7/10. Improved weather gives the investigation team from Reykjavik a chance to reach the town, and the police appear to make real headway with the case. (HD)
9.50 8/10. The police investigators board the ferry, and it becomes clear one of the crew members is hiding something. Subtitled. (HD)
10.45 Doris Day: Virgin Territory Profile of the American singer, actress and animal rights activist, with contributions by James Garner and Richard Carpenter.
11.45 Sings Musicals **12.45am Sound of Cinema: The Music That Made the Movies** (HD)(AD)
1.45 Top of the Pops: 1981
2.45-3.45am Doris Day: Virgin Territory: As 10.45pm.

ITV2

SKY 118 HD 118/225 VIRGIN 115 HD 176 FVIEW 6 FSAT 113

- 6.00am Blue: The Hot Desk** (HD)
6.10 Emmerdale (SL)(HD)(AD)
8.45 Coronation Street (HD)
11.15 Ant & Dec's Saturday Night Takeaway (HD) **12.45pm The Almost Impossible Gameshow** (HD)
1.45 Catchphrase (HD)
2.25 Scorpion (HD)(AD) **3.20 FILM** Beethoven's 2nd: Comedy sequel starring Charles Grodin and Bonnie Hunt. (HD)(AD) (1993, U, 89min) ★★ **5.10 FILM** Despicable Me 2: Animated comedy sequel featuring the voices of Steve Carell and Kristen Wiig. (HD) (2013, U, 97min) ★★★
7.10 FILM Hulk Sci-fi fantasy based on the Marvel Comics character, starring Eric Bana, Jennifer Connelly and Nick Nolte. A scientist survives exposure to deadly gamma rays, but when he becomes angry, he is transformed into a huge, rampaging creature. With Sam Elliott. (HD)(AD) (2003, 12, 138min) ★★
10.00 Take Me Out – The Gossip SERIES FINALE 10/10. A companion programme to the ITV dating show, going behind the scenes to reveal the latest goings-on. (HD)
11.00 Family Guy: Double bill. (HD)(AD) **11.55 American Dad!** (AD) **12.50am The Keith Lemon Sketch Show** (HD)
1.20 Ibiza Weekender (HD)
2.10-3.00am Beowulf: Return to the Shieldlands (HD)(AD)

+1 hour SKY 180 VIRGIN 116 FVIEW 27 FSAT 114

MORE4

SKY 138 HD 138/231 VIRGIN 147 HD 203 FVIEW 14 FSAT 124

- 8.55am Kirstie's Vintage Gems** (HD) **9.20 Time Team**
10.15am-12.55pm Come Dine with Me **12.55-3.40pm Four in a Bed** (HD) **3.40-6.55 Grand Designs** (HD)(AD)
6.55 Grand Designs Kevin McCloud revisits one of the programme's first projects, in which a couple tried to convert a water tower in Amersham, Buckinghamshire, into a seven-storey bedroom wing. (AD)
8.00 80 Years of the Spitfire: Guy Martin's Spitfire A project to rebuild a Spitfire shot down over France in 1940. (HD)(AD)
9.00 80 Years of the Spitfire: Battle of Britain: The Day the War Was Won Documentary examining the stories of those who were involved in the World War Two air battle. (HD)(AD)
10.45 24 Hours in A&E
 A 15-year-old boy is brought to A&E following a daredevil stunt. (HD)(AD)
11.45 Embarrassing Bodies
12.50am Guy Martin's Spitfire (HD) **2.30-3.40am Spin** (HD)

+1 hour SKY 139 VIRGIN 196 FVIEW 125

E4

SKY 136 HD 136/202 VIRGIN 144 HD 145 FVIEW 28 FSAT 122

- 6.00am Rude(ish) Tube** **6.50 How I Met Your Mother** (HD) (AD) **7.40 Rules of Engagement** (HD) **9.00 Baby Daddy** (HD) **10.00 Melissa & Joey** (HD)
11.00 How I Met Your Mother: Double bill. (HD)(AD)
12.00noon The Jump (HD)
1.00-3.00pm The Goldbergs: Back-to-back episodes. (HD) (AD) **3.00 Brooklyn Nine-Nine** (HD)(AD) **4.00-7.30 The Big Bang Theory**: Back-to-back episodes. (HD)(AD)
7.30-9.00 The Big Bang Theory 9/24. The group spends the holidays at Mrs Wolowitz's house. (HD)(AD)
8.00 10/24. Raj makes Howard and Bernadette feel inadequate. (HD)(AD)
8.30 12/24. Penny makes an important decision after Leonard tries to help her. (Series 7) (HD)(AD)
9.00 FILM The Inbetweeners Movie
 Spin-off from the TV comedy series, starring Simon Bird and James Buckley. Will, Jay, Neil and Simon make all the wrong moves on a lads' holiday to Crete. With Blake Harrison and Joe Thomas. (HD)(AD) (2011, 15, 97min) ★★★
11.00 Tattoo Fixers (HD)
12.00m't Gogglebox (HD)
2.10am Virtually Famous (HD)
2.50 Tattoo Fixers (HD) **3.45 How I Met Your Mother: Double bill.** (HD)(AD) **4.30-6.00am Revenge** (SL)(HD)(AD)

+1 hour SKY 137 VIRGIN 146 FVIEW 29 FSAT 123

7 PM

8 PM

9 PM

10 PM

Sky Living

SKY 107 HD 107/221 VIRGIN 112 HD 111

6.00-9.00am My Kitchen Rules New Zealand (HD)
9.00 UK Border Force (HD)
10.00am-12.00noon Nothing to Declare
12.00noon Border Security USA **1.00-4.00pm** CSI (Series 2) (HD) **4.00-6.00** Nothing to Declare: Back-to-back editions. (HD)
6.00pm Who'd Be a Billionaire: The people employed by billionaires to provide for their every whim. (HD)



7.00 Unforgettable

7.00 Unforgettable *Flesh and Blood*: 9/13. A trained killer who previously outsmarted Carrie returns. (Series 2) (HD)

8.00 Bones *Yanks in the UK - Part One & Two*: 1&2/26. Brennan and Booth visit the UK and find themselves involved in a murder case when the body of an American heiress is pulled from the Thames. (Series 4) (HD)

10.00 Criminal Minds *Strange Fruit*: 9/24. All the members of a family become murder suspects. (Series 9) (HD)

11.00 Criminal Minds (HD)
2.00am Grey's Anatomy (HD) **3.00** Elementary (Series 1) (HD) **4.00** Chicago Fire (HD) **5.00-6.00am** UK Border Force (HD)

+1 hour SKY 122 VIRGIN 140

Sky Atlantic

SKY 108 HD 108/222

6.00am The Guest Wing: Double bill. (Series 1) (HD) **8.00-11.00** House: Triple bill. (Series 6) (HD)
11.00am-4.00pm Blue Bloods: Back-to-back episodes. (Series 2&3) (HD)
4.00-7.00 Without a Trace: *Check Your Head*: 17/24. (HD) **5.00pm** *The Road Home*: 18/24. (HD) **5.00** *Expectations*: 19/24. An HIV-positive mother-to-be vanishes. (Series 4) (HD)



9.00 Game of Thrones

7.00 Without a Trace *More Than This*: 20/24. A wealthy young man disappears from an inner-city shelter. (Series 4) (HD)

8.00 Blue Bloods *Hold Ours*: 9/22. A homicide case ends in a hung jury. (Series 6) (HD)

9.00 Game of Thrones *The Climb*: 6/10. Robb weighs up a compromise to repair his alliance with House Frey, and Roose Bolton decides what to do with Jaime. (HD)

10.10 *The Bear and the Maiden Fair*: 7/10. Melisandre reveals a secret to Gendry. (Series 3) (HD)

11.25 Last Week Tonight with John Oliver (HD) **12.00m't** Girls (HD) **12.35am** The Sopranos (HD) **1.35** Bored to Death (HD) **4.15-6.00am** The Guest Wing (HD)

+1 hour SKY 170

GOLD

SKY 110 VIRGIN 126

7.00-9.00am Cheers: Back-to-back episodes. (Series 3)
8.50 Creature Comforts
9.00 Jeeves and Wooster
10.20 **FILM** Animal Crackers: Vintage Marx Brothers comedy. (1930, b/w, U, 98min) ★★★★★ **12.20pm** The Tommy Cooper Hour
1.15 Fawcett Towers **2.50-4.55** Open All Hours: Triple bill.
4.55 Creature Comforts
5.35 Open All Hours: Double bill of the series.



4.55 Creature Comforts

7.00 The Interviews Profile of comedian Les Dawson, who was famed for his deadpan, world-weary comedy style.

8.00 Legends of Stand-Up & Bernard Righton Celebrating the greatest-ever comedians.

9.00 Gimme Gimme Gimme Tom suddenly announces he is getting married.
9.40 Men Behaving Badly Gary ponders possible fatherhood.

10.20 Bottom Richie and Eddie hear of a fixed horse race.

11.00 Dylan Moran: Like, Totally **12.10am** League of Gentlemen **1.25** Not the Nine O'Clock News **2.00** Saxondale **2.30** The League of Gentlemen **3.30-4.00am** Not the Nine O'Clock News

+1 hour SKY 166 VIRGIN 127

Dave

SKY 111 HD 111/246 VIRGIN 128 HD 194 F'VIEW 12

7.10am Extreme Fishing with Robson Green **8.00** American Pickers (HD)
10.00 Top Gear (HD)
12.00noon-2.00pm Storage Hunters UK (HD) **2.00pm** American Pickers (HD)
4.00 Top Gear (HD)
5.00-7.00 Blackadder Goes Forth: Blackadder develops an interest in art. **5.40** Blackadder faces a firing squad. **6.20** Blackadder organises a stage show.



10.00 Taskmaster

7.00 Top Gear James May competes in a world rallycross race and Richard Hammond tests the Mazda MX-5. (HD)

8.00 Not Going Out Lucy is forced to look after her god-daughter. Guest stars Paul Kaye. (HD)

8.40 Lee persuades Lucy to spend a weekend on his dad's boat - despite her fear of water. (HD)

9.20 **QI** With Jeremy Clarkson, John Sessions, Alexander Armstrong and Alan Davies.

10.00 Taskmaster With Frank Skinner, Tim Key and Roisin Conaty. (HD)

11.00 Alan Davies: As Yet Untitled (HD) **12.00m't** Have I Got a Bit More News for You (HD) **1.00am** Russell Howard's Good News Extra (HD) **2.00** **QI** **2.35** Only Connect **3.35-4.00am** Dave's One Night Stand (HD)

+1 hour SKY 214 VIRGIN 129 F'VIEW 84

ITV3

SKY 119 HD 119/263 VIR 117 HD 177 F'VIEW 10 F'SAT 115

6.00am Movies Now (HD) **6.10** **FILM** Death Becomes Her: Black comedy fantasy. (HD) (1992, PG, 103min) ★★
7.55 Where the Heart Is **10.05** Sherlock Holmes: The Hound of the Baskervilles (HD)
12.25pm A Touch of Frost
2.30 Wycliffe (HD) **3.45** Jane Eyre: Drama starring Samantha Morton and Ciarán Hinds. (HD) **6.00** Midsomer Murders: A *Sacred Trust*: A nun is found strangled. (HD)



3.45 Jane Eyre

Midsomer Murders (started at 6.00pm)

8.00 Midsomer Murders *A Rare Bird*: The president of an ornithological society is found dead after an argument about a rare bird sighting. Guest stars Paul Nicholls and James Dreyfus. (HD)

10.00 A Touch of Frost *A Minority of One*: Faced with the death of a police informant on an estate riven with racial tension, Frost finds his patience pushed to the limit. (HD)

12.10am Blue Murder **1.40-2.05am** Doctor in the House

+1 hour SKY 193 VIRGIN 174 F'SAT 116

ITV4

SKY 120 HD 120/268 VIR 118 HD 178 F'VIEW 24 F'SAT 117

6.00am Ax Men: Double bill. (HD) **7.35** The Professionals
8.35 Bundesliga Football Highlights: Double bill. (HD)
10.35 The Sweeney **11.35** Pawn Stars: Double bill. (HD)
12.30pm **LIVE** Darts: UK Open: The opening session on day two at the Butlins Minehead Resort. (HD)
5.00 Storage Wars: Texas: Double bill of the series. (HD) **6.00** Pawn Stars: Double bill of the series. (HD)



11.00 The Hitcher

7.00 LIVE Darts: UK Open Jacqui Oatley presents further coverage of the second day at the Butlins Minehead Resort in Somerset, featuring the fifth-round matches, played over the best of 17 legs. With analysis from Chris Mason and Alan Warriner-Little, and commentary by Stuart Pyke and John Rawling. (HD)

11.00 **FILM** The Hitcher: Horror thriller remake starring Sean Bean and Sophia Bush. A young couple on a road trip pick up a hitchhiker who turns out to be a serial killer. (HD) (2007, 18, 83min) ★
12.40am Hell on Wheels (HD) **1.35** Minder **2.35-2.45am** Movies Now (HD)

+1 hour SKY 206 VIRGIN 175 F'SAT 155

Real Lives

SKY 172 VIRG 160

6.00am Inside Gatwick
8.00 SPCA Rescue **9.30** RSPCA Animal Rescue
10.00am-3.00pm Emergency Abroad
3.00-7.00pm Obese: A Year to Save My Life USA
7.00 Obese: A Year to Save My Life USA
8.00 Border Security USA Police suspect a girl found asleep in a car has been kidnapped.
9.00 Jerry Springer Studio debate.
10.00 Ladyboys The lives of beauty-queen transsexuals in Thailand.
11.00 Sexcetera **1.00am** Eurotrash: The Sexy Bits
2.00 Jerry Springer
2.50 When Vacations Attack **3.40** The Devil's Dinner Party **4.30** Sing Date **5.00-6.00am** Inside Gatwick

+1 hour SKY 173 VIRG 207

Sky2

SKY 129 VIRG 121

6.00am Star-Crossed
7.00 Got to Dance
10.00am-1.00pm Road Wars **1.00-5.00pm** Stargate SG-1 **5.00** Dog the Bounty Hunter
5.30 Got to Dance
7.20 Got to Dance The 2014 winner is revealed.
8.00 Forever Social *Engineering*: 17/22. Henry searches for the killer of a cyber-terrorist.
9.00 Stan Lee's Lucky Man 7/10. A man dies while fleeing for his life.
10.00 24: Live Another Day 700-8.00pm: 9/12. Jack and Chloe concoct a plan to eliminate the terrorist threat. (Series 9)
11.00 24: Live Another Day 12.00m't Brit Cops: Law & Disorder **1.00am** DC's Legends of Tomorrow
2.00 Brit Cops: Law & Disorder **3.00** Brit Cops: War on Crime **5.00-6.00am** The Real A&E

Pick

SKY 152 VIRG 123 F'VIEW T1 F'SAT 144

6.00-8.00am Nothing to Declare **8.00am-3.00pm** 60 Minute Makeover **3.00pm** Motorway Patrol **4.00-7.00** Border Security: Canada's Front Line
7.00 UK Border Force The team investigates sham weddings.
8.00 Border Security USA The work of American border-protection agencies.
9.00 Brit Cops: Law & Disorder The work of the City of London Police.
10.00 Road Wars Police chase a drink-driver.
11.00 The Force: Manchester **12.00m't** A Haunting **1.00am** Most Haunted **2.00** Police 10/7
3.00 Hawaii Five-0 **4.00** UK Border Force **5.00-6.00am** Motorway Patrol

+1 hour SKY 153 F'SAT 159

E!

SKY 151 HD 151/239 VIRG 156

7.00am Tia and Tamera
8.00 News **9.00** Giuliana and Bill **10.00** Fashion Police: The 2016 Academy Awards
11.00am-6.00pm Kourtney and Kim Take Miami **6.00pm** Botched
7.00 News The day's entertainment news.
8.00 Total Divas Brie drives her sister away.
9.00 Keeping Up with the Kardashians As she prepares to give birth, Kim learns that her house construction has been delayed further.
10.00 Fashion Police The 2016 American Music Awards ceremony.
11.00 News **12.00m't** Keeping Up with the Kardashians **1.30am** Teleshopping **2.30** News **4.30-5.00am** Celebrity Style Story

+1 hour SKY 229

Alibi

SKY 132 HD 132/247 VIRG 130 HD 200

7.10am Murdoch Mysteries (HD) **9.00** Covert Affairs (HD) **10.00** Lie to Me (Series 2) (HD) **11.00** New Tricks (HD)
12.00noon Dalziel & Pascoe **2.00pm** Judge John Deed **4.00** Dalziel & Pascoe **6.00** Judge John Deed (Series 3)
8.00 Jonathan Creek *The Tailor's Dummy*: Jonathan investigates an alleged metamorphosis.
9.20 Father Brown *The Mayor and the Magician*: The mayor dies suddenly at a local fete. (HD)
10.20 New Tricks *Part of a Whole*: The team tries to unmask an assassin. (HD)
11.20 Rebus **12.50am** Dalziel & Pascoe **3.10-4.00am** Murdoch Mysteries (HD)

+1 hour SKY 226 VIRG 131

ITV Be

SKY 179 VIR 119 HD 179 F'VIEW 26 F'SAT 118

9.00am Newlyweds: The First Year (HD) **10.00** The Bachelorette (HD)
12.00noon Don't Be Tardy for the Wedding: Double bill. (HD)
12.55pm The Only Way Is Essex: Double bill. (HD)
2.45 Be Beautiful **NEW EDITION** (HD)
3.00-9.00 Dinner Date: Back-to-back editions of the dating show. (HD)
9.00 Marriage Boot Camp: Reality Stars **NEW EDITION** Chaos ensues when the stars are asked to divulge their sexual desires. (HD)
10.00 Mob Wives: Ramona tells Karen about her secret engagement.
11.00 Candidly Nicole: Double bill. **12.00m't-12.55am** Bridezillas: A stripper shocks blushing bride Tasha. (HD)

+1 hour SKY 207 VIRG 120 F'SAT 158

ITV Encore

SKY 123 HD 123/269

6.00am The Encore Hour
9.00 Heartbeat **11.50** The Ruth Rendell Mysteries **12.45pm** Upstairs, Downstairs
1.45 Always and Everyone **2.35** Micawber **3.35** Outside Edge **4.40** Agatha Christie's Poirot: Double bill. (HD)
6.55 Agatha Christie's *Poirot Peril at End House - Part Two*: A secret is revealed. (HD)
8.00 Vera *Castles in the Air*: A physiotherapist is murdered at a luxury country retreat. (HD)
10.00 *Prodigal Son*: A former policeman is stabbed to death. (HD)
12.00m't Midwinter of the Spirit (HD) **1.00am** Home Fires (HD) **2.05** The Americans: Double bill. (HD) **4.00-6.00am** The Encore Hour

+1 hour SKY 208

Comedy Central

SKY 112 **VIRGIN 132**
HD 112/205 **HD 181**

8.00am The Middle (HD)
8.35 Mike & Molly (HD)
9.00 Undateable **9.30-11.00** Friends (HD) **11.00** Impractical Jokers (HD)
12.00noon Bob's Burgers **1.00-3.00pm** Malcolm in the Middle (HD) **3.00-6.00** Friends (Series 5&6) (HD)
6.00 Lip Sync Battle: Justin Bieber takes on Deion Sanders. (HD) **6.30** Actor Dwayne Johnson takes on comedian Jimmy Fallon. (HD)



4.30 Friends

7.00-9.00 Impractical Jokers Hidden camera practical joke show (HD)
7.30 Hidden camera show following the antics of the Tenderloins. (HD)
8.00 The pranksters pretend to be Times Square tour guides. (HD)
8.30 The guys are challenged to sell anti-ageing products. (HD)

9.00 Michael McIntyre's Showtime Stand-up show at the O2 in London from 2012. (HD)

10.00 The Roast of Donald Trump (HD)

11.30 Lip Sync Battle (HD)
12.30am Drunk History (HD) **1.00** Impractical Jokers (HD) **2.00** Bob's Burgers **3.00** Inside Amy Schumer (HD) **3.25** Two and a Half Men (HD) **4.10-5.00am** Two and a Half Men (HD)

+1 hour **SKY 127** **VIRGIN 133**

Syfy

SKY 114 **VIRGIN 135**
HD 114/201 **HD 165**

6.00am FILM Mega Shark vs Mecha Shark: Fantasy thriller. (HD) (2014, 15, 85min) ★★
8.00 Teleshopping
11.00 The Captains Close Up (HD) **11.30** FILM Age of Ice (HD) (2014, PG, 85min) ★
1.20pm FILM 10,000 Days (HD) (2014, PG, 87min) ★
3.30 FILM Crystal Skulls: Fantasy. (HD) (2014, PG, 88min) ★ **5.20** FILM 100 Degrees Below Zero: Thriller. (HD) (2013, PG, 89min) ★



7.10 Under the Mountain

7.10 FILM Under the Mountain Fantasy adventure starring Sam Neill. Teenage twins with telepathic powers set out to save the world from an evil alien race. With Tom Cameron. (HD) (2009, 12, 90min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 FILM Pitch Black Chiller starring Vin Diesel. A space transport ship crash-lands on a planet populated by voracious monsters that can only come out at night. (HD) (1999, 15, 108min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 FILM Death Race 2: Futuristic action thriller. (HD) (2010, 18, 96min) ★★
1.10am FILM Absolute Fear (2012, 12, 91min) ★★ **3.10** Legend Quest (HD) **4.10-6.00am** FILM Poseidon Rex (HD) (2013, 15, 81min) ★★

+1 hour **SKY 194** **VIRGIN 136**

W

SKY 109 **VIRGIN 124**
HD 109/245 **HD 191**

6.10am Walking with Dinosaurs **7.00** Who Do You Think You Are? USA (HD) **9.00am-2.00pm** The Bill
2.00pm EastEnders (HD) **4.30** EastEnders: The Greatest Cliffhangers **5.30** Doctor Who Explained (HD)
6.30 Doctor Who: The Companions: A celebration of the various sidekicks who have assisted the Time Lord in his five decades of adventures. (HD)



8.00 Doctor Who

7.30 Doctor Who: The Doctors Revisited A look at the beginning of the sci-fi series. (HD)

8.00 Doctor Who: A Town Called Mercy: 3/13. The Time Lord faces a cyborg gunslinger in a Wild West town. (Series 7) (HD)

9.00 FILM Mallrats Comedy starring Jeremy London and Jason Lee as teenage slackers trying to win back their girlfriends at the local mall. With Shannen Doherty and Claire Forlani. (HD) (1995, 18, 97min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 The Musketeers (HD)
12.15-3.00am Doctor Who: Double bill. (HD)

+1 hour **SKY 213** **VIRGIN 125**

Universal

SKY 113 **VIRGIN 137**
HD 113/204

6.00am Rescue Special Ops (HD) **7.00** Teleshopping
8.00 Rescue Special Ops: Double bill. (Series 3) (HD)
10.00am-2.00pm Major Crimes: Back-to-back episodes. (HD) **2.00-6.00** Law & Order: Back-to-back episodes. (HD)
6.00 Law & Order: Los Angeles: Zuma Canyon: 9/22. A teenager's birthday celebrations end in a massacre. (Series 1) (HD)



7.00 Rescue Special Ops

7.00 Rescue Special Ops Ferry Disaster: 5/13. A skipper vanishes after being involved in a crash. (Series 1) (HD)

8.00 NCIS: Light Sleeper: 14/24. The wives of two Marines are murdered, and evidence suggests the case may involve professional killers. (HD)

9.00 Head Case: 15/24. The team raids an illegal motor business run by US Navy officers and find a Marine's severed head in a car. (Series 3) (HD)

10.00 Law & Order: Special Victims Unit Savant: 4/19. The detectives investigate an attempted murder. (Series 9) (HD)

11.00 Law & Order: Special Victims Unit (HD) **2.00am** Law & Order (HD) **4.00-6.00am** Boston Legal (HD)

+1 hour **SKY 150** **VIRGIN 138**

FOX

SKY 124 **VIRGIN 157**
HD 124/188 **HD 199**

8.00am-3.00pm NCIS: Back-to-back episodes, including at: **2.00pm** Day in Court: 9/24. A petty officer tries to prove he did not murder his former girlfriend. (Series 13) (HD)
3.00-7.00 The Mentalist: Back-to-back episodes, including at: **6.00** Bloodstream: 17/24. Hospital staff members are accused of malpractice after a doctor is killed. (Series 3) (HD)



6.00 The Mentalist

7.00 The Mentalist The Red Mile: 18/24. A man who believed he was abducted by aliens is murdered. (Series 3) (HD)

8.00 Marvel's Agent Carter Life of the Party: 6/10. Peggy seeks help from an unlikely ally. (Series 2) (HD)

9.00 American Dad! Steve is recruited by the NSA. (HD)
9.30 Family Guy Brian passes on herpes to Stewie. (HD)

10.00 American Dad! Hayley becomes a bartender. (HD)
10.30 Family Guy Peter attends fat camp. (HD)

11.00 American Dad! (HD)
11.30 Family Guy (HD)
2.00 American Dad! (HD)
3.00 Family Guy **4.00-5.00am** American Dad! (HD)

+1 hour **SKY 165** **VIRGIN 158**

Sky Arts

SKY 121 **VIRGIN 122**
HD 121/223 **HD 206**

6.00am Highlights **8.00** Beethoven: The Complete String Quartets (HD) **9.30** Live from Wigmore Hall (HD) **10.15** Classical Destinations (HD)
10.30 Quincy Jones: Live in '60 **12.15pm** Truth: Special (HD) **12.30** Johnny Cash: Song by Song (HD) **3.30** Tim Marlow: Art's Greatest Failures (HD)
4.30 Discovering: The Clash (HD) **5.00** Discovering: Iggy Pop (HD) **5.30** Masters of the Guitar (HD) **6.30** Slash: Made in Stoke (HD)



9.00 The Who Live at...

Slash: Made in Stoke (started at 6.30pm)

9.00 NEW The Who Live at Shea Stadium A performance from 1982 by the rock band at the venue in New York City, performing hits including Pinball Wizard, Won't Get Fooled Again and My Generation. (HD)

12.00m't FILM Lost in La Mancha: Documentary. (2002, 15, 93min) ★★ **1.45am** Truth: Special (HD) **2.00** Sky Arts Sessions (HD) **3.00** Drew: The Man Behind the Poster (HD) **4.55** RTS Short: Vice Versa - Creation (HD)
5.00-6.00am Hollywood's Best Film Directors (HD)

7 PM

8 PM

9 PM

10 PM

CBS Action

SKY 148 **VIRG 192** **F'VIEW 64** **F'SAT 137**

8.30am The Key of David **9.00am-2.00pm** Star Trek **2.00pm** The High Chaparral **4.00** Dr Quinn: Medicine Woman **6.00** Gunsmoke
7.00 Gunsmoke The Innocent: 10/26. An Eastern missionary teacher hires Festus as a guide. (Series 15)
8.00 SOF: Special Ops Force Top Event: 20/20. A terrorist group sprays deadly sarin gas on a number of migrant farm workers. (Series 1)
9.00 Bad Girls 9/18. Part one of two. Phyl and Bev manage to escape. **10.00** 10/18. Part two of two. (Series 7)
11.00pm-1.40am Bad Girls: Triple bill. **1.40am** FILM September Gun: Western. (1983, PG, 110min) ★★ **3.30-6.00am** SOF: Special Ops Force (Series 1&2)

CBS Drama

SKY 149 **VIRG 197** **F'VIEW 74** **F'SAT 134**

7.30am Tomorrow's World **9.00** Father Dowling Mysteries **11.00** Judging Amy **2.00pm** FILM Candles on Bay Street: Romantic drama starring Alicia Silverstone. (2006, PG, 94min) ★★
4.00-7.00 Judge Judy **7.00-9.00** Judge Judy Back-to-back editions of real-life small-claims cases presided over by former New York judge Judy Sheindlin.
9.00 Unsolved Mysteries A racially motivated attack and a writer who investigated a suspicious death and then disappeared. **10.00** The supposed curse placed on the Hemingway family, and a separated family who used to live on a bus hope to be reunited.
11.00pm-3.50am Cheaters **3.50-5.00am** Judge Judy

4Seven

SKY 140 **VIRG 195** **F'VIEW 110/47** **F'SAT 127**

9.00am-2.00pm A New Life in the Sun: Back-to-back editions of the series. (HD) **2.00pm** Food Unwrapped (HD)
2.30-5.30 A Place in the Sun: Winter Sun: Triple bill of editions. (HD)
5.30 Location, Location, Location (HD) **6.35-9.00** Come Dine with Me: Back-to-back editions. (HD) **9.00** 8 Out of 10 Cats Does Countdown: Jimmy Carr hosts the words and numbers game. (HD) **10.00** The Last Leg: Comic review of the past seven days. (HD)
11.00 Alan Carr: Chatty Man (HD) **12.05am** Secrets of the Sauna (HD) **1.05** Royal Navy School (HD) **2.05** Born to Be Different (HD) **3.00** Great Canal Journeys (HD) **3.55-4.55am** Jamie and Jimmy's Friday Night Feast (HD)

5USA

SKY 174 **VIRG 153** **F'VIEW 21** **F'SAT 129**

9.00am Rookie Blue **10.00** Longmire **12.00noon** Access **12.05pm** Columbo
2.05 FILM Seduced by Lies: Thriller. (2010, PG, 87min) ★ **4.00** NCIS: New Orleans **5.55** Access **6.00** NCIS: New Orleans
7.00-10.55 NCIS: New Orleans Chasing Ghosts: 10/24. The team reopens a 40-year-old case. **8.00** Stolen Valor: 11/24. The team tracks down a missing officer. **9.00** Baitfish: 12/24. Pride is the target of a bomb attack. (HD) **10.00** 13/24. Two students are killed on a research boat. (Series 1)
10.55 NCIS: New Orleans **11.50** Chicago Fire **12.50am** CSI (Series 8) **1.50** CSI: Miami **2.50** Chicago PD **3.35-4.05am** My Name Is Earl

SKY 219 **VIRG 154** **F'VIEW 83** **F'SAT 130**

5STAR

SKY 176 **VIRG 151** **F'VIEW 30** **F'SAT 131**

9.00am Access **9.10** Scrubs **9.40** 8 Simple Rules **10.35am-2.20pm** Dance Moms: Back-to-back editions. **2.20pm** FILM Big Momma's House: Comedy. (2000, 12, 98min) ★★
4.15 FILM Arthur and the Invisibles: Fantasy. (2006, U, 94min) ★★ **6.05** FILM Cheaper by the Dozen 2: Comedy. (2006, PG, 94min) ★★
8.00 The Shannara Chronicles Chosen - Part Two: 2/10.
9.00 The X Files Home Again: 4/6. (Series 10)
10.00 Heroes Reborn **10.55** FILM Shrooms Irish horror with Lindsey Haun. (2006, 18, 80min) ★
12.45am The Family Slayer: Killing Spree **1.50** Teen Wolf **2.45** Ridiculousness **3.55-4.00am** Access

+1 hour **SKY 190** **F'SAT 132**

True Ent

SKY 184 **VIRG 189** **F'VIEW 61** **F'SAT 142**

6.00am Son of the Morning Star: 1/2. **8.00** Little House on the Prairie: Back-to-back episodes of the series. **1.00pm** Danielle Steel's Message from Nam: Romantic drama starring Jenny Robertson.
5.00 Danielle Steel's The Ring: 1&2/2. Drama with Nastassja Kinski. A German woman flees the tyranny of the Nazis and attempts to start a new life in America with her army officer husband.
9.00 The Cry 1/2. Psychological thriller starring Sarah Lancashire. A bereaved mother becomes obsessed with another woman's baby.
11.00 FILM Victim of Beauty: Suspense thriller. (1991, 15, 95min) ★★
1.00-3.00am FILM Love Is Strange: Drama. (1998, PG, 88min) ★★

Drama

SKY 158 **VIRG 190** **F'VIEW 20** **F'SAT 162**

7.05am Birds of a Feather **7.35** Cadfael **9.05** Campion **11.15** FILM Imitation of Life: Douglas Sirk melodrama. (1959, 12, 124min) ★★
1.45pm Sharpe **4.00** FILM Magnificent Obsession: Glossy Hollywood drama. (1954, U, 108min) ★★
6.15 Keeping Up Appearances
7.00 Inspector Alleyn Mysteries Hand in Glove: 1/3. A body is discovered in a drainage ditch. Guest stars John Gielgud. (Series 2)
9.00 Spooks Legitimate Targets: 1/10. The team stumbles on a revenge campaign. (Series 2)
10.20 Waking the Dead Deathwatch: The team hears a deathbed confession from a one-time gangster.
12.45am Ripper Street **2.05-4.00am** Sharpe

AMC

SKY 192
HD 192/276

Programmes start at 7pm.

7.00pm FILM All of Me Fantasy comedy starring Steve Martin and Lily Tomlin. A jazz-playing lawyer finds himself sharing his body with the soul of a millionaire who has just died. (1984, 15, 93min) ★★★★★

9.00 FILM Marvin's Room Comedy drama starring Meryl Streep, Leonardo DiCaprio, Diane Keaton and Robert De Niro. Two estranged sisters are reunited after one of them is diagnosed with leukaemia. (1996, 12, 98min) ★★★

11.00 Cleaners 12.00m't FILM The Son of No One: Thriller. (2011, 15, 89min) ★★ **1.50am FILM** Closer: Drama. (2004, 15, 104min) ★★★★★ **3.55** Hollywood's Best Film Directors **4.30-5.30am** Cleaners

CBS Reality

SKY 146 **VIRGIN 148** **F'VIEW 66** **F'SAT 135**

8.30am Roots and Reflections **9.00am** The Super: Double bill. **10.00am-3.00pm** Judge Judy: Back-to-back editions of real-life small-claims cases.

3.00pm Unsolved Mysteries: Double bill of the series. **5.00** Caught on Camera: Double bill featuring amateur footage of extreme situations.

7.00 48 Hours

8.00 48 Hours: Mystery Investigating real-life crimes and mysteries.

9.00 Women on Death Row 4 The lives of three women on Death Row, each of whom was convicted of murder.

11.00 Death Row Dates: A woman engaged to a killer. **12.00m't** The Investigators

1.00am Women on Death Row **4** **3.00** Teleshopping **4.00** The Super **4.25** Dog and Beth: On the Hunt **5.10-6.00am** Heir Hunters

SKY 147 **VIRG 201** **F'VIEW 67** **F'SAT 136**

Challenge

SKY 145 **VIRGIN 139** **F'VIEW 46** **F'SAT 145**

6.00-8.00am Blockbusters: Back-to-back editions of the quiz. **8.00** Robot Wars **9.00** TNA Xplosion 2016 **10.00** Videogame Nation **NEW EDITION 10.30** Fun House **11.00** Robot Wars

12.00noon-2.30pm Dale's Supermarket Sweep: Back-to-back editions. **2.30-5.00pm** Strike It Rich: Back-to-back editions.

5.00-7.00 Bruce's Price Is Right: Back-to-back editions.

7.00 Bruce's Price Is Right **7.30** Ninja Warrior: Leading athletes and wrestlers compete against amateurs.

8.00 The Chase Double bill.

10.00 TNA Presents: One Night Only Jokers Wild A special event featuring random tag teams battles.

1.30am Robot Wars **2.30** Deal or No Deal: Double bill. **4.00-6.00am** Golden Balls

+1 hour SKY 164 **VIRG 180** **F'SAT 146**

Comedy Central extra

SKY 128 **VIRGIN 182**

9.00-11.00am Malcolm in the Middle **11.00am-2.00pm** The Middle **2.00-7.00pm** Impractical Jokers

7.00 Cats Make You LOL Double bill of cat clips.

8.00-11.00 Friends

10/24. Monica buys an expensive pair of boots. **8.30** 12/24. Rachel and Joey hit the town.

9.00 16/24. Joey confesses his feelings to Rachel. **9.30** 19/24. Joey is interviewed by a TV magazine.

10.00 20/24. Rachel's mother plans to move in. **10.30** 21/24. A bad review upsets Monica. (Series 8)

11.00 Friends 12.00m't Bob's Burgers **1.00am** Workaholics **2.00** Andy Parsons – Gruntled Live **3.10** Jason Byrne's Special Eye Live **3.55** Threesome **4.20-6.00am** The King of Queens

+1 hour SKY 159

DMax

SKY 167 **VIRGIN 170**

6.00am Operation Repo **7.00** Custom My Ride **8.00** Misfit Garage **9.00** American Chopper **10.00am-1.00pm** Bear Grylls: Born Survivor: Triple bill of the series.

1.00pm Bear Grylls: Escape from Hell **2.00-7.00** Bear Grylls: Born Survivor: Back-to-back editions.

7.00 Bear Grylls: Escape from Hell Stories of people trapped in extraordinary situations of survival.

8.00 Bear Grylls: Born Survivor Double bill.

10.00 What Happened Next? The power of avalanches. **10.30** Factory fires.

11.00 Amish Mafia 12.00m't Operation Repo **1.00am** Misfit Garage **2.00** Custom My Ride **3.00** Operation Repo **3.50** American Hot Rod **4.40** American Chopper **5.30-6.00am** Mystery Hunters

+1 hour SKY 233 **VIRG 171**

Food Network

SKY 248 **VIRGIN 291** **F'VIEW 41** **F'SAT 149**

6.00-8.00am Barefoot Contessa – Back to Basics: Back-to-back editions. **8.00** Nigella Bites: Double bill.

9.00-11.00 The Pioneer Woman: Back-to-back editions. **11.00am-1.00pm** Jamie's Comfort Food: Back-to-back editions.

1.00pm Jamie's 15 Minute Meals **1.30** Amazing Wedding Cakes **2.30-7.00** Man v Food: Back-to-back editions.

7.00 Ching's Amazing Asia Double bill of the series.

8.00 Diners, Drive-Ins and Dives Double bill.

9.00 Restaurant: Impossible Saving Edible's Restaurant & Pub in Horsham, Pennsylvania. **10.00** Chef Robert Irvine tries to save Benner Street.

11.00 Restaurant: Impossible 12.00m't-3.00am Diners, Drive-Ins and Dives: Back-to-back editions.

+1 hour SKY 250 **F'SAT 151**

Good Food

SKY 133 **VIRG 278**
HD 133/255 **HD 280**

6.00am Rachel Allen's Everyday Kitchen: Double bill. (HD) **7.00-10.00** The Great British Bake Off: Triple bill. **10.00** MasterChef: The Professionals: Double bill. (HD)

12.00noon-3.00pm The View from River Cottage: Back-to-back editions of the series. **3.00-6.00pm** The Great British Bake Off: Triple bill. **6.00** The View from River Cottage: Double bill.

7.00-9.00 The View from River Cottage Back-to-back editions of the series.

9.00 The Great British Bake Off Double bill of the series.

11.00 The Great British Bake Off (HD) **12.00m't** The View from River Cottage: Double bill. **1.00am** MasterChef: The Professionals (HD)

2.00 Home Shopping **5.00-6.00am** MasterChef: The Professionals (HD)

+1 hour SKY 243 **VIRG 279**

Home

SKY 196 **VIRGIN 281** **F'VIEW 25**

7.00-10.00am Bargain Hunt **10.00** A Place in the Sun: Winter Sun **11.00** A Place in the Sun: Home or Away

1.00pm Homes Under the Hammer **1.30** Jamie's 30 Minute Meals **2.00** Homes Under the Hammer **4.00-7.00** Jamie's 30 Minute Meals: Multiple editions.

7.00 DIY SOS: The Big Build A West Sussex home wrecked by rogue builders.

8.00 A family home in Nottingham is transformed following a tragic event.

9.00 Escape to the Country Double bill of the series in which city-dwelling families, couples and individuals set out to find their ideal rural retreats.

11.00 Bargain Hunt: Double bill. **1.00am** A Place in the Sun: Winter Sun **2.00-4.00am** Bargain Hunt: Double bill.

+1 hour SKY 244 **VIRG 282**

Home & Health

SKY 240 **VIRGIN 284**

6.00-9.00am Hospital Sydney: Back-to-back editions. **9.00** MasterChef Australia: Double bill. **12.00noon** Country House Rescue **1.00-7.00pm** Homes Under the Hammer: Back-to-back editions.

7.00 Homes Under the Hammer Properties in Devon, Kent and Manchester.

8.00 Hoarding: Buried Alive Cockroaches invade the home of a psychologist.

9.00 A couple whose marriage is at breaking point.

10.00 Monsters Inside Me A biopsy of a woman's intestine reveals thousands of silent parasites living inside her, causing asthma attacks, weight loss and vomiting.

11.00 Monsters Inside Me: Double bill. **1.00am** Hoarding: Buried Alive: Double bill.

3.00-6.00am Hospital Sydney: Back-to-back editions.

+1 hour SKY 241 **VIRG 285**

Lifetime

SKY 156 **VIRG 208**
HD 156/236 **HD 209**

6.00am-2.00pm Judge Judy: Back-to-back editions. (HD) **2.00-7.00pm** The Real Housewives of Beverly Hills: Back-to-back editions. (HD)

7.00 Don't Tell the Bride Believer in extraterrestrials Liam is given £12,000 to plan his wedding. (HD)

8.00 Dance Moms Abby's legal woes cause her to kick the girls out of her studio. (HD)

9.00 I Killed My BFF The relationship between two friends is torn apart by a charismatic teenager. (HD)

10.00 FILM A Mother's Nightmare Thriller starring Annabeth Gish, Jessica Lowndes and Grant Gustin. (HD) (2012, 15, 85min) ★★

11.45pm-3.00am Hardcore Pawn: Back-to-back editions of the series. (HD)

3.00-6.00am Pawn Stars: Back-to-back editions. (HD)

+1 hour SKY 197

Quest

SKY 144 **VIRG 172** **F'VIEW 37**

6.00am Robson Green: Ultimate Catch **7.00** Down on the Farm **8.00** Flip That House **9.00** Challenge Tommy Walsh **10.00** Supertrucks **11.00** Outback Truckers

12.00noon Gold Rush **1.00pm** Wheeler Dealers **2.00** Chasing Classic Cars **3.00** Auction Hunters **4.00** Salvage Hunters **5.00** Wheeler Dealers **6.00** Gold Rush

7.00 Devonport: Inside The Royal Navy

8.00 Engine Addict with Jimmy de Ville

9.00 Forensic Justice NEW EDITION A case from 1986.

10.00 Extreme Forensics

11.00 Britain's Toughest Cops **12.00m't** On the Case with Paula Zahn **1.00am** Forensic Detectives **2.00** Challenge Tommy Walsh **3.00** Down on the Farm: Double bill.

4.00-6.00am Auto Trader

+1 hour SKY 195 **VIRG 173** **F'VIEW 38**

Really

SKY 155 **VIRGIN 283** **F'VIEW 17** **F'SAT 164**

6.00am Situation Critical **7.00** Home Shopping **8.00** Road Cops **9.00** Traffic Cops **11.00** Escape to the Country

12.00noon Celebrity Fantasy Homes **1.00pm** DIY SOS: The Big Build **3.00-6.00** Celebrity Fantasy Homes: Triple bill of the series. **6.00** Escape to the Country

7.00 Escape to the Country From Pembrokeshire.

8.00 A Place in the Sun: Home or Away Searching for homes in the UK and abroad.

9.00 Traffic Cops A cyclist discovers a man's body.

10.00 Rescue: Code One An emergency team tries to save a drowning man.

10.30 A baby who is struggling to breathe.

11.00 Embarrassing Bodies **12.00m't** I Should Have Died **1.00am** Cheaters **2.00** Home Shopping **4.00** Dr G: Medical Examiner **5.35-6.00am** Rescue: Code One

Shed

SKY 242 **VIRGIN 286**

6.00-10.00am Wet Nets: Back-to-back editions.

10.00am-2.00pm Thinking Tackle: Back-to-back editions.

2.00-6.00pm Total Fishing with Matt Hayes: Back-to-back editions. **6.00** Wet Nets

7.00-10.00 Wet Nets

Fishing for pike in Sweden.

7.30 Coarse and fly-fishing.

8.00 Matt Hayes and Mick Brown fish for barbel.

8.30 Matt and Mick fish for trout in south Wales.

9.00 Matt and Mick travel to Rutland and Cambridgeshire.

9.30 Fishing for chub.

10.00 Thinking Tackle Adam Penning and Simon Scott head to Yateley North Lake in Hampshire in search of large carp.

11.00pm-2.00am Thinking Tackle: Triple bill. **2.00-5.30am** Total Fishing with Matt Hayes: Back-to-back editions. **5.30-6.00am** Supermodels II: Globemaster

Sony Channel

SKY 157 **VIRGIN 193**

7.00am-8.30am Will & Grace: Triple bill. **8.30** Ghost Hunters International **9.30am-2.30pm** Ghost Hunters: Back-to-back editions.

2.30pm FILM Short Circuit 2: Sci-fi comedy sequel. (1988, PG, 110min) ★ **4.45 FILM** Roxanne: Steve Martin's sweet-natured romantic comedy. (1987, PG, 102min) ★★★★★ **7.00 FILM** Year One: Prehistoric comedy adventure starring Jack Black. (2009, 12, 97min) ★★

9.00 FILM Desperado: Action thriller starring Antonio Banderas and Salma Hayek. (1995, 18, 105min) ★★

11.05 FILM The Firm: Legal thriller based on the John Grisham bestseller. (1993, 15, 155min) ★★ **2.05am** My Haunted House **2.55** Ghost Hunters **3.50-4.00am** Sony Movie News Extra

+1 hour SKY 181

Spike

SKY 160 **F'VIEW 31** **F'SAT 141**

9.00am The Gadget Show **10.00 FILM** The Virginian: Western remake. (1946, PG, 90min) ★★ **12.00noon** FILM Badman's Territory: Western starring Randolph Scott. (1946, b/w, PG, 97min) ★★

2.00pm Car Crash TV (HD)

3.00-7.00 Police Interceptors: Back-to-back editions.

7.00 Police Interceptors Barry apprehends a fugitive who has been using a false identity.

8.00 Shops & Robbers: Caught on Camera Nick Wallis meets a seasoned CCTV operator in Stafford.

9.00 Furious & Funny: Caught on Camera

10.00 Spike Fight Night: Bellator 150 Marcos Galvao v Eduardo Dantas.

12.00m't Shops & Robbers: Caught on Camera **12.55am** The Championship: Football League Tonight **1.55** Goal Rush: Football League Tonight **2.30-3.00am** Cops

TLC

SKY 125 **VIRG 167**
HD 125/234 **HD 168**

6.00am-2.00pm Say Yes to the Dress: Back-to-back editions. (HD) **2.00-5.00pm** Say Yes to the Dress: Atlanta: Back-to-back editions. (HD) **5.00** Cake Boss (HD) **6.00** Say Yes to the Dress: Atlanta (HD)

7.00 90 Day Fiancé Mark asks Nikki to sign a pre-nuptial agreement. (HD)

8.00 Our Little Family The Hamills answer questions from viewers. (HD)

9.00 My 600lb Life A man relocates his family so he can have weight-loss surgery. (HD)

10.00 Sex Sent Me to the ER A mechanical bull gives its riders electric shocks. (HD)

11.00 Cake Boss (HD) **12.00m't** Our Little Family (HD) **1.00am** My 600lb Life (HD) **2.00** Sex Sent Me to the ER (HD)

3.00 Say Yes to the Dress (HD) **5.00-6.00am** Say Yes to the Dress: Atlanta (HD)

+1 hour SKY 154 **VIRG 169**

TruTV

SKY 198 **F'VIEW 68** **F'SAT 154**

6.00am-7.00pm Psychic Detectives: Back-to-back editions of the series which uncovers clues to unsolved crimes.

7.00pm Psychic Detectives: Double bill uncovering clues to unsolved crimes.

8.00 Paranormal Survivor Double bill of the series bringing to life the stories of people who have lived through paranormal experiences that defy explanation.

10.00 Haunting Evidence Double bill of the series in which a team of three paranormal investigators visit the sites of unsolved crimes in an attempt to find new clues.

11.00 Haunting Evidence: Double bill of the series. **12.00m't-1.50am** North Mission Road: Back-to-back editions of the series. **1.50-5.00am** Hot Bench: Back-to-back editions. **5.00-6.00am** Psychic Detectives

YourTV

SKY 275 **F'VIEW 72**

9.00am-12.00noon Murder She Solved: Triple bill.

12.00noon-2.00pm Corrupt Crimes: Back-to-back editions.

2.00-5.00pm Unusual Suspects: Triple bill. **5.00** Snapped: Women Who Kill

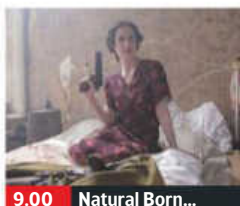
7.00-10.00 Snapped: Women Who Kill The story of Rennie Pratt, who shot her husband in 2009 and claimed she was simply trying to unload a gun.

8.00 Nicole Abusharif, who received a 50-year sentence for the murder of her lover.

9.00 A man whose death in 2007 was initially believed to be a

Discovery
SKY 520 **VIRGIN 250**
HD 520/561 **HD 251**

6.00am How It's Made: 7.00 Misfit Garage: Double bill. (HD)
9.00 Fast N' Loud: Double bill. (HD) **11.00** Wheeler Dealers: Double bill. (HD)
1.00pm Mythbusters: Double bill. (HD) **3.00** Great White: The Impossible Shot (HD)
4.00 Air Jaws: Fin of Fury (HD) **5.00** Sharkzilla (HD)
6.00 Alaskan Bush People: The Browns prepare for their first summer in the Alaskan wilderness. (HD)

**9.00** Natural Born...

7.00 Gold Rush Six men from Oregon put everything on the line and head to Alaska to dig for gold. (HD)

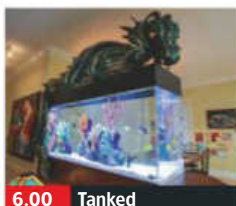
8.00 Alaska: The Last Frontier Atz Lee visits the forbidding Perl Island for a crash course in wilderness survival. (HD)

9.00 Natural Born Outlaws **NEW EDITION** A profile of the Depression-era robber duo Bonnie Parker and Clyde Barrow. (HD)

10.00 I Almost Got Away with It: A teenage drug baron in Florida goes on the run. **11.00** FBI Case Files: Double bill of the series.
1.00am Natural Born Outlaws: As 9.00pm. (HD) **2.00** I Almost Got Away with It: As 10.00pm. **3.00** FBI Case Files: Double bill of the series.
4.40-6.00am How It's Made: Triple bill of the series.

+1 hour **SKY 521** **VIRGIN 252**
Animal Planet
SKY 523 **VIRGIN 256**
HD 523/562 **HD 257**

6.00am Wildlife at the Zoo: Double bill of the series. (HD) **7.00** My Cat from Hell: Hell-iday Special (HD) **8.00** My Cat from Hell (HD)
9.00am-6.00pm Animal Cops Houston: Back-to-back editions, including at: **5.00pm** The SPCA responds to reports of an illegal cockfighting contest. (HD)
6.00 Tanked: Brett and Wayde build a dragon-guarded aquarium. (HD)

**6.00** Tanked

7.00 Tanked Drag queen Frank Marino asks the duo to create a bedroom aquarium, and the guys also build a pirate ship tank in Florida. (HD)

8.00 Treehouse Masters Pete Nelson explores ingenious treehouse designs, and also embarks on a treehouse engineering repair (HD)

9.00 Tanked Former Guns N' Roses guitarist DJ Ashba asks Brett and Wayde to build him a creepy skull-themed aquarium. (HD)

10.00 Finding Bigfoot New evidence takes the team to Alaska. (HD)

12.00m-t-4.40am Mountain Monsters: Back-to-back editions. (HD) **4.40am** K9 Cops (HD) **5.30-6.00am** The Diamond Collar (HD)

+1 hour **SKY 549** **VIRGIN 258**
Nat Geographic
SKY 526 **VIRGIN 266**
HD 526/543 **HD 268**

8.00am Exploring Malaysia with Jesse Martin (HD)
8.30 Exploring Malaysia with Nick Baker (HD) **9.00** Megafactories (HD) **10.00** Stonehenge Decoded (HD)
11.00 Shipwreck Graveyard (HD) **12.00noon** Cabin Fever (HD) **1.00pm** Highway Thru Hell (HD) **3.00** Car SOS (HD)
4.00 Supercar Megabuild (HD) **5.00** Air Crash Investigation (HD) **6.00** Light the Ocean: Life beneath the waves. (HD)

**9.00** Half Ton World

7.00 Bloody Tales of the Tower Executions carried out at the Tower of London, including the botched beheading of Charles II's son. (HD)

8.00 David Attenborough's Rise of Animals The naturalist explores the evolution of vertebrates. (HD)

9.00 Half Ton World A teenager has surgery to remove 85 per cent of his stomach. (HD)

10.00 Banged Up Abroad A jungle prison renowned for its brutality. (HD)

11.00 China From Above: Double bill. (HD) **1.00am** Airport Security: Colombia (HD) **2.00** Megafactories (HD) **3.00** Stonehenge Decoded (HD) **4.00-5.00am** Shipwreck Graveyard (HD)

+1 hour **SKY 527** **VIRGIN 267**
History
SKY 529 **VIRGIN 270**
HD 529/545

8.00-10.00am Storage Wars: Back-to-back editions. (HD)
10.00am-2.00pm Ice Road Truckers: Back-to-back editions of the series. (HD)
2.00pm American Pickers (HD) **3.00-6.00** Storage Wars: Back-to-back editions of the series. (HD)
6.00 Pawn Stars: The team examines a medallion owned by Liberace. (HD) **6.30** Rick gets the chance to buy a jetpack from the 1960s. (HD)

**8.00** Storage Wars

7.00 Pawn Stars A contract signed by The Beatles. (HD)
7.30 The team is offered a medieval mace and a set of cap guns. (HD)

8.00-11.00 Storage Wars Jarrod buys a unit that proves a nightmare. (HD)
8.30 Ivy knows exactly what he wants at an auction in Fontana. (HD)

9.00 Darrell tries to prove that treasure sometimes looks like trash. (HD)
9.30 Jarrod and Brandi bring in an expert to sniff out the best lockers. (HD)

10.00 Mary tries to turn a bad day around with a great locker. (HD)
10.30 The buyers hope for big things in Rancho Cucamonga. (HD)

11.00pm-5.00am Storage Wars: Further back-to-back editions of the series. (HD)

+1 hour **SKY 530** **VIRGIN 271**
Yesterday
SKY 537 **VIRGIN 245** **F'VIEW 19** **F'SAT 163**

6.05am Pagans and Pilgrims: Britain's Holiest Places **6.30** Antiques Roadshow **7.15** Diamond Decades **8.00** The Man Who Discovered Egypt
9.00 Tales of Irish Castles **10.00** The World's Weirdest Weapons **11.00** WWII: Countdown to Victory
12.00noon Annihilation: Double bill. **2.00pm** World War II: The Last Heroes: Double bill. **4.00-7.00** Human Planet: Triple bill.

**8.00** Dusty Springfield...

7.00 Classic Soul at the BBC Performances by acclaimed soul singers, including Aretha Franklin, Al Green, Isaac Hayes and Dusty Springfield.

8.00 Dusty Springfield at the BBC A tribute to the London-born pop diva, featuring archive footage of performances from 1961 to 1995.

9.00 Planet Earth David Attenborough looks at subterranean life, from cave angelfish in Thailand to bats in a chamber in Borneo.

10.00 A look at animals that survive on the world's highest peaks.

11.00 Classic Soul at the BBC **12.00m-t** Dusty Springfield at the BBC **1.00am** Disco at the BBC **2.00-3.00am** Fit to Rule: How Royal Illness Changed History

+1 hour **SKY 538** **VIRGIN 246**
Eden
SKY 532 **VIRGIN 247**
HD 532/563 **HD 249**

9.00am Among the Great Apes with Michelle Yeoh (HD)
10.00 Life in the Great Wetlands: Double bill. (HD)
12.00noon-3.00pm Monkeys Revealed: Triple bill of the series. (HD) **3.00pm** Among the Great Apes with Michelle Yeoh (HD)
4.00 Life in the Great Wetlands: Double bill. (HD) **6.00** Monkeys Revealed: Zoologist George McGavin explores the world of primates. (HD)

**10.00** Life in the Great...

7.00 Monkeys Revealed Zoologist George McGavin reveals how primates live together in close family and social groups. (HD)

8.00 Primates' capacity to use tools and solve problems, from macaques that floss their teeth to the bonobo that can order its own picnic. (HD)

9.00 Among the Great Apes with Michelle Yeoh The actress visits the Sepilok Orangutan Rehabilitation Centre in Malaysia. (HD)

10.00 Life in the Great Wetlands: Wildlife in wetlands. (HD)
11.00 Endangered species in the Sabah region of Malaysia. (HD) **12.00m-t-3.00am** Monkeys Revealed (HD)
3.00am Among the Great Apes with Michelle Yeoh (HD) **4.00** Life in the Great Wetlands (HD) **5.00-6.00am** How to Avoid Mistakes in Surgery: Life Death & Mistakes (HD)

+1 hour **SKY 533** **VIRGIN 248**
Disc. History
SKY 535 **VIRG 262**

6.00am Battlefield **8.00** Tanks **10.00** The Rise of the Nazi Party: Double bill. **12.00noon** Combat Countdown: Double bill.
2.00pm Time Team **3.00** Rory McGrath's Best of British Engineering **4.00** Tanks: Double bill. **6.00** The Rise of the Nazi Party
7.00 The Rise of the Nazi Party Hitler employs Joseph Goebbels.
8.00 Time Team Roman and Iron Age coins found in a Lincolnshire field.
9.00 Gunslingers 1/6. Docu-drama focusing on Butch Cassidy.
10.00 SAS Revealing the history of Britain's most secretive regiment.
11.00 The Rise of the Nazi Party: Double bill. **1.00am** Gunslingers **2.00** Tanks: Double bill. **4.00-6.00am** Combat Countdown

+1 hour **SKY 536** **VIRG 263**
Disc. Science
SKY 525 **VIRG 259**

6.00am Tech Toys 360 **7.00** Mythbusters **9.00** How Do They Do It?
10.00 Food Factory: Double bill. **11.00** How Stuff's Made: Double bill.
12.00noon-7.00pm How the Universe Works: Back-to-back editions.
7.00pm How Stuff's Made How an American football helmet is made.
7.30 A look at how a flat map becomes a globe.
8.00-10.00 Home Factory Back-to-back editions of the series.
10.00 Ghost Stalkers A possible portal at the Whispers Estate in Mitchell, Indiana.
11.00 Close Encounters: Double bill. **12.00m-t-5.30am** How the Universe Works: Back-to-back editions. **5.30-6.00am** Tech Toys 360

+1 hour **SKY 557** **VIRG 260**
Nat Geo Wild
SKY 528 **VIRGIN 264**
HD 528/544 **HD 265**

8.00am Wild Animal A&E (HD) **9.00** The Lady with 700 Cats (HD) **10.00** My Gorilla Family (HD) **11.00** The Woman Raised by Monkeys (HD) **12.00noon** Wild Yellowstone: She Wolf (HD) **1.00pm** Yukon Vet (HD) **2.00** Hyena Queen (HD)
3.00 Tiger Queen (HD) **4.00** Leopard Queen (HD) **5.00** Eagle: Queen of the Skies (HD) **6.00** Elephant Queen (HD)
7.00 The Woman Raised by Monkeys (HD)
9.00 The Lady with 700 Cats (HD)
10.00 Exotic Animal ER Treating a hedgehog. (HD)
11.00 Shear Madness (HD) **12.00m-t** Mother Croc (HD) **1.00am** Croc Caves of Africa (HD) **2.00** Wild Animal A&E (HD) **3.00** Mother Croc (HD)
4.00-5.00am Croc Caves of Africa (HD)

Turbo
SKY 524 **VIRG 261**

6.00am-7.00pm The Caravan Show: Back-to-back editions.
7.00-11.00pm The Caravan Show An introduction to Airstream caravans, and a review of leading sites in Devon and Denmark.
7.30 An investigation into the best value caravans for under £15,000.
8.00 Shopping for the best value caravans costing less than £1500, plus a review of sites in Bath and the Algarve.
8.30 The team examines luxury caravans.
9.00 Restoring a 1951 Berkeley Statesman.
9.30 The best buys for under £5000.
10.00 The Berkeley boys start building the walls.
10.30 Alex Riley and his family test caravan covers.
11.00pm-6.00am The Caravan Show: Further back-to-back editions.

PBS America
SKY 534 **VIRG 276** **FREESAT 160**

6.00am Geronimo and the Apache Resistance
7.00 Last Stand at Little Big Horn **8.15** Jesse James **9.20** Custer's Last Stand **11.45** Buffalo Bill **12.50pm** Annie Oakley
1.55 Geronimo and the Apache Resistance **3.10** Last Stand at Little Big Horn **4.20** Jesse James **5.30** Custer's Last Stand
7.50 Buffalo Bill The life of the plainsman-turned-international celebrity.
8.55 Annie Oakley The life of the sharpshooter.
10.00 Doctors of the Dark Side Psychologists and physicians allegedly behind torture techniques.
11.15 Geronimo and the Apache Resistance **12.30am** Last Stand at Little Big Horn **1.35** Jesse James **2.30** Doctors of the Dark Side **3.35** Custer's Last Stand **5.35-6.00am** Hell on Hooves

CI
SKY 553 **VIRG 275**
HD 553/555

6.00am Homicide Hunter (HD) **7.00-10.00am** Campus Nightmares: Triple bill. (HD) **10.00am-1.00pm** Ice Cold Killers: Triple bill. (HD) **1.00-4.00pm** A Town & Country Murder (HD)
4.00 Crimes That Shook Britain (HD) **5.00** Crimes That Shook Australia (HD) **6.00** Vanished with Beth Holloway (HD)
7.00 Homicide Hunter Double bill. (HD)
9.00 **NEW** Jack the Ripper Examining the crimes of Jack the Ripper. (HD)
10.00 Witness (HD)
11.00 Fred Dinenage: Murder Casebook (HD)
12.00m-t-3.00am Ice Cold Killers: Triple bill of the series. (HD) **3.00am** Campus Nightmares (HD) **5.00-6.00am** The Devil You Know (HD)

+1 hour **SKY 554**
H2
SKY 531 **VIRG 273**

8.00am-12.00noon Battle 360: Back-to-back editions of the series.
12.00noon-7.00pm Ancient Impossible: Back-to-back editions.
7.00pm Ancient Impossible Examining the great engineering feats of the ancient world, including the world's first robot.
8.00 Star Trek: Secrets of the Universe Delving into the science of the TV show, investigating the possibility of alien worlds, the physics of warp drive and building a real Starship Enterprise.
10.00 True Monsters The surprising truths behind history's most mythical cannibals and killers.
11.00pm-3.00am Ancient Aliens: Back-to-back editions of the series.
3.00-5.00am Star Trek: Secrets of the Universe

Sky Premiere

SKY 301 VIRGIN 401
HD 301/314 HD 431

6.00am Barely Lethal 8.00 Revenge of the Green Dragons 9.45 Ashby 11.45 Stretch As 10.15pm. **1.30pm Inside Out: Special 1.45 Barely Lethal** Action comedy with Hailee Steinfeld. (S) (2015, 12, 96min) ★★★
3.45 Terminator Genisys As 8.00pm. **6.00 Ashby** Comedy drama starring Mickey Rourke and Nat Wolff. A student strikes up a friendship with his neighbour, an ex-CIA assassin. (S) (2015, 15, 100min) ★★★



10.15 Stretch

8.00 Terminator Genisys Sci-fi adventure sequel starring Arnold Schwarzenegger and Emilia Clarke. A time traveller sent on a rescue mission discovers a plot to change history beyond recognition. (S) (2015, 12, 126min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 Stretch Comedy thriller starring Patrick Wilson, Chris Pine and Jessica Alba. (2014, 15, 91min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00m't Revenge of the Green Dragons Crime drama starring Ray Liotta. (S) (2014, 15, 94min) ★★
1.45am Unconscious Psychological horror starring Wes Bentley and Kate Bosworth. (S) (2015, 15, 90min) ★★

3.15 Revenge of the Green Dragons As 12.00m't. **5.00 Avengers: Age of Ultron Special 5.30-6.00am Fast & Furious 7 Special**

+1 hour SKY 302 VIRGIN 402
HD 302/330 HD 402

Sky Disney

SKY 305 VIRGIN 405
HD 305/332 HD 435

6.25am Planes: Fire & Rescue 7.55 Robin Hood 9.25 101 Dalmatians 11.15 Cinderella 1.10pm Planes: Fire & Rescue Animated adventure sequel. (S) (2014, U, 84min) ★★★
2.40 The Pacifier Comedy thriller. (S) (2005, PG, 95min) ★★★
4.20 101 Dalmatians Adventure. (S) (1996, U, 102min) ★★★★★ **6.10 Cinderella** Romantic fantasy starring Lily James and Richard Madden. (S) (2014, U, 107min) ★★★★★



6.10 Cinderella

8.00 Tomorrowland: A World Beyond Fantasy adventure starring George Clooney and Britt Robertson. A gifted teenage inventor discovers a mysterious futuristic world, and attempts to uncover its secrets. (2015, 12, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 The Black Cauldron Animated fantasy adventure with the voices of John Hurt, Grant Bardsley and John Byner. (S) (1985, U, 80min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 Herbie Rides Again Comedy adventure sequel to *The Love Bug*, starring Helen Hayes and Stefanie Powers. (S) (1974, U, 88min) ★★★★★

1.15am Tomorrowland: A World Beyond As shown at 8.00pm.

3.30 20,000 Leagues Under the Sea Adventure starring Kirk Douglas and James Mason. (S) (1954, U, 125min) ★★★★★

5.45-6.00am The Big Bad Wolf

Sky Family

SKY 306 VIRGIN 406
HD 306/333 HD 436

6.20am The Iron Giant 7.50 Escape from Planet Earth 9.20 The Mask 11.10 The SpongeBob Movie: Sponge Out of Water 12.50pm How to Train Your Dragon 2 As 8.00pm. **2.40 Toys** As 11.30pm.
4.50 Escape from Planet Earth Animated sci-fi comedy. (S) (2013, U, 86min) ★★★★★ **6.20 The SpongeBob Movie: Sponge Out of Water** Animated comedy adventure. (S) (2015, U, 93min) ★★★



6.20 The SpongeBob Movie...

8.00 How to Train Your Dragon 2 Animated adventure sequel with the voices of Jay Baruchel and Gerard Butler. Young Viking Hiccup tries to protect his homeland from a warlord raising an army of dragons. (S) (2014, PG, 100min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 The Mask Fantasy comedy starring Jim Carrey as a meek bank clerk who is transformed into a green-faced superhero when he puts on a bewitched mask. With Cameron Diaz. (S) (1994, PG, 101min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 Toys Comedy fantasy starring Robin Williams and Michael Gambon. (1992, PG, 121min) ★★★★★

1.35am Paulie Family comedy starring Gena Rowlands and Tony Shalhoub. (S) (1998, U, 92min) ★★

3.10 Stone of Destiny Heist comedy. (S) (2008, PG, 96min) ★★

4.50-6.20am The Iron Giant Animated family adventure. (1999, U, 86min) ★★★★★

Sky Action/Adventure

SKY 307 VIRGIN 407
HD 307/334 HD 437

6.00am Die Hard 8.15 Die Hard 2 10.30 Mad Max 2 12.15pm Mad Max: Fury Road As 8.00pm. **2.30 Mad Max** Cult action thriller starring Mel Gibson and Joanne Samuel. (S) (1979, 18, 93min) ★★★★★
4.15 Mad Max 2 Futuristic action thriller starring Mel Gibson. (S) (1981, 18, 95min) ★★★★★ **6.00 Mad Max Beyond Thunderdome** Futuristic action thriller starring Mel Gibson. (S) (1985, 15, 107min) ★★★



8.00 Mad Max: Fury Road

8.00 Mad Max: Fury Road Sci-fi thriller sequel starring Tom Hardy and Charlize Theron. A drifter in a post-apocalyptic wasteland helps a warrior to liberate a sadistic warlord's five brides. (S) (2015, 15, 120min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 Taken Action thriller with Liam Neeson. A divorced ex-spy draws upon his old skills when his daughter is abducted by a gang of sex traffickers. (S) (2008, 18, 93min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00m't Die Hard Action thriller with Bruce Willis and Alan Rickman. (S) (1988, 15, 131min) ★★★★★

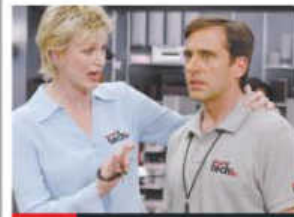
2.15am Die Hard 2 Action thriller sequel starring Bruce Willis. (S) (1990, 18, 118min) ★★

4.25-6.00am Rawhide Western with Tyrone Power and Susan Hayward. (1950, b/w, PG, 86min) ★★

Sky Comedy

SKY 308 VIRGIN 408
HD 308/335 HD 438

6.00am Almost Christmas 8.00 Doctor Dolittle 9.30 Dr Dolittle 2 11.00 License to Drive 12.35pm Unfinished Business As 8.00pm. **2.15 The Top Ten Show 2016 2.35 The 40 Year Old Virgin** As 9.45pm.
4.40 Johnny English Comedy starring Rowan Atkinson. (S) (2002, PG, 88min) ★★ **6.20 Austin Powers: The Spy Who Shagged Me** Spoof espionage thriller sequel with Mike Myers. (S) (1999, 12, 94min) ★★



9.45 The 40 Year Old Virgin

8.00 Unfinished Business Comedy, starring Vince Vaughn, Tom Wilkinson and Dave Franco. Three businessmen travel to Germany to seal a deal, but a series of events turn their trip into a disaster. (S) (2015, 15, 91min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 The 40 Year Old Virgin Comedy starring Steve Carell. The workers in an electrical shop set out to coach their 40-year-old colleague in the art of seduction. (S) (2005, 15, 116min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 South Park: Bigger, Longer & Uncut Animated comedy. (S) (1999, 15, 81min) ★★★★★

1.10am Deuce Bigalow: European Gigolo Raunchy comedy sequel. (S) (2005, 15, 83min) ★

2.35 Plastic Crime thriller starring Ed Speleers. (S) (2014, 15, 102min) ★★

4.20 Doctor Dolittle Comedy remake. (S) (1998, PG, 85min) ★★

5.55-7.30am Dr Dolittle 2 Comedy sequel. (S) (2001, PG, 87min) ★★

Sky Showcase

SKY 303 VIRGIN 403
HD 303/330 HD 433

6.00am Jingle All the Way 2 7.45 The Entitled 9.30 Jupiter Ascending 11.45 Annie 1.45pm Avengers: Age of Ultron Special 2.15 Focus As shown at 8.00pm.

4.15 Cake Drama starring Jennifer Aniston. (S) (2014, 15, 98min) ★★★★★ **6.00 Annie** Musical remake starring Quvenzhané Wallis. (S) (2014, PG, 115min) ★★★

8.00 Focus Comedy crime drama starring Will Smith and Margot Robbie. (S) (2015, 15, 105min) ★★

10.00 Jupiter Ascending Sci-fi adventure starring Mila Kunis and Channing Tatum. (S) (2015, 12, 122min) ★★

12.10am Project Almanac Sci-fi thriller starring Jonny Weston. (S) (2014, 12, 106min) ★★

2.05 As Above, So Below Horror starring Perdita Weeks. (S) (2014, 15, 93min) ★★

3.50 Let Us Prey Horror. (S) (2014, 18, 92min) ★★

5.30-7.15am Jingle All the Way 2 Comedy sequel. (S) (2014, U, 90min) ★

Sky Oscars

SKY 304 VIRGIN 404
HD 304/331 HD 434

6.45am Cocoon 8.50 Babe 10.30 Jerry Maguire 12.55pm American Sniper Biopic starring Bradley Cooper and Sienna Miller. (S) (2014, 15, 132min) ★★★★★

3.20 Lawrence of Arabia David Lean's epic biopic of the life of British soldier and adventurer TE Lawrence, starring Peter O'Toole. (S) (1962, PG, 221min) ★★★★★

7.00 Chicago Musical starring Renée Zellweger, Richard Gere and Catherine Zeta-Jones. (S) (2002, 12, 112min) ★★★★★

9.00 One Flew Over the Cuckoo's Nest Drama starring Jack Nicholson. A rebellious patient shakes up a psychiatric institution. (1975, 18, 134min) ★★★★★

11.15 The Untouchables Thriller starring Kevin Costner. (S) (1987, 15, 119min) ★★★★★

1.20am Thelma & Louise Controversial road movie. (S) (1991, 15, 130min) ★★★★★

3.35-6.00am Doctor Dolittle Musical starring Rex Harrison. (S) (1967, U, 144min) ★★

TCM

SKY 317 VIRGIN 415
HD 317/341 HD 416

6.15am Hollywood's Best Film Directors 6.55 Kung Fu Double bill. 9.00 One Spy Too Many 11.05 The Moonlighter 12.45pm The Secret Life of Walter Mitty 3.00 Son of a Gunfighter 4.50 Yellowstone Kelly Western. (1959, U, 92min) ★★ **6.35 The Key** World War Two drama with William Holden. (1958, b/w, 12, 134min) ★★

9.00 Exorcist II: The Heretic Horror sequel directed by John Boorman and starring Linda Blair and Richard Burton. (1977, 18, 113min) ★★

11.25 The Gypsy Moths Drama starring Burt Lancaster. Three small-time professional sky-divers find romance with a variety of women. (1969, 15, 110min) ★★

1.30am Hollywood's Best Film Directors

2.15-5.00 Conspiracy Theory with Jesse Ventura Triple bill.

5.00-6.05am Hollywood's Best Film Directors

+1 hour SKY 318 VIRGIN 417
HD 318/342 HD 417

more>movies

SKY 185 F'VIEW 32 F'SAT 143

(Called Movie Mix on Freeview)

9.00am Jack Hunter and the Lost Treasure of Ugarit 10.50 Jack Hunter: The Quest for Akhenaten's Tomb 12.45pm Sony Movie News 12.50 Jack Hunter: The Star of Heaven

2.45 Touching Wild Horses 4.40 RV: Runaway Vacation 6.40 Hope Floats Romance. (1998, PG, 113min) ★★

9.00 Black Dawn Action thriller starring Steven Seagal and Tamara Davies. A former CIA agent tries to stop a group of teenage Chechen terrorists from exploding a nuclear bomb in Los Angeles. (2005, 15, 91min) ★

11.10 A Good Man Action thriller, starring Steven Seagal. (2014, 15, 99min) ★★

1.15am The Prophecy II Horror sequel starring Christopher Walken. (1998, 18, 87min) ★

3.00 You Can't Win 'em All Adventure starring Tony Curtis. (1970, PG, 95min) ★★

5.05-6.00am Highway to Heaven (Series 1)

Horror

SKY 319 VIRGIN 149 F'VIEW 70 F'SAT 138

8.00am Border Patrol 9.50 Horror Highlights 10.00 The Lost World 12.00noon-3.00pm Hercules: The Legendary Journeys Triple bill. 3.00pm Behemoth

4.50 Ice Quake Sci-fi disaster drama starring Brendan Fehr. (2010, PG, 91min) ★★ **6.40 Snowmageddon** Disaster thriller starring Michael Hogan. (2011, 12, 110min) ★

8.30 The Twilight Zone Shelter Skelter: A man becomes convinced that a war is about to break out.

9.00 Cube 2: Hypercube Sci-fi thriller sequel starring Kari Matchett and Geraint Wyn Davies. (2002, 15, 90min) ★★

10.55 Grabbers Comedy sci-fi thriller starring Richard Coyle. (2012, 15, 93min) ★★

12.50am All the Boys Love Mandy Lane Teen thriller. (2006, 18, 90min) ★★

2.40 Dark Summer Horror thriller. (2015, 15, 81min) ★★

4.15-4.30am Horror Highlights

True Movies

SKY 321 VIRGIN 424 F'VIEW 82 F'SAT 302

7.00am The Disappearing Act 9.00 Freshman Father 11.00 A Question of Guilt 1.00pm 'Let Him Have It' Fact-based drama. (1991, 15, 118min) ★★★★★ **3.00 Sudden Fury** Drama about three adoptive brothers suspected of murder. (1993, 15, 89min) ★★ **5.00 Those She Left Behind** Drama. (1989, PG, 100min) ★

7.00 Sharing the Secret Melodrama starring Alison Lohman. A psychiatrist fails to notice that her high-achieving daughter has a problem – she is secretly bulimic. (2000, 12, 90min) ★★

9.00 Born Innocent Drama. (1974, 15, 97min) ★★

11.00 Roxanne: The Prize Pulitzer Fact-based drama. (1989, PG, 90min) ★★

1.00am The Waltons

3.00 Little House on the Prairie Double bill.

5.00-7.00am The Ann Jilian Story Biopic of US dancer-singer-actress Ann Jilian. (1987, PG, 96min) ★★

Sky Crime/Thriller

SKY 309 **VIRGIN 409**
HD 309/336 HD 439

6.15am The Air I Breathe 8.00 Cellular 9.40 Honour As 7.10pm.
11.30 Deception 1.45pm Assassin As 9.00pm. **3.10 Get Rich Or Die Tryin'** As shown at 10.30pm.
5.10 Crimson Tide Submarine thriller starring Denzel Washington and Gene Hackman. (S) (1995, 15, 116min) ★★★★★ **7.10 Honour** Thriller starring Aiysha Hart, Paddy Considine, Faraz Ayub and Shubham Saraf. (S) (2014, 15, 102min) ★★



9.00 Assassin

Honour
(film started at 7.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Assassin Crime thriller starring Danny Dyer. A hitman falls for the daughter of a man he killed, a situation that threatens to set off a gang war. With Gary and Martin Kemp. (S) (2014, 15, 78min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 Get Rich Or Die Tryin' Music drama starring Curtis '50 Cent' Jackson, inspired by the rapper's own rags-to-riches life. (S) (2005, 15, 117min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30am Crimson Tide As 5.10pm.

2.35 Face/Off Action thriller starring John Travolta and Nicolas Cage. (S) (1997, 18, 133min) ★★★★★

5.05-6.45am Point Last Seen Drama starring Linda Hamilton and Kevin Kilner. (S) (1998, PG, 87min) ★★

Sky Drama/Romance

SKY 310 **VIRGIN 410**
HD 310/337 HD 440

6.00am Heaven Is for Real 7.45 Truth: Special 8.05 Playing It Cool 9.45 Bridget Jones: The Edge of Reason 11.40 When Harry Met Sally... 1.25pm Coyote Ugly Music drama. (S) (2000, 12, 100min) ★★

3.15 Truth: Special 3.35 Valentine's Day Ensemble romantic comedy. (S) (2010, 12, 125min) ★★ **5.45 In Her Shoes** Bittersweet comedy drama starring Cameron Diaz and Toni Collette. (S) (2005, 12, 130min) ★★



5.45 In Her Shoes

8.00 Pride Fact-based drama starring Ben Schnetzer and Bill Nighy. A group of gay rights activists in 1980s Britain travels to Wales to lend their support to the striking miners. With Imelda Staunton, Dominic West and Paddy Considine. (S) (2014, 15, 117min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 Men, Women & Children Ensemble drama with Adam Sandler, Jennifer Garner, Judy Greer and Rosemarie DeWitt. (S) (2014, 15, 120min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10am In & Out Comedy with Kevin Kline. (S) (1997, 12, 91min) ★★

1.50 Mountain Men Comedy drama. (2014, 15, 86min) ★★

3.30 Pitch Perfect 2 Special

4.00 Staying Alive Dance drama sequel. (S) (1983, PG, 96min) ★

5.45-8.05am Sense and Sensibility Romantic period drama. (1995, U, 136min) ★★★★★

Sky Sci-Fi/Horror

SKY 311 **VIRGIN 411**
HD 311/339 HD 441

6.30am Close Encounters of the Third Kind 8.50 The Omen 10.50 Ghost Rider 12.50pm The League of Extraordinary Gentlemen As 9.00pm. **2.50 Close Encounters of the Third Kind** Sci-fi classic. (S) (1977, PG, 135min) ★★★★★

5.10 The Last Days on Mars Sci-fi horror with Liev Schreiber. (S) (2013, 15, 98min) ★★ **7.00 Ghost Rider** Comic book adventure with Nicolas Cage. (S) (2006, 12, 109min) ★★



7.00 Ghost Rider

Ghost Rider
(film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 The League of Extraordinary Gentlemen Fantasy adventure starring Sean Connery, Shane West, Stuart Townsend and Peta Wilson. In 1899, a group of remarkably gifted adventurers joins forces to defend civilisation against a sinister force. (S) (2003, 12, 110min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 28 Days Later Horror starring Cillian Murphy and Naomie Harris. (S) (2002, 18, 113min) ★★

1.10am 28 Weeks Later Horror thriller sequel to *28 Days Later*, starring Robert Carlyle and Rose Byrne. (S) (2007, 18, 99min) ★★

3.00 The Omen Occult horror remake. (S) (2006, 15, 110min) ★★

5.00 Mad Max: Fury Road Special

5.30-6.00am Terminator Genisys: The Future Reborn

Sky Select

SKY 312 **VIRGIN 412**
HD 312/340 HD 442

6.25am Best in Show 8.00 Night Moves 9.55 Strangers on a Train 11.45 Hondo 1.15pm Broadcast News Satirical comedy. (S) (1987, 15, 131min) ★★★★★ **3.30 Sunshine** Sci-fi thriller starring Cillian Murphy. (S) (2007, 15, 103min) ★★★★★

5.20 As Good As It Gets Comedy starring Jack Nicholson. (S) (1997, 15, 138min) ★★ **7.50 Sideways** Comedy drama with Paul Giamatti. (S) (2004, 15, 127min) ★★★★★



7.50 Sideways

Sideways
(film started at 7.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 RocknRolla Crime comedy thriller starring Gerard Butler and Tom Wilkinson. Two East End crooks trigger a feud between a London crime boss and a Russian mobster. (S) (2008, 15, 114min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00m't Boogie Nights Adult comedy drama with Mark Wahlberg. (S) (1997, 18, 156min) ★★★★★

2.40am Starred Up Prison drama starring Jack O'Connell and Rupert Friend. (S) (2013, 18, 103min) ★★★★★

4.30-6.25am Johnny Guitar Western starring Joan Crawford. (S) (1953, PG, 110min) ★★★★★

Film4

SKY 315 **VIRGIN 428** **F'VIEW 15** **F'SAT 300**
HD 315/342 HD 429

■ (HD) denotes HD on Sky or Virgin
■ Films start at 11.00am

11.00am Ice Age: Dawn of the Dinosaurs 1.00pm Leap Year Romantic comedy. (S) (2009, PG, 96min) ★ **3.05 True Grit** Oscar-winning Western adventure. (S) (1969, PG, 128min) ★★★★★

5.40 Avatar James Cameron's epic sci-fi fantasy adventure. (S) (2009, 12, 162min) ★★★★★



5.40 Avatar

Avatar
(film started at 5.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Les Misérables Epic musical based on the long-running stage show, starring Hugh Jackman, Russell Crowe and Anne Hathaway. In early-19th-century France, an ex-convict seeks redemption but is relentlessly pursued by a vengeful police inspector. (S) (2012, 12, 154min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05am Don't Be Afraid of the Dark Horror starring Katie Holmes, Guy Pearce and Bailee Madison. (S) (2010, 15, 99min) ★★

2.05-3.55am Deuce Bigalow: Male Gigolo Raunchy comedy. (S) (1999, 15, 88min) ★

+1 hour **SKY 316** **VIRGIN 430** **F'VIEW 45** **F'SAT 301**

Sony Movies

SKY 323

9.00am To Find My Son 10.55 Life Without Dick 12.45pm Mona Lisa Smile Drama starring Julia Roberts. (2003, 12, 119min) ★★

3.10 The Lost World Adventure starring John Rhys-Davies. (1992, PG, 95min) ★★ **5.15 Return to the Lost World** Adventure sequel starring John Rhys-Davies. (1992, PG, 90min) ★★

7.10 The Lazarus Project Supernatural thriller with Paul Walker and Piper Perabo. (2008, 12, 100min) ★★

9.00 The Apparition Horror thriller. (2012, 15, 83min) ★★

10.45 Starship Troopers 3: Marauder Sci-fi thriller sequel. (2008, 15, 105min) ★★

1.00am Decoys 2: Alien Seduction Sci-fi thriller sequel. (2007, 15, 90min) ★★

2.55 Anna Karenina Adaptation of Tolstoy's romantic tragedy. (1985, PG, 130min) ★★

5.50-6.00am Sony Movie News Extra Film news.

+1 hour **SKY 324**

Movies 24

SKY 327 **VIRGIN 419**

7.00am June in January 9.00 The Way Home 11.00 Win, Lose or Love 1.00pm The Reluctant Nanny Romantic drama starring Jessy Schram. (2014, PG, 70min) ★★

3.00 Perfect Match Comedy starring Danica McKellar. (2015, PG, 86min) ★★ **5.00 Garage Sale Mystery II: All That Glitters** Crime drama starring Lori Loughlin.

7.00 The Carpenter's Miracle Drama starring Cameron Mathison, Michelle Harrison and Ryan Grantham. (2013, PG, 87min) ★★

9.00 Heavenly Match Romantic drama with Samaira Armstrong and Brendan Penny. (2014, PG, 87min) ★★

11.00 Baby Bootcamp Romantic drama starring Dianne Ackles and Kavan Smith. (2014, PG, 90min) ★★

1.00am Just Desserts Romantic comedy drama. (2004, PG, 90min) ★★

3.00-5.00am Another Harvest Moon Drama starring Piper Laurie. (2010, PG, 90min) ★★

Movies4Men

SKY 325 **F'VIEW 48** **F'SAT 304**

6.00am Fighting Man of the Plains 7.55 Rachel and the Stranger 9.50 Madron 11.45 Ramrod 1.40pm The Cariboo Trail Western. (1950, U, 80min) ★★

3.25 The Sundowners Western starring Robert Preston. (1950, PG, 83min) ★★★★★ **5.15 Cavalry Charge** Western starring Ronald Reagan. (1951, U, 89min) ★★

7.05 The Virginian Western starring Trace Adkins, Ron Perlman and Victoria Pratt. (2014, 12, 90min) ★★

9.00 Day of Anger Western starring Lee Van Cleef, Giuliano Gemma and Walyer Rilla. (1967, 15, 95min) ★★

10.50 Brothers in Arms Revisionist Western with a hip-hop soundtrack, starring David Carradine. (2005, 15, 85min) ★

12.30am Captain Apache Western starring Lee Van Cleef. (1971, 12, 94min) ★★

2.20-4.00am Ballad of a Gunfighter Western. (1964, 12, 84min) ★★

FILMS SHOWN ON OTHER CHANNELS TONIGHT

EVENING (6-10pm)

6.05pm Cheaper by the Dozen 2 5STAR Comedy starring Steve Martin. ★★★★★

7.00pm All of Me AMC Fantasy comedy starring Steve Martin. ★★★★★

7.00pm Year One SonyTV Prehistoric adventure starring Jack Black. ★★

7.10pm Hulk ITV2 Sci-fi fantasy starring Eric Bana and Jennifer Connelly. (HD) ★★

7.10pm Under the Mountain Syfy Fantasy adventure starring Sam Neill. (HD) ★★

9.00pm The Bourne Legacy Channel 4 Spy thriller sequel starring Jeremy Renner and Rachel Weisz. (HD) ★★

9.00pm Marvin's Room AMC Comedy drama starring Meryl Streep. ★★

9.00pm The Inbetweeners Movie E4 Spin-off from the popular TV comedy series, starring Simon Bird (HD) ★★

9.00pm Desperado SonyTV Action thriller starring Antonio Banderas. ★★

9.00pm Pitch Black Syfy Sci-fi chiller starring Vin Diesel and Radha Mitchell. (HD) ★★

10pm TILL LATE

10.00pm Dom Hemingway BBC2 Crime comedy starring Jude Law. (HD) ★★

10.00pm A Mother's Nightmare Lifetime Thriller starring Annabeth Gish. (HD) ★★

10.55pm Shrooms 5STAR Irish horror starring Lindsey Haun and Jack Huston. ★

11.00pm The Hitcher ITV4 Horror thriller remake starring Sean Bean. (HD) ★

11.05pm The Firm SonyTV John Grisham legal thriller starring Tom Cruise. ★★

11.10pm Death Race 2 Syfy Action thriller sequel starring Luke Goss. (HD) ★★

11.20pm Never Say Never Again ITV James Bond adventure starring Sean Connery and Kim Basinger. (HD) ★★

11.40pm Seven Psychopaths Channel 4 Dark comedy thriller starring Colin Farrell and Sam Rockwell. (HD) ★★★★★

11.50pm The Recruit BBC1 (Scot: 12.50am) Spy thriller starring Al Pacino. (HD) ★★

12.00m't Scream 3 Sky1 Thriller sequel starring Neve Campbell. (HD) ★★

1.10am Absolute Fear Syfy Thriller starring Stephanie Lemelin and Matthew Alan. ★★

1.30am Lebanon BBC2 Israeli war drama starring Yoav Donat. Subtitled. (HD) ★★★★★

4.10am Poseidon Rex Syfy Thriller starring Brian Krause and Anne McDaniels. (HD) ★★

Sky Sports 1

SKY 402 **VIRGIN 512**
HD 402/409 **HD 502**

6.00am Game Changers (HD) **6.30** Sporting Triumphs (HD) **7.30** Barclays Premier League World (HD) **8.00** Game Changers (HD) **8.30** Nick Kicks (HD) **9.00** The Fantasy Football Club (HD) **10.00** Soccer AM (HD)

12.00noon LIVE FL72 Burnley v Blackburn Rovers: Coverage of the Championship encounter at Turf Moor. Kick-off is at 12.30. (HD)

2.45pm LIVE PRO12 Rugby Union Leinster v Ospreys: Coverage from the Royal Dublin Society. Kick-off is at 3.00. (HD)

5.00 LIVE Ford Saturday Night Football Watford v Leicester City: The Premier League fixture from Vicarage Road. Kick-off is at 5.30. (HD)

8.00 LIVE Fight Night Sam Eggington v Bradley Skeete: Coverage of the welterweight bout from the Genting Arena in Birmingham. (HD)

11.30 Spanish Football Highlights (HD)

11.45 Sporting Triumphs With Ricky Hutton. (HD)

12.00m't Sporting Triumphs (HD) **1.30** Fight Night (HD) **5.00** Sporting Triumphs (HD) **5.30-6.00am** Game Changers (HD)

Sky Sports 2

SKY 403 **VIRGIN 513**
HD 403/435 **HD 503**

6.00am Sporting Rivalries (HD) **6.30** (HD) **8.00** Sporting Heroes: Sir Clive Woodward Interviews Roy Hodgson (HD) **9.00** Sporting Greats **9.30** Sporting Rivalries (HD) **10.00** Sporting Greats

12.00noon LIVE Scottish Cup Football Rangers v Dundee Coverage of the quarter-final from Ibrox. Kick-off is at 12.30. (HD)

2.45pm Sporting Triumphs (HD)

3.00 Sky Sports Boxing Gold Double bill. (HD)

3.30 Football Gold (HD)

3.40 NFL - A Football Life Joe Namath. (HD)

4.40 Sporting Greats

5.10 LIVE La Liga Football Villarreal v Las Palmas: The Spanish top-flight fixture from the Estadio El Madrigal. Kick-off is at 5.15. (HD)

7.25 Sky Sports Boxing Gold Amir Khan v Marcos Maidana. (HD)

8.00 SNF - Game of the Day Today's top Premier League match. (HD)

10.00pm-4.00am SNF - Match Choice Extended highlights from the Premier League. (HD)

4.00am Sporting Triumphs (HD) **5.00-6.00am** Football's Greatest Players: Double bill. (HD)

Sky Sports 3

SKY 404 **VIRGIN 514**
HD 404/436 **HD 504**

6.00am Cricket's Greatest (HD) **6.30 LIVE** Super Rugby: Highlanders v Hurricanes: Kick-off is at 6.35. (HD) **8.30 LIVE** Super Rugby: Reds v Western Force: Kick-off is at 8.40. **10.45** Super Rugby: Action from Chiefs v Lions. (HD)

12.45pm LIVE Super Rugby Bulls v Rebels: Kick-off is at 1.00. (HD)

3.00 LIVE Super Rugby Cheetahs v Stormers: Kick-off is at 3.05. (HD)

5.00 LIVE Super Rugby Sharks v Jaguares: Kick-off is at 5.10. (HD)

7.00 Cricket Fillers

7.10 Classic 7s (HD)

7.20 LIVE HSBC Sevens World Series The Las Vegas Sevens: Coverage of day two of the fifth round of the series from Sam Boyd Stadium in Las Vegas, Nevada. (HD)

11.05 Sporting Triumphs (HD) **11.30** WWE - Late Night - Smackdown (HD) **11.35** Sporting Triumphs (HD) **11.55 LIVE** HSBC Sevens World Series: The Las Vegas Sevens: Further coverage of day two. (HD) **3.05am** Sporting Rivalries (HD) **4.05** Football League Gold (HD) **4.20** Football Gold (HD) **5.00-6.00am** The Sky Sports Years (HD)

Sky Sports 4

SKY 405 **VIRGIN 515**
HD 405/437 **HD 505**

6.00am PGA Tour Classic: The 2002 staging of the International. **7.00** LPGA Tour Golf: As 11.00pm. (HD) **10.00** World Golf Championship: As shown at 3.00pm. (HD)

12.00noon LPGA Tour Golf As 11.00pm. (HD)

3.00pm World Golf Championship The Cadillac Championship: Action from the second day's play at Trump National Doral Miami in Florida. (HD)

5.00 LIVE World Golf Championship The Cadillac Championship: Coverage of the third day's play at Trump National Doral Miami in Florida, where Dustin Johnson was crowned champion last year. (HD)

11.00 LPGA Tour Golf The HSBC Women's Champions: Action from the third day at Sentosa Golf Club Serapong Course in Singapore, where Inbee Park triumphed last year. (HD)

2.00am Football's Greatest International Teams (HD) **3.00** Shell's Wonderful World of Golf: Hal Sutton v Notah Begay III from 2000. **4.30** Sporting Rivalries: A look at the golfing rivalry between America and Europe. (HD) **5.00-6.00am** Time of Our Lives (HD)

Sky Sports 5

SKY 406 **VIRGIN 516**
HD 406/440 **HD 506**

6.00am Good Morning Sports Fans (HD) **9.00** WWE - Smackdown (HD) **11.00** WWE From the Vault: Double bill. (HD) **11.30** Premier League 100 Club (HD)

12.00noon LIVE FL72 Burnley v Blackburn Rovers: Coverage of the Championship encounter at Turf Moor. Kick-off is at 12.30. (HD)

2.45pm Gillette Soccer Saturday Jeff Stelling and guests preside over the day's action. (HD)

5.30 LIVE Netball Superleague Surrey Storm v Hertfordshire Mavericks: At the Copper Box Arena in London. Centre-pass 6.00. (HD)

7.25 LIVE La Liga Football Getafe v Sevilla: From the Estadio Coliseum Alfonso Perez. Kick-off is at 7.30. (HD)

9.30 La Liga Football Action from Real Madrid v Celta Vigo. (HD)

11.30 Sporting Triumphs Double bill. (HD)

12.00m't WWE - Late Night - Smackdown (HD) **2.00am** Eredivisie Football (HD) **4.00** Football's Greatest Managers **4.30** Football's Greatest International Teams (HD) **5.00-6.00am** Sporting Heroes (HD)

Eurosport 1

SKY 410 **VIRGIN 523**
HD 410/412 **HD 521**

7.30am Biathlon 8.15 LIVE Alpine Skiing: The World Cup meeting in Kranjska Gora, Slovenia. **9.30 LIVE** Alpine Skiing: The World Cup meeting from Jasna, Slovakia. (HD) **10.30 LIVE** Biathlon: The World Cup meeting in Oslo, Norway.

12.00noon LIVE Alpine Skiing Further coverage from Kranjska Gora.

12.30pm LIVE Alpine Skiing Further coverage from Jasna. (HD)

1.30 LIVE Biathlon Further coverage from Oslo.

2.45 LIVE Ski Jumping The World Cup meeting from Wisla, Poland. (HD)

4.45 Cycling Action from the Strade Bianche. (HD)

5.30 Cycling: Track World Championship Day four action. (HD)

7.00 LIVE Cycling: Track World Championships Coverage of day four from Lee Valley VeloPark in London. (HD)

10.20 Cycling Action from the Strade Bianche. (HD)

11.20 Eurosport News

11.25 Cycling: Follow Fabian A look at Fabian Cannella's career. (HD)

11.40pm-1.10am Cycling: Track World Championship Action from day four at Lee Valley VeloPark. (HD)

Eurosport 2

SKY 411 **VIRGIN 524**
HD 411/443 **HD 522**

6.00am WATTS **7.00** Cross-Country Skiing (HD) **8.00** FIFA World (HD) **8.25** WATTS (HD) **8.45 LIVE** Nordic Combined Skiing: The World Cup meeting from Schonach. (HD) **10.00** Ski Jumping (HD) **10.30** Alpine Skiing (HD) **11.00 LIVE** Snowboarding: The World Cup meeting in Veysonnaz, Switzerland.

12.30pm LIVE Nordic Combined Skiing More from Schonach. (HD)

1.15 Davis Cup Tennis Great Britain v Japan: Day one highlights. (HD)

1.45 LIVE Davis Cup Tennis Great Britain v Japan: Day two of the World Group first-round match at the Barclaycard Arena, Birmingham. (HD)

4.45 Cycling: Follow Fabian (HD)

5.00 Alpine Skiing (HD)

6.00 Alpine Skiing (HD)

6.55 Wintersports Today News and action. (HD)

7.55 Eurosport News

8.00 LIVE Cross-Country Skiing The World Cup meeting from Quebec.

10.00 Eurosport News

10.05 Davis Cup Tennis Great Britain v Japan: Day two highlights. (HD)

11.05 Eurosport News 11.10 Archery (HD) **12.30-5.00am** Eurosport News

BT Sport 1

SKY 413 **VIRGIN 531**
HD 413/427 **HD 527**

6.45am Last Week, This Week (HD) **7.00** Air + Style World Tour (HD) **7.30** World Rally Championship (HD) **8.00** Classic Barclays Premier League (HD) **8.30** Barclays Premier League Preview (HD) **9.00** Matchday Live with Fletch & Sav (HD)

12.00noon LIVE Premier League Tottenham Hotspur v Arsenal: Kick-off is at 12.45. (HD)

3.00pm LIVE Premiership Rugby Union Saracens v Northampton Saints: Kick-off is at 3.15. (HD)

5.30 30 for 30 (HD)

7.00 PSA Squash Highlights

8.00 LIVE World Rally Championship Day two of the Rally Mexico. (HD)

9.00 V8 Supercars Highlights The Clipsal 500 Adelaide. (HD)

11.00 Premiership Rugby Union Saracens v Northampton Saints. (HD)

12.30am Road to Rio (HD) **1.00** NBA Countdown Live (HD) **1.30 LIVE** NBA: Chicago Bulls v Houston Rockets. **4.00** Football Tonight (HD) **4.30-6.45am** LIVE V8 Supercars: Race two of the Clipsal 500 Adelaide. (HD)

BT Sport 2

SKY 417 **VIRGIN 532**
HD 417/457 **HD 528**

8.00am UEFA Europa League Magazine (HD) **8.30 LIVE** Hyundai A-League: Melbourne City v Sydney FC. (HD) **10.30** Premiership Rugby Union (HD) **12.00noon** MotoGP Highlights (HD)

1.00pm World Rally Championship (HD)

1.30 The Clare Balding Show Chat show. (HD)

2.30 Last Week, This Week Recent action. (HD)

2.45 NBA Action (HD)

3.15 NBA (HD)

5.15 LIVE Serie A Verona v Sampdoria: Joining the action 15 minutes after kick-off. (HD)

7.00 Football Tonight (HD)

7.30 Fletch & Sav - The Best Bits (HD)

8.00 UEFA Champions League Magazine (HD)

8.30 LIVE Portuguese Liga NOS Sporting Lisbon v Benfica: Kick-off 8.45. (HD)

10.45 Sport in Focus (HD)

11.00 UFC - Ultimate Insider (HD) **11.30 UFC:** Beyond the Octagon (HD) **12.00m't** UFC Countdown 196 (HD) **1.00am LIVE** UFC 196: Prelims: From MGM Grand in Las Vegas. (HD) **3.00-7.00am LIVE** UFC 196: Conor McGregor v Nate Diaz. (HD)

BT Sport/ESPN

SKY 426 **VIRGIN 534**
HD 426/458 **HD 530**

6.00am Last Week, This Week (HD) **6.15 LIVE** Hyundai A-League: Wellington Phoenix v Adelaide United: Kick-off is at 6.15. (HD) **8.15** College Basketball (HD)

10.00 ESPN FC (HD) **10.30** Pardon the Interruption (HD) **11.00** Around the Horn (HD) **11.30** NBA: The Jump (HD) **12.00noon** NBA Tonight (HD)

12.30pm College Basketball (HD)

4.00 College GameDay Live Preview show. (HD)

5.00 LIVE College Basketball Spartans v Buckeyes. (HD)

7.00 LIVE College Basketball Bears v Mountaineers. (HD)

9.00 LIVE College Basketball Jayhawks v Cyclones. (HD)

11.00 College GameDay Live Previews. (HD)

11.30 LIVE College Basketball Devils v Tar Heels. (HD)

1.30 LIVE College Basketball: Virginia Cavaliers v Louisville Cardinals. (HD) **3.30** Road to Rio (HD) **4.00** College Basketball (HD) **5.30-6.00am** Gillette World Sport (HD)

BT Europe

SKY 414 **VIRGIN 533**
HD 414/433 **HD 529**

6.00am French Ligue 1 (HD) **7.30** National League Football (HD) **8.30** Serie A (HD) **9.30** Bundesliga Special (HD) **10.00** French Ligue 1 (HD) **11.30** UEFA Europa League Magazine (HD)

12.00noon National League Football Forest Green Rovers v Grimsby Town: From The New Lawn. (HD)

1.00pm Serie A AS Roma v Fiorentina. (HD)

2.00 Hyundai A-League Wellington Phoenix v Adelaide United. (HD)

3.30 Hyundai A-League Action from Melbourne City v Sydney FC. (HD)

5.00 LIVE Bundesliga Borussia Dortmund v Bayern Munich: Coverage from Signal Iduna Park. Kick-off is at 5.30. (HD)

7.30 LIVE Serie A Napoli v Chievo: All the action from Stadio San Paolo. Kick-off is at 7.45. (HD)

10.00 Bundesliga VfL Wolfsburg v Borussia Muenchengladbach. (HD)

11.30 Bundesliga Action from Borussia Dortmund v Bayern Munich. (HD)

1.00am French Ligue 1: Double bill. (HD) **3.30-6.00am** Serie A (HD)

Motors TV

SKY 447 **VIRGIN 545**

6.00am Best of Crash **6.25** Legend Boucles Highlights **8.10** British Historic Rally Championship **9.00** FIA WRC Daily Highlights **9.35** The Grid **10.05** Best of Crash **10.35** RC Racing **11.05** FIM Super Enduro World Championship **11.35** Special Stage Extra **12.10pm** FIA WRC Daily Highlights **12.40** Monte Carlo Historic Rally

1.40 British Historic Rally Championship **2.45** P1 Superstock USA **3.45** P1 Superstock UK **4.50** FIA WRC Daily Highlights **5.20** British Historic Rally Championship **6.25** Special Stage Extra **6.55** MSVR Launch Day **7.25** Toyota NZ 86 Championship **8.30** Sunoco-Rolex Daytona 24 Challenge **9.35** The Grid **10.05** Best of Crash **10.35** FIA WRC Daily Highlights **11.05** Monte Carlo Historic Rally **12.10am** FIA WRC Daily Highlights **12.40** Sunoco-Rolex Daytona 24 Challenge **1.45** Toyota NZ 86 Championship **2.45** MSVR Launch Day **3.15** P1 Superstock USA **4.05** P1 Superstock UK **5.00-6.00am** LIVE FIM MX2 World Championship: The Grand Prix of Thailand.



PICK OF THE DAY

LIVE Tottenham Hotspur v Arsenal
BT Sport 1 HD
12.00noon

Sky Sports F1

SKY 407 **VIRGIN 517**
HD 407/451 **HD 507**

6.00am-1.00pm Highlights **1.00pm** Legends of F1 **3.00** Paddock Uncut **3.15** Ted's Testing Notebook **3.45** Paddock Uncut **4.00** Ted's Testing Notebook **4.30** Paddock Uncut **4.45** Ted's Testing Notebook **5.15** Paddock Uncut **5.30** Ted's Testing Notebook **6.00** Legends of F1 **6.30** Porsche Super Cup **6.45** GP2 Racing **8.00** Legends of F1 **8.30** F1 **9.30** Legends of F1 **10.00** Paddock Uncut **10.15** Ted's Testing Notebook **10.45** Paddock Uncut **11.00** Ted's Testing Notebook **11.30** Paddock Uncut **11.45** Ted's Testing Notebook **12.15am** Paddock Uncut **12.30** Ted's Testing Notebook **1.00-6.00am** The Home of F1

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LIVE SPORT ON OTHER CHANNELS TODAY

9.00am LIVE Triathlon BBC Red Button The women's ITU World Triathlon Series from Abu Dhabi.

12noon LIVE Triathlon BBC Red Button The men's ITU World Triathlon Series from Abu Dhabi.

12.15pm LIVE Raceday At The Races From Doncaster, Stratford, Lingfield Park and Gowran.

12.30pm LIVE Darts: UK Open ITV4 Coverage of the opening session on the second day.

1.00pm LIVE Racing Racing UK At Newbury, Kelso and Meydan.

1.30pm LIVE Racing Channel 4 From Doncaster and Newbury.

2.00pm LIVE Davis Cup Tennis BBC1 (Continues on BBC2 at

4.30pm Great Britain v Japan.

4.45pm LIVE Sgorio S4C Cardiff Met v Gap Connah's Quay.

5.15pm LIVE Stateside At The Races Live racing coverage.

7.00pm LIVE Cycling BBC Red

Button Day four of the UCI Track World Championships.

7.00pm LIVE Darts: UK Open ITV4 Further coverage.

2.00am LIVE Australian Racing At The Races Horse racing.

Documentary



NEW

Steve Backshall's Extreme Mountain Challenge

BBC2 HD, 8pm

Steve climbs Venezuela's table-top mountains in search of unique wildlife

Drama



Call the Midwife

BBC1 HD, 8pm

In the series finale, the neighbourhood experiences a wedding, which causes a potential scandal, as well as a funeral

Drama



NEW

Doctor Thorne

ITV HD, 9pm/ITV+1, 10pm

Tom Hollander plays the title character in Julian Fellowes's adaptation of Anthony Trollope's novel of doomed romance

Thriller



The Night Manager

BBC1 HD, 9pm

Roper offers Pine a job in his firm, but Corky is suspicious of young blood as the intrigue thickens in the stylish spy game

SKY EVENING TIME 7.00PM

7.30PM

8.00PM

8.30PM

9.00PM

9.30PM

10.00PM

10.30PM

Favourites

Entertainment

Documentary

Films

Sport

101 BBC1	7.00 Countryfile	8.00 Call the Midwife	9.00 The Night Manager	10.00 News	10.30 Match of... †
102 BBC2	7.00 Who's the Boss? †	8.00 Steve Backshall's Extreme Mountain...	9.00 Let's Play Darts for Sport Relief 2016	10.00 Thirteen	
103 ITV	7.00 Beowulf: Return to the Shieldlands	8.00 The Story of Cats	9.00 Doctor Thorne	10.00 News	10.20 Brits Behind Bars
104 CHANNEL 4	◀ 6.30 The Secret...	7.30 The Jump: The Final	9.00 Film: American Hustle		
105 CHANNEL 5	◀ 6.00 Film: Star Trek IV: The Voyage Home	8.10 Penn & Teller: Fool Us in Vegas	9.00 Film: Grown Ups 2		
106 SKY1	7.00 Dogs Might Fly	8.00 Duck Quacks Don't Echo	9.00 Hawaii Five-0	10.00 NCIS: Los Angeles	
116 BBC4	7.00 Jigs & Wigs: The Extreme World of...	8.00 Do We Really Need the Moon?	9.00 Film: The German Doctor	10.25 Himmler: The...	
118 ITV2	◀ 6.40 Film: Back to the Future Part III		9.00 Ibiza Weekender	10.00 Family Guy	10.30 Bordertown
138 MORE4	◀ 6.55 Come Dine with Me	8.00 Car SOS	9.00 Film: East Is East		
136 E4	◀ 6.35 Film: Mission: Impossible II		9.00 Marvel's Agents of S.H.I.E.L.D.	10.00 Tattoo Fixers	
107 SKY LIVING	7.00 Who'd Be a Billionaire	8.00 Elementary	9.00 Criminal Minds		
108 SKY ATLANTIC	7.00 Film: Dinosaur 13		9.00 Vinyl	10.10 The Pacific	
110 GOLD	7.05 The Tommy Cooper Hour	8.00 The Interviews	9.00 Comic Roots	9.40 I'm Alan Partridge	10.20 The Office
111 DAVE	7.00 Storage Hunters UK	8.00 Top Gear	9.00 Have I Got a Bit More News for You	10.00 QI XL	
119 ITV3	7.00 Midsomer Murders		9.00 Carry On Forever	10.00 Mrs Biggs	
120 ITV4	7.00 Darts: UK Open – Live: The semi-finals and final at the Butlins Minehead Resort				
112 COMEDY CENTRAL	7.15 Film: Zoolander		9.00 The Roast of Justin Bieber		
114 SYFY	◀ 6.10 Film: D.A.R.Y.L.	8.10 Film: Lavalantula		10.00 Film: The Fly	
109 W	7.00 Doctor Who	8.00 Sophie Ellis-Bextor ON Fame	9.00 The Musketeers	10.15 Who Do You Think You Are?	
113 UNIVERSAL	7.00 NCIS	8.00 Law & Order: Special Victims Unit			
124 FOX	7.00 NCIS		9.00 The Walking Dead	10.00 American Dad!	10.30 Family Guy
121 SKY ARTS	7.00 The Seventies	8.00 Discovering...	8.30 Discovering...	9.00 The Who: Live at Hyde Park	
520 DISCOVERY	7.00 Flight 370: The Missing Links	8.00 Secret Space Escapes	9.00 David Baddiel on the Silk Road	10.00 Kings of the Wild	
523 ANIMAL PLANET	7.00 Tanked	8.00 Alaska Monsters	9.00 Finding Bigfoot		
526 NAT GEO	7.00 Brain Games	8.00 Film: He Named Me Malala		10.00 Primal Survivor	
529 HISTORY	7.00 American Restoration	8.00 Ancient Aliens	9.00 Billion Dollar Wreck: The Mysterious...	10.00 Pawn Stars	
537 YESTERDAY	7.00 Planet Earth		9.00 Great British Railway Journeys	10.00 Bombay Railway	
532 EDEN	7.00 Rift Valley		9.00 Biggest & Baddest	10.00 Orang-utans: Born in the Wild	
301 SKY PREMIERE	◀ 6.00 Ashby	8.00 Terminator Genisys		10.15 Stretch	
303 SKY SHOWCASE	◀ 6.15 Into the Grizzly Maze	8.00 Kingsman: The Secret Service		10.15 Lucy	
304 SKY OSCARS	◀ 3.55 Cleopatra	8.00 Amadeus: The Director's Cut			
305 SKY DISNEY	◀ 6.10 Big Hero 6	8.00 Into the Woods		10.10 The Black Hole	
306 SKY FAMILY	◀ 6.15 The Legend of Longwood	8.00 Night at the Museum: Secret of the Tomb	9.45 Born to Fight		
307 SKY ACTION	◀ 5.30 Avengers: Age of Ultron	8.00 Exodus: Gods and Kings		10.40 True...	
308 SKY COMEDY	◀ 6.10 Father of the Bride Part II	8.00 Horrible Bosses 2		10.00 St. Vincent	
309 SKY CRIME	7.05 Cold in July		9.00 Gone Girl		
310 SKY DRAMA	◀ 6.10 If I Stay	8.00 Terms of Endearment		10.20 27 Dresses	
311 SKY SCI-FI	◀ 6.20 Superman Returns		9.00 Ex Machina		
312 SKY SELECT	◀ 6.20 Juno	8.00 Boyhood			
315 FILM4	◀ 6.50 The Time Traveler's Wife		9.00 Morning Glory		
317 TCM	7.05 Cimarron			10.00 Rome	
402 SKY SPORTS 1	7.05 MLS – Live: Chicago Fire v New York City FC: From Toyota Park	9.10 Sporting Triumphs	9.55 MLS – Live: Portland Timbers v Columbus Crew		
403 SKY SPORTS 2	◀ 5.10 La Liga Football – Live: Sporting Gijon v Athletic Bilbao Kick-off 5.15; Valencia v Atletico Madrid (Kick-off 7.30)	9.30 Football	10.00 Ford Football Special		
404 SKY SPORTS 3	7.00 FL72 Goals	8.00 Goals on Sunday	9.00 Super Rugby...	9.30 International T20 Cricket	
405 SKY SPORTS 4	◀ 5.00 World Golf Championship – Live: The fourth and final day's play of the Cadillac Championship at Trump National Doral Miami in Florida				
410 EUROSPORT 1	◀ 6.50 Tenerife...	7.25 Davis Cup Tennis	9.25 Archery	10.25 Cycling	
411 EUROSPORT 2	7.00 Wintersports Today	8.00 Cycling	9.05 Speed Skating		

◀ Denotes programmes starting before 7.00pm † Regions vary

BBC1

SKY 101 HD 141 VIRGIN 101 HD 108 F'VIEW 1 HD 101 FSAT 101 HD 108

6.00am Breakfast (S)(HD) **7.25 Match of the Day** (S)(R)(HD) **9.00 The Andrew Marr Show** (S)(HD) **10.00 The Big Questions** (S)(HD) **11.00 Sunday Politics** (S)(HD) **12.15pm BBC News** (S)(HD) **12.25 Weather for the Week Ahead** (S)(HD) **12.30 Bargain Hunt** (S)(AD)
1.00 LIVE Davis Cup Tennis Great Britain v Japan: Sue Barker presents coverage of the third and final day of the World Group first-round match from the Barclaycard Arena in Birmingham. (S)(HD)
4.30 Escape to the Country From Nottinghamshire. (S)(R)(HD)(AD)
5.00 Songs of Praise A special edition for Mothering Sunday. (S)(HD)
5.35 Nature's Miracle Orphans **SERIES FINALE** 4/4. A tapir and a white rhino prepare to return to the wild. (S)(HD)(AD)



5.35 Nature's Miracle Orphans

BBC2

SKY 102 HD 102/142 VIRGIN 102 HD 162 F'VIEW 2 HD 102 FSAT 102 HD 109

• Today's red button sport coverage is listed in *Sport on Other Channels*, page 52

6.00am The A to Z of TV Gardening (S)(R) **6.45 Great British Garden Revival** (S)(R)(HD) **7.45 An Island Parish** (S)(R)(HD)(AD) **8.15 Gardeners' World** (S)(R)(HD) **8.45 Countryfile** (S)(R)(HD) **9.45 Saturday Kitchen Best Bites** (S)(HD) **11.15 The Best Dishes Ever** (S)(R)(HD) **12.15pm MOTD2 Extra** (S)(HD)
1.00 Triathlon Action from the opening round of the ITU World Triathlon Series in Abu Dhabi. (S)(HD)
2.00 LIVE Cycling Clare Balding presents coverage of the fifth and final day of the UCI Track World Championships from Lee Valley VeloPark at Queen Elizabeth Olympic Park in east London. (S)(HD)



9.00 Let's Play Darts for Sport...

ITV

SKY 103 HD 178 VIRGIN 103 HD 113 F'VIEW 3 HD 103 FSAT 103 HD 119

6.00-7.30am CITV
7.30-9.25 Scrambled! (S)
9.25 ITV News (S)
9.30 Murder, She Wrote (S)(R)(HD)(AD)
10.25 The Jeremy Kyle Show Double bill of the talk show. (S)(R)(HD)
12.30pm ITV News (S)
12.40 The Jeremy Kyle Show Guests air their differences. (S)(R)(HD)
1.40 Judge Rinder (S)(R)(HD)
2.45 Big Star's Little Star (S)(R)(HD)
3.45 Off Their Rockers A trip to the vet ends in an unusual catfight. (S)(R)(HD)
4.15 FILM Moonraker James Bond adventure starring Roger Moore. Agent 007 investigates the disappearance of a space shuttle and encounters another megalomaniac bent on world domination. (S)(HD)(AD) (1979, PG, 140min) ★★



8.00 The Story of Cats

CHANNEL 4

SKY 104 HD 227 VIRGIN 104 HD 142 F'VIEW 4 HD 104 FSAT 104 HD 126

5.50am The King of Queens (S)(R) **6.40 Everybody Loves Raymond** (S)(R) **7.30 Frasier** (S)(R) **8.30 The Simpsons** (S)(R)(AD) **9.30 Sunday Brunch** Tim Lovejoy and Simon Rimmer chat to *Indian Summers* stars Olivia Grant and Aysha Kala about series two. (S)(HD)
12.30pm The Simpsons (S)(R)(AD)
1.00 Amazing Spaces: Floating Homes George Clarke follows a designer friend as he builds his own floating home in a 40ft shipping container. (S)(R)(HD)(AD)
2.00 FILM Diary of a Wimpy Kid: Rodrick Rules Family comedy sequel based on the books by Jeff Kinney. (S)(HD) (2011, U, 120min) ★★★
4.00 FILM Home Alone 2: Lost in New York Comedy sequel starring Macaulay Culkin. (S)(HD) (1992, PG, 135min) ★★



9.00 American Hustle

Sunday

6 PM

6.35 BBC News (S)(HD)

6.50 Local News (S)

7 PM

7.00 Countryfile

Anita Rani walks part of the Ulster Way and meets some famous farm animals in Northern Ireland, while John Craven finds out about Rathlin Island's kelp industry. (S)(HD)

8 PM

8.00 Call the Midwife

SERIES FINALE 8/8. Dr Turner realises he may have helped to cause the rise in birth deformities. Meanwhile, Sister Evangelina's health continues to deteriorate, and a bride goes into labour. (Series 5) (S)(HD)(AD)

9 PM

9.00 The Night Manager

3/6. Roper offers Pine a job in his organisation, but Corky is suspicious. Meanwhile, the guest of honour at a party thrown by Apostol is found dead, which gives Burr leverage over him. (S)(HD)(AD)

10 PM

10.00 BBC News (S)(HD)

10.20 Local News (S)(HD)

10.30 Match of the Day 2

Mark Chapman reviews the latest action from the Premier League, featuring Crystal Palace v Liverpool at Selhurst Park, and West Bromwich Albion v Manchester United at the Hawthorns. (S)(HD)

11.35 LIVE Match of the Day Germany Women v England Women: Coverage of the second-half of the SheBelieves Tournament match from Nissan Stadium in Nashville, Tennessee. (S)(HD)

12.45am Weather for the Week Ahead (S)(HD) **12.50-6.00am BBC News** (S)(HD)

6.00 Flog It!

Elizabeth Talbot and Mark Stacey pick out a German set of doll's houses and a collection of Minton Tiles at Stapleford Park in Leicestershire. (S)(R)(HD)

7.00 Who's the Boss?

The boss of a Preston-based chocolate manufacturer gives his workforce the power to decide on who will become its new Business Development Manager. (S)(R)(HD)(AD)

8.00 NEW SERIES Steve Backshall's Extreme Mountain Challenge

1/2. The naturalist leads a team of rock climbers across Venezuela's mountains. See feature, page 18 (S)(HD)(AD)

■ Repeated tomorrow

9.00 Let's Play Darts for Sport Relief 2016

3/4. Gabby Logan hosts the semi-finals of the contest in which big names from the world of darts join forces with celebrities. (S)(HD)
■ Repeated on Tuesday

10.00 NEW TO BBC2 Thirteen

1/5. Drama about a woman who escapes and returns home after being held captive in a cellar for 13 years, while the police search for her kidnapper. Stars Jodie Comer. Previously on BBC3 online. (S)(HD)(AD)

11.00 The People v OJ Simpson:

American Crime Story The Dream Team: 3/10. Shocking new evidence further inflames public opinion. (S)(R)(HD)(AD)

11.40 FILM Shifty British crime thriller starring Riz Ahmed and Daniel Mays. A drug dealer in a London suburb goes through an eventful 24 hours, accompanied by his former best friend. (S)(HD)(AD) (2008, 15, 85min) ★★★

1.05-3.00am Sign Zone: Countryfile (S)(R)(HD) **2.00 Holby City** (S)(R)(AD) **3.00-6.15am Previews** (S)(HD)

6.35 Local News (S)

6.45 ITV News (S)

7.00 Beowulf: Return to the Shieldlands

10/12. Rheda tries to discredit Beowulf's accusations as suspicion about her brother mounts, but is unprepared for the terrible truth that faces her. (S)(HD)(AD)

8.00 NEW SERIES The Story of Cats

Series comparing the behaviour of domestic felines with big cats in the wild, looking at sabre-tooth wild cats and caracals. Narrated by Olivia Colman. (S)(HD)

9.00 NEW SERIES Doctor Thorne

1/3. Julian Fellowes's adaptation of Anthony Trollope's novel, starring Tom Hollander as a doctor dealing with the secrets of his niece's past as she prepares to marry. With Alison Brie. See feature, page 8 (S)(HD)(AD)

10.00 ITV News (S)

10.20 Brits Behind Bars

Documentary focusing on the moving cases of British overseas prisoners, as thousands of UK citizens are currently held in jails around the world. (S)(R)(HD)

11.15 Premiership Rugby Union Action from the 15th round of fixtures, including Newcastle Falcons v Worcester Warriors, Saracens v Northampton Saints, and Leicester Tigers v Exeter Chiefs. (S)(HD)

12.15am Jackpot247

3.00 ITV Nightscreen (HD)

5.05-6.00am The Jeremy Kyle Show Lively talk show. (S)(SL)(R)(HD)

+1 hour SKY 131 VIRGIN 114 FREEVIEW 33 FREESAT 112

6.15 News (S)(HD)

6.30 The Secret Life of the Zoo

3/6. Following giraffe Orla, who is about to give birth, but is three weeks overdue, and Chester Zoo experts attempt to save mountain chicken frogs from extinction. (S)(R)(HD)(AD)

7.30 The Jump: The Final

SERIES FINALE 6/6. Davina McCall presents the final of the challenge, as the remaining celebrities battle it out for the chance to win the Cowbell Trophy. (S)(HD)

■ Repeated tomorrow on 4seven

9.00 FILM American Hustle

Crime drama starring Bradley Cooper, Jennifer Lawrence, Christian Bale and Amy Adams. A con-man is forced to work for an FBI agent on a sting operation that could bring down a corrupt politician. (S)(HD)(AD) (2013, 15, 160min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.40 FILM An Officer and a Gentleman Gritty romantic drama starring Richard Gere and Debra Winger. (S)(HD)(AD) (1981, 15, 135min) ★★★★★

1.55am The Secret Life of the Pub (S)(R)(HD)

2.50-5.05 Come Dine with Me (S)(R)(HD) **5.05-6.00am Selling Houses with Amanda Lamb** (S)(R)(HD)

+1 hour SKY 135 VIRGIN 143 F'VIEW 13 HD 109 FREESAT 121

CHANNEL 5

SKY 105 HD 105/171	VIRGIN 105 HD 150	FVIEW 5	FSAT 105
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- 5.45-9.55am Milkshake!**
9.55am The Fairly OddParents (S)
10.30 The Championship: Football League Tonight (S)(R)(HD)
11.25 Goal Rush: Football League Tonight Highlights (S)(R)(HD)
11.55 Police Interceptors Kev Salter and Ian Squire hunt for a man roaming the streets with a machete. (S)(R)(HD)
12.50pm Star Trek: The True Story A look at the origins of the cult science-fiction show. (S)(R)(HD)
1.50 FILM Star Trek II: The Wrath of Khan Sci-fi starring William Shatner. (S)(HD) (1982, 12, 125min) ★★★★★
3.55 FILM Star Trek III – The Search for Spock Sci-fi adventure starring William Shatner and Leonard Nimoy. (S)(HD) (1984, PG, 125min) ★★

**NEW****8.10 Penn & Teller: Fool Us in...**

- 6.00 FILM Star Trek IV: The Voyage Home**
 Sci-fi adventure starring William Shatner and Leonard Nimoy. Captain Kirk and his crew travel back to Earth on a mission to find two whales that will prevent an alien probe from destroying the planet. With DeForest Kelley. (S)(HD) (1986, PG, 125min) ★★★★★
 SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

- 8.10 NEW SERIES Penn & Teller: Fool Us in Vegas**
 1/13. The magicians challenge illusionists to outwit them. (S)
 ■ Repeated on Tuesday
8.55 News (S)(HD)

- 9.00 FILM Grown Ups 2**
 Comedy sequel starring Adam Sandler, Kevin James and Chris Rock. Four middle-aged former childhood friends enjoy a 1980s-themed summer party in their New England hometown. (S)(HD) (2013, 12, 125min) ★
 SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

- 11.05 FILM You, Me and Dupree**
 Comedy starring Owen Wilson, Kate Hudson and Matt Dillon. (S)(HD) (2006, 12, 125min) ★★
1.10am SuperCasino 3.10 The Great British Benefits Handout (S)(R)(HD) **4.00 Wildlife SOS** (S)(SL)(R) **4.25 Wildlife SOS** (S)(SL)(R) **4.50 Great Artists** (S)(SL)(R) **5.15-5.45am Great Scientists** (S)(SL)(R)

+1 hour	SKY 177	VIRGIN 155	FREEVIEW 44	Freesat 128
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SKY1

SKY 106 HD 106/217	VIRGIN 110 HD 109
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- 6.00am Hour of Power** (R)(HD)
7.00 RSPCA Animal Rescue (S)(R)(AD)
8.00 Monkey Life (S)(R)(AD)
10.00 The Flash (Series 2) (S)(R)(HD) **11.00 WWE – Raw** (R)(HD)
12.00noon Duck Quacks Don't Echo
 Double bill of the series. (S)(R)(HD)
1.00pm Modern Family Double bill of the sitcom. (Series 1) (S)(R)(HD)
2.00-4.00 Futurama Mobius Dick. (S)(R)(HD) **2.30 Fry Am the Egg Man**. (S)(R)(HD) **3.00 The Tip of the Zoidberg**. (S)(R)(HD) **3.30 Cold Warriors**. (S)(R)(HD)
4.00-6.00 Modern Family 9/24. (S)(R)(HD) **4.30 10/24**. (S)(R)(HD) **5.00 11/24**. (S)(R)(HD) **5.30 12/24**. Jay and Claire help Manny and Luke with a project. (Series 3) (S)(R)(HD)

**7.00 Dogs Might Fly**

- 6.00 The Simpsons**
Any Given Sundance: Lisa makes a documentary. (S)(R)(HD)
6.30 NEW EPISODE The Girl Code: Marge posts a humorous photo online of Homer, prompting Mr Burns to fire him. (S)(HD)

- 7.00 Dogs Might Fly**
NEW EDITION 2/6. The 12 rescue dogs are introduced to their trainers and the programme begins as the experts test the animals' communication skills. (S)(HD)
 ■ Repeated on Friday

- 8.00 Duck Quacks Don't Echo**
 Comedy panel game in which Lee Mack is joined by Holly Willoughby, Dara O Briain and Hugh Dennis to find the answers to all manner of trivia. (S)(R)(HD)(AD)

- 9.00 Hawaii Five-0**
NEW EPISODE Kuleana (*One's Personal Sense of Responsibility*) 11/22. McGarrett and Danny attend a couples' retreat to work on their issues. (Series 6) (S)(HD)
 ■ Repeated on Thursday on Sky 2

- 10.00 NCIS: Los Angeles**
NEW EPISODE Cancel Christmas: 11/24. A suspected North Korean spy dies after being poisoned and hit by a truck carrying Christmas trees. (Series 7) (S)(HD)
 ■ Repeated on Tuesday

- 11.00 Stop, Search, Seize** Following the work of Ireland's border force. (R)(HD)(AD) **12.00m't Road Wars** (S)(R)(HD) **1.00am Britcam: Emergency on Our Streets** (S)(R)(HD) **2.00 A League of Their Own** (S)(R)(HD) **3.00 Road Wars** (S)(R)(HD) **4.00 Emergency with Angela Griffin** (S)(R)(HD)(AD) **5.00 Nothing to Declare** (S)(R)(AD) **5.30-6.00am Nothing to Declare** (S)(R)

+1 hour	SKY 130
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LOCAL VARIATIONS**BBC1**

- SCOTLAND**
 Sky 951, Virgin 862, Freesat 960
12.55pm Holiday of My Lifetime with Len Goodman
1.40 LIVE Sportscene
4.00-5.00 River City
10.30 Sportscenter 11.30 Match of the Day 2
12.35am Match of the Day 1.45 Weather for the Week Ahead
1.50-6.00am BBC News
N. IRELAND
 Sky 953, Virgin 863, Freesat 957
 No variations
WALES
 Sky 952, Virgin 864, Freesat 964
 No variations
BBC1 North/Yorkshire & Lincolnshire
 Sky 956/957, Freesat 966/967
12.30-1.00pm The Return of Flying Scotsman

BBC2

- SCOTLAND**
 Sky 970, Freesat 970
1.00pm LIVE Davis Cup Tennis **4.30-6.00 LIVE** Cycling **7.00-8.00** Triathlon **11.00** Conference 2016: Scottish Conservative & Unionist Party **11.30** The People v OJ Simpson: American Crime Story **12.10am FILM** Shifty (2008, 15) ★★
1.35-2.00am Previews
N. IRELAND
 Sky 972, Freesat 969
10.00pm Opry an Iúir
11.00 Sunday Politics Northern Ireland **11.25** Thirteen **12.25-1.05am** The People v OJ Simpson: American Crime Story
WALES
 Sky 971, Freesat 971
6.00-7.00pm Scrum V Sunday **11.40** Scrum V Sunday **12.40-1.05am** Previews

ITV

- WALES**
1.10-1.40pm Best Walks with a View with Julia Bradbury

S4C

- Sky 134, Virgin 166, Freesat 120
6.00am Cyw **8.50** Penblwyddi Cyw **8.55** Pen-Blwydd Pwy? **9.00** Cymry'r Cant **9.30** Wyneb Glyndwr **10.30** Dal Ati: Dal Ati: Bore Da **11.30** Dal Ati: Dal Ati **12.30pm** Rownd a Rownd (AD) **1.15** 3 Lle (AD) **1.45** Blwyddyn y Bugail: Ioan Doyle **2.15** LIVE Clwb Rygbi **4.30** Top 14: Rygbi Ffrainc **5.00** Eisteddfod Genedlaethol Cymru: Maldwyn a'r Gororau – Gwerin **6.50** Newyddion S4C a'r Tywydd **7.00** Dechrau Canu Dechrau Canmol **7.30** NEW SERIES Mamlwad gyda Ffion Hague **8.00** Yr Anialwch **9.00** Katherine Jenkins O'r Brangwyn **10.15** Cyrraedd Blaenycwm Cyn yr Hwyr **11.00pm-12.05am** Dylan ar Daith

BBC4

SKY 116 HD 116/211	VIR 107 HD 164	FVIEW 9	FSAT 148 HD 107
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- 7.00pm Jigs & Wigs: The Extreme World of Irish Dancing NEW EDITIONS**
 4/6. After impressing on *Britain's Got Talent* in 2014, the Innova Irish Dance Company is brought down to earth.
7.30 5/6. Angela Mohan puts her army of athletes through a drill ahead of the World Championships.
8.00 Do We Really Need the Moon? Exploring Earth's relationship with its moon. (HD)
9.00 FILM PREMIERE The German Doctor
 Fact-based drama with Alex Brendemühl and Natalia Oreiro. An Argentinian couple welcome a German doctor into their home, unaware he is infamous Nazi Dr Josef Mengele. Subtitled. (HD) (2013, 12, 85min) ★★★★★
10.25 Himmler: The Decent One – Storyville The life and mindset of SS commander Heinrich Himmler. (HD)
11.55 The Heart of Country: How Nashville Became Music City USA (HD) **1.25am** Johnny Cash: The Man, His World, His Music (HD) **2.25** Singer-Songwriters at the BBC **3.25-3.55am** Britain on Film: Brits at Play

ITV2

SKY 118 HD 118/225	VIR 115 HD 176	FVIEW 6	FSAT 113
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- 6.00am** Totally Bonkers Guinness World Records (HD) **6.20** Emmerdale (SL)(HD)(AD) **9.00** Coronation Street (SL)(HD)(AD) **11.20** Take Me Out (HD) **12.50pm** Take Me Out – The Gossip (HD)
1.55 FILM Back to the Future Part II: Comedy adventure starring Michael J Fox. (HD)(AD) (1989, PG, 107min) ★★ **4.05** Ant & Dec's Saturday Night Takeaway (HD) **5.40** Catchphrase: Mothers Day Special (HD)
.40 FILM Back to the Future Part III Comedy adventure concluding the trilogy, starring Michael J Fox and Christopher Lloyd. When Marty McFly learns that his friend, crackpot inventor Doc Brown, is stranded in the Wild West of 1885, he goes back in time to rescue him. (HD)(AD) (1990, PG, 112min) ★★★★★

- 9.00 Ibiza Weekender NEW EDITION** Following British revellers to document their antics on their first parent-free excursion abroad. (HD)

- 10.00 Family Guy** Stewie becomes addicted to ADHD medication. (HD)(AD)

- 10.30 Bordertown** 1/13. Animated comedy. (HD)(AD)

- 11.00 Family Guy** (HD)(AD) **12.00m't American Dad!** (AD) **12.55am** The Cleveland Show (HD)(AD) **1.50-2.15am** Totally Bonkers Guinness World Records (HD)

+1 hour	SKY 180	VIR 116	FVIEW 27	FSAT 114
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MORE4

SKY 138 HD 138/231	VIR 147 HD 203	FVIEW 14	FSAT 124
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- 8.55am** Kirstie's Vintage Gems (HD) **9.20** Discovering Britain (HD) **10.20** Selling Houses with Amanda Lamb (HD)
11.25 Jamie's 15 Minute Meals (HD)(AD) **11.55am-2.40pm** Come Dine with Me **2.40-5.15pm** Four in a Bed (HD) **5.15** Come Dine with Me (HD)
6.20-8.00 Come Dine with Me A part-time actress hosts in Northampton. (HD)
6.55 A hostess cooks up an Australian-themed menu. (HD)
7.30 The final dinner party from Northampton. (HD)
8.00 Car SOS Fuzz Townshend and Tim Shaw restore a Fiat Spider. (HD)
9.00 FILM East Is East
 Comedy drama starring Om Puri and Linda Bassett. In early 1970s Salford, a Pakistani chip shop owner tries to raise his seven children as traditional Muslims to the dismay of his English wife and bolshy kids. (HD)(AD) (1999, 15, 96min) ★★
11.00 24 Hours in A&E (HD)(AD) **1.05am** Car SOS (HD) **2.10** Thicker Than Water (HD)
3.25-3.35am Kirstie's Vintage Gems: Creating plates. (HD)

+1 hour	SKY 139	VIR 196	FVIEW 125
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E4

SKY 136 HD 136/202	VIR 144 HD 145	FVIEW 28	FSAT 122
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- 6.00am** Rules of Engagement (HD) **6.20** Baby Daddy (HD) **7.05** Melissa & Joey (HD) **8.00** The Goldbergs (HD)(AD) **10.00** Hollyoaks (HD)(AD) **12.30-6.10pm** The Big Bang Theory: Back-to-back episodes. (HD)(AD)
6.10 The Big Bang Theory 23/24. Sheldon and Leonard's mothers meet for the first time. (Series 8) (HD)(AD)
6.35 FILM Mission: Impossible II John Woo's action thriller sequel starring Tom Cruise, Thandie Newton and Dougray Scott. Undercover agent Ethan Hunt of the Impossible Missions Force must stop a rogue IMF operative from unleashing a deadly virus on the population of Sydney, Australia. (HD) (2000, 15, 124min) ★★★★★

- 9.00 Marvel's Agents of S.H.I.E.L.D. NEW EPISODE Closure**: 9/22. Grant Ward's vicious campaign for revenge strikes a devastating blow to the S.H.I.E.L.D. team, but Coulson is determined to fight back. (Series 3) (HD)(AD)

- 10.00 Tattoo Fixers** 11/15. Alice reworks dog-lover William's cover. (HD)

- 11.00 Tattoo Fixers** (HD) **12.05am** Rude Tube (HD) **1.05** The 100 (HD)(AD) **2.05** Marvel's Agents of S.H.I.E.L.D. (HD)(AD) **2.50** Tattoo Fixers (HD) **3.40-6.00am** Hollyoaks (SL)(HD)(AD)

+1 hour	SKY 137	VIR 146	FVIEW 29	FSAT 123
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7 PM

8 PM

9 PM

10 PM

Sky Living

SKY 107 HD 107/221 VIRGIN 112 HD 111

6.00am My Kitchen Rules New Zealand (HD) **8.00** Bones (HD) **10.00-11.30** Nothing to Declare: Triple bill. **11.30** Sportswomen (HD) **12.00noon** Border Security USA **1.00pm** Who'd Be a Billionaire **2.00-5.00** CSI: Triple bill. (Series 2) (HD) **5.00-7.00** Border Security: Canada's Front Line: Back-to-back editions of the fly-on-the-wall documentary series. (HD)



1.00 Who'd Be a...

7.00 Who'd Be a Billionaire The spending habits of the richest people in the world.

8.00 Elementary A View with a Room: 12/22. Holmes orchestrates a heist inside a drugs gang's compound. (Series 4) (HD)

9.00 Criminal Minds Our Darkest Hour: 23/23. A serial killer strikes as Los Angeles is hit by power cuts. (Series 5) (HD)

10.00 The Longest Night 1/24. The team tracks a kidnapper. (Series 6) (HD)

11.00 Bones (HD) **12.00m't** Criminal Minds (HD) **1.00am** Elementary (HD) **1.50** Scandal (HD) **2.40** Madam Secretary (HD) **3.30** Chicago Fire (HD) **4.20-6.00am** UK Border Force (HD)

+1 hour SKY 122 VIRGIN 140

Sky Atlantic

SKY 108 HD 108/222

6.00am The Guest Wing: Double bill. (HD) **8.00am-1.00pm** The West Wing: Back-to-back episodes. (HD) **1.00pm** David Attenborough's Kingdom of Plants: The botanical world. (HD) **2.00** How plants change through the seasons. (HD) **3.00-7.00** Without a Trace: Back-to-back episodes, including at: **6.00** More Than This: 20/24. A wealthy man disappears. (Series 4) (HD)



7.00 Dinosaur 13

7.00 FILM Dinosaur 13 Documentary detailing the true story behind one of history's greatest dinosaur discoveries in 1990 and the struggle that surrounded it. (HD) (2014, PG, 95min) ★★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Vinyl Whispered Secrets 3/10. Richie has some difficult decisions to make as he is forced to drop acts from the American Century roster. (HD)

10.10 The Pacific Melbourne 3/10. The soldiers are greeted as heroes in Melbourne. (HD) **11.20** The Pacific (HD) **12.25am** The Sopranos (HD) **1.30** Togetherness (HD) **2.00** Vinyl **NEW EPISODE** (HD) **3.10** The Knick (HD) **4.15-6.00am** The Guest Wing (HD)

+1 hour SKY 170

GOLD

SKY 110 VIRGIN 126

7.00am Cheers **7.30** 'Allo 'Allo! **8.50am-12.50pm** Open All Hours **12.50-3.00pm** 'Allo 'Allo! Triple bill. **3.00 FILM** The Cocoonuts: Vintage comedy from the Marx Brothers. The four siblings cause havoc in a Florida hotel. (1929, b/w, U, 89min) ★★★★★ **5.00** Last of the Summer Wine: Barry yearns for adventure. **5.40** The Two Ronnies Sketchbook: Featuring a performance by Katie Melua.



9.00 Comic Roots

7.05 The Tommy Cooper Hour Magic, mirth and music with the fez-wearing funnyman.

8.00 The Interviews Dawn French narrates this series finding out about the nation's performers, beginning with Kenneth Williams.

9.00 Comic Roots Kenneth Williams explores his roots in and around St Pancras. **9.40 I'm Alan Partridge** Alan tries to join Norwich's social elite.

10.20 The Office **11.00** The Thick of It **11.40** The Armando Iannucci Shows **12.10am** Stewart Lee's Comedy Vehicle **12.50** The Trip **1.30** I'm Alan Partridge **2.10** The Office **2.45** The Thick of It **3.15** Stewart Lee's Comedy Vehicle **3.50-4.00am** Creature Comforts

+1 hour SKY 166 VIRGIN 127

Dave

SKY 111 HD 111/246 VIRGIN 128 HD 194 F'VIEW 12

7.00am Extreme Fishing with Robson Green **7.50** Traffic Cops **9.50 FILM** Shootout: Western with Gregory Peck. (HD) (1971, PG, 94min) ★★ **11.40** Top Gear (HD) **1.00pm** Traffic Cops **2.00-4.00** Blackadder Goes Forth: Triple bill. (Series 4) **4.00-6.00** Red Dwarf: Triple bill. (Series 1) **6.00** Storage Hunters UK: From Preston. (HD) **6.30** The Bidders visit Royston, Hertfordshire. (HD)



9.00 Have I Got a Bit...

7.00 Storage Hunters UK UK bidders look for treasures in Ipswich. (HD) **7.30** Sean Kelly oversees bidders looking for treasures in Yeovil. (HD)

8.00 Top Gear Richard Hammond puts the Volkswagen Touareg to the test in Sweden. With Tom Cruise and Cameron Diaz. (HD)

9.00 Have I Got a Bit More News for You Extended edition, with Jack Dee, Janet Street-Porter and James Acaster. (HD)

10.00 QI XL Extended edition, with guests Liza Tarbuck, Susan Calman and Sandi Toksvig. (HD)

11.00 Parks and Recreation **NEW EPISODES** (HD) **12.00m't** Room 101 (HD) **1.20am** QI XL (HD) **2.20** Mock the Week **2.50-4.00am** Only Connect

+1 hour SKY 214 VIRGIN 129 F'VIEW 84

ITV3

SKY 119 HD 119/263 VIRGIN 117 HD 177 F'VIEW 10 F'SAT 115

6.00-7.20am On the Buses: Triple bill. **7.20** A Touch of Frost (HD) **9.35** Heartbeat **11.35** Jane Eyre (HD) **1.45pm** Wycliffe (HD) **2.55** Agatha Christie's Marple: *Murder Is Easy*: Guest stars Benedict Cumberbatch. (HD) **4.55** Margery and Gladys: One-off comedy starring Penelope Keith and June Brown. Two elderly ladies interrupt a burglary and hit the culprit over the head in a panic.



10.00 Mrs Biggs

7.00 Midsomer Murders *Last Year's Model*: Barnaby questions the guilt of a Midsomer Malham resident on trial for the murder of her best friend, and enlists the help of a local pensioner to solve the case. Guest stars Thelma Barlow.

9.00 Carry On Forever Martin Clunes narrates the story of the comedy franchise. Featuring contributions by Bernard Cribbins and Juliet Mills.

10.00 Mrs Biggs 5/5. Ronnie asks Charmian for a divorce. (HD) **11.35 FILM** Something's Gotta Give: Romantic comedy. (HD) (2003, 12, 128min) ★★ **2.00am FILM** Agatha: Mystery thriller. (1978, PG, 105min) ★★ **3.40** May the Best House Win (HD) **5.20-5.40am** Judge Judy

+1 hour SKY 193 VIRGIN 174 F'SAT 116

ITV4

SKY 120 HD 120/268 VIRGIN 118 HD 178 F'VIEW 24 F'SAT 117

6.00am Kojak (HD) **6.55** The Sweeney **7.55** The Professionals: Double bill. **9.55-11.45** Pawn Stars: Back-to-back editions. (HD) **11.45** The Classic Car Show (HD) **12.45pm** LIVE Darts: UK Open: Coverage of the quarter-finals from the Butlins Minehead Resort. (HD) **5.00** Storage Wars: Texas: Double bill of the series. (HD) **5.55** The Car Chasers: Double bill of the series. (HD)



7.00 Darts: UK Open

7.00 LIVE Darts: UK Open Jacqui Oatley presents coverage of the semi-finals and final from the Butlins Minehead Resort in Somerset. With analysis from Chris Mason and Alan Warriner-Little, and commentary by Stuart Pyke and John Rawling. (HD)

11.00 FILM Smokin' Aces: Crime comedy thriller starring Jeremy Piven, Ryan Reynolds and Ray Liotta. (HD) (2006, 18, 109min) ★★ **1.10am** Ax Men (HD) **2.10** Highway Patrol **2.35-2.45am** Movies Now (HD)

+1 hour SKY 206 VIRGIN 175 F'SAT 155

Real Lives

SKY 172 VIRG 160

6.00am Inside Gatwick **8.00** Four Weddings **9.00-11.15** RSPCA Animal Rescue **11.15am-6.00pm** My Kitchen Rules: Australia **6.00pm** Most Haunted **7.00** Border Security USA Officers uncover a child-smuggling operation. **8.00** A woman is suspected of child smuggling in California. **9.00** Sun, Sea and A&E Following British tourists hospitalised abroad. **10.00** Sin Cities Weird and wonderful stories from around the world. **11.00** Sexcetera **1.00am** Eurotrash: Sexy Bits **2.50** When Vacations Attack **3.40** The Devil's Dinner Party **4.30** Sing Date **5.00-6.00am** Inside Gatwick

+1 hour SKY 173 VIRG 207

Sky2

SKY 129 VIRG 121

6.00am Star-Crossed **8.00am-12.00noon** Greggs: More Than Meats the Pie **12.00noon** Inside Gatwick **1.00-6.00pm** Robot Wars **6.00** Dog the Bounty Hunter: Double bill. **7.00** The Flash *Potential Energy*: 10/23. (Series 2) **8.00** Forever Dead Men *Tell Long Tales*: 18/22. Henry investigates a murder connected to a sunken ship. (Series 1) **9.00** Sun, Sea and A&E Following British tourists hospitalised abroad. **10.00** Sin Cities Weird and wonderful stories from around the world. **11.00** Sexcetera **1.00am** Eurotrash: Sexy Bits **2.50** When Vacations Attack **3.40** The Devil's Dinner Party **4.30** Sing Date **5.00-6.00am** Inside Gatwick

+1 hour SKY 129 VIRG 121

Pick

SKY 152 VIRG 123 F'VIEW 11 F'SAT 144

6.00-8.00am Motorway Patrol **8.00** Chopper Squad **9.00am-1.00pm** It's Me or the Dog **1.00pm** Animal Cops South Africa **2.00-6.00** Monkey Business **6.00** **NEW SERIES** Dog Rescuers **6.00** Dog Rescuers **NEW EDITION** **7.00** Meerkat Manor **8.00** Criminal Minds *Pleasure Is My Business*: 16/26. (Series 4) **9.00** The Force: Manchester **10.00** Police Force: Australia Double bill. **11.00** Australia's Deadliest Attacks **12.00m't** Ross Kemp: Extreme World **1.00am** A Haunting **2.00** Road Wars **3.00** Hard Time **4.00** It's Me or the Dog **5.00-6.00am** Monkey Life

+1 hour SKY 153 F'SAT 159

E!

SKY 151 HD 151/239 VIRG 156

7.00am Tia and Tamera **8.00** News **9.00** Giuliana and Bill **10.00** Total Divas **11.00** Botched **11.30am-6.00pm** Keeping Up with the Kardashians **6.00pm** Total Divas **NEW EDITION** Nikki faces an old foe. **7.00** News **8.00** Keeping Up with the Kardashians Kim prepares to give birth. **9.00** The Royals **10.00** Hollywood Medium with Tyler Henry **NEW EDITION** A tearful connection for Amber Rose and her mother to a beloved aunt. **11.00** News **12.00m't** Fashion Police **1.00am** Keeping Up with the Kardashians **1.30** Teleshopping **2.30** News **4.30-5.00am** Celebrity Style Story

+1 hour SKY 229

Alibi

SKY 132 HD 132/247 VIRG 130 HD 200

7.10am Murdoch Mysteries (HD) **8.00am-7.00pm** Rizzoli & Isles (HD) **7.00pm** Rizzoli & Isles 5:26: 12/18. The death of a former drug addict is found to be connected to Rizzoli. (Series 6) (HD) **8.00** Father Brown *The Mayor and the Magician*: 9/10. The mayor dies suddenly. (Series 1) (HD) **9.00** New Tricks *Part of a Whole*: Sandra and the team try to unmask an assassin. (HD) **10.00** Miss Fisher's Murder Mysteries *Framed for Murder*: 9/13. The lead actor in a movie is murdered on set. (Series 2) (HD) **11.00** The Doctor Blake Mysteries (HD) **12.20am** Murdoch Mysteries (HD) **1.20-4.00am** Rizzoli & Isles (Series 6) (HD)

+1 hour SKY 226 VIRG 131

ITV Be

SKY 179 VIRG 119 F'VIEW 26 F'SAT 118

9.00am There Goes The Motherhood (HD) **10.00** The Bachelor **12.00noon-4.55pm** The Real Housewives of Atlanta: Back-to-back editions. (HD) **4.55pm** TOWIE: Be Beautiful (HD) **5.05** The Only Way Is Essex: Double bill. (HD) **7.00** The Bachelor **NEW EDITION** Juan goes on his first solo dates. **9.00** The Real Housewives of Atlanta **NEW EDITION** The guest list for Cynthia's party causes tension. (HD) **10.00** The Only Way Is Essex **NEW EDITION** Reality series. (HD) **10.50** Candidly Nicole **NEW EDITIONS** Double bill of the series. **11.50pm-12.45am** **NEW** The Bachelor: Love Stories: Series highlights.

+1 hour SKY 207 VIRG 120 F'SAT 158

ITV Encore

SKY 123 HD 123/269

6.00am The Encore Hour **9.00** Robin of Sherwood **9.55** Upstairs, Downstairs **10.50** Always and Everyone **11.45** Heartbeat **1.50-8.00pm** Downton Abbey (HD) **8.00** Downton Abbey 2/8. Cora and Violet clash over plans for the hospital. (Series 6) (HD) **9.00** The Frankenstein Chronicles *Frankenstein* **5/6**. Mary Shelley follows her own line of enquiry into Sir William Chester. (HD) **10.00** Scott & Bailey 3/8. A wealthy man leading a double life is murdered. (Series 3) (HD) **11.05** Scott & Bailey (HD) **12.05am** The Americans (HD) **2.15** Unforgotten (HD) **3.05** Monroe (HD) **4.00-6.00am** The Encore Hour

+1 hour SKY 208

Comedy Central

SKY 112 HD 112/205 VIRGIN 132 HD 181

8.00-10.00am The Middle: Back-to-back episodes. (HD)
10.00am-12.00noon Malcolm in the Middle: Back-to-back episodes. (HD)
12.00noon-7.15pm Friends: Back-to-back episodes, including at: **6.25pm** 7/24. Phoebe fails to impress her boyfriend's parents. (Series 9) (HD) **6.55** 9/18. Monica and Chandler go to Ohio to meet the mother of the baby they plan to adopt. (Series 10) (HD)



9.00 The Roast of...

7.15 FILM Zoolander

Comedy directed by and starring Ben Stiller as a top male model who gets involved in a plot to assassinate the Malaysian premier. With Owen Wilson. (HD) (2001, 12, 89min) ★★★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 The Roast of Justin Bieber Kevin Hart hosts a comedy tribute to the Canadian singer. (HD)

11.00 FILM American Pie Presents The Book of Love: Teen comedy starring Bug Hall and Kevin M Horton. (HD) (2009, 18, 93min) ★
12.00m't Drunk History (HD)
12.30-2.00am Impractical Jokers (HD) **2.00** Drunk History (HD) **2.30-5.00am** Two and a Half Men (HD)

+1 hour SKY 127 VIRGIN 133

Syfy

SKY 114 HD 114/201 VIRGIN 135 HD 165

6.00am FILM 10,000 Days (HD) (2014, PG) ★ **8.00** Teleshopping **11.00** Fact or Faked: Paranormal Files (HD)
12.00noon The Captains Close Up (HD) **12.30pm FILM** Merlin: The Return (2000, PG, 88min) ★★ **2.30** FILM Poseidon Rex (HD) (2013, 15, 81min) ★★
4.20 FILM Under the Mountain (HD) (2009, 12, 90min) ★★ ★ **6.10 FILM** D.A.R.Y.L.: Sci-fi adventure. (HD) (1985, PG, 99min) ★★ ★



8.10 Lavalantula

FILM D.A.R.Y.L. (film started at 6.10pm)
 SEX ●●● VIOLENCE ●●● LANG ●●●

8.10 FILM Lavalantula Monster thriller starring Steve Guttenberg. A volcano erupts in the Santa Monica mountains, spewing out gigantic fire-breathing spiders that wreak havoc on Los Angeles. (HD) (2015, 15, 81min) ★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 FILM The Fly Sci-fi horror remake starring Jeff Goldblum. (1986, 15, 100min) ★★ ★★
 SEX ●●● VIOLENCE ●●● LANG ●●●
12.00m't FILM Pandorum (HD) (2009, 15) ★★ ★
2.10am Extant (HD) **3.10** Killjoys (HD) **4.10-6.00am** FILM 100 Degrees Below Zero (HD) (2013, 15) ★

+1 hour SKY 194 VIRGIN 136

W

SKY 109 HD 109/245 VIRGIN 124 HD 191

6.10-9.00am Bondi Rescue **9.00am-12.00noon** Passport Patrol **12.00noon** EastEnders (HD) **2.30pm** EastEnders: The Greatest Cliffhangers **3.30-6.30** Doctor Who: Triple bill. (Series 1)
6.30 Doctor Who: The Doctors Revisited: A look back at the 50-year history of the sci-fi series, beginning with the original Doctor, played by William Hartnell from 1963 to 1966. (HD)



10.15 Who Do You Think...

7.00 Doctor Who A Town Called Mercy: 3/13. The Doctor faces a cyborg gunslinger in a Wild West town. (Series 7) (HD)

8.00 Sophie Ellis-Bextor ON Fame The musician explores the changing shape of celebrity in a social media world. (HD)

9.00 The Musketeers The Homecoming: 5/10. Porthos is sentenced to death for murder, then swiftly abducted by a gang from the slums. (Series 1) (HD)

10.15 Who Do You Think You Are? Sebastian Coe discovers his links to Britain's colonial past. (HD)

11.15 Neighbourhood Blues (HD) **1.15am** W1A (HD) **1.55-3.00am** Doctor Who

+1 hour SKY 213 VIRGIN 125

Universal

SKY 113 HD 113/204 VIRGIN 137

6.00am NCIS (Series 3) (HD) **7.00** Teleshopping **8.00** Rescue Special Ops: Double bill. (Series 3) (HD)
10.00am-7.00pm NCIS: Back-to-back episodes, including at: **4.00pm** Jeopardy: 22/24. (HD) **5.00** Hiatus - Part One: 23/24. Gibbs is injured in an explosion. (HD) **6.00** Hiatus - Part Two: 24/24. Gibbs emerges from his coma with amnesia. (Series 3) (HD)



10.00 Law & Order: SVU

7.00 NCIS Power Down: 8/24. An attempted robbery leads to the death of a lieutenant. (Series 7) (HD)

8.00-11.00 Law & Order: Special Victims Unit Painless: 22/25. Munch investigates an assisted suicide. Guest stars Marlee Matlin. (HD)

9.00 Bound: 23/25. Benson and Stabler investigate the murder of an elderly woman. Guest stars Anthony Rapp. (Series 5) (HD)

10.00 NEW EPISODE Forty-One Witnesses: A woman is raped in full view of her neighbours. (Series 17) (HD)

11.00pm-3.00am Law & Order: Special Victims Unit (HD) **3.00am** NCIS (HD) **4.00** Rescue Special Ops (HD) **5.00-6.00am** Motive (HD)

+1 hour SKY 150 VIRGIN 138

FOX

SKY 124 HD 124/188 VIRGIN 157 HD 199

8.00am-1.00pm NCIS: Back-to-back episodes of the US crime drama. (Series 10) (HD)
1.00-6.00pm The Closer: Back-to-back episodes, including at: **5.00** No Good Deed: 12/15. A teenager's death is investigated. (Series 2) (HD)
6.00 Marvel's Agent Carter: Life of the Party: 6/10. Peggy realises she cannot save Wilkes on her own, and turns to an unexpected adversary for help. (Series 2) (HD)



12.00 American Dad!

7.00 NCIS Saviours: 8/24. DiNozzo must help old flame Jeanne Benoit rescue her kidnapped husband. Guest stars Scottie Thompson. (HD)

8.00 Day in Court: 9/24. A petty officer tries to prove he did not murder his former girlfriend. (Series 13) (HD)

9.00 The Walking Dead Knots Untie: 11/16. Rick comes to the conclusion that Alexandria might not be as safe as he initially thought. (Series 6) (HD)

10.00 American Dad! Steve is recruited by the NSA. (HD)

10.30 Family Guy (HD) **11.00** American Dad! (HD) **11.30** Family Guy (HD) **12.00m't** American Dad! (HD) **1.00am** Family Guy (HD) **2.00** American Dad! (HD) **3.00** Family Guy **4.00-5.00am** American Dad! (HD)

+1 hour SKY 165 VIRGIN 158

Sky Arts

SKY 121 HD 121/223 VIRGIN 122 HD 206

6.00am Highlights **9.15** In Vogue: The Editor's Eye (HD) **10.30** Hollywood: Singing and Dancing **11.45** Monty Python: Almost the Truth (HD) **1.00pm** Parkinson: Masterclass (HD)
2.00 Johnny Cash: American VI - Ain't No Grave **2.35** Johnny Cash: A Legend in Concert **3.25** Johnny Cash at Folsom Prison (HD)
4.25 Vivaldi's Four Seasons Recompensed by Max Richter (HD) **5.15** André Rieu: My African Dream (HD)



4.25 Vivaldi's Four...

7.00 The Seventies The politics, culture and historic events of the 1970s, from the Watergate scandal to the Iran hostage crisis. (HD)

8.00 Discovering: The Clash The career of the punk band. (HD)

8.30 Discovering: Iggy Pop The life and career of the singer. (HD)

9.00 The Who: Live at Hyde Park A 2015 performance by the veteran rock band as part of their 50th anniversary celebrations, including performances of *My Generation* and *Pinball Wizard*. (HD)

11.25 Occupied (HD) **12.25am** Drunk Stoned Brilliant Dead: The Story of the National Lampoon (HD) **2.25** Giles Coren: My Failed Novel (HD) **3.25** RTS Short: La Larry (HD) **3.30** Greenwich Village: Music That Defined a Generation (HD) **5.30-6.00am** Swinging UK (HD)

Sunday

7 PM

8 PM

9 PM

10 PM

CBS Action

SKY 148 VIRG 192 F'VIEW 64 F'SAT 137

8.30am Tomorrow's World **9.00am-2.00pm** Star Trek: Deep Space Nine
2.00pm The High Chaparral **4.00** Dr Quinn: Medicine Woman **6.00 FILM** Standing Tall: Drama. (1978, 100min) ★★
8.00 SOF: Special Ops **Force Wild Card:** 1/17. Trout is left a cryptic message. (Series 2)
9.00 NCIS *Collateral Damage:* 7/25. A bank is robbed, and the security guard killed, but the team discovers that stealing money may not have been the main objective. **10.00** Cloak: 8/25. DiNozzo and Ziva go on a decoy mission to retrieve top-secret information from a secure military base, in a bid to expose a spy in NCIS. (Series 6)
11.00pm-2.00am NCIS (Series 6) **2.00-6.00am** Nash Bridges

CBS Drama

SKY 149 VIRG 197 F'VIEW 74 F'SAT 134

7.30am The Key of David **9.00am-2.00pm** Matlock **2.00-7.00pm** Hawaii Five-O (Series 5)
7.00-10.00 Judge Judy Back-to-back editions of real-life small-claims cases on issues affecting family life, presided over by former New York judge Judy Sheindlin.
10.00 Unsolved Mysteries The story of a teacher who married a convict, then helped him to escape from prison. Plus, the case of the missing 'Iceman' and its replica.
11.00 The story of an infamous 19th-century massacre, and a look at the possibility of life existing on Mars.
12.00m't-5.00am Cheaters: Back-to-back editions of the hidden camera series featuring footage taken to expose unfaithful partners.

4Seven

SKY 140 VIRG 195 F'VIEW 110/47 F'SAT 127

9.00am Selling Houses with Amanda Lamb (HD) **10.00** Location, Location, Location (HD) **12.00noon** A New Life in the Sun (HD) **2.00pm** Penelope Keith's Hidden Villages (HD) **3.00** Come Dine with Me (HD) **5.00** Great Canal Journeys (HD) **6.00** Amazing Spaces: Floating Homes (HD) **7.00** Ugly House to Lovely House with George Clarke: Architect Ed Lipton renovates a couple's house. (HD) **8.00** Posh Pawn (HD) **9.00** Gogglebox (HD)
11.00 Secrets of the Sauna (HD) **12.05am** Ramsay's Kitchen Nightmares USA **1.00** How to Get a Council House (HD) **1.55** Supershoppers (HD) **2.50** Penelope Keith's Hidden Villages (HD) **3.45-4.45am** The Secret Life of the Zoo (HD)

5USA

SKY 174 VIRG 153 F'VIEW 21 F'SAT 129

9.00am My Name Is Earl **9.25** Rookie Blue **10.25** Castle **12.25pm** Columbo: Strange Bedfellows: Mystery.
2.25 Columbo: Short Fuse **4.00** Columbo: Grand Deceptions **6.00** NCIS **7.00** NCIS *Power Down:* 8/24. An attempted robbery leads to the death of a lieutenant. (Series 7)
8.00 Devil's Tripectra: 9/24. Gibbs teams up with FBI agent TC Fornell. (Series 10)
9.00 CSI: NY *The Real McCoy:* 10/17. The co-owner of a nightclub is found robbed and murdered. (Series 9)
10.00 CSI *Ghost Town:* 2/23. (Series 10)
11.00 CSI: Miami **11.55** CSI: Miami CSI: Miami **2.50** Law & Order **3.35-4.05am** My Name Is Earl

SKY 219 VIRG 154 F'VIEW 83 F'SAT 130

5STAR

SKY 176 VIRG 151 F'VIEW 30 F'SAT 131

9.00am Scrubs **9.25-10.50** 8 Simple Rules **10.50am-2.50pm** My Wife and Kids
2.50pm FILM Harry and the Hendersons: Comedy. (1987, PG, 110min) ★★
5.05 FILM Over Her Dead Body: Comedy. (2008, 12, 90min) ★★ ★
7.00 The Secret Life of the Family
8.00 The Hitchhiker Slayer: Born to Kill?
9.00 Slaughter at the Farm: Countdown to Murder The events leading up to Jeremy Bamber's killing spree.
10.00 Family Massacre: The Jersey Slayer
11.00 The Body in the Lake: Countdown to Murder **12.00m't** The OAP Killer: First Kill, Last Kill **1.00am** Wentworth Prison **2.00-4.00am** Ridiculousness

+1 hour SKY 190 VIRG 132

True Ent

SKY 184 VIRG 189 F'VIEW 61 F'SAT 142

6.00am Son of the Morning Star **8.00am-1.00pm** Touched by an Angel: Back-to-back episodes of the series.
1.00pm FILM Invisible Child: Drama. (1998, PG, 87min) ★★ ★ **3.00** Steve Martin's The Judge
7.00-9.00 M*A*S*H Back-to-back episodes.
9.00 The Cry 2/2. Psychological thriller starring Sarah Lancashire. Meg goes on the run with Eleanor and grows determined to prove Christine guilty of abuse.
11.00 FILM Willing to Kill: The Texas Cheerleader Story: Fact-based drama starring Lesley Ann Warren. (1992, PG, 120min) ★★ **1.00-3.00am** FILM Taming Andrew: Fact-based melodrama starring Park Overall and Seth Adkins. (2000, PG, 88min) ★★

Drama

SKY 158 VIRG 190 F'VIEW 20 F'SAT 162

7.10-11.00am The Bill **11.00am-4.00pm** Daniel Deronda **4.00pm** Catherine Cookson's A Dinner of Herbs: Drama starring Billie Whitelaw and Tim Healy.
7.00 Bergerac *Old Acquaintance:* 7/8. A visiting athlete provokes confusion on the island.
8.00 Trenchard's Last Case: 8/8. A former Scotland Yard detective visits the island, supposedly on a fishing trip. (Series 7)
9.00 Silent Witness *And Then I Fell in Love:* Nikki sees a girl being knocked over by a car, leading to a case that takes the team into the harrowing world of sex grooming and teenage prostitution.
11.10 Crocodile Shoes **1.35am** Bergerac **2.40-4.00am** A Garden for All Seasons: Triple bill.

AMC

SKY 192
HD 192/276

Programmes start at 7pm.

7.00pm FILM It Could Happen to You Romantic comedy starring Nicolas Cage and Bridget Fonda. A New York cop shares a lottery jackpot with a waitress in lieu of a tip – to his wife's dismay. (1994, PG, 101min) ★★★

9.00 Mad Men The Inheritance: 10/13. Betty calls Don for support when her father has a stroke. (Series 2)

10.00 Breaking Bad ABQ: 13/13. Walt's lies begin to unravel. (Series 2)

11.00 FILM Stop-Loss: Military drama starring Ryan Phillippe and Abbie Cornish. (2007, 15, 112min) ★★ **1.15am Big Screen 1.30 Mad Men 2.30 Breaking Bad 3.30 Mad Men 4.30-5.30am Breaking Bad**

Good Food

SKY 133 VIRG 278
HD 133/255 HD 280

6.00am The Hairy Bikers: Everyday Gourmets (HD) **8.00-10.00 Choccywoccydoodah** (HD) **10.00am-12.00noon You Gotta Eat Here** (HD)

12.00noon-2.00pm Luke Nguyen's Vietnam (HD) **2.00pm Madhur Jaffrey's Curry Nation** (HD) **3.00 The Hairy Bikers: Everyday Gourmets** Dinner for two on a budget. (HD) **9.00 Indulgent dishes.** (HD)

10.00 Two Fat Ladies **11.00 Choccywoccydoodah** (HD) **12.00m-t-2.00am You Gotta Eat Here** (HD) **2.00am Home Shopping 5.00-6.00am Madhur Jaffrey's Curry Nation** (HD)

+1 hour

SKY 243 VIRG 279

Shed

SKY 242 VIRG 286

6.00-10.00am Thinking Tackle 10.00am-1.30pm The Great Rod Race 1.30pm The Greater Rod Race 2.00-6.00 Hooked on Fishing 6.00 Thinking Tackle 7.00-10.00 Thinking Tackle Ali Hamidi and Mick Norcross compete at Birds Green Fishing Lakes, Essex.

8.00 Angling expert Danny Fairbrass plans a trip to France to plunder a lake that has yet to be commercially fished.

9.00 Darrell Peck and Ali Hamidi hunt for carp at Farlow, sharing their secrets on how to catch some impressive specimens.

10.00 The Great Rod Race Double bill of the freshwater fishing challenge.

11.00pm-1.30am The Great Rod Race 1.30am The Greater Rod Race 2.00-5.30 Hooked on Fishing 5.30-6.00am Supermodels II: Globemaster

CBS Reality

SKY 146 VIRGIN 148 F'VIEW 66 F'SAT 135

7.30am Tomorrow's World 8.00 The Key of David 8.30 The Lord's Challenge 9.00 The Super 10.00am-5.00pm Judge Judy: Back-to-back editions. **5.00pm Caught on Camera 6.00 The Day My Legs Stopped Working 7.00 48 Hours 8.00 48 Hours: Mystery** Investigating real-life crimes and mysteries.

9.00 Evil Twins A look at the life and crimes of Ronnie and Reggie Kray.

10.00 Stalkers Who Kill What happens when relationships go bad and one partner becomes obsessive.

11.00 Beyond The Headlines: Double bill. **1.00am Evil Twins 2.00 Stalkers Who Kill 3.00 Teleshopping 4.00 The Super 4.25 Dog and Beth: On the Hunt 5.10-6.00am Heir Hunters**

+1 hour

SKY 147 VIRG 201 F'VIEW 67 FSAT 136

Home

SKY 196 VIRGIN 281 F'VIEW 25

7.00am Escape to the Country 8.00-11.00 Jamie's 30 Minute Meals 11.00am-2.00pm Escape to the Country 2.00-5.00pm Jamie's 30 Minute Meals 5.00 DIY SOS: The Big Build 5.30 Jamie's 30 Minute Meals 6.00 DIY SOS: The Big Build 7.00-9.00 My Flat-Pack Home A modern, energy-saving house in Devon.

7.30 A flat-pack holiday lodge in the Lake District.

8.00 Building a flat-pack garden office in eight hours.

8.30 A flat-pack extension without any bricks.

9.00 Fantasy Homes by the Sea A dream property on the North Yorkshire coast.

10.00 From the fishing port of Looe in Cornwall.

11.00 Bargain Hunt 1.00am My Flat-Pack Home 2.00-4.00am Bargain Hunt

+1 hour

SKY 244 VIRG 282

Sony Channel

SKY 157 VIRGIN 193

7.00am Will & Grace: Double bill. 8.00am-12.00noon Ghost Hunters International: Back-to-back editions.

12.00noon Ghost Hunters 1.00pm Ghosts in My Home 2.00 FILM A League of Their Own: Comedy drama starring Tom Hanks and Geena Davis. (1992, PG, 124min) ★★★★★

4.35 Sony Movie News Extra 4.45 FILM Only You: Comedy starring Marisa Tomei and Robert Downey Jr. (1994, PG, 104min) ★★ **7.00 FILM Hush:** Thriller starring Jessica Lange and Gwyneth Paltrow. (1998, 12, 91min) ★★

9.00 FILM The Skeleton Key: Supernatural horror. (2005, 15, 104min) ★★ **11.10 Secret Diary of a Call Girl 12.10am Ghost Hunters 1.00-3.30am Ghost Hunters International 3.30-4.00am Will & Grace**

+1 hour

SKY 181

Challenge

SKY 145 VIRGIN 139 F'VIEW 46 F'SAT 145

6.00-8.00am Ninja Warrior: Back-to-back editions. **8.00 Robot Wars 10.00 Fun House 11.00 Robot Wars 12.00noon-3.00pm Pointless:** Triple bill of the quiz show.

3.00-7.00pm Classic Who Wants to Be a Millionaire? Back-to-back editions.

7.00 Classic Who Wants to Be a Millionaire? Chris Tarrant presents a classic edition of the big-money quiz.

8.00 American Ninja Warrior Leading athletes and wrestlers compete against amateurs.

9.00 TNA Wrestling Coverage of all the latest TNA Impact Wrestling action and drama from competitors in the ring.

11.00 Videogame Nation 11.30 Fun House 12.00m-t-4.00am Pointless: Back-to-back editions of the quiz.

4.00-6.00am Ninja Warrior: Back-to-back editions.

+1 hour

SKY 164 VIRG 180 FSAT 146

Home & Health

SKY 240 VIRGIN 284

6.00-9.00am Hospital Sydney: Back-to-back editions. **9.00 MasterChef Australia 11.30 I Didn't Know I Was Pregnant 12.00noon Country House Rescue 1.00-7.00pm Homes Under the Hammer:** Back-to-back editions.

7.00 Homes Under the Hammer Examining properties in Southampton, Hartlepool and London.

8.00 Hoarding: Buried Alive The team tries to save a woman's home before the local council demolishes it.

9.00 A couple who have kept their hoarding a secret. 10.00 Monsters Inside Me A pregnant woman's unborn child is threatened.

11.00 Monsters Inside Me: Double bill. 1.00am Hoarding: Buried Alive: Double bill. 3.00-6.00am Hospital Sydney: Back-to-back editions.

+1 hour

SKY 241 VIRG 285

Spike

SKY 160 F'VIEW 31 F'SAT 141

9.00am Access 9.10 Bar Rescue 10.10 FILM Fighting Man of the Plains: Western. (1949, PG, 94min) ★★

12.10pm FILM The Arizona Ranger: Western. (1948, b/w, PG, 65min) ★★ **1.30 FILM Ambush at Tomahawk Gap:** Western. (1953, PG, 73min) ★★ **3.00-7.00 Police Interceptors:** Back-to-back editions of the series.

7.00 Police Interceptors Sgt Jon Moon and his police dog Kanto are confronted by a thief wielding a knife.

8.00 Chasing Monsters Cyril Chauquet goes fishing in Canada's frozen north.

9.00 FILM Gran Torino Drama starring Clint Eastwood. (2008, 15, 116min) ★★★★★

11.20 Police Interceptors 12.20am Can't Pay? We'll Take It Away (HD) **1.20 Gotham: Rise of the Villains 2.20 Caught on Camera 2.50-3.00am Access**

Comedy Central extra

SKY 128 VIRGIN 182

9.00am Mike & Molly 9.30 Undateable 10.00am-12.00noon The Middle 12.00noon-5.00pm Malcolm in the Middle 5.00-7.00pm Impractical Jokers 7.00-10.00 Impractical Jokers A 'Beth' needs to be found. 7.30 The guys try to get fake books published. 8.00 The jokers take on a supermarket challenge. 8.30 Murray pays a visit to a running shop. 9.00 The guys serve up trouble as hot dog vendors. 9.30 Hidden camera show. 10.00 Friends Double bill of the sitcom. (Series 8&9) 11.00 Friends 12.00m-t Bob's Burgers 1.00am Inside Amy Schumer 1.30 Workaholics 2.30 Lee Evans Live 3.50 Popoz: Filthy Cops 4.15 Sir Leslie Quint: Life in Film 4.20-6.00am The King of Queens

+1 hour

SKY 159

Lifetime

SKY 156 VIRG 208
HD 156/236 HD 209

6.00-9.00am Judge Judy (HD) **9.00am-12.00noon Hardcore Pawn** (HD) **12.00noon-5.00pm Dance Moms** Throwback: Specials – Maddie & Melissa (HD) **1.00pm Nia & Holly** (HD) **2.00 Kendall & Jill** (HD) **3.00 Mackenzie & Melissa** (HD) **4.00 Kalani & Kira/Jojo & Jessalyn** (HD)

5.00 Dance Moms (HD) **6.00 Project Runway** (HD) **7.00 Britain's Next Top Model** (HD) **8.00 Australia's Next Top Model** (NEW EDITION) (HD) **9.00 Hoarders: Family Secrets** (HD) **10.00 The Joy of Sex Toys** (SERIES FINALE) (HD) **11.00 Little Women: LA** (HD) **12.00m-t The Real Housewives of Beverly Hills** (HD) **1.00am Shahs of Sunset** (HD) **2.00 Australia's Next Top Model** (HD) **3.00 Hoarders: Family Secrets** (HD) **4.00 Dance Moms** (HD) **5.00-6.00am Pawn Stars** (HD)

+1 hour

SKY 197

TLC

SKY 125 VIRG 167
HD 125/234 HD 168

6.00-9.00am Cake Boss (HD) **9.00 Super Soul Sunday** (HD) **10.00am-12.00noon Extreme Cheapskates** (HD) **12.00noon-2.00pm Cake Boss** (HD) **2.00pm Bakery Boss** (HD) **3.00 Best of Buddy's** (HD) **3.30 Cake Boss** (HD) **4.00 Our Little Family** (HD) **5.00 90 Day Fiancé** (HD) **6.00 NEW SERIES Kate Plus 8** (HD)

7.00 Baby Changes Everything (HD)

8.00 Cake Boss Double bill of the series. (HD)

9.00 LA Ink Kim looks for love at Drag Queen Bingo.

10.00 Too Ugly for Love? A woman with lipoedema chooses an outfit. (HD)

11.00 Say Yes to the Dress (HD) **12.00m-t Cake Boss** (HD) **1.00am LA Ink 2.00 Too Ugly for Love?** (HD) **3.00-6.00am Cake Boss** (HD)

+1 hour

SKY 154 VIRG 169

DMax

SKY 167 VIRGIN 170

6.00am Operation Repo: Double bill. **7.00 Custom My Ride 8.00 Misfit Garage 9.00 American Chopper 10.00am-6.00pm Tanked:** Back-to-back editions. **6.00pm Shipwreck Men** Ryan scrubs the Downrite's hull in the expectation an increase in speed will bring more jobs.

8.00 Tanked A look back at the most memorable tank-building experiences.

9.00 The brothers-in-law are commissioned to build a Harry Houdini-inspired tank.

10.00 Catching Hell A captain has a run-in with a moray eel.

11.00 Amish Mafia 12.00m-t Operation Repo 1.00am Misfit Garage 2.00 Custom My Ride 3.00 Operation Repo 3.50 American Hot Rod 4.40 American Chopper 5.30-6.00am Mystery Hunters

+1 hour

SKY 233 VIRG 171

Quest

SKY 144 VIRG 172 F'VIEW 37

6.00am Robson Green: Ultimate Catch **7.00 Down on the Farm 8.00 Flip That House 9.00 Challenge Tommy Walsh 9.30 The Salvager 10.00 Salvage Hunters 12.00noon Baggage Battles 1.00pm Hardcore Pawn 2.00 Island Planet Earth 4.00 Bear Grylls: Born Survivor 5.00 Cosmic Collisions 6.00 How Stuff's Made 7.00 Fifth Gear** Stig Blomquist takes Jonny for a drive on ice.

8.00 Salvage Hunters 9.00 Nazi Hunters 10.00 NEW SERIES Top Tens of Warfare History's most influential military equipment.

11.00 Moments of Terror 12.00m-t On the Case with Paula Zahn 1.00am Flip That House 2.00 Challenge Tommy Walsh 2.30 The Salvager 3.00 Down on the Farm 4.00-6.00am Auto Trader

+1 hour

SKY 195 VIRG 173 F'VIEW 38

TruTV

SKY 198 F'VIEW 68 F'SAT 154

6.00-9.00am Psychic Detectives: Back-to-back editions. **9.00am-12.00noon Crime Stories:** Triple bill.

12.00noon-7.00pm Snapped: Women Who Kill: Back-to-back editions of the series revisiting stories of apparently normal women who turned to murder.

7.00pm Snapped: Women Who Kill Stories of apparently normal women who turned to murder, investigating what causes such dramatic changes in behaviour.

8.00-11.00 Conspiracy Theory with Jesse Ventura Triple bill of the series. Jesse and his team of investigators are on a mission to examine some of the most frightening and mysterious conspiracy allegations of our time.

11.00 Paranormal Survivor 1.00-3.30am North Mission Road: Back-to-back editions. **3.30-6.00am Crime Stories**

Food Network

SKY 248 VIRGIN 291 F'VIEW 41 F'SAT 149

6.00-8.00am Barefoot Contessa – Back to Basics: Back-to-back editions. **8.00 Nigella Bites 9.00 The Pioneer Woman 10.00 Ready Steady Cook 10.30 The Pioneer Woman 11.00am-1.30pm Jamie's 15 Minute Meals:** Back-to-back editions. **1.30pm Amazing Wedding Cakes 2.30-5.00 Ace of Cakes 5.00 Man Finds Food 7.00 Rev Run's Sunday Suppers** NEW EDITIONS Jazzing up a classic recipe.

7.30 Rev digs out the steel wok to cook Chinese food.

8.00 Man v Food Double bill.

9.00 Jamie & Jimmy's Food Fight Club Jonathan Ross drops by the duo's cafe.

10.00 Restaurant: Impossible Double bill of the series.

12.00m-t-3.00am Diners, Drive-Ins and Dives: Back-to-back editions of the series.

+1 hour

SKY 250 FSAT 151

Really

SKY 155 VIRGIN 283 F'VIEW 17 F'SAT 164

6.00am Serious Crash Unit 7.00 Home Shopping 8.00 Don't Tell the Bride 9.00 Escape to the Country 11.00 DIY SOS: The Big Build 1.00pm A Place in the Sun: Winter Sun 2.00 Escape to the Country 4.00 Celebrity Fantasy Homes 6.00 Tiny House, Big Living NEW EDITIONS Double bill.

7.00 A Place in the Sun: Winter Sun Advice on buying a second home abroad.

8.00 Don't Tell the Bride A fun-loving prison officer plans his wedding.

9.00 Embarrassing Bodies Memorable cases.

10.00 One Born Every Minute A well-prepared couple look forward to their child's birth.

11.00 Medical Emergency 12.00m-t Dr G: Medical Examiner 1.00am Cheaters 2.00 Home Shopping 4.00 Dr G: Medical Examiner 5.35-6.00am Rescue: Code One

Discovery**SKY 520** **VIRGIN 250**
HD 520/561 HD 251

6.00am How It's Made **7.00** Gold Rush (HD) **8.00** Alaska: The Last Frontier (HD) **9.00** Exploring Alaska (HD) **10.00** Railroad Alaska (HD) **11.00** Yukon Men (HD)

12.00noon Airplane Repo (HD) **1.00pm** Jungle Gold (HD) **2.00** Auction Hunters: Double bill of the series. (HD) **3.00** What Could Possibly Go Wrong? (HD) **4.00** Mythbusters (HD) **6.00** How It's Made: Double bill. (HD)

**10.00** Kings of the Wild

7.00 Flight 370: The Missing Links Examining the disappearance of Malaysia Airlines Flight MH370. (HD)

8.00 Secret Space Escapes **NEW EDITION** A collision causes the hull of the Mir space station to leak oxygen. (HD)

9.00 David Baddiel on the Silk Road **NEW EDITION** The comedian discovers an amazing use for crude oil in Azerbaijan. (HD)

10.00 Kings of the Wild **NEW EDITION** (HD) **11.00** Gold Rush (HD) **12.00m't** Secret Space Escapes (HD) **1.00am** David Baddiel on the Silk Road: As 9.00pm. (HD) **2.00** Kings of the Wild (HD) **3.00** Secret Space Escapes (HD) **3.50** David Baddiel on the Silk Road (HD) **4.40-6.00am** How It's Made: Triple bill of the series.

+1 hour **SKY 521** **VIRGIN 252****Animal Planet****SKY 523** **VIRGIN 256**
HD 523/562 HD 257

6.00am Wildlife at the Zoo: Double bill. (HD) **7.00** My Cat from Hell: Double bill. (HD)

9.00am-6.00pm Dr Dee: Alaska Vet: Back-to-back editions, including at: **5.00pm** Dr Dee investigates a possible neurological problem in her own dog. (HD) **6.00pm** Tanked: ATM creates a pair of connecting tanks for an aquarium featuring an attraction where visitors can dive with sharks. (HD)

**8.00** Alaska Monsters

7.00 Tanked Wayne and Brett build a 1500-gallon aquarium in the ceiling of a hotel, along with a tank for internet sensation Henri the cat. (HD)

8.00 Alaska Monsters **NEW EDITION** The Alaska Midnight Sons head towards Denali National Park. (HD)

9.00 Finding Bigfoot The enthusiasts head to Georgia, where they investigate sightings in and around the Fort Stewart army base. (HD)

10.00 The enthusiasts visit Idaho, where they split up into teams. (HD)

11.00 Finding Bigfoot (HD) **12.00m't-4.40am** I'm Alive: Back-to-back editions of the series. (HD) **4.40am** K9 Cops (HD) **5.30-6.00am** The Diamond Collar (HD)

+1 hour **SKY 549** **VIRGIN 258****Nat Geographic****SKY 526** **VIRGIN 266**
HD 526/543 HD 268

8.00am China From Above (HD) **9.00** Exploring Malaysia with Jesse Martin (HD) **9.30** Exploring Malaysia with Nick Baker (HD) **10.00** Ghost Ship: Resurrection (HD) **11.00** WWII's Greatest Raids (HD)

12.00noon Herod's Lost Tomb (HD) **1.00pm** Elizabeth I: Killer Queen? (HD) **2.00** Saving Egypt's Oldest Pyramid (HD)

3.00 Yukon Gold: Double bill of the series. (HD) **5.00** Drain the Great Lakes (HD) **6.00** Air Crash Investigation (HD)

**8.00** He Named Me...

7.00 Brain Games **NEW EDITION** Jason Silva examines how the human brain is able to survive extreme conditions. (HD)

8.00 FILM He Named Me Malala Documentary following teenage activist Malala Yousafzai, who survived an assassination attempt to become a leading figure in the fight for global female education. (HD) (2015, PG, 86min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Primal Survivor Hazen treks through the Himalayas. (HD)

11.00 Air Crash Investigation (HD) **12.00m't** Drugs Inc (HD) **1.00am** The 90s: The Decade That Connected Us (HD) **2.00** Big Fish, Texas (HD) **3.00** Ghost Ship: Resurrection (HD) **4.00-5.00am** WWII's Greatest Raids (HD)

+1 hour **SKY 527** **VIRGIN 267****History****SKY 529** **VIRGIN 270**
HD 529/545 HD 270

8.00am-4.00pm Pawn Stars: Back-to-back editions of the series. (HD) **4.00pm** Storage Wars: Double bill. (HD)

5.00 Pawn Stars: A 1930s Gottlieb grip tester. (HD) **5.30** Pawn Stars Australia: Baz takes a look at some valuable comic books. (HD)

6.00 Ax Men: Gabe puts pressure on the crew, leading to a shutdown when a tree breaks, and David is rushed to hospital. (HD)

**5.30** Pawn Stars...

7.00 American Restoration A vintage arcade machine. (HD) **7.30** A car featured in the James Bond film *The Spy Who Loved Me*. (HD)

8.00 Ancient Aliens People throughout history who are believed to have tapped into dark powers, from Rasputin to the Nazis. (HD)

9.00 Billion Dollar Wreck: The Mysterious Treasure Of The Republic Investigating the 1909 shipwreck of RMS Republic. (HD)

10.00-11.30 Pawn Stars Triple bill. (HD)

11.30 Pawn Stars Australia (HD) **12.00m't** Ancient Aliens (HD) **1.00am** Storage Wars (HD) **2.00** Pawn Stars (HD) **2.30** Pawn Stars Australia (HD) **3.00-5.00am** Pawn Stars: Back-to-back editions of the series. (HD)

+1 hour **SKY 530** **VIRGIN 271****Yesterday****SKY 537** **VIRGIN 245** **F'VIEW 19** **F'SAT 163**

6.05am Pagans and Pilgrims: Britain's Holiest Places **6.30** Antiques Roadshow **7.15** Diamond Decades

8.00 Planet Earth: Double bill. **10.00am-1.00pm** Ganges: Triple bill. **1.00-4.00pm** Human Planet: Triple bill.

4.00-7.00 Ganges: The story of one of the world's most important rivers. **5.00** A look at the wildlife of the Gangetic Plains. **6.00** A look at the Bengal tiger's habitat.

**4.00** Ganges

7.00 Planet Earth David Attenborough looks at subterranean life, from cave angelfish in Thailand to five million bats in a chamber in Borneo.

8.00 Animals that live on some of the biggest mountains on the planet, including snow leopards on the Pakistan peaks and baboons in China.

9.00 Great British Railway Journeys From Waterloo to Canary Wharf. **9.30** Michael Portillo takes a journey from Enfield to Cambridge.

10.00 Bombay Railway The pressures surrounding the Indian city's railway system.

11.00 Great British Railway Journeys **12.00m't** She-Wolves: England's Early Queens **1.00am** Find My Past **2.00-3.00am** Harlots, Housewives & Heroines: A 17th Century History for Girls

+1 hour **SKY 538** **VIRGIN 246****Eden****SKY 532** **VIRGIN 247**
HD 532/563 HD 249

9.00am Biggest & Baddest (HD) **10.00** Orang-utans: Born in the Wild (HD) **11.00** Life in the Great Wetlands (HD)

12.00noon-3.00pm Rift Valley: Triple bill. (HD) **3.00pm** Biggest & Baddest (HD) **4.00** Orang-utans: Born in the Wild (HD) **5.00** Life in the Great Wetlands (HD)

6.00 Rift Valley: Following three cheetah brothers on a journey through the Maasai Mara National Reserve. (HD)

**10.00** Orang-utans...

7.00 Rift Valley Exploring the life of flamingos and chimpanzees in Lake Tanganyika. (HD)

8.00 Exploring the landscapes in and around the 6000km-long Great Rift Valley, which runs down east Africa. (HD)

9.00 Biggest & Baddest Biologist Niall McCann joins gorilla doctors in Uganda's Bwindi Forest to tend to some unwell primates. (HD)

10.00 Orang-utans: Born in the Wild The reproductive challenges of the orang-utan. (HD)

11.00 Life in the Great Wetlands (HD) **12.00m't-3.00am** Rift Valley: Triple bill. (HD) **3.00am** Biggest & Baddest (HD) **4.00** Orang-utans: Born in the Wild (HD) **5.00-6.00am** Miracle on Everest (HD)

+1 hour **SKY 533** **VIRGIN 248****Disc. History****SKY 535** **VIRG 262**

6.00am Battlefield **8.00** Tanks **10.00** The Rise of the Nazi Party **12.00noon** Combat Countdown: Double bill.

2.00pm Time Team **3.00** Rory McGrath's Best of British Engineering **4.00** Tanks: Double bill. **6.00** The Rise of the Nazi Party

7.00 The Rise of the Nazi Party Hitler addresses his people through the radio.

8.00 Time Team Bronze and Iron Age settlements on the Isle of Barra.

9.00 Gunslingers 3/6. Docu-drama focusing on Bat Masterson.

10.00 SAS A behind-the-lines victory in Malaya.

11.00 The Rise of the Nazi Party: Double bill. **1.00am** Gunslingers **2.00** Tanks: Double bill. **4.00-6.00am** Combat Countdown: Double bill.

+1 hour **SKY 536** **VIRG 263****Disc. Science****SKY 525** **VIRG 259**

6.00am Tech Toys 360 **7.00** Mythbusters **9.00** How Do They Do It? **10.00** Food Factory **11.00** How Stuff's Made **12.00noon-7.00pm** Breaking Magic: Back-to-back editions.

7.00pm Mythbusters The team tests a number of hypermiling myths.

8.00 The team tests a range of car chase cliches.

9.00 How Do They Do It? The technological processes involved in communicating with astronauts.

10.00 Nasa's Unexplained Files Mysterious objects and events caught on Nasa's cameras.

11.00 Dark Matters **12.00m't-5.30am** Breaking Magic: Back-to-back editions. **5.30-6.00am** Tech Toys 360

+1 hour **SKY 557** **VIRG 260****Nat Geo Wild****SKY 528** **VIRGIN 264**
HD 528/544 HD 265

8.00am Elephant Queen (HD) **9.00** Eagle: Queen of the Skies (HD) **10.00** Tiger's Revenge (HD)

11.00 The Last Lions (HD) **1.00pm** Mother Warthog (HD) **2.00** Mother Croc (HD) **3.00** Lioness in Exile (HD)

4.00 Elephant Queen (HD) **5.00** Yukon Vet (HD) **6.00** Extraordinary Africa (HD) **7.00** Extraordinary Africa **NEW EDITIONS** (HD) **8.00** America's National Parks (HD) **9.00** Wild Brazil: Deadly Paradise (HD) **10.00** Extraordinary Africa (HD) **11.00** Snakes in the City (HD) **11.30** Extraordinary Africa (HD) **12.00m't** Man-Eater of the Congo (HD) **1.00am** Hippo v Croc (HD) **2.00** Elephant Queen (HD) **3.00** Man-Eater of the Congo (HD) **4.00-5.00am** Hippo v Croc (HD)

Turbo**SKY 524** **VIRG 261**

6.00am-7.00pm Wheeler Dealers: Trading Up: Back-to-back editions of the series with auto enthusiast Mike Brewer.

7.00-11.00pm Wheeler Dealers: Trading Up Mike Brewer goes on a worldwide mission to trade up his vehicles in a bid to acquire a supercar. In this edition, he is back in the UK, where he tries to sell his Ford Escort.

8.00 Mike heads to Brazil, where he searches for a Chevy Opala.

9.00 Mike travels to Texas, where he acquires an E-Type Jaguar.

10.00 Mike takes a Jaguar E-Type to Poland, hoping to swap it for a superior car.

11.00pm-6.00am Wheeler Dealers: Trading Up: Further back-to-back editions with auto enthusiast Mike Brewer.

PBS America**SKY 534** **VIRG 276** **FREESAT 160**

6.00am Hell on Hooves **6.25** Horatio's Drive: America's First Road Trip **8.45** Brooklyn Bridge

10.00 The Statue of Liberty **11.15am-2.50pm** Making North America **2.50pm** Horatio's Drive: America's First Road Trip **5.15** Brooklyn Bridge **6.30** The Statue of Liberty

7.50-11.20 Making North America Exploring the mighty elemental forces that led to the formation of North America.

9.00 A look at the emergence of life on the primeval continent.

10.15 The history of the continent since the arrival of humans.

11.20 Horatio's Drive: America's First Road Trip: Double bill. **1.45am** Brooklyn Bridge **2.45** The Statue of Liberty **3.50** Zoo Vets **5.05-6.00am** B-2 Stealth at War

CI**SKY 553** **VIRG 275**
HD 553/555

6.00am The Devil You Know (HD) **8.00-11.00** Murder in Paradise (HD) **11.00am-2.00pm** Deadly Wives (HD)

2.00-5.00pm Nightmare in Suburbia **5.00** Evil Up Close (HD)

7.00 A Town & Country Murder Double bill. (HD)

9.00 Britain's Darkest Taboos **NEW EDITION** The tragic story of Gemma Hayter. (HD)

10.00 They Took Our Child: We Got Her Back **NEW EDITION** A woman who was kidnapped. (HD)

11.00 Crimes That Shook Britain (HD) **12.00m't** My Haunted House (HD) **1.00am** The Ghost Inside My Child (HD) **2.00** I Was Possessed (HD) **3.00** My Haunted House (HD) **5.00-6.00am** On the Case with Paula Zahn (HD)

+1 hour **SKY 554****H2****SKY 531** **VIRG 273**

8.00am-12.00noon World War Two Lost Films **12.00noon** Star Trek: Secrets of the Universe

2.00-6.00pm Ancient Aliens **6.00** Star Trek: Secrets of the Universe

8.00 Bible Secrets Revealed Examining 'the promised land', which is considered the most sacred place on Earth.

9.00 Combat Trains Auschwitz survivors explore the railways' part in the Nazis' plans to commit murder.

10.00 Blood & Glory Exploring America's Civil War, using black and white photographs painstakingly coloured to illustrate the story of the conflict in detail.

11.00 Last Days of the Nazis **12.00m't** The World Wars **1.00am** Warriors **2.00-5.00am** The Universe: Triple bill.

Sky Premiere

SKY 301 VIRGIN 401
HD 301/314 HD 431

6.00am Barely Lethal 8.00 Revenge of the Green Dragons 9.45 Ashby 11.45 The Top Ten Show 2016 12.00noon Barely Lethal Action comedy starring Hailee Steinfeld, Samuel L Jackson and Jessica Alba. (S) (2015, 12, 96min) ★★★
2.00pm Stretch As 10.15pm. **3.45 Terminator Genisys** As 8.00pm.
6.00 Ashby Comedy drama starring Mickey Rourke, Nat Wolff and Emma Roberts. (S) (2015, 15, 100min) ★★★



8.00 Terminator Genisys

8.00 Terminator Genisys Sci-fi adventure sequel starring Arnold Schwarzenegger and Emilia Clarke. A time traveller sent on a rescue mission discovers a plot to change history beyond recognition. (S) (2015, 12, 126min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 Stretch Comedy thriller starring Patrick Wilson, Chris Pine and Jessica Alba. (2014, 15, 91min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00m't Revenge of the Green Dragons Crime drama starring Ray Liotta. (S) (2014, 15, 94min) ★★
1.45am Unconscious Horror with Wes Bentley. (S) (2015, 15, 90min) ★★
3.15 Revenge of the Green Dragons As 12.00m't. **5.00 Terminator Genisys: The Future Reborn** 5.30-6.00am **Avengers: Age of Ultron** Special Behind the scenes.

+1 hour SKY 302 VIRGIN 402
HD 302/330 HD 402

Sky Disney

SKY 305 VIRGIN 405
HD 305/332 HD 435

6.00am 101 Dalmatians II: Patch's London Adventure 7.20 The Emperor's New Groove 8.50 Frozen 10.40 Frozen Fever 10.50 Big Hero 6 12.40pm Into the Woods 2.50 The Emperor's New Groove Animated musical comedy. (S) (2000, U, 78min) ★★★
4.20 Frozen Animated musical. (S) (2013, PG, 108min) ★★★★★ **6.10 Big Hero 6** Animated adventure. (S) (2014, PG, 98min) ★★★★★



4.20 Frozen

8.00 Into the Woods Musical fantasy starring Meryl Streep, Johnny Depp, James Corden and Emily Blunt. A wicked witch agrees to lift a curse on a couple if they will help restore her once beautiful looks. (S) (2014, PG, 120min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 The Black Hole Sci-fi adventure starring Anthony Perkins and Yvette Mimieux. (S) (1979, PG, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 The Biscuit Eater Family drama starring Earl Holliman and Lew Ayres. (S) (1972, U, 90min) ★★
1.30am The Rocketeer Fantasy adventure starring Bill Campbell. (S) (1991, PG, 108min) ★★★★★
3.25 Ghosts of the Abyss James Cameron's documentary. (S) (2002, PG, 59min) ★★
4.30-6.00am Santa Paws 2: The Santa Pups Festive adventure sequel. (S) (2012, U, 88min) ★

Sky Family

SKY 306 VIRGIN 406
HD 306/333 HD 436

6.20am Looney Tunes: Back in Action 8.00 Scooby-Doo 2: Monsters Unleashed 9.40 Paul Blart: Mall Cop 2 11.20 The Legend of Longwood 1.05pm Night at the Museum: Secret of the Tomb 2.50 Scooby-Doo 2: Monsters Unleashed 4.30 Paul Blart: Mall Cop 2 Comedy sequel. (S) (2015, PG, 92min) ★★ **6.15 The Legend of Longwood** Family drama starring Lucy Morton. (2014, PG, 99min) ★★



6.15 The Legend of Longwood

8.00 Night at the Museum: Secret of the Tomb Fantasy comedy sequel starring Ben Stiller. Nightwatchman Larry searches for a way to repair the magical artefact that brings museum exhibits to life. (S) (2014, PG, 94min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 Born to Fight Family sports drama starring Steve Austin and Daniel Magder. A retired boxer turned school janitor helps a bullied new student gain confidence by teaching him how to fight. (S) (2011, 12, 90min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 The Golden Voyage of Sinbad Fantasy adventure starring John Phillip Law. (1973, U, 104min) ★★

1.15am Looney Tunes: Back in Action Partly animated comedy with Brendan Fraser. (S) (2003, PG, 90min) ★★
2.50 Born to Fight As 9.45pm.
4.30-6.45am Annie Musical starring Albert Finney and Carol Burnett. (S) (1982, U, 128min) ★★

Sky Action/Adventure

SKY 307 VIRGIN 407
HD 307/334 HD 437

6.00am Seventh Son 8.00 Avengers: Age of Ultron 10.30 Exodus: Gods and Kings As 8.00pm. **1.15pm True Lies** As 10.40pm. **3.40 Seventh Son** Fantasy adventure starring Ben Barnes, Jeff Bridges and Julianne Moore. (S) (2014, 12, 102min) ★★
5.30 Avengers: Age of Ultron Sci-fi adventure sequel starring Robert Downey Jr, Scarlett Johansson, Chris Hemsworth and Chris Evans. (S) (2015, 12, 141min) ★★



10.40 True Lies

8.00 Exodus: Gods and Kings Biblical epic starring Christian Bale and Joel Edgerton. The adoptive brother of the pharaoh of Egypt tries to free the country's slaves during a series of plagues. With John Turturro and Sigourney Weaver. (S) (2014, 12, 147min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 True Lies Action comedy adventure starring Arnold Schwarzenegger, Jamie Lee Curtis and Tom Arnold. (1994, 15, 141min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.05am Platoon Vietnam War drama starring Charlie Sheen. (S) (1986, 15, 120min) ★★★★★
3.20 The Top Ten Show 2016
3.40-6.00am Maverick Comedy Western starring Mel Gibson. (S) (1994, PG, 127min) ★★

Sky Comedy

SKY 308 VIRGIN 408
HD 308/335 HD 438

7.30am Romy and Michele's High School Reunion 9.10 Father of the Bride Part II 11.00 Baby's Day Out 12.45pm Horrible Bosses 2 2.35 St. Vincent As 10.00pm.
4.20 Father of the Bride Comedy starring Steve Martin and Diane Keaton. (S) (1991, PG, 105min) ★★
6.10 Father of the Bride Part II Comedy sequel starring Steve Martin, Diane Keaton and Martin Short. (S) (1995, PG, 106min) ★★



10.00 St. Vincent

8.00 Horrible Bosses 2 Comedy starring Jason Bateman, Jason Sudeikis and Charlie Day. Three men trying to start their own business are swindled by an investor, so respond by kidnapping his son. (S) (2014, 15, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 St. Vincent Comedy drama starring Bill Murray. A misanthropic Vietnam veteran with a gambling problem teaches a lonely 12-year-old boy some valuable life lessons. (S) (2014, 12, 102min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 The Opposite Sex Comedy with Mena Suvari. (2014, 15, 93min) ★
1.30am Lake Placid Horror comedy. (S) (1999, 15, 82min) ★★★★★
3.00 Fading Gigolo Comedy drama directed by and starring John Turturro. (S) (2013, 15, 90min) ★★
4.35-6.25am Father of the Bride Comedy, as shown at 4.20pm.

Sky Showcase

SKY 303 VIRGIN 403
HD 303/330 HD 433

7.15am Maleficent 9.00 Dinosaur Island 10.45 Lucy 12.30pm Into the Grizzly Maze As shown at 6.15pm.
2.15 Kingsman: The Secret Service As shown at 8.00pm.
4.30 Maleficent Fantasy starring Angelina Jolie. (S) (2014, PG, 97min) ★★★★★
6.15 Into the Grizzly Maze Thriller starring Thomas Jane. (S) (2015, 15, 86min) ★★

8.00 Kingsman: The Secret Service Action comedy starring Colin Firth. (S) (2015, 15, 128min) ★★★★★

10.15 Lucy Sci-fi thriller starring Scarlett Johansson. (S) (2014, 15, 90min) ★★

11.50 Black Sea Action thriller starring Jude Law. (S) (2014, 15, 112min) ★★

1.55am Behind Enemy Lines: Seal Team Eight Adventure starring Tom Sizemore. (S) (2014, 15, 94min) ★★

3.45 Mad Max: Fury Road Special Behind the scenes.

4.15-6.00am Dinosaur Island Fantasy with Darius Williams. (S) (2014, PG, 79min) ★

Sky Oscars

SKY 304 VIRGIN 404
HD 304/331 HD 434

6.00am Oliver! 8.30 Mrs Doubtfire 10.40 Apollo 13 Drama starring Tom Hanks. (1995, PG, 140min) ★★★★★
1.05pm Interstellar Epic sci-fi drama starring Matthew McConaughey. (S) (2014, 12, 166min) ★★★★★
3.55 Cleopatra Historical epic starring Elizabeth Taylor and Richard Burton. (S) (1963, PG, 241min) ★★★★★

8.00 Amadeus - Director's Cut Historical drama starring F Murray Abraham. (2002, PG, 173min) ★★★★★

11.00 No Country for Old Men The Coen Brothers' dark crime thriller starring Tommy Lee Jones and Josh Brolin. (S) (2007, 15, 117min) ★★★★★

1.05am Jaws Monster thriller starring Roy Scheider and Richard Dreyfuss. (S) (1975, 12, 125min) ★★★★★

3.20 Breakfast at Tiffany's Romantic comedy starring Audrey Hepburn. (S) (1961, PG, 106min) ★★★★★

5.30-6.00am The Martian: Sky Movies Special

TCM

SKY 317 VIRGIN 415
HD 317/341 HD 416

6.05am Hollywood's Best Film Directors 7.15 Atlantis, the Lost Continent 9.00 The Key 11.30 Yellowstone Kelly 1.15pm Son of a Gunfighter Western. (1965, U, 92min) ★
3.00 A Thunder of Drums Western with Richard Boone. (1961, PG, 97min) ★★
4.55 The Stalking Moon Western with Gregory Peck. (1968, PG, 109min) ★★

7.05 Cimarron Western with Glenn Ford and Maria Schell. (1960, U, 142min) ★★

10.00 Rome 3/11. Caesar's army gets closer to Rome. (Series 1)

11.10 Duplex Comedy with Ben Stiller and Drew Barrymore. (2003, 12, 89min) ★★

12.55am The Replacements Comedy with Keanu Reeves. (2000, 15, 118min) ★★

3.05 Conspiracy Theory with Jesse Ventura Double bill.

5.00 Hollywood's Best Film Directors With Mel Gibson.

5.35 Off Set With Ben Miller.
5.55-7.00am Kung Fu

+1 hour SKY 318 VIRGIN 417
HD 318/342 HD 417

more>movies

SKY 185 F'VIEW 32 F'SAT 143

(Called Movie Mix on Freeview)

9.00am Big Fish 11.30 Ivanhoe 2.20pm Sony Movie News Extra 2.30 Daddy Day Camp Comedy. (2007, PG, 88min) ★★
4.25 Catch and Release Romantic comedy drama. (2006, 12, 124min) ★★ **6.40 Vertical Limit** Adventure thriller. (2000, 12, 124min) ★★

9.00 Pistol Whipped Action thriller starring Steven Seagal, Lance Henriksen, Paul Calderon and Lydia Jordan. (2007, 15, 96min) ★★

11.05 Force of Execution Gangster thriller starring Steven Seagal and Ving Rhames. (2013, 15, 95min)

1.10am Into the Sun Martial arts action thriller starring Steven Seagal and Matthew Davis. (2005, 18, 93min) ★★

3.05 Casey's Shadow Family adventure starring Walther Matthau and Alexis Smith. (1977, U, 116min) ★★

5.00-6.00am Highway to Heaven (Series 1)

Horror

SKY 319 VIRGIN 149 F'VIEW 70 F'SAT 138

8.00am Snowmageddon 9.50 Horror Highlights 10.00am-3.00pm Sheena 3.00pm Attack of the 50 Ft Woman Spoof remake. (1993, 12, 89min) ★★
4.50 Monster Wolf Horror. (2010, 15, 90min) ★★
6.35 Frankenstein Created Woman Horror starring Peter Cushing and Thorley Walters. (1966, 15, 95min) ★★

8.30 The Twilight Zone The Toys of Caliban: A disabled boy has a special ability.

9.00 Lovely Molly Horror with Gretchen Lodge and Johnny Lewis. (2011, 15, 99min) ★★

11.00 Bad Meat Horror starring Dave Franco and Elisabeth Harnois. (2011, 18, 80min) ★

12.45am The House by the Cemetery Horror thriller starring Katherine MacColl. (1981, 18, 86min) ★★

2.30 Crawl Or Die Horror. (2014, 18, 90min) ★★

4.15-4.30am Horror Highlights Previews.

+1 hour SKY 320 VIRGIN 202
HD 320/343 HD 202

True Movies

SKY 321 VIRGIN 424 F'VIEW 82 F'SAT 302

7.00am Why Me? 9.00 In the Arms of a Killer 11.00 Vanished Without a Trace 1.00pm Death in the Shadows Fact-based thriller. (1998, 15, 91min) ★★ **3.00 Getting Gotti** Fact-based organised crime drama. (1994, 15, 90min) ★★
5.00 The Forget-Me-Not Murders Mystery thriller. (1994, 15, 90min) ★★

7.00 Willing to Kill: the Texas Cheerleader Story Real-life drama starring Lesley Ann Warren and Tess Harper. (1992, PG, 120min) ★★

9.00 While Justice Sleeps Drama with Cybill Shepherd as a widow who becomes suspicious of a family friend. (1994, 15, 88min) ★★

11.00 Desperate Lives Teen anti-drug melodrama. (1982, PG, 100min) ★★

1.00am The Waltons

3.00 Little House on the Prairie Double bill.

5.00-7.00am Brave New Girl Drama with Lindsey Haun. (2004, PG, 90min) ★★

Sky Crime/Thriller

SKY 309 **VIRGIN 409**
HD 309/336 HD 439

6.45am Mean Machine 8.35 Cleaner 10.10 Bad Karma 11.40 Breakdown 1.15pm Spy Game Espionage thriller starring Robert Redford. (S) (2001, 15, 126min) ★★★★★ **3.25 Collateral** As 11.30pm. **5.25 Reclaim** Thriller starring John Cusack and Ryan Phillippe. (S) (2014, 15, 92min) ★★ **7.05 Cold in July** Crime thriller starring Michael C Hall, Sam Shepard and Don Johnson. (S) (2014, 15, 108min) ★★★★★



7.05 Cold in July

Cold in July (film started at 7.05pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Gone Girl David Fincher's crime thriller based on Gillian Flynn's novel, starring Ben Affleck and Rosamund Pike. A man reports his wife's disappearance, only to end up under media scrutiny and accused of murder. (S) (2014, 18, 143min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 Collateral Michael Mann's thriller starring Tom Cruise and Jamie Foxx. (S) (2004, 15, 120min) ★★★★★

1.30am Reclaim As shown at 5.25pm.

3.10 Spy Game As shown at 1.15pm.

5.20-7.00am Sam Churchill: Search for a Homeless Man Thriller starring John Schneider and Robin Lively. (S) (1997, PG, 88min) ★★

Sky Drama/Romance

SKY 310 **VIRGIN 410**
HD 310/337 HD 440

8.05am Just One Day 9.55 Liberal Arts 11.40 An Affair to Remember 1.40pm Terms of Endearment Comedy drama, as shown at 8.00pm. **4.00 Million Dollar Arm** Fact-based drama starring Jon Hamm. (S) (2014, PG, 124min) ★★★★★ **6.10 If I Stay** Drama with Chloë Grace Moretz. The spirit of a teenager in a coma haunts the hospital, trying to decide whether to wake up or move on to the afterlife. (S) (2014, 12, 107min) ★★



8.00 Terms of Endearment

8.00 Terms of Endearment Oscar-winning comedy drama about the love-hate relationship between an eccentric mother and her headstrong daughter. Stars Shirley MacLaine, Debra Winger and Jack Nicholson. (1983, 15, 132min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 27 Dresses Romantic comedy starring Katherine Heigl and James Marsden. A hopelessly romantic serial bridesmaid meets her match in a cynical journalist. (S) (2008, 12, 106min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15am Saturday Night Fever Dance drama starring John Travolta. (S) (1977, 18, 119min) ★★★★★

2.20 Healing Drama starring Hugo Weaving. (S) (2014, 15, 90min) ★★

4.25-6.25am The Prince and the Showgirl Comedy starring Marilyn Monroe. (1957, PG, 117min) ★★

Sky Sci-Fi/Horror

SKY 311 **VIRGIN 411**
HD 311/339 HD 441

6.00am Armageddon 8.40 Predestination 10.30 Masters of the Universe 12.30pm Ex Machina As 9.00pm. **2.30 Transcendence** Sci-fi drama starring Johnny Depp. (S) (2014, 12, 119min) ★★ **4.35 Predestination** Sci-fi thriller starring Ethan Hawke. (S) (2014, 15, 95min) ★★★★★ **6.20 Superman Returns** Superhero adventure with Brandon Routh and Kevin Spacey. (S) (2006, 12, 154min) ★★



6.20 Superman Returns

Superman Returns (film started at 6.20pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Ex Machina Sci-fi drama, starring Domhnall Gleeson. A computer programmer becomes embroiled in testing the artificial intelligence of a beautiful robot girl. With Alicia Vikander and Oscar Isaac. (S) (2015, 15, 106min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 The Silence of the Lambs Psychological thriller starring Jodie Foster and Anthony Hopkins. (S) (1990, 18, 119min) ★★★★★

1.10am Armageddon Sci-fi action adventure starring Bruce Willis and Liv Tyler. (S) (1998, 12, 151min) ★★

3.45 The Top Ten Show 2016

4.00-6.00am Masters of the Universe Sci-fi adventure starring Dolph Lundgren and Frank Langella. (1987, PG, 106min) ★★

Sky Select

SKY 312 **VIRGIN 412**
HD 312/340 HD 442

6.25am Juno 8.10 A Thousand Times Good Night 10.15 East of Eden 12.15pm The Skeleton Twins Comedy drama starring Bill Hader. (S) (2014, 15, 91min) ★★ **2.00 Witness** Thriller starring Harrison Ford. (S) (1985, 15, 112min) ★★★★★ **4.00 Little Children** Dark comedy drama starring Kate Winslet. (S) (2006, 15, 137min) ★★★★★ **6.20 Juno** Comedy starring Ellen Page. (S) (2007, 12, 92min) ★★★★★



6.20 Juno

8.00 Boyhood Richard Linklater's epic drama filmed over the course of 12 years, starring Ellar Coltrane, Ethan Hawke, Patricia Arquette and Lorelei Linklater. A boy goes through a series of formative experiences as he grows up. (S) (2014, 15, 166min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 Kill Bill: Vol. 1 Quentin Tarantino's epic action thriller starring Uma Thurman, Lucy Liu and Daryl Hannah. (S) (2003, 18, 110min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40am The Shining Stanley Kubrick's adaptation of the Stephen King bestseller, with Jack Nicholson. (S) (1980, 15, 119min) ★★★★★

2.45 Witness As shown at 2.00pm.

4.40-6.40am East of Eden Classic drama starring James Dean. (S) (1954, PG, 112min) ★★

Film4

SKY 315 **VIRGIN 428** **F'VIEW 15** **F'SAT 300**
HD 315/342 HD 429

■ (HD) denotes HD on Sky or Virgin
■ Films start at 11.00am

11.00am The Rocker 1.00pm New in Town Romantic comedy. (S) (2009, 12, 97min) ★★ **2.50 Tooth Fairy** Comedy. (S) (2010, PG, 101min) ★★

4.50 Evolution Sci-fi comedy. (S) (2001, PG, 101min) ★★ **6.50 The Time Traveler's Wife** Romantic fantasy drama with Eric Bana. (S) (2009, 12, 102min) ★★★★★



9.00 Morning Glory

The Time Traveler's Wife (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Morning Glory Comedy starring Rachel McAdams, Harrison Ford and Diane Keaton. A perky young television producer strives to turn around the fortunes of a failing morning news show. (S) (2010, 12, 107min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 Underworld: Rise of the Lycans Fantasy horror prequel. (S) (2009, 18, 92min) ★★

12.50-3.40am The Great Beauty Italian comedy drama. Subtitled. (2013, 15, 141min) ★★★★★

+1 hour **SKY 316** **VIRGIN 430** **F'VIEW 45** **F'SAT 301**

Sony Movies

SKY 323

9.00am Anna Karenina 11.50 Roxanne 2.00pm Short Circuit 2 Sci-fi comedy sequel starring Fisher Stevens. (1988, PG, 110min) ★

4.15 Ladyhawke Medieval fantasy adventure starring Matthew Broderick. (1985, PG, 118min) ★★★★★ **6.40 A Cry in the Dark** Fact-based drama starring Meryl Streep. (1988, 15, 121min) ★★★★★

9.00 Desperado Action thriller starring Antonio Banderas and Salma Hayek. (1995, 18, 105min) ★★

11.05 The Juror Legal thriller starring Demi Moore, Anne Heche and Alec Baldwin. (1996, 18, 118min) ★

1.30am Gattaca Sci-fi drama starring Ethan Hawke. (1997, 15, 106min) ★★★★★

3.40 The John Sullivan Story World War Two drama starring Andrew McFarlane. (1979, PG, 100min) ★★

5.50-6.00am Sony Movie News Extra Film news.

+1 hour **SKY 324**

Movies 24

SKY 327 **VIRGIN 419**

7.00am True Confessions of a Hollywood Starlet 9.00 A Valentine's Date 11.00 I Do, I Do, I Do 1.00pm Hello, It's Me 3.00 How Not to Propose Romantic drama. (2015, PG, 120min) ★★ **5.00 PREMIERE Signed, Sealed, Delivered: The Impossible Dream** Drama starring Eric Mabius. (2015, PG, 120min) ★★

7.00 The Right Girl Romantic comedy with Anna Hutchison, Luke Baylak and Tate Berny. (2015, PG, 120min) ★★

9.00 One Small Hitch Romantic comedy starring Shane McRae and Aubrey Dollar. (2012, 12, 105min) ★★

11.00 A Wish Come True Romantic drama with Megan Park and Ben Hollingsworth. (2015, 85min) ★★

1.00am My George Romantic comedy starring Sarah Lancaster and Kip Pardue. (2014, PG, 87min) ★★

3.00-5.00am When Calls the Heart Period drama starring Maggie Grace and Jean Smart.

Movies4Men

SKY 325 **F'VIEW 48** **F'SAT 304**

6.00am Roadblock 7.30 Bonnie Prince Charlie 9.50 Kentucky Rifle 11.30 Stranger on Horseback 12.55pm The Hasty Heart 3.05 The Million Eyes of Su-Muru 4.45 One Minute to Zero Korean War drama. (1952, b/w, PG, 106min) ★★ **6.55 The Last Drop** World War Two adventure. (2005, 15, 103min) ★★

9.00 Red Scorpion Action adventure starring Dolph Lundgren as a Soviet agent sent to Africa to infiltrate a band of rebels and kill their leader. (1989, 15, 102min) ★★

11.05 Death Tunnel Horror starring Steffany Huckaby, Annie Burgstede and Kristin Novak. (2005, 18, 97min) ★

12.55am The Pornographer Psychological drama starring Michael DeGood, Craig Wasson and Monique Parent. (1999, 18, 86min) ★★

2.45-4.00am Aces and Eights Western adventure with Tim McCoy and Luana Walters. (1936, b/w, U, 65min) ★★

FILMS SHOWN ON OTHER CHANNELS TONIGHT

EVENING (6-10pm)

6.00pm Star Trek IV: The Voyage Home Channel 5 Sci-fi adventure. (HD) ★★★★★
6.10pm D.A.R.Y.L. Syfy Sci-fi adventure starring Barret Oliver. (HD) ★★
6.35pm Mission: Impossible II E4 Thriller sequel starring Tom Cruise. (HD) ★★★★★
6.40pm Back to the Future Part III ITV2 Comedy adventure starring Michael J Fox and Christopher Lloyd. (HD) ★★★★★
7.00pm It Could Happen to You AMC Romantic comedy starring Nicolas Cage and Bridget Fonda. ★★
7.00pm Hush SonyTV Thriller starring Jessica Lange and Gwyneth Paltrow. ★★
7.15pm Zoolander Comedy Central Comedy starring Ben Stiller. (HD) ★★★★★
8.10pm Lavalantula Syfy Thriller. (HD) ★★
9.00pm American Hustle Channel 4 Drama starring Christian Bale. (HD) ★★★★★
9.00pm Grown Ups 2 Channel 5 Comedy sequel starring Adam Sandler. (HD) ★
9.00pm Gran Torino Spike Drama. ★★★★★
9.00pm East Is East More 4 Comedy drama starring Om Puri. (HD) ★★
9.00pm The Skeleton Key SonyTV Supernatural horror thriller. ★★
9.00pm The German Doctor BBC4 Fact-based drama. Subtitled. (HD) ★★★★★

10pm TILL LATE

10.00pm The Fly Syfy Horror remake starring Jeff Goldblum and Geena Davis. ★★★★★
11.00pm Smokin' Aces ITV4 Crime comedy thriller starring Jeremy Piven. (HD) ★★
11.00pm American Pie Presents The Book of Love Comedy Central Comedy starring Bug Hall and Kevin M Horton. (HD) ★
11.05pm You, Me and Dupree Channel 5 Comedy starring Owen Wilson. (HD) ★★
11.35pm Something's Gotta Give ITV3 Romantic comedy starring Jack Nicholson and Diane Keaton. (HD) ★★
11.40pm Shifty BBC2 (Scot: 12.10am, Not Wales) British crime thriller starring Riz Ahmed and Daniel Mays. (HD) ★★
11.40pm An Officer and a Gentleman Channel 4 Romantic drama starring Richard Gere and Debra Winger. (HD) ★★★★★
12.00m't Pandorum Syfy Sci-fi horror thriller starring Dennis Quaid. (HD) ★★
2.00am Agatha ITV3 Mystery. ★★
4.10am 100 Degrees Below Zero Syfy Disaster drama starring Jeff Fahey. (HD) ★

8 PM

9 PM

10 PM

11 PM

Sky Sports 1

SKY 402 **VIRGIN 512**
HD 402/409 HD 502

6.00am Sporting Triumphs (HD) **7.00** Barclays Premier League Legends (HD) **7.30** SNF – Match Choice (HD) **9.00** The Sunday Supplement: Reviewing the latest football stories. (HD) **10.30** Goals on Sunday: Saturday's football action. (HD)

12.30pm **LIVE** Ford Super Sunday Crystal Palace v Liverpool: Coverage of the Premier League match at Selhurst Park. Kick-off is at 1.30. (HD)

3.30 **LIVE** Ford Super Sunday West Bromwich Albion v Manchester United: Coverage of the Premier League match from the Hawthorns. Kick-off is at 4.00. (HD)

7.00 Football Gold (HD)

7.05 **LIVE** MLS Chicago Fire v New York City FC: The Eastern Conference clash at Toyota Park. (HD)

9.10 Sporting Triumphs Triple bill. (HD)

9.55 **LIVE** MLS Portland Timbers v Columbus Crew: All the action from Providence Park. (HD)

12.00m-t Spanish Football Highlights (HD) **12.15am** The Sunday Supplement (HD) **1.45** Goals on Sunday (HD) **2.45** Ford Football Special (HD)

4.15 Football Gold **4.30-6.00am** The Sunday Supplement (HD)

Sky Sports 2

SKY 403 **VIRGIN 513**
HD 403/435 HD 503

6.00am How the 2015 ICC World Cup Was Won (HD) **8.00** Fight Night (HD)

11.30 **LIVE** Scottish Cup Football Celtic v Greenock Morton: The quarter-final clash from Celtic Park. Kick-off is at 12.00. (HD)

2.30pm Football Gold

2.45 Classic 7s (HD)

2.55 **LIVE** La Liga Football Eibar v Barcelona: From the Ipurua Municipal Stadium. Kick-off is at 3.00. (HD)

5.10 **LIVE** La Liga Football Sporting Gijon v Athletic Bilbao: From the Estadio El Molinon. Kick-off is at 5.15. (HD)

7.15 **LIVE** La Liga Football Valencia v Atletico Madrid: All the action from the Mestalla. Kick-off is at 7.30. (HD)

9.30 Spanish Football Highlights (HD)

9.45 Football Gold (HD)

10.00 Ford Football Special Today's Premier League action. (HD)

11.30 Football's Greatest Managers Alex Ferguson. (HD)

12.00m-t Eredivisie Football (HD) **4.00am** Football's Greatest Players (HD) **4.30** Sporting Triumphs (HD) **5.30-6.00am** Football's Greatest Players (HD)

Sky Sports 3

SKY 404 **VIRGIN 514**
HD 404/436 HD 504

6.00am Darts Gold (HD) **7.00** Time of Our Lives **8.00** Eredivisie Football (HD) **10.00** Cricket's Greatest (HD) **10.30** NFL: America's Game (HD)

12.25pm **LIVE** International T20 Cricket South Africa v Australia: Coverage of the second fixture in the three-match series, held at the Wanderers Stadium in Johannesburg. (HD)

4.00 Sporting Triumphs Four editions. (HD)

5.00 WWE – Raw Wrestling action.

6.00 WWE – Experience The latest from Raw and Smackdown. (HD)

7.00 FL72 Goals Football League action. (HD)

8.00 Goals on Sunday A review of Saturday's football action. (HD)

9.00 Super Rugby Try Time The latest news and highlights. (HD)

9.30 International T20 Cricket South Africa v Australia: Action from the second fixture in the three-match series. (HD)

1.05am How the 2014 ICC World T20 Was Won (HD) **3.00** How the 2015 ICC World Cup Was Won (HD) **5.00** Sporting Rivalries (HD) **5.30-6.00am** Sporting Greats

Sky Sports 4

SKY 405 **VIRGIN 515**
HD 405/439 HD 505

6.00am PGA Tour Classic: Action from the 2003 Accenture World Match Play Championship. **7.00** PGA Tour Golf: As shown at 11.00pm. (HD) **10.00** World Golf Championship: As shown at 3.00pm. (HD)

12.00noon LPGA Tour Golf As 11.00pm. (HD)

3.00pm World Golf Championship The Cadillac Championship: Action from the third day's play at Trump National Doral Miami in Florida. (HD)

5.00 **LIVE** World Golf Championship The Cadillac Championship: Coverage of the fourth and final day's play at Trump National Doral Miami in Florida, where Dustin Johnson was crowned champion last year. (HD)

11.00 LPGA Tour Golf The HSBC Women's Champions: Action from the fourth and final day at Sentosa Golf Club Serapong Course in Singapore. (HD)

2.00am Sporting Greats: Double bill. **3.00** Shell's Wonderful World of Golf: A look back at Michael Campbell v Fred Couples from 2002. **4.30** Sporting Rivalries (HD) **5.00-6.00am** Time of Our Lives (HD)

Sky Sports 5

SKY 406 **VIRGIN 516**
HD 406/440 HD 506

6.00am Good Morning Sports Fans (HD) **9.00** WWE – Smackdown (HD) **10.00** Football's Greatest International Teams (HD) **10.30** Football Gold (HD)

10.55 **LIVE** La Liga Football: Real Betis v Granada: From the Estadio Benito Villamarin. Kick-off is at 11.00. (HD)

1.00pm Spanish Football Gold (HD)

1.20 **LIVE** Eredivisie Football Willem II v Ajax: Coverage from Koning Willem II Stadion. Kick-off is at 1.30. (HD)

3.35 **LIVE** Eredivisie Football Feyenoord v SC Cambuur: Coverage from De Kuip Stadion. Kick-off is at 3.45. (HD)

5.45 Sporting Triumphs Double bill. (HD)

6.20 **LIVE** HSBC Sevens World Series The Las Vegas Sevens: Coverage of day three of the fifth round of the series from Sam Boyd Stadium in Las Vegas. (HD)

12.45am WWE – Late Night – Raw (HD) **1.45** WWE – Late Night – Smackdown (HD) **2.45** WWE Main Event (HD) **3.45** WWE From the Vault (HD) **4.30** Football's Greatest International Teams (HD) **5.00-6.00am** Sporting Heroes (HD)

Eurosport 1

SKY 410 **VIRGIN 523**
HD 410/412 HD 521

7.35am Biathlon 8.15 **LIVE** Alpine Skiing: The World Cup meeting in Kranjska Gora, Slovenia. **9.30** Cycling: Track World Championship (HD) **10.00** **LIVE** Cycling: Track World Championships: Day five from Lee Valley VeloPark in London. (HD)

12.15pm WATTS (HD)

12.30 **LIVE** Biathlon The World Cup meeting from Oslo in Norway.

1.15 Cycling: Track World Championship (HD)

2.00 **LIVE** Cycling: Track World Championships Further coverage of day five from London. (HD)

5.50 Cycling As shown at 10.25pm. (HD)

6.50 Tenerife Blue Trail Action from last year's trail running event. (HD)

7.20 Eurosport News

7.25 Davis Cup Tennis Action from Great Britain v Japan. (HD)

9.25 Archery Highlights of the World Indoor Championships. (HD)

10.25 Cycling The prologue of the annual Paris-Nice race. (HD)

11.25 Eurosport News

11.30 Cycling: Track World Championship Day five action. (HD)

1.00-1.05am Eurosport News: The latest stories.

Eurosport 2

SKY 411 **VIRGIN 524**
HD 411/443 HD 522

5.00am **LIVE** Motocross World Championship: The Grand Prix of Thailand: The MX2 class. (HD)

6.00 **LIVE** Motocross World Championship: The Grand Prix of Thailand: The MXGP class. (HD)

7.00 Alpine Skiing (HD)

8.00 **LIVE** Motocross World Championship: The Grand Prix of Thailand: The MX2 class. (HD)

9.00 **LIVE** Motocross World Championship: The Grand Prix of Thailand: The MXGP class. (HD)

10.00 Alpine Skiing: Highlights of the women's slalom from Jasna, Slovakia. (HD)

11.15 **LIVE** Alpine Skiing: The World Cup meeting from Slovenia.

12.30pm Cycling: Follow Fabian (HD)

12.45 **LIVE** Davis Cup Tennis Great Britain v Japan: Day three of the World Group first-round match at the Barclaycard Arena, Birmingham. (HD)

4.00 Biathlon

5.00 Alpine Skiing (HD)

7.00 Wintersports Today News and action. (HD)

8.00 Cycling (HD)

9.00 Eurosport News

9.05 Speed Skating (HD)

11.30 Nordic Combined Skiing (HD) **12.30am** Eurosport News **5.30-6.30am** Cycling (HD)

BT Sport 1

SKY 413 **VIRGIN 531**
HD 413/427 HD 527

6.45am Last Week, This Week (HD) **7.00** UEFA Champions League Magazine (HD) **7.30** UEFA Europa League Magazine (HD) **8.00** World Rally Championship (HD) **9.00** Premier League (HD)

10.30 Football Tonight (HD) **11.00** Fletch & Sav – Best Bits **11.30** Premiership Rugby Union (HD) **1.00pm** Road to Rio (HD) **1.30** World Rally Championship (HD) **2.00** **LIVE** Premiership Rugby Union: Leicester Tigers v Exeter Chiefs. (HD) **5.30** World Rally Championship (HD) **6.00** **LIVE** World Rally Championship (HD) **7.00** V8 Supercars Highlights (HD) **8.00** NBA Countdown Live (HD) **8.30** **LIVE** NBA: LA Lakers v Golden State Warriors. (HD) **11.00** Turkish Airlines Euroleague Basketball Magazine (HD)

11.30 Premiership Rugby Union (HD) **1.00am** Test Match Bowls (HD) **2.00** Last Week, This Week (HD) **2.30** Vanarama National League Highlights (HD) **3.00** Football Tonight (HD) **3.30** Fletch & Sav – The Best Bits (HD) **4.00** Air + Style World Tour (HD) **4.30-6.00am** Premiership Rugby Union (HD)

BT Sport 2

SKY 417 **VIRGIN 532**
HD 417/457 HD 528

7.00am MotoGP Highlights (HD) **8.00** Road to Rio (HD) **8.30** Judo World Tour Highlights (HD) **9.00** Gillette World Sport (HD) **9.30** The Clare Balding Show (HD) **10.30** Last Week, This Week (HD) **11.00** PSA Squash Highlights (HD)

12.00noon Last Week, This Week Recent action. (HD)

12.15pm Hyundai A-League (HD)

1.45 **LIVE** Serie A Atalanta v Juventus: From Stadio Atleti Azzurri d'Italia. Kick-off is at 2.00. (HD)

4.00 **LIVE** French Ligue 1 Rennes v Nantes: At Stade de la Route de Lorient. Kick-off is at 4.00. (HD)

6.00 NBA (HD)

7.45 **LIVE** French Ligue 1 Lyon v Guingamp: From Stade des Lumieres. Kick-off is at 8.00. (HD)

10.00 Vanarama National League Highlights (HD)

10.30 UFC 196 Action from Conor McGregor v Nate Diaz in Las Vegas. (HD)

1.30am MotoGP Highlights (HD) **2.30** PSA Squash Highlights (HD) **3.30** Gillette World Sport (HD) **4.00** Road to Rio (HD) **4.30-6.00am** Hyundai A-League (HD)

BT Sport/ESPN

SKY 426 **VIRGIN 534**
HD 426/458 HD 530

6.00am **LIVE** Hyundai A-League: Central Coast Mariners v Melbourne Victory: Kick-off is at 6.00. (HD) **8.00** College Basketball: Triple bill. (HD) **1.00pm** **LIVE** French Ligue 1 Marseille v Toulouse: From Stade Velodrome. Kick-off is at 1.00. (HD)

3.00 **LIVE** Swiss Super League: Young Boys v FC Luzern: At Stade de Suisse. Kick-off is at 3.00. (HD)

5.00 NBA Action Highlights package. (HD)

5.30 **LIVE** Women's College Basketball An NCAA basketball match from America.

7.30 ESPN Films: The Little Master (HD)

8.30 **LIVE** Portuguese Liga NOS SC Braga v FC Porto: All the action from Estadio Municipal de Braga. Kick-off is at 8.30. (HD)

10.30 College Basketball Virginia Cavaliers v Louisville Cardinals. (HD)

12.00m-t **LIVE** Women's College Basketball: An NCAA basketball match.

2.00am **LIVE** Women's College Basketball: An NCAA basketball match.

4.00 Last Week, This Week (HD) **4.15-6.00am** College Basketball (HD)

BT Europe

SKY 414 **VIRGIN 533**
HD 414/433 HD 529

6.00am Bundesliga (HD) **7.30** French Ligue 1 (HD) **9.00** Portuguese Liga NOS (HD) **10.00** Serie A (HD)

11.30 **LIVE** Serie A Torino v Lazio: Coverage of the Italian top-flight clash at Stadio Olimpico di Torino. Kick-off is at 11.30. (HD)

1.30pm Last Week, This Week Recent action. (HD)

1.45 Fletch & Sav – The Best Bits (HD)

2.15 **LIVE** Bundesliga FSV Mainz 05 v Darmstadt 98: The German top-flight match from Coface Arena. Kick-off is at 2.30. (HD)

4.30 **LIVE** Bundesliga Hamburg SV v Hertha Berlin: The German top-flight match from Volksparkstadion. Kick-off is at 4.30.

6.30 European Football Show Live Recent European action. (HD)

7.45 **LIVE** Serie A Inter Milan v Palermo: All the action from the Italian top-flight clash at the San Siro. Kick-off is 7.45. (HD)

10.00 Serie A Action from Torino v Lazio. (HD)

11.00 Serie A Highlights of Atalanta v Juventus. (HD)

12.30am French Ligue 1: Triple bill. (HD) **4.30-6.00am** Serie A (HD)

Motors TV

SKY 447 **VIRGIN 545**

6.00am **LIVE** FIM MXGP World Championship **7.05** FIM Super Enduro World Championship **7.30** Bike World **8.00** **LIVE** FIM MX2 World Championship **9.00** **LIVE** FIM MXGP World Championship **10.05** FIA WRC Highlights **10.35** Belgian Rally Championship **11.05** British Historic Rally Championship **12.10pm** FIA WRC Highlights **12.40** Best of Crash **1.10** The Grid

1.40 MSVR Launch Day **2.15** Toyota NZ 86 Championship **3.15** Sunoco-Rolex Daytona 24 Challenge **4.20** Best of Crash **4.50** FIA WRC Highlights **5.20** Bike World **5.50** FIM Super Enduro World Championship **6.25** FIM MX2 World Championship Replay **7.25** FIM MXGP World Championship Replay **8.30** FIM MX2 World Championship Replay **9.35** FIM MXGP World Championship Replay **10.35** FIA WRC Highlights **11.05** British Historic Rally Championship **12.10am** FIA WRC Highlights **12.40** Monte Carlo Historic Rally **1.45** Special Stage Extra **2.15** Belgian Rally Championship **2.45** ADAC GT Masters **5.30-6.00am** Best of Crash



LIVE
Leicester Tigers
v Exeter Chiefs
BT Sport 1 HD
2.00pm

Sky Sports F1

SKY 407 **VIRGIN 517**
HD 407/451 HD 507

6.00am Highlights **11.15** Paddock Uncut **11.30** Ted's Testing Notebook **11.45** Paddock Uncut **12.00noon** Ted's Testing Notebook **12.45pm** Paddock Uncut **1.00** Ted's Testing Notebook **1.30** Legends of F1 **2.00** Tales from the Vault **3.00** Legends of F1

3.30 GP2 Racing **5.00** Paddock Uncut **5.15** Ted's Testing Notebook **5.45** Paddock Uncut **6.00** Ted's Testing Notebook **6.30** Paddock Uncut **6.45** Ted's Testing Notebook

7.15 Paddock Uncut **7.30** Ted's Testing Notebook **8.00** Legends of F1 **8.30** F1 **9.30** Architects of F1 **10.30** Legends of F1 **11.00** Tales from the Vault **12.00m-t-6.00am** The Home of Formula One

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LIVE SPORT ON OTHER CHANNELS TODAY

12.15pm **LIVE** Raceday At The Races Today's meetings from Sedgefield and Naas.
12.45pm **LIVE** Darts: UK Open ITV4 Coverage of the quarter-finals on the third day.

1.00pm **LIVE** Davis Cup Tennis BBC1, BBC2 Scot Great Britain v Japan: From Birmingham.
1.30pm **LIVE** Racing Racing UK From Huntingdon and Auteuil.
1.40pm **LIVE** SportsScene BBC1

Scot Hibernian v Inverness Caledonian Thistle: Kick-off 2.00.
2.00pm **LIVE** Cycling BBC2 (Scot: 4.30pm) BBC Red Button The fifth and final day of the UCI Track World Championships.

2.15pm **LIVE** Clwb Rygbi S4C Glasgow Warriors v Cardiff Blues.
5.15pm **LIVE** Stateside At The Races Live racing coverage.
7.00pm **LIVE** Darts: UK Open ITV4 The semi-finals and final.

10.20pm **LIVE** Match of the Day Live BBC Red Button (BBC1 from 11.35pm) Germany Women v England Women.
2.00am **LIVE** Australian Racing At The Races Horse racing.

(HD) High Definition

Documentary



NEW

This Farming Life

BBC2 HD, 7pm

Following the ups and downs of the agricultural year for farmers based in some of Scotland's most remote parts

Documentary



NEW

Frontline Doctors: Winter Migrant Crisis

BBC1 HD, 9pm (Scot, 10.45pm)

Chris and Xand van Tulleken explore the medical challenges faced by migrants

Entertainment



NEW

Get Me to the Church

WHD, 9pm/W+1, 10pm

In a madcap quest, a groom is dumped in the desert and has 72 hours to get back to Blighty and walk down the aisle

Documentary

**Davina McCall: Life at the Extreme**

ITV HD, 9pm/ITV+1, 10pm

Davina is in the Azores, freediving to encounter a sperm whale and her calf

SKY EVENING TIME 7.00 PM 7.30 PM 8.00 PM 8.30 PM 9.00 PM 9.30 PM 10.00 PM 10.30 PM

Favourites

101 BBC1	7.00 The One Show	7.30 Inside Out †	8.00 EastEnders	8.30 The Zika Baby...	9.00 Frontline Doctors: Winter Migrant Crisis †	10.00 News; Local News
102 BBC2	7.00 This Farming Life		8.00 University...	8.30 Mary Berry's...	9.00 The People v OJ Simpson...	9.50 QI XL
103 ITV	7.00 Emmerdale	7.30 Coronation Street	8.00 Further Tales... †	8.30 Coronation Street	9.00 Davina McCall: Life at the Extreme	10.00 News; Local News
104 CHANNEL 4	7.00 News		8.00 Council House...	8.30 Food...	9.00 Royal Navy School	10.00 Fresh Meat
105 CHANNEL 5	7.00 FIA World Rally Championship...		8.00 Carry on Caravanning		9.00 The X Files	10.00 Gotham: Rise of the Villains
106 SKY1	7.00 The Simpsons		8.00 Modern Family		9.00 Karl Pilkington: The Moaning of Life	10.00 A League of Their Own: Unseen

Entertainment

116 BBC4	7.00 News	7.30 Timothy Spall...	8.00 Great Irish...	8.30 The Return of...	9.00 The Renaissance Unchained	10.00 Imagine: The Trouble with Tolstoy...
118 ITV2	7.00 You've Been Framed! Gold		8.00 Two and a Half Men		9.00 Family Guy	9.30 Bordertown
138 MORE4	6.50 The Supervet		7.55 Grand Designs		9.00 Vet on the Hill	10.00 24 Hours in A&E
136 E4	7.00 Hollyoaks	7.30 The Big Bang Theory			9.00 Tattoo Fixers	10.00 Rude Tube
107 SKY LIVING	6.55 My Kitchen Rules New Zealand		8.00 CSI		9.00 Bones	10.00 Criminal Minds
108 SKY ATLANTIC	7.00 Cold Case		8.00 Without a Trace		9.00 Vinyl	10.10 Last Week Tonight with John...
110 GOLD	6.40 My...	7.20 Open All Hours	8.00 Only Fools and Horses			10.00 Gavin & Stacey
111 DAVE	7.00 American Pickers		8.00 Room 101	9.20 Mock the Week		10.00 Suits
119 ITV3	7.00 Murder, She Wrote		8.00 Lewis			10.00 A Touch of Frost
120 ITV4	7.00 Premiership Rugby Union		8.00 Ax Men	9.00 Film: Kull the Conqueror		
112 COMEDY CENTRAL	7.00 Impractical Jokers		8.00 Friends	9.00 Russell Howard's Good News		10.00 Impractical Jokers
114 SYFY	7.00 Star Trek: The Next Generation		8.00 Killjoys	9.00 Film: The Hunt for Red October		
109 W	7.00 MasterChef USA		8.00 Bin There, Dump That	9.00 Get Me to the Church		10.00 EastEnders
113 UNIVERSAL	7.00 NCIS		8.00 CSI: Miami	9.00 Major Crimes		10.40 W1A
124 FOX	7.00 NCIS			9.00 The Walking Dead		10.00 Law & Order: Special Victims Unit
121 SKY ARTS	7.00 Discovering: Henry Fonda		8.00 Frank Sinatra: The Vintage Years	9.00 Dean Martin: A Legend in Concert		10.00 Talking Dead
						10.00 Sammy Davis Jr: Legends in Concert

Documentary

520 DISCOVERY	7.00 Fast N' Loud	8.00 Overhauled	9.00 Rockin' Roadsters	10.00 Bitchin' Rides
523 ANIMAL PLANET	7.00 Tanked	8.00 Yankee Jungle	9.00 Dr Jeff: Rocky Mountain Vet	10.00 Finding Bigfoot
526 NAT GEO	7.00 Air Crash Investigation	8.00 Drain the Great Lakes	9.00 Air Crash Investigation	10.00 Film: He Named Me Malala
529 HISTORY	7.00 Storage Wars	8.00 Pawn Stars		10.00 American Pickers
537 YESTERDAY	7.00 Coast	8.00 Queen Victoria's Children	9.00 Monarchy by David Starkey	10.00 The Two Ronnies Spectacle
532 EDEN	7.00 Insect Dissection: How Insects Work	8.00 Monster Bug Wars	9.00 Secret Life Underground	10.00 Secrets of the Earth

Films

301 SKY PREMIERE	6.00 Ashby	8.00 Terminator Genisys	10.15 Stretch
303 SKY SHOWCASE	6.15 The Boxrolls	8.00 Dumb and Dumber To	10.00 Whiplash
304 SKY GREATS	5.45 Die Hard	8.00 Die Hard 2	10.10 Boogie Nights
305 SKY DISNEY	6.00 Cars	8.00 Beauty and the Beast	9.30 Glory Road
306 SKY FAMILY	6.35 FernGully: The Last Rainforest	8.00 Dino Time	9.30 Bad News Bears
307 SKY ACTION	6.00 Clash of the Titans	8.00 Last Knights	10.15 Sword of Vengeance
308 SKY COMEDY	6.15 The Cable Guy	8.00 The Other Woman	10.00 Ali G Indahouse
309 SKY CRIME	6.45 Enemy of the State		9.00 The Loft
310 SKY DRAMA	6.00 Courage Under Fire	8.00 The Second Best Exotic Marigold Hotel	10.10 Calendar Girls
311 SKY SCI-FI	6.40 Captain America: The Winter Soldier		9.00 Inception
312 SKY SELECT	4.45 Schindler's List	8.00 O Brother, Where Art Thou?	10.00 The Exorcist
315 FILM4	6.15 Independence Day		9.00 A Good Day to Die Hard
317 TCM	6.00 Kill Her Gently	7.30 Terror on a Train	9.00 Duplex

Sport

402 SKY SPORTS 1	6.30 FL72 Goals	7.25 La Liga Football - Live: Espanyol v Rayo Vallecano (Kick-off 7.30)	9.30 La Liga Goals	10.30 FL72 Goals
403 SKY SPORTS 2	7.00 History of the ICC World T20		9.00 World T20 2016 - The Women	10.00 Major League Soccer
404 SKY SPORTS 3	6.30 Sporting...	7.30 Netball Superleague - Live: Hertfordshire Mavericks v Celtic Dragons (Centre-pass 7.45)	9.30 Top 14 Rugby...	10.00 Super League...
405 SKY SPORTS 4	7.00 Sporting Heroes: Dennis Taylor...	8.00 World Golf Championship		10.00 Sporting Heroes: Dennis Taylor...
410 EUROSPORT 1	5.30 Davis Cup Tennis	7.45 Biathlon	9.00 Cycling	10.30 Cycling: Track...
411 EUROSPORT 2	7.00 Cycling: Track World Championship		8.30 Davis Cup Tennis	10.30 Eurosport News

BBC1

SKY 101 HD 141 VIRGIN 101 HD 108 FVIEW 1 HD 101 FSAT 101 HD 108

6.00am Breakfast (S)(HD) **9.15 Heir Hunters** (S)(HD)(AD) **10.00 Homes Under the Hammer** (S)(R)(HD) **11.00 Countryside 999** (S)(HD) **11.45 Claimed and Shamed** (S)(R)(HD) **12.15pm Bargain Hunt** (S)(HD)(AD) **1.00 BBC News** (S)(HD) **1.30 Local News** (S) **1.45 Doctors** Rob deals with warring neighbours. (S)(HD)(AD) **2.15 Moving On** *Friends Like These*: 3/5. (Series 4) (S)(R)(HD)(AD) **3.00 Escape to the Country** Finding a home in rural Perthshire. (S)(R)(HD)(AD) **3.45 NEW SERIES The TV That Made Me** Brian Conley invites celebrities to choose the TV programmes that have shaped their lives. (S)(HD) **4.30 Flog It!** (S)(HD) **5.15 Pointless** Quiz show. (S)(HD) **6.00 BBC News** (S)(HD) **6.30 Local News** (S)

BBC2

SKY 102 HD 102/142 VIRGIN 102 HD 162 FVIEW 2 HD 102 FSAT 102 HD 109

6.15am Heir Hunters (S)(R)(HD)(AD) **7.00 Countryside 999** (S)(R)(HD) **7.45 Claimed and Shamed** (S)(R)(HD) **8.15-9.15 Sign Zone: Emergency Rescue Down Under** (S)(R)(AD) **8.45 Mary Berry's Foolproof Cooking** (S)(R)(AD) **9.15 Victoria Derbyshire** (S)(HD) **11.00 BBC News** (S)(HD) **12.00noon Daily Politics** (S)(HD) **1.00pm The Chef's Protégé** (S)(R)(HD) **1.30 Portillo's State Secrets** (S)(R)(HD)(AD) **2.00 Who Do You Think You Are?** (S)(R)(HD)(AD) **3.00 A Place to Call Home** (S)(HD) **3.50 The Life of Mammals** (S)(R)(AD) **4.50 Terry and Mason's Great Food Trip** (S)(R)(HD) **5.20 Bargain Hunt** From the Heanor Antiques Centre. (S)(R)(HD)(AD) **6.00 Eggheads** Quiz show. (S)(HD) **6.30 Too Much TV** News, reviews and previews of recent programmes. (S)(HD)

ITV

SKY 103 HD 178 VIRGIN 103 HD 113 FVIEW 3 HD 103 FSAT 103 HD 119

6.00am Good Morning Britain (S)(HD) **8.30 Lorraine** (S)(HD) **9.25 The Jeremy Kyle Show** Guests air their differences. (S)(HD) **10.30 This Morning** (S)(HD) **12.30pm Loose Women** Topical debate from a female perspective. (S)(HD) **1.30 ITV News** (S) **1.55 Local News** (S) **2.00 Jeremy Kyle's Emergency Room** The talk show host follows a team of doctors and nurses. (S)(HD) **3.00 Masterpiece with Alan Titchmarsh** Alan Titchmarsh and Rachel Houston-Holland visit Kentwell Hall. (S)(HD) **4.00 Tipping Point** Game show hosted by Ben Shephard. (S)(HD) **5.00 The Chase** General knowledge quiz show hosted by Bradley Walsh. (S)(HD) **6.00 Local News** (S) **6.30 ITV News** (S)

CHANNEL 4

SKY 104 HD 227 VIRGIN 104 HD 142 FVIEW 4 HD 104 FSAT 104 HD 126

6.00am Countdown (S)(R)(HD) **6.45-8.00 The King of Queens** Triple bill. (S)(R) **8.00 Everybody Loves Raymond** (S)(R) **9.00 Frasier** (S)(R) **10.00 Car SOS** (S)(R)(HD) **11.00 Undercover Boss Canada** (S)(R)(HD) **12.00noon News** (S)(HD) **12.05pm A Place in the Sun: Winter Sun** A bolt-hole in Tenerife. (S)(R)(HD) **1.10 A couple seek a property in Spain's Granada province.** (S)(R)(HD) **2.10 Deal or No Deal** (S)(HD)(AD) **3.10 Countdown** (S)(HD) **4.00 A New Life in the Sun** A couple face long delays as they race to open a seafood restaurant in Spain. (S)(HD) **5.00 Couples Come Dine with Me** Three couples from Cardiff compete. (S)(HD) **6.00 The Simpsons** (S)(R)(AD) **6.30 Hollyoaks** Ste and Leela plan a party to cheer up Peri. (S)(HD)(AD)

Monday

7 PM



3.45 The TV That Made Me

7.00 The One Show Alex Jones and Matt Baker present the topical show. (S)(HD)

7.30 Inside Out Documentary series focusing on regional stories of interest. (S)

8 PM

8.00 EastEnders Jordan makes a shocking admission to Denise. (S)(HD)(AD) ■ Repeated later on W

8.30 The Zika Baby Crisis – Panorama Jane Corbin travels to Brazil to investigate the virus outbreak. (S)(HD)

9 PM

9.00 NEW Frontline Doctors: Winter Migrant Crisis Chris and Xand van Tulleken discover what conditions are like for migrants fleeing through Europe during winter and witness the medical and humanitarian response to the crisis. (S)(HD)(AD)

10.00 BBC News (S)(HD)

10.30 Local News (S)

10.45 Cuckoo 3/7. Ken starts enjoying his paternity leave when he joins a group for mothers. (Series 3) (S)(HD)(AD)

11.15 Have I Got Old News for You Robert Peston hosts, with guests Roisin Conaty and Rob Delaney. (S)(R)(HD) **11.45 Live at the Apollo** Jon Richardson hosts an evening of stand-up comedy at London's Hammersmith Apollo, introducing routines by Sara Pascoe and Nathan Caton. (S)(R)(HD) **12.30am Weather for the Week Ahead** (S)(HD) **12.35-6.00am BBC News** (S)(HD)



9.00 The People v OJ Simpson...

7.00 NEW SERIES This Farming Life 1/12. Documentary following life on five farms around Scotland, featuring a shepherd in the Outer Hebrides gathering in a flock of wild sheep by boat. (S)(HD) ■ Continues tomorrow

8.00 University Challenge Jeremy Paxman asks the questions as the quarter-finals continue. (S)(HD)

8.30 Mary Berry's Foolproof Cooking **SERIES FINALE** 6/6. Dishes that are perfect for a party. (S)(HD)(AD)

9.00 The People v OJ Simpson: American Crime Story 4/10. The preliminary hearings and jury selection get underway. See feature, page 10 (S)(AD) ■ Repeated on Thursday

9.50 QI XL Stephen Fry hosts an extended edition of the quiz. (S)(HD)

10.30 Newsnight (S)(HD)

11.10 Weather (S)(HD) **11.15 Steve Backshall's Extreme Mountain Challenge** 1/2. Steve leads a team of rock climbers across Venezuela's tepuis – sheer-sided mountains surrounded by jungle – braving wildlife and rapids to reach them. (S)(R)(HD)(AD) **12.15-2.10am Sign Zone: Phone Shop Idol** (S)(R) **12.45 The Celebrity Apprentice USA** (S)(R) **2.10-6.15am Previews** (S)(HD)



7.00 Emmerdale

7.00 Emmerdale Megan makes a deal with Jai to stay away from Leyla. (S)(HD)(AD) ■ Repeated tomorrow on ITV2

7.30 Coronation Street Michael confronts Phelan over his interest in Eileen. (S)(HD)(AD) ■ Repeated tomorrow on ITV2

8.00 Further Tales from Northumberland with Robson Green 2/8. The Pennine Way. (S)(HD)

8.30 Coronation Street Jason finds Michael lying motionless. (S)(HD)(AD) ■ Repeated tomorrow on ITV2

9.00 Davina McCall: Life at the Extreme 2/4. Davina travels to the Azores in the mid-Atlantic to investigate how animals cope with atmospheric pressure changes underwater. (S)(HD)(AD) ■ Repeated tomorrow

10.00 ITV News (S)

10.30 Local News (S)

10.45 The Agenda 3/10. Tom Bradby and guests discuss the week's big issues. (S)

11.25 The Jonathan Ross Show 9/11. With Richard Gere and Jack Black, and music by the cast of *Motown the Musical*. (S)(R)(HD) **12.25am Jackpot247** **3.00 The Jeremy Kyle Show** Guests air their differences. (S)(SL)(R)(HD) **3.55 ITV Nightscreen** (HD) **5.05-6.00am The Jeremy Kyle Show** Lively studio talk show. (S)(R)

+1 hour SKY 131 VIRGIN 114 FREEVIEW 33 FREESAT 112



10.00 Fresh Meat

7.00 News (S)(HD)

7.55 The Political Slot The Scottish Government's new education policies. (S)(HD)

8.00 NEW Council House Millionaires: Dispatches The extension of right-to-buy to housing association tenants. (S)(HD)

8.30 Food Unwrapped A selection of previous investigations, with Kate Quilton finding out how cheap red wine is made. (S)(HD)

9.00 Royal Navy School Focusing on the women of Cornwall Division as they go through exactly the same training as the men, coming up against HMS Raleigh's toughest physical test in the notorious Stretcher Run. (S)(HD)(AD) ■ Repeated Thursday on 4seven

10.00 Fresh Meat 3/6. Howard tries to familiarise himself with London before his job interview. (Series 4) (S)(HD)(AD) ■ Repeated on Wednesday on 4seven

10.50 8 Out of 10 Cats Does Countdown With team captains Sean Lock and Jon Richardson. (S)(R)(HD) **11.55 24 Hours in A&E** A man faces extensive surgery after colliding with a car on his motorbike. (S)(R)(HD)(AD) **12.55am Secrets of the Salon** (S)(R)(HD) **1.45 The Last Leg** (S)(R)(HD) **2.40 Grand Designs Australia** (S)(R)(AD) **3.40 Ultimate Dealer** (S)(R)(HD) **4.05 Selling Houses with Amanda Lamb** (S)(R)(HD) **5.00-6.00am Location, Location, Location** (S)(SL)(R)

+1 hour SKY 135 VIRGIN 143 FVIEW 13 HD 109 FREESAT 121

CHANNEL 5

SKY 105 HD 105/171	VIRGIN 105 HD 150	FVIEW 5	F'SAT 105
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- 5.45-9.15am Milkshake!**
9.15am The Wright Stuff (HD)
11.15 Cowboy Builders (S)(R)
12.10pm News (S)(HD)
12.15 The Dog Rescuers with Alan Davies (S)(R)(HD)
1.15 Home and Away (S)(HD)(AD)
1.45 Neighbours (S)(HD)(AD)
2.15 NCIS: New Orleans Shadow Unit: 2/24. A crusading blogger is found dead. (Series 2) (S)(R)(HD)(AD)
3.15 FILM Smoke Screen Drama with Jaime Pressly and Currie Graham. (S)(HD) (2010, PG, 105min) ★★
5.00 News (S)(HD)
5.30 Neighbours Steph lets off some steam. (S)(R)(HD)(AD)
6.00 Home and Away Matt and Maddy are forced to take refuge from a storm. (S)(R)(HD)(AD)
6.30 News (S)(HD)

**9.00 The X Files**

- 7.00 FIA World Rally Championship Highlights**
 John Desborough presents action from the Rally Mexico, as the third round of the season takes place in the mountains north of Mexico City. (S)(HD)

- 8.00 Carry on Caravanning**
 Light-hearted documentary profiling British caravan owners, revealing why they are willing to brave notoriously unpredictable weather for weekends away in their mobile maisonettes. (S)(R)(HD)

- 9.00 The X Files**
Babylon: 5/6. A gallery displaying potentially offensive artwork is bombed, leading Mulder and Scully to seek a way to communicate with the comatose bomber. (Series 10) (S)(HD)(AD)
 ■ Repeated on Thursday on 5STAR

- 10.00 Gotham: Rise of the Villains**
A Bitter Pill to Swallow: 9/22. Hired assassins go after Gordon when Tabitha Galavan puts out a contract on the detective. (Series 2) (S)(HD)(AD)

- 10.55 NCIS**
Iced: 19/24. The body of a missing US Marine is found in a frozen lake. (Series 3) (S)(R)
**11.55 NCIS Shalom: 1/24. The team tries to prove Ziva had nothing to do with a murder. (Series 4) (S)(R)
12.50am True Crimes: The First 72 Hours (S)(R) **1.15 SuperCasino 3.10 GPs: Behind Closed Doors** (S)(R)(HD)(AD) **4.00 Wildlife SOS** (S)(SL)(R) **4.20 Divine Designs** (S)(SL)(R) **4.45-6.00am House Doctor** (S)(SL)(R)**

+1 hour	SKY 177	VIRGIN 155	FREEVIEW 44	F'SAT 128
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SKY1

SKY 106 HD 106/217	VIRGIN 110 HD 109
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- 6.00am Sunrise** (HD) **9.00 NCIS: Los Angeles** (S)(R)(HD) **10.00 Hawaii Five-0** (Series 5) (S)(R)(HD)
**12.00noon NCIS: Los Angeles Ascension: 1/24. (Series 5) (S)(R)(HD)
1.00pm Hawaii Five-0 (S)(R)(HD)
2.00 Hawaii Five-0 (S)(R)(HD)
3.00 Show Me Your Garden
 Contestants from the Midlands compete. (S)(R)(HD)(AD)
4.00 Futurama (S)(R)(HD)
4.30 Futurama (S)(R)(HD)
5.00 The Simpsons (S)(R)
5.30 Futurama Reincarnation:
 A trio of sci-fi tales. (S)(R)(HD)
6.00 Futurama Bender's Big Score - Part One: Part one of four. Earth is invaded by aliens. (S)(R)(HD)(AD)
6.30 The Simpsons In the Name of the Grandfather: Homer and Grampa visit Ireland. (S)(R)(HD)**

**9.00 Karl Pilkington: The...**

- 7.00 The Simpsons**
Wedding for Disaster: Homer and Marge get married for a second time. (S)(R)(HD)
7.30 Eeny Teeny Maya Moe:
 A lonely Moe joins an online dating agency and meets an attractive woman. (S)(R)(HD)

- 8.00 Modern Family**
 20/24. Luke and Manny's basketball coach quits, causing Jay and Phil to compete for the role. (S)(R)(HD)
8.30 21/24. Claire is suspicious when Grandpa Dunphy pays a surprise visit. (Series 1) (S)(R)(HD)

- 9.00 Karl Pilkington: The Moaning of Life**
 As Karl explores the impact of waste on our planet, he meets a roadkill chef, as well as a man who has found a unique use for old bottles. (S)(R)(HD)(AD)

- 10.00 A League of Their Own: Unseen**
 9/10. James Corden introduces unseen footage from the 10th series of the sports-based comedy quiz, featuring regulars Jamie Redknapp, Andrew Flintoff and Jack Whitehall. (S)(R)(HD)

- 11.00 Limitless Page 44:** 4/22. Morra's representative Sands asks Brian to steal national secrets. (S)(R)(HD)
12.00m't Hawaii Five-0 (S)(R)(HD)
1.00am Hawaii Five-0 (Series 5) (S)(R)(HD) **2.00 Night Cops**
 Officers deal with a reckless driver. (S)(R) **3.00 Stargate SG-1** (S)(R) **4.00 Stargate SG-1** (Series 3) (S)(R) **5.00 Sky World News** (HD)
5.30-6.00am Sky World Review & Business Report (HD)

+1 hour	SKY 130
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LOCAL VARIATIONS**BBC1**

- SCOTLAND**
 Sky 951, Virgin 862, Freesat 960
7.30-8.00pm Scotland's Home Movies **9.00-10.00** Lady Lairds **10.45** Frontline Doctors: Winter Migrant Crisis **11.45** Cuckoo **12.15am** Have I Got Old News for You **12.45** Live at the Apollo **1.30** Weather for the Week Ahead **1.35-6.00am** BBC News
N. IRELAND
 Sky 953, Virgin 863, Freesat 957
7.30-8.00pm Weather Watchers with Barra Best **10.45** True North: Pets at Peace **11.15** True North Shorts: Summer **11.25** Cuckoo **11.55pm-12.40am** Live at the Apollo **12.40-6.00am** BBC News
WALES
 Sky 952, Virgin 864, Freesat 964
7.30-8.00pm X-Ray **10.40** Young, Welsh and Pretty Skint **11.10** Cuckoo **11.40** Have I Got Old News for You **12.10am** Live at the Apollo **12.55** Weather for the Week Ahead **1.00-6.00am** BBC News
BBC1 North/North East/North West/Yorkshire & Lincolnshire
 Sky 956/955/958/957, Freesat 966/956/955/967
11.45pm-12.30am The Super League Show

BBC2

- SCOTLAND**
 Sky 970, Freesat 970
10.30pm Scotland 2016 **11.00** Newsnight **11.40** Weather **11.45pm-12.45am** Steve Backshall's Extreme Mountain Challenge
N. IRELAND
 Sky 972, Freesat 969
9.50pm Bi ar an Eolas ar an Aimsir **10.20-10.30** Weather Watchers with Barra Best **11.15** Stormont Today **11.45pm-12.45am** Steve Backshall's Extreme Mountain Challenge
WALES
 Sky 971, Freesat 971
3.50-4.50pm Escape to the Country

ITV

- WALES**
8.00-8.30pm Wales This Week **10.45** Sharp End **11.15** The Agenda **11.55-12.25am** Further Tales from Northumberland with Robson Green

S4C

- Sky 134, Virgin 166, Freesat 120
7.00am Cyw **1.00pm** Newyddion S4C ar Tywydd **1.05** Heno **2.00** Prynhawn Da **2.55** Newyddion S4C a'r Tywydd **3.00** Ward Plant **4.00** Awr Fawr **5.00** Stwnsh **6.00** Pobol y Cwm (AD) **6.25** Newyddion S4C a'r Tywydd **6.30** Sgorio **7.00** Heno **8.00** Pobol y Cwm (AD) **8.25** Ceffylau Cymru **9.00** Newyddion 9 a'r Tywydd **9.30** Ffermio **10.00-11.50pm** Clwb Rygbi

BBC4

SKY 116 HD 116/211	VIR 107 HD 164	FVIEW 9	F'SAT 148 HD 107
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- 7.00pm World News Today**
 The day's leading stories. (HD)
7.30 Timothy Spall: Back at Sea 1/4. The actor and his wife Shane travel from Cardiff to Clydebank by barge. (AD)
8.00 Great Irish Journeys with Martha Kearney
 3/4. Martha visits places of power in Ireland. (HD)(AD)
8.30 NEW The Return of Flying Scotsman
 The steam engine returns to the tracks following a 10-year restoration.
9.00 The Renaissance Unchained SERIES FINALE
 4/4. Waldemar Januszczak examines the chaotic climax of the period, which was captured in the art of Leonardo, Bosch, Arcimboldo, Palissy and El Greco. (HD)(AD)
10.00 Imagine: The Trouble with Tolstoy - At War with Himself
 Alan Yentob explores the life of Russian author Leo Tolstoy. (HD)
11.05 Imagine: The Trouble with Tolstoy - In Search of Happiness (HD) **12.05am** Human Planet (HD)(AD) **1.05** Himmeler: The Decent One - Storyville (HD) **2.35-3.35am** The Renaissance Unchained (SL)(AD)

ITV2

SKY 118 HD 118/225	VIR 115 HD 176	FVIEW 6	F'SAT 113
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- 6.00am** Planet's Funniest Animals
6.20 Dinner Date (HD) **7.10** The Ellen DeGeneres Show (HD) **8.00** Emmerdale (HD) (AD) **8.30** Coronation Street (HD)(AD) **9.35** Catchphrase (HD) **10.15** Dinner Date (HD)
11.15 Royal Pains (HD) **12.10pm** Emmerdale (HD)(AD) **12.45** Coronation Street (HD)(AD) **1.45** The Ellen DeGeneres Show **NEW EDITION** (HD) **2.40** Judge Rinder (HD) **3.40** The Jeremy Kyle Show: Double bill. (HD) **5.50** Take Me Out (HD)
7.00 You've Been Framed!
 Gold Comical clips.
8.00 Two and a Half Men
 4/24. Alan and Kandi become embroiled in a battle for custody of their pet dog. (HD)
8.30 5/24. Judith and Herb's marriage plans are threatened. (Series 4) (HD)

- 9.00 Family Guy NEW EPISODE**
Papa Has a Rollin' Son: Joe's estranged father visits. (Series 14) (HD)(AD)

- 9.30 Bordertown NEW EPISODE**
Borderwall: 2/13. Bud uses confiscated drug money to fund a giant wall between America and Mexico. (HD)(AD)
10.00 Family Guy (HD)(AD) **10.30** American Dad! (AD) **11.30** The Cleveland Show (HD)(AD)
12.30am Two and a Half Men (HD) **1.20** The Keith Lemon Sketch Show (HD) **1.50** Planet's Funniest Animals **2.10-2.20am** Meghan Trainor: Hot Desk (HD)

+1 hour	SKY 180	VIR 116	FVIEW 27	F'SAT 114
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MORE4

SKY 138 HD 138/231	VIR 147 HD 203	FVIEW 14	F'SAT 124
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- 8.55am** Jamie's 15 Minute Meals (HD)(AD) **9.35** Food Unwrapped (HD) **10.05** Come Dine with Me (HD) **11.10am-1.55pm** Four in a Bed (HD) **1.55-4.40pm** Come Dine with Me (HD)
4.40 A Place in the Sun: Home or USA? (HD) **5.45** A Place in the Sun: Summer Sun (HD) **6.50** The Supertv: The owners of a Shih-Tzu agonise over an extremely risky operation. (HD)
7.55 Grand Designs A revisit to a timber home threatened by financial problems. (AD)
9.00 NEW SERIES Vet on the Hill 1/10. Documentary following Australian vet Scott Miller in his busy surgery in Richmond Hill, south-west London, giving an insight into life at a small practice. (HD)(AD)
10.00 24 Hours in A&E
 A 51-year-old builder is rushed into A&E after falling 18ft from scaffolding onto concrete. (HD)
11.05 Sex Diaries: Trans Lovers (HD)(AD) **12.10am** Ramsay's Kitchen Nightmares USA: From Nashville, Tennessee. **1.10** Vet on the Hill (HD) **2.15** 24 Hours in A&E (HD) **3.15-3.35am** River Cottage Bites (HD)

+1 hour	SKY 139	VIR 196	FVIEW 125
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E4

SKY 136 HD 136/202	VIR 144 HD 145	FVIEW 28	F'SAT 122
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- 6.00am** Made in Chelsea (HD)
6.45 Charmed **7.35** Hollyoaks (HD)(AD) **8.05** Rules of Engagement (HD) **9.00** New Girl (HD)(AD) **10.00** Melissa & Joey (HD) **11.00** Charmed
1.00pm How I Met Your Mother (HD)(AD) **2.00** The Big Bang Theory (HD)(AD) **3.00** Melissa & Joey (HD) **4.00** How I Met Your Mother (HD)(AD) **5.00** New Girl (HD)(AD) **6.00** The Big Bang Theory (HD) (AD) **7.00** Hollyoaks (HD)
7.30-9.00 The Big Bang Theory 13/24. Sheldon is made to take a holiday. (HD)(AD)
8.00 23/24. Penny gets fired. (Series 7) (HD)(AD)
8.30 18/24. A magazine fails to mention Leonard in an article. (Series 8) (HD)(AD)

- 9.00 Tattoo Fixers NEW EDITION**
 12/15. Three tattoo artists try to fix and transform inked catastrophes on the customers who arrive in their studio. (HD)

- 10.00 Rude Tube NEW EDITION**
 9/10. Alex Zane presents a selection of videos featuring cats and dogs. (HD)
11.10 The Big Bang Theory (HD) (AD) **12.00m't** Tattoo Fixers (HD) **1.05am** Gogglebox (SL) (HD) **2.05** Brooklyn Nine-Nine (HD)(AD) **2.30** New Girl (HD) (AD) **2.50** 2 Broke Girls (HD) (AD) **3.15** Tattoo Fixers (HD)
4.05 Charmed (SL) **4.50-6.00am** Made in Chelsea (HD)

+1 hour	SKY 137	VIR 146	FVIEW 29	F'SAT 123
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Sky Living

SKY 107 HD 107/221 VIRGIN 112 HD 111

6.00am Motorway Patrol
7.00 Nothing to Declare
8.00 Border Security: Canada's Front Line (HD)
9.00 Children's Hospital
10.00 Million Dollar Listing: Miami (HD) **11.00** My Kitchen Rules: Australia **12.00noon-3.00pm** Criminal Minds (HD)
3.00pm CSI **4.55** Children's Hospital (HD)
5.55 Nothing to Declare
6.55 My Kitchen Rules New Zealand **NEW EDITION** (HD)



10.00 Criminal Minds

Sky Atlantic

SKY 108 HD 108/222

6.00am Networks of Power with Sir Christopher Meyer (HD) **8.00** FILM Dinosaur 13 (HD) (2014, PG, 95min) ★★ ★★ **10.00** The West Wing (Series 4) (HD)
11.00 Blue Bloods (HD)
12.00noon Cold Case (HD)
1.00pm Without a Trace (HD) **2.00** Urban Secrets (HD) **3.00** House (HD)
5.00 The West Wing (HD) **6.00** Blue Bloods: Scorched Earth: 4/23. (Series 3) (HD)



9.00 Vinyl

GOLD

SKY 110 VIRGIN 126

7.00am Ever Decreasing Circles **7.30** Sorry! **8.00** As Time Goes By **8.40** To the Manor Born **9.20-11.20** Last of the Summer Wine: Triple bill.
11.20 My Family **12.40pm** Open All Hours **1.20** The Two Ronnies Sketchbook **2.40** As Time Goes By
3.20 To the Manor Born **4.00-6.00** Last of the Summer Wine: Triple bill of the series. **6.00** My Family: Double bill of the series.



11.20 The Thin Blue Line

Dave

SKY 111 HD 111/246 VIRGIN 128 HD 194 F'VIEW 12

7.00am Storage Hunters (HD)
7.10 Ice Road Truckers (HD)
8.10 American Pickers (HD)
10.00 Top Gear (HD)
11.00 FILM Torn Curtain: Thriller starring Paul Newman and Julie Andrews. (HD) (1966, 15, 128min) ★★
1.35pm Storage Hunters (HD)
2.00 American Pickers: Double bill. (HD) **4.00** Top Gear (HD) **6.00** American Pickers: A 92-year-old farmer's vast collection. (HD)



11.00 Last Man on Earth

ITV3

SKY 119 HD 119/263 VIR 117 HD 177 F'VIEW 10 F'SAT 115

6.00am Doctor in the House
6.25 Heartbeat **7.25** Where the Heart Is **8.30** The Royal **9.35-10.55** Judge Judy
10.55 Wycliffe (HD) **12.00noon** Murder, She Wrote (HD)
1.00pm Heartbeat **2.05** The Royal **3.10** Where the Heart Is **4.15** Doctor in the House
4.50 In Loving Memory
5.20 On the Buses **5.55** Heartbeat: *This Happy Breed*: An old friend of Miller's turns up with a business proposition.



8.00 Lewis

ITV4

SKY 120 HD 120/268 VIR 118 HD 178 F'VIEW 24 F'SAT 117

6.00am Hat-Trick Heroes II (HD) **6.15** Magnum, PI (HD)
7.05 The Chase (HD)
7.55 The Professionals
9.00 The Sweeney **10.00** Ax Men (HD) **11.00** The Chase (HD) **12.00** The Professionals
1.00pm Storage Wars (HD)
2.00 The Car Chasers (HD)
3.00 Magnum, PI (HD) **4.00** The Sweeney **5.00** The Professionals: *No Stone*.
6.00 Storage Wars: Texas: Double bill of the series. (HD)



6.00 Storage Wars...

7 PM

My Kitchen Rules New Zealand (started at 6.55pm)

8 PM

8.00 CSI *I-15 Murders*: 11/23. The team track a serial killer whose victims visited supermarkets along the same stretch of road. (Series 1) (HD)

9 PM

9.00 Bones **NEW EPISODE** *High Treason in the Holiday Season*: 8/22. A political journalist is found dead. (Series 11) (HD)

10 PM

10.00 Criminal Minds **SERIES RESUMES** *Entropy*: 11/22. The BAU plans to trap the hitman ring. (Series 11) (HD)
11.00 Criminal Minds (HD)
1.00am CSI (HD) **3.10am** UK Border Force (HD) **4.10** Border Security: Canada's Front Line (HD) **5.10-6.00am** Nothing to Declare

+1 hour SKY 122 VIRGIN 140

7.00 Cold Case *Stand Up and Holler*: 20/24. An anonymous confession leads Rush to reopen a case. (Series 4) (HD)

8.00 Without a Trace *The Calm Before*: 6/24. The team searches for a hurricane survivor. Guest stars Eriq La Salle. (Series 5) (HD)

9.00 Vinyl **NEW EPISODE** *The Racket*: 4/10. Richie attempts to keep funk superstar Hannibal with American Century. (HD)

10.10 Last Week Tonight with John Oliver **NEW EDITION** (HD) **10.45** Girls **NEW EPISODE** (HD) **11.20** Together **NEW EPISODE** (HD) **11.55** Vinyl (HD)
1.05am The Sopranos (HD)
2.10 The Knick (HD) **3.15** Without a Trace (HD)
4.10-6.00am Networks of Power with Sir Christopher Meyer: Double bill. (HD)

+1 hour SKY 170

7.20 Open All Hours
 Arkwright attends a funeral, leaving Granville in charge of the shop.

8.00-10.00 Only Fools and Horses Rodney tires of being dogsbody to Del and decides to move out.

8.40 Del and Rodney celebrate a used-car deal with a night out in the West End.

9.20 Del gets his hands on a statue of a Hindu god - which plunges him into the middle of a feud.

10.00 Gavin & Stacey
 The Essex mob arrives for a day at the beach.

10.40 Gavin & Stacey **11.20** The Thin Blue Line **12.00m't** Cheers **12.30am** Shooting Stars **1.10** Absolutely Fabulous **1.50** Gavin & Stacey **2.55** The Thin Blue Line **3.30-4.00am** Shooting Stars

+1 hour SKY 166 VIRGIN 127

7.00 American Pickers
 Mike and Frank visit a contact living in Sicily, who offers to show them around a treasure-filled house. (HD)

8.00 Room 101 With guests Greg Davies, Ben Fogle and Janet Street-Porter. (HD)

8.40 Jason Manford, Paloma Faith and Deborah Meaden discuss their pet hates. (HD)

9.20 Mock the Week
 Highlights and out-takes from the 2011 series.

10.00 Suits **SERIES FINALE** *25th Hour*: 16/16. Mike makes one final play to win his freedom. (Series 5) (HD)

11.00 Last Man on Earth (HD) **11.30** QI **1.30am** Last Man on Earth (HD)
2.00 Suits (HD) **3.00-4.00am** Only Connect

+1 hour SKY 214 VIRGIN 129 F'VIEW 84

7.00 Murder, She Wrote
Jessica Behind Bars: Jessica is taken hostage at a detention centre for women. Guest stars Vera Miles. (HD)

8.00 Lewis *The Soul of Genius*: A botanist accidentally unearths the body of a recently buried professor who was fixated upon solving a seemingly impossible riddle. Guest stars Celia Imrie and James Fleet. (HD)

10.00 A Touch of Frost
No Refuge: Armed robbers lead the detective a merry dance.

12.05am Wycliffe (HD) **1.05-2.00am** Where the Heart Is

+1 hour SKY 193 VIRGIN 174 F'SAT 116

7.00 Premiership Rugby
 Union Action from the 15th round of fixtures, including Leicester Tigers v Exeter Chiefs at Welford Road. (HD)

8.00 Ax Men **NEW EDITION** A new team provides extra competition, and the Chapmans plot revenge on a poacher. (HD)

9.00 FILM Kull the Conqueror
 Adventure fantasy starring Kevin Sorbo and Tia Carrere. A barbarian ascends the throne of a prosperous state, but an enchantress plots to overthrow him. (HD) (1996, 12, 95min) ★
 SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 Bundesliga Football Highlights (HD) **12.00m't** Premiership Rugby Union (HD) **1.05-3.00am** FILM The Chronicles of Riddick: Sci-fi adventure sequel. (HD) (2004, 15, 115min) ★★ ★★

+1 hour SKY 206 VIRGIN 175 F'SAT 155

Real Lives

SKY 172 VIRG 160

6.00am UK Border Force
7.00 60 Minute Makeover
9.00 Sun, Sea and A&E
10.00 Jerry Springer
12.00noon The Biggest Loser: Australia **12.55pm** America's Next Top Model
1.50 Four Weddings **2.45** Obese: A Year to Save My Life USA **NEW EDITION**
4.00 Border Security: Canada's Front Line **5.00** Nothing to Declare **6.00** America's Next Top Model
7.00 Bangkok Embassy
8.00 Border Security USA
9.00 Sun, Sea and A&E
10.00 Inside Spearmint Rhino Double bill.
11.00 Sexcetera **1.00am** Eurotrash: The Sexy Bits
2.00 When Vacations Attack **3.00** The Devil's Dinner Party **4.00** Sun, Sea and A&E
5.00-6.00am RSPCA Animal Rescue

+1 hour SKY 173 VIRG 207

Sky2

SKY 129 VIRG 121

6.00am Brainiac: Science Abuse **7.00** Ninja Warrior
8.00 Highway Patrol
9.00 Arrow **10.00** Nothing to Declare
11.00 Inside Gatwick
12.00noon Ninja Warrior
1.00pm Robot Wars
2.00 Arrow **3.00** Four Weddings **4.00** Obese: A Year to Save My Life USA
6.00 Stargate Universe
7.00 Stargate Universe
8.00 A League of Their Own With Joe Hart.
9.00 The Flash *Potential Energy*: 10/23. (Series 2)
10.00 Zoo *Blame It on Leo*: 5/13. Jackson and Jamie search for a chemist who could have answers.
11.00 Mad Dogs **12.00m't** Arrow **1.00am** Border Security USA **2.00** DC's Legends of Tomorrow
3.00 Border Security USA **4.00** Nothing to Declare **5.00-6.00am** The Real A&E

Pick

SKY 152 VIRG 123 F'VIEW 11 F'SAT 144

6.00am Sunrise **7.00** Most Haunted **8.00** Sixth Sense with Colin Fry
9.00 Cold Case **10.00** Sanctuary **11.00** Stargate Universe **12.00noon** Motorway Patrol
12.30pm The Jerry Springer Show **2.00** Highway Patrol **2.30** Customs UK
3.00 Nothing to Declare
4.00 It's Me or the Dog **5.00** Cold Case **6.00** Without a Trace
7.00 Stargate SG-1
8.00 Sanctuary (Series 1)
9.00 Hawaii Five-0
10.00 NCIS: Los Angeles *Traitor*: 9/24. Granger is poisoned. (Series 6)
11.00 Without a Trace
12.00m't Supernatural
1.00am Most Shocking
2.00 Sexcetera **3.00** A Haunting **4.00** Most Haunted **5.00-6.00am** Highway Patrol

+1 hour SKY 153 F'SAT 159

E!

SKY 151 HD 151/239 VIRG 156

7.00am Kourtney and Kim Take Miami **8.00** News
9.00 Tia and Tamara
10.00 Total Divas: As 8.00pm. **11.00** Keeping Up with the Kardashians
12.00noon News **1.00pm** Jerseylicious **2.00** Keeping Up with the Kardashians **3.00** Giuliana and Bill **4.00** News **5.00** Kourtney and Kim Take Miami **6.00** Just Jillian
7.00 News
8.00 Total Divas Nikki's championship reign is at stake when she faces an old foe.
9.00 Hollywood Medium with Tyler Henry
10.00 The Royals
11.00 News **12.00m't** Keeping Up with the Kardashians **1.30am** Teleshopping **2.30** News **4.30-5.00am** Celebrity Style Story

+1 hour SKY 229

Alibi

SKY 132 HD 132/247 VIRG 130 HD 200

7.10am Diagnosis Murder
8.00 Murdoch Mysteries (HD) **10.00** The Closer (HD) **11.00** Castle (HD)
1.00pm Sue Thomas: FB Eye **2.00** The Closer (HD) **3.00** Murdoch Mysteries (HD) **4.00** Castle (HD) **6.00** Rizzoli & Isles (HD)
7.00 Rizzoli & Isles (HD)
8.00 Miss Fisher's Murder Mysteries
Framed for Murder: 9/13. (Series 2) (HD)
9.00 Murdoch Mysteries **NEW EPISODE** *Summer of '75*: 7/18. Murdoch investigates a 30-year-old case. (Series 9) (HD)
10.00 The Doctor
11.20 Rizzoli & Isles (HD)
1.20am Sue Thomas: FB Eye **2.20** Diagnosis Murder **3.10-4.00am** Murdoch Mysteries (HD)

+1 hour SKY 226 VIRG 131

ITV Be

SKY 179 VIR 119 HD 179 F'VIEW 26 F'SAT 118

9.00am Be Beautiful (HD)
9.10 The Only Way Is Essex (HD) **10.00** May the Best House Win (HD)
11.00 Who's Doing the Dishes? (HD) **12.05pm** Jeremy Kyle Show USA
1.00 Jerseylicious (HD)
2.00 The Real Housewives of Atlanta (HD) **3.00** Buying and Selling (HD) **4.00** The Real Housewives of New York City (HD) **6.00** Dinner Date (HD) **7.00** Buying and Selling **NEW EDITION** (HD) **8.00** Million Dollar Listing
9.00 There Goes The Motherhood **NEW EDITION** (HD) **10.00** Kendra on Top **NEW EDITIONS** (HD) **11.00** The Only Way Is Essex (HD) **11.50pm-12.45am** Southern Charm **SERIES FINALE** (HD)

+1 hour SKY 207 VIRG 120 F'SAT 158

ITV Encore

SKY 123 HD 123/269

6.00am The Encore Hour
9.00 Always and Everyone
9.55 Upstairs, Downstairs
10.50 Heartbeat **11.45** The Chief **12.40pm** Kavanagh QC (HD)
2.20 Robin of Sherwood
3.30 Heartbeat **4.40** Always and Everyone **5.45** Upstairs, Downstairs **6.55** Agatha Christie's Poirot: *The Veiled Lady*. (HD)
8.00 Downton Abbey (HD)
9.00 DCI Banks *What Will Survive - Part One*: A woman is found to have been buried alive. (HD)
10.00 *What Will Survive - Part Two*: Banks uncovers McCready's secret. (HD)
11.00 Scott & Bailey (HD)
12.05am Agatha Christie's Poirot (HD)
1.10 Cold Feet **2.15** Love and Marriage (HD) **3.05** Injustice (HD) **4.00-6.00am** The Encore Hour

+1 hour SKY 208

Comedy Central

SKY 112 HD 112/205 VIRGIN 132 HD 181

8.00am Two and a Half Men: Double bill. (HD) **9.00** Friends: Double bill. (HD) **10.00** The Middle (HD) **11.00** Malcolm in the Middle: Double bill. (HD) **12.00noon** Impractical Jokers: Double bill. (HD) **1.00-3.00pm** Friends: Back-to-back episodes. (HD) **3.00** The Middle: Double bill. (HD) **4.00** Malcolm in the Middle: Double bill. (HD) **5.00-7.00** Friends: Back-to-back episodes. (HD)



10.00 Impractical Jokers

7.00 Impractical Jokers Q's father joins the team to create mischief. (HD) **7.30** The jokers pose as furniture salesmen. (HD)

8.00 Friends 1/24. Monica celebrates her engagement. (HD) **8.30** 2/24. Monica starts making wedding plans. (Series 7) (HD)

9.00 Russell Howard's Good News Russell offers his perspective on the big stories making the news in an edition from 2011. (HD)

10.00 Impractical Jokers NEW EDITIONS (HD)

11.00 NEW SERIES Fameless Prankers (HD) **11.30** Inside Amy Schumer NEW EDITION (HD) **12.00m't** Drunk History (HD) **12.30am** Lip Sync Battle (HD) **1.00** Bob's Burgers (HD) **2.00** South Park (HD) **3.00-4.10** Two and a Half Men (HD) **4.10-5.00am** The Middle (HD)

+1 hour SKY 127 VIRGIN 133

CBS Action

SKY 148 VIRG 192 F'VIEW 64 F'SAT 137

9.00am JAG 10.00 MacGyver **11.00** Star Trek: Deep Space Nine **12.00noon** Star Trek **1.00pm** The High Chaparral **2.00** NCIS **4.00** Walker, Texas Ranger **5.00 JAG** 6.00 Star Trek (Series 3) **7.00 MacGyver** Bitter Harvest: 9/21. (Series 6) **8.00 Star Trek: Deep Space Nine** The Darkness, the Light: 11/26. (Series 5) **9.00 NCIS** Caged: 12/25. McGee tries to quell a crisis in a women's prison. (Series 6) **10.00 Bad Girls** 14/18. Police investigate Jim Fenner's death. (Series 7) **10.55** Walker, Texas Ranger **11.55** NCIS (Series 6) **12.55am** Bad Girls **1.45** Nash Bridges **2.45** Harper's Island **3.30** Walker, Texas Ranger **4.15-6.00am** Hawaii Five-O

+1 hour SKY 149 VIRG 197 F'VIEW 74 F'SAT 134

CBS Drama

SKY 149 VIRG 197 F'VIEW 74 F'SAT 134

9.00am Knots Landing **11.00** Judging Amy **12.00noon** Judge Judy **1.00pm** Hawaii Five-O **2.00** The High Chaparral **3.00** Matlock **4.00** Judge Judy **5.00** Judging Amy **6.00** Dr Quinn: Medicine Woman **7.00** Dog and Beth: On the Hunt The couple leave Hawaii to support fellow bounty hunters. **8.00-10.00** Judge Judy Back-to-back editions of real-life small-claims cases, presided over by former New York judge Judy Sheindlin. **10.00** Cheaters Hidden cameras expose unfaithful partners. **11.00** Cheaters **12.00m't** Jerry Springer **12.55am** Dog and Beth: On the Hunt **1.55** Beverly Hills 90210 **2.55** Hawaii Five-O **3.50-5.00am** The High Chaparral

+1 hour SKY 213 VIRGIN 125

4Seven

SKY 140 VIRG 195 F'VIEW 110/47 F'SAT 127

9.00am Come Dine with Me (HD) **10.00** A Place in the Sun: Winter Sun (HD) **11.00** A New Life in the Sun (HD) **12.00noon** Location, Location, Location (HD) **1.00pm** Undercover Boss USA (HD) **2.00** A New Life in the Sun (HD) **3.00** Selling Houses with Amanda Lamb (HD) **4.00** Supershoppers (HD) **5.00** Location, Location, Location (HD) **6.00** Come Dine with Me (HD) **7.00** Food Unwrapped (HD) **8.00** The Jump: The Final (HD) **9.00** Location, Location, Location (HD) **10.00** Ramsay's Kitchen Nightmares USA **11.00** Gogglebox (HD) **12.00m't** Royal Navy School (HD) **1.05am** Born to Be Different (HD) **2.00** Ugly House to Lovely House with George Clarke (HD) **2.55** Couples Come Dine with Me (HD) **3.45-4.45am** A New Life in the Sun (HD)

+1 hour SKY 150 VIRGIN 138

5USA

SKY 174 VIRG 153 F'VIEW 21 F'SAT 129

9.00am Rookie Blue **10.00** Person of Interest **12.00noon** CSI **1.00pm** NCIS **2.00** Access **2.10** FILM Dark Desire: Crime thriller. (2012, PG, 85min) ★★ **4.00** NCIS **5.00** CSI **6.00** CSI: NY **7.00-11.00** NCIS Kill Screen: 16/24. A Marine's teeth and fingerprints are found in a pickpocket's stolen purse. (Series 8) **8.00** Jeopardy!: 22/24. A suspect dies while being restrained. (Series 3) **9.00** You Better Watch Out: 10/24. Tony's father visits. (Series 10) **10.00** Child's Play: 9/24. The agents investigate a government organisation. (Series 7) **11.00** CSI: Miami **12.55am** NCIS **1.55** CSI: Miami **2.55** Chicago PD **3.35-4.05am** My Name Is Earl

+1 hour SKY 176 VIRG 151 F'VIEW 30 F'SAT 131

5STAR

SKY 176 VIRG 151 F'VIEW 30 F'SAT 131

9.00am Gilmore Girls **11.00** My Wife and Kids **12.00** Now That's Funny! **1.00pm** Dance Moms **2.00** The Nightmare Neighbour Next Door **3.00** Neighbours **3.30** Home and Away **4.00** 8 Simple Rules **5.00** My Wife and Kids **5.55** Access **6.00** Neighbours **6.30** Home and Away **7.00** Dance Moms **8.00** The Secret Life of the Family **9.00** FILM Just Go With It Romantic comedy starring Adam Sandler and Jennifer Aniston. (2011, 12, 116min) ★ **11.25** FILM My Best Friend's Girl: Romantic comedy starring Dane Cook. (2008, 18, 101min) ★★ **1.30am** Scrubs **2.20** That '70s Show **3.15-4.00am** Ridiculousness

+1 hour SKY 184 VIRG 189 F'VIEW 61 F'SAT 142

True Ent

SKY 184 VIRG 189 F'VIEW 61 F'SAT 142

6.00am The Waltons **7.00** Little House on the Prairie **8.00** The Waltons **10.00** Touched by an Angel **11.00** Little House on the Prairie **12.00noon** The Avengers **1.00pm** FILM More Than Meets the Eye: The Joan Brock Story (2003, PG, 95min) ★★ **3.00** Perry Mason: The Case of the Defiant Daughter **5.00** Highway to Heaven **6.00** Touched by an Angel **7.00** M*A*S*H Double bill. **8.00** The Avengers Homicide and Old Lace: 26/33. (Series 6) **9.00** FILM Crimes of Silence Drama starring Michele Greene. (1996, 15, 89min) ★ **11.00** FILM A Dangerous Affair: Thriller. (1994, 15, 88min) ★★ **1.00-3.00am** Perry Mason: The Case of the Silenced Singer: Murder mystery.

+1 hour SKY 194 VIRGIN 136

Drama

SKY 158 VIRG 190 F'VIEW 20 F'SAT 162

7.10am Bergerac **8.00** Dangerfield **9.00** Pie in the Sky **10.00** Lovejoy **11.00** The Bill **1.00pm** Last of the Summer Wine **1.40** Terry and June **2.20** Birds of a Feather **3.00** Dangerfield **4.00** Pie in the Sky **5.00** Lovejoy **6.00** Birds of a Feather **6.40** Last of the Summer Wine **7.20** Whatever Happened to the Likely Lads? **8.00** Dalziel & Pascoe Mens Sana: A woman dies at a private health spa. **10.00** Jonathan Creek The Tailor's Dummy: The unconventional sleuth investigates an alleged metamorphosis. Guest stars Bill Bailey. **11.20** Birds of a Feather **12.00m't** The Bill **1.00am** Pie in the Sky **2.00** Lovejoy **2.55** Birds of a Feather **3.30-4.00am** Garden Makers

+1 hour SKY 219 VIRG 154 F'VIEW 83 F'SAT 130

Syfy

SKY 114 HD 114/201 VIRGIN 135 HD 165

6.00am Buffy the Vampire Slayer: Double bill. **8.00** Teleshopping **11.00** Star Trek: Deep Space Nine (Series 6) **12.00noon** Star Trek: The Next Generation (HD) **1.00pm** Defiance (HD) **2.00** FILM 2012: Ice Age: Disaster thriller. (HD) (2011, 12, 87min) ★ **4.00** Buffy the Vampire Slayer: Double bill. (Series 6) **6.00** Star Trek: Deep Space Nine: His Way: 20/26. Odo seeks personal advice. (Series 6)

8.00 Killjoys

7.00 Star Trek: The Next Generation Chain of Command - Part One: 10/26. Picard embarks on an espionage mission. (Series 6) (HD)

8.00 Killjoys NEW EPISODE Kiss Kiss, Bye Bye: 7/10. The team is led to an orbiting bazaar named Utopia, and into great danger. (HD)

9.00 FILM The Hunt for Red October Cold War suspense thriller set on a nuclear-powered submarine, starring Sean Connery, Alec Baldwin and Scott Glenn. (HD) (1990, PG, 135min) ★★ ★★ SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 Killjoys (HD) **12.50am** FILM Ghost Shark: Horror thriller. (HD) (2013, 15, 84min) ★★ **2.40** Defiance (HD) **3.40** Todd & the Book of Pure Evil (HD) **4.10-6.00am** FILM Viking Quest (HD) (2014, 12, 88min) ★★

+1 hour SKY 109 HD 109/245 VIRGIN 124 HD 191

W

SKY 109 HD 109/245 VIRGIN 124 HD 191

6.25am Emergency Bikers (HD) **7.20** MasterChef Australia (HD) **8.20** MasterChef USA (HD) **9.15** The Bill **10.20** EastEnders (HD) **11.00** Tipping Point (HD) **1.00pm** My Dream Home NEW EDITION (HD) **2.00** Emergency Bikers (HD) **3.00** Who Do You Think You Are? (HD) **4.00** Choccywoccydoodah (HD) **5.00** My Dream Home (HD) **6.00** Tipping Point (HD)

7.00 MasterChef USA

7.00 MasterChef USA NEW EDITION 13/20. The final seven contestants must prepare a dish from southern cuisine ingredients. (HD)

8.00 Bin There, Dump That An auction is held at a tip. (HD) **8.30** Two refuse collectors lose a bin. (HD)

9.00 NEW SERIES Get Me to the Church Groom-to-be Dave is stranded in the Sahara desert 72 hours before his wedding day. (HD)

10.00 EastEnders As shown on BBC1. (HD)

10.40 W1A (HD) **11.20** Get Me to the Church (HD) **12.20am** Neighbourhood Blues (HD) **1.10** Bin There, Dump That (HD) **2.05-3.00am** Do No Harm (HD)

+1 hour SKY 113 HD 113/204 VIRGIN 137

Universal

SKY 113 HD 113/204 VIRGIN 137

6.00am Royal Pains (HD) **7.00** Teleshopping **8.00** In Plain Sight (HD) **9.00** Numb3rs (HD) **10.00** CSI: Miami (HD) **11.00** NCIS (Series 3) (HD) **12.00noon** Law & Order (HD) **1.00pm** Sea Patrol (HD) **2.00** Rescue Special Ops (HD) **3.00** NCIS (HD) **4.00** Law & Order (Series 16) (HD) **5.00** Sea Patrol (HD) **6.00** Rescue Special Ops: The Carter Redemption: 15/22. (Series 3) (HD)

9.00 Major Crimes

7.00 NCIS Escaped: 2/24. Fornell and his daughter are threatened by an escaped convict. (Series 4) (HD)

8.00 CSI: Miami Addiction: 11/24. A woman is killed in a carjacking incident. (Series 3) (HD)

9.00 Major Crimes NEW EPISODE Hindsight - Part One: 19/23. A gangland killing is linked to unsolved LAPD cases. (Series 4) (HD)

10.00 Law & Order: Special Victims Unit Streetwise: 11/19. (Series 9) (HD)

11.00 Law & Order: Special Victims Unit (HD) **12.00m't** NCIS (HD) **1.00am** Numb3rs (HD) **2.00** Sea Patrol (HD) **3.00** Bates Motel (HD) **4.00** Royal Pains (HD) **5.00-6.00am** Quincy ME

+1 hour SKY 124 HD 124/188 VIRGIN 157 HD 199

FOX

SKY 124 HD 124/188 VIRGIN 157 HD 199

8.00am The Mentalist (HD) **9.00** Leverage (HD) **10.00** The Closer (Series 2) (HD) **11.00** The Mentalist: Double bill. (Series 3) (HD) **1.00pm** NCIS: Double bill. (HD) **3.00** Leverage: The Future Job: 13/15. (Series 2) (HD) **4.00** The Mentalist: Double bill. (Series 3) (HD) **6.00** The Closer: Overkill: 13/15. The wife of a crime boss is murdered in FBI custody. (Series 2) (HD)

9.00 The Walking Dead

7.00 NCIS Shabbat Shalom: 11/24. A dead journalist is found to have been investigating the proliferation of drugs in the navy. (HD)

8.00 Shiva: 12/24. The team identifies the killer as a Swedish mercenary and links the bullets to an Iranian arms dealer. (Series 10) (HD)

9.00 The Walking Dead NEW EPISODE 12/16. Post-apocalyptic drama. (Series 6) (HD)

10.00 Talking Dead NEW EDITION Discussion on the latest episode of The Walking Dead. (HD)

10.55 The Walking Dead (HD) **11.55** Talking Dead (HD) **12.50am** The Walking Dead (HD) **2.50** Family Guy **3.50-5.00am** American Dad! (HD)

+1 hour SKY 121 HD 121/223 VIRGIN 122 HD 206

Sky Arts

SKY 121 HD 121/223 VIRGIN 122 HD 206

6.00am Design Dealers (HD) **7.00** In Search of the Messiah (HD) **8.00** Carmen (HD) **10.45** Classical Destinations (HD) **11.00** Tim Marlow Meets Tony Bennett (HD) **11.30** Tim Marlow Meets Terry Jones (HD) **12.00noon** Auction (HD) **1.00pm** Tales of the Unexpected (HD) **2.00** Celtic Woman: Believe (HD) **3.50** Glen Campbell: I'll Be Me (HD) **6.00** Computer Says Show (HD)

8.00 Frank Sinatra...

7.00 Discovering: Henry Fonda A profile of the actor, whose career included roles in The Grapes of Wrath and 12 Angry Men. (HD)

8.00 Frank Sinatra: The Vintage Years A collection of television performances spanning the singer's heyday in the 1940s and 1950s.

9.00 Dean Martin: A Legend in Concert A collection of performances by the singer, actor and comic.

10.00 Sammy Davis Jr: Legends in Concert The entertainer's most memorable stage appearances.

11.00 Hollywood: Singing and Dancing **12.15am** Andy Williams: Moon River and Me (HD) **1.35** John Barrowman: Live at the Royal Albert Hall (HD) **4.30** Irons in the Fire (HD) **5.00-6.00am** Discovering: Henry Fonda (HD)

7 PM

8 PM

9 PM

10 PM

AMC

SKY 192
HD 192/276

Programmes start at 7pm.

7.00pm FILM A Single Man
Period drama directed by fashion designer Tom Ford and starring Colin Firth. (2009, 12, 96min) ★★★★★

9.00 Fear the Walking Dead
Pilot: 1/9. A family are faced with the onset of the undead apocalypse.

10.25 Manhattan Spooky
Action at a Distance: 9/13. Charlie and Frank are forced to work together.

11.25 FILM 54: Fact-based
drama about the notorious 1970s nightclub Studio 54, starring Mike Myers, Ryan Phillippe and Salma Hayek. (1998, 15, 89min) ★ **1.20am** Fear the Walking Dead **2.40** Manhattan **3.35-5.30am** Rectify: Double bill. (Series 2)

Good Food

SKY 133 VIRG 278
HD 133/255 HD 280

6.00am Highlights **11.30** The Roux Masterclass: Raymond Blanc and Andrew Fairlie (HD) **12.00noon** The Little Paris Kitchen: Cooking with Rachel Khoo (HD) **1.00pm** Jamie's 30 Minute Meals (HD) **2.00** Nigel Slater's Simple Suppers (HD) **3.00** You Gotta Eat Here **NEW EDITIONS** (HD) **4.00** MasterChef: The Professionals (HD) **4.30** The Roux Masterclass... (HD) **5.00** The Little Paris Kitchen: Cooking with Rachel Khoo (HD) **6.00** Jamie's 30 Minute Meals (HD) **7.00** Nigel Slater's Simple Suppers (HD) **8.00** You Gotta Eat Here (HD) **9.00** MasterChef: The Professionals (HD) **9.30** The Roux Masterclass: Raymond Blanc and Andrew Fairlie (HD) **10.00** Jamie's 30 Minute Meals (HD) **11.00** Nigel Slater's Simple Suppers (HD) **12.00m-t-6.00am** Highlights

+1 hour SKY 243 VIRG 279

Shed

SKY 242 VIRGIN 286

6.00am Thinking Tackle **8.00** Total Fishing with Matt Hayes: Double bill. **9.00** John Wilson's Fishing World **10.00** Property Wars: Double bill. **11.00am-2.00pm** Mythbusters: Triple bill. **2.00pm** Custom My Ride: Double bill. **4.00** Hooked on Fishing: Double bill. **5.00** Thinking Tackle **7.00** Total Fishing with Matt Hayes Double bill. **8.00** John Wilson's Fishing World Double bill. **9.00** Storm Chasers A huge tornado trails the TIV through Arkansas. **10.00** Custom My Ride Ryan Friedlinghaus customises a 1967 Barracuda. **11.00** Custom My Ride **12.00m-t** You Have Been Warned **1.00am** Destroyed in Seconds: Double bill. **2.00** Thinking Tackle **3.50** Storm Chasers **4.40** Hooked on Fishing **5.30-6.00am** Supermodels: HMS Fearless

CBS Reality

SKY 146 VIRGIN 148 F'VIEW 66 F'SAT 135

9.00am Judge Judy **10.00** The Super **11.00** Rapid Response **12.00noon** Neighbours at War **1.00-3.00pm** Judge Judy: Back-to-back editions. **3.00** Unsolved Mysteries **5.00-7.00** Judge Judy: Back-to-back editions. **7.00** Medical Detectives **8.00** Troubled Teens: Jail Shock Show that places teens in a programme to steer them away from a life of crime. **9.00** Killer Doctors on Death Row The dark motives of medical professionals. **10.00** Cold Blood Murder investigation reconstructions. **11.00** Medical Detectives: Double bill. **12.00m-t** I Survived **1.00am** Killer Doctors on Death Row **2.00** Cold Blood **3.00** Shopping **4.00** The Super **4.25** Dog and Beth: On the Hunt **5.10-6.00am** Heir Hunters

SKY 147 VIRG 201 F'VIEW 67 F'SAT 136

Home

SKY 196 VIRGIN 281 F'VIEW 25

7.00am Ground Force **8.00** DIY SOS **9.00** DIY SOS: The Big Build **10.00** Escape to the Country **11.00** Ground Force **12.00noon** Homes Under the Hammer **1.00pm** DIY SOS **2.00** DIY SOS: The Big Build **3.00** A Place in the Sun: Winter Sun **4.00** Escape to the Country **5.00** Fantasy Homes by the Sea **6.00** Ground Force **7.00** Homes Under the Hammer Exploring properties about to be auctioned. **8.00** DIY SOS: The Big Build The team heads to Cumbria. **9.00** Escape to the Country House-hunting in Hampshire. **10.00** A Place in the Sun: Winter Sun From St Lucia. **11.00** Fantasy Homes by the Sea **12.00m-t** Homes Under the Hammer **1.00am** Escape to the Country **2.00** A Place in the Sun: Winter Sun **3.00-4.00am** Ground Force

+1 hour SKY 244 VIRG 282

Sony Channel

SKY 157 VIRGIN 193

7.00am 'Til Death: Double bill. **8.00** Ghost Hunters: Double bill. **10.00** How to Look Good Naked **12.00noon** FILM My Mom's New Boyfriend: Comedy. (2008, 15, 97min) ★★ **2.00pm** 10 Years Younger: The Challenge **3.00** How to Look Good Naked: Double bill. **5.00** Ghost Hunters International **6.00** Ghost Hunters **7.00** Ghost Hunters **8.00** Ghost Hunters International From Larnach Castle in New Zealand. **9.00** FILM That Thing You Do! Comedy drama written and directed by Tom Hanks. (1996, PG, 107min) ★★★ **11.10** The Night Shift **12.10am** How to Look Good Naked **1.00** Ghost Hunters International **2.40** How to Look Good Naked **3.30-4.00am** Will & Grace

+1 hour SKY 181

Challenge

SKY 145 VIRGIN 139 F'VIEW 46 F'SAT 145

6.00am Deal or No Deal **7.30** Countdown **8.00** Golden Balls **9.00** Pointless **10.00** The Chase **11.00** Blockbusters **12.00noon** Dale's Supermarket Sweep **12.30pm** Bruce's Price Is Right **1.00** Strike It Rich **1.30** Bullseye **2.00** Pointless **3.00** The Chase **4.00** Blockbusters **5.00** Total Wipeout **6.00** Robot Wars **7.00** Pointless Celebrities **8.00** Pointless Quiz hosted by Alexander Armstrong. **9.00** The Chase Quiz show hosted by Bradley Walsh. **10.00** Classic Who Wants to Be a Millionaire? Quiz show. **11.00** Bullseye **12.00m-t** Bruce's Price Is Right **12.30am** Dale's Supermarket Sweep **1.00** Pointless **2.00** Pointless Celebrities **3.00** Total Wipeout **4.00** Robot Wars **5.00-6.00am** Golden Balls

+1 hour SKY 164 VIRG 180 F'SAT 146

Home & Health

SKY 240 VIRGIN 284

6.00am Bad Dog! **7.00** Bondi Vet **8.00** Hospital Sydney **9.00** MasterChef Australia **10.30** I Didn't Know I Was Pregnant **11.00** Homes Under the Hammer **1.00pm** MasterChef Australia **2.30** I Didn't Know I Was Pregnant **3.00** Homes Under the Hammer **5.00** Hospital Sydney **7.00** MasterChef Australia **8.30** I Didn't Know I Was Pregnant A woman who thought her husband was sterile gives birth. **9.00** Holiday Hijack Four British tourists experience everyday life in Jamaica. **10.00** Untold Stories of the ER **11.00** I Didn't Know I Was Pregnant **12.00m-t** Dr G: Medical Examiner **1.00am** Hoarding: Buried Alive **2.00** Lottery Changed My Life **3.00** Holiday Hijack **4.00-6.00am** Homes Under the Hammer

+1 hour SKY 241 VIRG 285

Spike

SKY 160 F'VIEW 31 F'SAT 141

9.00am Access **9.05** Bar Rescue **10.00** Cops: Double bill. **11.00** Stobart: Trucks, Trains & Planes **12.00noon** Police Interceptors: Double bill. **2.00pm** FILM Tall Man Riding: Western. (1955, U, 83min) ★★ **3.45** Access **4.00** Robson's Extreme Fishing Challenge **5.00** Stobart: Trucks, Trains & Planes **6.00** Police Interceptors **8.00** Burglars & Break-Ins: Caught on Camera **9.00** Penn & Teller: Fool Us in Vegas 1/13. The magicians challenge illusionists to outwit them with a trick. **10.00** FILM Maximum Risk Action thriller starring Jean-Claude Van Damme. (1996, 18, 101min) ★★ **12.00m-t** Furious & Funny: Caught on Camera **1.00am** Police Interceptors Unleashed with Vinnie Jones **2.00-3.00am** Burglars & Break-Ins: Caught on Camera

Comedy Central extra

SKY 128 VIRGIN 182

9.00am Anger Management: Double bill. **10.00** Impractical Jokers: Double bill. **11.00am-1.00pm** Friends: Back-to-back episodes. **1.00pm** Rules of Engagement **2.00** Impractical Jokers **3.00** Bob's Burgers **4.00** Friends **5.00** Impractical Jokers **6.00** Rules of Engagement **7.00** Malcolm in the Middle Double bill. (Series 7) **8.00** Bob's Burgers **9.00** Impractical Jokers **9.30-11.00** South Park Triple bill of the series. **11.00** Russell Howard's Good News **12.00m-t** The Middle **1.00am** Malcolm in the Middle **1.30** Workaholics **2.00** Impractical Jokers **3.00** Comedy Central at the Comedy Store **3.25** Threesome **3.50** Sir Leslie Quint: A Life in Film **3.55** South Park **4.20-6.00am** The King of Queens

+1 hour SKY 159

Lifetime

SKY 156 VIRG 208
HD 156/236 HD 209

6.00am Property Brothers (HD) **7.00** Sarah Beeny's Selling Houses (HD) **8.00** Flipping Boston (HD) **9.00-11.00** Judge Judy (HD) **11.00** Pawn Stars (HD) **12.00noon** Sarah Beeny's Selling Houses (HD) **1.00pm** Flipping Boston (HD) **2.00** Judge Judy (HD) **3.00** Hardcore Pawn (HD) **4.00** Dance Moms (HD) **5.00** Don't Tell the Bride (HD) **6.00** Hardcore Pawn **7.00** Judge Judy **NEW EDITIONS** (HD) **8.00** Judge Judy (HD) **9.00** Dance Moms **NEW EDITION** Maddie Ziegler makes a reappearance. (HD) **10.00** Britain's Next Top Model (HD) **11.00** Australia's Next Top Model (HD) **12.00m-t** Dance Moms (HD) **1.00am** Britain's Next Top Model (HD) **2.00** Hardcore Pawn **3.00** Witches of East End (HD) **4.00** Dance Moms (HD) **5.00** Pawn Stars (HD) **5.20-6.00am** Hardcore Pawn

+1 hour SKY 197

TLC

SKY 125 VIRG 167
HD 125/234 HD 168

6.00-8.00am The Golden Girls **8.00** MasterChef Australia **9.00** Long Island Medium (HD) **10.00** Say Yes to the Dress (HD) **12.00noon** MasterChef Australia **12.30pm** Extreme Couponing (HD) **2.00** Cake Boss: The Next Great Baker (HD) **3.00** Something Borrowed, Something New (HD) **4.00** Say Yes to the Dress: Bridesmaids (HD) **5.00** Say Yes to the Dress (HD) **6.00** Long Island Medium (HD) **7.00** Say Yes to the Dress (HD) **8.00** 7 Little Johnstons **NEW EDITION** (HD) **9.00** Baby Changes Everything **NEW EDITION** (HD) **10.00** Too Ugly for Love? (HD) **11.00** Hoarding: Buried Alive (HD) **12.00m-t** 7 Little Johnstons (HD) **1.00am** Baby Changes Everything (HD) **2.00** Too Ugly for Love? (HD) **3.00** Toddlers & Tiaras (HD) **4.00-6.00am** Highlights

+1 hour SKY 154 VIRG 169

DMax

SKY 167 VIRGIN 170

6.00am Operation Repo **7.00** Custom My Ride **8.00** Tanked **9.00** American Chopper **10.00** Extreme Car Hoarders **11.00** Operation Repo **12.00noon** Bear Grylls: Escape from Hell **1.00pm** River Monsters **2.00** American Guns **3.00** Redwood Kings **4.00** Tanked **6.00** American Guns **7.00** Operation Repo **8.00** Gold Divers: Under the Ice Zeke takes a gamble. **9.00** Alaska: The Last Frontier Atz and Atz Lee take their horses across a chilly lake. **10.00** Running Wild with Bear Grylls With Zac Efron. **11.00** American Guns **12.00m-t** River Monsters **1.00am** Extreme Car Hoarders **2.00** Custom My Ride **3.00** Operation Repo **3.50** American Hot Rod **4.40** American Chopper **5.30-6.00am** Mystery Hunters

+1 hour SKY 233 VIRG 171

Quest

SKY 144 VIRG 172 F'VIEW 37

6.00am John Wilson's Dream Fishing **6.20** Robson Green: Ultimate Catch **7.10** Scrapheap Challenge **8.00** How It's Made **9.00** Designer Homes **10.00** Salvage Hunters **11.00** Put Your Money Where Your Mouth Is **12.00noon** Mighty Ships **1.00pm** Overhaulin' **2.00** Wheeler Dealers **3.00** Wrecks to Riches **4.00** Gold Rush **5.00** Deadliest Catch **6.00** Wheeler Dealers **7.00** Salvage Hunters **8.00** Devonport: Inside The Royal Navy **9.00** Jungle Gold **10.00** Deadliest Catch **12.00m-t** On the Case with Paula Zahn **NEW EDITION** **1.00am** Forensic Detectives **2.00** Put Your Money Where Your Mouth Is **3.00** Scrapheap Challenge **4.00** Put Your Money Where Your Mouth Is **5.00-6.00am** The Garage

+1 hour SKY 195 VIRG 173 F'VIEW 38

TruTV

SKY 198 F'VIEW 68 F'SAT 154

6.00am Psychic Detectives **8.00** Body of Evidence **9.30** Psychic Detectives **10.00** The People's Court **11.00** Hot Bench: Triple bill of the series. **12.30-2.00pm** Psychic Detectives: Triple bill. **2.00** Suburban Secrets **3.00** Snapped: Women Who Kill **5.00** Stranger In My Home **6.00** Suburban Secrets **7.00** Tattoo Nightmares **8.00** Ink Master Competitive tattooing contest. **9.00** Bondi Ink Tattoo Crew Following the running of a tattoo studio in Bondi Beach. **10.00** RuPaul's Drag Race **NEW EDITION** The hopefuls take part in a game show. **11.00** RuPaul's Drag Race: Untucked! **NEW EDITION** **11.30** Snapped: Women Who Kill **12.30am** Psychic Detectives **2.15** Crime Stories **3.00** Hot Bench **4.15** Masterminds **5.00-6.00am** Crime Stories

Food Network

SKY 248 VIRGIN 291 F'VIEW 41 F'SAT 149

6.00am Barefoot Contessa **7.00** Anna Olson: Fresh **8.00** Ace of Cakes **9.00** The Pioneer Woman **10.00** Korean Food Made Simple **11.00** Nigella Bites **12.00noon** Jamie's 15 Minute Meals **1.00pm** Barefoot Contessa - Back to Basics **2.00** Korean Food Made Simple: Double bill. **3.00** The Pioneer Woman: Double bill. **4.00** Ready Steady Cook **5.00** Ace of Cakes: Double bill. **6.00** Jamie's 15 Minute Meals **7.00** Korean Food Made Simple **NEW EDITIONS** Double bill. **8.00** Diners, Drive-Ins and Dives **9.00** Ching's Amazing Asia: Double bill. **10.00** Restaurant: Impossible **11.00** Mystery Diners **12.00m-t** Diners, Drive-Ins and Dives **1.00am** Restaurant: Impossible **2.00-3.00am** Ching's Amazing Asia

+1 hour SKY 250 F'SAT 151

Really

SKY 155 VIRGIN 283 F'VIEW 17 F'SAT 164

6.00am Ghost Adventures **7.00** Home Shopping **8.00** Homes Under the Hammer **9.00** Escape to the Country **10.00** Four in a Bed: Double bill. **11.00** Cash in the Attic **12.00noon** Escape to the Country **1.00pm** Antiques Road Trip **2.00** A Place in the Sun: Home or Away **3.00** Homes Under the Hammer **4.00** Ghost Adventures **5.00** Most Haunted **6.00** Homes Under the Hammer **7.00** Escape to the Country From the Isle of Wight. **8.00** Fantasy Homes by the Sea An idyllic home on Sicily. **9.00** DIY SOS: The Big Build A bungalow is converted into a four-bedroom home. **10.00** Helicopter Heroes **11.00** I Survived Evil **12.00m-t** Most Haunted **1.00am** Cheaters **2.00** Home Shopping **4.00** Dr G: Medical Examiner: Double bill. **5.35-6.00am** Rescue: Code One

Discovery

SKY 520 **VIRGIN 250**
HD 520/561 **HD 251**

6.00am How It's Made **7.00** Mythbusters (HD) **8.00** Railroad Alaska (HD) **9.00** Fast N' Loud: Double bill. (HD)

11.00 Wheeler Dealers: Double bill. (HD) **1.00pm** David Baddiel on the Silk Road (HD) **2.00** Alaska: The Last Frontier: Double bill. (HD)

4.00 Gold Divers **5.00** Auction Hunters: Pawn Shop Edition: Double bill. (HD) **6.00** Fast N' Loud: Richard buys a 1967 Corvette Stingray. (HD)


9.00 Rockin' Roadsters

7.00 Fast N' Loud Richard and Aaron take a look at two classic Corvettes, and hopes are high for the team's new workshop. (HD)

8.00 Overhauled Chip Foose and a team of mechanics repair and revamp a 1964 Oldsmobile Dynamic 88.

9.00 NEW Rockin' Roadsters Jimmy Shine builds a custom hot-rod for ZZ Top front-man Billy Gibbons. (HD)

10.00 Bitchin' Rides **NEW EDITION** Dave and Kevin work on a unique commission. (HD) **11.00** Naked and Afraid (HD)

12.00m't Rockin' Roadsters (HD) **1.00am** Bitchin' Rides (HD) **2.00** Alaska: The Last Frontier (HD) **3.00** Rockin' Roadsters (HD) **3.50** Bitchin' Rides (HD) **4.40-6.00am** How It's Made: Triple bill.

+1 hour **SKY 521** **VIRGIN 252**

Animal Planet

SKY 523 **VIRGIN 256**
HD 523/562 **HD 257**

6.00am Wildlife at the Zoo: Double bill. (HD) **7.00** My Cat from Hell: Double bill. (HD)

9.00 Miami Animal Police **10.00** Animal Cops Phoenix **12.00noon-3.00pm** Animal Cops Houston: Triple bill.

3.00pm My Cat from Hell: Double bill of the series. (HD)

5.00 Miami Animal Police **6.00** Tanked: Medium Theresa Caputo asks Wayde and Brett to build her a mermaid tank and a koi pond. (HD)


8.00 Yankee Jungle

7.00 Tanked Mario Lopez helps the team transform a coin-operated video-game console into an interactive aquarium. (HD)

8.00 NEW SERIES Yankee Jungle Spring has finally sprung at DEW Haven and the entire crew is working overtime to get the refuge open. (HD)

9.00 Dr Jeff: Rocky Mountain Vet A golden retriever is rushed into surgery after swallowing a child's dummy. (HD)

10.00 Finding Bigfoot The team travels to Pennsylvania. (HD)

11.00 Finding Bigfoot: The team travels to Ohio. (HD) **12.00m't** Animal Cops Phoenix: Double bill. **2.00-4.40am** Animal Cops Houston: Triple bill. **4.40** K9 Cops (HD) **5.30-6.00am** The Diamond Collar (HD)

+1 hour **SKY 549** **VIRGIN 258**

Nat Geographic

SKY 526 **VIRGIN 266**
HD 526/543 **HD 268**

8.00am Highway Thru Hell (HD) **9.00** World War II: The Apocalypse (HD) **10.00** Air Crash Investigation (HD)

11.00 Nazi Secrets (HD) **12.00noon** World's Biggest Bomb (HD) **1.00pm** Stonehenge Decoded (HD)

2.00 Building the Biggest **3.00** Air Crash Investigation (HD) **4.00** Supercars (HD) **5.00** Lawless Island (HD) **6.00** Car SOS: The team works on an E-type Jaguar. (HD)


5.00 Lawless Island

7.00 Air Crash Investigation The accident that befell West Caribbean Airways Flight 708 in 2005. (HD)

8.00 Drain the Great Lakes Revealing what is beneath North America's Great Lakes. (HD)

9.00 Air Crash Investigation **SERIES FINALE** A look at one of Spain's worst ever aviation disasters. (HD)

10.00 FILM He Named Me Malala: Documentary following women's education activist Malala Yousafzai. (HD) (2015, PG, 86min) **★★★★** **12.00m't** Yukon Gold (HD) **1.00am** Air Crash Investigation: As 9.00pm. (HD) **2.00** Highway Thru Hell (HD) **3.00** World War II: The Apocalypse (HD) **4.00-5.00am** Air Crash Investigation (HD)

+1 hour **SKY 527** **VIRGIN 267**

History

SKY 529 **VIRGIN 270**
HD 529/545 **HD 270**

8.00-9.30am Pawn Stars: Triple bill. (HD) **9.30** Pawn Stars Australia (HD) **10.00** American Pickers (HD)

11.00am-1.00pm Storage Wars: Back-to-back editions. (HD) **1.00-2.30pm** Pawn Stars: Triple bill. (HD) **2.30** Pawn Stars Australia (HD)

3.00 Shipping Wars: Double bill. (HD) **4.00** Storage Wars: Double bill. (HD) **5.00** Pawn Stars: Double bill. (HD) **6.00** American Pickers (HD)


10.00 American Pickers

7.00 Storage Wars Barry plays a sneaky trick on his rivals. (HD) **7.30** The buyers attend a marathon of auctions in Riverside, California. (HD)

8.00-10.00 Pawn Stars A tree containing a stashed 1800s revolver. (HD) **8.30** Appraising a jersey signed by quarterback Dan Fouts. (HD)

9.00 NEW EDITION A handwritten love letter from Judy Garland to Frank Sinatra. (HD) **9.30** Items signed by Franklin D Roosevelt. (HD)

10.00 American Pickers **NEW EDITION** (HD) **11.00** Pawn Stars Australia **NEW EDITION** (HD) **11.30** Storage Wars (HD) **12.00m't** Pawn Stars: Double bill. (HD) **1.00am** American Pickers (HD) **2.00** Pawn Stars Australia (HD) **2.30** Storage Wars (HD) **3.00** Pawn Stars: Double bill. (HD) **4.00-5.00am** American Pickers (HD)

+1 hour **SKY 530** **VIRGIN 271**

Yesterday

SKY 537 **VIRGIN 245** **F'VIEW 19** **F'SAT 163**

6.05am Highlights **8.00** Antiques Roadshow **9.00** The Boats That Made Britain: A Time Team Special **10.00** Great British Railway Journeys

12.00noon Britain's Stone Age Tsunami: A Time Team Special **1.00pm** Hidden Killers of the Victorian Home

2.00 Bombay Railway **3.00** Coast **4.00** The Boats That Made Britain: A Time Team Special **5.00** The World's Wildest Weapons **6.00** WWII: Countdown to Victory


8.00 Queen Victoria's...

7.00 Coast The team journeys from Gower to Anglesey, learning about the capture of a Nazi plane and the history of smuggling.

8.00 Queen Victoria's Children Exploring the reign of the monarch through her relationships with her husband and their children.

9.00 Monarchy by David Starkey Examining the reigns of James I, the first king of both England and Scotland, and his son Charles I.

10.00 The Two Ronnies Spectacle The making of the duo's TV series. **11.00** Blackadder II **11.40** Harlots, Housewives & Heroines: A 17th Century History for Girls **12.40am** She-Wolves: England's Early Queens **1.40** Celebrity Antiques Road Trip **2.30-3.00am** The Re-Inventors

+1 hour **SKY 538** **VIRGIN 246**

Eden

SKY 532 **VIRGIN 247**
HD 532/563 **HD 249**

9.00am Secret Life Underground (HD) **10.00** Secrets of the Earth (HD) **11.00** Hurricane 360 (HD)

12.00noon Tarsier Tails (HD) **1.00pm** Insect Dissection: How Insects Work (HD) **2.00** Monster Bug Wars (HD) **3.00** Secret Life Underground (HD)

4.00 Secrets of the Earth (HD) **5.00** Hurricane 360 (HD) **6.00** Tarsier Tails: Double bill. Animal antics on the island of Sulawesi in Indonesia. (HD)


6.00 Tarsier Tales

7.00 Insect Dissection: How Insects Work The anatomy of insects and the secrets of their success. (HD)

8.00 Monster Bug Wars An assassin bug battles an earwig, while jack-jumper ants come into conflict with a green-bellied huntsman. (HD)

9.00 NEW SERIES Secret Life Underground The biodiversity of soil, in which many creatures exist in a state of inter-dependence. (HD)

10.00 Secrets of the Earth: The dangers posed by sinkholes. (HD) **11.00** Hurricane 360 (HD) **12.00m't** Tarsier Tails: Double bill of the series. (HD) **1.00am** Insect Dissection: How Insects Work (HD) **2.00** Monster Bug Wars (HD) **3.00** Secret Life Underground (HD) **4.00** Secrets of the Earth (HD) **5.00-6.00am** Hurricane 360 (HD)

+1 hour **SKY 533** **VIRGIN 248**

Disc. History

SKY 535 **VIRG 262**

6.00am Showdown: Air Combat **7.00** Top Tens **8.00** Greatest Tank Battles **9.00** Ultimate Weapons **10.00** Battlefield **12.00noon** Greatest Tank Battles

1.00pm World War II in Colour **2.00** Hitler: A Profile **3.00** Rory McGrath's Best of British Engineering **4.00** Ultimate Weapons **5.00** Greatest Tank Battles **6.00** World War II in Colour **7.00** Codes and Conspiracies

8.00 Biblical Conspiracies: Nails of the Cross **9.00** Who Was Jesus? **10.00** Treasures Decoded **11.00** Ultimate Weapons **12.00m't** Battlefield **2.00am** Codes and Conspiracies **3.00** Rory McGrath's Best of British Engineering **4.00** Weapons of War **5.00-6.00am** Hitler: A Profile

+1 hour **SKY 536** **VIRG 263**

Disc. Science

SKY 525 **VIRG 259**

6.00am Mega Builders **8.00** How Do They Do It? **9.00-11.00** How It's Made: Back-to-back editions of the series. **11.00am-1.00pm** Food Factory: Back-to-back editions of the series.

1.00pm Incredible Engineering Blunders: Fixed **2.00** Mythbusters **4.00** X-Ray Mega Airport **5.00** How Do They Do It? **6.00** How It's Made **7.00** Food Factory **8.00** Mythbusters: Double bill. **10.00** The Unexplained Files **11.00** Food Factory: Double bill. **12.00m't** The Unexplained Files **1.00am** Close Encounters **2.00** The Unexplained Files **3.00** Mythbusters **3.50** How Do They Do It? **4.40** How Stuff's Made **5.30-6.00am** Tech Toys 360

+1 hour **SKY 557** **VIRG 260**

Nat Geo Wild

SKY 528 **VIRGIN 264**
HD 528/544 **HD 265**

8.00am 20 Animals That Will Kill You (HD) **9.00** Original Fight Club (HD) **10.00** Animal Record Breakers (HD) **11.00** Super Squirrel (HD) **12.00noon** Ultimate Honey Badger (HD)

1.00pm Killer Shrew (HD) **2.00** Raccoon: Backyard Bandit (HD) **3.00** Original Fight Club (HD) **4.00** Animal Record Breakers (HD) **5.00** Super Squirrel (HD) **6.00** Killer Shrew (HD) **7.00** 20 Animals That Will Kill You (HD) **8.00** Abominable Snowman (HD) **9.00** Russia's Mystery Files (HD)

10.00 Snakes in the City (HD) **11.00** 20 Animals That Will Kill You (HD) **12.00m't** When Crows Ate Dinosaurs (HD) **1.00am** Swamp Men (HD) **2.00** 20 Animals That Will Kill You (HD) **3.00-5.00am** Highlights

Turbo

SKY 524 **VIRG 261**

6.00am Overhauled' Chronicles **7.00** Misfit Garage **8.00** Chasing Classic Cars **9.00** Wheeler Dealers **10.00** Chasing Classic Cars **11.00** Battle Machine Bros **12.00noon** Overhauled' Chronicles

1.00pm Chasing Classic Cars: Double bill. **2.00** Misfit Garage **3.00** Fast N' Loud: Double bill. **5.00** Wheeler Dealers: Double bill. **7.00** Fifth Gear **8.00** Chasing Classic Cars **NEW EDITIONS** Double bill. **9.00** Great Planes

10.00 Wheeler Dealers: Double bill. **12.00m't-2.00am** Chasing Classic Cars: Back-to-back editions of the series. **2.00am** Fat N' Furious: Rolling Thunder **3.00** Overhauled' Chronicles **4.40** Fat N' Furious: Rolling Thunder **5.30-6.00am** Wheeler Dealers

PBS America

SKY 534 **VIRG 276** **FREESAT 160**

6.00am Hell on Hooves **6.25** Into the Death Zone: Salvage Workers **7.20** Hell on Hooves **7.45** The Joy of Painting **8.55** The Civil War **10.50** The Road from Christ to Constantine

11.55 The Joy of Painting **1.05pm** The Civil War **3.05** The Road from Christ to Constantine **4.15** Jesse James **5.25** American Cheerleader

7.25 The Civil War Battles waged during 1864. **9.00** B29: Frozen in Time **10.15** Journeys to the Bottom of the Sea: D-Day the Untold Story **11.25** The Civil War **12.55am** Into the Death Zone: Salvage Workers **2.00** The Joy of Painting **3.00** B29: Frozen in Time **4.00-4.55am** Journeys to the Bottom of the Sea: D-Day the Untold Story

CI

SKY 553 **VIRG 275**

6.00am Highlights **9.00** Nothing Personal (HD) **10.00** I Didn't Do It (HD) **11.00** Crime Stories **12.00noon** Ice Cold Killers (HD) **1.00pm** Unusual Suspects (HD) **2.00** On the Case with Paula Zahn (HD) **3.00** Homicide Hunter (HD)

4.00 After the First 48 (HD) **5.00** Ice Cold Killers (HD) **6.00** Homicide Hunter (HD) **7.00** Crime Stories **8.00** Unusual Suspects (HD) **9.00** Crimes That Shook Britain (HD) **10.00** Britain's Darkest Taboos (HD) **11.00** After the First 48 (HD) **12.00m't** 1,000 Ways to Die (HD) **1.00am** Britain's Darkest Taboos (HD) **2.00** Unusual Suspects (HD) **3.00** I Didn't Do It (HD) **5.00-6.00am** On the Case with Paula Zahn (HD)

+1 hour **SKY 554**

H2

SKY 531 **VIRG 273**

8.00am The Lost Evidence **9.00** Mud Men **10.00** Cities of the Underworld **11.00** Brad Meltzer's Lost History **12.00noon** Ancient Aliens **1.00pm** Hangar 1: The UFO Files **2.00** UFO Files **3.00** Beast Legends **4.00** Cities of the Underworld **5.00** Brad Meltzer's Lost History **6.00** Ancient Aliens **7.00** Hangar 1: The UFO Files **8.00** In Search of Aliens **9.00** The Universe: Ancient Mysteries Solved **NEW EDITION** How new technologies have revealed thousands of distant planets. **10.00** The pyramids. **11.00** Black Sails **12.15am** Hangar 1: The UFO Files **1.15** The Universe: Ancient Mysteries Solved **2.10** Ancient Aliens **3.05** Beast Legends **4.05-5.00am** Cities of the Underworld

8 PM

9 PM

10 PM

11 PM

Sky Premiere

SKY 301 VIRGIN 401
HD 301/314 HD 431

6.00am Barely Lethal 8.00 *Revenge of the Green Dragons* 9.45 *Ashby* 11.45 *Inside Out: Special* 12.00noon *Stretch* 1.45pm *Barely Lethal* Comedy with Hailee Steinfeld. (S) (2015, 12, 96min) ★★★
3.45 Terminator Genisys As 8.00pm.
6.00 Ashby Comedy drama with Mickey Rourke. A high-school student strikes up a friendship with his neighbour, an ex-CIA assassin. (S) (2015, 15, 100min) ★★★



6.00 Ashby

8.00 Terminator Genisys Sci-fi adventure sequel starring Arnold Schwarzenegger and Emilia Clarke. A time traveller sent on a rescue mission discovers a plot to change history beyond recognition. (S) (2015, 12, 126min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 Stretch Comedy thriller starring Patrick Wilson, Chris Pine and Jessica Alba. (2014, 15, 91min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00m't Revenge of the Green Dragons Drama starring Ray Liotta. (S) (2014, 15, 94min) ★★

1.45am Unconscious Horror with Wes Bentley. (S) (2015, 15, 90min) ★★

3.15 Revenge of the Green Dragons As shown at 12.00m't.

5.00 Chappie Movie Special

5.30-6.00am Fast & Furious 7 Special

+1 hour SKY 302 VIRGIN 402
HD 302/330 HD 402

Sky Disney

SKY 305 VIRGIN 405
HD 305/332 HD 435

6.00am Tinker Bell and the Legend of the NeverBeast 7.20 *Lilo & Stitch 2: Stitch Has a Glitch* 8.35 *Mulan II* 10.00 *Alexander and the Terrible, Horrible, No Good, Very Bad Day* 11.30 *Cars* 1.30pm *Beauty and the Beast* As 8.00pm.
3.00 Tinker Bell and the Legend of the NeverBeast 4.30 *Alexander and the Terrible, Horrible, No Good, Very Bad Day* 6.00 *Cars* Animation. (S) (2006, PG, 121min) ★★★



3.00 Tinker Bell and the...

8.00 Beauty and the Beast Animated version of the classic French fairy tale, with the voices of Paige O'Hara and Robby Benson. (S) (1991, U, 84min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 Glory Road Fact-based sports drama starring Josh Lucas and Derek Luke. The newly appointed coach of a Texan college basketball team in 1965 rocks the establishment when he creates a racially integrated squad to take into the national championship. (S) (2006, PG, 113min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 Return from Witch Mountain Fantasy adventure with Christopher Lee. (S) (1978, U, 94min) ★★★

1.20am Piglet's Big Movie Animated adventure. (S) (2003, U, 75min) ★★

2.50 One Magic Christmas Disney fantasy. (S) (1985, U, 85min) ★★★

4.30-6.00am Mulan II Animation. (S) (2004, U, 75min) ★★★

Sky Family

SKY 306 VIRGIN 406
HD 306/333 HD 436

6.45am Dennis 8.30 *Ghosthunters on Icy Trails* 10.10 *Monster House* 11.50 *Dino Time* 1.20pm *Prom* As 11.25pm. 3.10 *Monster House* Animated comic horror adventure. (S) (2006, PG, 91min) ★★★★★

4.50 Ghosthunters on Icy Trails Family adventure starring Anke Engelke. (2015, PG, 99min) ★★
6.35 FernGully: The Last Rainforest Animated fantasy. (S) (1992, U, 76min) ★★★



6.35 FernGully: The Last...

8.00 Dino Time Animation featuring the voice of Melanie Griffith. Three children are transported to prehistoric times, where they are protected by a friendly dinosaur. (S) (2012, PG, 84min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 Bad News Bears Sporting comedy starring Billy Bob Thornton, a remake of the 1976 comedy. A former major-league baseball pitcher gets recruited to train a children's baseball team. With Greg Kinnear and Marcia Gay Harden. (S) (2005, 12, 113min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 Prom Comedy drama starring Aimee Teegarden and Thomas McDonell. (S) (2011, U, 103min) ★★★

1.10am Dennis Comedy starring Mason Gamble and Walter Matthau. (S) (1993, PG, 97min) ★★

2.50 Bad News Bears As 9.30pm.

4.45-6.05am FernGully: The Last Rainforest As shown at 6.35pm.

Sky Action/Adventure

SKY 307 VIRGIN 407
HD 307/334 HD 437

6.00am Dracula Untold 7.45 *Sword of Vengeance* 9.30 *Fast & Furious 7* Special 10.00 *Clash of the Titans* 12.00noon *Last Knights* As 8.00pm. 2.15pm *Sword of Vengeance* As 10.15pm.

4.00 300: Rise of an Empire Fantasy with Sullivan Stapleton. (S) (2014, 15, 100min) ★★
6.00 Clash of the Titans Fantasy adventure starring Sam Worthington and Gemma Arterton. (S) (2010, 12, 106min) ★★



6.00 Clash of the Titans

8.00 Last Knights Medieval action adventure with Clive Owen and Morgan Freeman. A warrior fallen into disgrace seeks redemption by leading a band of soldiers to avenge his master's death. With Aksel Hennie. (S) (2015, 15, 135min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 Sword of Vengeance Action adventure with Stanley Weber. In 11th-century Britain, a stranger attempts to turn a group of farmers into ruthless killers capable of overthrowing a tyrant. (2014, 15, 83min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00m't 300: Rise of an Empire Fantasy adventure, as 4.00pm.

1.50am Dracula Untold Action fantasy. (S) (2014, 15, 92min) ★★

3.35-6.00am Toru! Toru! Toru! World War Two epic with Martin Balsam. (S) (1970, U, 144min) ★★★

Sky Comedy

SKY 308 VIRGIN 408
HD 308/335 HD 438

6.25am The Pink Panther Strikes Again 8.25 *Patch Adams* 10.30 *The Jewel of the Nile* 12.30pm *The Top Ten Show 2016* Box office hits. 12.50 *The Other Woman* As 8.00pm. 2.45 *Superfast!* As 1.10am.

4.30 Mr Deeds Comedy starring Adam Sandler and Winona Ryder. (S) (2002, 12, 96min) ★★
6.15 The Cable Guy Black comedy starring Jim Carrey and Matthew Broderick. (S) (1996, 12, 96min) ★★



8.00 The Other Woman

8.00 The Other Woman Comedy starring Cameron Diaz, Leslie Mann and Kate Upton. A woman discovers her boyfriend is married, and joins forces with his wife and a third lover to get revenge. (S) (2014, 12, 107min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Ali G Indahouse Comedy starring Sacha Baron Cohen. Gormless Staines youth Ali G gets elected to Parliament thanks to the machinations of a scheming politician. (S) (2002, 15, 88min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 The Hooligan Factory Comedy. (S) (2014, 15, 88min) ★★

1.10am Superfast! Comedy with Alex Ashbaugh. (S) (2014, 12, 105min) ★

2.55 Sex Ed Comedy with Haley Joel Osment. (S) (2014, 15, 89min) ★★★

4.35-6.25am The Pink Panther Strikes Again Comedy with Peter Sellers. (S) (1976, PG, 103min) ★★

Sky Showcase

SKY 303 VIRGIN 403
HD 303/330 HD 433

6.00am Enemy 7.45 *Miss Meadows* 9.30 *Whiplash* 11.30 *The Calling* 1.30pm *Dumb and Dumber To* As 8.00pm. 3.30 *Get On Up* Biopic of James Brown. (S) (2014, 12, 139min) ★★★★★
5.55 The Top Ten Show 2016 6.15 *The Boxtrolls* Animated fantasy with the voice of Isaac Hempstead Wright. (S) (2014, PG, 97min) ★★★★★

8.00 Dumb and Dumber To Comedy sequel starring Jim Carrey and Jeff Daniels. The friends set off on a road trip to find Harry's daughter. (S) (2014, 15, 107min) ★★

10.00 Whiplash Drama starring Miles Teller and JK Simmons. (S) (2014, 15, 104min) ★★★★★

11.50 Inherent Vice Comedy drama starring Joaquin Phoenix and Josh Brolin. (S) (2014, 15, 155min) ★★★★★

2.25am Northern Soul Drama starring Elliot James. (S) (2014, 15, 102min) ★★

4.15-6.00am The Boxtrolls As shown at 6.15pm. (S)

Sky Greats

SKY 304 VIRGIN 404
HD 304/331 HD 434

6.00am How Green Was My Valley 8.05 *Planet of the Apes* 10.05 *Gentlemen Prefer Blondes* 11.50 *Splash* 1.45pm *CrUEL Intentions* Steamy teen drama. (S) (1999, 15, 97min) ★★

3.35 Air Force One Action drama. (S) (1997, 15, 124min) ★★
★ ★ ★ ★ ★ **5.45 Die Hard** Action thriller with Bruce Willis. (S) (1988, 15, 131min) ★★★★★

8.00 Die Hard 2 Action thriller sequel starring Bruce Willis. (S) (1990, 18, 118min) ★★

10.10 Boogie Nights Adult comedy drama starring Mark Wahlberg. (S) (1997, 18, 156min) ★★★★★

12.50am The Last Boy Scout Action thriller starring Bruce Willis and Damon Wayans. (S) (1991, 18, 101min) ★★

2.40 Enter the Dragon Action thriller starring Bruce Lee. (S) (1973, 18, 97min) ★★★★★

4.30-6.10am Staying Alive Dance sequel to *Saturday Night Fever*, starring John Travolta and Cynthia Rhodes. (S) (1983, PG, 96min) ★

TCM

SKY 317 VIRGIN 415
HD 317/341 HD 416

7.00am Kung Fu 8.05 *Cimarron* 10.55 *A Thunder of Drums* 12.50pm *Gunsmoke* 1.50 *Kung Fu* 3.00 *The Enemy General* World War Two drama. (1960, b/w, U, 74min) ★★
4.35 Bomba, the Jungle Boy Adventure. (1949, b/w, U, 70min) ★★
★ ★ ★ **6.00 Kill Her Gently** Crime thriller. (1957, b/w, PG, 73min) ★★

7.30 Terror on a Train Suspense drama starring Glenn Ford and Anne Vernon. (1953, b/w, PG, 72min) ★★

9.00 Duplex Black comedy starring Ben Stiller. (2003, 12, 89min) ★★

10.45 Point Blank Thriller starring Lee Marvin. (1967, 18, 92min) ★★★★★

12.35am Wild Rovers Western starring William Holden. (1971, 15, 132min) ★★

3.05 Conspiracy Theory with Jesse Ventura

5.00-6.10am Hollywood's Best Film Directors

+1 hour SKY 318 VIRGIN 417
HD 318/342 HD 417

more>movies

SKY 185 F'VIEW 32 F'SAT 143

(Called Movie Mix on Freeview)

9.00am Hart to Hart: Hart to Hart Returns 10.50 *Sony Movie News Extra* 11.00 *Hard Times* 12.50pm *Sony Movie News Extra* 1.00 *The Cheap Detective* 2.55 *Sony Movie News Extra* 3.05 *The Fortune* 4.50 *Baby Blue Marine* 6.35 *Revolution*

9.00 Flight of Fury Action thriller starring Steven Seagal. A maverick US pilot flies to the rescue after a rogue colonel steals a new stealth aircraft and delivers it to Afghan terrorists. (2007, 15, 98min) ★

10.55 The Skeleton Key Supernatural horror thriller starring Kate Hudson. (2005, 15, 104min) ★★

1.05am Decoys 2: Alien Seduction Sci-fi horror sequel. (2007, 15, 90min) ★★

3.00 Hart to Hart: Hart to Hart Returns Mystery.

4.50 Highway to Heaven 5.50-6.00am *Sony Movie News Extra*

Horror

SKY 319 VIRGIN 149 F'VIEW 70 F'SAT 138

8.00am Sheena 9.00 *Hercules: The Legendary Journeys* 10.00 *Frankenstein Created Woman* 11.50 *Horror Highlights* 12.00noon *Highlander* 1.00pm *Doctor Who* 2.50 *Horror Highlights* 3.00 *Wonder Woman* 4.00 *The Bone Eater* Monster movie. (2007, 12, 90min) ★★
★ ★ ★ **5.50 Horror Highlights** 6.00 *Sheena*

7.00 Hercules: The Legendary Journeys

8.00 Highlander 9.00 *Nailbiter* Horror thriller starring Erin McGrane, Meg Saricks and Emily Berosow. (2013, 15, 82min) ★★

10.40 Horror Highlights

10.50 Hostel: Part III Horror thriller starring Brian Hallisay. (2011, 18, 84min) ★★

12.35am Planet Terror Schlock zombie horror movie. (2007, 18, 101min) ★★★★★

2.45-4.30am The Devil's Rain Horror with William Shatner. (1975, 18, 85min) ★★

+1 hour SKY 320 VIRGIN 202
HD 320/343 HD 202

True Movies

SKY 321 VIRGIN 424 F'VIEW 82 F'SAT 302

7.00am Diana: Last Days of a Princess 9.00 *A Child's Wish* 11.00 *Sleeping with the Devil* 1.00pm *Guilty Hearts* As shown at 9.00pm. 3.00 *Ultimate Deception* Fact-based thriller starring Yasmine Bleeth and Richard Grieco. (1998, 15, 88min) ★★
★ ★ ★ **5.00 Chasing Secrets** Drama starring Ossie Davis. (1998, PG, 90min) ★★

7.00 Diana: A Portrait The life of Diana, Princess of Wales.

8.00 50 Glorious Years Profile of Queen Elizabeth II.

9.00 Guilty Hearts 1/2. Fact-based crime drama starring Treat Williams.

11.00 Killer Instinct: From the Files of Agent Candice DeLong Fact-based crime drama starring Jean Smart. (2003, PG, 90min) ★★

1.00am The Waltons

3.00 Little House on the Prairie Double bill.

5.00-7.00am Homeless to Harvard: The Liz Murray Story Biopic with Thora Birch. (2003, 15, 90min) ★★

Sky Crime/Thriller

SKY 309 **VIRGIN 409**
HD 309/336 HD 439

- 7.00am** Stephen King's *A Good Marriage* 8.45 *Deliver Us from Evil* 10.45 *Enemy of the State* 1.00pm *The Loft* As 9.00pm. **2.45** *Chaos* Thriller. (S) (2005, 15, 106min) ★★★
- 4.35** *Black Rain* Ridley Scott's action thriller starring Michael Douglas and Andy Garcia. (S) (1989, 18, 120min) ★★★ **6.45** *Enemy of the State* Conspiracy thriller starring Will Smith, Gene Hackman and Jon Voight. (1998, 15, 127min) ★★★



10.50 Falling Down

Enemy of the State (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

- 9.00** *The Loft* Thriller starring Karl Urban and James Marsden. Five friends rent an apartment where they can carry out extra-marital affairs, little realising that one of them has murder in mind. (S) (2013, 15, 98min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 10.50** *Falling Down* Controversial drama starring Michael Douglas as a highly stressed middle-aged Los Angeles man who one day violently loses his cool. (S) (1993, 18, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 12.50am** *Black Rain* As 4.35pm.
3.05 *Lucky Number Slewin* Thriller. (S) (2006, 18, 110min) ★★
5.05-6.45am *Deep Family Secrets* Thriller. (S) (1997, PG, 89min) ★★

Sky Drama/Romance

SKY 310 **VIRGIN 410**
HD 310/337 HD 440

- 6.25am** *The Seven Year Itch* 8.15 *Anna and the King of Siam* 10.30 *The Trials of Cate McCall* 12.10pm *Regarding Henry* Drama (S) (1990, 12, 103min) ★★ **2.05** *And So It Goes* Romantic comedy drama. (S) (2014, 12, 90min) ★★★
- 3.45** *The Legend of Baggar Vance* Fantasy with Will Smith. (S) (2000, PG, 126min) ★★★ **6.00** *Courage Under Fire* Military drama. (S) (1996, 15, 116min) ★★★



10.10 Calendar Girls

- 8.00** *The Second Best Exotic Marigold Hotel* Comedy drama sequel with Dev Patel. Retirement home owner Sonny sets out to expand his empire, but must impress a new investor's hotel inspector to do so. (S) (2015, PG, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 10.10** *Calendar Girls* Comedy inspired by a true story, starring Helen Mirren and Julie Walters. Members of a Yorkshire branch of the Women's Institute cause controversy when they pose nude for a charity calendar. (S) (2003, 12, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 12.05am** *In Secret* Period drama. (S) (2013, 15, 104min) ★★
2.00 *Monster's Ball* Drama with Halle Berry. (S) (2002, 15, 111min) ★★★
4.00-6.00am *Roman Holiday* Comedy with Audrey Hepburn. (1953, b/w, U, 118min) ★★★★★

Sky Sci-Fi/Horror

SKY 311 **VIRGIN 411**
HD 311/339 HD 441

- 6.00am** *The Haunting* 8.00 *Exists* 9.30 *The Top Ten Show* 2016 9.45 *Captain America: The Winter Soldier* 12.15pm *Inception* As 9.00pm. **2.55** *Oculus* As 1.00am.
- 4.45** *The Purge: Anarchy* Horror with Frank Grillo and Carmen Ejogo. (S) (2014, 15, 101min) ★★★ **6.40** *Captain America: The Winter Soldier* Comic-book thriller starring Chris Evans and Scarlett Johansson. (S) (2014, 12, 136min) ★★★★★



9.00 Inception

Captain America: The Winter Soldier (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

- 9.00** *Inception* Christopher Nolan's sci-fi thriller starring Leonardo DiCaprio and Ken Watanabe. A corporate spy assembles a team to infiltrate the dreams of a billionaire, but his own guilty dreams of his dead wife threaten to sabotage the mission. With Joseph Gordon-Levitt, Ellen Page and Marion Cotillard. (S) (2010, 12, 149min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.30** *Exists* Horror starring Samuel Davis. (S) (2013, 15, 81min) ★★
1.00am *Oculus* Horror starring Karen Gillan and Brenton Thwaites. (S) (2014, 15, 103min) ★★
3.00 *The Purge: Anarchy* As 4.45pm.
5.00 *Mad Max: Fury Road* Special
5.30-6.00am *Terminator Genisys: the Future Reborn*

Sky Select

SKY 312 **VIRGIN 412**
HD 312/340 HD 442

- 6.40am** *The Diving Bell and the Butterfly* 8.40 *Dog Day Afternoon* 10.50 *To Catch a Thief* 12.40pm *The Last King of Scotland* Darkly comic thriller. (S) (2006, 15, 123min) ★★★★★ **2.45** *Black Snake Moan* Drama. (S) (2006, 15, 115min) ★★
- 4.45** *Schindler's List* Steven Spielberg's Oscar-winning Holocaust drama starring Liam Neeson, Ben Kingsley and Ralph Fiennes. (1993, 15, 195min) ★★★★★



8.00 O Brother, Where Art...

- 8.00** *O Brother, Where Art Thou?* Offbeat period comedy from the Coen brothers, starring George Clooney, John Turturro and Tim Blake Nelson. In the 1930s, three men escape from a chain gang and set out to recover some hidden loot. (2000, 12, 106min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 10.00** *The Exorcist* Occult horror chiller starring Max von Sydow, Linda Blair, Jason Miller and Ellen Burstyn. A priest battles to exorcise a powerful demon possessing a young girl. (S) (1973, 18, 121min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 12.05am** *The Wild Bunch* Western starring William Holden. (1969, 18, 134min) ★★★★★
2.35 *Casualties of War* Vietnam War drama starring Michael J Fox. (S) (1989, 18, 113min) ★★
4.35-6.15am *Lifeboat* Wartime drama with Tallulah Bankhead. (S) (1943, b/w, PG, 96min) ★★

Film4

SKY 315 **VIRGIN 428** **F'VIEW 15** **F'SAT 300**
HD 315/342 HD 429

- (HD) denotes HD on Sky or Virgin
■ Films start at 11.00am
- 11.00am** *The Long Memory* 12.50pm *The Million Pound Note* Period comedy. (S) (1953, U, 85min) ★★★★★ **2.35** *The Yellow Mountain* Western. (S) (1954, U, 77min) ★★
- 4.05** *Two Rode Together* Western. (S) (1961, PG, 109min) ★★ **6.15** *Independence Day* Sci-fi adventure. (S) (1996, 12, 145min) ★★



9.00 A Good Day to Die Hard

Independence Day (film started at 6.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

- 9.00** *A Good Day to Die Hard* Action thriller starring Bruce Willis and Jai Courtney. New York cop John McClane travels to Moscow and gets drawn into a mission involving his son, an undercover CIA spy. (S) (2013, 15, 95min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 10.50** *Underworld: Awakening* Action horror thriller sequel starring Kate Beckinsale. (S) (2012, 18, 88min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 12.30-3.10am** *He's Just Not That Into You* Star-studded comedy. (S) (2009, 12, 129min) ★★

+1 hour **SKY 316** **VIRGIN 430** **F'VIEW 45** **F'SAT 301**

Sony Movies

SKY 323

- 9.00am** *Stuart Little 3: Call of the Wild* 10.45 *The Call of the Wild: Dog of the Yukon* 12.35pm *Journey to the Centre of the Earth* **2.30** *Life Without Dick* Dark romantic comedy. (2001, 12, 92min) ★★ **4.20** *Fools Rush In* Romantic comedy. (1997, 12, 109min) ★★ **6.35** *Mona Lisa Smile* Period drama. (2003, 12, 119min) ★★
- 9.00** *Hush* Thriller starring Gwyneth Paltrow, Jessica Lange and Johnathon Schaech. (1998, 12, 91min) ★★
- 10.55** *Sony Movie News Extra*
- 11.05** *The Stepfather* Thriller starring Dylan Walsh, Sela Ward and Penn Badgley. (2009, 15, 101min) ★★
- 1.10am** *Sniper 2* Action thriller sequel starring Tom Berenger. (2002, 15, 86min) ★★
- 3.00** *Florence Nightingale* Biopic starring Jaclyn Smith. (1985, PG, 180min) ★★
- 5.50-6.00am** *Sony Movie News Extra*

+1 hour **SKY 324**

Movies 24

SKY 327 **VIRGIN 419**

- 7.00am** *My Gal Sunday* 9.00 *Another Harvest Moon* 11.00 *The Carpenter's Miracle* 1.00pm *The Way Home* Drama starring Dean Cain. (2010, PG, 89min) ★★
- 3.00** *The Right Girl* Romantic comedy. (2015, 12, 120min) ★★ **5.00** *Perfect Match* Comedy starring Danica McKellar and Paul Greene. (2015, 12, 86min) ★★
- 7.00** *Win, Lose or Love* Romantic drama with Corey Sevier and Helena Mattsson. (2015, U, 88min) ★★
- 9.00** *Recipe for Love* Romantic comedy starring Danielle Panabaker and Shawn Roberts. (2014, PG, 90min) ★★
- 11.00** *The Wedding Chapel* Drama starring Emmanuelle Vaugier and Shelley Long. (2013, PG, 103min) ★★
- 1.00am** *Making Mr Right* Romantic comedy drama. (2008, PG, 86min) ★★
- 3.00-5.00am** *Love by Design* Romantic comedy with Giulia Nahmany and David Oakes. (2014, PG, 120min) ★★

Movies4Men

SKY 325 **F'VIEW 48** **F'SAT 304**

- 6.00am** *Dreams of Gold: The Mel Fisher Story* 7.45 *They Live by Night* 9.40 *Second Chance* 11.20 *Born to Be Bad* 1.15pm *Dragonfly Squadron* **3.00** *The Hawker Harrier* **4.15** *The Messerschmitt BF109* 5.25 *Jetstream* Disaster movie starring David Chokachi and Don Michael Paul. (2012, 12, 88min) ★★
- 7.10** *The Elite* Action thriller starring Jason Lewis, Maxine Bahns and Joel West. (2000, 15, 99min) ★
- 9.00** *Active Stealth* Action thriller starring Daniel Baldwin. (1999, 18, 95min) ★
- 11.05** *Angel of Death* Action thriller starring Zoe Bell and Lucy Lawless. (2009, 18, 77min) ★★
- 12.40am** *Vampire Bats* Sci-fi horror thriller sequel starring Lucy Lawless. (2005, 15, 85min) ★★
- 2.25-4.00am** *The Body Snatcher* Macabre horror movie with Boris Karloff. (1945, b/w, PG, 79min) ★★

FILMS SHOWN ON OTHER CHANNELS TONIGHT

EVENING (6-10pm)

- 7.00pm** *A Single Man* AMC Period drama starring Colin Firth. ★★★★★
- 9.00pm** *Kull the Conqueror* ITV4 Adventure fantasy starring Kevin Sorbo. (HD) ★
- 9.00pm** *Just Go With It* 5STAR Romantic comedy starring Adam Sandler. ★
- 9.00pm** *That Thing You Do!* SonyTV Comedy drama written and directed by Tom Hanks, starring Tom Everett Scott. ★★
- 9.00pm** *The Hunt for Red October* Syfy Cold War suspense thriller starring Sean Connery, Alec Baldwin and Scott Glenn. (HD) ★★★★★

10pm TILL LATE

- 10.00pm** *Maximum Risk* Spike Action thriller starring Jean-Claude Van Damme. ★★
- 11.25pm** *My Best Friend's Girl* 5STAR Gross-out romantic comedy starring Dane Cook and Kate Hudson. ★★
- 12.50am** *Ghost Shark* Syfy Horror thriller starring Mackenzie Rosman. (HD) ★★
- 1.05am** *The Chronicles of Riddick* ITV4 Sci-fi adventure sequel to *Pitch Black*, starring Vin Diesel. (Signed) (HD) ★★
- 4.10am** *Viking Quest* Syfy Fantasy adventure starring Harry Lister Smith. (HD) ★★

Sky Sports 1

SKY 402 **VIRGIN 512**
HD 402/409 **HD 502**

- 6.00am** Football Gold (HD) **7.00** WWE – Raw **8.00** Goals on Sunday (HD) **9.00** Ford Football Special (HD) **10.30** FL72 Goals (HD) **11.30** Top 14 Rugby Union Highlights (HD)
- 12.00noon** Fight Night Sam Eggington v Bradley Skeete. (HD)
- 3.30pm** Goals on Sunday A review of Saturday's football action. (HD)
- 4.30** Game Changers (HD)
- 5.00** Fantasy Football Club – The Highlights Discussion show. (HD)
- 5.30** Soccer AM: The Best Bits (HD)
- 6.30** FL72 Goals (HD)
- 7.25** **LIVE** La Liga Football Espanyol v Rayo Vallecano: Coverage of the Spanish top-flight match at the Estadi Cornellà-El Prat. Kick-off is at 7.30. (HD)
- 9.30** La Liga Goals (HD)
- 10.30** FL72 Goals (HD)
- 11.30** Fantasy Football Club – The Highlights Discussion show. (HD)
- 12.00m't** Soccer AM: The Best Bits (HD) **1.00am** Premier League 100 Club (HD) **1.30** Fantasy Football Club – The Highlights (HD) **2.00** Premier League Years **4.00-6.00am** Premier League 100 Club (HD)

Sky Sports 2

SKY 403 **VIRGIN 513**
HD 403/435 **HD 503**

- 6.00am** How the 2012 ICC World T20 Was Won (HD) **8.00** How the 2014 ICC World T20 Was Won (HD) **10.00** Road to the ICC World T20 (HD) **11.00** History of the ICC World T20 (HD)
- 1.00pm** World T20 2016 – The Women (HD)
- 2.00** How the 2012 ICC World T20 Was Won The tournament in Sri Lanka. (HD)
- 4.00** How the 2014 ICC World T20 Was Won The tournament in Bangladesh. (HD)
- 6.00** Road to the ICC World T20 How the teams reached the tournament. (HD)
- 7.00** History of the ICC World T20 The best moments. (HD)
- 9.00** World T20 2016 – The Women A look ahead to the tournament in India. (HD)
- 10.00** Major League Soccer Los Angeles Galaxy v DC United. (HD)
- 12.00m't** Super League Fulltime (HD) **12.30am** Cricket's Greatest (HD) **1.00** How the 2012 ICC World T20 Was Won (HD) **3.00** How the 2014 ICC World T20 Was Won (HD) **5.00** Super League Fulltime (HD) **5.30-6.00am** Cricket's Greatest (HD)

Sky Sports 3

SKY 404 **VIRGIN 514**
HD 404/436 **HD 504**

- 6.00am** Darts Gold (HD) **7.00** Time of Our Lives (HD) **8.00** MLS Highlights (HD) **10.00** MLS Highlights (HD)
- 12.00noon** MLS Highlights Action from Portland Timbers v Columbus Crew. (HD)
- 2.00pm** MLS Highlights Los Angeles Galaxy v DC United. (HD)
- 4.00** The Sky Sports Years A look at Sky's coverage in 2014. (HD)
- 5.00** Sporting Rivalries Muhammad Ali v Joe Frazier. (HD)
- 5.30** Pursuit (HD)
- 6.30** Sporting Heroes Wayne Maricle chats to Eric Bristow. (HD)
- 7.30** **LIVE** Netball Superleague Hertfordshire Mavericks v Celtic Dragons: Centre-pass is at 7.45. (HD)
- 9.30** Top 14 Rugby Union Highlights (HD)
- 10.00** Super League Fulltime (HD)
- 10.30** Pursuit (HD)
- 11.30** Netball Superleague (HD) **1.30am** Time of Our Lives (HD) **2.30** Sporting Heroes (HD) **3.30** Sporting Greats **4.00** Sporting Rivalries (HD) **4.30** Super League Gold (HD) **5.00-6.00am** The Sky Sports Years (HD)

Sky Sports 4

SKY 405 **VIRGIN 515**
HD 405/439 **HD 505**

- 6.00am** PGA Tour Classic **7.00** World Golf Championship (HD) **9.00** Presidents Cup Official Film 2015 (HD) **10.00** World Golf Championship (HD) **12.00noon** Presidents Cup Official Film 2015 (HD)
- 1.00pm** World Golf Championship (HD)
- 3.00** Presidents Cup Official Film 2015 (HD)
- 4.00** Time of Our Lives Celtic's Lisbon Lions look back on their lives. (HD)
- 5.00** PGA Tour Classic The 2003 Chrysler Championship. (HD)
- 6.00** Presidents Cup Official Film 2015 (HD)
- 7.00** Sporting Heroes: Dennis Taylor Interviews Ian Woosnam (HD)
- 8.00** World Golf Championship The Cadillac Championship: Day four highlights. (HD)
- 10.00** Sporting Heroes: Dennis Taylor Interviews Ian Woosnam (HD)
- 11.00** World Golf Championship (HD)
- 1.00am** The Sky Sports Years (HD) **2.00** PGA Tour Classic **3.00** Shell's Wonderful World of Golf **4.30** Sporting Rivalries (HD) **5.00-6.00am** Time of Our Lives

Sky Sports 5

SKY 406 **VIRGIN 516**
HD 406/440 **HD 506**

- 6.00am** Good Morning Sports Fans (HD)
- 9.00** Football's Greatest Players **10.00** Eredivisie Football (HD)
- 12.00noon** Eredivisie Football Feyenoord v SC Cambuur. (HD)
- 2.00pm** Time of Our Lives Former Arsenal stars reminisce.
- 3.00-5.00** Football's Greatest Players (HD)
- 5.00** WWE – Raw
- 7.00** Major League Soccer Los Angeles Galaxy v DC United. (HD)
- 9.00** Sporting Triumphs With Ricky Hatton. (HD)
- 9.15** MLS Highlights Action from Chicago Fire v New York City FC. (HD)
- 9.30** MLS Highlights Los Angeles Galaxy v DC United. (HD)
- 9.45** Sporting Triumphs With Eric Bristow. (HD)
- 10.00** WWE – Late Night – Raw Wrestling action from America. (HD)
- 11.00** La Liga Goals Action from Spain. (HD)
- 12.00m't** Football's Greatest Players (HD) **12.30am** MLS Highlights (HD) **1.00** **LIVE** WWE – Late Night – Raw (HD) **4.00** WWE From the Vault (HD) **5.00-6.00am** La Liga Goals (HD)

Eurosport 1

SKY 410 **VIRGIN 523**
HD 410/412 **HD 521**

- 7.30am** Cycling (HD) **8.30** Cycling: Track World Championship (HD) **10.00** Speed Skating (HD) **11.30** Freestyle Skiing
- 12.15pm** Snowboarding From Moscow. (HD)
- 12.45** Freestyle Skiing From Moscow. (HD)
- 1.15** Cycling Action from the prologue of the Paris-Nice race. (HD)
- 2.15** **LIVE** Cycling Coverage of the opening stage of the annual Paris-Nice race, featuring a 195km ride from Conde-sur-Vesgre to Vendome. (HD)
- 3.45** Cycling Highlights of the Strade Bianche. (HD)
- 4.45** Cycling Action from the GP Le Samyn. (HD)
- 5.30** Davis Cup Tennis Highlights of Great Britain v Japan. (HD)
- 7.30** Eurosport News
- 7.35** Going for Gold (HD)
- 7.40** WATTS (HD)
- 7.45** Biathlon World Cup action from Oslo.
- 9.00** Cycling The opening stage of the annual Paris-Nice race. (HD)
- 10.30** Cycling: Track World Championship Highlights of day five from London. (HD)
- 12.00m't-1.00am** Cycling: As 9.00pm. (HD)

Eurosport 2

SKY 411 **VIRGIN 524**
HD 411/443 **HD 522**

- 6.30am** Alpine Skiing (HD) **7.30** Archery (HD) **9.30** Wintersports Today (HD) **10.30** Alpine Skiing (HD)
- 12.30pm** Cycling The prologue of the annual Paris-Nice race. (HD)
- 1.30** Speed Skating The World University Championships. (HD)
- 3.00** Snowboarding Action from Veveyssonaz, Switzerland. (HD)
- 4.00** Freestyle Skiing From Moscow. (HD)
- 5.00** Alpine Skiing From Jasna, Slovakia. (HD)
- 5.55** Eurosport News
- 6.00** Cycling The opening stage of the annual Paris-Nice race. (HD)
- 7.00** Cycling: Track World Championship Day five from Lee Valley Velopark in London. (HD)
- 8.30** Davis Cup Tennis Highlights of Great Britain v Japan. (HD)
- 10.30** Eurosport News
- 10.35** Alpine Skiing (HD)
- 11.35** Eurosport News
- 11.40** Eurogoals (HD)
- 11.45** Football's Greatest Classic action. (HD)
- 12.10am** Eurogoals (HD) **12.15** WATTS (HD) **12.30** Eurosport News **5.00-6.00am** Alpine Skiing (HD)

BT Sport 1

SKY 413 **VIRGIN 531**
HD 413/427 **HD 527**

- 6.00am** Vanarama National League Highlights (HD)
- 6.30** Barclays Premier League Review (HD) **7.30** Premier League Review **9.00** **LIVE** Hyundai A-League: Perth Glory v Newcastle Jets. (HD) **11.00** Football Tonight (HD) **11.30** Fletch & Sav – The Best Bits (HD) **12.00** Vanarama National League Highlights (HD) **12.30pm** Barclays Premier League Review (HD)
- 1.30** European Football Show Highlights (HD) **3.30** Football Tonight (HD) **4.00** French Ligue 1 Review (HD) **5.00** NBA Inside Stuff (HD) **5.30** Bundesliga Review (HD) **6.30** Fletch & Sav – The Best Bits (HD) **7.00** Vanarama National League Highlights (HD) **7.30** **LIVE** Under-21 Premier League: Sunderland v Everton. (HD)
- 10.00** Global Goals (HD)
- 10.30** Vanarama National League Highlights (HD) **11.00** UEFA Champions League Magazine (HD) **11.30** NBA Inside Stuff (HD) **12.00m't** **LIVE** NBA: Indiana Pacers v San Antonio Spurs. (HD) **2.30am** Football Tonight **3.00** Global Goals (HD) **3.30** U-21 Premier League (HD) **4.30-6.00am** Rugby Tonight (HD)

BT Sport 2

SKY 417 **VIRGIN 532**
HD 417/457 **HD 528**

- 6.00am** MotoGP (HD) **7.00** **LIVE** World Match Racing Tour: The opening event of the tour in Fremantle, Australia. (HD) **9.00** AFL (HD) **11.00** World Rally Championship (HD) **11.30** UEFA Champions League Magazine (HD)
- 12.00noon** UEFA Europa League Magazine (HD)
- 12.30pm** Paulistao
- 2.00** WTA All Access (HD)
- 2.30** NBA (HD)
- 4.30** Turkish Airlines Euroleague Basketball Magazine (HD)
- 5.00** Formula E – Sound of the Future (HD)
- 5.30** Football Tonight (HD)
- 6.00** WRC Review (HD)
- 7.00** Hyundai A-League Highlights of Perth Glory v Newcastle Jets. (HD)
- 8.00** Rugby Tonight (HD)
- 9.30** 30 for 30 The career of former NFL quarterback Todd Marino. (HD)
- 11.00** MotoGP (HD)
- 12.00m't** **LIVE** College Basketball: The first Horizon semi-final. (HD) **2.30am** **LIVE** College Basketball: The second Horizon semi-final. (HD) **4.30** French Ligue 1 Review (HD) **5.30-6.00am** Fletch & Sav – The Best Bits (HD)

BT Sport/ESPN

SKY 426 **VIRGIN 534**
HD 426/458 **HD 530**

- 6.00am-1.00pm** Women's College Basketball (HD)
- 1.00-5.00pm** AFL Action from Western Bulldogs v Melbourne, and Brisbane Lions v St Kilda. (HD)
- 5.00** Last Week, This Week A look at the best bits from BT Sport from the last week. (HD)
- 5.15** College Basketball Action from College Basketball. (HD)
- 7.00** NBA Inside Stuff A look at the off-court personalities of players in the NBA. (HD)
- 7.30** **LIVE** Women's College Basketball An NCAA basketball match from America.
- 9.30** Last Week, This Week Recent action. (HD)
- 9.45** College Basketball Action from College Basketball. (HD)
- 11.30** Turkish Airlines Euroleague Basketball Magazine (HD)
- 12.00m't** **LIVE** College Basketball: Action from a key College Basketball game. (HD) **2.00am** **LIVE** College Basketball: Action from another College Basketball tie. (HD) **4.00-6.00am** **LIVE** College Basketball: Action from College Basketball. (HD)

BT Europe

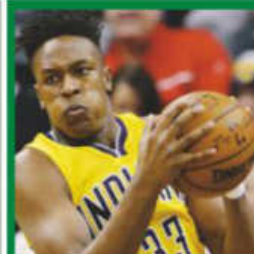
SKY 414 **VIRGIN 533**
HD 414/433 **HD 529**

- 6.00am-12.30pm** Bundesliga: Back-to-back football action from Germany's top flight. (HD)
- 12.30pm** Bundesliga Borussia Dortmund v Bayern Munich. (HD)
- 2.00** Bundesliga FSV Mainz 05 v Darmstadt 98. (HD)
- 3.30** Bundesliga Hamburg SV v Hertha Berlin. (HD)
- 5.00** Barclays Premier League Review Recent action from the Barclays Premier League. (HD)
- 6.00** Portuguese Liga NOS SC Braga v FC Porto. (HD)
- 7.15** **LIVE** Bundesliga 2 SC Freiburg v RB Leipzig: Coverage of the match in the German second tier, which takes place at Schwarzwald-Stadion. Kick-off is at 7.15. (HD)
- 9.15** Bundesliga Review The latest action from the Bundesliga. (HD)
- 10.15** Swiss Super League Highlights of Young Boys v FC Luzern. (HD)
- 11.45** Global Goals A round-up of the greatest goals from around the world. (HD)
- 12.00m't** Bundesliga 2 (HD) **1.00-6.00am** Bundesliga: Back-to-back action from Germany's top flight. (HD)

Motors TV

SKY 447 **VIRGIN 545**

- 6.00am** Bathurst 12 Hours
- 8.35** Best of Crash **9.00** FIA WRC Daily Highlights **9.35** Special Stage Extra **10.05** British Historic Rally Championship **11.05** Monte Carlo Historic Rally **12.10pm** FIA WRC Daily Highlights **12.40** FIM MX2 World Championship Replay **1.40** FIM MXGP World Championship Replay **2.45** FIM MX2 World Championship Replay **3.45** FIM MXGP World Championship Replay **4.50** FIA WRC Daily Highlights **5.20** P1 Superstock USA **6.25** P1 Superstock UK **7.25** The Grid **8.00** Australian National Drag Racing **9.00** World Series Sprintcars **10.05** Best of Crash **10.35** FIA WRC Daily Highlights: The third day of the Rally Mexico. **11.05** Belgian Rally Championship **11.40** Special Stage Extra **12.10am** FIA WRC Daily Highlights **12.40** World Series Sprintcars **1.45** Australian National Drag Racing **2.45** MSVR Launch Day **3.15** Toyota NZ 86 Championship **4.10** World Series Sprintcars **5.05-6.00am** Australian National Drag Racing



PICK OF THE DAY

LIVE Indiana Pacers v San Antonio Spurs
BT Sport 1 HD
12.00m't

Sky Sports F1

SKY 407 **VIRGIN 517**
HD 407/451 **HD 507**

- 6.00am-12.00noon** The Home of Formula One **12.00noon-5.30pm** The Home Of Formula One **5.30pm** Legends of F1: An interview with Alan Jones. (HD) **6.00** Legends of F1: John Surtees. (HD) **7.00** Legends of F1: A profile of Mika Hakkinen. (HD) **8.00** Architects of F1: A profile of Gordon Murray. (HD) **9.00** Legends of F1: An interview with Jack Brabham. (HD) **9.30** Formula 1: The 2015 Russian Grand Prix. (HD) **10.30** GP2 Racing: The 2015 Russian Grand Prix. (HD) **11.45** Porsche Super Cup: The 2015 British Grand Prix. (HD) **12.00m't** Legends of F1 (HD) **1.00-6.00am** The Home of Formula One

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LIVE SPORT ON OTHER CHANNELS TODAY

- 1.15pm** **LIVE** Raceday Live At The Races Coverage of meetings at Southwell, Wolverhampton and Lingfield Park.
- 5.15pm** **LIVE** Stateside At The Races Live horse racing coverage

- from the United States.
- 2.00am** **LIVE** Australian Racing At The Races Coverage of a race meeting Down Under.

Documentary



Back in Time for the Weekend

BBC2 HD, 8pm

The Ashby-Hawkins family finds out what technology the future has in store

Sci-fi comedy



The Aliens

E4 HD, 9pm/E4+1, 10pm

Ashley Walters is among the cast of a fantasy from the makers of *Misfits* set on an Earth where aliens are segregated

Drama



Happy Valley

BBC1 HD, 9pm

Frances attempts to carry out Tommy's requests to keep him sweet, while Catherine investigates his birthday gift

Period drama



The Knick

Sky Atlantic HD, 9pm/
Sky Atlantic+1, 10pm

Edwards and Gallinger's eugenics dispute turns nasty in the penultimate episode

SKY EVENING TIME 7.00PM 7.30PM 8.00PM 8.30PM 9.00PM 9.30PM 10.00PM 10.30PM

Favourites

101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Holby City †	9.00 Happy Valley	10.00 News; Local News
102 BBC2	7.00 This Farming Life		8.00 Back in Time for the Weekend	9.00 Who's the Boss?	10.00 Scrappers... 10.30 Newsnight †
103 ITV	7.00 Emmerdale	7.30 The Inspectors...	8.00 It's Not Rocket Science	9.00 Frustrated Britain: Caught on Camera	10.00 News; Local News
104 CHANNEL 4	7.00 News		8.00 The Secret Life of the Zoo	9.00 Born to Be Different	10.00 Gogglebox
105 CHANNEL 5	7.00 The Dog Rescuers with Alan Davies		8.00 Britain's Horror Homes	9.00 Benefits by the Sea: Jaywick	10.00 The Best of Bad TV: When Chat...
106 SKY1	7.00 The Simpsons		8.00 The Flash	9.00 Stella	10.00 NCIS: Los Angeles

Entertainment

116 BBC4	7.00 News	7.30 Timothy Spall...	8.00 The River Taff...	8.30 Iolo's Brecon...	9.00 The Last Seabird Summer?	10.00 Indian Hill Railways
118 ITV2	7.00 Ultimate You've Been Framed!		8.00 Two and a Half Men		9.00 Film: Quantum of Solace	
138 MORE4	6.50 The Supernet		7.55 Grand Designs		9.00 Selling Houses with Amanda Lamb	10.00 Million Pound Properties
136 E4	7.00 Hollyoaks	7.30 Big Bang Theory	8.00 The Goldbergs		9.00 The Aliens	10.00 Virtually Famous
107 SKY LIVING	7.00 My Kitchen Rules New Zealand		8.00 Criminal Minds			
108 SKY ATLANTIC	7.00 Cold Case		8.00 Without a Trace	9.00 The Knick	10.00 Alan...	10.30 Girls
110 GOLD		7.20 Bull	8.00 Only Fools and Horses	9.20 Men Behaving Badly	10.00 The Royle Family	
111 DAVE	7.00 American Pickers		8.00 QI		10.00 Alan Davies: As Yet Untitled	
119 ITV3	7.00 Murder, She Wrote		8.00 Midsomer Murders		10.00 A Touch of Frost	
120 ITV4	6.45 Snooker: World Grand Prix - Live: The evening session on the opening day of the tournament at the Venue Cymru in Llandudno					
112 COMEDY CENTRAL	7.00 Impractical Jokers		8.00 Friends	9.00 The Middle	9.30 Mike & Molly	10.00 Undateable 10.30 Lip Sync Battle
114 SYFY	7.00 Star Trek: The Next Generation		8.00 Fact or Faked: Paranormal Files	9.00 Film: Shaun of the Dead		
109 W	7.00 MasterChef USA		8.00 Bin There, Dump That	9.00 Grimm	10.00 EastEnders	10.40 Get...
113 UNIVERSAL	7.00 NCIS		8.00 CSI: Miami	9.00 NCIS	10.00 Law & Order: Special Victims Unit	
124 FOX	7.00 NCIS				10.00 Family Guy	10.30 American Dad!
121 SKY ARTS	7.00 Painting the Johnsons		8.00 Soundstage Presents Stevie Nicks	9.00 Shania Twain: Still the One - Live in Las Vegas		

Documentary

520 DISCOVERY	7.00 Fast N' Loud	8.00 Gold Rush: The Dirt	9.00 Gold Rush	10.30 Gold Rush...
523 ANIMAL PLANET	7.00 Tanked	8.00 Bondi Vet	9.00 Dr Dee: Alaska Vet	10.00 Finding Bigfoot
526 NAT GEO	7.00 Film: He Named Me Malala		9.00 Billy The Kid: New Evidence	
529 HISTORY	7.00 Storage Wars	8.00 Pawn Stars	9.00 Storage Wars	10.00 Texas Rising
537 YESTERDAY	7.00 Coast	8.00 Monarchy by David Starkey	9.00 Impossible Engineering	10.00 Blackadder II 10.40 Yes...
532 EDEN	7.00 Hidden Kingdoms	8.00 Monster Bug Wars	9.00 Secret Life Underground	10.00 Secrets of the Earth

Films

301 SKY PREMIERE	6.00 Ashby	8.00 Terminator Genisys	10.15 Stretch
303 SKY SHOWCASE	6.15 The Wedding Ringer	8.00 John Wick	9.45 The Drop
304 SKY GREATS	5.40 True Lies	8.00 Meet the Parents	9.50 The Green Mile
305 SKY DISNEY	7.00 The Parent Trap	9.10 The Greatest Game Ever Played	
306 SKY FAMILY	7.00 Lego DC Comics Super Heroes...	8.00 13 Going on 30	9.40 Sky High
307 SKY ACTION	6.30 The Amazing Spider-Man 2	9.00 Fast & Furious 7	
308 SKY COMEDY	6.10 Click	8.00 A Million Ways to Die in the West Unrated	10.20 Team America...
309 SKY CRIME	6.35 The Judge	9.00 Insomnia	
310 SKY DRAMA	6.15 50 First Dates	8.00 The Phantom of the Opera	10.25 Fifty Shades of...
311 SKY SCI-FI	6.00 Reign of Fire	8.00 Guardians of the Galaxy	10.15 Bound to Vengeance
312 SKY SELECT	7.00 The Good, the Bad and the Ugly		10.00 Fear and Loathing in Las Vegas
315 FILM4	6.55 Admission	9.00 '71	
317 TCM	7.00 Drums of Africa	9.00 Point Blank	

Sport

402 SKY SPORTS 1	6.30 Premier...	7.30 Fight Night	
403 SKY SPORTS 2	7.00 ICC World T20 Cricket		10.00 La Liga World
404 SKY SPORTS 3	7.00 Greyhound Racing - Live: The Juvenile Classic and the Springbok from Wimbledon Stadium in south London	9.45 Darts Gold	10.15 Sporting Rivalries
405 SKY SPORTS 4	7.00 Sunshine Tour Golf	8.00 Sportswomen	8.30 Golfing World
410 EUROSPORT 1	7.00 Ski Jumping	7.45 Cross-Country Skiing	9.45 Speed Skating
411 EUROSPORT 2	7.00 Cycling	7.30 Triathlon	8.30 Cycling
			10.00 The EuroLeague... 10.35 Motocross...

BBC1

SKY 101 HD 141 VIRGIN 101 HD 108 FVIEW 1 HD 101 FSAT 101 HD 108

6.00am Breakfast (S)(HD) **9.15 Heir Hunters** (S)(HD)(AD) **10.00 Homes Under the Hammer** (S)(HD) **11.00 Countryside 999** (S)(HD) **11.45 Claimed and Shamed** (S)(R)(HD) **12.15pm Bargain Hunt** (S)(R)(HD)(AD) **1.00 BBC News** (S)(HD) **1.30 Local News** (S) **1.45 Doctors** Niamh encounters a troubled teenager. (S)(HD) (AD) **2.15 Moving On** (S)(R)(HD)(AD) **3.00 Escape to the Country** Former expats seek a home in which to retire in rural Gloucestershire. (S)(HD)(AD) **3.45 The TV That Made Me** Esther Rantzen joins Brian Conley. (S)(HD) **4.30 Flog It!** The team values antiques in Gloucester. (S)(R)(HD) **5.15 Pointless** Quiz show hosted by Alexander Armstrong. (S)(HD) **6.00 BBC News** (S)(HD) **6.30 Local News** (S)

BBC2

SKY 102 HD 102/142 VIRGIN 102 HD 162 FVIEW 2 HD 102 FSAT 102 HD 109

6.15am Heir Hunters (S)(R)(HD)(AD) **7.00 Countryside 999** (S)(R)(HD) **7.45 Claimed and Shamed** (S)(R)(HD) **8.15-9.15 Sign Zone: Emergency Rescue Down Under** (S)(R)(AD) **8.45 Great British Railway Journeys** (S)(R) (AD) **9.15 Victoria Derbyshire** (S)(HD) **11.00 BBC News** (S)(HD) **12.00noon Daily Politics** (S)(HD) **1.00pm The Super League Show** (S) **1.45 Coast** (S)(HD) **2.00 Who Do You Think You Are?** With John Bishop. (S)(R)(HD)(AD) **3.00 A Place to Call Home** (S)(HD) **3.50 The Life of Mammals** (S)(R)(AD) **4.50 Terry and Mason's Great Food Trip** The duo continue their culinary journey in Scarborough. (S)(R)(HD) **5.20 Bargain Hunt** Looking for antiques in Hay-on-Wye, Powys. (S)(R)(HD)(AD) **6.00 Eggheads** Quiz show. (S)(HD) **6.30 Too Much TV** (S)(HD)

ITV

SKY 103 HD 178 VIRGIN 103 HD 113 FVIEW 3 HD 103 FSAT 103 HD 119

6.00am Good Morning Britain With Angelina Jolie and Jack Black. (S)(HD) **8.30 Lorraine** With guests Angelina Jolie and Jack Black. (S)(HD) **9.25 The Jeremy Kyle Show** (S)(HD) **10.30 This Morning** (S)(HD) **12.30pm Loose Women** With *EastEnders* actress Jacqueline Jossa. (S)(HD) **1.30 ITV News** (S) **1.55 Local News** (S) **2.00 Jeremy Kyle's Emergency Room** The talk show host follows a team of doctors and nurses. (S) **3.00 Masterpiece with Alan Titchmarsh** From Firle Place in East Sussex. (S)(HD) **4.00 Tipping Point** Game show hosted by Ben Shephard. (S)(HD) **5.00 The Chase** General knowledge quiz show hosted by Bradley Walsh. (S)(HD) **6.00 Local News** (S) **6.30 ITV News** (S)

CHANNEL 4

SKY 104 HD 227 VIRGIN 104 HD 142 FVIEW 4 HD 104 FSAT 104 HD 126

6.00am Countdown (S)(R)(HD) **6.45-8.00 The King of Queens** Triple bill. (S)(R) **8.00 Everybody Loves Raymond** (S)(R) **9.00 Frasier** (S)(R) **10.00 Car SOS** Restoring a 1968 Morris Traveller. (S)(R)(HD) **11.00 Undercover Boss Canada** (S)(R)(HD) **12.00noon News** (S)(HD) **12.05pm A Place in the Sun: Winter Sun** Double bill. (S)(R)(HD) **2.10 Deal or No Deal** (S)(HD)(AD) **3.10 Countdown** (S)(HD) **4.00 A New Life in the Sun** After weeks of delays, a couple of expats aim to open their own seafood restaurant. (S)(HD) **5.00 Couples Come Dine with Me** Three couples from Bristol compete. (S)(HD) **6.00 The Simpsons** (S)(R)(AD) **6.30 Hollyoaks** Diego convinces Grace that Trevor is seeing another woman, so she decides to kill her rival. (S)(HD)(AD)

Tuesday

7 PM



7.30 EastEnders

7.00 The One Show Matt Baker and Alex Jones present the topical show. (S)(HD)

7.30 EastEnders Nancy and Lee continue to fight, so Mick throws them out. (S)(HD)(AD) ■ Repeated later on W

8 PM

8.00 Holby City *On the Ropes*: Ric battles to stay in control when operating on his old schoolteacher, while a feisty young patient reminds him of his former self. Meanwhile, Mo is left reeling after finding out she didn't get the consultant's job. (S)(HD)(AD)

9 PM

9.00 Happy Valley 5/6. Daniel suspects somebody at school might be responsible for Ryan's new-found interest in Tommy, and Daryl wakes Alison in the middle of the night and confesses to murder. (Series 2) (S)(HD)(AD)

10 PM

10.00 BBC News (S)(HD)

10.30 Local News (S)
Followed by **Lottery Update** (S)

10.45 Life and Death Row **SERIES FINALE** 3/3. The 2014 murder of an 18-year-old in Ohio, which led to the arrests of two 19-year-olds who gave different stories to the police. (S)(HD)(AD)

11.45 FILM Forget Me Not Romantic drama starring Tobias Menzies and Genevieve O'Reilly. A musician and a barmaid begin a tentative romance during a night together in London. (S)(HD) (2009, 15, 95min) ★★★
1.20am Weather for the Week Ahead (S)(HD) **1.25-6.00am BBC News** (S)(HD)



9.00 Who's the Boss?

7.00 This Farming Life 2/12. Martin and Mel introduce their newly purchased rams to their flock of ewes, while Sandy sets off on a road trip from Lewis to sell his specialist Hebridean mutton and beef around the UK. (S)(HD) ■ Continues tomorrow

8.00 Back in Time for the Weekend **SERIES FINALE** 6/6. The Ashby-Hawkins family discovers what the future might hold for people's free time and gets some robotic housework help. (S)(HD)(AD)

9.00 Who's the Boss? **SERIES FINALE** 3/3. The business documentary concludes as James Watt, co-founder of craft beer brewery BrewDog, conducts a recruitment experiment with the help of his workforce. (S)(HD)(AD)

10.00 Scrappers – Back in the Yard 2/6. Terry's efforts to update the business are undermined. (S)(HD)(AD)
10.30 Newsnight (S)(HD)

11.10 Weather (S)(HD)
11.15 Let's Play Darts for Sport Relief 2016 3/4. Gabby Logan hosts the semi-final of the contest held at Lakeside, Frimley Green. (S)(R)(HD)
12.15-2.15am Sign Zone: Back in Time for the Weekend (S)(R)(AD) **1.15 MasterChef: The Professionals** The five finalists are reduced to four in an invention test. (S)(R)
2.15-6.15am Previews (S)(HD)



8.00 It's Not Rocket Science

7.00 Emmerdale Carly tells Marlon about losing her first child. (S)(HD)(AD)
■ Repeated tomorrow on ITV2
7.30 The Inspectors Are Coming 3/6. The team of inspectors in Aberdeen tries to track down a mystery dog-fouling felon. (S)(HD)

8.00 It's Not Rocket Science 4/6. Romesh Ranganathan has only a vacuum cleaner to help save him from the pit of crocodiles he is being dangled over, while Rachel Riley carries out her own tests into how the placebo effect works. (S)(HD)

9.00 Frustrated Britain: Caught on Camera **SERIES FINALE** 6/6. Things that make people angry, featuring Britain's most famous road rage driver and a man who claims to have found a cure for rage. (S)(HD)
■ Repeated on Thursday

10.00 ITV News (S)

10.30 Local News (S)
10.40 Davina McCall: Life at the Extreme 2/4. Davina investigates how animals cope with atmospheric pressure changes underwater. (S)(R)(HD)(AD)

11.40 The Cube: Celebrity Special With gymnast Louis Smith and former *TOWIE* star Mark Wright. (S)(R)(HD)
12.35am Jackpot247
3.00 Loose Women (R)(HD)
3.50 ITV Nightscreen (HD)
5.05-6.00am The Jeremy Kyle Show Lively studio talk show. (S)(SL)(R)(HD)

+1 hour SKY 131 VIRGIN 114 FREEVIEW 33 FREESAT 112



9.00 Born to Be Different

7.00 News (S)(HD)

7.55 The Political Slot Green Party MP Caroline Lucas discusses the Brexit. (S)(HD)

8.00 The Secret Life of the Zoo **SERIES FINALE** 6/6. Black rhino Kitani is introduced to her mate Magadi, but Chester Zoo keeper Babs is concerned that Kitani may struggle to defend herself. (S)(HD)(AD)
■ Repeated tomorrow on 4seven

9.00 Born to Be Different **SERIES FINALE** 2/2. Catching up with Hamish, a swimmer with dwarfism who has set his sights on the Rio Olympics, and disabled friends Zoe and Emily. (S)(SL)(HD)(AD)

10.00 Gogglebox Capturing the households' instant reactions to what they are watching on television from the comfort of their own sofas. (S)(R)(HD)(AD)

11.05 Very British Problems Daily hassles such as getting sunburnt on holiday and queuing. (S)(R)(HD)(AD)
12.05am Poker (S)(HD) **1.00 KOTV Boxing Weekly** (S) **1.30 Gillette World Sport** (S) **1.55 The Grid** (S)(R) **2.25 Freeride World Tour** (S)(R) **2.50 Ultimate Dealer** (S)(R)(HD) **3.20 Selling Houses with Amanda Lamb** (S)(R)(HD) **4.15 Location, Location, Location** (S)(SL)(R) **5.10-6.00am Deal or No Deal: Double Trouble** (S)(R)(HD)(AD)

+1 hour SKY 135 VIRGIN 143 FVIEW 13 HD 109 FREESAT 121

CHANNEL 5

SKY 105 HD 105/171 VIRGIN 105 HD 150 FVIEW 5 FSAT 105

6.00-9.15am Milkshake!
9.15am The Wright Stuff (HD)
11.15 Cowboy Builders (S)(R)
12.10pm News (S)(HD)
12.15 The Nightmare Neighbour
Next Door (S)(R)(HD)
1.15 Home and Away (S)(HD)(AD)
1.45 Neighbours (S)(HD)(AD)
2.15 NCIS Kill the Messenger: 2/24. The team investigates the death of a navy lieutenant. (Series 12) (S)(R)(HD)
3.15 FILM PREMIERE Kidnapped: The Search For Tommy Thriller starring Brooke Butler. (S)(HD) (2015, PG) ★★
5.00 News (S)(HD)
5.30 Neighbours Terese confesses to Daniel about her moment of passion with Paul. (S)(R)(HD)(AD)
6.00 Home and Away Oscar washes up on the beach. (S)(R)(HD)(AD)
6.30 News (S)(HD)



NEW

9.00 Benefits by the Sea: Jaywick

7.00 The Dog Rescuers with Alan Davies

Lauren Bailey helps a terrier found outside alone and shaking, and Alan meets Dave, one of nine abandoned dogs found wandering Winchester's streets. (S)(R)(HD)

8.00 Britain's Horror Homes

2/6. Focusing on a couple whose Northern Ireland home was invaded by a colony of rats, and a man whose rooftop London flat was beset by leaks. (S)(HD)
 ■ Repeated on Thursday

9.00 NEW SERIES Benefits by the Sea: Jaywick

1/7. The series following the lives of residents of the Jaywick estate in Essex, England's most deprived area, returns, showing the reality of life on the breadline. (S)

10.00 The Best of Bad TV: When Chat Attacks

2/4. Memorable moments from chat shows, including Russell Harty's interviews with David Bowie and Grace Jones, and Bill Grundy's infamous confrontation with the Sex Pistols. (S)

11.00 Penn & Teller: Fool Us in Vegas

1/13. The magicians challenge illusionists to outwit them. (S)(R)

11.55 A&E: When Patients Attack

Looking at security measures implemented by hospitals. (S)(R)(HD)

12.50am Tattoo Disasters UK

(HD) 1.15 SuperCasino 3.10 Inside Buckingham Palace (S)(R)(HD)

4.00 Wildlife SOS (S)(SL)(R) 4.20 Divine Designs (S)(SL)(R) 4.45-

6.00am House Doctor (S)(SL)(R)

+1 hour SKY 177 VIRGIN 155 FVIEW 44 FREESAT 128

SKY1

SKY 106 HD 106/217 VIRGIN 110 HD 109

6.00am Sunrise (HD) **9.00 NCIS: Los Angeles** (S)(R)(HD) **10.00 Hawaii Five-0** (Series 5) (S)(R)(HD)
12.00noon NCIS: Los Angeles Impact: 2/24. (Series 5) (S)(R)(HD)
1.00pm Hawaii Five-0 (S)(R)(HD)
2.00 Hawaii Five-0 (S)(R)(HD)
3.00 Show Me Your Garden
 Green-fingered hopefuls from Ireland take part. (S)(R)(HD)
4.00 Futurama (S)(R)(HD)
4.30 Futurama (S)(R)(HD)(AD)
5.00 The Simpsons (S)(R)
5.30 Futurama (S)(R)(HD)
6.00 Futurama Bender's Big Score
 - Part Three: Part three of four. Lars proposes to Leela. (S)(R)(HD)
6.30 The Simpsons The Good, the Sad and the Druggly: Bart tries to win the affections of a girl at school. With the voice of Anne Hathaway. (S)(R)(HD)



9.00 Stella

7.00 The Simpsons

Father Knows Worst: Homer suffers the consequences of trying to copy a fire-eater. (S)(R)(HD)(AD)
7.30 Waverly Hills 9021-D'oh: Marge and Homer rent an apartment in an affluent area to give the kids a better education. (S)(R)(HD)(AD)

8.00 The Flash

NEW EPISODE *The Reverse-Flash Returns:* 11/23. Eobard Thawne - aka the villainous Reverse-Flash - returns, kidnapping Dr McGee and forcing her to find a way to return him to his own time. (Series 2) (S)(HD)

9.00 Stella

NEW EPISODE 9/10. A heartbreaking decision awaits when Stella finally gets a chance to speak with Rob, and an upset Ivan prepares to leave Pontyberry behind. (Series 5) (HD)
 ■ Repeated on Friday

10.00 NCIS: Los Angeles

Cancel Christmas: 11/24. The team tries to find out how a suspected North Korean spy, who was poisoned and hit by a truck carrying Christmas trees, managed to enter America. (Series 7) (S)(R)(HD)

11.00 Hawaii Five-0 Ka Hanu Malu

(Inside Job) 8/25. (S)(R)(HD) **12.00m't Hawaii Five-0 Ke Koho Mamau Aku**

(Longshot) 9/25. (Series 5) (S)(R)(HD) **1.00am Road Wars** Police

combat vehicle crime. (S)(R)(HD) **2.00 Night Cops** Officers arrest two

drug dealers. (S)(R) **3.00 Stargate SG-1** (S)(R) **4.00 Stargate SG-1**

(S)(R) **5.00 Sky World News** (HD) **5.30-6.00am Sky World Review**

& Business Report (HD)

+1 hour SKY 130

LOCAL VARIATIONS

BBC1

SCOTLAND Sky 951, Virgin 862, Freesat 960

8.00-9.00pm River City

10.45 Holby City 11.45 Life and Death Row

12.45am FILM Forget Me Not (2009, 15) ★★★ 2.15

Weather for the Week Ahead

2.20-6.00am BBC News

N. IRELAND Sky 953, Virgin 863, Freesat 957

10.45pm Spotlight 11.15

Life and Death Row **12.15am FILM** Forget

Me Not: As Scotland. **1.45** Weather for the Week Ahead

1.50-6.00am BBC News

WALES Sky 952, Virgin 864, Freesat 964

10.40pm Rhod Gilbert's

Work Experience **11.10** Life and Death Row **12.10am**

FILM Forget Me Not: As Scotland. **1.45** Weather for the Week Ahead

1.50-6.00am BBC News

BBC2

SCOTLAND Sky 970, Freesat 970

10.30pm Scotland 2016

11.00 Newsnight **11.40** Weather **11.45** Let's Play

Darts for Sport Relief 2016

12.45am Sign Zone: Back in Time for the Weekend

1.45 MasterChef: The Professionals **2.45-**

6.15am Previews

N. IRELAND Sky 972, Freesat 969

10.00-10.30pm True

North: Pets at Peace **11.15** Stormont Today **11.45pm-**

12.15am Scrappers - Back in the Yard

WALES Sky 971, Freesat 971

1.45pm am/pm

2.35-3.00 Coast

3.50-4.50pm Who Do You Think You Are?

ITV

No variations

S4C

Sky 134, Virgin 166, Freesat 120

7.00am Cyw **1.00pm** Newyddion S4C a'r Tywydd

1.05 Heno **2.00** Prynhawn Da **2.55** Newyddion S4C

a'r Tywydd **3.00** Natur

Gwylt Iolo **3.30** 3 Lle (AD)

4.00 Awr Fawr **5.00** Stwnsh **6.00** Pobol y Cwm

(AD) **6.25** Newyddion S4C

a'r Tywydd **6.30** Ralio+-

Mecico **7.00** Heno **7.30** Rownd a Rownd (AD)

8.00 Pobol y Cwm (AD)

8.25 Ward Plant **9.00** Newyddion 9 a'r Tywydd

9.30 NEW Jonah Lomu: Cawr y Crysau Duon

10.05 Ochr 1 **11.05** Wynne Evans ar Waith

11.40pm-6.00am Y Dydd yn y Cynulliad

TV&Satellite
New issue
on sale
today

BBC4

SKY 116 HD 116/211 VIR107 HD 164 FVIEW 9 FSAT 148

7.00pm World News Today
 The day's leading stories. (HD)

7.30 Timothy Spall: Back at Sea 2/4. The Princess Matilda sails into Liverpool, but Tim has a difficult time reaching shore. (AD)

8.00 The River Taff with Will Millard NEW EDITION

2/3. Will fishes for grayling alongside a former miner. (HD)

8.30 Iolo's Brecon Beacons: Spring NEW EDITION

2/4. Iolo Williams explores the region with nesting season in full swing. (HD)

9.00 The Last Seabird Summer? SERIES FINALE

2/2. Adam Nicolson catches up with seabirds of the Shiant Isles in July. (HD)(AD)

10.00 Indian Hill Railways

1/3. Examining the changing relationship between trains and people in the foothills of the Himalayas. (AD)

11.00 The Story of British Pathe (AD) **12.00m't** The Prosecutors: Real Crime and Punishment (HD) **1.00am** The Last Seabird Summer? (HD)(AD) **2.00** Sound of Cinema: The Music That Made the Movies (HD)(AD)

3.00-4.00am Singing Musicals

ITV2

SKY 118 HD 118/225 VIR115 HD 176 FVIEW 6 FSAT 113

6.00am Planet's Funniest Animals

6.20 Dinner Date (HD) **7.10** The Ellen DeGeneres Show (HD)

8.00 Emmerdale (HD)(AD)

8.30 Coronation Street (HD) (AD) **9.35** Catchphrase (HD)

10.15 Dinner Date (HD)

11.15 Royal Pains (HD) **12.10pm** Emmerdale (HD)(AD) **12.45** Coronation Street (HD)(AD)

1.45 The Ellen DeGeneres Show NEW EDITION (HD)

2.40 Judge Rinder (HD)

3.40 The Jeremy Kyle Show (HD) **5.50** Take Me Out (HD)

7.00 Ultimate You've Been Framed! Comical clips.

8.00 Two and a Half Men

6/24. Charlie finds himself attracted to Lydia. (HD)

8.30 7/24. Berta swears revenge on the married man responsible for her daughter's pregnancy. (Series 4) (HD)

9.00 FILM Quantum of Solace James Bond action

thriller starring Daniel Craig as Ian Fleming's celebrated secret agent. 007 embarks on a mission of revenge against the shadowy international crime organisation that caused his lover's death. With Olga Kurylenko and Mathieu Amalric. (HD)(AD) (2008, 12, 106min) ★★★

11.10 Family Guy (HD)(AD)

12.10am American Dad! (AD) **1.00** Two and a Half Men (Series 4) (HD) **1.30-**

2.20am Ibiza Weekender (HD)

+1 hour SKY 180 VIR116 FVIEW 27 FSAT 114

MORE4

SKY 138 HD 138/231 VIR147 HD 203 FVIEW 14 FSAT 124

8.55am Jamie's 15 Minute Meals (HD)(AD) **9.35** Food Unwrapped (HD) **10.05** Come Dine with Me (HD) **11.00am-**

1.55pm Four in a Bed (HD)

1.55-4.40pm Come Dine with Me (HD) **4.40** A Place in the Sun: Home or USA? (HD) **5.45** A Place in the Sun: Summer Sun (HD) **6.50** The Supervet (HD)

7.55 Grand Designs A couple hope to build a functional home in Kent. (HD)(AD)

9.00 Selling Houses with Amanda Lamb NEW EDITION Amanda helps three couples struggling to sell their properties in Barnet and Enfield, including one who need to do something about their dated bathroom and shabby bedrooms. (HD)

10.00 Million Pound Properties 2/2. A 22-year-old goes house-hunting with a million-pound trust fund. (HD)

11.05 24 Hours in A&E (HD)(AD)

12.15am Ramsay's Kitchen Nightmares USA **1.10** Selling Houses with Amanda Lamb (HD) **2.15** Million Pound Properties (HD) **3.15-3.35am** River Cottage Bites (HD)

+1 hour SKY 139 VIR196 FVIEW 125

E4

SKY 136 HD 136/202 VIR144 HD 145 FVIEW 28 FSAT 122

6.00am Made in Chelsea (HD)

6.45 Charmed **7.35** Hollyoaks (HD)(AD) **8.05** Rules of Engagement (HD) **9.00** New Girl (HD)(AD) **10.00** Melissa & Joey (HD) **11.00** Charmed

1.00pm How I Met Your Mother (HD)(AD) **2.00** The Big Bang Theory (HD)(AD) **3.00** Melissa & Joey (HD) **4.00** How I Met Your Mother (HD)(AD) **5.00** New Girl (HD)(AD) **6.00** The Big Bang Theory (Series 3&4) (HD)(AD) **7.00** Hollyoaks (HD)

7.30 The Big Bang Theory

16/24. Howard is offered the chance to go back into space. (Series 7) (HD)(AD)

8.00 The Goldbergs NEW EPISODES 13/24. Beverly turns to Bill for help. (AD)

8.30 14/24. Barry sets about creating a sculpture of Lainey. (Series 3) (AD)

9.00 NEW SERIES The Aliens 1/6. Fantasy drama starring Michael Socha. See feature, page13 (HD)(AD)

10.00 Virtually Famous NEW EDITION With Will Mellor, Gemma Collins, Tez Ilyas and Alex Brooker. (HD)

10.50 Tattoo Fixers (HD)

11.55 The Big Bang Theory (HD) (AD) **12.55am** The Goldbergs (AD) **1.55** Brooklyn Nine-Nine (HD)(AD) **2.20** The 100 (HD) (AD) **3.05** Rules of Engagement (HD) **3.50** Charmed **4.35-**

6.00am Made in Chelsea (HD)

+1 hour SKY 137 VIR146 FVIEW 29 FSAT 123

Sky Living

SKY 107 HD 107/221 VIRGIN 112 HD 111

6.00am Motorway Patrol (HD)
7.00 Nothing to Declare
8.00 Border Security: Canada's Front Line (HD)
9.00 Children's Hospital: Double bill. **10.00** Million Dollar Listing: Miami (HD)
11.00 My Kitchen Rules: Australia: Two pairs compete.
12.00noon-3.00pm Criminal Minds: Triple bill. (Series 1) (HD) **3.00pm** CSI (HD)
5.00 Children's Hospital (HD)
6.00 Nothing to Declare



7.00 My Kitchen Rules...

Sky Atlantic

SKY 108 HD 108/222

6.00am Networks of Power with Sir Christopher Meyer (HD) **7.00** Storm City (HD)
8.00 House (HD) **10.00** The West Wing (Series 4) (HD)
11.00 Blue Bloods (HD)
12.00noon Cold Case (HD)
1.00pm Without a Trace (HD) **2.00** Urban Secrets (HD) **3.00** House (HD)
5.00 The West Wing (HD) **6.00** Blue Bloods: Risk and Reward: 5/23. An undercover officer is taken hostage. (Series 3) (HD)



9.00 The Knick

GOLD

SKY 110 VIRGIN 126

7.00am Ever Decreasing Circles **7.30** Sorry! **8.00** As Time Goes By **8.40** To the Manor Born **9.20-11.20** Last of the Summer Wine: Triple bill.
11.20 My Family **12.40-2.40pm** Only Fools and Horses: Triple bill. **2.40** As Time Goes By **3.20** To the Manor Born
4.00-6.00 Last of the Summer Wine: Triple bill. **6.00** My Family: Michael has some important news. **6.40** Ben forgets about Valentine's Day.



8.00 Only Fools and...

Dave

SKY 111 HD 111/246 VIRGIN 128 HD 194 F'VIEW 12

7.00am Storage Hunters (HD)
7.10 Ice Road Truckers (HD)
8.10 American Pickers: Double bill of the series. (HD) **10.00** Top Gear (HD)
11.00 FILM The Young Warriors: World War Two drama starring James Drury. (HD) (1967, PG, 93min) ★★
1.00pm Top Gear (HD)
2.00 American Pickers: Double bill. (HD) **4.00** Top Gear: Double bill. (HD) **6.00** American Pickers (HD)



10.00 Alan Davies: As...

ITV3

SKY 119 HD 119/263 VIRGIN 117 HD 177 F'VIEW 10 F'SAT 115

6.00am Doctor in the House **6.25** Heartbeat **7.25** Where the Heart Is **8.30** The Royal **9.35-10.55** Judge Judy: Triple bill of the series.
10.55 Wycliffe (HD) **12.00noon** Murder, She Wrote (HD)
1.05pm Heartbeat **2.05** The Royal **3.10** Where the Heart Is
4.15 Doctor in the House **4.50** In Loving Memory **5.20** On the Buses **5.55** Heartbeat: Keeping Secrets: Helen and Rob's wedding day arrives.



8.00 Midsomer...

ITV4

SKY 120 HD 120/268 VIRGIN 118 HD 178 F'VIEW 24 F'SAT 117

6.00am Goals of the 70s (HD)
6.10 Magnum, PI (HD)
7.10 The Chase (HD) **8.10** The Professionals **9.10** The Sweeney **10.10** Ax Men (HD)
11.15 The Chase (HD) **12.15pm** Pawn Stars (HD) **12.45** LIVE Snooker: World Grand Prix: The afternoon session on the opening day. (HD)
5.15 Storage Wars: Brandi and Jarrod reopen the store. (HD)
5.45 The Car Chasers: Double bill of the series. (HD)



12.45 Snooker: World...

7 PM

7.00 My Kitchen Rules New Zealand **NEW EDITION** Sudden death looms, as six teams go head-to-head in a cook-off. (HD)

8 PM

8.00-11.00 Criminal Minds *A Thousand Words*: 20/23. The agents suspect a recently dead serial killer left one of his targets alive. (HD)

9 PM

9.00 Exit Wounds: 21/23. Garcia travels to Alaska to assist the BAU team in the investigation of a small fishing town's first-ever murders. (HD)

10 PM

10.00 The Internet Is Forever: 22/23. A killer uses social networking sites to stalk potential victims. (Series 5) (HD)

11.00 The Blacklist (HD)
12.00m-t-3.20am CSI (HD)
3.20am UK Border Force (HD) **4.15** Border Security: Canada's Front Line (HD) **5.10-6.00am** Nothing to Declare

+1 hour SKY 122 VIRGIN 140

7.00 Cold Case *Torn*: 21/24. Rush and the team investigate the 1919 death of a suffragette. (Series 4) (HD)

8.00 Without a Trace *Watch Over Me*: 9/24. A depressed social worker disappears, and Jack has news for Samantha about Anne. (Series 5) (HD)

9.00 The Knick **NEW EPISODE** *Do You Remember Moon Flower?* 9/10. Gallinger continues to push his eugenics work. (Series 2) (HD)

10.00 Alan Partridge's Mid Morning Matters **NEW EPISODE** 4/6. Alan talks to Jasper Jones about his new book. (Series 2) (HD)
10.30 Girls (HD) **11.05** Vinyl (HD) **12.15am** The Tunnel (HD) **2.10** The Sopranos (HD)
3.15 Blue Bloods (HD) **4.10** Networks of Power with Sir Christopher Meyer (HD) **5.05-6.00am** Storm City (HD)

+1 hour SKY 170

7.20 Bull The business is threatened when a rival antiques firm opens a new branch.

8.00 Only Fools and Horses One of Del's old flames turns up out of the blue.

8.40 Del decides to enter the highly profitable tourist trade.

9.20 Men Behaving Badly Gary decides to make an honest woman of Dorothy.

10.00 The Royle Family *The Queen of Sheba*: Denise is pregnant again.

11.15 Early Doors **11.55** Cheers **12.25am** Shooting Stars **1.05** Absolutely Fabulous **1.45** Men Behaving Badly **2.25** The Royle Family **3.30-4.00am** Early Doors

+1 hour SKY 166 VIRGIN 127

7.00 American Pickers The duo travel to London, where they consider buying a rare motorbike and a telephone box with a risqué history. (HD)

8.00-10.00 QI With John Sessions, Alexander Armstrong, Jeremy Clarkson and Alan Davies.

8.40 Rich Hall, Sean Lock, Jo Brand and Alan Davies answer host Stephen Fry's questions.
9.20 With Rory McGrath, Phill Jupitus, Bill Bailey and Alan Davies.

10.00 Alan Davies: As Yet **Untitled SERIES FINALE** 11/11. Unseen moments from the series. (HD)

11.00 Russell Howard's Good News (HD) **12.20am** QI XL (HD) **1.20** Alan Davies: As Yet **Untitled** (HD) **2.20** Russell Howard's Good News (HD) **3.00-4.00am** Only Connect

+1 hour SKY 214 VIRGIN 129 F'VIEW 84

7.00 Murder, She Wrote *Sticks and Stones*: Jessica tries to uncover the truth about a land sale connected to two suspicious deaths. (HD)

8.00 Midsomer Murders *Dance with the Dead*: A man's apparent suicide shocks the village of Morton Fendle - but things take a sinister turn when Barnaby and Jones discover the victim was not alone when he died.

10.00 A Touch of Frost *Paying the Price*: Jack searches for a kidnapper.

12.00m-t Wycliffe (HD) **1.05-2.20am** Where the Heart Is

+1 hour SKY 193 VIRGIN 174 F'SAT 116

6.45 **LIVE** Snooker: World Grand Prix
 Will Douglas presents coverage of the evening session on the opening day from the Venue Cymru in Llandudno, featuring more matches in the first round. With analysis from Alan McManus and Neal Foulds, and commentary by Clive Everton and Phil Yates. (HD)

11.15 **FILM** Death Race: Sci-fi thriller remake starring Jason Statham and Joan Allen. (HD) (2008, 15, 105min) ★★
1.25am Ax Men (HD) **2.30-2.40am** Movies Now (HD)

+1 hour SKY 206 VIRGIN 175 F'SAT 155

Real Lives

SKY 172 VIRG 160

6.00am UK Border Force
7.00 60 Minute Makeover
9.00 Sun, Sea and A&E
10.00 Jerry Springer
12.00noon The Biggest Loser: Australia **1.00pm** America's Next Top Model
2.00 Four Weddings **3.00** Obese: A Year to Save My Life USA **NEW EDITION**
4.00 Border Security: Canada's Front Line **5.00** Nothing to Declare **6.00** America's Next Top Model
7.00 Bangkok Embassy
8.00 Nothing to Declare
9.00 Sun, Sea and A&E
10.00 Inside Spearhead Rhino Double bill.
11.00 Sexcetera **1.00am** Eurotrash: The Sexy Bits **2.00** When Vacations Attack **3.00** The Devil's Dinner Party **4.00** Sun, Sea and A&E **5.00-6.00am** RSPCA Animal Rescue: Double bill.

+1 hour SKY 173 VIRG 207

Sky2

SKY 129 VIRG 121

6.00am Brainiac: Science Abuse **7.00** Ninja Warrior
8.00 Highway Patrol
9.00 Arrow **10.00** Nothing to Declare
11.00 Inside Gawkick
12.00noon Ninja Warrior
1.00pm Robot Wars
2.00 Arrow **3.00** Four Weddings **4.00** Police Force: Australia **5.00** Robot Wars **6.00** Stargate Universe
8.00 **Moone Boy** 1&2/6. Double bill. (Series 1)
9.00 A League of Their Own: Unseen Out-takes and unseen footage.
10.00 Karl Pilkington: The Moaning of Life The lengths people go to in order to stay healthy.
11.00 Limitless **12.00m-t** The Flash **1.00am** Stella (Series 5) **2.00** Border Security USA **4.00** Nothing to Declare **5.00-6.00am** The Real A&E

Pick

SKY 152 VIRG 123 F'VIEW T1 F'SAT 144

6.00am Sunrise **7.00** Most Haunted **8.00** Sixth Sense with Colin Fry
9.00 Cold Case **10.00** Sanctuary **11.00** Stargate Universe **12.00noon** Motorway Patrol **12.30pm** The Jerry Springer Show
2.00 Highway Patrol
2.30 Customs UK **3.00** Nothing to Declare
4.00 It's Me or the Dog
5.00 Cold Case **6.00** Without a Trace (Series 3)
7.00 Stargate SG-1
8.00 Sanctuary (Series 1)
9.00 A Haunting
10.00 South of Hell **NEW EPISODE** *South of the Border*: 6/8.
11.00 Without a Trace
12.00m-t Supernatural (Series 7) **1.00am** Most Shocking **2.00** Sexcetera **3.00** Cold Case **4.00** Most Haunted **5.00-6.00am** Highway Patrol

+1 hour SKY 153 F'SAT 159

E!

SKY 151 HD 151/239 VIRG 156

7.00am Kourtney and Kim Take Miami **8.00** Just Jillian **9.00** Tia and Tamera **10.00** Keeping Up with the Kardashians
11.00 Total Divas
12.00noon Kourtney and Kim Take Miami
1.00pm Jerseylicious **2.00** Keeping Up with the Kardashians
3.00 Giuliana and Bill **4.00** Total Divas **5.00** Kourtney and Kim Take Miami **7.00** News **8.00** Keeping Up with the Kardashians
9.00 Just Jillian **NEW EDITION** Jillian officiates a wedding. **10.00** Total Divas **11.00** News
12.00m-t Hollywood Medium with Tyler Henry **1.00am** Keeping Up with the Kardashians
1.30 Teleshopping **2.30** News **4.30-5.00am** Celebrity Style Story

+1 hour SKY 229

Alibi

SKY 132 HD 132/247 VIRG 130 HD 200

7.10am Diagnosis Murder
8.00 Murdoch Mysteries (HD) **10.00** The Closer (HD) **11.00** Castle (HD)
1.00pm Sue Thomas: FB Eye **2.00** The Closer (HD) **3.00** Murdoch Mysteries (HD) **4.00** Castle (HD) **6.00** Rizzoli & Isles (Series 5) (HD)
7.00 Rizzoli & Isles (HD)
8.00 Murdoch Mysteries *Summer of '75*: 7/18. (Series 9) (HD)
9.00 Castle **NEW EPISODE** *Witness for the Prosecution*: 10/22. Beckett races to prevent a miscarriage of justice. (Series 8) (HD)
10.00 Criminal Minds: *Suspect Behaviour* (HD)
11.00 Rizzoli & Isles (HD)
1.00am Sue Thomas: FB Eye **2.00** Diagnosis Murder **2.50-4.00am** Murdoch Mysteries (HD)

+1 hour SKY 226 VIRG 131

ITV Be

SKY 179 VIRG 119 HD 179 F'VIEW 26 F'SAT 118

9.00am Be Beautiful **NEW EDITION** (HD) **9.10** The Only Way Is Essex (HD)
10.00 May the Best House Win (HD) **11.00** Who's Doing the Dishes? (HD) **12.05pm** The Jeremy Kyle Show USA **1.00** Jerseylicious (HD)
2.00 The Real Housewives of Atlanta (HD) **3.00** Buying and Selling (HD) **4.00** The Real Housewives of New York City (HD) **6.00** Dinner Date (HD) **7.00** Buying and Selling **NEW EDITION** (HD) **8.00** **NEW SERIES** Bethenny Getting Married (HD)
9.00 The Real Housewives of Atlanta (HD) **10.00** Mob Wives: Miami Monkey (HD) **10.55** Dinner Date (HD)
11.55pm-12.50am The Jeremy Kyle Show USA

+1 hour SKY 207 VIRG 120 F'SAT 158

ITV Encore

SKY 123 HD 123/269

6.00am The Encore Hour
9.00 Always and Everyone
9.55 Upstairs, Downstairs
10.50 Heartbeat **11.45** The Chief **12.40pm** Kavanagh QC (HD)
2.20 Robin of Sherwood
3.25 Heartbeat **4.35** Always and Everyone
5.40 Upstairs, Downstairs
6.50 Agatha Christie's Poirot: *The Lost Mine*. (HD)
8.00 **Downhome Abbey** (HD)
9.00 **Home Fires** 3/6. Kate and Jack's relationship intensifies. (HD)
10.00 **Midwinter of the Spirit** 3/3. Merrily must find the strength to save her daughter's soul. (HD)
11.00 Scott & Bailey (HD)
12.05am Whitechapel (HD) **1.05** Agatha Christie's Poirot (HD)
2.10 Lightfingers (HD)
3.05 Eternal Law **4.00-6.00am** The Encore Hour

+1 hour SKY 208

Comedy Central

SKY 112 **VIRGIN 132**
HD 112/205 **HD 181**

8.00am Two and a Half Men (HD) **9.00** Friends (HD)
10.00 The Middle: Double bill. (HD) **11.00** Malcolm in the Middle: Double bill. (HD)
12.00noon Impractical Jokers: Double bill. (HD) **1.00-3.00pm** Friends: Back-to-back episodes. (HD) **3.00** The Middle: Double bill. (HD)
4.00 Malcolm in the Middle: Double bill. (HD) **5.00-7.00** Friends: Back-to-back episodes of the sitcom. (HD)



10.00 Undateable

7.00 Impractical Jokers The pranksters pose as driving instructors. (HD)
7.30 The guys take jobs at a garden centre. (HD)

8.00 Friends 7/24. Joey's latest date causes him emotional turmoil. (HD)
8.30 8/24. Tag spends Thanksgiving with the gang. (Series 7) (HD)

9.00 The Middle **NEW EPISODE** 14/24. US sitcom. (Series 7) (HD)
9.30 Mike & Molly **NEW EPISODE** 15/22. US sitcom. (Series 5) (HD)

10.00 Undateable **NEW EPISODE** 4/10. (Series 2) (HD) **10.30** Lip Sync Battle (HD) **11.00** Impractical Jokers (HD) **12.00m** The Daily Show **NEW EDITION** (HD)
12.30am Fameless Prankers (HD) **1.00** Bob's Burgers: Double bill. (HD) **2.00** South Park (HD) **3.00-4.10** Two and a Half Men (HD) **4.10-5.00am** The Middle (HD)

+1 hour **SKY 127** **VIRGIN 133**

Syfy

SKY 114 **VIRGIN 135**
HD 114/201 **HD 165**

6.00am Buffy the Vampire Slayer: Double bill. **8.00** Teleshopping **11.00** Star Trek: Deep Space Nine (Series 6)
12.00noon Star Trek: The Next Generation (Series 6) (HD)
1.00pm Defiance **2.00** **FILM** Airplane vs Volcano: Thriller starring Dean Cain. (HD) (2014, 15, 91min) ★
4.00 Buffy the Vampire Slayer: Double bill. **6.00** Star Trek: Deep Space Nine: The Reckoning: 21/26. (Series 6)



9.00 Shaun of the Dead

7.00 Star Trek: The Next Generation Chain of Command - Part Two: 11/26. The Cardassians torture Picard. (Series 6)

8.00 Fact or Faked: Paranormal Files The team travels to Indiana to investigate the video of a ghost-like apparition in a war cemetery. (HD)

9.00 **FILM** Shaun of the Dead Horror comedy starring Simon Pegg, Kate Ashfield, Nick Frost and Lucy Davis. (HD) (2004, 15, 99min) ★★★★★
SEX ●●● **VIOLENCE** ●●● **LANG** ●●●

11.00 **FILM** Tucker & Dale vs Evil: Comedy horror. (HD) (2011, 15, 88min) ★★★
12.50am **FILM** Pandorum: Sci-fi horror. (HD) (2009, 15, 108min) ★★★ **3.00** Defiance (HD) **4.00-6.00am** **FILM** The Hunters (HD) (2013, PG, 85min) ★★

+1 hour **SKY 194** **VIRGIN 136**

W

SKY 109 **VIRGIN 124**
HD 109/245 **HD 191**

6.20am Who Do You Think You Are? (HD) **7.20** MasterChef Australia (HD)
8.20 MasterChef USA (HD)
9.20 The Bill **10.20** EastEnders (HD) **11.00** Tipping Point: Double bill of the quiz show. (HD) **1.00pm** My Dream Home **NEW EDITION** (HD)
2.00 Who Do You Think You Are? Double bill. (HD) **4.00** Choccywoccydoodah (HD)
5.00 My Dream Home (HD)
6.00 Tipping Point (HD)



9.00 Grimm

7.00 MasterChef USA **NEW EDITION** 14/20. The eight eliminated contestants try to win back their place. (HD)

8.00 Bin There, Dump That Harriett is tested by her father. (HD)
8.30 Danny hatches another plan to promote the company. (HD)

9.00 Grimm **NEW EPISODE** Key Move: 11/22. Nick and Monroe move in on the source of a long-gestating mystery. (Series 5) (HD)

10.00 EastEnders As shown on BBC1. (HD)

10.40 Get Me to the Church (HD) **11.40** Grimm (HD)
12.40am Neighbourhood Blues (HD) **1.30** Bin There, Dump That (HD)
2.30-3.00am Derren Brown: Trick of the Mind

+1 hour **SKY 213** **VIRGIN 125**

Universal

SKY 113 **VIRGIN 137**
HD 113/204 **HD 137**

6.00am Royal Pains (HD) **7.00** Teleshopping **8.00** In Plain Sight (HD) **9.00** Numb3rs (HD) **10.00** CSI: Miami (HD)
11.00 NCIS (HD) **12.00noon** Law & Order (HD) **1.00pm** Sea Patrol (HD) **2.00** Rescue Special Ops (Series 3) (HD)
3.00 NCIS (Series 4) (HD)
4.00 Law & Order (Series 16) (HD) **5.00** Sea Patrol (Series 4) (HD) **6.00** Rescue Special Ops: Storm Chaser: 16/22. (Series 3) (HD)



8.00 CSI: Miami

7.00 NCIS Faking It: 4/24. A Russian man becomes the prime suspect when a petty officer is found dead. (Series 4) (HD)

8.00 CSI: Miami Shoot-out: 12/24. Horatio and the team try to find the gang members responsible for a shoot-out in a hospital. (Series 3) (HD)

9.00 NCIS Child's Play: 9/24. The agents launch an investigation into a government organisation dedicated to child prodigies. (Series 7) (HD)

10.00 Law & Order: Special Victims Unit Unorthodox: 13/19. (Series 9) (HD)

11.00 Law & Order: Special Victims Unit (HD) **12.00m** NCIS (HD) **1.00am** Numb3rs (HD) **2.00** Sea Patrol (HD)
3.00 Bates Motel (HD)
4.00 Royal Pains (HD)
5.00-6.00am Quincy ME

+1 hour **SKY 150** **VIRGIN 138**

FOX

SKY 124 **VIRGIN 157**
HD 124/188 **HD 199**

8.00am The Mentalist (HD) **9.00** Leverage (HD) **10.00** The Closer (HD) **11.00** The Mentalist: Double bill. (HD)
1.00pm NCIS: Double bill. (HD) **3.00** Leverage: The Three Strikes Job: 14/15. (Series 2) (HD) **4.00** The Mentalist: Double bill. (Series 3) (HD)
6.00 The Closer: Serving the King - Part One: 14/15. Brenda takes involuntary time off, but ends up assisting an investigation. (Series 2) (HD)



10.00 Family Guy

7.00-10.00 NCIS Hit-and-Run: 13/24. The team is called to the scene of a fatal car crash involving a Marine lance corporal and a student. (HD)

8.00 Canary: 14/24. The team captures a hacker who could help them catch a terrorist plotting to unleash the Ebola virus. (Series 10) (HD)

9.00 Day in Court: 9/24. A petty officer tries to prove he did not murder his ex-girlfriend. (Series 13) (HD)

10.00 Family Guy Stewie meets a kindred spirit who shares his love of advanced weaponry. (HD)

10.30 American Dad! (HD) **11.00** Family Guy **12.00m** American Dad! (HD) **1.00am** Family Guy **2.00** The Walking Dead (HD) **3.00** Family Guy **4.00-5.00am** American Dad!

+1 hour **SKY 165** **VIRGIN 158**

Sky Arts

SKY 121 **VIRGIN 122**
HD 121/223 **HD 206**

6.00am All You Need Is Love **7.00** Art of Survival (HD) **8.00** Celtic Woman: Believe (HD)
9.50 Classical Destinations (HD) **10.00** Hollywood's Best Film Directors (HD)
11.00 Inside the Actors Studio: Jason Bateman **12.00noon** Auction (HD) **1.00pm** Tales of the Unexpected (HD)
2.00 Discovering: Ginger Rogers (HD) **3.00** Callas Assoluta **5.00** Celtic Woman Destiny: Live In Concert (HD)



11.00 Live from the...

7.00 Painting the Johnsons Exploring the life of artist Charlotte Johnson Wahl, the mother of London mayor Boris Johnson. (HD)

8.00 Soundstage Presents Stevie Nicks A concert by the singer-songwriter, who first rose to fame as part of Fleetwood Mac. (HD)

9.00 Shania Twain: Still the One - Live in Las Vegas The Canadian country singer performs hits including I'm Gonna Getcha Good! That Don't Impress Me Much and You're Still the One at the Colosseum in Caesars Palace.

11.00 Live from the Artists Den (HD) **12.00m** Annie Lennox - Nostalgia (HD) **1.15am** Mother of Rock: Lillian Roxon (HD) **2.45** Kate Bush: Sensual World (HD) **3.15** The Seventies (HD) **4.15-6.00am** Quincy Jones: Live in '60

Tuesday

7 PM

8 PM

9 PM

10 PM

CBS Action

SKY 148 **VIRG 192** **F'VIEW 64** **F'SAT 137**

9.00am JAG **10.00** MacGyver **11.00** Star Trek: Deep Space Nine **12.00noon** Star Trek
1.00pm The High Chaparral **2.00** NCIS
4.00 Walker, Texas Ranger **5.00** JAG **6.00** Star Trek (Series 3)
7.00 MacGyver: The Visitor: 10/21. (Series 6)
8.00 Star Trek: Deep Space Nine The Begotten: 12/26. Kira goes into labour. (Series 5)
9.00 NCIS Broken Bird: 13/25. Ducky is accused of war crimes. (Series 6)
10.00 Bad Girls 15/18. Di joins the Larkhall women as an inmate. (Series 7)
10.55 Walker, Texas Ranger (Series 9)
11.55 NCIS 12.55am Bad Girls 1.45 Nash Bridges 2.45 Harper's Island 3.35 Walker, Texas Ranger **4.20-6.00am** Hawaii Five-O (Series 5)

CBS Drama

SKY 149 **VIRG 197** **F'VIEW 74** **F'SAT 134**

9.00am Knots Landing **11.00** Judging Amy
12.00noon Judge Judy **1.00pm** Hawaii Five-O
2.00 The High Chaparral **3.00** Matlock **4.00** Judge Judy **5.00** Judging Amy **6.00** Dr Quinn: Medicine Woman
7.00 Cheaters Hidden cameras expose unfaithful partners.
8.00-10.00 Judge Judy Back-to-back editions of real-life small-claims cases on issues affecting family life, presided over by former New York judge Judge Sheindlin.
10.00 Cheaters Hidden camera footage is gathered to expose unfaithful partners.
11.00 Cheaters **12.00m** Jerry Springer **12.55am** Cops **1.55** Beverly Hills 90210 **2.55** Hawaii Five-O **3.50-5.00am** The High Chaparral

4Seven

SKY 140 **VIRG 195** **F'VIEW 110/47** **F'SAT 127**

9.00am Come Dine with Me (HD) **10.00** A Place in the Sun: Winter Sun (HD) **11.00** A New Life in the Sun (HD)
12.00noon Location, Location, Location (HD)
1.00pm Undercover Boss USA (HD) **2.00** A New Life in the Sun (HD)
3.00 Selling Houses with Amanda Lamb (HD)
4.00 Amazing Spaces: Floating Homes (HD)
5.00 Location, Location, Location (HD) **6.00** Come Dine with Me (HD) **8.00** Great Canal Journeys (HD)
9.00 **FILM** American Hustle (HD) (2013, 15, 135min) ★★★★★
11.40 Secrets of the Sauna (HD) **12.40am** How to Get a Council House (HD)
1.40 The Secret Life of the Pub (HD) **2.35** Food Unwrapped (HD) **3.00** Couples Come Dine with Me (HD) **3.50-4.50am** A New Life in the Sun (HD)

5USA

SKY 174 **VIRG 153** **F'VIEW 21** **F'SAT 129**

9.00am Rookie Blue **10.00** Person of Interest
12.00noon CSI **1.00pm** NCIS **2.00** Access
2.10 The Deadly Dress: Garage Sale Mystery 4
4.00 NCIS **5.00** CSI: Broken City **5.55** Access **6.00** CSI: Miami
7.00 NCIS Hiatus - Part One: 23/24. Gibbs is injured in an explosion.
8.00 Hiatus - Part Two: 24/24. Gibbs emerges from his coma. (Series 3)
9.00 Law & Order: Special Victims Unit Traumatic Wound: 21/24. A girl is brutally assaulted at a concert. (Series 14)
10.00 Rescue: 10/24. Cragen orders Benson off a case. (Series 12)
11.00 Law & Order **11.55** CSI **1.55am** CSI: Miami **2.55** Chicago PD **3.35-4.05am** My Name Is Earl

SKY 219 **VIRG 154** **F'VIEW 83** **F'SAT 130**

5STAR

SKY 176 **VIRG 151** **F'VIEW 30** **F'SAT 131**

9.00am Gilmore Girls **11.00** My Wife and Kids
12.00noon Now That's Funny! **1.00pm** Dance Moms **2.00** Murdered: Nightmare Neighbour Next Door
3.00 Neighbours **3.30** Home and Away **4.00** 8 Simple Rules **5.00** My Wife and Kids **5.55** Access **6.00** Neighbours **6.30** Home and Away
7.00 Dance Moms **8.00** Tattoo Disasters UK **9.00** Heroes Reborn **NEW EPISODE** The Needs of the Many: 4/13.
10.00 The Shannara Chronicles 2/10.
10.55 Violent Child, Desperate Parents
11.55 The Great British Benefits Handout
12.55am Scrubs **1.55** Wentworth Prison **2.55-4.00am** Ridiculousness

+1 hour **SKY 190** **F'SAT 132**

True Ent

SKY 184 **VIRG 189** **F'VIEW 61** **F'SAT 142**

6.00am The Waltons **7.00** Little House on the Prairie **8.00** The Waltons
10.00 Touched by an Angel **11.00** Little House on the Prairie
12.00noon The Avengers **1.00pm** **FILM** An Unfinished Affair (1996, PG, 90min) ★★ **3.00** Perry Mason: The Case of the Fatal Fashion **5.00** Highway to Heaven **6.00** Touched by an Angel
7.00 M*A*S*H (Series 8)
8.00 The Avengers Pandora: 31/33. (Series 6)
9.00 **FILM** Criminal Passion Psychological thriller starring Jere Burns and Brooke Langton. (1995, 15, 86min) ★★
11.00 **FILM** Who Will Love My Children? Fact-based drama with Ann-Margret. (1983, PG, 95min) ★★
1.00-3.00am Perry Mason: The Case of the Reckless Romeo

Drama

SKY 158 **VIRG 190** **F'VIEW 20** **F'SAT 162**

7.10am The Bill **8.00** Dangerfield **9.00** Pie in the Sky **10.00** Lovejoy
11.00 The Bill **1.00pm** Last of the Summer Wine
1.40 Terry and June
2.20 Birds of a Feather **3.00** Dangerfield **4.00** Pie in the Sky **5.00** Lovejoy **6.00** Birds of a Feather **6.40** Last of the Summer Wine
7.20 Whatever Happened to the Likely Lads?
8.00 Inspector George Gently Goodbye China: The detective looks into the death of a former informant.
10.00 Jonathan Creek The Seer of the Sands: A sceptical researcher returns from the dead.
11.20 Birds of a Feather **12.00m** The Bill
1.00am Pie in the Sky **2.00** Lovejoy **3.00** Birds of a Feather **3.30-4.00am** Garden Makers

TUESDAY Entertainment & Lifestyle

AMC

SKY 192
HD 192/276

Programmes start at 7pm.

7.00pm FILM Robin Hood: Men in Tights Mel Brooks's comedy spoof of the Robin Hood legend, starring Cary Elwes and Amy Yasbeck. (1993, PG, 102min) ★★

9.00 Manhattan The Understudy: 10/13. Frank explores an unusual solution to an ignition problem.

10.00 Breaking Bad ABQ: 13/13. Skyler's frustration comes to a head as Walt's lies begin to unravel. (Series 2)

11.00 FILM Almost Famous: Writer-director Cameron Crowe's semi-autobiographical rock 'n' roll drama. (2000, 15, 126min) ★★ ★★ **1.15am** Manhattan: *The Understudy*. **2.15** Fear the Walking Dead: *Pilot*. **3.35-5.30am** Rectify

CBS Reality

SKY 146 VIRGIN 148 F'VIEW 66 F'SAT 135

9.00am Judge Judy **10.00** The Super **11.00** Rapid Response **12.00noon** Neighbours at War **1.00-3.00pm** Judge Judy: Back-to-back editions.

3.00 Unsolved Mysteries **5.00-7.00** Judge Judy: Back-to-back editions.

7.00 Medical Detectives Double bill of the series.

8.00 Troubled Teens: Jail Shock Placing at-risk teens in a programme to steer them away from a life of crime.

9.00 Killer Doctors on Death Row The dark motives of some medical professionals.

10.00 Cold Blood

11.00 Medical Detectives: Double bill. **12.00m't** I Survived **1.00am** Killer Doctors on Death Row **2.00** Cold Blood **3.00** Shopping **4.00** The Super **4.25** Dog and Beth: On the Hunt **5.10-6.00am** Heir Hunters

+1 hour SKY 147 VIRG 201 F'VIEW 67 F'SAT 136

Challenge

SKY 145 VIRGIN 139 F'VIEW 46 F'SAT 145

6.00am Deal or No Deal: Double bill. **7.30** Countdown **8.00** Golden Balls **9.00** Pointless **10.00** The Chase **11.00** Blockbusters: Double bill. **12.00noon** Dale's Supermarket Sweep

12.30pm Bruce's Price Is Right **1.00** Strike It Rich **1.30** Bullseye **2.00** Pointless **3.00** The Chase **4.00** Blockbusters: Double bill. **5.00** Total Wipeout: Hosted by Richard Hammond. **6.00** Robot Wars **7.00** Pointless Celebrities **8.00** Pointless

9.00 The Chase **10.00** Classic Who Wants to Be a Millionaire? **11.00** Bullseye: Double bill. **12.00m't** Bruce's Price Is Right **12.30am** Dale's Supermarket Sweep **1.00** Pointless **2.00** Pointless Celebrities **3.00** Total Wipeout **4.00** Robot Wars **5.00-6.00am** Golden Balls

+1 hour SKY 164 VIRG 180 F'VIEW 46 F'SAT 146

Comedy Central extra

SKY 128 VIRGIN 182

9.00am Anger Management **10.00** Impractical Jokers **11.00am-1.00pm** Friends: Back-to-back episodes of the sitcom. **1.00pm** Rules of Engagement **2.00** Impractical Jokers **3.00** Bob's Burgers **4.00** Friends: Double bill. **5.00** Impractical Jokers: Double bill. **6.00** Rules of Engagement: Double bill. **7.00** Malcolm in the Middle: Double bill. **8.00** Bob's Burgers: Double bill. **9.00** Lee Evans: Roadrunner **10.00** Impractical Jokers **11.00** Friends: Double bill.

12.00m't The Middle **1.00am** Malcolm in the Middle **1.30** Workaholics **2.00** The Daily Show **2.30** Peter Kay at the Comedy Store **3.00** Comedy Central at the Comedy Store **3.25** Threesome **3.50** Sir Leslie Quint: A Life in Film **3.55** South Park **4.20-6.00am** The King of Queens

+1 hour SKY 159

DMax

SKY 167 VIRGIN 170

6.00am Operation Repo **7.00** Custom My Ride **8.00** Tanked **9.00** American Chopper **10.00** Extreme Car Hoarders **11.00** Operation Repo

12.00noon Running Wild with Bear Grylls **1.00pm** River Monsters **2.00** American Guns **3.00** Redwood Kings **4.00** Tanked: Double bill. **6.00** American Guns

7.00 Operation Repo

8.00 Gold Divers: Under the Ice Glen clashes with Zeke.

9.00 Alaska: The Last Frontier

10.00 Running Wild with Bear Grylls Actor and director Ben Stiller joins Bear.

11.00 Tattoo Hunter **12.00m't** River Monsters **1.00am** Extreme Car Hoarders **2.00** Custom My Ride **3.00** Operation Repo **3.50** American Hot Rod **4.40** American Chopper **5.30-6.00am** Mystery Hunters

+1 hour SKY 233 VIRG 171

Food Network

SKY 248 VIRGIN 291 F'VIEW 41 F'SAT 149

6.00am Barefoot Contessa **7.00** Anna Olson: Fresh: Double bill. **8.00** Ace of Cakes **9.00** The Pioneer Woman **10.00** Korean Food Made Simple: Double bill.

11.00 Nigella Bites **12.00noon** Jamie's 15 Minute Meals **1.00pm** Barefoot Contessa - Back to Basics **2.00** Korean Food Made Simple **3.00** The Pioneer Woman **4.00** Ready Steady Cook **5.00** Ace of Cakes **6.00** Jamie's 15 Minute Meals

7.00 Korean Food Made Simple **NEW EDITIONS** Double bill. **8.00-10.00** Diners, Drive-Ins and Dives: Back-to-back editions. **10.00** Restaurant: Impossible **11.00** Mystery Diners: Double bill. **12.00m't** Diners, Drive-Ins and Dives **1.00am** Restaurant: Impossible **2.00-3.00am** Diners, Drive-Ins and Dives

+1 hour SKY 250 F'SAT 151

Good Food

SKY 133 VIRG 278
HD 133/255 HD 280

6.00am Highlights **9.00** Nigel Slater's Simple Suppers (HD) **10.00** You Gotta Eat Here **NEW EDITIONS** (HD) **11.00** MasterChef: The Professionals (HD) **12.00noon** The Little Paris Kitchen: Cooking with Rachel Khoo (HD) **1.00pm** Jamie's 30 Minute Meals (HD)

2.00 Nigel Slater's Simple Suppers (HD) **3.00** You Gotta Eat Here (HD) **4.00** MasterChef: The Professionals (HD) **5.00** The Little Paris Kitchen: Cooking with Rachel Khoo (HD) **6.00** Jamie's 30 Minute Meals (HD) **7.00** Nigel Slater's Simple Suppers (HD)

8.00 You Gotta Eat Here (HD) **9.00** MasterChef: The Professionals (HD) **10.00** Jamie's 30 Minute Meals (HD) **11.00** Nigel Slater's Simple Suppers (HD) **12.00m't** You Gotta Eat Here (HD) **1.00am** Market Kitchen: Big Adventure (HD) **2.00-6.00am** Highlights

+1 hour SKY 243 VIRG 279

Home

SKY 196 VIRGIN 281 F'VIEW 25

7.00am Ground Force **8.00** DIY SOS **9.00** DIY SOS: The Big Build **10.00** Escape to the Country **11.00** Ground Force **12.00noon** Homes Under the Hammer

1.00pm DIY SOS **2.00** DIY SOS: The Big Build **3.00** A Place in the Sun: Winter Sun **4.00** Escape to the Country **5.00** Fantasy Homes by the Sea **6.00** Ground Force **7.00** Homes Under the Hammer

8.00 DIY SOS: The Big Build Tackling a house in Hereford.

9.00 Escape to the Country People search for their ideal rural retreats.

10.00 A Place in the Sun: Winter Sun From Antigua.

11.00 Fantasy Homes by the Sea **12.00m't** Homes Under the Hammer **1.00am** Escape to the Country **2.00** A Place in the Sun: Winter Sun **3.00-4.00am** Ground Force

+1 hour SKY 244 VIRG 282

Home & Health

SKY 240 VIRGIN 284

6.00am Bad Dog! **7.00** Bondi Vet **8.00** Hospital Sydney **9.00** MasterChef Australia **10.30** I Didn't Know I Was Pregnant **11.00** Homes Under the Hammer **1.00pm** MasterChef Australia **2.30** I Didn't Know I Was Pregnant

3.00 Homes Under the Hammer **5.00** Hospital Sydney: Double bill. **7.00** MasterChef Australia **8.30** I Didn't Know I Was Pregnant: A flight attendant learns she is pregnant. **9.00** Born with an Extra Body: Body Bizarre

10.00 Untold Stories of the ER **11.00** I Didn't Know I Was Pregnant: Double bill. **12.00m't** Dr G: Medical Examiner **1.00am** Hoarding: Buried Alive **2.00** Lottery Changed My Life **3.00** Born with an Extra Body: Body Bizarre **4.00-6.00am** Homes Under the Hammer

+1 hour SKY 241 VIRG 285

Lifetime

SKY 156 VIRG 208
HD 156/236 HD 209

6.00am Property Brothers (HD) **7.00** Sarah Beeny's Selling Houses (HD) **8.00** Flipping Boston (HD) **9.00-11.00** Judge Judy (HD) **11.00** Pawn Stars (HD) **12.00noon** Sarah Beeny's Selling Houses (HD) **1.00pm** Flipping Boston (HD)

2.00 Judge Judy (HD) **3.00** Hardcore Pawn **4.00** Dance Moms (HD) **5.00** Don't Tell the Bride (HD) **6.00** Hardcore Pawn **7.00** Judge Judy **NEW EDITIONS** (HD) **8.00** Judge Judy (HD) **9.00** The Real Housewives of Beverly Hills **NEW EDITION** (HD)

10.00 Shans of Sunset **NEW EDITION** (HD) **11.00** Atlanta Plastic (HD) **12.00m't** The Real Housewives of Beverly Hills (HD) **1.00am** Shans of Sunset (HD) **2.00** Hardcore Pawn **3.00** Witches of East End (HD) **4.00** Dance Moms (HD) **5.00** Pawn Stars (HD) **5.20-6.00am** Hardcore Pawn (HD)

+1 hour SKY 197

Quest

SKY 144 VIRG 172 F'VIEW 37

6.00am John Wilson's Dream Fishing **6.20** Robson Green: Ultimate Catch **7.10** Scrapheap Challenge **8.00** How It's Made **9.00** Designer Homes **10.00** Salvage Hunters **11.00** Put Your Money Where Your Mouth Is **12.00noon** Mighty Ships **1.00pm** Overhauled

2.00 Wheeler Dealers **3.00** Wrecks to Riches **4.00** Gold Rush **5.00** Deadliest Catch **6.00** Wheeler Dealers **7.00** Salvage Hunters **8.00** Outback Truckers **9.00** How Things Work **NEW EDITION**

10.00 Heli-Loggers **11.00** Deadliest Catch **12.00m't** On the Case with Paula Zahn **NEW EDITION** **1.00am** Forensic Detectives **2.00** Put Your Money Where Your Mouth Is **3.00** Scrapheap Challenge **4.00** Put Your Money Where Your Mouth Is **5.00-6.00am** The Garage

+1 hour SKY 195 VIRG 173 F'VIEW 38

Really

SKY 155 VIRGIN 283 F'VIEW 17 F'SAT 164

6.00am Ghost Adventures **7.00** Shopping **8.00** Homes Under the Hammer **9.00** Escape to the Country **10.00** Four in a Bed **11.00** Cash in the Attic **12.00noon** Escape to the Country

1.00pm Antiques Road Trip **2.00** A Place in the Sun: Home or Away **3.00** Homes Under the Hammer **4.00** Ghost Adventures **5.00** Most Haunted **6.00** Homes Under the Hammer **7.00** Escape to the Country **8.00** Animal SOS **NEW EDITION**

9.00 Martin Clunes: A Man and His Dogs **10.00** 21-Year-Old Baby: The story of a woman who suffers from a disorder that leaves her trapped in the mind and body of a baby. **11.00** I Survived Evil **12.00m't** Most Haunted **1.00am** Cheaters **2.00** Home Shopping **4.00** Dr G: Medical Examiner **5.35-6.00am** Rescue: Code One

Shed

SKY 242 VIRGIN 286

6.00am Thinking Tackle **8.00** Total Fishing with Matt Hayes **9.00** John Wilson's Fishing World **10.00** Property Wars

11.00am-2.00pm Mythbusters: Triple bill. **2.00pm** Custom My Ride **4.00** Hooked on Fishing: Double bill of the series. **5.00** Thinking Tackle

7.00 Total Fishing with Matt Hayes Double bill.

8.00 John Wilson's Fishing World Chris Tarrant joins the angler in Arkansas.

8.30 Dave Lewis joins the angler in the Arctic Circle.

9.00 Storm Chasers The Doppler on Wheels team is thrown into chaos.

10.00 Custom My Ride Double bill of the series.

12.00m't You Have Been Warned **1.00am** Destroyed in Seconds: Double bill. **2.00** Thinking Tackle **3.50** Storm Chasers **4.40** Hooked on Fishing **5.30-6.00am** Supermodels: HMS Fearless

Sony Channel

SKY 157 VIRGIN 193

7.00am 'Til Death **8.00** Ghost Hunters **10.00** How to Look Good Naked: Double bill.

12.00noon FILM Fun with Dick and Jane: Satirical comedy starring George Segal and Jane Fonda. (1976, PG, 100min) ★★ ★

2.00pm 10 Years Younger New Zealand **3.00** How to Look Good Naked: Double bill.

5.00 Ghost Hunters International **6.00** Ghost Hunters **7.00** Ghost Hunters

8.00 Ghost Hunters International **9.00** **NEW SERIES** The Night Shift **10.00** Secret Diary of a Call Girl **11.00** Ghost Hunters **12.00m't** How to Look Good Naked **12.50am** Ghost Hunters International: Double bill. **2.30** How to Look Good Naked **3.20** Will & Grace (Series 6) **3.50-4.00am** Sony Movie News Extra

+1 hour SKY 181

Spike

SKY 160 F'VIEW 31 F'SAT 141

9.00am Access **9.05** Bar Rescue **10.00** Cops: Double bill. **11.00** Stobart: Trucks, Trains & Planes **12.00noon** Police Interceptors: Double bill. **2.00pm** FILM Battle of the V.I.: World War Two drama. (1958, b/w, PG, 109min) ★★

4.10 World's Scariest Animal Attacks **5.00** Stobart: Trucks, Trains & Planes: A 500-mile trip. **6.00** Police Interceptors

7.00 Police Interceptors A crash ruptures a gas main.

8.00 Robson's Extreme Fishing Challenge Robson Green takes on some of Mozambique's best anglers.

9.00 World's Scariest Drivers A bulldozer driver runs amok.

10.00 Chasing Monsters: Beastly Billfish **NEW EDITION** Cyril Chauquet goes fishing for sailfish in Mexico.

11.00 Chasing Monsters **12.00m't** Police Interceptors **1.00am** Bar Rescue **2.00-3.00am** 19-2

TLC

SKY 125 VIRG 167
HD 125/234 HD 168

6.00-8.30am The Golden Girls **8.30** MasterChef Australia **9.00** Long Island Medium (HD) **10.00am-12.00noon** Say Yes to the Dress (HD) **12.00noon** MasterChef Australia **1.00pm** Extreme Couponing (HD)

2.00 Cake Boss: The Next Great Baker (HD) **3.00** Something Borrowed, Something New (HD) **4.00** Say Yes to the Dress: Bridesmaids (HD) **5.00** Say Yes to the Dress (HD) **6.00** Long Island Medium (HD) **7.00** Say Yes to the Dress (HD)

8.00 Cake Boss (HD) **9.00** Long Island Medium **NEW EDITIONS** (HD) **10.00** Sex Sent Me to the ER **NEW EDITION** (HD) **11.00** Hoarding: Buried Alive (HD) **12.00m't** Cake Boss (HD) **1.00am** Long Island Medium (HD) **2.00** Sex Sent Me to the ER (HD) **3.00** Toddlers & Tiaras (HD) **4.00** Extreme Couponing (HD) **5.00-6.00am** Say Yes to the Dress: Bridesmaids (HD)

+1 hour SKY 154 VIRG 169

TruTV

SKY 198 F'VIEW 68 F'SAT 154

6.00-8.00am Psychic Detectives: Back-to-back editions. **8.00-9.30** Body of Evidence **9.30-11.00** Psychic Detectives: Triple bill. **11.00am-12.30pm** Hot Bench: Triple bill of the series.

12.30-2.00pm Psychic Detectives: Triple bill. **2.00** Suburban Secrets: Double bill. **3.00** Snapped: Women Who Kill: Double bill. **5.00** Stranger In My Home **6.00** Suburban Secrets: Double bill.

7.00-11.00 Container Wars: Back-to-back editions. The fast-paced world of shipping port auctions.

11.00 Snapped: Women Who Kill: Stories of apparently normal women who turned to murder **12.00m't-2.15am** Psychic Detectives: Back-to-back editions. **2.15am** Crime Stories **3.00-4.15** Hot Bench: Triple bill. **4.15** Masterminds: Double bill of the series. **5.00-6.00am** Crime Stories

YourTV

SKY 275 F'VIEW 72

9.00am-1.00pm Quincy ME: Back-to-back episodes of the drama. **1.00pm** DogTown: Double bill of the series.

3.00 Snapped: Killer Couples **4.00** Snapped: Women Who Kill **5.00** DogTown: Double bill of the series.

7.00 Snapped: Women Who Kill The story of Stephanie Lazarus, who murdered her ex-boyfriend's new wife.

8.00 Unusual Suspects Looking back on challenging police investigations.

9.00 Sensing Murder A father is stabbed to death.

10.00 Ghostly Encounters **10.30** From beyond the grave, dead loved ones comfort the bereaved Pauline and Stacey.

11.00 Ghostly Encounters: Double bill. **12.00m't** Snapped: Killer Couples **1.00am** Sensing Murder **2.00-3.00am** Ghostly Encounters: Double bill.

Discovery

SKY 520
HD 520/561VIRGIN 250
HD 251

6.00am How It's Made: Double bill. **7.00** Mythbusters (HD) **8.00** Railroad Alaska (HD) **9.00** Fast N' Loud: Double bill. (HD) **11.00** Wheeler Dealers: Double bill. (HD) **1.00pm** Rockin' Roadsters (HD) **2.00** Alaska: The Last Frontier: Double bill. (HD) **4.00** Gold Divers (HD) **5.00** Auction Hunters: Pawn Shop Edition: Double bill. (HD) **6.00** Fast N' Loud: The duo head to a swap meet. (HD)



9.00 Gold Rush

7.00 Fast N' Loud Members of the crew work on the Ferrari F40, and embark on one of their most expensive builds to date. (HD) **8.00 Gold Rush: The Dirt NEW EDITION** Behind-the-scenes interviews with the miners, who provide an insight into their daily lives. (HD)

9.00 Gold Rush SERIES FINALE The prospectors shut up shop in Alaska, as the mining season draws to a close. (HD)

10.30 Gold Rush: The Dirt **SERIES FINALE** (HD) **11.00** David Baddiel on the Silk Road (HD) **12.00m't** Gold Rush (HD) **1.30am** Gold Rush: The Dirt (HD) **2.00** Alaska: The Last Frontier (HD) **3.00** Gold Rush (HD) **4.15** Gold Rush: The Dirt (HD) **4.40-6.00am** How It's Made

+1 hour SKY 521 VIRGIN 252

Animal Planet

SKY 523
HD 523/562VIRGIN 256
HD 257

6.00am Wildlife at the Zoo: Double bill. (HD) **7.00** My Cat from Hell: Double bill. (HD) **9.00** Miami Animal Police **10.00** Animal Cops Phoenix: Double bill of the series. **12.00noon-3.00pm** Animal Cops Houston: Triple bill. **3.00pm** My Cat from Hell: Double bill. (HD) **5.00** Miami Animal Police **6.00** Tanked: Brett and Wayde reveal some unseen moments from the series. (HD)



9.00 Dr Dee: Alaska Vet

7.00 Tanked Wayde meets basketball star Shaquille O'Neal, who requests an aquarium built inside the front end of a semi-truck. (HD) **8.00 Bondi Vet NEW EDITION** Tim faces a terrifying challenge, and a touch of glamour hits the clinic as Chris treats couture canines. (HD)

9.00 Dr Dee: Alaska Vet NEW EDITION Dr Dee and her team attempt to helicopter rescue a wounded horse. (HD)

10.00 Finding Bigfoot: The team discovers an area shrouded in mystery. (HD) **11.00** Compelling evidence brings the investigative team back to New Jersey. (HD) **12.00m't** Animal Cops Phoenix: Double bill. **2.00-4.40am** Animal Cops Houston: Triple bill. **4.40** K9 Cops (HD) **5.30-6.00am** The Diamond Collar (HD)

+1 hour SKY 549 VIRGIN 258

Nat Geographic

SKY 526
HD 526/543VIRGIN 266
HD 268

8.00am Highway Thru Hell (HD) **9.00** World War II: The Apocalypse (HD) **10.00** Air Crash Investigation (HD) **11.00** Nazi Secrets (HD) **12.00noon** Sex in the Stone Age (HD) **1.00pm** China's Lost Pyramids (HD) **2.00** Big, Bigger, Biggest (HD) **3.00** Air Crash Investigation (HD) **4.00** Supercars (HD) **5.00** Lawless Island (HD) **6.00** Car SOS: Fuzz and Tim restore a Ford Cortina. (HD)



9.00 Billy The Kid...

7.00 FILM He Named Me Malala Documentary following teenage activist Malala Yousafzai, who survived an assassination attempt to become a leading figure in the fight for global female education. (HD) (2015, PG, 86min) ★★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 NEW Billy The Kid: New Evidence Examining a recently discovered photograph of the outlaw and two members of his gang, and the struggle to prove its authenticity. (HD)

11.00 Air Crash Investigation (HD) **12.00m't** Yukon Gold (HD) **1.00am** Billy The Kid: New Evidence (HD) **3.00** World War II: The Apocalypse (HD) **4.00-5.00am** Air Crash Investigation (HD)

+1 hour SKY 527 VIRGIN 267

History

SKY 529
HD 529/545

VIRGIN 270

8.00-10.00am Pawn Stars: Back-to-back editions. (HD) **10.00** American Pickers (HD) **11.00am-1.00pm** Storage Wars: Back-to-back editions of the series. (HD) **1.00-3.00pm** Pawn Stars: Back-to-back editions. (HD) **3.00** Shipping Wars (HD) **4.00** Storage Wars (HD) **5.00** Pawn Stars: Double bill. (HD) **6.00** American Pickers: Mike and Frank get a surprise at a Kansas junkyard. (HD)



10.00 Texas Rising

7.00 Storage Wars Darrell lets Brandon take some responsibility. (HD) **7.30** Jarrod and Brandi learn that big wins come in small packages. (HD) **8.00** Pawn Stars A vintage Schwinn Whizzer and a Stretch Armstrong. (HD) **8.30** A military ID signed by Marilyn Monroe amuses the staff. (HD)

9.00 Storage Wars NEW EDITION The buyers are hit by a snow storm. (HD) **9.30** The buyers struggle in Santa Ana. (HD)

10.00 Texas Rising **SERIES FINALE** 10/10. Drama set during the Texas Revolution, following the rise of the Texas Rangers. (HD) **11.00pm-1.00am** Storage Wars: Back-to-back editions. (HD) **1.00am** Texas Rising (HD) **2.00** Storage Wars: Double bill. (HD) **3.00** Pawn Stars: Double bill. (HD) **4.00-5.00am** American Pickers (HD)

+1 hour SKY 530 VIRGIN 271

Yesterday

SKY 537
HD 537VIRGIN 245
HD 245F'VIEW 19
HD 163

6.05am Highlights **8.00** Antiques Roadshow **9.00** Wars of the Roses: A Time Team Special **10.00** The World's Weirdest Weapons **11.00** WWII: Countdown to Victory **12.00noon** The Secret of Lincoln Jail: A Time Team Special **1.00pm** Monarchy by David Starkey **2.00** Queen Victoria's Children **3.00** Coast **4.00** Wars of the Roses: A Time Team Special **5.00** The World's Weirdest Weapons **6.00** WWII: Countdown to Victory



9.00 Impossible...

7.00 Coast The team explores Ireland's Atlantic coast, learning about John F Kennedy's trip to Galway in 1963.

8.00 Monarchy by David Starkey David examines the reigns of James VI, the first king of both England and Scotland, and his son Charles I.

9.00 Impossible Engineering Examining the Rion-Antirion Bridge, which links the Peloponnese peninsula to mainland Greece.

10.00 Blackadder II Edmund is appointed Lord High Executioner.

10.40 Yes Minister **11.20** Steptoe and Son **12.00m't** The World's Weirdest Weapons **1.00am** WWII: Countdown to Victory **2.00-3.00am** The Man Who Discovered Egypt

+1 hour SKY 538 VIRGIN 246

Eden

SKY 532
HD 532/563VIRGIN 247
HD 249

9.00am Secret Life Underground (HD) **10.00** Secrets of the Earth (HD) **11.00** Hurricane 360 (HD) **12.00noon** Tarsier Tails: Double bill. (HD) **1.00pm** Hidden Kingdoms (HD) **2.00** Monster Bug Wars (HD) **3.00** Secret Life Underground (HD) **4.00** Secrets of the Earth (HD) **5.00** Hurricane 360 (HD) **6.00** Tarsier Tails: Double bill of animal antics from the island of Sulawesi. (HD)



7.00 Hidden Kingdoms

7.00 Hidden Kingdoms Survival techniques used by the animal kingdom's smallest creatures, including the grasshopper mouse. (HD)

8.00 Monster Bug Wars A rainforest mantis takes on a spiky leaf insect, and a bull ant battles a redback spider. (HD)

9.00 Secret Life Underground SERIES FINALE Exploring the biodiversity of soil. (HD)

10.00 Secrets of the Earth: The possible man-made causes of earthquakes. (HD) **11.00** Hurricane 360 (HD) **12.00m't** Tarsier Tails: Double bill. (HD) **1.00am** Hidden Kingdoms (HD) **2.00** Monster Bug Wars (HD) **3.00** Secret Life Underground (HD) **4.00** Secrets of the Earth (HD) **5.00-6.00am** Hurricane 360 (HD)

+1 hour SKY 533 VIRGIN 248

Disc. History

SKY 535
HD 535

VIRG 262

6.00am Top Tens **8.00** Greatest Tank Battles **9.00** Ultimate Weapons **10.00** Battlefield: Double bill. **12.00noon** Greatest Tank Battles **1.00pm** World War II in Colour **2.00** Hitler: A Profile **3.00** Rory McGrath's Best of British Engineering **4.00** Ultimate Weapons **5.00** Greatest Tank Battles **6.00** World War II in Colour **7.00** Codes and Conspiracies **8.00** Biblical Conspiracies **9.00** Who Was Jesus? **10.00** Treasures Decoded **11.00** Ultimate Weapons **12.00m't** Battlefield: Double bill of the series. **2.00am** Codes and Conspiracies **3.00** Rory McGrath's Best of British Engineering **4.00** Weapons of War **5.00-6.00am** Hitler: A Profile

+1 hour SKY 536 VIRG 263

Disc. Science

SKY 525
HD 525

VIRG 259

6.00am Mega Builders **8.00** How Do They Do It? **9.00-11.00** How It's Made: Back-to-back editions. **11.00am-1.00pm** Food Factory: Back-to-back editions. **1.00pm** Extreme Engineering **2.00** Mythbusters: Double bill. **4.00** World's Strangest **5.00** How Do They Do It? **6.00** How It's Made **7.00** Food Factory **8.00** Mythbusters: Double bill. **10.00** How Do They Do It? Double bill. **11.00** Food Factory: Double bill. **12.00m't** The Unexplained Files **1.00am** The World's Strangest UFO Stories **2.00** How Do They Do It? Double bill. **3.00** Mythbusters **3.50** How Do They Do It? **4.40** How Stuff's Made **5.30-6.00am** Tech Toys 360

+1 hour SKY 557 VIRG 260

Nat Geo Wild

SKY 528
HD 528/544VIRGIN 264
HD 265

8.00am Tiger Queen (HD) **9.00** Leopard Queen (HD) **10.00** Mother Warthog (HD) **11.00** Mother Croc (HD) **12.00noon** Elephant Queen (HD) **1.00pm** Hyena Queen (HD) **2.00** Eagle: Queen of the Skies (HD) **3.00** Tiger Queen (HD) **4.00** Leopard Queen (HD) **5.00** The Woman Raised by Monkeys (HD) **7.00** Elephant Queen (HD) **8.00** Yukon Vet (HD) **9.00** Exotic Animal ER: Dr Kelleher assesses a veiled chameleon. (HD) **10.00** Shear Madness: Natalie's sheepdog threatens the flock. (HD) **11.00** Wild Animal A&E (HD) **12.00m't** Wild Mara (HD) **1.00am** Swamp Men (HD) **2.00** Tiger Queen (HD) **3.00** Wild Mara (HD) **4.00-5.00am** Swamp Men (HD)

Turbo

SKY 524
HD 524

VIRG 261

6.00am Overhaulin' Chronicles **7.00** Misfit Garage **8.00** Chasing Classic Cars: Double bill. **9.00** Wheeler Dealers **10.00** Chasing Classic Cars: Double bill. **11.00** Battle Machine Bros **12.00noon** Overhaulin' Chronicles **1.00pm** Chasing Classic Cars: Double bill. **2.00** Misfit Garage **3.00** Fast N' Loud: Double bill. **5.00** Wheeler Dealers: Double bill. **7.00** Fifth Gear **8.00** Chasing Classic Cars **NEW EDITIONS** **9.00pm-12.00m't** Wheeler Dealers: Triple bill. **12.00m't-2.00am** Chasing Classic Cars: Back-to-back editions. **2.00am** Fat N' Furious: Rolling Thunder **3.00** Overhaulin' Chronicles **4.40** Fat N' Furious: Rolling Thunder **5.30-6.00am** Wheeler Dealers

PBS America

SKY 534
HD 534VIRG 276
HD 276

FREESAT 160

6.00am Into the Death Zone: Skywalker **6.50** World War Two: For King and Country **7.40** Into the Death Zone: Skywalker **8.40** The Civil War **10.10** B29: Frozen in Time **11.20** Journeys to the Bottom of the Sea: D-Day the Untold Story **12.25pm** Hell on Hooves **12.55** The Civil War **2.20** B29: Frozen in Time **3.40** Journeys to the Bottom of the Sea: D-Day the Untold Story **4.50** Tales of the Living Dead **5.30** Before the Music Dies **7.20** The Civil War **9.00** Killing Hitler **11.05** The Civil War **12.35am** Into the Death Zone: Skywalker **1.45** Killing Hitler **3.25** Into the Death Zone: Skywalker **4.20** World War Two: For King and Country **5.05-6.00am** Challenging Niagara

CI

SKY 553
HD 553/555

VIRG 275

6.00am Highlights **8.00** After the First 48 (HD) **9.00** Nothing Personal (HD) **10.00** Fatal Vows (HD) **11.00** Crime Stories (HD) **12.00noon** Ice Cold Killers (HD) **1.00pm** Unusual Suspects (HD) **2.00** On the Case with Paula Zahn (HD) **3.00** Homicide Hunter (HD) **4.00** After the First 48 (HD) **5.00** Ice Cold Killers (HD) **6.00** Homicide Hunter (HD) **7.00** Crime Stories (HD) **8.00** Unusual Suspects (HD) **9.00** They Took Our Child: We Got Her Back **NEW EDITION** (HD) **10.00** Vanished with Beth Holloway (HD) **11.00** After the First 48 (HD) **12.00m't** 1,000 Ways to Die (HD) **1.00am** They Took Our Child: We Got Her Back (HD) **2.00** Unusual Suspects (HD) **3.00-6.00am** Highlights

+1 hour SKY 554

H2

SKY 531
HD 531

VIRG 273

8.00am The Lost Evidence **9.00** Mud Men **10.00** Cities of the Underworld **11.00** Brad Meltzer's Lost History **12.00noon** Ancient Aliens **1.00pm** Hangar 1: The UFO Files **2.00** In Search of Aliens **3.00** Beast Legends **4.00** Cities of the Underworld **5.00** Brad Meltzer's Lost History **6.00** Ancient Aliens **7.00** Hangar 1: The UFO Files An alleged shadow government keeping UFO secrets. **8.00** In Search of Aliens The new clues narrowing down the possible location of Atlantis. **9.00** Ancient Aliens **10.00** In Search of Aliens **11.00** Black Sails **12.15am** Hangar 1: The UFO Files **1.15** Ancient Aliens **3.05** Beast Legends **4.05-5.00am** Cities of the Underworld

Sky Premiere

SKY 301 VIRGIN 401
HD 301/314 HD 431

6.00am Barely Lethal 8.00 Revenge of the Green Dragons 9.45 The Top Ten Show 2016 10.10 Ashby 12.00noon Stretch As 10.15pm.
1.45pm Barely Lethal Action comedy starring Hailee Steinfeld, Samuel L Jackson and Jessica Alba. (S) (2015, 12, 96min) ★★★ 3.45 Terminator Genisys As 8.00pm. 6.00 Ashby Comedy drama with Mickey Rourke, Nat Wolff and Emma Roberts. (S) (2015, 15, 100min) ★★★



12.00 Revenge of the Green...

8.00 Terminator Genisys Sci-fi adventure sequel starring Arnold Schwarzenegger and Emilia Clarke. A time traveller sent on a rescue mission discovers a plot to change history beyond recognition. (S) (2015, 12, 126min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 Stretch Comedy thriller starring Patrick Wilson, Chris Pine and Jessica Alba. (2014, 15, 91min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

12.00m't Revenge of the Green Dragons Crime drama starring Ray Liotta. (S) (2014, 15, 94min) ★★

1.45am Unconscious Horror with Wes Bentley. (S) (2015, 15, 90min) ★★

3.15 Revenge of the Green Dragons Crime drama shown at 12.00m't.

5.00 Avengers: Age of Ultron Special Behind the scenes.

5.30-6.00am Boyhood Special

+1 hour SKY 302 VIRGIN 402
HD 302/330 HD 432

Sky Disney

SKY 305 VIRGIN 405
HD 305/332 HD 435

6.00am Duck Tales the Movie: Treasure of the Lost Lamp 7.20 Meet the Robinsons 9.00 Confessions of a Teenage Drama Queen 10.35 The Lion King 12.10pm The Parent Trap 2.20 Duck Tales the Movie: Treasure of the Lost Lamp 3.40 Meet the Robinsons 5.20 The Lion King 7.00 The Parent Trap Comedy remake starring Dennis Quaid. (S) (1998, PG, 122min) ★★★



9.10 The Greatest Game Ever...

The Parent Trap (film started at 7.00pm) SEX ●●● VIOLENCE ●●● LANG ●●●

9.10 The Greatest Game Ever Played Sports drama starring Shia LaBeouf as golfer Francis Ouimet, the first amateur to ever enter the US Open, who ended up defeating the reigning champion in 1913 and changed the sport forever. (S) (2005, PG, 120min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 That Darn Cat Children's adventure starring Christina Ricci and Dean Jones. (1997, U, 86min) ★★

12.55am One of Our Dinosaurs is Missing Comedy starring Peter Ustinov. (S) (1975, U, 94min) ★★★

2.40 Treasure Island Disney adventure starring Robert Newton. (S) (1950, U, 96min) ★★

4.25-6.00am Confessions of a Teenage Drama Queen Teen comedy. (S) (2004, PG, 90min) ★★

Sky Family

SKY 306 VIRGIN 406
HD 306/333 HD 436

6.05am The Fox and the Child 7.50 Penguins of Madagascar Special 8.20 Chitty Chitty Bang Bang 10.50 Dinosaur Island 12.25pm Lego DC Comics Super Heroes: Justice League vs Bizarro League 1.30 Dr Dolittle 3 3.15 Inside Out: Special 3.30 Sky High 5.25 Dinosaur Island 7.00 Lego DC Comics Super Heroes: Justice League vs Bizarro League Animation. (2015, U, 49min) ★★★



9.40 Sky High

8.00 13 Going on 30 Romantic comedy starring Jennifer Garner and Mark Ruffalo. A 13 year-old girl makes a birthday wish and finds herself miraculously transformed into a 30-year-old career woman. (S) (2004, 12, 98min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 Sky High Fantasy starring Michael Angarano, Kurt Russell and Kelly Preston. A teenager starts high school at an elite academy for superheroes, but with no developed super powers of his own, he looks set for a future as a sidekick. (S) (2005, PG, 100min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 Dr Dolittle 3 Comedy starring Kyla Pratt. (S) (2006, PG, 90min) ★

1.05am Chitty Chitty Bang Bang Children's musical fantasy starring Dick Van Dyke and Sally Ann Howes. (S) (1968, U, 136min) ★★

3.30 13 Going on 30 As 8.00pm.

5.10-6.50am The Fox and the Child Adventure narrated by Kate Winslet. (S) (2007, U, 94min) ★★

Sky Action/Adventure

SKY 307 VIRGIN 407
HD 307/334 HD 437

6.00am The Golden Child 7.45 Brick Mansions 9.30 The Amazing Spider-Man 2 12.00noon Fast & Furious 7 As 9.00pm. 2.20pm Behind Enemy Lines As 11.30pm. 4.10 Die Hard Action thriller starring Bruce Willis and Alan Rickman. (S) (1988, 15, 131min) ★★★★★ 6.30 The Amazing Spider-Man 2 Action adventure sequel starring Andrew Garfield and Emma Stone. (S) (2014, 12, 142min) ★★



6.30 The Amazing...

The Amazing Spider-Man 2 (film started at 6.30pm) SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Fast & Furious 7 Action thriller sequel starring Vin Diesel and Paul Walker. A rogue special forces assassin seeks revenge against Dom, Brian and their crew for putting his brother in a coma. (S) (2015, 12, 137min) ★★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 Behind Enemy Lines War drama starring Owen Wilson, Gene Hackman and Gabriel Macht. (S) (2001, 12, 106min) ★★

1.30am Brick Mansions Action adventure remake with Paul Walker and RZA. (S) (2014, 15, 90min) ★★

3.15-6.00am The Guns of Navarone World War Two adventure starring Gregory Peck and Anthony Quinn. (S) (1961, PG, 150min) ★★★★★

Sky Comedy

SKY 308 VIRGIN 408
HD 308/335 HD 438

6.25am The Pink Panther 8.30 The Man 10.05 Talladega Nights: The Ballad of Ricky Bobby 12.10pm The Top Ten Show 2016 12.25 A Million Ways to Die in the West Unrated 2.45 Austin Powers: The Spy Who Shagged Me 4.30 Daddy Day Care Family comedy starring Eddie Murphy. (S) (2003, PG, 92min) ★★★ 6.10 Click Fantasy comedy starring Adam Sandler. (S) (2006, 12, 103min) ★★



6.10 Click

8.00 A Million Ways to Die in the West Unrated Extended cut of the Western spoof, directed by and starring Seth MacFarlane, with Charliz Theron. A timid farmer tries to become a gunslinging hero to impress a mysterious woman. (2014, 15, 134min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 Team America: World Police Spoof of Hollywood action movies performed by puppets, with the voices of Trey Parker and Matt Stone. (S) (2004, 15, 98min) ★★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

12.05am Talladega Nights: The Ballad of Ricky Bobby Action comedy starring Will Ferrell. (S) (2006, 15, 108min) ★★

2.10 Kid Cannabis Fact-based crime drama starring Jonathan Daniel Brown. (S) (2014, 18, 105min) ★★

4.00-6.00am The Pink Panther Comedy caper starring Peter Sellers. (S) (1963, PG, 113min) ★★★★★

Sky Showcase

SKY 303 VIRGIN 403
HD 303/330 HD 433

6.00am The Book of Life 7.45 The Top Ten Show 2016 8.00 Air Force One 10.10 The Wedding Ringer 12.10pm John Wick 2.10 The Drop 4.00 Fast & Furious 7 Special 4.30 The Grand Budapest Hotel Comedy drama. (S) (2014, 15, 97min) ★★★★★ 6.15 The Wedding Ringer Comedy with Josh Gad. (S) (2015, 15, 98min) ★★

8.00 John Wick Action thriller starring Keanu Reeves. (S) (2014, 15, 101min) ★★★★★

9.45 The Drop Crime drama starring Tom Hardy. (S) (2014, 15, 107min) ★★★★★

11.45 The Last Days on Mars Sci-fi horror starring Liev Schreiber and Elias Koteas. (S) (2013, 15, 98min) ★★

1.35am I Origins Drama starring Michael Pitt. (S) (2014, 15, 104min) ★★★★★

3.35 Extinction Fantasy adventure starring Sarah Mac. (2014, 15, 100min) ★★

5.30-7.15am The Book of Life Animated adventure. (S) (2014, U, 91min) ★★★★★

Sky Greats

SKY 304 VIRGIN 404
HD 304/331 HD 434

6.10am The Spirit of St Louis 8.25 Cool Hand Luke 10.35 The Goonies 12.30pm The Lost Boys 2.10 Edward Scissorhands Fantasy. (S) (1990, PG, 107min) ★★★★★ 4.00 Dodgeball: A True Underdog Story Comedy. (S) (2004, 12, 92min) ★★★★★ 5.40 True Lies Action comedy adventure. (1994, 15, 141min) ★★★★★

8.00 Meet the Parents Comedy starring Robert De Niro and Ben Stiller. (S) (2000, 12, 108min) ★★★★★

9.50 The Green Mile Supernatural prison drama starring Tom Hanks and Michael Clarke Duncan. (S) (1999, 18, 189min) ★★★★★

12.55am 20,000 Leagues Under the Sea Adventure starring Kirk Douglas. (S) (1954, U, 125min) ★★★★★

3.10 Boyhood Special 3.40 Cheaper by the Dozen Comedy with Steve Martin. (S) (2003, PG, 98min) ★★★★★

5.30-6.00am Maleficent Special With Alex Zane.

TCM

SKY 317 VIRGIN 415
HD 317/341 HD 416

6.10am Kung Fu 8.25 Terror on a Train 9.55 Bomba, the Jungle Boy 11.20 The Enemy General 12.50pm Gunsmoke 1.50 Kung Fu 3.00 The Angry Hills Action drama starring Robert Mitchum. (1959, b/w, PG, 105min) ★★ 5.05 The Helicopter Spies Spy caper starring Robert Vaughn. (1967, PG, 95min) ★★

7.00 Drums of Africa African adventure starring Frankie Avalon. (1963, U, 92min) ★★

9.00 Point Blank Crime thriller starring Lee Marvin. (1967, 18, 92min) ★★★★★

10.50 Exit Wounds Action thriller. (2001, 18, 97min) ★

12.50am Showdown in Little Tokyo Action drama. (1991, 18, 76min) ★★

2.20 Hollywood's Best Film Directors Michael Apted.

3.00 Conspiracy Theory with Jesse Ventura

5.00-6.05am Hollywood's Best Film Directors +1 hour SKY 318 VIRGIN 417
HD 318/342 HD 417

more>movies

SKY 185 F'VIEW 32 F'SAT 143

(Called Movie Mix on Freeview)

9.00am Hart to Hart: Home Is Where the Hart Is 11.00 Casey's Shadow 1.20pm Sony Movie News Extra 1.30 Bite the Bullet 4.20 You Can't Win 'em All 6.25 Sony Movie News Extra 6.35 Awakenings Fact-based medical drama. (1990, 12, 117min) ★★★★★

9.00 Black Dawn Action thriller starring Steven Seagal, Julian Stone and Tamara Davies. (2005, 15, 91min) ★

11.10 Shadow Man Espionage thriller starring Steven Seagal, Imelda Staunton and Eva Pope. (2006, 15, 92min) ★

1.05am Girl, Interrupted Drama starring Winona Ryder and Angelina Jolie. (1999, 15, 127min) ★★

3.40 Sony Movie News Extra

3.50 Hart to Hart: Home Is Where the Hart Is Romantic mystery drama with Robert Wagner and Stefanie Powers.

5.50-6.00am Sony Movie News Extra

Horror

SKY 319 VIRGIN 149 F'VIEW 70 F'SAT 138

8.00am Sheena 9.00 Hercules: The Legendary Journeys 10.00 The Bone Eater 11.50 Horror Highlights 12.00noon Highlander 1.00pm Doctor Who 2.50 Horror Highlights 3.00 Wonder Woman 4.30 Something Evil Horror starring Sandy Dennis and Darren McGavin. (1972, PG, 73min) ★★ 6.00 Sheena

7.00 Hercules: The Legendary Journeys 5/13. Hercules challenges the evil Ares.

8.00 Highlander 9.00 Don't Look Now Thriller starring Donald Sutherland. (1973, 18, 106min) ★★★★★

11.10 Truth or Dare Revenge thriller with Jennie Jacques. (2012, 15, 95min) ★★

1.05am Monstro! Australian horror with Norman Yemm. (2010, 18, 75min) ★★

2.35-4.30am Messengers 2: The Scarecrow Horror thriller sequel with Norman Reedus. (2009, 15, 94min) ★★

+1 hour SKY 320 VIRGIN 202
HD 320/343 HD 202

True Movies

SKY 321 VIRGIN 424 F'VIEW 82 F'SAT 302

7.00am Blood Vows: The Story of a Mafia Wife 9.00 Prison of Secrets 11.00 Apollo 11 1.00pm Guilty Hearts As shown at 9.00pm. 3.00 The Disappearing Act Fact-based drama starring Patty Duke and Kelly Rowan. (1997, 15, 87min) ★★ 5.00 God Bless the Child Drama starring Mare Winningham. (1987, 15, 93min) ★★

7.00 Fall from Grace Biopic charting the rise and fall of TV evangelists the Reverend Jim Bakker and his wife Tammy. Stars Kevin Spacey. (1990, PG, 92min) ★★

9.00 Guilty Hearts 2/2. Fact-based crime drama starring Treat Williams.

11.00 A Case for Life Social drama starring Valerie Bertinelli and Mel Harris. (1996, 12, 87min) ★★

1.00am The Waltons 3.00 Little House on the Prairie Double bill.

5.00-7.00am Children of Divorce Emotional drama. (1980, PG, 104min) ★★

Sky Crime/Thriller

SKY 309 **VIRGIN 409**
HD 309/336 HD 439

6.45am Montana 8.45 The Temp 10.35 The Entitled 12.10pm Insomnia As 9.00pm. **2.10 Marathon Man** Thriller starring Dustin Hoffman and Laurence Olivier. (1976, 18, 126min) ★★★★★
4.20 Deception Drama starring Geoffrey Rush. (S) (2013, 15, 125min) ★★★★★ **6.35 The Judge** Courtroom drama starring Robert Downey Jr and Robert Duvall. (S) (2014, 15, 141min) ★★



9.00 Insomnia

The Judge
(film started at 6.35pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Insomnia Psychological thriller starring Al Pacino, Robin Williams and Hilary Swank. Investigating a murder in Alaska, an insomniac LA cop finds himself forced into a game of cat and mouse by the fiendishly clever killer. (2002, 15, 113min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 Taken Action thriller starring Liam Neeson and Maggie Grace. (S) (2008, 18, 93min) ★★★★★

12.35am By the Gun Gangster drama starring Ben Barnes and Harvey Keitel. (S) (2014, 18, 105min) ★★

2.30 Face/Off Action thriller starring John Travolta and Nicolas Cage. (S) (1997, 18, 133min) ★★★★★

4.55-6.35am Loss of Faith Drama starring John Ritter and Daphne Zuniga. (S) (1997, PG, 89min) ★★

Sky Drama/Romance

SKY 310 **VIRGIN 410**
HD 310/337 HD 440

6.00am Fort Bliss 8.00 Great Expectations 10.00 This Is Where I Leave You 11.50 Valentine's Day 2.00pm Rain Man Barry Levinson's Oscar-winning drama. (S) (1988, 15, 133min) ★★★★★
4.20 Big Eyes Tim Burton's fact-based drama, starring Amy Adams, Christoph Waltz and Terence Stamp. (S) (2014, 12, 106min) ★★ **6.15 50 First Dates** Romantic comedy. (S) (2004, 12, 99min) ★★



6.15 50 First Dates

8.00 The Phantom of the Opera Screen version of Andrew Lloyd Webber's hit stage musical. A young soprano becomes the protégé of a disfigured musical impresario who lurks in the bowels of a Paris opera house. Stars Gerard Butler and Emmy Rossum. (2004, 12, 143min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 Fifty Shades of Grey Erotic drama starring Jamie Dornan and Dakota Johnson. (S) (2015, 18, 120min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35am A Beautiful Mind Biopic. (S) (2001, 12, 136min) ★★★★★

2.55 Heartburn Comedy drama. (S) (1986, 15, 109min) ★★

4.50-6.40am The Barbarian and the Geisha Period drama. (S) (1958, U, 105min) ★★

Sky Sci-Fi/Horror

SKY 311 **VIRGIN 411**
HD 311/339 HD 441

6.00am Project Almanac 8.00 Reign of Fire 9.50 Ouija 11.35 Guardians of the Galaxy As 8.00pm. **1.50pm The Shining** As shown at 11.50pm.
4.00 Project Almanac Sci-fi thriller starring Jonny Weston, Sofia Black-D'Elia and Sam Lerner. (S) (2014, 12, 106min) ★★ **6.00 Reign of Fire** Sci-fi fantasy adventure starring Christian Bale, Matthew McConaughey and Gerard Butler. (S) (2002, 12, 102min) ★★



10.15 Bound to Vengeance

8.00 Guardians of the Galaxy Sci-fi adventure, starring Chris Pratt, Zoe Saldana and Dave Bautista, with the voices of Bradley Cooper and Vin Diesel. A band of escapees from a prison space station battles an alien warlord for possession of a powerful artefact. (S) (2014, 12, 121min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 Bound to Vengeance Thriller starring Tina Ivlev and Richard Tyson. A woman escapes from a kidnapper and plots to punish him for his crimes. (2015, 18, 77min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 The Shining Director Stanley Kubrick's chilling adaptation of the Stephen King bestseller, starring Jack Nicholson and Shelley Duvall. (S) (1980, 15, 119min) ★★★★★

2.05am Ouija Horror starring Olivia Cooke, Daren Kagasoff and Ana Coto. (S) (2014, 15, 87min) ★★

3.50-6.00am Jaws 2 Adventure. (S) (1978, PG, 115min) ★★

Sky Select

SKY 312 **VIRGIN 412**
HD 312/340 HD 442

6.15am Only Lovers Left Alive 8.25 Before Sunrise 10.10 Before Sunset 11.40 Rushmore 1.20pm Best in Show 3.00 A Fistful of Dollars Sergio Leone's Spaghetti Western. (1964, 15, 96min) ★★★★★
4.45 For a Few Dollars More Classic Spaghetti Western. (S) (1965, 15, 128min) ★★★★★ **7.00 The Good, the Bad and the Ugly** Spaghetti Western starring Clint Eastwood. (S) (1966, 15, 155min) ★★★★★



1.20 Best in Show

The Good, the Bad and the Ugly
(film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Fear and Loathing in Las Vegas Terry Gilliam's surreal drama starring Johnny Depp. (S) (1998, 18, 119min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05am The People vs Larry Flynt Director Milos Forman's fact-based drama starring Woody Harrelson. (S) (1996, 18, 130min) ★★★★★

2.20 Hard Eight Contemporary film noir thriller starring Philip Baker Hall. (S) (1996, 15, 101min) ★★★★★

4.10 Kingsman: The Secret Service Special With Alex Zane.

4.40-6.15am The Gunfighter Classic Western starring Gregory Peck. (S) (1950, b/w, U, 84min) ★★★★★

Film4

SKY 315 **VIRGIN 428** **F'VIEW 15** **F'SAT 300**
HD 315/342 HD 429

■ (HD) denotes HD on Sky or Virgin
■ Films start at 11.00am
11.00am A Farewell to Arms 12.50pm Down to the Sea in Ships
3.10 23 Paces to Baker Street Suspense thriller. (S) (1956, PG, 102min) ★★ **5.15 The Black Knight** Arthurian adventure. (S) (1954, U, 85min) ★ **6.55 Admission** Satirical comedy drama. (S) (2013, 12, 105min) ★★



9.00 '71

Admission
(film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 '71 Thriller starring Jack O'Connell. A British soldier sent to Belfast in 1971 finds himself lost and alone in a hostile area in the aftermath of a riot. (S) (2014, 15, 97min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 Man on a Ledge Suspense thriller. (S) (2011, 12, 98min) ★★

1.10-3.05am Absentia Horror thriller. (S) (2011, 15, 87min) ★★

+1 hour **SKY 316** **VIRGIN 430** **F'VIEW 45** **F'SAT 301**

Sony Movies

SKY 323

9.00am Hart to Hart: Hart to Hart Returns 10.50 Deadly Messages 12.45pm There's a Girl in My Soup Comedy. (1970, 15, 95min) ★★

2.40 Roxanne Romantic comedy starring Steve Martin. (1987, PG, 102min) ★★★★★

4.50 Lost in Yonkers Neil Simon comedy drama starring Richard Dreyfuss. (1993, PG, 112min) ★★

7.05 Scorched Caper comedy. (2002, 12, 94min) ★

9.00 Resident Evil: Apocalypse Sci-fi horror. (2004, 15, 94min) ★★

10.55 Girl, Interrupted Drama starring Winona Ryder. (1999, 15, 127min) ★★

1.30am Age of Heroes World War Two action thriller. (2011, 15, 89min) ★★

3.30 Hope and Glory John Boorman's wartime drama. (1987, 15, 113min) ★★

5.40 Sony Movie News Extra 5.50-6.00am Behind the Screens How films are made.

+1 hour **SKY 324**

Movies 24

SKY 327 **VIRGIN 419**

7.00am When Calls the Heart 9.00 Heavenly Match 11.00 June in January 1.00pm Along Came a Nanny Drama starring Cameron Mathison. (2014, PG, 84min) ★★

3.00 My George Comedy starring Sarah Lancaster. (2014, PG, 87min) ★★ **5.00 Hello, It's Me** Romantic drama with Rebecca Black. (2015, 12, 120min) ★★

7.00 Mom and Dad Undergrads Family drama starring Kristy Swanson. (2014, PG, 120min) ★★

9.00 PREMIERE Sealed with a Kiss Romantic drama starring Jesse Metcalfe. (2015, PG, 120min) ★★

11.00 Lying To Be Perfect Romantic comedy starring Poppy Montgomery. (2010, PG, 89min) ★★

1.00am My Gal Sunday Crime drama with Rachel Blanchard and Cameron Mathison.

3.00-5.00am 1000 to 1 Sporting drama starring David Henrie and Jean Louisa Kelly. (2014, PG, 99min) ★★

Movies4Men

SKY 325 **F'VIEW 48** **F'SAT 304**

6.00am Candlelight in Algeria 7.45 The West Wall 8.55 Reunion at Fairborough 11.10 The Walls of Hell 1.00pm The Fallen 3.05 The Dambusters Raid

4.10 The Enemy at the Gates 5.25 Mission to Death War adventure. (1966, 12, 76min) ★★ **6.55 Men in War** Korean War drama. (1956, b/w, PG, 104min) ★★

9.00 Saints and Soldiers: Airborne Creed World War Two adventure starring Corbin Allred, David Nibley, Jasen Wade and Lincoln Hoppe. (2012, 12, 93min) ★★

10.55 Women of Valor World War Two drama with Susan Sarandon, Kristy McNichol and Alberta Watson. (1986, 15, 100min) ★★

1.00am Marine Raiders World War Two drama starring Pat O'Brien and Robert Ryan. (1944, b/w, PG, 90min) ★★

2.45-4.00am Bulldog Courage Western with Tim McCoy and Joan Woodbury. (1935, b/w, PG, 60min) ★★

FILMS SHOWN ON OTHER CHANNELS TONIGHT

EVENING (6-10pm)

7.00pm Robin Hood: Men in Tights AMC Mel Brooks's spoof of the Robin Hood legend, starring Cary Elwes. ★★

9.00pm Quantum of Solace ITV2 James Bond action thriller starring Daniel Craig and Olga Kurylenko. (HD) ★★

9.00pm American Hustle 4Seven Crime drama starring Christian Bale, Amy Adams and Bradley Cooper. (HD) ★★★★★

9.00pm Shaun of the Dead Syfy British horror comedy starring Simon Pegg, Kate Ashfield and Nick Frost. (HD) ★★★★★

10pm TILL LATE

11.00pm Tucker & Dale vs Evil Syfy Comedy horror starring Tyler Labine. (HD) ★★

11.15pm Death Race ITV4 Big-budget remake of the 1975 B-movie *Death Race 2000*, starring Jason Statham. (HD) ★★

11.45pm Forget Me Not BBC1 (Wales: 12.10am, NI: 12.15am, Scot: 12.45am) Romantic drama starring Tobias Menzies and Genevieve O'Reilly. (HD) ★★

12.50am Pandorum Syfy Thriller starring Dennis Quaid and Ben Foster. (HD) ★★

4.00am The Hunters Syfy Fantasy adventure starring Alexa PenaVega. (HD) ★★

Sky Sports 1

SKY 402 **VIRGIN 512**
HD 402/409 HD 502

6.00am Football Gold (HD) **6.30** Football League Gold (HD) **6.45** Football Gold **7.00** WWE – Smackdown (HD) **8.00** Soccer AM: The Best Bits (HD) **9.00** Football Gold (HD) **9.30** Football League Gold (HD) **9.45** Football Gold **10.00** Barclays Premier League Legends (HD) **11.00** Soccer AM: The Best Bits (HD) **12.00noon** Premier League **100 Club** (HD) **12.30pm** Barclays Premier League Legends (HD) **1.00** FL72 Goals (HD) **2.00** PL Years: Man Utd's Treble **4.00** Barclays Premier League Review (HD) **5.00** Barclays Premier League Legends (HD) **6.00** Sportswomen (HD) **6.30** Barclays Premier League Review Recent highlights from the Premier League. (HD) **7.30** Fight Night Sam Eggington v Bradley Skeete: Action from the welterweight bout at the Genting Arena in Birmingham. (HD) **11.00** Barclays Premier League Review (HD) **12.00m't** Premier League Years: Double bill. (HD) **4.00-6.00am** Premier League **100 Club** (HD)

Sky Sports 2

SKY 403 **VIRGIN 513**
HD 403/435 HD 503

6.00am Cricket's Greatest: Double bill. (HD) **7.00** How the 2012 ICC World T20 Was Won (HD) **9.00** **LIVE** ICC World T20 Cricket Zimbabwe v Hong Kong: Coverage of the opening match of the tournament, as the Group B sides meet at the Vidarbha Cricket Association Stadium in Nagpur, India. (HD) **1.30pm** **LIVE** ICC World T20 Cricket Scotland v Afghanistan: All the action from the second of today's Group B fixtures, held at the Vidarbha Cricket Association Stadium in Nagpur, India. (HD) **6.00** ICC World T20 Cricket As 8.00pm. (HD) **7.00** ICC World T20 Cricket As 9.00pm. (HD) **8.00** ICC World T20 Cricket Highlights of Zimbabwe v Hong Kong from Nagpur, India. (HD) **9.00** ICC World T20 Cricket Action from Scotland v Afghanistan in Nagpur, India. (HD) **10.00** La Liga World Action from Spain. (HD) **11.00** ICC World T20 Cricket As 8.00pm. (HD) **12.00m't** ICC World T20 Cricket (HD) **1.00am** Cricket's Greatest (HD) **2.00-6.00am** ICC World T20 Cricket (HD)

Sky Sports 3

SKY 404 **VIRGIN 514**
HD 404/436 HD 504

6.00am Darts Gold (HD) **7.00** Time of Our Lives (HD) **8.00** Sporting Heroes (HD) **9.00** MLS Highlights (HD) **10.00** BMW PGA Championship 2015 Official Film (HD) **11.00** Time of Our Lives **12.00noon** Time of Our Lives (HD) **1.00pm** Super League Fulltime (HD) **1.30** Sporting Rivalries **2.00** Netball Superleague (HD) **4.00** Super League Fulltime (HD) **4.30** The Sky Sports Years From 1991. (HD) **5.30** Time of Our Lives Medallists from the 2000 Olympics reminisce. (HD) **6.30** Super League Fulltime (HD) **7.00** **LIVE** Greyhound Racing The Juvenile Classic and the Springbok: At Wimbledon Stadium. **9.45** Darts Gold (HD) **10.15** Sporting Rivalries **10.45** Football Gold **11.00** Eredivisie Round-Up (HD) **12.00m't** Time of Our Lives (HD) **1.00am** Eredivisie Round-Up (HD) **2.00** Time of Our Lives (HD) **3.00** Sporting Heroes (HD) **4.00** Darts Gold (HD) **5.00-6.00am** The Sky Sports Years (HD)

Sky Sports 4

SKY 405 **VIRGIN 515**
HD 405/439 HD 505

6.00am PGA Tour Classic **8.00** Shell's Wonderful World of Golf **9.30** Sporting Greats (HD) **10.00** BMW PGA Championship 2015 Official Film (HD) **11.00** Time of Our Lives **12.00noon** BMW PGA Championship 2015 Official Film (HD) **1.00pm** Sporting Greats **3.00** BMW PGA Championship 2015 Official Film Action from Wentworth. (HD) **4.00** Sporting Greats **5.00** Eredivisie Round-Up News and action. (HD) **6.00** MLS Round-Up Show The latest round of fixtures. (HD) **6.30** Golfing World (HD) **7.00** Sunshine Tour Golf The Eye of Africa Championship. (HD) **8.00** Sportswomen (HD) **8.30** Golfing World (HD) **9.00** Sporting Greats (HD) **9.30** Sportswomen (HD) **10.00** **LIVE** Sky Poker Online players compete. **12.00m't** World Poker Tour (HD) **1.00am** The Sky Sports Years (HD) **2.00** PGA Tour Classic (HD) **3.00** Shell's Wonderful World of Golf (HD) **4.30** Sporting Rivalries (HD) **5.00-6.00am** Time of Our Lives

Sky Sports 5

SKY 406 **VIRGIN 516**
HD 406/440 HD 506

6.00am Good Morning Sports Fans (HD) **9.00** Sporting Rivalries (HD) **9.30** MLS Highlights (HD) **10.00** La Liga Goals (HD) **11.00** Racing News (HD) **11.30** Premier League **100 Club** (HD) **12.00noon** Football's Greatest Players **1.00pm** MLS Highlights Double bill. (HD) **1.30** Premier League **100 Club** (HD) **2.00** Eredivisie Round-Up News and action. (HD) **3.00** Sporting Heroes: Ricky Hatton Interviews Mike Summerbee (HD) **4.00** Sporting Heroes: Bob Wilson Interviews Gordon Banks (HD) **5.00** WWE – Smackdown Wrestling action. (HD) **7.00** Sporting Triumphs Double bill. (HD) **7.30** Gillette Soccer Special News from tonight's matches. (HD) **10.00** WWE – Late Night – Smackdown (HD) **11.00** The Sky Sports Years (HD) **12.00m't** Football's Greatest Players **1.00am** Premier League **100 Club** (HD) **2.00** Time of Our Lives (HD) **3.00** Spanish Football Gold **3.30** Sporting Triumphs (HD) **4.00** Football's Greatest Players **5.00-6.00am** Sporting Heroes (HD)

Eurosport 1

SKY 410 **VIRGIN 523**
HD 410/412 HD 521

7.30am Cycling (HD) **8.30** Eurogoals (HD) **8.35** Football's Greatest (HD) **9.00** Motocross World Championship (HD) **10.00** Ice Speedway: World Champs (HD) **11.00** Biathlon **12.30pm** Wintersports Today (HD) **1.30** Cycling Action from the Strade Bianche. (HD) **2.00** Cycling The opening stage of the annual Paris-Nice race. (HD) **3.00** **LIVE** Cycling The second stage of the annual Paris-Nice race, featuring a 214km journey from Contres to Commeny. (HD) **4.15** Cycling Action from the GP Le Samyn. (HD) **4.45** World Superbikes The opening round from Australia. (HD) **6.45** Best of Bikes (HD) **6.55** Eurosport News **7.00** Ski Jumping From Wisla in Poland. (HD) **7.40** Eurosport News **7.45** Cross-Country Skiing From Canada. (HD) **9.45** Speed Skating The World Single Distance Speed Skating Championships. (HD) **11.15** Biathlon World Cup action from Oslo. **12.00m't** Eurosport News **12.05-1.10am** Cycling: The Paris-Nice race. (HD)

Eurosport 2

SKY 411 **VIRGIN 524**
HD 411/443 HD 522

6.00am Alpine Skiing (HD) **7.00** Ski Jumping (HD) **8.30** Wintersports Today (HD) **9.30** Cycling (HD) **10.30** Alpine Skiing (HD) **11.30** Ski Jumping (HD) **1.00pm** Ice Speedway: World Champs The 2016 FIM Ice Speedway Gladiators World Championships. (HD) **2.00** World Superbikes As 11.35pm. (HD) **4.00** Davis Cup Tennis Action from Great Britain v Japan. (HD) **6.00** Cycling As shown at 8.30pm. (HD) **7.00** Cycling A look back at the 2015 Elite Road series of races. (HD) **7.30** Triathlon Highlights of the Ironman Western Australia event. (HD) **8.30** Cycling The second stage of the annual Paris-Nice race. (HD) **10.00** The EuroLeague Basketball Show Recent highlights. (HD) **10.30** Eurosport News **10.35** Motocross World Championship Action from the Grand Prix of Thailand. (HD) **11.35** World Superbikes Highlights of the opening round of the season from Australia. (HD) **12.35-6.00am** Eurosport News: The latest stories.

BT Sport 1

SKY 413 **VIRGIN 531**
HD 413/427 HD 527

6.00am Hyundai A-League Highlights (HD) **6.30** Game of the Week (HD) **7.00** French Ligue 1 Review (HD) **8.00** Barclays Premier League Review (HD) **9.00** Under-21 Premier League (HD) **10.00** Hyundai A-League Highlights (HD) **10.30** Game of the Week (HD) **11.00** Premiership Rugby Union (HD) **12.30pm** Premiership Rugby Union Double bill of recent action. (HD) **3.30** Barclays Premier League Review (HD) **4.30** WTA All Access (HD) **5.00** NBA Indiana Pacers v San Antonio Spurs. (HD) **6.30** **LIVE** Emirates FA Cup Hull City v Arsenal: Kick-off is at 7.00. (HD) **9.15** Global Goals (HD) **9.30** NBA Inside Stuff (HD) **10.00** UFC: Beyond the Octagon (HD) **10.30** 30 for 30 (HD) **12.00m't** **LIVE** College Basketball: Action from the NEC Championship. (HD) **2.00am** **LIVE** College Basketball: Action from the Summit League Championship. (HD) **4.00** Game of the Week (HD) **4.30** Football Tonight (HD) **5.00-6.00am** PSA Squash Highlights (HD)

BT Sport 2

SKY 417 **VIRGIN 532**
HD 417/457 HD 528

6.00am MotoGP Highlights (HD) **7.00** AFL: Double bill. (HD) **11.00** WRC Review: Action from round three in Mexico. (HD) **12.00noon-2.30pm** Classic Barclays Premier League A look back at classic action from the Premier League. (HD) **2.30pm** Toyota Racing Series Double bill. (HD) **4.30** Rugby Tonight Recent action from the Aviva Premiership and European Rugby. (HD) **6.00** Bundesliga Review A look back at this weekend's action in Germany, including Borussia Dortmund v Bayern Munich. (HD) **7.00** **LIVE** UEFA Champions League VfL Wolfsburg v Gent: Coverage of the last-16 second-leg match from Volkswagen Arena. Kick-off is at 7.45. (HD) **10.30** Toyota Racing Series Double bill. (HD) **12.30am** Serie A Review: All the latest news from Italy's top flight. (HD) **1.00** Global Goals (HD) **1.30** Emirates FA Cup (HD) **3.00** Hyundai A-League (HD) **4.30-6.00am** Hyundai A-League (HD)

BT Sport/ESPN

SKY 426 **VIRGIN 534**
HD 426/458 HD 530

6.00am Pardon the Interruption (HD) **6.30** Around the Horn (HD) **7.00** Pardon the Interruption (HD) **7.30** Around the Horn (HD) **8.00** Pardon the Interruption (HD) **8.30** NBA: The Jump (HD) **9.00** College Basketball: Double bill. (HD) **12.30pm** ESPN FC (HD) **1.00** College Basketball Triple bill of action from College Basketball. (HD) **6.00** College Basketball Live The latest news. (HD) **6.30** ESPN FC (HD) **7.00** **LIVE** Women's College Basketball Coverage of an NCAA basketball match. **9.00** **LIVE** Women's College Basketball Coverage of an NCAA basketball match. **11.00** NBA Inside Stuff (HD) **11.30** College Basketball Live The latest news. (HD) **12.00m't** **LIVE** College Basketball: Action from College Basketball. (HD) **2.00am** **LIVE** College Basketball: Action from College Basketball. (HD) **4.00** Last Week, This Week: Recent action. (HD) **4.15-6.00am** Women's College Basketball (HD)

BT Europe

SKY 414 **VIRGIN 533**
HD 414/433 HD 529

6.00am-12.00noon Serie A: Back-to-back action from the Italian top-flight. (HD) **12.00noon** Serie A Sassuolo v AC Milan. (HD) **1.00pm** Serie A Action from Bologna v Carpi. (HD) **2.00** Serie A Frosinone Calcio v Udinese. (HD) **3.00** Serie A Highlights of Genoa v Empoli. (HD) **4.00** Serie A Action from Inter Milan v Palermo. (HD) **5.30** UEFA Champions League Highlights Show Recent action. (HD) **6.00** Serie A Review (HD) **6.30** Game of the Week Recent highlights. (HD) **7.00** **LIVE** UEFA Champions League Real Madrid v AS Roma: The last-16 second-leg match from the Bernabeu. Kick-off is at 7.45. (HD) **10.30** Football Tonight With George Lamb. (HD) **11.00** French Ligue 1 Review Recent action from French Ligue 1. (HD) **12.00m't** UEFA Champions League: Real Madrid v AS Roma. (HD) **1.00am** UEFA Champions League: VfL Wolfsburg v Gent. (HD) **2.00** Serie A (HD) **3.00** Serie A (HD) **4.00** Serie A (HD) **5.00-6.00am** Serie A (HD)

Motors TV

SKY 447 **VIRGIN 545**

6.00am Best of Crash **6.25** Le Touquet Enduropale Replay **9.00** Australian National Drag Racing **10.05** World Series Sprintcars **11.05** Bathurst 12 Hours **2.15pm** Toyota NZ **86** Championship **3.15** Sunoco-Rolex Daytona 24 Challenge Qualification challenge for the Daytona 24 Hour race. **4.20** Australian National Drag Racing Highlights from Calder Park. **5.20** World Series Sprintcars As 11.05pm. **6.25** BSR Touring Cars Powered by Ircing **7.25** RC Racing **8.00** Best of Crash **8.30** Auto Mundial **9.00** Monte Carlo Historic Rally Highlights of the vintage race. **10.05** British Historic Rally Championship The Red Kite Stages. **11.05** World Series Sprintcars Action from the Sydney City Speedway. **12.10am** Trophée Andros **3.15** Sunoco-Rolex Daytona 24 Challenge **4.10** RC Racing **4.35** BSR Touring Cars Powered by Ircing **5.30-6.00am** Auto Mundial



PICK OF THE DAY

LIVE
Scotland v Afghanistan
Sky Sports 2 HD
1.30pm

Sky Sports F1

SKY 407 **VIRGIN 517**
HD 407/451 HD 507

6.00am-12.00noon The Home of F1 **12.00noon-5.30pm** The Home of F1 **5.30pm** Legends of F1: An interview with Jack Brabham. (HD) **6.00** Legends of F1: A profile of Frank Williams. (HD) **7.00** Tales from the Vault: A look at underdogs who have succeeded in Formula One. (HD) **8.00** Legends of F1: An interview with Alan Jones. (HD) **8.30** Legends of F1: With Nigel Mansell. (HD) **9.30** Formula 1: Highlights of the 2015 United States Grand Prix. (HD) **10.30** GP2 Racing: The 2015 Bahrain Grand Prix feature race. (HD) **12.00m't** Legends of F1 (HD) **1.00-6.00am** The Home of Formula One

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LIVE SPORT ON OTHER CHANNELS TODAY

12.45pm **LIVE** Snooker: World Grand Prix *ITV4* Coverage of the afternoon session on the opening day of the tournament at Venue Cymru in Llandudno **1.15pm** **LIVE** Raceday At The

Races Coverage of meetings at Newcastle and Southwell. **1.30pm** **LIVE** Racing Racing UK Today's meeting at Exeter. **5.15pm** **LIVE** Stateside At The Races Live horse racing coverage

from the United States. **6.45pm** **LIVE** Snooker: World Grand Prix *ITV4* Coverage of the evening session on the opening day of the tournament at the Venue Cymru in Llandudno.

2.00am **LIVE** Australian Racing At The Races Coverage of a meeting Down Under.

Documentary



Dunblane: Our Story
BBC2 HD, 9pm (Scot, BBC1 HD, 9pm)
Those affected by the most fatal firearms atrocity in British history talk about its impact on its 20th anniversary

Crime drama



Rizzoli & Isles
Alibi HD, 9pm/Alibi HD, 10pm
As series six of the Boston-set drama resumes, Maura is kidnapped and discovers a conspiracy centring on Jane

Documentary



Famous, Rich and Homeless
BBC1 HD, 9pm
(Scot, 10.45pm; Wales, 11.15pm)
Sleeping rough in aid of Sport Relief

Crime drama



Grantchester
ITV HD, 9pm/ITV+1, 10pm
Sidney and Georgie investigate the suicide of a Cambridge lecturer, leading them into the world of espionage

SKY EVENING TIME 7.00 PM 7.30 PM 8.00 PM 8.30 PM 9.00 PM 9.30 PM 10.00 PM 10.30 PM

Favourites

101 BBC1	7.00 The One Show	8.00 Shop Well... For Less?	9.00 Famous, Rich and Homeless †	10.00 News; Local News
102 BBC2	7.00 This Farming Life	8.00 The £100K House: Tricks of the Trade	9.00 Dunblane: Our Story †	10.00 Live From... 10.30 Newsnight †
103 ITV	7.00 Emmerdale 7.30 Coronation Street	8.00 Big Star's Little Star	9.00 Grantchester	10.00 News; Local News
104 CHANNEL 4	7.00 News	8.00 Posh Pawn	9.00 24 Hours in A&E	10.00 Raised by Wolves 10.35 How to...
105 CHANNEL 5	7.00 The Nightmare Neighbour Next Door	8.00 GPs: Behind Closed Doors	9.00 Nightmare Tenants, Slum Landlords	10.00 Person of Interest
106 SKY1	7.00 The Simpsons	8.00 Arrow	9.00 Limitless	10.00 Film: Scream 3

Entertainment

116 BBC4	7.00 News 7.30 Timothy Spall...	8.00 Hidden Kingdoms	9.00 The Prosecutors: Real Crime and...	10.00 Horizon: Solar Storms – The Threat...
118 ITV2	7.00 You've Been Framed! Kids Special	8.00 Two and a Half Men	9.00 Film: That Awkward Moment	
138 MORE4	6.50 The Supervet	7.55 Grand Designs	9.00 Discovering Britain	10.00 8 Out of 10 Cats Does Countdown
136 E4	7.00 Hollyoaks 7.30 The Goldbergs	8.00 The Big Bang Theory	9.00 The 100	10.00 The Aliens
107 SKY LIVING	7.00 My Kitchen Rules New Zealand	8.00 Criminal Minds	9.00 Madam Secretary	10.00 Grey's Anatomy
108 SKY ATLANTIC	7.00 Cold Case	8.00 Without a Trace	9.00 Blue Bloods	10.00 100 Code
110 GOLD	7.20 Open All Hours	8.00 Only Fools and Horses		10.00 Bull
111 DAVE	7.00 American Pickers	8.00 Sin City Motors	9.00 QI XL	
119 ITV3	7.00 Murder, She Wrote	8.00 Rosemary & Thyme	9.00 Love Your Garden	10.00 A Touch of Frost
120 ITV4	6.45 Snooker: World Grand Prix – Live: The second day of the second staging of the tournament at the Venue Cymru in Llandudno			
112 COMEDY CENTRAL	7.00 Impractical Jokers		9.00 Lips Sync... 9.30 Lip Sync Battle	10.00 Drunk History 10.30 Bad Education
114 SYFY	7.00 Star Trek: The Next Generation	8.00 Killjoys	9.00 Extant	10.00 Film: The Knights of Badassdom
109 W	7.00 MasterChef USA	8.00 Humble Pie	9.00 The Honourable Woman	10.10 Code Black
113 UNIVERSAL	7.00 NCIS	8.00 CSI: Miami	9.00 How to Get Away with Murder	10.00 Sleepy Hollow
124 FOX	7.00 NCIS		9.00 Family Guy 9.30 American Dad!	
121 SKY ARTS	5.35 The Who Live in Texas	8.00 The Seventies	9.00 Occupied	10.00 Computer Says Show

Documentary

520 DISCOVERY	7.00 Fast N' Loud	8.00 What Could Possibly Go Wrong?	9.00 Mythbusters	10.00 Moonshiners
523 ANIMAL PLANET	7.00 Tanked	8.00 Treehouse Masters	9.00 Insane Pools: Off the Deep End	10.00 Finding Bigfoot
526 NAT GEO	7.00 Air Crash Investigation	8.00 Supercar Megabuild	9.00 Extreme Mechanics Alaska	10.00 Primal Survivor
529 HISTORY	7.00 Storage Wars	8.00 Pawn Stars	9.00 Ax Men	10.00 Billion Dollar Wreck
537 YESTERDAY	7.00 Coast	8.00 Castle Builders	9.00 Mummies Alive	10.00 Steptoe and Son 10.40 Yes...
532 EDEN	7.00 Hidden Kingdoms	8.00 Monster Bug Wars		10.00 Secrets of the Earth

Films

301 SKY PREMIERE	6.00 Ashby	8.00 Terminator Genisys	10.15 Stretch
303 SKY SHOWCASE	5.50 Jaws	8.00 Interstellar	
304 SKY GREATS	5.50 Moulin Rouge!	8.00 The Hangover	9.50 The Transporter
305 SKY DISNEY	6.40 Alice in Wonderland	8.00 101 Dalmatians	9.50 Disney's The Kid
306 SKY FAMILY	6.30 Fairytale: Story of the Seven Dwarves	8.00 Maleficent	9.40 My Girl
307 SKY ACTION	6.30 Captain America: The Winter Soldier	9.00 Run All Night	
308 SKY COMEDY	6.10 Sleepless in Seattle	8.00 The Interview	10.00 Get Hard
309 SKY CRIME	6.05 Hostage	8.00 Focus	9.50 Speed
310 SKY DRAMA	5.00 Amadeus: The Director's Cut	8.00 The Theory of Everything	10.10 American Beauty
311 SKY SCI-FI	6.45 Tomorrowland: A World Beyond	9.00 Avengers: Age of Ultron	
312 SKY SELECT	6.00 The Good, the Bad and the Ugly	9.00 The Hustler	
315 FILM4	6.50 The Three Musketeers	9.00 Solomon Kane	
317 TCM	6.50 Bridge to the Sun	9.00 Exit Wounds	

Sport

402 SKY SPORTS 1	3.55 T20 Cricket... 7.30 Sporting...	8.00 Fight Night	10.00 Sporting Triumphs
403 SKY SPORTS 2	7.00 ICC World T20 Cricket		10.00 Cricket's Greatest
404 SKY SPORTS 3	7.00 Football Gold 7.30 Fishing Gurus	8.00 Watersports World	9.00 Fishing Gurus 9.30 Time of Our Lives 10.30 Premier...
405 SKY SPORTS 4	7.00 Sports Unlimited	8.00 Inside the PGA... 8.30 European Tour...	9.00 US Open Official Film 2015 10.00 Inside the... 10.30 European...
410 EUROSPORT 1	6.30 Skiing 7.30 Cross-Country Skiing – Live: From Canmore in Canada	9.00 Cross-Country Skiing	10.05 Biathlon
411 EUROSPORT 2	6.30 Cycling 7.30 Davis Cup Tennis	8.30 Cycling	10.30 Tennis

BBC1

SKY 101 HD 141 VIRGIN 101 HD 108 FVIEW 1 HD 101 FSAT 101 HD 108

• Today's red button sport coverage is listed in *Sport on Other Channels*, page 82

6.00am Breakfast (S)(HD) **9.15 Heir Hunters** (S)(HD)(AD) **10.00 Homes Under the Hammer** (S)(R)(HD) **11.00 Countryside 999** (S)(HD) **11.45 Claimed and Shamed** (S)(R)(HD) **12.15pm Bargain Hunt** (S)(R)(HD)(AD) **1.00 BBC News** (S)(HD) **1.30 Local News** (S) **1.45 Doctors** (S)(HD)(AD) **2.15 Moving On** (S)(R)(HD)(AD) **2.55 Escape to the Country** Helping a globetrotting young couple search for a property in Lincolnshire. (S)(HD)(AD) **3.45 The TV That Made Me** John Prescott looks back at classic TV. (S)(HD) **4.30 Flog It!** (S)(R)(HD) **5.15 Pointless** Quiz show. (S)(HD) **6.00 BBC News** (S)(HD) **6.30 Local News** (S)



8.00 Shop Well... For Less?

7.00 The One Show
Matt Baker and Alex Jones present the topical show. (S)(HD)

8.00 NEW SERIES Shop Well... For Less?
1/2. *The One Show* presenter Alex Jones and business journalist Steph McGovern take on a mission to help families change the way they shop and save money. (S)(HD)

9.00 NEW SERIES Famous, Rich and Homeless
1/2. Return of the documentary. Four Sport Relief volunteers – Willie Thorne, Nick Hancock, Julia Bradbury and Kim Woodburn – live on the streets of London to highlight the harsh reality of homelessness. (S)(HD)(AD)

10.00 BBC News (S)(HD)

10.30 Local News (S)
Followed by **Lottery Update** (S)

10.45 A Question of Sport
Sue Barker asks the questions in the light-hearted quiz. (S)(HD)

11.15 Would I Lie to You? With guests Richard Madeley, Sanjeev Bhaskar, Kate Humble and Miles Jupp. (S)(R)(HD) **11.45 FILM Confessions of a Shopaholic** Romantic comedy starring Isla Fisher. Heavily in debt, a fashion-obsessed New York journalist inadvertently gets a job at a serious financial magazine. (S)(HD)(AD) (2008, PG, 100min) ★★★ **1.25am Weather for the Week Ahead** (S)(HD) **1.30-6.00am BBC News** (S)(HD)

BBC2

SKY 102 HD 102/142 VIRGIN 102 HD 162 FVIEW 2 HD 102 FSAT 102 HD 109

6.15am Heir Hunters (S)(R)(HD)(AD) **7.00 Countryside 999** (S)(R)(HD) **7.45 Claimed and Shamed** (S)(R)(HD) **8.15-9.15 Sign Zone: Emergency Rescue Down Under** (S)(R)(AD) **8.45 Great British Menu** (S)(R) **9.15 Victoria Derbyshire** (S)(HD) **11.00 BBC News** (S)(HD) **11.30 Daily Politics** (S)(HD) **1.00pm The Chef's Protégé** (S)(R)(HD) **1.30 Portillo's State Secrets** (S)(R)(HD)(AD) **2.00 Who Do You Think You Are?** (S)(R)(HD)(AD) **3.00 A Place to Call Home** (S)(HD) **3.45 Mountain** (S)(R)(HD)(AD) **4.45 Terry and Mason's Great Food Trip** Terry Wogan and Mason McQueen stop off in Chester. (S)(R)(HD) **5.15 Bargain Hunt** Searching for antiques in Herefordshire. (S)(R)(HD)(AD) **6.00 Eggheads** Quiz show. (S)(HD) **6.30 Too Much TV** News, reviews and previews of recent programmes. (S)(HD)



8.00 The £100K House: Tricks of the Trade

7.00 This Farming Life
3/12. On the Isle of Lewis in the Outer Hebrides, an ex-barrister and his fellow crofters collect their sheep from the moor and club together to dip them in insecticide before mating time. (S)(HD)

8.00 The £100K House: Tricks of the Trade
SERIES FINALE 6/6. Architect Katy Marks helps to transform one of the thinnest homes in the country, while Piers Taylor designs the ultimate social space for a couple living in Walsall. (S)(HD)

9.00 NEW Dunblane: Our Story
Documentary commemorating the 20th anniversary of the firearms tragedy in Dunblane, in which a gunman shot dead 16 pupils and their teacher at a school. (S)(HD)(AD) ■ Repeated tomorrow

10.00 Live From the BBC
3/6. Stand-up comedians James Acaster and Spencer Jones perform at the BBC Radio Theatre. (S)(HD) **10.30 Newsnight** (S)(HD)

11.10 Weather (S)(HD) **11.15 Land of Hope and Glory – British Country Life** Jane Treas spends a year filming alongside *Country Life* magazine, exploring the lives of those bred on the land or those who have bought into its dreams. (S)(R)(HD)(AD) **12.15-3.10am Sign Zone: The Great Sport Relief Bake Off** (S)(R)(AD) **1.15 Nature's Miracle Orphans** (S)(R)(AD) **2.15 MasterChef: The Professionals** (S)(R) **3.10-6.15am Previews** (S)(HD)

ITV

SKY 103 HD 178 VIRGIN 103 HD 113 FVIEW 3 HD 103 FSAT 103 HD 119

6.00am Good Morning Britain (S)(HD) **8.30 Lorraine** American actress Kate Hudson chats about her voice role in the new animation *Kung Fu Panda 3*. (S)(HD) **9.25 The Jeremy Kyle Show** (S)(HD) **10.30 This Morning** (S)(HD) **12.30pm Loose Women** With singer Jake Quickenden. (S)(HD) **1.30 ITV News** (S) **1.55 Local News** (S) **2.00 Jeremy Kyle's Emergency Room** The talk show host discusses people's medical issues. (S)(HD) **3.00 Masterpiece with Alan Titchmarsh** From Kentwall Hall, Suffolk. (S)(HD) **4.00 Tipping Point** Game show hosted by Ben Shephard. (S)(HD) **5.00 The Chase** General knowledge quiz show hosted by Bradley Walsh. (S)(HD) **6.00 Local News** (S) **6.30 ITV News** (S)



8.00 Big Star's Little Star

7.00 Emmerdale
Rakesh confesses everything during his stag night. (S)(HD)(AD) ■ Repeated tomorrow on ITV2

7.30 Coronation Street
Lauren and her gang confront Bethany on the street. (S)(HD)(AD) ■ Repeated tomorrow on ITV2

8.00 Big Star's Little Star
Stephen Mulhern presents as football manager Harry Redknapp and his grandson Bobby, dancer Vincent Simone and his son Luca, and actress Debra Stephenson and her daughter Zoe compete to win money for charity. (S)(HD)

9.00 Grantchester
2/6. Geordie calls on Sidney for help as he investigates the apparent suicide of a Cambridge lecturer, who was found dead after falling from the spire of King's College Chapel. (Series 2) (S)(HD)(AD)

10.00 ITV News (S)

10.30 Local News (S)

10.40 UEFA Champions League Highlights
Action from the openers of the last-16 second-leg ties, including Chelsea v Paris Saint-Germain at Stamford Bridge, and Zenit St Petersburg v Benfica at Petrovsky Stadium. (S)(HD)

11.45 Bear Grylls: Mission Survive 1/6. Seven celebrities face an expedition in the South African bush. (S)(R)(HD) **12.40am Jackpot247** **3.00 ITV Nightscreen** (HD) **5.05-6.00am The Jeremy Kyle Show** Lively talk show. (S)(SL)(R)(HD)

+1 hour SKY 131 VIRGIN 114 FREEVIEW 33 FREESAT 112

CHANNEL 4

SKY 104 HD 227 VIRGIN 104 HD 142 FVIEW 4 HD 104 FSAT 104 HD 126

6.00am Countdown (S)(R)(HD) **6.45-8.00 The King of Queens** Triple bill. (S)(R) **8.00 Everybody Loves Raymond** (S)(R) **9.00 Frasier** (S)(R) **10.00 Car SOS** (S)(R)(HD) **11.00 Undercover Boss Canada** (S)(R)(HD) **12.00noon News** (S)(HD) **12.05pm A Place in the Sun: Winter Sun** Double bill. (S)(R)(HD) **2.10 Deal or No Deal** (S)(HD)(AD) **3.10 Countdown** (S)(HD) **4.00 A New Life in the Sun** Two expats try to open their self-catering complex before summer starts. (S)(HD) **5.00 Couples Come Dine with Me** Three couples compete in the dinner party challenge in Aberdeen. (S)(HD) **6.00 The Simpsons** (S)(R)(AD) **6.30 Hollyoaks** Trevor worries forensics will find his DNA on Sienna when he is questioned by the police. (S)(HD)(AD)



10.00 Raised by Wolves

7.00 News (S)(HD)

7.55 The Political Slot
With Welsh Assembly member for Ynys Môn, Rhun ap Iorwerth. (S)(HD)

8.00 Posh Pawn
SERIES FINALE 6/6. James has two days to turn around a £100,000 loan on a sapphire and diamond ring, while a former fashionista approaches Claudia about her designer handbag collection. (S)(HD)

9.00 24 Hours in A&E
Five-year-old Isa is rushed to A&E after being hit by a car and trapped underneath it, while 26-year-old Tom is treated after slicing through his leg with a circular saw. (S)(HD)(AD)

10.00 Raised by Wolves
2/6. Della makes the house ready for the landlady's visit. See feature, page 11 (Series 2) (S)(HD)(AD) ■ Repeated on Friday

10.35 How to Get a Council House
2/3. Housing officers try to find homes for people. (S)(R)(HD)(AD)

11.35 The Secret World of Tinder (S)(R)(HD) **12.35am NEW SERIES Music on 4: Live from Abbey Road Classics** (S)(HD) **1.00 FILM The Number 23** Mystery thriller starring Jim Carrey. (S)(SL)(HD) (2007, 15, 100min) ★★ **2.40 Secret Millionaire Ireland** (S)(R)(HD) **3.35 Ultimate Dealer** (S)(R)(HD) **4.00 Location, Location, Location** (S)(R)(HD) **4.55 Kirstie's Handmade Treasures** (S)(R)(HD) **5.10-6.00am Deal or No Deal: Double Trouble** (S)(R)(HD)(AD)

+1 hour SKY 135 VIRGIN 143 FVIEW 13 HD 109 FREESAT 121

CHANNEL 5

SKY 105 HD 105/171	VIRGIN 105 HD 150	FVIEW 5	F'SAT 105
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- 6.00-9.15am Milkshake!**
9.15am The Wright Stuff (HD)
11.15 Cowboy Builders (S)(R)
12.10pm News (S)(HD)
12.15 Police Interceptors (S)(R)(HD)
1.15 Home and Away (S)(HD)(AD)
1.45 Neighbours (S)(HD)(AD)
2.15 NCIS: Los Angeles *Overwatch*: 12/24. A body goes missing from the morgue. (Series 2) (S)(R)(HD)
3.15 FILM Imaginary Friend Thriller with Lacey Chabert and Ethan Embry. (S)(HD) (2012, PG, 105min) ★★
5.00 News (S)(HD)
5.30 Neighbours Sonya encourages Steph to make peace with Mark after their kiss. (S)(R)(HD)(AD)
6.00 Home and Away Hikers find a woman's body and Kat thinks that it could be Denny. (S)(R)(HD)(AD)
6.30 News (S)(HD)



10.00 Person of Interest

7.00 The Nightmare Neighbour Next Door

Two quarrelling neighbours who record each other's every moment on CCTV and in diaries, and a woman who ended up in a dispute over a shared driveway. (S)(R)(HD)

8.00 GPs: Behind Closed Doors

Dr Eleanor Beecraft must assess whether or not a patient with bipolar disorder is safe to travel, while Dr Claire Taylor advises a patient who is considering sterilisation. (S)(HD)(AD)

9.00 NEW SERIES Nightmare Tenants, Slum Landlords

Documentary highlighting alarming tales from all sides of the buy-to-let system, from unruly tenants and rogue landlords to dishonest letting agents. (S)(HD)

10.00 Person of Interest

Prophets: 5/22. The Machine emits the number of a gifted political pollster, and Shaw is assigned to protect him when he tries to alert the authorities to vote-rigging. (S)(HD)
10.55 Pretenders: 6/22. Reese meets his biggest fan when an office worker pretending to be a detective stumbles into a conspiracy. (Series 4) (S)(HD)

11.55 Law & Order: Special Victims Unit (Series 11) (S)(R)(HD) **12.45am True Crimes: The First 72 Hours** (S)(R) **1.10 SuperCasino 3.10 The Secret Life of the Family** (S)(R)(HD)
4.00 Wildlife SOS (S)(SL)(R) **4.20 Divine Designs** (S)(SL)(R) **4.45-6.00am House Doctor** (S)(SL)(R)

+1 hour	SKY 177	VIRGIN 155	FVIEW 44	F'SAT 128
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SKY1

SKY 106 HD 106/217	VIRGIN 110 HD 109
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- 6.00am Sunrise** (HD) **9.00 NCIS: Los Angeles** (S)(R)(HD) **10.00 Hawaii Five-0** (Series 5) (S)(R)(HD)
12.00noon NCIS: Los Angeles *Omni*: 3/24. (Series 5) (S)(R)(HD)
1.00pm Hawaii Five-0 (S)(R)(HD)
2.00 Hawaii Five-0 (S)(R)(HD)
3.00 Show Me Your Garden Green-fingered enthusiasts from Scotland compete. (S)(R)(HD)(AD)
4.00 Futurama (S)(R)(HD)
4.30 Futurama (S)(R)(HD)
5.00 The Simpsons (S)(R)(HD)
5.30 Futurama (S)(R)(HD)
6.00 Futurama *Beast with a Billion Backs - Part One*: Part one of four. A planet-sized monster invades the universe. (S)(R)(HD)
6.30 The Simpsons *Four Great Women and a Manicure*: Marge and Lisa discuss strong women. (S)(R)(HD)(AD)



8.00 Arrow

7.00 The Simpsons

Coming to Homerica: Norwegian residents from Ogdenville flood into Springfield for work. (S)(R)(HD)
7.30 The Day the Earth Stood Cool: Homer goes from boring to cool overnight after befriending his trendy new neighbours. (S)(R)(HD)

8.00 Arrow

NEW EPISODE *AWOL*: 11/23. Diggle's brother Andy helps the gang to protect Argus, but his loyalties remain uncertain. (Series 4) (S)(HD)
 ■ Repeated on Friday on Sky 2

9.00 Limitless

NEW EPISODE *Personality Crisis*: 5/22. Brian joins an FBI raid on a meth lab, where it becomes clear the authorities are up against something far more dangerous than a drug ring. (S)(HD)
 ■ Repeated on Friday on Sky 2

10.00 FILM Scream 3

Stalk-and-slash thriller sequel starring Neve Campbell and Courtney Cox Arquette. A psychotic killer runs amok on the set of a horror movie. (S)(HD) (2000, 18, 118min) ★★
 SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

12.00m't Hawaii Five-0 (S)(R)(HD)
1.00am Hawaii Five-0 (S)(R)(HD)
2.00 Night Cops (S)(R) **3.00 Stargate SG-1** (S)(R) **4.00 Stargate SG-1** (S)(R) **5.00 Sky World News** (HD) **5.30-6.00am Sky World Review & Business Report** (HD)

+1 hour	SKY 130
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LOCAL VARIATIONS

BBC1

SCOTLAND
 Sky 951, Virgin 862, Freesat 960

9.00-10.00pm Dunblane: Our Story **10.45** Famous, Rich and Homeless **11.45** A Question of Sport
12.15am FILM Confessions of a Shopaholic (2008, PG) ★★ ★★ **1.50** Weather for the Week Ahead
1.55-6.00am BBC News **N. IRELAND**
 Sky 953, Virgin 863, Freesat 957
10.45pm Nolan Live **11.45** A Question of Sport **12.15** FILM Confessions of a Shopaholic: As Scotland.
1.55-6.00am BBC News
WALES
 Sky 952, Virgin 864, Freesat 964
9.00-10.00pm Jonathan's Six Nations Quiz **10.40** The Wales Report **11.15** Famous, Rich and Homeless
12.15am Question of Sport **12.45** FILM Confessions of a Shopaholic: As Scotland.
2.20 Weather for the Week Ahead **2.25-6.00am** News

BBC2

SCOTLAND
 Sky 970, Freesat 970

2.00pm Terry and Mason's Great Food Trip **2.30** Politics Scotland **3.25** A Place to Call Home **4.15-5.15** Mountain **9.00-10.00** Land of Hope and Glory...
10.30 Scotland 2016
11.00 Newsnight **11.40** Weather **11.45-12.15am** Sign Zone: Phone Shop Idol
N. IRELAND
 Sky 972, Freesat 969
10.00-10.30pm Spotlight **11.15** Live From the BBC
11.45pm-12.15am Sign Zone: Phone Shop Idol
WALES
 Sky 971, Freesat 971
11.15pm Spoilers: Iris Prize **11.40** Land of Hope and Glory - British Country Life
12.40-1.15am Coast

ITV

No variations

S4C

Sky 134, Virgin 166, Freesat 120
7.00am Cyw **12.00noon** Dysgu Gyda Cyw: Fflic a Fflac **12.10pm** Dysgu Gyda Cyw: 123 **12.25** Dysgu Gyda Cyw: Ti Fi a Cyw **12.30** Dysgu Gyda Cyw: Rapsaliwn **12.45** Dysgu Gyda Cyw: Abadas **1.00** Newyddion S4C a'r Tywydd **1.05** Heno **1.30** Dechrau Canu Dechrau Canmol **2.00** Prynghawn Da **2.55** Newyddion S4C a'r Tywydd **3.00** Mamwlad gyda Ffion Hague **3.30** Celwydd Noeth **4.00** Awr Fawr **5.00** Stwnsh **6.00** Pobol y Cwm **6.25** Newyddion S4C a'r Tywydd **6.30** Caeau Cymru **7.00** Heno **7.30** Natur Gwylt Iolo **8.00** Pobol y Cwm **8.25** Gwaith/Cartref **9.00** Newyddion 9 a'r Tywydd **9.30** Y Sgwrs **10.00** Rygbi Pawb **11.00** Pobol y Rhondda **11.35pm-6.00am** Y Dydd yn y Cynulliad

BBC4

SKY 116 HD 116/211	VIR 107 HD 164	FVIEW 9 HD 106	F'SAT 148 HD 107
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7.00pm World News Today The day's leading stories. (HD)

7.30 Timothy Spall: Back at Sea 3/4. The barge visits Whitehaven, the Isle of Man, Belfast and Portpatrick. (AD)

8.00 Hidden Kingdoms 1/3. Survival techniques used by the animal kingdom's smallest creatures, including the grasshopper mouse. (HD)(AD)

9.00 The Prosecutors: Real Crime and Punishment **SERIES FINALE** 3/3. Prosecutors in the Complex Casework Units of CPS Mersey-Cheshire and CPS South East prepare for trials in separate historic cases. (HD)

10.00 Horizon: Solar Storms - The Threat to Planet Earth Scientists' predictions that Earth will be hit by solar storms. (HD)(AD)

11.00 Ancient Egypt: Life and Death in the Valley of the Kings (HD) **12.00m't** Hidden Kingdoms (HD)(AD) **1.00am** Dreaming the Impossible: Unbuilt Britain (HD) **2.00** Timeshift: Crime & Punishment - The Story of Corporal Punishment
3.00-4.00am The Prosecutors: Real Crime and Punishment (SL)

ITV2

SKY 118 HD 118/225	VIR 115 HD 176	FVIEW 6	F'SAT 113
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6.00am Planet's Funniest Animals
6.20 Dinner Date (HD) **7.10** The Ellen DeGeneres Show (HD)
8.00 Emmerdale (HD)(AD)
8.30 You've Been Framed! Rides Again **9.35** Catchphrase (HD) **10.15** Dinner Date (HD)
11.15 Royal Pains (HD)
12.10pm Emmerdale (HD)(AD)
12.45 You've Been Framed! Full Throttle **1.45** The Ellen DeGeneres Show **NEW EDITION** (HD) **2.40** Judge Rinder (HD) **3.40** The Jeremy Kyle Show: Lively talk show. (HD) **5.50** Take Me Out (HD)

7.00 You've Been Framed! Kids Special Comical clips narrated by Harry Hill.

8.00 Two and a Half Men 8/24. Charlie suggests Alan should take a jog on the beach to cure his insomnia. (HD)
8.30 9/24. Alan tries to leave Charlie with a restaurant bill. (Series 4) (HD)

9.00 FILM That Awkward Moment Romantic comedy starring Zac Efron, Miles Teller and Michael B Jordan. Three men vow to remain single after two of them go through break-ups, but find their resolve tested. (HD)(AD) (2014, 15, 92min) ★★ ★★

11.00 Family Guy (HD)(AD)
12.00m't American Dad! (AD) **12.55am** Two and a Half Men (HD) **1.25** Scorpion (HD)(AD) **2.10-2.20am** Rixton: The Hot Desk (HD)

+1 hour	SKY 180	VIR 116	FVIEW 27	F'SAT 114
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MORE4

SKY 138 HD 138/231	VIR 147 HD 203	FVIEW 14	F'SAT 124
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8.55am Jamie's 15 Minute Meals (HD)(AD) **9.35** Food Unwrapped (HD) **10.05** Come Dine with Me (HD) **11.00am-1.55pm** Four in a Bed (HD)

1.55-4.40pm Come Dine with Me (HD) **4.40** A Place in the Sun: Home or USA? (HD) **5.45** A Place in the Sun: Summer Sun (HD) **6.50** The Suprvet (HD)

7.55 Grand Designs

Two architects plan to build an eco-friendly subterranean house in the Cotswolds. (HD)(AD)

9.00 Discovering Britain

NEW EDITION Maureen Lipman and Larry Lamb head to the Pembrokeshire County Show to get a better understanding of the British day trip, while Michael Buerk visits Brighton's Royal Pavilion. (HD)

10.00 8 Out of 10 Cats

Does Countdown With guests Jason Manford and Stephen Mangan. (HD)

11.10 24 Hours in A&E (HD)

12.10am Ramsay's Kitchen Nightmares USA

1.10 Discovering Britain (HD)

2.15 8 Out of 10 Cats Does Countdown (HD) **3.15-3.35am** River Cottage Bites (HD)

+1 hour	SKY 139	VIR 196	FVIEW 125
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E4

SKY 136 HD 136/202	VIR 144 HD 145	FVIEW 28	F'SAT 122
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6.00am Made in Chelsea (HD)

6.45 Charmed **7.35** Hollyoaks (HD)(AD) **8.05** Rules of Engagement (HD) **9.00** New Girl (HD)(AD) **10.00** Melissa & Joey (HD) **11.00** Charmed

1.00pm How I Met Your Mother (HD)(AD) **2.00** The Big Bang Theory (HD)(AD) **3.00** Baby Daddy (HD) **4.00** How I Met Your Mother (HD)(AD) **5.00** New Girl (HD)(AD) **6.00** The Big Bang Theory (HD)(AD)

7.00 Hollyoaks (HD) **7.30** The Goldbergs 13/24. (Series 3) (AD)

8.00 The Big Bang Theory

20/24. The guys compete for a tenured professor position. (Series 6) (HD)(AD)

8.30 13/24. Sheldon is forced to take a holiday. (Series 7) (HD)(AD)

9.00 The 100 **NEW EPISODE**

Watch the Thrones: 4/16. Clarke discovers the mastermind behind the devious plan, while Kane struggles to keep the peace. (Series 3) (AD)

10.00 The Aliens 1/6. Fantasy drama. (HD)(AD)

11.00 Supernatural **SERIES FINALE** *Brother's Keeper*: 23/23. (Series 10) (HD) **12.00m't** The Big Bang Theory (HD)(AD)

1.00am Tattoo Fixers (HD) **2.00** The 100 (AD) **2.45** Supernatural (HD) **3.30** New Girl (HD)(AD)

3.50 2 Broke Girls (HD)(AD)

4.15 Charmed **5.05-6.00am** Made in Chelsea (HD)

+1 hour	SKY 137	VIR 146	FVIEW 29	F'SAT 123
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Sky Living

SKY 107 HD 107/221 VIRGIN 112 HD 111

6.00am Motorway Patrol (HD)
7.00 Nothing to Declare
8.00 Border Security: Canada's Front Line (HD)
9.00 Children's Hospital (HD)
10.00 Million Dollar Listing: Miami (HD) **11.00** My Kitchen Rules: Australia **12.00noon-3.00pm** Criminal Minds (HD)
3.00pm CSI (HD) **5.00** Children's Hospital (HD) **6.00** Nothing to Declare: Double bill following the work of customs officers in Australia.



10.00 Grey's Anatomy

Sky Atlantic

SKY 108 HD 108/222

6.00am Storm City (HD) **8.00** House (HD) **10.00** The West Wing (Series 4) (HD) **11.00** Blue Bloods (Series 3) (HD)
12.00noon Cold Case (HD) **1.00pm** Without a Trace (HD) **2.00** Urban Secrets (HD) **3.00** House (HD) **5.00** The West Wing (HD)
6.00 Blue Bloods: Greener Grass: 6/23. Erin recruits Danny to provide security for a key witness in her latest case. (Series 3) (HD)



10.00 100 Code

GOLD

SKY 110 VIRGIN 126

7.00am Ever Decreasing Circles **7.30** Sorry! **8.00** As Time Goes By **8.40** To the Manor Born **9.20-11.20** Last of the Summer Wine: Triple bill.
11.20 My Family **12.40pm** Open All Hours **1.20** Only Fools and Horses **2.40** As Time Goes By (Series 7)
3.20 To the Manor Born **4.00-6.00** Last of the Summer Wine **6.00** My Family: Janey takes a fancy to a backpacker. **6.40** Ben goes clubbing.



5.20 Last of the...

Dave

SKY 111 HD 111/246 VIRGIN 128 HD 194 F'VIEW 12

7.00am Storage Hunters (HD) **7.20** Ice Road Truckers (HD) **8.10** American Pickers (HD) **10.00** Top Gear (HD)
11.00 FILM Airport: Air disaster drama starring Burt Lancaster, Dean Martin and Jacqueline Bisset. (HD) (1969, PG, 137min) ★★★
2.00pm American Pickers (HD) **4.00** Top Gear (HD) **6.00** American Pickers: Mike comes across a 150-year-old guitar. (HD)



8.00 Sin City Motors

ITV3

SKY 119 HD 119/263 VIR 117 HD 177 F'VIEW 10 F'SAT 115

6.00am Doctor in the House **6.25** Heartbeat **7.25** Where the Heart Is **8.30** The Royal **9.35-10.55** Judge Judy
10.55 Wycliffe **12.00noon** Murder, She Wrote (HD) **1.00pm** Heartbeat **2.00** The Royal **3.05** Where the Heart Is **4.15** Doctor in the House
4.50 In Loving Memory **5.20** On the Buses **5.55** Heartbeat: The Dying of the Light: The policemen come up against sheep rustlers.



8.00 Rosemary & Thyme

ITV4

SKY 120 HD 120/268 VIR 118 HD 178 F'VIEW 24 F'SAT 117

6.00am Football's Greatest: Ronaldo (HD) **6.05** Magnum, PI (HD) **7.05** The Chase (HD) **8.05** The Professionals **9.05** The Sweeney **10.10** Ax Men (HD) **11.10** The Chase (HD)
12.10pm Pawn Stars (HD) **12.45** LIVE Snooker: World Grand Prix: The afternoon session on day two. (HD)
5.15 Storage Wars: Barry finds an item linked to a rock legend. (HD) **5.45** The Car Chasers: Double bill. (HD)



11.15 Extreme Measures

7 PM

7.00 My Kitchen Rules New Zealand **NEW EDITION** It is sudden death for the bottom four teams. (HD)

8 PM

8.00 Criminal Minds *Lucky:* 8/20. The team pursues a devil-worshipping serial killer who eats his victims. (Series 3) (HD)

9 PM

9.00 Madam Secretary **NEW EPISODE** You Say You Want a Revolution: 7/22. Elizabeth attempts to lift the Cuban trade embargo. (Series 2) (HD)

10 PM

10.00 Grey's Anatomy **NEW EPISODE** Unbreak My Heart: 11/24. (Series 12) (HD)
11.00 Criminal Minds (HD) **12.00m** CSI (HD) **2.40am** Emergency Abroad (HD) **3.30** UK Border Force (HD) **4.20** Border Security: Canada's Front Line (HD) **4.45-6.00am** Nothing to Declare

+1 hour SKY 122 VIRGIN 140

7.00 Cold Case *Cargo:* 22/24. Rush reopens the 2005 case of a murdered dock worker. (Series 4) (HD)

8.00 Without a Trace *The Thing with Feathers:* 10/24. A woman with one month to live disappears. (Series 5) (HD)

9.00 Blue Bloods **NEW EPISODE** Flags of Our Fathers: 10/22. Danny's ex-partner is accused of planting evidence to wrap up a case. (Series 6) (HD)

10.00 100 Code **NEW EPISODE** Secrets: 10/12. The team comes across a key piece of evidence. (HD)

11.00 Dexter (HD) **1.20am** The Sopranos (HD) **2.30** Without a Trace (HD) **3.30** The Comeback (HD) **4.00-6.00am** Storm City (HD)

+1 hour SKY 170

7.20 Open All Hours Arkwright organises a sales drive in a bid to boost profits.

8.00-10.00 Only Fools and Horses Del acquires a fallout shelter, so the Trotters prepare for war.

8.40 Christmas special of the sitcom from 1981. Del and Rodney put on their glag rags and have a festive night out. **9.25** Rodney falls for a policewoman, much to the consternation of dodgy dealer Del-Boy.

10.00 Bull The trader inherits a collection of mauling deer heads.

10.40 The Interviews **11.40** Comic Roots **12.20am** Cheers **12.50** Shooting Stars **1.30** Absolutely Fabulous **2.05** Bull **2.40** Shooting Stars **3.10** Absolutely Fabulous **3.45-3.55am** Creature Comforts

+1 hour SKY 166 VIRGIN 127

7.00 American Pickers Mike and Frank uncover an impressive hoard, and strike gold in an unusual prop shop. (HD)

8.00 Sin City Motors **NEW EDITION** 8/10. Steve Darnell and the team build a train-themed rat rod. (HD)

9.00 QI XL Stephen Fry poses some unusual questions about jelly, jam and juice to Jo Brand, Liza Tarbuck, Sue Perkins and Alan Davies. (HD)

10.00 Comedians Cal Wilson, Jack Whitehall and Jimmy Carr join Stephen Fry and regular panellist Alan Davies. (HD)

11.00 Mock the Week: Double bill. (HD) **12.20am** Would I Lie to You? The Unseen Bits (HD) **1.00** 8 Out of 10 Cats **2.00** QI XL (HD) **3.00-4.00am** Only Connect

+1 hour SKY 214 VIRGIN 129 F'VIEW 84

7.00 Murder, She Wrote *Murder Digs Deep:* An archaeological dig reveals a murder. Guest stars Robert Vaughn. (HD)

8.00 Rosemary & Thyme *Up the Garden Path:* A village's garden contest leads to murder.

9.00 Love Your Garden A large family in the Brecon Beacons receives a garden makeover. (HD)

10.00 A Touch of Frost *Unknown Soldiers:* Jack is taken hostage while interviewing a suspect.

12.05am Wire in the Blood: *Falls the Shadow - Part One:* 3/8. Tony is suspected of murder. (Series 6) **1.05-2.00am** Where the Heart Is

+1 hour SKY 193 VIRGIN 174 F'SAT 116

6.45 LIVE Snooker: **World Grand Prix** Jill Douglas presents further coverage of the second day of the second staging of the tournament from the Venue Cymru in Llandudno, as the line-up for round two is decided. With analysis from Alan McManus and Neal Foulds, and commentary by Clive Everton and Phil Yates. (HD)

11.15 FILM *Extreme Measures:* Medical thriller starring Hugh Grant, Gene Hackman and Sarah Jessica Parker. (HD) (1996, 15, 117min) ★★

+1 hour SKY 206 VIRGIN 175 F'SAT 155

Real Lives

SKY 172 VIRG 160

6.00am UK Border Force **7.00** 60 Minute Makeover **9.00** Sun, Sea and A&E **10.00** Jerry Springer **11.40** The Biggest Loser: Australia **1.10pm** America's Next Top Model **2.05** Four Weddings **3.05** Obese: A Year to Save My Life USA **NEW EDITION** **4.00** Border Security: Canada's Front Line **5.00** Nothing to Declare **6.00** America's Next Top Model **7.00** Bangkok Embassy **8.00** Nothing to Declare
9.00 Sun, Sea and A&E **10.00** Amsterdam Nights **11.00** Sexcetera **1.00am** Eurotrash: The Sexy Bits **2.00** When Vacations Attack **3.00** The Devil's Dinner Party **4.00** Sun, Sea and A&E **5.00-6.00am** RSPCA Animal Rescue

+1 hour SKY 173 VIRG 207

Sky2

SKY 129 VIRG 121

6.00am Brainiac: Science Abuse **7.00** Ninja Warrior **8.00** Highway Patrol **9.00** Arrow **10.00** Nothing to Declare **11.00** Inside Gattwick **12.00noon** Ninja Warrior **1.00pm** Robot Wars **2.00** Arrow **3.00** Four Weddings **4.00** Police Force: Australia **5.00** Robot Wars **6.00** Stargate Universe **7.00** Stargate Universe **8.00** Dog the Bounty Hunter Double bill. **9.00** Karl Pilkington: The Moaning of Life The lengths people go to in order to stay healthy. **10.00** A League of Their Own: Unseen Unseen footage from series 10. **11.00** Zoo **12.00m** Arrow **1.00am** Limitless **2.00** Border Security USA **4.00** Nothing to Declare **5.00-6.00am** The Real A&E

Pick

SKY 152 VIRG 123 F'VIEW 11 F'SAT 144

6.00am Sunrise **7.00** Most Haunted **8.00** Sixth Sense with Colin Fry **9.00** Cold Case **10.00** Sanctuary **11.00** Stargate Universe **12.00noon** Motorway Patrol **12.30pm** The Jerry Springer Show **2.00** Highway Patrol **2.30** Customs UK **3.00** Nothing to Declare **4.00** It's Me or the Dog **5.00** Cold Case **6.00** Without a Trace (Series 3) **7.00** Stargate SG-1 **8.00** Sanctuary **9.00** Bones (Series 4) **10.00** Criminal Minds *Demonology:* 17/26. (Series 4) **11.00** Without a Trace **12.00m** Supernatural (Series 7) **1.00am** Most Shocking **2.00** Sexcetera **3.00** A Haunting **5.00-6.00am** Highway Patrol

+1 hour SKY 153 F'SAT 159

E!

SKY 151 HD 151/239 VIRG 156

7.00am Kourtney and Kim Take Miami **8.00** News **9.00** Tia and Tamara **10.00** Just Jillian **11.00** Keeping Up with the Kardashians **12.00noon** News **1.00pm** Jerseylicious **2.00** Keeping Up with the Kardashians **3.00** Giuliana and Bill **4.00** News **5.00** Kourtney and Kim Take Miami **6.00** Total Divas **7.00** News **8.00** Keeping Up with the Kardashians **9.00** The Royals **NEW EPISODE** 5/10. (Series 2) **10.00** Hollywood Medium with Tyler Henry **11.00** News **12.00m** Kourtney and Kim Take Miami **1.00am** Keeping Up with the Kardashians **1.30** Teleshopping **2.30** News **4.30-5.00am** Celebrity Style Story

+1 hour SKY 229

Alibi

SKY 132 HD 132/247 VIRG 130 HD 200

7.10am Diagnosis Murder **8.00** Murdoch Mysteries (HD) **10.00** The Closer (HD) **11.00** Castle (HD) **1.00pm** Sue Thomas: F.B.I. **2.00** The Closer (HD) **3.00** Murdoch Mysteries (HD) **4.00** Castle **6.00** Rizzoli & Isles (Series 5) (HD) **7.00** Rizzoli & Isles *If You Can't Stand the Heat:* 11/18. (Series 5) (HD) **8.00** Castle *Witness for the Prosecution:* 10/22. (Series 8) (HD) **9.00** Rizzoli & Isles **SERIES RESUMES** *Hide and Seek:* 13/18. Maura is abducted. (Series 6) (HD) **10.00** King and Maxwell Pilot episode. (HD) **11.00** Rizzoli & Isles (HD) **1.00am** Sue Thomas: F.B.I. **2.00** Diagnosis Murder **2.50-4.00am** Murdoch Mysteries (HD)

+1 hour SKY 226 VIRG 131

ITV Be

SKY 179 VIR 119 HD 179 F'VIEW 26 F'SAT 118

9.00am Be Beautiful (HD) **9.10** The Only Way Is Essex **10.00** May the Best House Win (HD) **11.00** Who's Doing the Dishes? (HD) **12.05pm** The Jeremy Kyle Show USA **1.00** Jerseylicious (HD) **2.00** The Real Housewives of Atlanta (HD) **3.00** Buying and Selling (HD) **4.00** The Real Housewives of New York City (HD) **6.00** Dinner Date (HD) **7.00** Buying and Selling **NEW EDITION** (HD) **8.00** Dinner Date **NEW EDITION** (HD) **9.00** Mob Wives: Miami Monkey **NEW EDITION** (HD) **10.00** The Only Way Is Essex **NEW EDITION** (HD) **10.50** Kendra on Top: Double bill. (HD) **11.45pm-12.45am** The Jeremy Kyle Show USA

+1 hour SKY 207 VIRG 120 F'SAT 158

ITV Encore

SKY 123 HD 123/269

6.00am The Encore Hour **9.00** Always and Everyone **9.55** Upstairs, Downstairs **10.50** Heartbeat **11.45** The Chief **12.40pm** Kavanagh QC (HD) **2.20** Robin of Sherwood **3.25** Heartbeat **4.40** Always and Everyone **5.45** Upstairs, Downstairs **6.50** Agatha Christie's Poirot: *The Cornish Mystery.* (HD) **7.55** **Downton Abbey** 5/8. Neville Chamberlain visits Downton. (Series 6) (HD) **9.00** The Frankenstein Chronicles *Lost and Found:* 6/6. (HD) **10.00** Vera *Castles in the Air:* The detective investigates the murder of a physiotherapist. (HD) **12.00m** Whitechapel (HD) **1.00am** Into the Blue (HD) **3.05** Injustice (HD) **4.00-6.00am** The Encore Hour

+1 hour SKY 208

Comedy Central

SKY 112 HD 112/205 VIRGIN 132 HD 181

8.00am Two and a Half Men (HD) **9.00** Friends (HD) **10.00** The Middle (HD) **11.00** Malcolm in the Middle (HD) **12.00noon** Impractical Jokers (HD) **1.00-3.00pm** Friends (Series 7) (HD) **3.00** The Middle (HD) **4.00** Malcolm in the Middle (Series 7&1) (HD) **5.00-7.00** Friends: Back-to-back episodes, including at: **6.30** 12/24. Ross and Joey get trapped on the roof. (Series 7) (HD)



10.00 Drunk History

7.00-9.00 Impractical Jokers The jokers pose as puppy salesmen. (HD) **7.30** The pranksters try to fundraise for some bizarre charities. (HD) **8.00** Double bill of the hidden camera practical joke show following the escapades of the comedy troupe the Tenderloins. (HD)

9.00 Lip Sync Battle Iggy Azalea takes on her fiancé Nick Young. (HD) **9.30** With The Devil Wears Prada stars Emily Blunt and Anne Hathaway. (HD)

10.00 Drunk History **NEW EDITION** (HD) **10.30** Bad Education (HD) **11.00** Bob's Burgers **12.00m't** The Daily Show **NEW EDITION** (HD) **12.30am** Undateable (HD) **1.00** The Middle (HD) **1.30** Bob's Burgers (HD) **2.30** South Park (HD) **3.00-4.10** Two and a Half Men (HD) **4.10-5.00am** The Middle (HD)

+1 hour SKY 127 VIRGIN 133

Syfy

SKY 114 HD 114/201 VIRGIN 135 HD 165

6.00am Buffy the Vampire Slayer **8.00** Teleshopping **11.00** Star Trek: Deep Space Nine **12.00noon** Star Trek: The Next Generation **1.00pm** Defiance (HD) **2.00** **FILM** 100 Degrees Below Zero: Disaster thriller. (HD) (2013, PG, 89min) ★ **4.00** Buffy the Vampire Slayer **6.00** Star Trek: Deep Space Nine: *Valiant*: 22/26. Jake and Nog are attacked by Jem'Hadar soldiers. (Series 6)



9.00 Extant

7.00 Star Trek: The Next Generation *Ship in a Bottle*: 12/26. Professor Moriarty returns to wreak havoc. With Stephanie Beacham. (Series 6) (HD) **8.00** Killjoys *Kiss Kiss, Bye Bye*: 7/10. The team is led into great danger as it tries to get to the bottom of D'avin's missing memories. (HD)

9.00 Extant **NEW EPISODE** *The Other Side*: 9/13. Shepherd and JD agree to look into what happened to John. (Series 2) (HD)

10.00 **FILM** The Knights of Badassdom Fantasy comedy. (HD) (2013, 15, 85min) ★★ **SEX** ●●● **VIOLENCE** ●●● **LANG** ●●● **12.00m't** Extant (HD) **1.00am** **FILM** Ghost Shark: Horror. (HD) (2013, 15, 84min) ★★ **2.50** Defiance (HD) **4.00-6.00am** **FILM** 2012: Ice Age (HD) (2011, 12, 87min) ★

+1 hour SKY 194 VIRGIN 136

W

SKY 109 HD 109/245 VIRGIN 124 HD 191

6.20am Who Do You Think You Are? As 2.00pm. (HD) **7.20** MasterChef Australia (HD) **8.20** MasterChef USA (HD) **9.20** The Bill **10.20** EastEnders (HD) **11.00** Tipping Point (HD) **1.00pm** My Dream Home **NEW EDITION** (HD) **2.00** Who Do You Think You Are? With Larry Lamb. (HD) **4.00** Beverly Hills Pawn (HD) **5.00** My Dream Home (HD) **6.00** Tipping Point: Quiz. (HD)



9.00 The Honourable...

7.00 MasterChef USA **NEW EDITION** 15/20. The final seven amateur chefs prepare a dish featuring prawns. (HD)

8.00 Humble Pie Enthusiastic amateurs' culinary skills are judged by Michelin star chef Marco Pierre White and one another. (HD)

9.00 The Honourable Woman *The Ribbon Cutter*: 4/8. The action rewinds to events eight years previously with Nessa and Atika held captive in Gaza. (HD)

10.10 Code Black *Hail Mary*: 16/22. A stubborn high school football coach refuses to have life-saving surgery. (HD) **11.10** Gavin & Stacey (HD) **12.30am** Neighbourhood Blues (HD) **1.25** Humble Pie: As 8.00pm. (HD) **2.15-3.00am** Do No Harm (HD)

+1 hour SKY 213 VIRGIN 125

Universal

SKY 113 HD 113/204 VIRGIN 137

6.00am Royal Pains (HD) **7.00** Teleshopping **8.00** In Plain Sight (HD) **9.00** Numb3rs (Series 2) (HD) **10.00** CSI: Miami (Series 3) (HD) **11.00** NCIS (HD) **12.00noon** Law & Order (HD) **1.00pm** Sea Patrol (HD) **2.00** Rescue Special Ops (HD) **3.00** NCIS (HD) **4.00** Law & Order (HD) **5.00** Sea Patrol (Series 4) (HD) **6.00** Rescue Special Ops: *Missing Pieces*: 18/22. (Series 3) (HD)



9.00 How to Get Away...

7.00 NCIS *Witch Hunt*: 6/24. Kidnappers strike on Halloween, wounding a Marine sergeant and snatching his daughter. (Series 4) (HD)

8.00 CSI: Miami *Cop Killer*: 13/24. A patrolman is murdered during a routine traffic stop. (Series 3) (HD)

9.00 How to Get Away with Murder **NEW EPISODE** *She Hates Us*: 11/15. New details about Annalise's past are revealed. (Series 2) (HD)

10.00 Sleepy Hollow *Incident at Stone Manor*: 10/18. (Series 3) (HD) **11.00** Law & Order: Special Victims Unit (HD) **12.00m't** NCIS (HD) **1.00am** How to Get Away with Murder (HD) **2.00** Sea Patrol (HD) **3.00** Bates Motel (HD) **4.00** Royal Pains (HD) **5.00-6.00am** Quincy ME (Series 4)

+1 hour SKY 150 VIRGIN 138

FOX

SKY 124 HD 124/188 VIRGIN 157 HD 199

8.00am The Mentalist (HD) **9.00** Leverage (HD) **10.00** The Closer (HD) **11.00** The Mentalist (Series 3) (HD) **1.00pm** NCIS (Series 10) (HD) **3.00** Leverage (Series 2) (HD) **4.00** The Mentalist: Double bill. (Series 3) (HD) **6.00** The Closer: *Serving the King - Part Two*: 15/15. Brenda is given false information while attempting to find a terrorist-linked suspect. (Series 2) (HD)



6.00 The Closer

7.00 NCIS *Hereafter*: 15/24. The death of a Marine who was competing in underground fight clubs is investigated. (HD)

8.00 *Detour*: 16/24. Ducky and Jimmy are abducted while transporting a body to the morgue. (Series 10) (HD)

9.00 Family Guy Meg is kidnapped while travelling in Europe. (HD) **9.30-11.00** American Dad! Hayley meets someone new. (HD)

10.00 Stan fears Francine will leave him. **10.30** A new neighbour makes promises to Steve and his friends. (HD)

11.00 Family Guy **12.00m't** American Dad! **2.00am** The Walking Dead (HD) **3.00** Family Guy **4.00-5.00am** American Dad!

+1 hour SKY 165 VIRGIN 158

Sky Arts

SKY 121 HD 121/223 VIRGIN 122 HD 206

6.00am Discovering: Henry Fonda (HD) **7.00** Hollywood's Best Film Directors (HD) **8.00** Callas Assoluta **10.00** Bolero (HD) **10.20** **FILM** Finding Vivian Maier (HD) (2013, 12, 84min) ★★★★★ **12.00noon** Auction (HD) **1.00** Tales of the Unexpected **2.00** South Bank Show Originals (HD) **3.00** Brahms Symphony No 1 in C Minor (HD) **3.55** Quincy Jones: Live in '60 **5.35** The Who Live in Texas



9.00 Occupied

The Who Live in Texas (started at 5.35pm)

8.00 The Seventies The politics, culture and historic events of the 1970s, from the Watergate scandal to the Iran hostage crisis. (HD)

9.00 Occupied **NEW EPISODE** *November*: 9/10. Free Norway carries out a dangerous mission against the Russians. Subtitled. (HD)

10.00 Computer Says Show The conclusion of the experiment to find out if a computer can create a musical. (HD) **11.00** Beyond the Fence (HD) **1.20am** Occupied (HD) **2.20** Behold the Monkey (HD) **2.50** At-Issue (HD) **3.00** Inside the Actors Studio: Jason Bateman **5.00-6.00am** Royalty Close Up (HD)

7 PM

8 PM

9 PM

10 PM

CBS Action

SKY 148 VIRG 192 F'VIEW 64 F'SAT 137

9.00am JAG (Series 5) **10.00** MacGyver **11.00** Star Trek: Deep Space Nine **12.00noon** Star Trek **1.00pm** The High Chaparral **2.00** NCIS **4.00** Walker, Texas Ranger **5.00** JAG **6.00** Star Trek (Series 3) **7.00** MacGyver *Squeeze Play*: 11/21. (Series 6) **8.00** Star Trek: Deep Space Nine (Series 5) **9.00** NCIS *Love and War*: 14/25. The agents investigate the private life of a murdered navy captain. (Series 6) **10.00** Bad Girls 16/18. A power cut strikes the prison. (Series 7) **10.55** Walker, Texas Ranger (Series 9) **11.55** NCIS **12.55am** Bad Girls **1.45** Nash Bridges **2.45** Harper's Island **3.30** Walker, Texas Ranger **4.15-6.00am** Hawaii Five-O

CBS Drama

SKY 149 VIRG 197 F'VIEW 74 F'SAT 134

9.00am Knots Landing **11.00** Judging Amy **12.00noon** Judge Judy **1.00pm** Hawaii Five-O **2.00** The High Chaparral **3.00** Matlock **4.00** Judge Judy **5.00** Judging Amy **6.00** Dr Quinn: Medicine Woman: *Portraits*: 18/18. (Series 1) **7.00** Cheaters A man who has been having an affair with the babysitter. **8.00-10.00** Judge Judy Back-to-back editions of real-life small-claims cases, presided over by former New York judge Judy Sheindlin. **10.00** Cheaters Hidden cameras expose unfaithful partners. **11.00** Cheaters **12.00m't** Jerry Springer **12.55am** Cops **1.55** Beverly Hills 90210 **2.55** Hawaii Five-O **3.50-5.00am** The High Chaparral

4Seven

SKY 140 VIRG 195 F'VIEW 110/47 F'SAT 127

9.00am Come Dine with Me (HD) **10.00** A Place in the Sun: Winter Sun (HD) **11.00** A New Life in the Sun (HD) **12.00noon** Location, Location, Location (HD) **1.00pm** Undercover Boss Canada (HD) **2.00** A New Life in the Sun (HD) **3.00** Selling Houses (HD) **4.00** Great Canal Journeys (HD) **5.00** Location, Location, Location (HD) **6.00** Come Dine with Me (HD) **8.00** The Secret Life of the Zoo (HD) **9.00** Ugly House to Lovely House with George Clarke (HD) **10.00** Very British Problems (HD) **11.00** The Last Leg (HD) **12.00m't** Fresh Meat (HD) **12.50am** Posh Pawn (HD) **1.45** Penelope Keith's Hidden Villages (HD) **2.40** Couples Come Dine with Me (HD) **3.30-4.30am** A New Life in the Sun (HD)

5USA

SKY 174 VIRG 153 F'VIEW 21 F'SAT 129

9.00am Rookie Blue **10.00** Person of Interest **12.00noon** CSI (Series 8) **1.00pm** NCIS (Series 3) **2.00** **FILM** Spirit Riders: Family drama. (2015, PG, 92min) ★★ **4.00** NCIS **5.00** CSI **6.00** CSI: Miami **7.00** NCIS *Shalom*: 1/24. Ziva witnesses a political assassination. **8.00** *Escaped*: 2/24. Fornell and his daughter are threatened. (Series 4) **9.00** Chicago Fire *Mon Amour*: 2/24. Severide is blamed for Darden's death. (Series 1) **10.00** Law & Order: *Alternate*: 1/19. Benson and Stabler investigate a case of alleged child abuse. (Series 9) **11.00** CSI: NY **11.55** CSI **1.55am** CSI: Miami **2.50** The Mentalist **3.35-4.05am** My Name Is Earl

SKY 219 VIRG 154 F'VIEW 83 F'SAT 130

5STAR

SKY 176 VIRG 151 F'VIEW 30 F'SAT 131

9.00am Gilmore Girls **11.00** My Wife and Kids **12.00noon** Now That's Funny! **1.00** Dance Moms **2.00** The Nightmare Neighbour Next Door **3.00** Neighbours **3.30** Home and Away **4.00** 8 Simple Rules **5.00** My Wife and Kids **5.55** Access **6.00** Neighbours **6.30** Home and Away **7.00** Dance Moms **8.00** Now That's Funny! **9.00** **FILM** Red Dragon Crime thriller with Edward Norton, Ralph Fiennes and Anthony Hopkins. (2002, 15, 124min) ★★ **11.35** **FILM** The Other Guys: Crime comedy with Will Ferrell. (2010, 12, 107min) ★★★★★ **1.45am** The Shannara Chronicles **2.40** Scrubs **3.30** Ridiculousness **3.50-4.00am** Access

+1 hour SKY 190 F'SAT 132

True Ent

SKY 184 VIRG 189 F'VIEW 61 F'SAT 142

6.00am The Waltons **7.00** Little House on the Prairie **8.00** The Waltons **10.00** Touched by an Angel **11.00** Little House on the Prairie **12.00noon** The Avengers **1.00pm** **FILM** Whose Child is This? The War for Baby Jessica (1993, PG, 93min) ★★ **3.00** A Perry Mason Mystery: The Case of the Jealous Jokester **5.00** Highway to Heaven **6.00** Touched by an Angel **7.00** M*A*S*H Double bill. **8.00** The Avengers *Who Was That Man I Saw You With?*: 25/33. (Series 6) **9.00** **FILM** A Dangerous Affair Thriller starring Connie Sellecca. (1994, 15, 88min) ★★ **11.00** **FILM** When Friendship Kills: Drama. (1995, PG, 87min) ★★ **1.00-3.00am** Perry Mason: The Case of the Defiant Daughter

Drama

SKY 158 VIRG 190 F'VIEW 20 F'SAT 162

7.10am The Bill **8.00** Dangerfield **9.00** Pie in the Sky **10.00** Lovejoy **11.00** The Bill **1.00pm** Last of the Summer Wine **1.40** Terry and June **2.20** Birds of a Feather **3.00** Dangerfield **4.00** Pie in the Sky **5.00** Lovejoy **6.00** Birds of a Feather **6.40** Last of the Summer Wine **7.20** Whatever Happened to the Likely Lads? **8.00** Maisie Raine **9.00** Shetland *Red Bones - Part One*: An elderly woman is shot. **10.00** Jonathan Creek *The Chequered Box*: A police officer is implicated in a murder. With Colin McFarlane. **11.20** Birds of a Feather **12.00m't** The Bill **1.00am** Pie in the Sky **2.00** Lovejoy **3.00** Birds of a Feather **3.30-4.00am** Garden Makers

WEDNESDAY Entertainment & Lifestyle

AMC

SKY 192
HD 192/276

Programmes start at 7pm.

7.00pm FILM We're No Angels
Action comedy starring Robert De Niro and Sean Penn as escaped convicts who pretend to be priests. (1989, 15, 106min) ★★

9.00 Breaking Bad No Mas:
1/13. Gus offers Walt a huge amount of money. (Series 3)

10.00 The Shield Pilot:
1/13. Pilot episode of the police drama. (Series 1)

11.00 FILM Alpha Dog: Crime drama based on real events, starring Ben Foster, Shawn Hatosy, Emile Hirsch and Justin Timberlake. (2006, 15, 117min) ★★ **11.55am Breaking Bad:** As 9.00pm. **2.15 The Shield:** As 10.00pm. **3.15 Big Screen 3.35-5.30am Rectify:** Double bill. (Series 2)

Good Food

SKY 133 VIRG 278
HD 133/255 HD 280

6.00am Highlights 10.00 You Gotta Eat Here NEW EDITION (HD) **10.30 You Gotta Eat Here SERIES FINALE** (HD) **11.00 MasterChef: The Professionals** (HD) **12.00noon The Little Paris Kitchen:** Cooking with Rachel Khoo (HD) **1.00pm Jamie's 30 Minute Meals** (HD) **2.00 Nigel Slater's Simple Suppers** (HD) **3.00 You Gotta Eat Here** (HD) **4.00 MasterChef: The Professionals** (HD) **5.00 The Little Paris Kitchen:** Cooking with Rachel Khoo (HD) **6.00 Jamie's 30 Minute Meals** (HD)

7.00 Nigel Slater's Simple Suppers (HD) **8.00 You Gotta Eat Here** (HD) **9.00 MasterChef: The Professionals** (HD) **10.00 Jamie's 30 Minute Meals** (HD) **11.00 Nigel Slater's Simple Suppers** (HD) **12.00m't You Gotta Eat Here** (HD) **1.00-6.00am Highlights**

+1 hour SKY 243 VIRG 279

Shed

SKY 242 VIRGIN 286

6.00am Thinking Tackle 8.00 Total Fishing with Matt Hayes **9.00 John Wilson's Fishing World 10.00 Property Wars**

11.00am-2.00pm Mythbusters: Triple bill. **2.00pm Custom My Ride 4.00 Hooked on Fishing 4.30 Fishing Gurus 5.00 Thinking Tackle**

7.00 Total Fishing with Matt Hayes Double bill.

8.00 John Wilson's Fishing World The angler searches for sturgeon in Canada. **8.30 The expert goes deep-water reef fishing.**

9.00 Storm Chasers The team is prepared as the stormiest day of the season arrives.

10.00 Custom My Ride: Double bill. **12.00m't You Have Been Warned 1.00am Destroyed in Seconds:** Double bill. **2.00 Thinking Tackle:** Double bill. **3.50 Storm Chasers 4.40 Hooked on Fishing 5.05 Fishing Gurus 5.30-6.00am Supermodels:** HMS Fearless

CBS Reality

SKY 146 VIRGIN 148 F'VIEW 66 F'SAT 135

9.00am Judge Judy 10.00 The Super 11.00 Rapid Response 12.00noon 48 Hours

1.00-3.00pm Judge Judy 3.00 Unsolved Mysteries: Double bill. **5.00-7.00 Judge Judy**

7.00 Medical Detectives Double bill. How investigators use science to solve crimes.

8.00 Troubled Teens: Jail Shock Placing at-risk teens in a programme to steer them away from a life of crime.

9.00 Killer Doctors on Death Row The dark motives of some medical professionals.

10.00 Cold Blood Murder investigation reconstructions.

11.00 Medical Detectives: Double bill. **12.00m't I Survived 1.00am Killer Doctors on Death Row 2.00 Cold Blood 3.00 Shopping 4.00 The Super 4.25 Dog and Beth: On the Hunt 5.10-6.00am Heir Hunters**

SKY 147 VIRG 201 F'VIEW 67 F'SAT 136

Home

SKY 196 VIRGIN 281 F'VIEW 25

7.00am Ground Force 8.00 DIY SOS 9.00 DIY SOS: The Big Build 10.00 Escape to the Country 11.00 Ground Force 12.00noon Homes Under the Hammer

1.00pm DIY SOS 2.00 DIY SOS: The Big Build 3.00 A Place in the Sun: Winter Sun Amateur sailors look for a home in Tenerife.

4.00 Escape to the Country 5.00 Fantasy Homes by the Sea 6.00 Ground Force 7.00 Homes Under the Hammer

8.00 DIY SOS: The Big Build The team adapts the home of a stroke survivor in Cheshire.

9.00 Escape to the Country 10.00 A Place in the Sun: Winter Sun Amateur sailors look for a home in Tenerife.

11.00 Fantasy Homes by the Sea 12.00m't Homes Under the Hammer 1.00am Escape to the Country 2.00 A Place in the Sun: Winter Sun 3.00-4.00am Ground Force

+1 hour SKY 244 VIRG 282

Sony Channel

SKY 157 VIRGIN 193

7.00am 'Til Death 8.00 Ghost Hunters: Double bill. **10.00 How to Look Good Naked**

12.00noon FILM Hope and Glory: John Boorman's drama. (1987, 15, 113min) ★★

2.05pm 10 Years Younger New Zealand **3.00 How to Look Good Naked:** Double bill. **5.00 Ghost Hunters International 6.00 Ghost Hunters:** Double bill.

8.00 Ghost Hunters International Visiting a haunted castle in Ireland.

9.00 Secret Diary of a Call Girl Double bill of the drama.

10.00 The Night Shift Recovery: 1/14. (Series 2)

11.00 Ghost Hunters 12.00m't How to Look Good Naked 12.50am Ghost Hunters International 2.30 How to Look Good Naked 3.20 Will & Grace 3.50-4.00am Sony Movie News Extra

+1 hour SKY 181

Challenge

SKY 145 VIRGIN 139 F'VIEW 46 F'SAT 145

6.00am Deal or No Deal: Double bill. **7.30 Countdown 8.00 Golden Balls 9.00 Pointless 10.00 The Chase 11.00 Blockbusters:** Double bill. **12.00noon Dale's Supermarket Sweep**

12.30pm Bruce's Price Is Right 1.00 Strike It Rich 1.30 Bullseye 2.00 Pointless 3.00 The Chase 4.00 Blockbusters: Double bill. **5.00 Total Wipeout:** Hosted by Richard Hammond. **6.00 Robot Wars 7.00 Pointless Celebrities 8.00 Pointless**

9.00 The Chase 10.00 Classic Who Wants to Be a Millionaire? 11.00 Bullseye: Double bill. **12.00m't Bruce's Price Is Right 12.30am Dale's Supermarket Sweep 1.00 Pointless 2.00 Pointless Celebrities 3.00 Total Wipeout 4.00 Robot Wars 5.00-6.00am Golden Balls**

+1 hour SKY 164 VIRG 180 F'VIEW 46 F'SAT 146

Home & Health

SKY 240 VIRGIN 284

6.00am Bad Dog! 7.00 Bondi Vet 8.00 Hospital Sydney 9.00 MasterChef Australia

10.30 I Didn't Know I Was Pregnant 11.00 Homes Under the Hammer 1.00pm MasterChef Australia 2.30 I Didn't Know I Was Pregnant 3.00 Homes Under the Hammer 5.00 Hospital Sydney

7.00 MasterChef Australia 8.00 Lottery Changed My Life A Texas lottery winner who had to go into hiding.

9.00 Coming Out Diaries 10.00 Untold Stories of the ER A man is critically injured by a boat propeller.

11.00 I Didn't Know I Was Pregnant 12.00m't Dr G: Medical Examiner. 1.00am Hoarding: Buried Alive 2.00 Lottery Changed My Life 3.00 Coming Out Diaries 4.00-6.00am Homes Under the Hammer: Double bill.

+1 hour SKY 241 VIRG 285

Spike

SKY 160 F'VIEW 31 F'SAT 141

9.00am Access 9.05 Bar Rescue 10.00 Cops: Double bill. **11.00 Police Interceptors**

12.00noon Stobart: Trucks, Trains & Planes 1.00pm Police Interceptors 2.00 FILM Albert RN: Fact-based war drama starring Anthony Steel. (1953, b/w, PG, 89min) ★★ **3.45 Access 4.00 Police Interceptors 5.00 Stobart: Trucks, Trains & Planes 6.00 Police Interceptors**

7.00 Police Interceptors An armed response unit is called out to a city centre bar after a report of a gun being spotted.

8.00 World's Craziest Police Pursuits High-octane special.

9.00 Can't Pay? We'll Take It Away Double bill.

11.00 Lip Sync Battle: With Gabriel Iglesias and Randy Couture. **11.30 Car Crash TV 11.55 World's Craziest Police Pursuits 12.55am Violent Assault:** Caught on Camera **1.55-3.00am Love/Hate**

Comedy Central

SKY 128 VIRGIN 182

9.00am Anger Management 10.00 Impractical Jokers 11.00am-1.00pm Friends: Back-to-back episodes of the sitcom. **1.00pm Rules of Engagement 2.00 Impractical Jokers 3.00 Bob's Burgers**

4.00 Friends 5.00 Impractical Jokers 6.00 Rules of Engagement 7.00 Malcolm in the Middle 8.00 Bob's Burgers 9.00 Cats Make You LOL 10.00 Impractical Jokers Double bill. **11.00 Friends:** Double bill. **12.00m't The Middle:** Double bill.

1.00am Inside Amy Schumer 1.30 Workaholics 2.00 The Daily Show 2.30 Paul Chowdhry: What's Happening White People? 3.25 Threesome 3.50 Sir Leslie Quint: A Life in Film 3.55 South Park 4.20-6.00am The King of Queens: Back-to-back episodes. (Series 2)

+1 hour SKY 159

Lifetime

SKY 156 VIRG 208
HD 156/236 HD 209

6.00am Property Brothers (HD) **7.00 Sarah Beeny's Selling Houses** (HD) **8.00 Flipping Boston** (HD) **9.00-11.00 Judge Judy** (HD) **11.00 Pawn Stars** (HD) **12.00noon Sarah Beeny's Selling Houses** (HD) **1.00pm Flipping Boston** (HD)

2.00 Judge Judy (HD) **3.00 Hardcore Pawn 4.00 Dance Moms** (HD) **5.00 Don't Tell the Bride** (HD) **6.00 Hardcore Pawn** (HD) **7.00 Judge Judy NEW EDITIONS** (HD) **8.00 The Real Housewives of Beverly Hills** (HD) **9.00 Don't Tell the Bride** (HD)

10.00 Little Women: LA NEW EDITION (HD) **11.00 The Joy of Sex Toys** (HD) **12.00m't Don't Tell the Bride** (HD) **1.00am Little Women: LA** (HD) **2.00 Hardcore Pawn** (HD) **3.00 Witches of East End** (HD) **4.00 Dance Moms** (HD) **5.00 Pawn Stars** (HD) **5.20-6.00am Hardcore Pawn** (HD)

+1 hour SKY 197

TLC

SKY 125 VIRG 167
HD 125/234 HD 168

6.00-8.00am The Golden Girls 8.00 MasterChef Australia 9.00 Long Island Medium (HD) **10.00 Say Yes to the Dress** (HD) **12.00noon MasterChef Australia 12.30-2.00pm Extreme Couponing** (HD)

2.00 Cake Boss: The Next Great Baker (HD) **3.00 Something Borrowed, Something New** (HD) **4.00 Say Yes to the Dress: Bridesmaids 5.00 Say Yes to the Dress** (HD) **6.00 Long Island Medium** (HD) **7.00 Say Yes to the Dress** (HD)

8.00 90 Day Fiancé NEW EDITION (HD) **9.00 Dan's 80lb Testicle** (HD) **10.00 World's Smallest Mum: Shocking Story 11.00 Hoarding: Buried Alive** (HD) **12.00m't 90 Day Fiancé** (HD) **1.00am Dan's 80lb Testicle** (HD) **2.00 World's Smallest Mum: Shocking Story 3.00 Toddlers & Tiaras** (HD) **4.00-6.00am Highlights**

+1 hour SKY 154 VIRG 169

DMax

SKY 167 VIRGIN 170

6.00am Operation Repo: Double bill. **7.00 Custom My Ride 8.00 Tanked 9.00 American Chopper 10.00 Extreme Car Hoarders 11.00 Operation Repo:** Double bill.

12.00noon Running Wild with Bear Grylls **1.00pm River Monsters 2.00 American Guns 3.00 Redwood Kings 4.00 Tanked:** Double bill. **6.00 American Guns 7.00 Operation Repo 8.00 Gold Divers: Under the Ice 9.00 Alaska: The Last Frontier**

10.00 Running Wild with Bear Grylls: With Hollywood actor Channing Tatum. **11.00 Tattoo Hunter 12.00m't River Monsters 1.00am Extreme Car Hoarders 2.00 Custom My Ride 3.00 Operation Repo:** Double bill. **3.50 American Hot Rod 4.40 American Chopper 5.30-6.00am Mystery Hunters**

+1 hour SKY 233 VIRG 171

Quest

SKY 144 VIRG 172 F'VIEW 37

6.00am John Wilson's Dream Fishing 6.20 Total Fishing with Matt Hayes **7.10 Scrapheap Challenge 8.00 How It's Made 9.00 Designer Homes 10.00 Salvage Hunters 11.00 Put Your Money Where Your Mouth Is 12.00noon Mighty Ships**

1.00pm Overhaul'n! 2.00 Wheeler Dealers 3.00 Wrecks to Riches 4.00 Gold Rush 5.00 Dealidest Catch 6.00 Wheeler Dealers 7.00 Salvage Hunters 9.00 Salvage Hunters NEW EDITION 10.00 GI Factory SERIES FINALE

11.00 Dealidest Catch 12.00m't On the Case with Paula Zahn **NEW EDITION 1.00am Forensic Detectives 2.00 Put Your Money Where Your Mouth Is 3.00 Scrapheap Challenge 4.00 Put Your Money Where Your Mouth Is 5.00 The Garage 5.30-6.00am Wrecks to Riches**

+1 hour SKY 195 VIRG 173 F'VIEW 38

TruTV

SKY 198 F'VIEW 68 F'SAT 154

6.00-8.00am Psychic Detectives: Back-to-back editions of the series.

8.00-9.30 Body of Evidence: Triple bill. **9.30-11.00 Psychic Detectives:** Triple bill.

11.00am-12.30pm Hot Bench: Triple bill. **12.30-2.00pm Psychic Detectives:** Triple bill. **2.00 Suburban Secrets:** Double bill. **3.00 Snapped: Women Who Kill: Double bill. 5.00 Stranger in My Home 6.00 Suburban Secrets**

7.00 Snapped: Women Who Kill Seemingly normal women who turned to murder.

9.00 Paranormal Survivor Tales of people who have lived through experiences that defy explanation.

11.00 Snapped: Women Who Kill 12.05-2.15am Psychic Detectives: Back-to-back editions. **2.15 Crime Stories 3.00-4.15 Hot Bench: Triple bill. 4.15 Masterminds 5.00-6.00am Crime Stories**

Food Network

SKY 248 VIRGIN 291 F'VIEW 41 F'SAT 149

6.00am Barefoot Contessa 7.00 Anna Olson: Fresh 8.00 Ace of Cakes 9.00 The Pioneer Woman 10.00 Korean Food Made Simple

11.00 Nigella Bites 12.00noon Jamie's 15 Minute Meals 1.00pm Barefoot Contessa - Back to Basics 2.00 Korean Food Made Simple 3.00 The Pioneer Woman 4.00 Ready Steady Cook 5.00 Ace of Cakes 6.00 Jamie's 15 Minute Meals: Double bill. **7.00 Korean Food Made Simple NEW EDITION** Double bill.

8.00-10.00 Mystery Diners: Back-to-back editions. **10.00 Restaurant: Impossible 11.00 Mystery Diners:** Double bill. **12.00m't Diners, Drive-Ins and Dives:** Double bill. **1.00am Restaurant: Impossible 2.00-3.00am Mystery Diners:** Double bill.

+1 hour SKY 250 F'SAT 151

Really

SKY 155 VIRGIN 283 F'VIEW 17 F'SAT 164

6.00am Ghost Adventures 7.00 Home Shopping 8.00 Homes Under the Hammer 9.00 Escape to the Country 10.00 Four in a Bed: Double bill. 11.00 Cash in the Attic 12.00noon Escape to the Country 1.00pm Antiques Road Trip 2.00 A Place in the Sun: Home or Away 3.00 Homes Under the Hammer

4.00 Ghost Adventures 5.00 Most Haunted 6.00 Homes Under the Hammer 7.00 Escape to the Country: Double bill. 9.00 Born to Kill: Rapists and serial killers John Duffy and David Mulcahy. 10.00 Dr G: Medical Examiner: The doctor investigates the mysterious death of a drunken man. **11.00 I Survived Evil 12.00m't Most Haunted 1.00am Cheaters 2.00 Home Shopping 4.00 Dr G: Medical Examiner 4.45 Ghost Hunters 5.35-6.00am Rescue: Code One**

Discovery

SKY 520 **VIRGIN 250**
HD 520/561 **HD 251**

6.00am How It's Made **7.00** Mythbusters (HD) **8.00** Railroad Alaska (HD)
9.00 Fast N' Loud (HD)
11.00 Wheeler Dealers: Double bill of the series. (HD) **1.00pm** Gold Rush (HD) **2.30** Gold Rush: The Dirt (HD) **3.00** Alaska: The Last Frontier (HD)
4.00 Gold Divers (HD) **5.00** Auction Hunters: Pawn Shop Edition: Double bill. (HD)
6.00 Fast N' Loud: The crew tackles the Ferrari F40. (HD)



10.00 Moonshiners

7.00 Fast N' Loud A 1959 Bonneville needs to be readied for use, and Richard tries to secure a classic collection. (HD)

8.00 What Could Possibly Go Wrong? **NEW EDITION** Kevin and Grant find out what it takes to escape from Alcatraz. (HD)

9.00 Mythbusters **NEW EDITION** Adam and Jamie tackle drifting, ballistics and explosions as they revisit three previously investigated myths. (HD)

10.00 Moonshiners **NEW EDITION** Josh and Bill race to complete work on their new site. (HD) **11.00** Naked and Afraid (HD)
12.00m Mythbusters (HD)
1.00am Moonshiners (HD)
2.00 Street Outlaws (HD)
3.00 Mythbusters (HD) **3.50** Moonshiners (HD) **4.40-6.00am** How It's Made: Triple bill of the series.

+1 hour **SKY 521** **VIRGIN 252**

Animal Planet

SKY 523 **VIRGIN 256**
HD 523/562 **HD 257**

6.00am Wildlife at the Zoo: Double bill. (HD) **7.00** My Cat from Hell: Double bill. (HD)
9.00 Miami Animal Police
10.00 Animal Cops Phoenix: Double bill of the series.
12.00noon-3.00pm Animal Cops Houston: Triple bill of the series. **3.00pm** My Cat from Hell: Double bill. (HD)
5.00 Miami Animal Police
6.00 Tanked: Wilmer Valderrama requests an angular aquarium. (HD)



8.00 Treehouse Masters

7.00 Tanked A TV producer has trouble feeding the eels in his tank, and the team visits a Malibu winery. (HD)

8.00 **NEW SERIES** Treehouse Masters Pete connects with old friends to build them a Zen-like sanctuary. (HD)

9.00 Insane Pools: Off the Deep End **NEW EDITION** Lucas remodels a tiny pool to create an outdoor room in which a mermaid could live. (HD)

10.00 Finding Bigfoot: The team travels to the Amazon in search of a creature known as the Matinguani. (HD)
12.00m Animal Cops Phoenix: Double bill.
2.00-4.40am Animal Cops Houston: Triple bill. **4.40** K9 Cops (HD) **5.30-6.00am** The Diamond Collar: James and Lena find a place to keep their rescue animals. (HD)

+1 hour **SKY 549** **VIRGIN 258**

Nat Geographic

SKY 526 **VIRGIN 266**
HD 526/543 **HD 268**

8.00am Highway Thru Hell (HD) **9.00** World War II: The Apocalypse (HD) **10.00** Air Crash Investigation (HD)
11.00 Nazi Secrets (HD)
12.00noon The Egyptian Job (HD) **1.00pm** The Nasca Lines Mystery (HD) **2.00** Big, Bigger, Biggest (HD) **3.00** Air Crash Investigation (HD)
4.00 Supercars (HD) **5.00** Lawless Island (HD) **6.00** Car SOS: Fuzz and Tim restore a 1938 MG TA. (HD)



9.00 Extreme...

7.00 Air Crash Investigation One of Spain's worst ever aviation disasters. (HD)

8.00 Supercar Megabuild **NEW EDITION** Ralph Hosier and Ranen Rudra modify a car for their mentor's client to make it more secure. (HD)

9.00 Extreme Mechanics Alaska **NEW EDITION** Jim and Austin try to restore power to a remote village. (HD)

10.00 Primal Survivor: Hazen leads a herd of Yaks through the Himalayas to the ancient city of Lomathang. (HD)
11.00 Air Crash Investigation (HD) **12.00m** Yukon Gold (HD) **1.00am** Supercar Megabuild (HD) **2.00** Highway Thru Hell (HD) **3.00** World War II: The Apocalypse (HD) **4.00-5.00am** Air Crash Investigation (HD)

+1 hour **SKY 527** **VIRGIN 267**

History

SKY 529 **VIRGIN 270**
HD 529/545 **HD 270**

8.00-10.00am Pawn Stars: Four editions. (HD) **10.00** American Pickers (HD)
11.00am-1.00pm Storage Wars: Four editions. (HD)
1.00-3.00pm Pawn Stars: Four editions. (HD) **3.00** Shipping Wars: Double bill. (HD) **4.00** Storage Wars: Double bill. (HD)
5.00 Pawn Stars: Double bill. (HD) **6.00** American Pickers: Danielle learns the value of Frank's coin-operated children's motorbike ride. (HD)



9.00 Ax Men

7.00 Storage Wars Barry adopts tough tactics in Lakeside, California. (HD)
7.30 Dave tries to regain his form after ending up with a terrible buy. (HD)

8.00 Pawn Stars A jacket from the set of movie *Pulp Fiction*. (HD)
8.30 The team values works thought to be by Vincent van Gogh. (HD)

9.00 Ax Men **NEW EDITION** Coatsy and Joe hike into the wilderness to devise a plan of attack for the next section of the huge project. (HD)

10.00 Billion Dollar Wreck **NEW EDITION** A panicking diver has an accident that puts his life in danger. (HD)
11.00 Storage Wars: Double bill of the series. (HD)
12.00m Ax Men (HD)
1.00am Billion Dollar Wreck (HD) **2.00** Storage Wars: Double bill. (HD) **3.00** Pawn Stars (HD) **4.00-5.00am** American Pickers (HD)

+1 hour **SKY 530** **VIRGIN 271**

Yesterday

SKY 537 **VIRGIN 245** **F'VIEW 19** **F'SAT 163**

6.05am Highlights **9.00** The Somme's Secret Weapon: A Time Team Special **10.00** The World's Weirdest Weapons
11.00 WWII: Countdown to Victory **12.00noon** The Lost Submarine of WWI: A Time Team Special **1.00pm** Impossible Engineering **2.00** Ancient Black Ops **3.00** Coast
4.00 The Somme's Secret Weapon: A Time Team Special **5.00** The World's Weirdest Weapons **6.00** WWII: Countdown to Victory



8.00 Castle Builders

7.00 Coast The team explores the Caledonian Canal, learning about steam-powered cargo vessels and the life of painter Joan Eardley.

8.00 Castle Builders How castles fared under attack, featuring the story of Bad King John and one of the bloodiest sieges in English history.

9.00 Mummies Alive Experts examine well-preserved mummies, starting with the remains of a 2500-year-old man found in an Irish bog.

10.00 Steptoe and Son Harold joins the local am-dram society.

10.40 Yes Minister **11.20** Open All Hours **12.00m** The World's Weirdest Weapons
1.00am WWII: Countdown to Victory **2.00-3.00am** Castle Builders: As 8.00pm.

+1 hour **SKY 538** **VIRGIN 246**

Eden

SKY 532 **VIRGIN 247**
HD 532/563 **HD 249**

9.00am Monster Bug Wars (HD) **10.00** Secrets of the Earth (HD) **11.00** Hurricane 360 (HD) **12.00noon** Tiger - Spy in the Jungle (HD)
1.00pm Hidden Kingdoms (HD) **2.00** Monster Bug Wars: Double bill. (HD) **4.00** Secrets of the Earth (HD)
5.00 Hurricane 360 (HD)
6.00 Tiger - Spy in the Jungle: Following the day-to-day lives of tiger cubs in India's Pench National Park. (HD)



6.00 Tiger - Spy in the...

7.00 Hidden Kingdoms Following a young tree shrew as it darts through the rainforest of Borneo on the lookout for food. (HD)

8.00 Monster Bug Wars A Brazilian wandering spider clashes with a hooded mantis, and an Amblypygid battles a red forest scorpion. (HD)

9.00 A giant cockroach takes on a red-rump tarantula, and an orange horned katydid tackles a banana spider. (HD)

10.00 Secrets of the Earth: A look at asteroids, comets and space debris, and the havoc they can cause on the Earth's surface. (HD)
11.00 Hurricane 360 (HD)
12.00m Tiger - Spy in the Jungle (HD) **1.00am** Hidden Kingdoms (HD) **2.00** Monster Bug Wars (HD) **4.00** Secrets of the Earth (HD) **5.00-6.00am** Hurricane 360 (HD)

+1 hour **SKY 533** **VIRGIN 248**

Disc. History

SKY 535 **VIRG 262**

6.00am Top Tens **8.00** Greatest Tank Battles
9.00 Ultimate Warfare
10.00 Battlefield: Double bill. **12.00noon** Greatest Tank Battles **1.00pm** World War II in Colour
2.00 Hitler: A Profile **3.00** Rory McGrath's Best of British Engineering
4.00 Ultimate Warfare
5.00 Greatest Tank Battles **6.00** World War II in Colour **7.00** Codes and Conspiracies **8.00** Biblical Conspiracies
9.00 Who Was Jesus?
10.00 Treasures Decoded
11.00 Ultimate Warfare
12.00m Battlefield
2.00am Codes and Conspiracies **3.00** Rory McGrath's Best of British Engineering
4.00 Weapons of War: Supplying forces. **5.00-6.00am** Hitler: A Profile

+1 hour **SKY 536** **VIRG 263**

Disc. Science

SKY 525 **VIRG 259**

6.00am Mega Builders
8.00 How Do They Do It? **9.00-11.00** How It's Made: Back-to-back editions. **11.00am-1.00pm** Food Factory: Back-to-back editions of the series. **1.00pm** Extreme Engineering
2.00 Mythbusters **4.00** World's Strangest **5.00** How Do They Do It?
6.00 How It's Made
7.00 Food Factory **8.00** Mythbusters **9.00** Lava Chasers **10.00** Secret Space Escapes **11.00** Food Factory: Double bill.
12.00m The Unexplained Files **1.00am** The World's Strangest UFO Stories
2.00 Secret Space Escapes **3.00** How the Universe Works **3.50** How Do They Do It? **4.40** How Stuff's Made **5.30-6.00am** Tech Toys 360

+1 hour **SKY 557** **VIRG 260**

Nat Geo Wild

SKY 528 **VIRGIN 264**
HD 528/544 **HD 265**

8.00am-7.00pm Wild Russia: Back-to-back editions of the series looking at the wildlife of the country. (HD)
7.00pm Wild Russia Looking at the primeval forests of the Urals. (HD)
8.00 Snakes in the City Simon encounters a man who believes his ancestor has returned in the form of a serpent. (HD)
9.00 World's Weirdest The habits of the world's oddest underwater creatures. (HD)
10.00 Wild 24: Indian Summer A tour through the wilds of the Indian subcontinent. (HD)
11.00 Tiger on the Run (HD) **12.00m** Croc Inside Out (HD) **1.00am** Swamp Men (HD) **2.00** Wild Russia (HD) **3.00** Croc Inside Out (HD)
4.00-5.00am Swamp Men: Baiting a bear. (HD)

Turbo

SKY 524 **VIRG 261**

6.00am Overhauled' Chronicles **7.00** Misfit Garage **8.00** Chasing Classic Cars: Double bill.
9.00 Wheeler Dealers
10.00 Chasing Classic Cars: Double bill. **11.00** Battle Machine Bros
12.00noon Overhauled' **1.00pm** Chasing Classic Cars: Double bill. **2.00** Misfit Garage **3.00** Fast N' Loud: Double bill. **5.00** Wheeler Dealers **7.00** Fifth Gear **8.00** Chasing Classic Cars **NEW EDITION** **8.30** Chasing Classic Cars **9.00** Extreme Car Hoarders
10.00 Wheeler Dealers: Double bill of the series. **12.00m** Chasing Classic Cars **2.00am** Fat N' Furious: Rolling Thunder **3.00** Overhauled': Double bill. **4.40** Fat N' Furious: Rolling Thunder **5.30-6.00am** Wheeler Dealers

PBS America

SKY 534 **VIRG 276** **FREESAT 160**

6.00am Legacy of War **7.30** World War Two: For King and Country **8.25** Into the Death Zone: Firewalker **9.30** The Civil War **11.00** Killing Hitler **1.00pm** Hell on Hooves **1.40** The Civil War **3.15** Killing Hitler **5.15** Tales of the Living Dead
5.50 Legacy of War **7.50** The Civil War **9.00** **NEW SERIES** Air Warriors: Series examining the United States Air Force's most successful planes, starting with the A-10 Thunderbolt II. **10.15** The Children's Odyssey
11.25 The Civil War **12.55am** Into the Death Zone: Firewalker **1.55** Air Warriors **2.55** The Children's Odyssey **3.50** Into the Death Zone: Firewalker **4.45** World War Two: For King and Country **5.35-6.00am** Hell on Hooves

CI

SKY 553 **VIRG 275**
HD 553/555

6.00am Medical Detectives
7.00 Homicide Hunter (HD) **8.00** After the First 48 (HD) **9.00** Nothing Personal (HD) **10.00** Fatal Vows (HD) **11.00** Crime Stories (HD) **12.00noon** Ice Cold Killers (HD)
1.00pm Unusual Suspects (HD) **2.00** On the Case with Paula Zahn (HD) **3.00** Homicide Hunter (HD) **4.00** After the First 48 (HD) **5.00** Ice Cold Killers (HD) **6.00** Homicide Hunter (HD) **7.00** Crime Stories (HD) **8.00** Unusual Suspects (HD) **9.00** Killer Kids (HD) **10.00** On the Case with Paula Zahn (HD)
11.00 After the First 48 (HD) **12.00m** 1,000 Ways to Die (HD) **1.00am** Killer Kids (HD) **2.00** Unusual Suspects (HD) **3.00** Fatal Vows (HD) **5.00-6.00am** On the Case with Paula Zahn (HD)

+1 hour **SKY 554**

H2

SKY 531 **VIRG 273**

8.00am The Lost Evidence
9.00 Mud Men **10.00** Cities of the Underworld
11.00 Brad Meltzer's Lost History **12.00noon** Ancient Aliens **1.00pm** Hangar 1: The UFO Files
2.00 In Search of Aliens
3.00 Beast Legends
4.00 Cities of the Underworld **5.00** Pub Dig **6.00** Ancient Aliens
7.00 Hangar 1: The UFO Files Looking at the golden age of technology.
8.00 In Search of Aliens
9.00 Why people are taken in by superstitions.
10.00 Ancient Impossible The true power and scale of the Romans' ingenuity.
11.00 Black Sails **12.15am** Hangar 1: The UFO Files
1.15 Why Bleeped Up Brain
2.10 Ancient Aliens
3.05 Beast Legends
4.05-5.00am Cities of the Underworld

WEDNESDAY Films

Wednesday

8 PM

9 PM

10 PM

11 PM

Sky Premiere

SKY 301 VIRGIN 401
HD 301/314 HD 431

6.00am Barely Lethal 8.00 *Revenge of the Green Dragons* 9.45 *Ashby* 11.45 *Inside Out: Special* 12.00noon *Stretch* As shown at 10.15pm. **1.45pm Terminator Genisys** As shown at 8.00pm.
4.00 Barely Lethal Action comedy starring Hailee Steinfeld and Samuel L. Jackson. (S) (2015, 12, 96min) ★★ ★★ **6.00 Ashby** Comedy drama starring Mickey Rourke and Nat Wolff. (S) (2015, 15, 100min) ★★



4.00 Barely Lethal

Sky Disney

SKY 305 VIRGIN 405
HD 305/332 HD 435

6.00am The Return of Jafar 7.20 *The Sword in the Stone* 8.50 *101 Dalmatians* 10.40 *Alice in Wonderland* 12.00noon *The Return of Jafar* 1.20pm *Herbie Goes to Monte Carlo*
3.10 Toy Story That Time Forgot 3.40 *101 Dalmatians II: Patch's London Adventure* 5.00 *The Sword in the Stone* 6.30 *Paperman* 6.40 *Alice in Wonderland* Animated fantasy. (S) (1951, U, 75min) ★★ ★★



5.00 The Sword in the Stone

Sky Family

SKY 306 VIRGIN 406
HD 306/333 HD 436

6.50am The Muppets Take Manhattan 8.30 *The Last Song* 10.20 *The Perfect Summer* 11.45 *Fairytale: Story of the Seven Dwarves* 1.15pm *Maleficent* As 8.00pm. **2.55 My Girl** As 9.40pm.
4.40 The Last Song Coming-of-age drama. (S) (2010, PG, 107min) ★★ ★★ **6.30 Fairytale: Story of the Seven Dwarves** Animated adventure featuring the voice of Joshua Graham. (S) (2014, PG, 87min) ★★



6.30 Fairytale: Story of the...

Sky Action/Adventure

SKY 307 VIRGIN 407
HD 307/334 HD 437

6.00am Die Hard 2 8.10 *Bad Asses on the Bayou* 9.40 *Captain America: The Winter Soldier* 12.00noon *Run All Night* As 9.00pm. **2.00pm Fury** As 11.00pm.
4.20 Die Hard 2 Action thriller sequel starring Bruce Willis. (S) (1990, 18, 118min) ★★ ★★ **6.30 Captain America: The Winter Soldier** Comic-book thriller sequel starring Chris Evans and Scarlett Johansson. (S) (2014, 12, 136min) ★★ ★★



2.00 Fury

Sky Comedy

SKY 308 VIRGIN 408
HD 308/335 HD 438

6.00am Alien Autopsy 7.40 *The Monster Squad* 9.05 *Sweet Home Alabama* 10.55 *Three Amigos!* 12.45pm *The Interview* As 8.00pm. **2.40 Never Been Kissed** Romantic comedy starring Drew Barrymore. (S) (1999, 12, 107min) ★★ ★★ **4.30 Big Daddy** Comedy starring Adam Sandler. (S) (1999, 12, 95min) ★★ ★★ **6.10 Sleepless in Seattle** Romantic comedy with Tom Hanks. (S) (1993, PG, 105min) ★★ ★★



10.00 Get Hard

8.00 Terminator Genisys Sci-fi adventure sequel starring Arnold Schwarzenegger and Emilia Clarke. A time traveller sent on a rescue mission discovers a plot to change history beyond recognition. (S) (2015, 12, 126min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 Stretch Comedy thriller starring Patrick Wilson, Chris Pine and Jessica Alba. (2014, 15, 91min) ★★ ★★ SEX ●●● VIOLENCE ●●● LANG ●●●

12.00m't Revenge of the Green Dragons Crime drama starring Ray Liotta. (S) (2014, 15, 94min) ★★

1.45am Unconscious Psychological horror starring Wes Bentley and Kate Bosworth. (S) (2015, 15, 90min) ★★

3.15 Revenge of the Green Dragons As 12.00m't. **5.00 Chappie** Movie Special **5.30-6.00am Terminator Genisys: the Future Reborn**

+1 hour SKY 302 VIRGIN 402

8.00 101 Dalmatians Live-action adaptation of the children's novel by Dodie Smith, starring Glenn Close as an evil fashion victim with plans to make a coat out of Dalmatian puppies. With Joely Richardson and Jeff Daniels. (S) (1996, U, 102min) ★★ ★★ SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 Disney's The Kid Fantasy starring Bruce Willis and Spencer Breslin. An unhappy Los Angeles image consultant finds a renewed interest in life when visited by his eight-year-old former self. (S) (2000, PG, 104min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 The Black Cauldron Animated fantasy. (S) (1985, U, 80min) ★★ ★★

1.05am Freaky Friday Comedy. (S) (1976, U, 100min) ★★ ★★

2.50 Son of Flubber Fantasy comedy. (S) (1963, b/w, U, 102min) ★★ ★★

4.40-6.00am Mickey's Twice Upon a Christmas Animated anthology. (S) (2004, U, 68min) ★★ ★★

8.00 Maleficent Fairy-tale adventure reworking of *Sleeping Beauty*, with Angelina Jolie. A fairy queen puts a curse on a baby princess who is the daughter of the man who betrayed her to become king. (S) (2014, PG, 97min) ★★ ★★ SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 My Girl Bittersweet Comedy starring Dan Aykroyd, Jamie Lee Curtis, Macaulay Culkin and Anna Chlumsky. An 11-year-old tomboy suffers pangs of loneliness when a new woman enters the life of her widower father. (S) (1991, PG, 105min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 The Perfect Summer Family drama. (S) (2013, PG, 85min) ★

12.50am The Muppets Take Manhattan Musical comedy. (S) (1984, U, 94min) ★★ ★★

2.30 The Next Karate Kid Martial arts sequel. (S) (1994, PG, 104min) ★★

4.20-6.45am Doctor Dolittle Family musical. (S) (1967, U, 144min) ★★ ★★

Captain America: The Winter Soldier (film started at 6.30pm) SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Run All Night Action thriller starring Liam Neeson and Ed Harris. A disillusioned hitman turns against the crime family he works for to protect his estranged son from assassination. With Vincent D'Onofrio and Joel Kinnaman. (S) (2015, 15, 114min) ★★ ★★ SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 Fury World War Two drama starring Brad Pitt and Shia LaBeouf. (S) (2014, 15, 131min) ★★ ★★

1.30am Bad Asses on the Bayou Tongue-in-cheek action adventure starring Danny Trejo and Danny Glover. (S) (2015, 15, 85min) ★★

3.10-6.00am The Bridge on the River Kwai David Lean's classic World War Two drama starring Alec Guinness and William Holden. (S) (1957, PG, 161min) ★★ ★★

8.00 The Interview Controversial comedy starring James Franco and Seth Rogen. The presenter of a lowbrow TV show and his producer land an exclusive interview with North Korean dictator Kim Jong-un. (S) (2014, 15, 111min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Get Hard Comedy starring Will Ferrell and Kevin Hart. A businessman going to jail for fraud asks a financially struggling employee for help in preparing for a life behind bars. (S) (2015, 15, 100min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 Lovesick Comedy starring Matt LeBlanc. (S) (2014, 15, 83min) ★★

1.10am Better Living Through Chemistry Dark comedy with Sam Rockwell. (S) (2014, 15, 88min) ★★ ★★

2.45 The Art of the Steal Crime comedy. (S) (2014, 15, 88min) ★★

4.20-6.05am Three Amigos! Western spoof. (S) (1986, PG, 105min) ★★ ★★

Sky Showcase

SKY 303 VIRGIN 403
HD 303/330 HD 433

7.15am Next Goal Wins 9.00 *The Top Ten Show 2016* 9.15 *Grace of Monaco* 11.15 *Magic in the Moonlight* 1.00pm *Interstellar* As shown at 8.00pm. **3.50 St. Vincent** Comedy drama starring Bill Murray. (S) (2014, 12, 102min) ★★ ★★ **5.50 Jaws** Steven Spielberg's monster thriller with Roy Scheider. (S) (1975, 12, 125min) ★★ ★★

8.00 Interstellar Sci-fi drama with Matthew McConaughey and Anne Hathaway. (S) (2014, 12, 166min) ★★ ★★ **10.50 Oculus** Horror thriller starring Karen Gillan. (S) (2014, 15, 103min) ★★ ★★

12.40am Birdman Drama with Michael Keaton, Edward Norton and Emma Stone. (S) (2014, 15, 116min) ★★ ★★ **2.50 Behind Enemy Lines: Seal Team Eight** Action adventure with Tom Sizemore. (S) (2014, 15, 94min) ★★

4.40-6.40am Grace of Monaco Biopic of Grace Kelly, starring Nicole Kidman. (S) (2014, PG, 103min) ★★

Sky Greats

SKY 304 VIRGIN 404
HD 304/331 HD 434

6.00am Strangers on a Train 7.45 *As Good As It Gets* 10.05 *The Notebook* 12.10pm *Groundhog Day* 1.55 *Chicago Musical*. (S) (2002, 12, 112min) ★★ ★★ **3.50 The Beach** Exotic drama. (S) (2000, 15, 118min) ★★ **5.50 Moulin Rouge!** Romantic musical with Nicole Kidman and Ewan McGregor. (S) (2001, 12, 128min) ★★

8.00 The Hangover Comedy with Bradley Cooper, Ed Helms and Zach Galifianakis. (S) (2009, 15, 99min) ★★ ★★ **9.50 The Transporter** Action thriller starring Jason Statham. (S) (2002, 15, 88min) ★★

11.30 Transporter 2 Thriller sequel starring Jason Statham. (S) (2005, 15, 88min) ★★

1.10am The Waterboy Sports comedy with Adam Sandler. (S) (1998, 12, 90min) ★★

2.50 Moulin Rouge! Romantic musical, as shown at 5.50pm.

5.00-7.00am Who Framed Roger Rabbit Live-action and cartoon comedy thriller. (1988, PG, 103min) ★★ ★★

TCM

SKY 317 VIRGIN 415
HD 317/341 HD 416

6.05am Hollywood's Best Film Directors 6.40 *Kung Fu* 8.50 *The Helicopter Spies* 10.45 *The Angry Hills* 12.50pm *Gunsmoke* 1.50 *Kung Fu* 3.00 *Battle of the Coral Sea* 4.45 *The Crimson Pirate* Adventure. (1952, U, 100min) ★★ ★★ **6.50 Bridge to the Sun** Drama starring Carroll Baker. (1961, b/w, U, 112min) ★★

9.00 Exit Wounds Action thriller starring Steven Seagal and DMX. A tough cop is drawn into a web of corruption and drugs in an inner-city precinct. (2001, 18, 97min) ★

11.00 Scream Wes Craven's tongue-in-cheek horror thriller starring Neve Campbell. (1996, 18, 111min) ★★ ★★

1.10am Border Shootout Western starring Cody Glenn. (1989, 15, 110min) ★★

3.00 Conspiracy Theory with Jesse Ventura Double bill.

5.00-6.10am Hollywood's Best Film Directors

+1 hour SKY 318 VIRGIN 417

more>movies

SKY 185 F'VIEW 32 F'SAT 143

(Called Movie Mix on Freeview)

9.00am Hart to Hart: Crimes of the Hart 11.00 *The Fortune* 12.45pm *I Still Dream of Jeannie* 2.40 *Intrigue* Thriller. (1988, PG, 100min) ★★ **4.45 Daddy Day Camp** Family comedy sequel. (2007, PG, 88min) ★★ **6.35 Big Fish** Tim Burton's fantasy drama. (2003, PG, 123min) ★★

9.00 Reindeer Games Thriller starring Ben Affleck and Charlize Theron. An ex-con poses as his dead cell mate in order to take up with the man's female pen pal and finds himself unwillingly embroiled in a casino heist. (2000, 15, 105min) ★★

11.15 Pistol Whipped Action thriller starring Steven Seagal. (2007, 15, 96min) ★★

1.20am Vampire Bats Horror sequel starring Lucy Lawless. (2005, 15, 85min) ★★

3.10 Hart to Hart: Crimes of the Hart Romantic mystery.

5.05-6.00am Highway to Heaven (Series 1)

Horror

SKY 319 VIRGIN 149 F'VIEW 70 F'SAT 138

8.00am Sheena 9.00 *Hercules: The Legendary Journeys* 10.00 *Snowmageddon* 11.50 *Horror Highlights* 12.00noon *Highlander* 1.00pm *Doctor Who* 2.50 *Horror Highlights* 3.00 *Wonder Woman* 4.00 *Lost in the Bermuda Triangle* Sci-fi drama. (1999, PG, 86min) ★★ **5.50 Horror Highlights** 6.00 *Sheena*

7.00 Hercules: The Legendary Journeys 6/13. Hercules attends his friend's wedding.

8.00 Highlander 16/20. MacLeod discovers the secret of immortality.

9.00 Secret Window Thriller starring Johnny Depp. (2004, 12, 96min) ★★

10.55 Basket Case Horror with Kevin Van Hentenryck. (1981, 18, 90min) ★

12.50am Captivity Psychological horror thriller. (2007, 18, 81min) ★★

2.30-4.30am Livid French horror. (2011, 18, 92min) ★★

+1 hour SKY 320 VIRGIN 202

True Movies

SKY 321 VIRGIN 424 F'VIEW 82 F'SAT 302

7.00am Undercover Christmas 9.00 *Shadow of a Doubt* 11.00 *A Change of Heart* 1.00pm *Blonde* As shown at 9.00pm. **3.00 The Children Nobody Wanted** Fact-based drama with Michelle Pfeiffer. (1981, PG, 100min) ★★ **5.00 My Body, My Child** Drama starring Vanessa Redgrave. (1982, PG, 93min) ★★

7.00 One Special Victory Drama starring John Larroquette and Kathy Baker. An embittered divorced man is sentenced to community service as a basketball coach. (1991, PG, 91min) ★★

9.00 Blonde 1/2. Marilyn Monroe biopic starring Poppy Montgomery, Patricia Richardson and Ann-Margret.

11.00 Soldier's Girl Drama. (2003, 15, 112min) ★★ ★★

1.00am The Waltons

3.00 Little House on the Prairie Double bill.

5.00-7.00am Miles to Go... Drama with Jill Clayburgh. (1986, PG, 94min) ★★

Sky Crime/Thriller

SKY 309 **VIRGIN 409**
HD 309/336 HD 439

- 6.35am Bonnie and Clyde 8.30 Hostage 10.25 Executive Decision 12.40pm Honour** Thriller starring Paddy Considine and Aiysha Hart. (S) (2014, 15, 102min) ★★★ **2.30 Focus** As shown at 8.00pm.
- 4.20 The Big Bang** Crime thriller starring Antonio Banderas and Sienna Guillory. (2010, 15, 101min) ★★★ **6.05 Hostage** Action thriller with Bruce Willis and Kevin Pollak. (S) (2004, 15, 113min) ★★★



8.00 Focus

8.00 Focus Comedy crime drama starring Will Smith and Margot Robbie. A veteran con man's latest heist looks set to be scuppered by a femme fatale from his past. With Adrian Martinez and Gerald McRaney. (S) (2015, 15, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 Speed Action thriller starring Keanu Reeves, Dennis Hopper and Sandra Bullock. An LA cop tries to save the passengers on a bus that's wired to explode if it slows under 50mph. (S) (1994, 15, 105min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 Four Brothers Revenge thriller starring Mark Wahlberg and Tyrese Gibson. (S) (2005, 15, 109min) ★★★

1.45am Top Dog Crime thriller with Leo Gregory. (S) (2014, 18, 91min) ★

3.25 The Firm Football hooligan drama. (S) (2009, 18, 90min) ★★

5.10-6.50am Malpractice Legal thriller. (S) (2001, PG, 91min) ★★

Sky Drama/Romance

SKY 310 **VIRGIN 410**
HD 310/337 HD 440

- 6.40am Truth: Special 7.00 East of Eden 9.00 Devil's Knot 11.00 Birth** Drama. (S) (2004, 15, 100min)
- ★★★ **12.45pm Million Dollar Arm** Fact-based drama with Jon Hamm. (S) (2014, PG, 124min) ★★★★★
- 2.55 Blended** Romantic comedy starring Adam Sandler. (S) (2014, 12, 117min) ★★ **5.00 Amadeus: The Director's Cut** Historical drama starring F. Murray Abraham and Tom Hulce. (1984, PG, 158min) ★★★★★



10.10 American Beauty

8.00 The Theory of Everything Biopic of Stephen Hawking, exploring his relationship with wife Jane and groundbreaking work in the face of deteriorating health. Stars Eddie Redmayne and Felicity Jones. (S) (2014, 12, 120min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 American Beauty Satirical comedy starring Kevin Spacey. A middle-class suburban family begins to fall apart when the husband suffers a mid-life crisis. (S) (1999, 18, 122min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15am Steel Magnolias Ensemble comedy drama with Sally Field. (S) (1989, PG, 115min) ★★★★★

2.20 Scent of a Woman Drama with Al Pacino and Chris O'Donnell. (1992, 15, 157min) ★★★★★

5.00-6.50am Desk Set Comedy starring Spencer Tracy and Katharine Hepburn. (S) (1957, U, 103min) ★★★

Sky Sci-Fi/Horror

SKY 311 **VIRGIN 411**
HD 311/339 HD 441

- 6.00am Transcendence 8.05 The Giver 9.45 Tomorrowland: A World Beyond 12.00noon Avengers: Age of Ultron 2.25pm Armageddon** Sci-fi action adventure. (S) (1998, 12, 151min) ★★
- 5.00 The Giver** Sci-fi adventure with Jeff Bridges. (S) (2014, 12, 97min) ★★ **6.45 Tomorrowland: A World Beyond** Fantasy adventure starring George Clooney and Britt Robertson. (S) (2015, 12, 130min) ★★



6.45 Tomorrowland: A World...

Tomorrowland: A World Beyond (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Avengers: Age of Ultron Sci-fi adventure sequel starring Robert Downey Jr, Chris Evans, Chris Hemsworth and Scarlett Johansson. The superheroes battle a robot created to protect the world, who intends to wipe out the human race. (S) (2015, 12, 141min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 GirlHouse Horror thriller starring Ali Cobrin, Adam DiMarco and Sinae. (S) (2014, 18, 99min) ★★

1.25am AVP: Alien Vs Predator Sci-fi horror thriller starring Sanaa Lathan. (S) (2004, 15, 101min) ★★

3.20 Aliens Vs Predator – Requiem Sci-fi horror sequel starring Steven Pasquale. (S) (2007, 15, 89min) ★

5.00 Mad Max: Fury Road Special

5.30-6.00am Terminator

Genisys: The Future Reborn

Movies4Men

SKY 325 **F'VIEW 48** **F'SAT 304**

6.00am Knight of the Plains 7.15 Madron 9.10 Rose of Cimarron 10.50 The Big Sky 1.10pm The Relentless Four Western starring Adam West. (1965, 12, 91min) ★★

3.00 The Blitz on Cologne 4.15 Weapons of War 5.30 Submarine Seahawk War drama starring John Bentley and Brett Halsey. (1959, U, 83min) ★★

7.15 Super Tanker Sci-fi action thriller starring Ben Cross. A container ship with a toxic alien cargo threatens to spill its load and cause a global catastrophe. With Callum Blue. (2011, 12, 83min) ★★

9.00 Counter Measures Action thriller starring Michael Dudikoff. (1997, 18, 90min) ★

10.50 Death Tunnel Horror thriller with Steffany Huckaby. (2005, 18, 97min) ★

12.40am Cerberus Fantasy starring Emmanuelle Vaugier. (2005, 15, 92min) ★★

2.25-4.00am Operation Dames Korean War drama. (1959, b/w, PG, 74min) ★★

Sky Select

SKY 312 **VIRGIN 412**
HD 312/340 HD 442

- 6.00am The Necessary Death of Charlie Countryman 7.50 Bad Company 9.30 McCabe and Mrs Miller 11.35 Sideways 1.45pm Truth: Special 2.00 A Fistful of Dollars Western.** (S) (1964, 15, 96min) ★★★★★ **3.45 For a Few Dollars More** Spaghetti Western. (S) (1965, 15, 128min) ★★★★★
- 6.00 The Good, the Bad and the Ugly** Classic Spaghetti Western. (S) (1966, 15, 155min) ★★★★★



11.20 A Clockwork Orange

The Good, the Bad and the Ugly (film started at 6.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 The Hustler Classic drama starring Paul Newman as a hot-headed pool-room shark. With Jackie Gleason, Piper Laurie, George C. Scott and Myron McCormick. (S) (1961, b/w, 15, 134min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 A Clockwork Orange Stanley Kubrick's futuristic satire starring Malcolm McDowell and Patrick Magee. (S) (1971, 18, 136min) ★★

1.40am Hustle & Flow Hip-hop melodrama with Terrence Howard. (S) (2005, 15, 116min) ★★

3.40-5.30am 2 Days in the Valley Black comedy thriller starring Danny Aiello, Jeff Daniels and James Spader. (S) (1996, 18, 105min) ★★★★★

Film4

SKY 315 **VIRGIN 428** **F'VIEW 15** **F'SAT 300**
HD 315/342 HD 429

- (HD) denotes HD on Sky or Virgin
■ Films start at 11.00am
- 11.00am The Virgin Queen 12.50pm One of Our Aircraft is Missing** Drama. (S) (1941, b/w, U, 102min) ★★★★★ **2.55 Gideon of Scotland Yard** Drama. (S) (1958, PG, 91min) ★★ **4.45 The Last Wagon** Western. (S) (1956, PG, 99min) ★★ **6.50 The Three Musketeers** Adventure. (S) (2011, 12, 110min) ★★



9.00 Solomon Kane

The Three Musketeers (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Solomon Kane Sword-and-sorcery action fantasy starring James Purefoy and Pete Postlethwaite. A 17th-century soldier of fortune risks his soul to save his westcountry homeland from a marauding warlord. (S) (2009, 15, 103min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 Predators Sci-fi action sequel. (S) (2010, 15, 102min) ★★

1.15-3.45am Synecdoche, New York Surreal comedy drama. (S) (2008, 15, 118min) ★★★★★

+1 hour **SKY 316** **VIRGIN 430** **F'VIEW 45** **F'SAT 301**

Sony Movies

SKY 323

9.00am Living Free 10.50 To Find My Son 12.45pm Intrigue Spy thriller. (1988, PG, 100min) ★★ **2.50 You Light Up My Life** Drama. (1977, PG, 90min) ★★

4.40 Hush Thriller starring Jessica Lange. (1998, 12, 91min) ★★ **6.35 Ladyhawke** Medieval fantasy adventure starring Matthew Broderick. (1985, PG, 118min) ★★★★★

9.00 The Apparition Horror thriller starring Ashley Greene and Sebastian Stan. (2012, 15, 83min) ★★

10.45 Gattaca Sci-fi drama starring Ethan Hawke, Uma Thurman and Jude Law. (1997, 15, 106min) ★★★★★

12.55am Starship Troopers 3: Marauder Sci-fi thriller sequel with Casper Van Dien. (2008, 15, 105min) ★★

3.10-6.00am Anna Karenina Adaptation of Tolstoy's romantic tragedy, starring Jacqueline Bisset and Christopher Reeve. (1985, PG, 130min) ★★

+1 hour **SKY 324**

Movies 24

SKY 327 **VIRGIN 419**

7.00am I Think I Do 9.00 The Chateau Meroux 11.00 Love by Design 1.00pm One Small Hitch Romantic comedy. (2012, 12, 105min) ★★

3.00 The Reluctant Nanny Romantic drama starring Jessy Schram. (2014, PG, 70min) ★★ **5.00 Making Mr Right** Romantic comedy drama starring Dean Cain. (2008, PG, 86min) ★★

7.00 Perfect on Paper Comedy starring Lindsay Hartley and Morgan Fairchild. (2014, PG, 82min) ★★

9.00 Garage Sale Mystery II: All That Glitters Crime drama starring Lori Loughlin. (2009, PG, 89min) ★★

1.00am Sweet Surrender Romantic drama with Adam Mayfield and Arielle Kebbel. (2014, PG, 121min) ★★

3.00-5.00am Jack Coming-of-age drama starring Stockard Channing. (2003, 12, 90min) ★★

FILMS SHOWN ON OTHER CHANNELS TONIGHT

EVENING (6-10pm)

7.00pm We're No Angels AMC Action comedy starring Robert De Niro. ★★

9.00pm That Awkward Moment /TV2 Romantic comedy starring Zac Efron, Miles Teller and Michael B. Jordan. (HD) ★★

9.00pm Red Dragon 5STAR Thriller starring Edward Norton and Ralph Fiennes. ★★

10pm TILL LATE

10.00pm Scream 3 Sky 1 Stalk-and-slash thriller sequel starring Neve Campbell and Courteney Cox Arquette. (HD) ★★

10.00pm The Knights of Badassdom Syfy Fantasy comedy starring Ryan Kwanten and Peter Dinklage. (HD) ★★

11.15pm Extreme Measures ITV4 Medical thriller starring Hugh Grant, Gene Hackman and Sarah Jessica Parker. (HD) ★★

11.35pm The Other Guys 5STAR Farical crime comedy starring Will Ferrell. ★★★★★

11.45pm Confessions of a Shopaholic BBC1 (NI/Scot: 12.15am, Wales: 12.45am) Romantic comedy starring Isla Fisher, Hugh Dancy and Joan Cusack. (HD) ★★

1.00am The Number 23 Channel 4 Mystery thriller starring Jim Carrey, Virginia Madsen and Logan Lerman. (Signed) (HD) ★★

1.00am Ghost Shark Syfy Horror thriller starring Mackenzie Rosman. (HD) ★★

4.00am 2012: Ice Age Syfy Disaster drama starring Patrick Labyorteaux. (HD) ★

Sky Sports 1

SKY 402 HD 402/409 VIRGIN 512 HD 502

6.00am Football Gold (HD)
6.15 Football League Gold (HD) **6.30** Football Gold (HD) **7.00** WWE – Experience (HD) **8.00** Fantasy Football Club – The Highlights (HD)
8.30 Game Changers (HD) **9.00** Football Gold (HD) **9.15** Football League Gold (HD) **9.30** Football Gold (HD) **10.00** Fantasy Football Club – The Highlights (HD)
10.30 Premier League 100 Club (HD) **11.00** Soccer AM: The Best Bits (HD) **12.00noon** La Liga World (HD)

12.30pm Fantasy Football Club – The Highlights (HD)

1.00 Premier League Years Action from the 1992/1993 season. (HD)

3.00 Football Gold (HD)

3.15 Football League Gold (HD)

3.30 Football Gold (HD)

3.55 LIVE International T20 Cricket South Africa v Australia: The final fixture in the three-match series, held at Newlands Stadium, Cape Town. (HD)

7.30 Sporting Triumphs Double bill. (HD)

8.00 Fight Night (HD)

10.00pm-12.00m't Sporting Triumphs (HD)

12.00m't Fight Night (HD) **2.00-6.00am** Sporting Triumphs (HD)

Sky Sports 2

SKY 403 HD 403/435 VIRGIN 513 HD 503

6.00am Cricket's Greatest: Double bill of the series. (HD) **7.00** ICC World T20 Cricket (HD)

9.00 LIVE ICC World T20 Cricket Bangladesh v Netherlands: Coverage of the opening Group A match at the Himachal Pradesh Cricket Association Stadium in Dharamsala, India. (HD)

1.30pm LIVE ICC World T20 Cricket Ireland v Oman: Coverage of the second of today's Group A matches at the Himachal Pradesh Cricket Association Stadium in Dharamsala, India. (HD)

6.00 ICC World T20 Cricket Bangladesh v Netherlands. (HD)

7.00 ICC World T20 Cricket Action from Ireland v Oman. (HD)

8.00 ICC World T20 Cricket Bangladesh v Netherlands. (HD)

9.00 ICC World T20 Cricket Action from Ireland v Oman (HD)

10.00 Cricket's Greatest Double bill. (HD)

11.00 ICC World T20 Cricket Bangladesh v Netherlands. (HD)

12.00m't ICC World T20 Cricket (HD) **1.00am** Cricket's Greatest (HD) **2.00-6.00am** ICC World T20 Cricket (HD)

Sky Sports 3

SKY 404 HD 404/436 VIRGIN 514 HD 504

6.00am Super League Gold (HD) **7.00** Time of Our Lives (HD) **8.00** Sporting Heroes: Peter Reid Interviews Allan Lamb (HD) **9.00** Sporting Greats 9.30 Sporting Rivalries (HD) **10.00** Darts Gold (HD) **11.00** Racing News (HD) **11.30** Sporting Triumphs (HD) **12.00noon** Time of Our Lives (HD)

1.00pm Sporting Heroes: Gary Newbon Interviews Sir Roger Bannister (HD) **2.00** Darts Gold (HD) **3.00** Sporting Rivalries (HD) **4.00** La Liga World (HD) **4.30** Soccer AM: The Best Bits (HD) **5.30** Sporting Triumphs (HD) **6.00** La Liga World (HD) **6.30** Football Gold (HD) **6.45** Football League Gold (HD) **7.00** Football Gold (HD) **7.30** Fishing Gurus (HD) **8.00** Watersports World (HD) **9.00** Fishing Gurus (HD)

9.30 Time of Our Lives: Recalling Great Britain's hockey gold medal in the 1988 Seoul Olympics. (HD) **10.30** Premier League Years: The 2011/2012 season. (HD) **12.30am** Fishing Gurus (HD) **1.00** Time of Our Lives (HD) **2.00** Watersports World (HD) **3.00** Premier League Years: As 10.30pm. (HD) **5.00** Fishing Gurus (HD) **5.30-6.00am** Sporting Rivalries (HD)

Sky Sports 4

SKY 405 HD 405/439 VIRGIN 515 HD 505

6.00am PGA Tour Classic (HD) **8.00** Shell's Wonderful World of Golf **9.30** Sportswomen (HD) **10.00** US Open Official Film 2015 (HD) **11.00** Sporting Greats **12.00noon** US Open Official Film 2015 (HD) **1.00pm** Sporting Heroes: Sir Clive Woodward Interviews Roy Hodgson (HD) **1.30** Sporting Greats (HD)

2.00 Sportswomen (HD) **2.30** Sporting Greats **3.00** US Open Official Film 2015 (HD) **4.00** Sporting Heroes: Sir Clive Woodward Interviews Roy Hodgson (HD) **5.00** PGA Tour Classic (HD) **6.00** Inside the PGA Tour (HD) **6.30** European Tour Weekly (HD) **7.00** Sports Unlimited (HD) **8.00** Inside the PGA Tour (HD) **10.30** European Tour Weekly (HD) **11.00** Sports Unlimited (HD) **12.00m't** Inside the PGA Tour (HD) **12.30am** European Tour Weekly (HD) **1.00** The Sky Sports Years (HD) **2.00** PGA Tour Classic (HD) **3.00** Time of Our Lives **4.00** The Sky Sports Years (HD) **5.00-6.00am** PGA Tour Classic (HD)

Sky Sports 5

SKY 406 HD 406/440 VIRGIN 516 HD 506

6.00am Good Morning Sports Fans (HD) **9.00** Football's Greatest Players: Triple bill. **10.30** Sporting Triumphs (HD) **11.30** Premier League 100 Club (HD)

12.00noon Football's Greatest Players

2.00pm Time of Our Lives Former Aston Villa players recall their European Cup triumph from 1981/1982. (HD)

3.00 Sporting Triumphs Four editions. (HD)

4.00 WWE Main Event Wrestling action. (HD)

5.00 WWE – Experience The latest from Raw and Smackdown. (HD)

6.00 Sporting Heroes: Gary Newbon Interviews Lennox Lewis An interview with the former boxer. (HD)

7.00 Gillette Soccer Special News from tonight's matches. (HD)

10.00 WWE – Late Night – Raw Wrestling action from America. (HD)

12.00m't Football's Greatest Players (HD) **1.00am** Premier League 100 Club (HD) **2.00** Time of Our Lives (HD)

3.00 La Liga Football (HD) **3.15** Spanish Football Gold **4.00** Football's Greatest Players **5.00-6.00am** Sporting Heroes (HD)

Eurosport 1

SKY 410 HD 410/412 VIRGIN 523 HD 521

7.30am-12.00noon Cycling: Back-to-back action from recent cycling events. (HD)

12.00noon Davis Cup Tennis (HD)

1.00pm Biathlon World Cup action from Oslo.

2.15 LIVE Biathlon The World Cup from Oslo, featuring the women's individual discipline.

4.15 Cross-Country Skiing World Cup action from Canmore. (HD)

4.45 LIVE Cross-Country Skiing Coverage of the World Cup meeting from Canmore in Canada.

6.25 Eurosport News

6.30 Cross-Country Skiing World Cup action from Canmore.

7.25 Eurosport News

7.30 LIVE Cross-Country Skiing Coverage of the World Cup meeting from Canmore in Canada, featuring the men's skiathlon discipline.

9.00 Cross-Country Skiing World Cup action from Canmore.

10.00 Eurosport News

10.05 Biathlon

11.00 Eurosport News

11.05 Cycling Highlights of the opening stage of the Tirreno-Adriatico road race. (HD)

12.05-11.00am Cycling (HD)

Eurosport 2

SKY 411 HD 411/443 VIRGIN 524 HD 522

6.00am Eurosport News

6.30 Cycling (HD) **7.30** Motocross World Championship (HD)

8.00 Cross-Country Skiing (HD) **9.00** Cycling (HD) **10.00** Ski Jumping (HD) **11.00** Cross-Country Skiing (HD)

12.00noon Cross-Country Skiing (HD)

1.00pm Cycling (HD)

1.30 LIVE Cycling The opening stage of the Tirreno-Adriatico road race, which sees the riders participate in a 22.7km team time-trial starting and ending in Lido di Camaiore. (HD)

3.30 Cycling (HD)

4.30 Davis Cup Tennis As 7.30pm. (HD)

5.30 Cycling Highlights of the opening stage of the Tirreno-Adriatico road race. (HD)

6.30 Cycling The third stage of the annual Paris-Nice race. (HD)

7.30 Davis Cup Tennis Highlights of Great Britain v Japan. (HD)

8.30 Cycling As shown at 5.30pm. (HD)

9.30 Cycling The third stage of the annual Paris-Nice race. (HD)

10.30 Davis Cup Tennis As 7.30pm. (HD)

11.30 Biathlon **12.30-6.00am** Eurosport News

BT Sport 1

SKY 413 HD 413/427 VIRGIN 531 HD 527

6.00am Football Tonight (HD) **6.30** Fletch & Sav – The Best Bits (HD) **7.00** Hyundai A-League Highlights (HD) **7.30** Test Match Bowls (HD) **8.30** French Ligue 1 Review (HD) **9.30** Bundesliga Review (HD) **10.30** NBA Inside Stuff (HD) **11.00** Formula E – Sound of The Future (HD) **11.30** Paulista: Action from Santos v Corinthians. (HD)

1.00pm Premier League Tottenham Hotspur v Arsenal: Highlights from White Hart Lane. (HD)

2.30 Emirates FA Cup Hull City v Arsenal: Action from the KC Stadium. (HD)

4.00 WRC Review Highlights of round three from Mexico. (HD)

5.00 WTA Tennis: Doha The Qatar Total Open: Action from the final. (HD)

7.00pm-5.00am LIVE WTA Tennis: Indian Wells The BNP Paribas Open: Coverage of first-round matches on day one at Indian Wells in California, where Simona Halep won the title last year. (HD)

5.00am Formula E – Sound of The Future (HD) **5.30-6.00am** Last Week, This Week (HD)

BT Sport 2

SKY 417 HD 417/457 VIRGIN 532 HD 528

6.00am Hyundai A-League (HD) **9.00** Emirates FA Cup (HD) **10.30** MotoGP Highlights (HD) **11.30** ESPN Classic Boxing

1.30pm Football Tonight With George Lamb. (HD)

2.00 French Ligue 1 Review (HD)

3.00 Serie A Review (HD)

3.30 Hyundai A-League Highlights (HD)

4.00 Game of the Week Recent highlights. (HD)

4.30 Test Match Bowls (HD) **5.30** Last Week, This Week Recent action. (HD)

6.00 Hyundai A-League Highlights (HD)

6.30 Barclays Premier League World (HD)

7.00 MotoGP Highlights Action from the 2015 Grand Prix of Aragon. (HD)

8.00 Rugby Tonight (HD) **9.30** 30 for 30 (HD)

10.45 UFC: Beyond the Octagon Analysis. (HD)

11.15 UFC 196 (HD)

2.15am Last Week, This Week (HD) **2.30** LIVE NBA: Oklahoma City Thunder v Los Angeles Clippers: Tip-off is at 2.30. (HD)

BT Sport/ESPN

SKY 426 HD 426/458 VIRGIN 534 HD 530

6.00am Pardon the Interruption (HD) **6.30** Around the Horn (HD) **7.00** Pardon the Interruption (HD)

7.30 Around the Horn (HD) **8.00** NBA: The Jump (HD) **8.30** NBA Tonight (HD) **9.00** College Basketball (HD) **10.45** College Basketball (HD)

12.30pm ESPN FC (HD)

1.00 NBA Tonight (HD)

1.30 College Basketball Double bill of College Basketball games. (HD)

5.00 LIVE College Basketball Action from College Basketball. (HD)

7.30 LIVE College Basketball Action from College Basketball. (HD)

9.30 NBA Tonight (HD)

10.00 ESPN FC A round-up of the latest news. (HD)

10.30 Last Week, This Week Recent action. (HD)

11.00 Around the Horn Sports debate. (HD)

11.30 NBA Tonight News and highlights. (HD)

12.00m't LIVE College Basketball: Action from College Basketball. (HD)

2.30am LIVE College Basketball: Action from College Basketball. (HD) **4.30-6.00am** Women's College Basketball (HD)

BT Europe

SKY 414 HD 414/433 VIRGIN 533 HD 529

6.00am UEFA Champions League (HD) **8.00** Portuguese Liga NOS (HD) **9.00** UEFA Champions League Highlights Show (HD) **9.30** UEFA Champions League (HD)

11.30 European Football Show Highlights (HD)

1.30pm UEFA Champions League Highlights Show (HD) **2.00** UEFA Champions League (HD)

4.00 Global Goals (HD)

4.15 UEFA Champions League Highlights Show Round-up of goals. (HD)

4.45 LIVE UEFA Champions League Zenit St Petersburg v Benfica: Coverage of the last-16 second-leg match from Petrovsky Stadium. Kick-off is at 5.00. (HD)

7.00 LIVE UEFA Champions League Chelsea v Paris Saint-Germain: The last-16 second-leg match from Stamford Bridge. Kick-off is at 7.45. (HD)

10.30 Football Tonight (HD)

11.00 Last Week, This Week (HD) **11.30** Barclays Premier League World (HD) **12.00m't** UEFA Champions League (HD)

2.00am European Football Show Highlights (HD) **4.00-6.00am** UEFA Champions League (HD)

Motors TV

SKY 447 VIRGIN 545

6.00am Monte Carlo Historic Rally **6.50** P1 Superstock UK **7.45** P1 Superstock UK **8.35** FIM Super Enduro World Championship

9.00 FIM MX2 World Championship Replay

10.05 FIM MXGP World Championship Replay

11.05 FIM MX2 World Championship Replay

12.10pm FIM MXGP World Championship Replay

1.10 FIM Super Enduro World Championship

1.40 Le Touquet Quaduro Highlights Action from the beach racing event.

3.45 Le Touquet Enduroplay Replay

6.55 Australian National Drag Racing Highlights from Calder Park.

8.00 World Series Sprintcars From Sydney.

9.00 P1 Superstock UK A 2015 season review.

10.05 P1 Superstock USA A 2015 season review.

11.05 MSVR Launch Day A look ahead to the season.

11.40 Tractor Pulling Euro Cup Recent highlights.

1.45am European Tractor Pulling Championship

3.40 FIM Super Enduro World Championship **4.10-6.00am** FIM MXGP World Championship Replay



PICK OF THE DAY

LIVE Chelsea v Paris Saint-Germain BT Europe HD 7.00pm

Sky Sports F1

SKY 407 HD 407/451 VIRGIN 517 HD 507

6.00am-12.00noon The Home of Formula One

12.00noon-5.00pm The Home of Formula One

5.00pm Tales from the Vault: The 1984 season. (HD) **6.00** Tales from the Vault (HD) **7.00** Legends of F1: Tony Brooks. (HD)

8.00 Legends of F1: Jack Brabham. (HD) **8.30** F1 Development Special: How the teams are developing their cars. (HD) **9.30** Formula 1: The 2015 Mexico Grand Prix. (HD)

10.30 F1 Development Special: A look at how the teams are developing their cars. (HD) **11.30** GP2 Racing: The 2015 sprint race from Bahrain. (HD)

12.45am Porsche Super Cup (HD) **1.00-6.00am** Home of Formula One

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LIVE SPORT ON OTHER CHANNELS TODAY

12.45pm LIVE Snooker: World Grand Prix ITV4 The afternoon session on day two of the tournament from the Venue Cymru in Llandudno, featuring matches from the first round.

1.15pm LIVE Raceday At The Races Today's meetings from Fontwell and Lingfield Park.

1.30pm LIVE Racing UK Today's meeting at Catterick.

5.00pm LIVE Evening Racing

Racing UK This evening's meeting at Kempton Park.

5.15pm LIVE Stateside At The Races Coverage from America.

Documentary



NEW

The Secret History of My Family

BBC2 HD, 8pm

Meeting the descendants of the Gadbury sisters, a gang of Victorian pickpockets

Challenge



Bear Grylls: Mission Survive

ITV HD, 9pm/ITV+1, 10pm

The participants must carry their dinner across a ravine – with a 50ft drop below

Crime drama



NEW

Quantico

Alibi HD, 9pm/Alibi+1, 10pm

Bollywood star Priyanka Chopra heads the cast of a thriller about FBI recruits, one of whom might be a terrorist

Black comedy



NEW

Sensitive Skin

Sky Arts HD, 9pm

Kim Cattrall's Davina sets out to change her life completely as series two of the Canadian dark comedy remake starts

SKY EVENING TIME 7.00 PM 7.30 PM 8.00 PM 8.30 PM 9.00 PM 9.30 PM 10.00 PM 10.30 PM

Favourites

101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Room 101	8.30 EastEnders	9.00 Crimewatch	10.00 News; Local News
102 BBC2	7.00 Big Dreams Small Spaces		8.00 The Secret History of My Family		9.00 Murder	10.00 Stewart Lee's... 10.30 Newsnight †
103 ITV	7.00 Emmerdale	7.30 Old and...	8.00 Emmerdale	8.30 The Cruise	9.00 Bear Grylls: Mission Survive	10.00 News; Local News
104 CHANNEL 4	7.00 News		8.00 Ugly House to Lovely House with...		9.00 8 Out of 10 Cats Does Countdown	10.00 Alan Carr: Chatty Man
105 CHANNEL 5	7.00 Ben Fogle: New Lives in the Wild		8.00 The Secret Life of the Family		9.00 Trauma Doctors: Every Second Counts	10.00 Moors Murders: Britain's Worst Crimes
106 SKY1	7.00 The Simpsons		8.00 DC's Legends of Tomorrow		9.00 A League of Their Own – Best Bits	10.00 Stan Lee's Lucky Man

Entertainment

116 BBC4	7.00 News	7.30 Top of the...	8.00 Indian Hill Railways	9.00 Digging for Britain	10.00 Ancient Egypt: Life and Death in the...
118 ITV2	7.00 The Guide to You've Been Framed!		8.00 Two and a Half Men	9.00 Scorpion	10.00 The Keith... 10.30 Family Guy
138 MORE4	6.30 Crufts 2016 with Claire Balding			9.00 The Good Wife	10.00 Thicker Than Water
136 E4	7.00 Hollyoaks	7.30 The Goldbergs	8.00 The Big Bang Theory	9.00 Brooklyn Nine-Nine	10.00 The Inbetweeners
107 SKY LIVING	7.00 My Kitchen Rules New Zealand		8.00 Madam Secretary	9.00 Elementary	10.00 Scandal
108 SKY ATLANTIC	7.00 Cold Case		8.00 Without a Trace	9.00 The Pacific	
110 GOLD		7.20 Open All Hours	8.00 Only Fools and Horses	9.20 Come Fly with Me	10.00 Big School 10.40 Miranda
111 DAVE	7.00 American Pickers		8.00 Would I Lie to You?	9.20 Would I Lie to You?...	10.00 QI XL
119 ITV3	7.00 Murder, She Wrote		8.00 Foyle's War		10.00 A Touch of Frost
120 ITV4	6.45 Snooker: World Grand Prix – Live: Day three of the tournament at the Venue Cymru in Llandudno				
112 COMEDY CENTRAL	7.00 Impractical Jokers		8.00 Friends	9.00 Film: Anchorman: The Legend of Ron Burgundy	
114 SYFY	7.00 Star Trek: The Next Generation		8.00 Extant	9.00 Film: Hot Fuzz	
109 W	7.00 MasterChef USA		8.00 Humble Pie	9.00 Code Black	10.00 EastEnders 10.40 Gavin...
113 UNIVERSAL	7.00 NCIS		8.00 CSI: Miami	9.00 Sleepy Hollow	10.00 Law & Order: Los Angeles
124 FOX	7.00 NCIS			9.00 Marvel's Agent Carter	10.00 American Dad! 10.30 Family Guy
121 SKY ARTS	6.45 Classic Albums	7.45 Monty Python: Almost the Truth		9.00 Sensitive Skin	9.40 Faberge: A Life of Its Own

Documentary

520 DISCOVERY	7.00 Gold Rush	8.30 Gold Rush...	9.00 Alaskan Bush People	10.00 Alaskan Bush People: Lost Footage
523 ANIMAL PLANET	7.00 Tanked	8.00 Alien Sharks 2: Return to the Abyss	9.00 I'm Alive	10.00 Finding Bigfoot
526 NAT GEO	7.00 Air Crash Investigation	8.00 Primal Survivor	9.00 Mega Shipyards	10.00 Supercar Megabuild
529 HISTORY	7.00 Storage Wars	8.00 Pawn Stars	9.00 Counting Cars	10.00 Shipping Wars
537 YESTERDAY	7.00 Coast	8.00 Forbidden History	9.00 Alexander's Lost World	10.00 Open All Hours 10.40 Yes...
532 EDEN	7.00 Hidden Kingdoms	8.00 Monster Bug Wars		10.00 Secrets of the Earth

Films

301 SKY PREMIERE	6.00 Ashby	8.00 Terminator Genisys	10.15 Stretch
303 SKY SHOWCASE	6.00 Cake	8.00 Dawn of the Planet of the Apes	10.15 The Inbetweeners 2
304 SKY GREATS	5.15 The Last Samurai	8.00 The Hurricane	10.30 Cape Fear
305 SKY DISNEY	6.35 Winnie the Pooh	8.00 Frozen	9.50 White Fang
306 SKY FAMILY	6.30 The Nut Job	8.00 Into the Woods	10.05 Look Who's Talking
307 SKY ACTION	6.00 Clash of the Titans	8.00 Mad Max: Fury Road	10.15 Last Knights
308 SKY COMEDY	6.00 City Slickers	8.00 Let's Be Cops	10.00 Tammy
309 SKY CRIME	6.00 Grand Piano	7.35 Phone Booth	9.00 Black Sea
310 SKY DRAMA	5.40 Thelma & Louise	8.00 The Fault in Our Stars	10.10 The Riot Club
311 SKY SCI-FI	6.20 Superman Returns		9.00 Jupiter Ascending
312 SKY SELECT	6.10 The Face of an Angel	8.00 The Shining	10.00 In the Name of the Father
315 FILM4	6.20 Robin Hood		9.00 Black Hawk Down
317 TCM	6.05 The Flame and the Arrow	7.45 Apache Trail	9.00 Scream

Sport

402 SKY SPORTS 1	7.00 Premier League Darts – Live: The sixth round at the Motorpoint Arena, Nottingham	10.30 Darts Gold
403 SKY SPORTS 2	7.00 T20 Cricket 7.30 First Utility Super League – Live: Widnes Vikings v Hull FC: From the Select Security Stadium (Kick-off 8.00)	10.30 Cricket's...
404 SKY SPORTS 3	7.00 ATP Masters Tennis – Live: The opening day of the BNP Paribas Open at the Indian Wells Tennis Garden in California	
405 SKY SPORTS 4	7.00 European Tour Golf	8.00 PGA Tour Golf – Live: The opening day of the Valspar Championship at the Innisbrook Resort in Palm Harbour, Florida
410 EUROSPORT 1	7.15 Biathlon	8.20 World Superbikes
411 EUROSPORT 2	7.00 Triathlon	8.30 Cycling
		9.50 Ice Speedway: World Champs
		10.30 Biathlon

BBC1

SKY 101 HD 141 VIRGIN 101 HD 108 FVIEW 1 HD 101 FSAT 101 HD 108

6.00am Breakfast (S)(HD) **9.15 Heir Hunters** (S)(HD)(AD) **10.00 Homes Under the Hammer** (S)(HD) **11.00 Countryside 999** (S)(HD) **11.45 Claimed and Shamed** (S)(R)(HD) **12.15pm Bargain Hunt** (S)(R)(HD)(AD) **1.00 BBC News** (S)(HD) **1.30 Local News** (S) **1.45 Doctors** Karen tries to find out about a mysterious man. (S)(HD)(AD) **2.15 Moving On** *Tour of Duty*: 2/5. An Army wife struggles with life in the barracks. (Series 3) (S)(R)(HD)(AD) **3.00 Escape to the Country** Searching for a rural home in Kent. (S)(R)(HD)(AD) **3.45 The TV That Made Me** Nina Wadia looks back at her favourite TV. (S)(HD) **4.30 Flog It!** People try to make money out of their antiques at auction. (S)(HD) **5.15 Pointless** Quiz show. (S)(HD) **6.00 BBC News** (S)(HD) **6.30 Local News** (S)



8.00 Room 101

7.00 The One Show
Matt Baker and Alex Jones present the topical show. (S)(HD)

7.30 EastEnders
Events take a sinister turn at the Hubbards'. (S)(HD)(AD)
■ Repeated later on W

8.00 Room 101
8/9. Guests John Torode, Russell Howard and Katherine Parkinson discuss their pet hates. (S)(HD)

8.30 EastEnders
Ronnie decides to stop Jack's wedding. (S)(HD)(AD)
■ Repeated tomorrow on W

9.00 Crimewatch
Essex police reveal new leads in the shooting of businessman John 'Goldfinger' Palmer, hoping viewers will be able to help. (S)

10.00 BBC News (S)(HD)

10.30 Local News (S)

10.45 Crimewatch Update
Viewers' responses. (S)

10.50 Question Time
David Dimbleby chairs a topical debate from Dundee. (S)(HD)

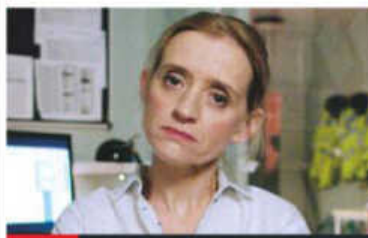
11.50 This Week Andrew Neil and guests discuss political developments from the past seven days. (S)(HD)

12.35am Weather for the Week Ahead (S)(HD) **12.40-6.00am BBC News** (S)(HD)

BBC2

SKY 102 HD 102/142 VIRGIN 102 HD 162 FVIEW 2 HD 102 FSAT 102 HD 109

6.15am Heir Hunters (S)(R)(HD)(AD) **7.00 Countryside 999** (S)(R)(HD) **7.45 Claimed and Shamed** (S)(R)(HD) **8.15 Sign Zone: The Great Interior Design Challenge** (S)(R)(AD) **9.15 Victoria Derbyshire** Current affairs. (S)(HD) **11.00 BBC News** (S)(HD) **12.00noon Daily Politics** (S)(HD) **1.00pm The Chef's Protégé** (S)(R)(HD) **1.30 Portillo's State Secrets** (S)(R)(HD)(AD) **2.00 Who Do You Think You Are?** (S)(R)(HD)(AD) **3.00 A Place to Call Home** (S)(HD) **3.45 Mountain** (S)(R)(HD)(AD) **4.45 Terry and Mason's Great Food Trip** Terry Wogan and Mason McQueen's tour takes them to Bristol. (S)(R)(HD) **5.15 Bargain Hunt** Two teams search for bargains at Staffordshire County Showground. (S)(R)(HD)(AD) **6.00 Eggheads** Quiz show. (S)(HD) **6.30 Too Much TV** (S)(HD)



9.00 Murder

7.00 Big Dreams Small Spaces
3/6. Monty Don helps a couple turn their narrow Bromley garden into a Japanese-style paradise and assists two artists in Stoke as they transform their yard into a haven of tranquillity. (S)(HD)

8.00 NEW SERIES The Secret History of My Family
1/4. Documentary charting 200 years of social history by exploring different family trees, beginning with a trio of pickpocketing sisters raised in 1830s east London. (S)(HD)(AD)

9.00 Murder
Lost Weekend: 2/3. A hellraising aristocrat is cited of involvement in the disappearance of his lover, an American philanthropist. Stars Sebastian Armesto, Anne-Marie Duff and Peter Bowles. (S)(HD)(AD)

10.00 Stewart Lee's Comedy Vehicle
2/6. The comedian explores Islamophobia. (S)(HD)

10.30 Newsnight (S)(HD)

11.10 Weather (S)(HD)
11.15 Dunblane: Our Story Documentary commemorating the 20th anniversary of the firearms tragedy in Dunblane, in which a gunman shot dead 16 pupils and their teacher at a school. (S)(R)(HD)(AD)
12.15am The People v OJ Simpson: American Crime Story (S)(R)(AD)
1.05-3.35 Sign Zone: The Zika Baby Crisis - Panorama (S)(R) **1.35 The Story of China** (S)(R)(AD) **2.35 Let's Play Darts for Sport Relief 2016** (S)(R) **3.35-6.15am Previews** (S)(HD)

ITV

SKY 103 HD 178 VIRGIN 103 HD 113 FVIEW 3 HD 103 FSAT 103 HD 119

6.00am Good Morning Britain (S)(HD) **8.30 Lorraine** Singer Annie Lennox talks to Lorraine about her evolution from music to activism. (S)(HD) **9.25 The Jeremy Kyle Show** Guests air their differences. (S)(HD) **10.30 This Morning** (S)(HD) **12.30pm Loose Women** The ladies are joined by *TOWIE*'s Arg and Lydia. (S)(HD) **1.30 ITV News** (S) **1.55 Local News** (S) **2.00 Jeremy Kyle's Emergency Room** The talk show host discusses people's medical issues. (S)(HD) **3.00 Masterpiece with Alan Titchmarsh** Alan and Rachel Houston-Holland visit Parham House, West Sussex. (S)(HD) **4.00 Tipping Point** Game show. (S)(HD) **5.00 The Chase** Quiz show. (S)(HD) **6.00 Local News** (S) **6.30 ITV News** (S)



8.30 The Cruise

7.00 Emmerdale
Charity is back in town - with the police on her trail. (S)(HD)(AD)
■ Repeated tomorrow on ITV2

7.30 Old and Wealthy - End of the Golden Years? Tonight
Investigating the wealth gap between young and old. (S)(HD)

8.00 Emmerdale
Priya accuses Rakesh of lying to her. (S)(HD)(AD)
■ Repeated tomorrow on ITV2

8.30 The Cruise
2/6. Captain Ed Perrin faces a terrifying task, and Dulcie is paired with a new recruit. (S)(HD)

9.00 Bear Grylls: Mission Survive
2/6. The hungry celebrities are challenged to locate a dead springbok, divide it into pieces and carry it in their rucksacks across ropes suspended 50ft above a rocky ravine. *See feature, page 15* (S)(HD)

10.00 ITV News (S)

10.30 Local News (S)

10.40 UEFA Europa League Highlights
Mark Pougatch presents action from the last-16 first-leg ties, as the teams attempt to secure an advantage ahead of the second-leg matches that will take place next week. (S)(HD)

11.40 Frustrated Britain: Caught on Camera (S)(R)(HD) **12.35am Jackpot247** **3.00 Old and Wealthy - End of the Golden Years? Tonight** As 7.30pm. (S)(R)(HD) **3.25 ITV Nightscreen** **5.05-6.00am The Jeremy Kyle Show** (S)(SL)(R)(HD)

+1 hour SKY 131 VIRGIN 114 FREEVIEW 33 FREESAT 112

CHANNEL 4

SKY 104 HD 227 VIRGIN 104 HD 142 FVIEW 4 HD 104 FSAT 104 HD 126

6.00am Countdown (S)(R)(HD) **6.45-8.00 The King of Queens** Triple bill. (S)(R)(HD) **8.00 Everybody Loves Raymond** (S)(R) **9.00 Frasier** (S)(R) **10.00 Car SOS** (S)(R)(HD) **11.00 Undercover Boss Canada** (S)(R)(HD) **12.00noon News** (S)(HD) **12.05pm A Place in the Sun: Winter Sun** Double bill. (S)(R)(HD) **2.10 Deal or No Deal** (S)(HD)(AD) **3.10 Countdown** With Mark Foster in Dictionary Corner. (S)(HD) **4.00 A New Life in the Sun** A blocked drain forces a seafood restaurant to close at the busiest time of year. (S)(HD) **5.00 Couples Come Dine with Me** Three couples compete for the cash prize in East Anglia. (S)(HD) **6.00 The Simpsons** (S)(R)(AD) **6.30 Hollyoaks** Trevor questions his decision to leave Grace. (S)(HD)(AD)



8.00 Ugly House to Lovely House...

7.00 News (S)(HD)

7.55 The Political Slot
With Liberal Democrat health spokesman Norman Lamb. (S)(HD)

8.00 Ugly House to Lovely House with George Clarke
3/5. Architect Laura Jane Clark renovates a couple's Hertfordshire home inside and out with a plan that includes moving the staircase and installing a revolving wall. (S)(HD)(AD)
■ Repeated tomorrow on 4seven

9.00 8 Out of 10 Cats Does Countdown
Host Jimmy Carr is joined by Jon Richardson and guest captain Johnny Vegas, with Claudia Winkleman, Rob Beckett and Tom Allen also joining in the quiz. (S)(HD)

10.00 Alan Carr: Chatty Man
2/10. The comic is joined by Rod Stewart, who talks about his long career and performs his latest single. Also, Stephen Mangan talks about his upcoming TV adventure drama *Houdini & Doyle*. (S)(HD)

11.05 Tattoo Fixers (S)(HD) **12.10am Ramsay's Kitchen Nightmares USA** (S)(R) **1.05 Royal Navy School** (S)(R)(HD)(AD) **2.00 Born to Be Different** (S)(SL)(R)(HD)(AD) **2.50 Council House Millionaires: Dispatches** (S)(SL)(R)(HD)(AD) **3.20 Beat My Build** (S)(SL)(R)(HD) **4.15 Selling Houses with Amanda Lamb** (S)(R)(HD) **5.10-6.00am Deal or No Deal: Double Trouble** (S)(R)(HD)(AD)

+1 hour SKY 135 VIRGIN 143 FVIEW 13 HD 109 FREESAT 121

CHANNEL 5

SKY 105 VIRGIN 105 FVIEW 5 FSAT 105
HD 105/171 HD 150

- 6.00-9.15am Milkshake!**
9.15am The Wright Stuff (HD)
11.15 Cowboy Builders (S)(R)(HD)
12.10pm News (S)(HD)
12.15 Britain's Horror Homes 2/6.
 A home invaded by rats. (S)(R)(HD)
1.15 Home and Away (S)(HD)(AD)
1.45 Neighbours (S)(HD)(AD)
2.20 NCIS Escaped: 2/24. Gibbs comes out of retirement to help Fornell and his daughter. (Series 4) (S)(R)(AD)
3.20 The Mystery Cruise Thriller starring Gail O'Grady. (S)(R)(HD)
5.00 News (S)(HD)
5.30 Neighbours Aaron turns to Susan and Kyle for answers. (S)(R)(HD)(AD)
6.00 Home and Away Phoebe tells Ash she does not want to be in a relationship in which she always comes second. (S)(R)(HD)(AD)
6.30 News (S)(HD)



NEW

9.00 Trauma Doctors: Every...

7.00 Ben Fogle: New Lives in the Wild
 Ben meets a 61-year-old woman who has lived alone in an isolated camp in the Australian Bush for eight years, where she tries to protect and nurture the native flora and fauna. (S)(R)(HD)

8.00 The Secret Life of the Family
 5/6. Jill tries to teach her three boys aerobics, Claire and Ken let their children have free rein of the kitchen, and Joe tries to pass on some driving tips to daughter Daisy. (S)(HD)

9.00 NEW SERIES Trauma Doctors: Every Second Counts
 1/6. Return of the documentary. Dr Tony Joy and paramedic Bill Leaning attend to a man suffering a heart attack, and surgeon Pete Bates leads a team trying to rebuild a builder's shattered pelvis. (S)

10.00 NEW TO C5 Moors Murders: Britain's Worst Crimes
 An insight into the crimes of Myra Hindley and Ian Brady, establishing the chronology of their acts and explaining why it took so long for the pair to be brought to justice. (S)(HD)

11.00 Can't Pay? We'll Take It Away
 Kevin Stokes and Brian O'Shaughnessy chase a debt run up by a coach company, and Stewart McCracken and Elmor Victor face a heartbreaking house repossession. (S)(R)(HD)
12.00m't SuperCasino
3.10am That's So 1990 (S)(R) **4.00 Wildlife SOS** (S)(SL)(R) **4.25 Divine Designs** (S)(SL)(R) **4.45-6.00am House Doctor** Triple bill. (S)(SL)(R)

+1 hour SKY 177 VIRGIN 155 FREEVIEW 44 FREESAT 128

SKY1

SKY 106 VIRGIN 110
HD 106/217 HD 109

- 6.00am Sunrise** (HD) **9.00 NCIS: Los Angeles** (S)(R)(HD) **10.00 Hawaii Five-0** (Series 5) (S)(R)(HD)
12.00noon NCIS: Los Angeles Reznikov, N: 4/24. (Series 5) (S)(R)(HD)
1.00pm Hawaii Five-0 (S)(R)(HD)
2.00 Hawaii Five-0 (S)(R)(HD)
3.00 The Holidaymakers Different families live together in a Spanish villa to see how they get on. (S)(R)(HD)(AD)
4.00 Futurama (S)(R)(HD)
4.30 Futurama (S)(R)(HD)
5.00 The Simpsons (S)(R)(HD)
5.30 Futurama (S)(R)(HD)
6.00 Futurama Beast with a Billion Backs - Part Three: Part three of four. Monster Yivo uses a tentacle to control Fry. (S)(R)(HD)
6.30 The Simpsons To Cur with Love: Homer doesn't worry when Santa's Little Helper goes missing. (S)(R)(HD)



8.00 DC's Legends of Tomorrow

7.00 The Simpsons
A Test Before Trying: Bart gets the chance to save the school from closure. (S)(R)(HD)
7.30 Gorgeous Grampa: The family sees a different side to Grampa when he revisits his days as Gorgeous Godfrey. (S)(R)(HD)

8.00 DC's Legends of Tomorrow
NEW EPISODE Pilot - Part Two: 2/16. The team heads to 1975 in pursuit of Savage, where a nuclear weapon is being auctioned off. Meanwhile, Snart and Rory hatch a plan (S)(HD)

9.00 A League of Their Own - Best Bits
SERIES FINALE 10/10. James Corden reflects on the funniest moments, the wackiest challenges and the best gags of series 10 in a special highlights episode of the sports-based comedy quiz. (S)(HD)

10.00 Stan Lee's Lucky Man
 7/10. A man dies while fleeing for his life, and Harry gets sucked into a case involving blackmail, theft, false identities and wealthy foreign students - and discovers a link to Golding. (S)(R)(HD)

11.00 Duck Quacks Don't Echo
 With Holly Willoughby, Dara O Briain and Hugh Dennis. (S)(R)(HD)(AD)
12.00m't Hawaii Five-0 (S)(R)(HD)
1.00am Hawaii Five-0 (Series 5) (S)(R)(HD) **2.00 Night Cops** Officers help a man who has been beaten up. (S)(R)(HD) **3.00 Stargate SG-1** (S)(R) **4.00 Stargate SG-1** (Series 4) (S)(R) **5.00 Sky World News** (HD) **5.30-6.00am Sky World Review & Business Report** (HD)

+1 hour SKY 130

LOCAL VARIATIONS

BBC1

SCOTLAND
 Sky 951, Virgin 862, Freesat 960
 No variations

N. IRELAND
 Sky 953, Virgin 863, Freesat 957
10.45pm The View (S)(HD) **11.25 Crimewatch Update** (S) **11.30 Question Time** (S)(HD) **12.30am This Week** (S)(HD) **1.15-6.00am BBC News** (S)(HD)

WALES
 Sky 952, Virgin 864, Freesat 964
 No variations

BBC2

SCOTLAND
 Sky 970, Freesat 970
12.00 Politics Scotland (S) **12.30-1.00pm Daily Politics** (S) **10.30 Scotland 2016** (S) **11.00 Newsnight** (S) **11.40 Weather** (S) **11.45 Dunblane: Our Story** (S)(R) **12.45am The People v OJ Simpson: American Crime Story** (S)(R)(AD) **1.35 Sign Zone: The Zika Baby Crisis - Panorama** (S)(SL)(R) **2.05 The Story of China** (S)(SL)(R) **3.05-6.15am Previews** (S)(HD)

N. IRELAND
 Sky 972, Freesat 969
 No variations

WALES
 Sky 971, Freesat 971
 No variations

ITV

As main ITV except:
WALES
7.30-8.00pm Ryan Jones' Six Nations (S)

S4C

Sky 134, Virgin 166, Freesat 120
7.00am Cyw **1.00pm Newyddion S4C** a'r Tywydd **1.05 Heno** **1.30 Cefylau Cymru** **2.00 Prynhawn Da** **2.55 Newyddion S4C** a'r Tywydd **3.00 Pobol y Rhondda** **3.30 Caeau Cymru** **4.00 Awr Fawr** **5.00 Stwnsh** **6.00 Pobol y Cwm** (AD) **6.25 Newyddion S4C** a'r Tywydd **6.30 Ward Plant** **7.00 Heno** **7.30 Rownd a Rownd** (AD) **8.00 Pobol y Cwm** (AD) **8.25 NEW SERIES Ffasiwn Bildar** **9.00 Newyddion 9** a'r Tywydd **9.30 Pobol y Rhondda** **10.00 Hacio** **10.30 Ralfio+** Mecsicco **11.00 Cefylau Cymru** **11.35pm-6.00am Y Dydd yn y Cynulliad**

TV&Satellite
Best for Sky and Virgin

BBC4

SKY 116 VIR107 FVIEW 9 FSAT148
HD 116/211 HD 164 HD 106 HD 107

- 7.00pm World News Today**
 The day's leading stories. (HD)
7.30 Top of the Pops:
1981 Music by UB40, Hazel O'Connor, Tenpole Tudor and Adam and the Ants.
8.00 Indian Hill Railways
 2/3. The lives and loves of workers on the Nilgiri Mountain Railway, a steam-powered line that runs through the south Indian jungle up to a hill station once known as Snooty Ooty. (AD)
9.00 NEW SERIES Digging for Britain 1/4. Alice Roberts and Matt Williams visit archaeological digs across the country, beginning with a look at the work being carried out in the west of Britain. (HD)(AD)
10.00 Ancient Egypt: Life and Death in the Valley of the Kings 2/2. The ancient Egyptian attitude to death, looking at what they hoped to find in the afterlife. (HD)
11.00 Planet Ant: Life Inside the Colony (HD) **12.30am Top of the Pops: 1981** **1.05 Doris Day: Virgin Territory** **2.05 London on Film: The West End** (AD) **2.40-3.40am Digging for Britain** (SL)(AD)

ITV2

SKY 118 VIR115 FVIEW 6 FSAT 113
HD 118/225 HD 176

- 6.00am Planet's Funniest Animals**
6.20 Dinner Date (HD) **7.10 The Ellen DeGeneres Show** (HD)
8.00 Emmerdale (HD)(AD)
8.30 Coronation Street (HD) (AD) **9.00 Totally Bonkers Guinness World Records** (HD)
9.35 Catchphrase (HD) **10.15 Dinner Date** (HD) **11.15 Royal Pains** (HD) **12.10pm Emmerdale** (HD)(AD) **12.45 Coronation Street** (HD)(AD) **1.15 You've Been Framed! Gold** **1.45 The Ellen DeGeneres Show** **NEW EDITION** (HD) **2.40 Judge Rinder** (HD) **3.40 The Jeremy Kyle Show: Double bill.** (HD) **5.50 Take Me Out** (HD)

7.00 The Guide to You've Been Framed! Comical clips.
8.00 Two and a Half Men 10/24. Berta and Lydia fight over Charlie. (HD)
8.30 11/24. Charlie hosts a festive party. (Series 4) (HD)

9.00 Scorpion NEW EPISODE White Out: 13/24. The agents set out to save a stricken US Special Forces unit. (Series 2) (HD)(AD)

10.00 The Keith Lemon Sketch Show **SERIES FINALE**
 A spoof look at the world of TV, film and celebrity. (HD)

10.30 Family Guy: Double bill. (HD)(AD) **11.30 American Dad!** (AD) **12.30am Two and a Half Men** (HD) **1.25 The Keith Lemon Sketch Show** (HD) **1.50-2.15am Totally Bonkers Guinness World Records** (HD)

+1 hour SKY 180 VIR116 FVIEW 27 FSAT 114

MORE4

SKY 138 VIR147 FVIEW 14 FSAT 124
HD 138/231 HD 203

- 8.55am River Cottage Bites** (HD)
9.25 Jamie's 15 Minute Meals (HD)(AD) **9.55 Come Dine with Me** (HD) **11.00am-1.40pm Four in a Bed** (HD) **1.40-4.20pm Come Dine with Me** (HD)
4.20 The Supertv (HD) **5.25 Dogs: Their Secret Lives** (HD) **6.30 Crufts 2016** with Claire Balding **NEW EDITION** Coverage from the NEC in Birmingham, featuring the judging in the Utility and Toy groups.
9.00 The Good Wife **NEW EPISODE** *Driven:* 7/22. Alicia, Cary and Louis oppose one another in a case involving a woman injured while test-driving a car in driverless mode. Things get awkward at home when Peter moves in. (Series 7) (HD)(AD)
10.00 Thicker Than Water **NEW EPISODE** 2/10. The Waldemar siblings are shocked by the sudden death of their mother, and her will contains an unexpected demand. Subtitled. (HD)
11.20 Gadget Man: Double bill. (HD) **12.30am 8 Out of 10 Cats Does Countdown** (HD) **1.30 Embarrassing Bodies** **2.35-3.35am Gadget Man** (HD)

+1 hour SKY 139 VIR196 FVIEW 125

E4

SKY 136 VIR144 FVIEW 28 FSAT 122
HD 136/202 HD 145

- 6.00am Made in Chelsea** (HD)
6.45 Charmed **7.35 Hollyoaks** (HD)(AD) **8.05 Rules of Engagement** (HD) **9.00 New Girl** (HD)(AD) **10.00 Baby Daddy** (HD) **11.00 Charmed** **1.00pm How I Met Your Mother** (HD)(AD)
2.00 The Big Bang Theory (HD) (AD) **3.00 Baby Daddy** (HD) **4.00 How I Met Your Mother** (HD)(AD) **5.00 New Girl** (HD) (AD) **6.00 The Big Bang Theory** (HD)(AD) **7.00 Hollyoaks** (HD)
7.30 The Goldbergs 14/24. Barry creates a sculpture of Lainey. (Series 3) (AD)
8.00 The Big Bang Theory 8/24. The gang recreates a prom night. (HD)(AD)
8.30 21/24. Penny contemplates returning to acting. (Series 8) (HD)(AD)
9.00 Brooklyn Nine-Nine **NEW EPISODE** 12/23. Holt and Peralta contract mumps. (Series 3) (HD)(AD)
9.30 8/23. Peralta and Boyle set out to catch a drug dealer. (Series 2) (HD)
10.00 The Inbetweeners 5/6. The lads visit a Caravan Club meeting. (AD)
10.30 6/6. Will organises the school prom. (Series 1) (AD)
11.05 The Big Bang Theory (HD) (AD) **12.05am Tattoo Fixers** (HD) **1.05 Rude Tube** (HD) **2.05 The Inbetweeners** (AD) **2.55 Tattoo Fixers** (HD) **3.50 Charmed** (Series 6) **4.30-6.00am Made in Chelsea** (HD)

+1 hour SKY 137 VIR146 FVIEW 29 FSAT 123

THURSDAY Entertainment

Thursday

Sky Living

SKY 107 HD 107/221 VIRGIN 112 HD 111

6.00am Motorway Patrol (HD)
7.00 Nothing to Declare
8.00 Border Security: Canada's Front Line (HD)
9.00 Children's Hospital (HD)
9.30 Million Dollar Listing: Miami (HD) **10.30** My Kitchen Rules: Australia
12.05-3.00pm Criminal Minds: Triple bill. (Series 1) (HD) **3.00** CSI (HD) **5.00** Children's Hospital (HD)
6.00 Nothing to Declare: Double bill of the series.



10.00 Scandal

Sky Atlantic

SKY 108 HD 108/222

6.00am Storm City (HD) **7.00** Fish Town (HD) **8.00** House (HD) **10.00** The West Wing (HD) **11.00** Blue Bloods (HD)
12.00noon Cold Case (HD)
1.00pm Without a Trace (HD) **2.00** Urban Secrets (HD) **3.00** House (HD)
5.00 The West Wing (Series 4) (HD) **6.00** Blue Bloods: Nightmares: 7/23. Danny's investigation of a murder leads him into the world of voodoo. (Series 3) (HD)



9.00 The Pacific

GOLD

SKY 110 VIRGIN 126

7.00am Ever Decreasing Circles **7.30** Sorry! **8.00** As Time Goes By **8.40** To the Manor Born **9.20** Last of the Summer Wine: Double bill.
12.00noon My Family: As 6.35pm. **12.40-2.40pm** Only Fools and Horses: Triple bill. **2.40** As Time Goes By **3.20** To the Manor Born
4.05 Last of the Summer Wine: Double bill of the series. **6.40** My Family: A case of mistaken identity leads to trouble.



10.00 Big School

Dave

SKY 111 HD 111/246 VIRGIN 128 HD 194 F'VIEW 12

7.00am Storage Hunters (HD) **7.20** Ice Road Truckers (HD) **8.10** American Pickers (HD) **10.00** Top Gear (HD)
11.00 FILM Comanche Territory: Western starring Macdonald Carey and Maureen O'Hara. (HD) (1950, U, 75min) ★★
12.30pm Storage Hunters UK (HD) **1.00** Top Gear (HD) **2.00** American Pickers (HD) **4.00** Sin City Motors (HD) **5.00** Top Gear (HD) **6.00** American Pickers (HD)



8.40 Would I Lie to You?

ITV3

SKY 119 HD 119/263 VIR 117 HD 177 F'VIEW 10 F'SAT 115

6.00am Doctor in the House **6.25** Heartbeat **7.30** Where the Heart Is **8.30** The Royal **9.35-10.55** Judge Judy
10.55 Wycliffe **12.00noon** Murder, She Wrote (HD)
1.00pm Heartbeat **2.05** The Royal **3.05** Where the Heart Is **4.15** Doctor in the House
4.50 In Loving Memory **5.20** On the Buses **5.55** Heartbeat: Bad Company: A woman is involved in a hit-and-run following a local dance.



8.00 Foyle's War

ITV4

SKY 120 HD 120/268 VIR 118 HD 178 F'VIEW 24 F'SAT 117

6.00am Football's Greatest: Paul Gascoigne (HD) **6.10** Magnum, PI (HD) **7.05** The Chase (HD) **8.10** The Professionals **9.05** The Sweeney **10.10** Ax Men (HD) **11.10** The Chase (HD) **12.10pm** Pawn Stars (HD)
12.45 LIVE Snooker: World Grand Prix: The second round gets under way. (HD)
5.15 Storage Wars: The buyers take a trip into the desert. (HD) **5.45** The Car Chasers: Double bill of the series. (HD)



5.45 The Car Chasers

7 PM

7.00 My Kitchen Rules New Zealand **NEW EDITION** The teams prepare a meal for a throng of rugby players with big appetites. (HD)

8 PM

8.00 Madam Secretary You Say You Want a Revolution: 7/22. Elizabeth attempts to make history by lifting the Cuban trade embargo. (Series 2) (HD)

9 PM

9.00 Elementary **NEW EPISODE** A Study With Charlotte: 13/22. A botany professor and his students are poisoned. (Series 4) (HD)

10 PM

10.00 Scandal **NEW EPISODE** The Candidate: 11/24. (Series 5) (HD)

11.00 Criminal Minds (HD) **12.00m't** CSI (HD) **1.50am** Criminal Minds (HD) **2.40** CSI (HD) **3.30** UK Border Force **4.20** Nothing to Declare **5.10-6.00am** Border Security: Canada's Front Line (HD)

+1 hour SKY 122 VIRGIN 140

7.00 Cold Case The Good Death: 23/24. A nurse confesses to committing euthanasia six times. (Series 4) (HD)

8.00 Without a Trace Fade-Away: 11/24. The team discovers a missing 17-year-old may have done something illegal. (Series 5) (HD)

9.00 The Pacific Peleliu Landing: 5/10. Sledge has a harrowing first experience of combat when he arrives in the south Pacific to join the assault on Peleliu. (HD)

10.05 The Pacific (HD) **11.10** Alan Partridge's Mid Morning Matters (HD) **11.40** Last Week Tonight with John Oliver (HD) **12.15am** Girls (HD) **12.50** Togetherness (HD) **1.25** 100 Code (HD) **2.25** The Sopranos (HD) **3.35** The Comeback (HD) **4.05** Storm City (HD) **5.00-6.00am** Fish Town (HD)

+1 hour SKY 170

7.20 Open All Hours Nurse Gladys Emmanuel has a problem with her washing machine.

8.00 Only Fools and Horses Del gets the chance to sell off a couple of antique urns.
8.40 Del takes up cards in a bid to make a fortune – much to the annoyance of Rodney and Grandad.

9.20 Come Fly with Me Taaj Manzoor bumps into actor Rupert Grint.

10.00 Big School Miss Postern organises a school trip to France.

10.40 Miranda **11.20** Absolutely Fabulous **12.00m't** Cheers **12.30am** Shooting Stars **1.10** Absolutely Fabulous **1.50** Big School **2.25** Come Fly with Me **2.55** Absolutely Fabulous **3.25-3.55am** Shooting Stars

+1 hour SKY 166 VIRGIN 127

7.00 American Pickers Mike and Frank get behind the wheel of the original Batmobile from the 1960s TV series Batman. (HD)

8.00 Would I Lie to You? With Natalie Cassidy, Dom Joly, Frankie Boyle and Duncan Bannatyne.
8.40 Guests Rhod Gilbert, Sally Phillips, Des O'Connor and Tess Daly join the regulars. (HD)

9.20 Would I Lie to You? The Unseen Bits Extra material from the panel show. (HD)

10.00 QI XL Rob Brydon, Phill Jupitus, Cal Wilson and Alan Davies try to answer to questions about journeys. (HD)

11.00 Russell Howard's Good News Extra (HD) **12.00m't** Hoff the Record (HD) **12.40am** Mock the Week **2.00** QI XL (HD) **3.00-4.00am** Only Connect

+1 hour SKY 214 VIRGIN 129 F'VIEW 84

7.00 Murder, She Wrote Murder by Appointment Only: A cosmetics magnate's fiancée is murdered. Guest stars Robert Culp. (HD)

8.00 Foyle's War The Eternity Ring: MI5 suspects Britain's atomic research programme has been infiltrated and recruits Foyle to investigate a Soviet spy ring that could be at work in London. (HD)

10.00 A Touch of Frost Fun Times for Swingers: Jack investigates the murder of a male escort.

12.00m't Wire in the Blood: Falls the Shadow – Part Two: 4/8. Tony finds a link between the two sets of murders. (Series 6) **1.00-1.55am** Where the Heart Is (Series 4)

+1 hour SKY 193 VIRGIN 174 F'SAT 116

6.45 LIVE Snooker: World Grand Prix Jill Douglas presents further coverage of day three of the tournament from the Venue Cymru in Llandudno, featuring the conclusion of the second round. With analysis from Alan McManus and Neal Foulds, and commentary by Clive Everton and Phil Yates. (HD)

11.15 FILM Smokin' Aces: Crime comedy thriller starring Jeremy Piven, Ryan Reynolds and Ray Liotta. (HD) (2006, 18, 109min) ★★
1.25am Ax Men (HD) **2.25-2.40am** Movies Now (HD)

+1 hour SKY 206 VIRGIN 175 F'SAT 155

Real Lives

SKY 172 VIRG 160

6.00am UK Border Force **7.00** 60 Minute Makeover **9.00** Sun, Sea and A&E **10.00** Jerry Springer **12.00noon** The Biggest Loser: Australia **1.00pm** America's Next Top Model **2.00** Four Weddings **3.00** Obese: A Year to Save My Life USA **NEW EDITION** **4.00** Border Security: Canada's Front Line **5.00** Nothing to Declare **6.00** America's Next Top Model **6.55** Bangkok Embassy **8.00** Nothing to Declare Double bill of the series. **9.00** Sun, Sea and A&E **10.00** Amsterdam Nights **11.00** Sexcetera **1.00am** Eurotrash: The Sexy Bits **2.00** When Vacations Attack **3.00** The Devil's Dinner Party **4.00** Sun, Sea and A&E **5.00-6.00am** RSPCA Animal Rescue

+1 hour SKY 173 VIRG 207

Sky2

SKY 129 VIRG 121

6.00am Brainiac: Science Abuse **7.00** Ninja Warrior **8.00** Highway Patrol **9.00** Arrow **10.00** Nothing to Declare **11.00** Inside Gatwick **12.00noon** Ninja Warrior **1.00pm** Robot Wars **2.00** Arrow **3.00** Four Weddings **4.00** Police Force: Australia **5.00** Robot Wars **6.00** Stargate Universe **7.00** Stargate Universe **8.00** Hawaii Five-0 **9.00** NCIS: Los Angeles **10.00** Mad Dogs 2/4. The friends realise they are implicated in a murder. (Series 1) **11.00** Air Ambulance **12.00m't** DC's Legends of Tomorrow **1.00am** Danny Dyer's Deadliest Men: Living Dangerously **2.00** Border Security USA: Double bill. **4.00** Nothing to Declare **5.00-6.00am** The Real A&E

Pick

SKY 152 VIRG 123 F'VIEW 11 F'SAT 144

6.00am Sunrise **7.00** Most Haunted **8.00** Sixth Sense with Colin Fry **9.00** Cold Case **10.00** Sanctuary **11.00** Stargate Universe **12.00noon** Motorway Patrol **12.30pm** Jerry Springer **2.00** Highway Patrol **2.30** Customs UK **3.00** Nothing to Declare **4.00** It's Me or the Dog **5.00** Cold Case **6.00** Without a Trace **7.00** Stargate SG-1 **8.00** Sanctuary (Series 1) **9.00** Shocking Crimes: Murder Book **NEW EDITION** Key to Murder: A veteran investigator is brought out of retirement to track down a cop killer. **10.00** Hard Time **11.05** Without a Trace **12.00m't** Supernatural **1.00am** Most Daring **2.00** Cold Case **4.00** Most Haunted **5.00-6.00am** Highway Patrol

+1 hour SKY 153 F'SAT 159

E!

SKY 151 HD 151/239 VIRG 156

7.00am Kourtney and Kim Take Miami **8.00** News **9.00** Tia and Tamera **10.00** Keeping Up with the Kardashians **11.00** Total Divas **12.00noon** News **1.00pm** Jerseylicious **2.00** Keeping Up with the Kardashians **3.00** Giuliana and Bill **4.00** News **5.00** Just Jillian **6.00** Kourtney and Kim Take Miami **7.00** News Showbiz news. **8.00** Total Divas **9.00** Keeping Up with the Kardashians Kim announces her pregnancy. **10.00** The Royals **11.00** News **12.00m't** Hollywood Medium with Tyler Henry **1.00am** Keeping Up with the Kardashians **1.30am** Teleshopping **2.30** News **4.30-5.00am** Celebrity Style Story: Brad Pitt.

+1 hour SKY 229

Alibi

SKY 132 HD 132/247 VIRG 130 HD 200

7.10am Diagnosis Murder **8.00** Murdoch Mysteries (HD) **10.00** The Closer (HD) **11.00** Castle (HD) **1.00pm** Sue Thomas: F.B.I. **2.00** The Closer (HD) **3.00** Murdoch Mysteries (HD) **4.00** Castle (HD) **6.00** Rizzoli & Isles (Series 5) (HD) **7.00** Rizzoli & Isles (HD) **9.00** **NEW SERIES** Quantico Run: 1/22. Crime thriller starring Priyanka Chopra. Recruits arrive at the FBI training base in Virginia, but one of them turns out to be the mastermind behind a terrorist attack. See feature, page 16 (HD) **10.00** Lie to Me (HD) **11.00** Rizzoli & Isles (HD) **1.00am** Sue Thomas: F.B.I. **2.00** Diagnosis Murder **2.50-4.00am** Murdoch Mysteries (HD)

+1 hour SKY 226 VIRG 131

ITV Be

SKY 179 VIR 119 HD 179 F'VIEW 26 F'SAT 118

9.00am Be Beautiful **NEW EDITION** (HD) **9.10** The Only Way Is Essex **10.00** May the Best House Win (HD) **11.00** Who's Doing the Dishes? (HD) **12.05pm** The Jeremy Kyle Show USA **1.00** Jerseylicious (HD) **2.00** The Real Housewives of Atlanta (HD) **3.00** Buying and Selling (HD) **4.00** The Real Housewives of New York City (HD) **6.00** Dinner Date (HD) **7.00** Buying and Selling **NEW EDITION** (HD) **8.00** Dinner Date (HD) **9.00** Newlyweds: The First Year: John attends to an emergency at the salon. (HD) **10.00** The Millionaire Matchmaker (HD) **11.00** The Only Way Is Essex (HD) **11.50pm-12.45am** The Jeremy Kyle Show USA

+1 hour SKY 207 VIRG 120 F'SAT 158

ITV Encore

SKY 123 HD 123/269

6.00am The Encore Hour **9.00** Always and Everyone **9.50** Upstairs, Downstairs **10.50** Heartbeat **11.45** The Chief **12.40pm** Kavanagh QC (HD) **2.20** Robin of Sherwood **3.20** Heartbeat **4.35** The Grand **5.40** Upstairs, Downstairs **6.50** Agatha Christie's Poirot (HD) **8.00** Downton Abbey 6/8. The house is opened to the public. (Series 6) (HD) **9.00** Unforgotten 6/6. Father Robert's revelations have lasting repercussions. (1) (HD) **10.00** Vera Prodigal Son: A former policeman is stabbed to death. (HD) **12.00m't** Injustice (HD) **1.00am** Agatha Christie's Poirot (HD) **2.10** Monroe (HD) **3.05** Lightfields (HD) **4.00-6.00am** The Encore Hour

+1 hour SKY 208

Comedy Central

SKY 112 **VIRGIN 132**
HD 112/205 **HD 181**

8.00am Two and a Half Men: Double bill. (HD) **9.00** Friends: Double bill. (HD) **10.00** The Middle: Double bill. (HD)
11.00 Malcolm in the Middle: Double bill. (HD) **12.00noon** Impractical Jokers: Double bill. (HD) **1.00-3.00pm** Friends: Back-to-back episodes. (HD)
3.00 The Middle: Double bill. (HD) **4.00** Malcolm in the Middle: Double bill. (HD) **5.00-7.00** Friends: Back-to-back episodes. (Series 7) (HD)



12.00 The Daily Show

7.00 Impractical Jokers: The pranksters try to kiss strangers in public. (HD)
7.30 The guys try to get signatures for clubs that do not exist. (HD)
8.00 Friends 19/24. Monica's attractive cousin visits. (HD)
8.30 20/24. Rachel meets an old college friend. (Series 7) (HD)

9.00 **FILM** Anchorman: The Legend of Ron Burgundy Comedy starring Will Ferrell. A sexist news presenter feels threatened when an ambitious female rival joins his team. (HD) (2004, 12, 94min) ★★★
SEX ●●● **VIOLENCE** ●●● **LANG** ●●●

11.00 Impractical Jokers (HD) **12.00m't** The Daily Show **NEW EDITION** (HD) **12.30am** Inside Amy Schumer (HD) **1.00** Bob's Burgers **2.00** South Park (HD) **3.00-4.10** Two and a Half Men (HD) **4.10-5.00am** The Middle (HD)

+1 hour **SKY 127** **VIRGIN 133**

Syfy

SKY 114 **VIRGIN 135**
HD 114/201 **HD 165**

6.00am Buffy the Vampire Slayer: Double bill. **8.00** Teleshopping **11.00** Star Trek: Deep Space Nine (Series 6)
12.00noon Star Trek: The Next Generation (Series 6) (HD) **1.00pm** Defiance (HD) **2.00** **FILM** Viking Quest: Fantasy. (HD) (2014, 12, 88min) ★★
4.00 Buffy the Vampire Slayer: Double bill. **6.00** Star Trek: Deep Space Nine: Profit and Lace: 23/26. The Grand Nagus is demoted. (Series 6)



9.00 Hot Fuzz

7.00 Star Trek: The Next Generation **Aquel:** 13/26. The Enterprise crew investigates two deaths on a space station. (Series 6) (HD)
8.00 Extant **The Other Side:** 9/13. Shepherd and JD agree to look into what happened to John. (Series 2) (HD)

9.00 **FILM** Hot Fuzz Cop thriller spoof starring Simon Pegg and Nick Frost. An overachieving London police officer is transferred to a sleepy rural town and investigates a string of bizarre murders. (HD) (2007, 15, 115min) ★★★★★
SEX ●●● **VIOLENCE** ●●● **LANG** ●●●

11.30 **FILM** Lavalantula (HD) (2015, 15, 81min) ★★
1.20am **FILM** Sharknado (HD) (2013, 15, 86min) ★★ **3.10** Defiance (HD) **4.10-6.00am** **FILM** End of the World (HD) (2013, 12, 85min) ★★

+1 hour **SKY 194** **VIRGIN 136**

W

SKY 109 **VIRGIN 124**
HD 109/245 **HD 191**

6.10am Who Do You Think You Are? (HD) **7.00** MasterChef Australia (HD) **8.00** MasterChef USA (HD)
9.00 The Bill **10.00** Emergency Bikers (HD) **11.00** Tipping Point: Double bill of the quiz. (HD) **1.00pm** My Dream Home **NEW EDITION** (HD)
2.00 Who Do You Think You Are? Double bill. (HD) **4.00** Beverly Hills Pawn (HD) **5.00** My Dream Home (HD) **6.00** Tipping Point (HD)



9.00 Code Black

7.00 MasterChef USA **NEW EDITION** 16/20. The final six run the dinner service at Hatfield's restaurant. (HD)
8.00 Humble Pie Amateurs' culinary skills are judged by Michelin star chef Marco Pierre White and one another. Melanie Sykes hosts. (HD)

9.00 Code Black **NEW EPISODE** Love Hurts: 17/22. Christa treats a boy who claims he was abused at a camp for troubled teens. (HD)
10.00 EastEnders As shown on BBC1. (HD)

10.40 Gavin & Stacey: Double bill. (HD) **12.00m't** Code Black: As 9.00pm. (HD) **1.00am** Neighbourhood Blues (HD) **1.50-3.00am** Humble Pie: As 8.00pm. (HD)

+1 hour **SKY 213** **VIRGIN 125**

Universal

SKY 113 **VIRGIN 137**
HD 113/204 **HD 137**

6.00am Royal Pains (HD) **7.00** Teleshopping **8.00** In Plain Sight (HD) **9.00** Numb3rs (HD) **10.00** CSI: Miami (HD) **11.00** NCIS (Series 4) (HD) **12.00noon** Law & Order (HD) **1.00pm** Sea Patrol (HD) **2.00** Rescue Special Ops (HD) **3.00** NCIS (HD)
4.00 Law & Order (HD) **5.00** Sea Patrol (HD) **6.00** Rescue Special Ops: Class of Their Own: 19/22. A balcony collapses at a party. (Series 3) (HD)



9.00 Sleepy Hollow

7.00 NCIS **Once a Hero:** 8/24. A former Marine falls to his death, and investigations lead to the discovery of another body. (Series 4) (HD)
8.00 CSI: Miami **One-Night Stand:** 14/24. Horatio and his team investigate two murders at the same hotel. (Series 3) (HD)

9.00 Sleepy Hollow **NEW EPISODE** Kindred Spirits: 11/18. The Kindred emerges as Ichabod and Abbie's latest enemy. (Series 3) (HD)
10.00 Law & Order: Los Angeles **Silver Lake:** 10/22. A robbery results in murder. (HD)

11.00 Law & Order: Special Victims Unit (HD) **1.00am** Sleepy Hollow (HD) **2.00** Sea Patrol (HD) **3.00** Bates Motel (HD) **4.00** Royal Pains (HD) **5.00-6.00am** Quincy ME

+1 hour **SKY 150** **VIRGIN 138**

FOX

SKY 124 **VIRGIN 157**
HD 124/188 **HD 199**

8.00am The Mentalist (HD) **9.00** Leverage (HD) **10.00** The Closer (Series 2) (HD) **11.00** The Mentalist: Double bill. (Series 3&4) (HD)
1.00pm NCIS: Double bill. (HD) **3.00** Leverage: The Jailhouse Job: 1/16. (Series 3) (HD) **4.00** The Mentalist: Double bill. (Series 4) (HD)
6.00 The Closer: **Homewrecker:** 1/15. A teenager becomes the prime suspect in the murder of his family. (Series 3) (HD)



9.00 Marvel's Agent...

7.00 NCIS **Prime Suspect:** 17/24. Gibbs is approached by his friend and barber Frankie, who suspects his son may be a serial killer. (HD)
8.00 Seek: 18/24. Gibbs and the team investigate the death of a Marine shot dead by a sniper in Afghanistan. (Series 10) (HD)

9.00 Marvel's Agent Carter **NEW EPISODE** Monsters: 7/10. Peggy plots a rescue mission. (Series 2) (HD)
10.00 American Dad! **NEW EPISODE** (HD) **10.30** Family Guy (HD) **11.00** The Venture Brothers **NEW EPISODE** (HD) **11.30** **NEW** Robot Chicken DC Specials: Villains in Paradise (HD)

12.00m't Family Guy **1.00am** American Dad! **2.00** Family Guy (HD) **2.30** American Dad! (HD) **3.00** Family Guy **4.00-5.00am** American Dad!

+1 hour **SKY 165** **VIRGIN 158**

Sky Arts

SKY 121 **VIRGIN 122**
HD 121/223 **HD 206**

6.00am South Bank Show Originals (HD) **7.00** Parkinson: Masterclass (HD) **8.00** Brahms Symphony No 1 in C Minor (HD) **9.00** Alison Balsom: The Trumpet's Splendour (HD)
10.00 Shania Twain: Still the One - Live in Las Vegas (HD) **12.00noon** Auction (HD)
1.00pm Tales of the Unexpected (HD) **2.00** All You Need Is Love **3.00** 2Cellos (HD) **4.50** Cirque du Soleil: Corteo (HD) **6.45** Classic Albums



9.00 Sensitive Skin

7.45 Monty Python: **Almost the Truth** The comedians discuss making the transition from TV to cinema, and talk about making films including *Monty Python and the Holy Grail*. (HD)

9.00 **NEW SERIES** Sensitive Skin 1/6. The return of the comedy drama. (Series 2) (HD)
9.40 Faberge: A Life of Its Own Documentary examining the history of the jewellery firm. (HD)

11.10 Occupied (HD) **12.10am** In Search of the Ideal Male: Made in Hollywood (HD) **1.10** Buddy Rich: Live in '78 **2.55** Art & Craft (HD) **4.45-6.00am** Monty Python: Almost the Truth (HD)

CBS Action

SKY 148 **VIRG 192** **F'VIEW 64** **F'SAT 137**

9.00am JAG **10.00** MacGyver **11.00** Star Trek: Deep Space Nine **12.00noon** Star Trek **1.00pm** The High Chaparral **2.00** NCIS **4.00** Walker, Texas Ranger **5.00** JAG **6.00** Star Trek (Series 3) **7.00** MacGyver (Series 6) **8.00** Star Trek: Deep Space Nine **In Purgatory's Shadow:** 14/26. Worf and Garak are taken prisoner. (Series 5)
9.00 NCIS **Deliverance:** 15/25. The team investigates the death of a Marine. (Series 6)
10.00 Bad Girls 17/18. A power cut strikes the prison. (Series 7)
10.55 Walker, Texas Ranger (Series 9)
11.55 NCIS **12.55am** Bad Girls **1.40** Nash Bridges **2.40** Harper's Island **3.25** Walker, Texas Ranger **4.10-6.00am** Hawaii Five-O (Series 5)

CBS Drama

SKY 149 **VIRG 197** **F'VIEW 74** **F'SAT 134**

9.00am Knots Landing **11.00** Judging Amy **12.00noon** Judge Judy **1.00pm** Hawaii Five-O **2.00** The High Chaparral **3.00** Matlock **4.00** Judge Judy **5.00** Judging Amy **6.00** Dr Quinn: Medicine Woman
7.00 Cheaters A man is caught having an affair with his wife's sister.
8.00-10.00 Judge Judy Back-to-back editions of real-life small-claims cases on issues affecting family life, presided over by former New York judge Judge Sheindlin.
10.00 Cheaters Hidden cameras confirm a suspecting partner's worst nightmare.
11.00 Cheaters **12.00m't** Jerry Springer **12.55am** Cops **1.55** Beverly Hills 90210 **2.55** Hawaii Five-O **3.50-5.00am** The High Chaparral

4Seven

SKY 140 **VIRG 195** **F'VIEW 110/47** **F'SAT 127**

9.00am Highlights **11.00** A New Life in the Sun (HD) **12.00noon** Location, Location, Location **1.00pm** Undercover Boss Canada (HD) **2.00** A New Life in the Sun (HD) **3.00** Selling Houses with Amanda Lamb (HD)
4.00 Penelope Keith's Hidden Villages (HD) **5.00** Location, Location, Location **6.00** Come Dine with Me (HD) **7.00** Couples Come Dine with Me (HD) **8.00** Location, Location, Location (HD)
9.00 Royal Navy School (HD) **10.00** Gogglebox (HD) **11.00** Ramsay's Kitchen Nightmares USA **12.00m't** The Secret Life of the Zoo (HD) **1.05am** Posh Pawn (HD) **1.55** Ugly House to Lovely House with George Clarke (HD) **2.50** Couples Come Dine with Me (HD) **3.40-4.40am** A New Life in the Sun (HD)

5USA

SKY 174 **VIRG 153** **F'VIEW 21** **F'SAT 129**

9.00am Rookie Blue **10.00** Person of Interest **12.00noon** CSI **1.00pm** NCIS **2.00** Access **2.10** **FILM** I Dream of Murder: Suspense thriller. (2006, PG, 110min) ★★
4.00 NCIS **5.00** CSI **6.00** CSI: Miami
7.00 NCIS **Singled Out:** 3/24. A missing navy lieutenant's car is found covered in blood.
8.00 Faking It: 4/24. An officer is killed. (Series 4)
9.00 Law & Order **Shotgun:** 10/23. A man defends his shop against robbers. (Series 20)
10.00 Law & Order: SVU **Pop:** 11/24. A teenager is found beaten to death. (Series 12)
11.00 Law & Order **11.55** CSI **12.55am** CSI: Miami **2.55** The Mentalist **3.35-4.05am** My Name Is Earl

SKY 219 **VIRG 154** **F'VIEW 83** **F'SAT 130**

5STAR

SKY 176 **VIRG 151** **F'VIEW 30** **F'SAT 131**

9.00am Gilmore Girls **10.55** Access **11.00** My Wife and Kids **12.00noon** Now That's Funny! **1.00** Dance Moms **2.00** The Nightmare Neighbour Next Door **3.00** Neighbours **3.30** Home and Away **4.00** 8 Simple Rules **5.00** My Wife and Kids **5.55** Access **6.00** Neighbours **6.30** Home and Away **7.00** Dance Moms **8.00** Dogs Make You Laugh Out Loud
9.00 The Shannara Chronicles **NEW EPISODE** Fury: 3/10. Amberle and Wil are captured.
10.00 **FILM** From Hell Thriller with Johnny Depp. (2001, 18, 122min) ★★
12.30am The X Files **1.25** Scrubs **2.20** That '70s Show **3.15-4.00am** Ridiculousness

+1 hour **SKY 190** **F'SAT 132**

True Ent

SKY 184 **VIRG 189** **F'VIEW 61** **F'SAT 142**

6.00am The Waltons **7.00** Little House on the Prairie **8.00** The Waltons **10.00** Touched by an Angel **11.00** Little House on the Prairie **12.00noon** The Avengers **1.00pm** **FILM** Who Will Love My Children? Drama starring Ann-Margret. (1983, PG, 95min) ★★
3.00 Perry Mason: The Case of the Reckless Romeo: Mystery **5.00** Highway to Heaven **6.00** Touched by an Angel
7.00 M*A*S*H Double bill.
8.00 The Avengers **9.00** **FILM** A Family in Crisis: The Elian Gonzalez Story Fact-based drama. (2000, PG, 86min) ★
11.00 **FILM** More Than Meets the Eye: The Joan Brock Story (2003, PG, 95min) ★★ **1.00-3.00am** Perry Mason: The Case of the Fatal Fashion

THURSDAY Entertainment & Lifestyle

AMC

SKY 192
HD 192/276

Programmes start at 7pm.

7.00pm FILM The Brady Bunch Movie Spoof comedy based on the 1970s TV sitcom, starring Shelley Long, Gary Cole and Christine Taylor. (1995, 12, 89min) ★★★
9.00 FILM Into the Wild Sean Penn's fact-based drama based on the life of Christopher McCandless, starring Emile Hirsch. (2007, 15, 147min) ★★★★★
11.55 FILM Stone Thriller with Robert De Niro and Edward Norton. (2010, 15, 100min) ★★
1.55am FILM The Blair Witch Project Documentary-style chiller starring Heather Donahue, Michael Williams and Joshua Leonard. (1999, 15, 76min) ★★★★★
3.30-5.30am Rectify Double bill.

Good Food

SKY 133 VIRG 278
HD 133/255 HD 280

6.00am Highlights 10.00 Destination Flavour Down Under (HD) **11.00 MasterChef: The Professionals** (HD) **12.00noon Rachel Khoo's Kitchen Notebook: London** (HD) **1.00pm Jamie's 30 Minute Meals** (HD) **2.00 Nigel Slater's Simple Suppers** (HD) **3.00 Destination Flavour Down Under** (HD) **4.00 MasterChef: The Professionals** (HD) **5.00 Rachel Khoo's Kitchen Notebook: London** (HD) **6.00 Jamie's 30 Minute Meals** (HD) **7.00 Nigel Slater's Simple Suppers** (HD) **8.00 Destination Flavour Down Under** (HD) **9.00 MasterChef: The Professionals** (HD) **10.00 Jamie's 30 Minute Meals** (HD) **11.00 Nigel Slater's Simple Suppers** (HD) **12.00m't Destination Flavour Down Under** (HD) **1.00am Market Kitchen: Big Adventure** (HD) **2.00-6.00am Highlights**

+1 hour SKY 243 VIRG 279

Shed

SKY 242 VIRGIN 286

6.00am Thinking Tackle 8.00 Total Fishing with Matt Hayes **9.00 John Wilson's Fishing World 10.00 Shedheads** **11.00 Mythbusters 1.00pm** Man v Expert **2.00 Custom My Ride 4.00 Fishing Gurus 5.00 Thinking Tackle** **7.00 Total Fishing with Matt Hayes** Double bill. **8.00 John Wilson's Fishing World** The angler goes fly-fishing in Norway. **8.30 John Horsey** tries to catch pike in Northern Ireland. **9.00 Storm Chasers** Reed Timmer's girlfriend Jene risks her life when she gets lost in a hailstorm. **10.00 Custom My Ride** Double bill. **12.00m't You Have Been Warned 1.00am Destroyed** in Seconds: Double bill. **2.00 Thinking Tackle** Double bill. **3.50 Storm Chasers 4.40 Fishing Gurus 5.30-6.00am Supermodels: HMS Fearless**

CBS Reality

SKY 146 VIRGIN 148 F'VIEW 66 F'SAT 135

9.00am Judge Judy 10.00 The Super **11.00 Rapid Response 12.00noon 48 Hours** **1.00-3.00pm Judge Judy 3.00** Unsolved Mysteries: Double bill. **5.00-7.00 Judge Judy** **7.00 Medical Detectives** Double bill. How investigators use science to solve crimes. **8.00 Troubled Teens: Jail Shock** Placing at-risk teens in a programme to steer them away from a life of crime. **9.00 Killer Doctors on Death Row** The dark motives of some medical professionals. **10.00 Cold Blood** Murder investigation reconstructions. **11.00 Medical Detectives** Double bill. **12.00m't I Survived 1.00am Killer Doctors on Death Row 2.00 Cold Blood 3.00 Shopping 4.00 The Super 4.25 Dog and Beth: On the Hunt 5.10-6.00am Heir Hunters**

SKY 147 VIRG 201 F'VIEW 67 F'SAT 136

Home

SKY 196 VIRGIN 281 F'VIEW 25

7.00am Ground Force 8.00 DIY SOS **9.00 DIY SOS: The Big Build 10.00** Escape to the Country **11.00 Ground Force 12.00noon Homes Under the Hammer** **1.00pm DIY SOS 2.00** DIY SOS: The Big Build **3.00 A Place in the Sun: Winter Sun** **4.00** Escape to the Country **5.00 Fantasy Homes by the Sea 6.00 Ground Force 7.00** Homes Under the Hammer **8.00 DIY SOS: The Big Build** Nick Knowles and the team travel to Orpington, London. **9.00 Escape to the Country 10.00 A Place in the Sun: Winter Sun** Jasmine Harman visits homes in Barbados. **11.00 Fantasy Homes by the Sea 12.00m't Homes Under the Hammer 1.00am** Escape to the Country **2.00 A Place in the Sun: Winter Sun 3.00-4.00am Ground Force**

+1 hour SKY 244 VIRG 282

Sony Channel

SKY 157 VIRGIN 193

7.00am 'Til Death 8.00 Ghost Hunters: Double bill. **10.00** How to Look Good Naked **12.00noon FILM Journey to the Centre of the Earth: Fantasy.** (1993, U, 96min) ★ **2.05pm 10 Years Younger** New Zealand **3.00** How to Look Good Naked **5.00** Ghost Hunters International **6.00** Ghost Hunters **7.00 Ghost Hunters** **8.00 Ghost Hunters International** A castle haunted by soldiers. **9.00 My Haunted House** A poltergeist threatens a newly blended family. **10.00 Ghost Hunters** **11.00** Ghost Hunters **12.00m't** How to Look Good Naked **12.50am** Ghost Hunters International **2.30** How to Look Good Naked **3.20** Will & Grace **3.50-4.00am** Sony Movie News Extra

+1 hour SKY 181

Challenge

SKY 145 VIRGIN 139 F'VIEW 46 F'SAT 145

6.00am Deal or No Deal: Double bill. **7.30** Countdown **8.00** Golden Balls **9.00** Pointless **10.00** The Chase **11.00** Blockbusters: Double bill. **12.00noon** Dale's Supermarket Sweep **12.30pm** Bruce's Price Is Right **1.00** Strike It Rich **1.30** Bullseye **2.00** Pointless **3.00** The Chase **4.00** Blockbusters: Double bill. **5.00** Total Wipeout: Hosted by Richard Hammond. **6.00** Robot Wars **7.00** Pointless Celebrities **8.00** Pointless **9.00** The Chase **10.00** Classic Who Wants to Be a Millionaire? **11.00** Bullseye: Double bill. **12.00m't** Bruce's Price Is Right **12.30am** Dale's Supermarket Sweep **1.00** Pointless **2.00** Pointless Celebrities **3.00** Total Wipeout **4.00** Robot Wars **5.00-6.00am** Golden Balls

+1 hour SKY 164 VIRG 180 F'SAT 146

Home & Health

SKY 240 VIRGIN 284

6.00am Bad Dog! 7.00 Bondi Vet **8.00** Hospital Sydney **9.00** MasterChef Australia **10.00** Lottery Changed My Life **11.00** Homes Under the Hammer: Double bill. **1.00pm** MasterChef Australia **2.00** Cowboy Builders **3.00** Homes Under the Hammer **5.00** Hospital Sydney **7.00 MasterChef Australia 7.30 I Didn't Know I Was Pregnant** A woman who gave birth in an ambulance. **8.00 Lottery Changed My Life** A millionaire with four jobs. **9.00 Untold Stories of the ER** Double bill of the series. **11.00 I Didn't Know I Was Pregnant 12.00m't Dr G: Medical Examiner 1.00am** Hoarding: Buried Alive **2.00** Lottery Changed My Life **3.00** Untold Stories of the ER **4.00-6.00am** Homes Under the Hammer: Double bill.

+1 hour SKY 241 VIRG 285

Spike

SKY 160 F'VIEW 31 F'SAT 141

9.00am Access 9.05 Bar Rescue **10.00** Cops **11.00** Stobart: Trucks, Trains & Planes **12.00noon** Police Interceptors: Double bill. **2.00pm FILM** Age of the Gunslinger: Western. (2009, 12, 109min) ★★ **4.15** World's Scariest Drivers **5.00** Stobart: Trucks, Trains & Planes **6.00** Police Interceptors **7.00 Police Interceptors** Two officers deal with a suspected gunman. **8.00 Can't Pay? We'll Take It Away** Two agents must face a sensitive eviction. **9.00 FILM Gran Torino** Drama directed by and starring Clint Eastwood. With Bee Vang, Ahney Her, Christopher Carley and John Carroll Lynch. (2008, 15, 116min) ★★★★★ **11.15** Transporter: The Series **12.15am** Inside the World's Most Dangerous Prison **1.15** Sons of Anarchy **2.30-3.00am** Criminals: Caught on Camera

Comedy Central extra

SKY 128 VIRGIN 182

9.00am Anger Management **10.00** Impractical Jokers: Double bill. **11.00am-1.00pm** Friends: Back-to-back episodes. **1.00pm** Rules of Engagement: Double bill. **2.00** Impractical Jokers: Double bill. **3.00** Bob's Burgers: Double bill. **4.00** Friends: Double bill. **5.00** Impractical Jokers: Double bill. **6.00** Rules of Engagement: Double bill. **7.00** Malcolm in the Middle **8.00** Bob's Burgers **9.00** Russell Howard's Good News **10.00** Drunk History **10.30** Impractical Jokers **11.00** Friends: Double bill. **12.00m't** The Middle: Double bill. **1.00am** Fameless Prankers **1.30** Workaholics **2.00** The Daily Show **2.30** Andy Parsons - Grunted Live **3.35** Impractical Jokers **4.00** South Park **4.20-6.00am** The King of Queens

+1 hour SKY 159

Lifetime

SKY 156 VIRG 208
HD 156/236 HD 209

6.00am Property Brothers (HD) **7.00** Sarah Beeny's Selling Houses (HD) **8.00** Flipping Boston (HD) **9.00-11.00** Judge Judy (HD) **11.00** Pawn Stars (HD) **12.00noon** Sarah Beeny's Selling Houses (HD) **1.00pm** Flipping Boston (HD) **2.00** Judge Judy (HD) **3.00** Hardcore Pawn (HD) **4.00** Dance Moms (HD) **5.00** Don't Tell the Bride (HD) **6.00** Hardcore Pawn (HD) **7.00** Judge Judy **NEW EDITIONS** (HD) **8.00** Australia's Next Top Model (HD) **9.00** Britain's Next Top Model **NEW EDITION** (HD) **10.00** Project Runway **NEW EDITION** (HD) **11.00** The Real Housewives of Beverly Hills (HD) **12.00m't** Britain's Next Top Model (HD) **1.00am** Project Runway (HD) **2.00** Hardcore Pawn **3.00** Witches of East End (HD) **4.00** Dance Moms (HD) **4.00-6.00am** Highlights

+1 hour SKY 197

TLC

SKY 125 VIRG 167
HD 125/234 HD 168

6.00-8.30am The Golden Girls **8.30** MasterChef Australia **9.00** Long Island Medium (HD) **10.00am-12.00noon** Say Yes to the Dress (HD) **12.00noon** MasterChef Australia **1.30pm** Extreme Couponing (HD) **2.00** Cake Boss: The Next Great Baker (HD) **3.00** Something Borrowed, Something New (HD) **4.00** Say Yes to the Dress: Bridesmaids (HD) **5.00** Say Yes to the Dress (HD) **6.00** Long Island Medium (HD) **7.00** Say Yes to the Dress (HD) **8.00** Baby Changes Everything (HD) **9.00** My 600lb Life **NEW EDITION** (HD) **10.00** My Extreme Excess Skin **SERIES FINALE** (HD) **11.00** Hoarding: Buried Alive (HD) **12.00m't** Baby Changes Everything (HD) **1.00am** My 600lb Life (HD) **2.00** My Extreme Excess Skin (HD) **3.00** Toddlers & Tiaras (HD) **4.00-6.00am** Highlights

+1 hour SKY 154 VIRG 169

DMax

SKY 167 VIRGIN 170

6.00am Operation Repo: Double bill. **7.00** Custom My Ride **8.00** Tanked **9.00** American Chopper **10.00** Extreme Car Hoarders **11.00** Operation Repo: Double bill. **12.00noon** Running Wild with Bear Grylls **1.00pm** River Monsters **2.00** American Guns **3.00** Redwood Kings **4.00** Tanked: Double bill. **6.00** American Guns **7.00** Operation Repo **8.00** Gold Divers: Under the Ice **9.00** County Jail Miami **10.00** Running Wild with Bear Grylls: Actor Tom Arnold joins Bear in Oregon. **11.00** Tattoo Hunter **12.00m't** River Monsters **1.00am** Extreme Car Hoarders **2.00** Custom My Ride **3.00** Operation Repo: Double bill. **3.50** American Hot Rod **4.40** American Chopper **5.30-6.00am** Mystery Hunters

+1 hour SKY 233 VIRG 171

Quest

SKY 144 VIRG 172 F'VIEW 37

6.00am John Wilson's Dream Fishing **6.20** Total Fishing with Matt Hayes **7.10** Scrapheap Challenge **8.00** How It's Made **9.00** Designer Homes **10.00** Salvage Hunters **11.00** Put Your Money Where Your Mouth Is **12.00noon** Mighty Ships **1.00pm** Overhaulin' **2.00** Wheeler Dealers **3.00** Wrecks to Riches **4.00** Gold Rush **5.00** Deadliest Catch **6.00** Wheeler Dealers **7.00** Salvage Hunters **8.00** Chasing Classic Cars **9.00** Auction Hunters **10.00** Wheeler Dealers **11.00** Deadliest Catch **12.00m't** On the Case with Paula Zahn **NEW EDITION 1.00am** Forensic Detectives **2.00** Put Your Money Where Your Mouth Is **3.00** Scrapheap Challenge **4.00** Put Your Money Where Your Mouth Is **5.00-6.00am** The Garage

+1 hour SKY 195 VIRG 173 F'VIEW 38

TruTV

SKY 198 F'VIEW 68 F'SAT 154

6.00-8.00am Psychic Detectives: Back-to-back editions of the series. **8.00-9.30** Body of Evidence: Triple bill. **9.30-11.00** Psychic Detectives: Triple bill. **11.00am-12.30pm** Hot Bench: Triple bill of the series. **12.30-2.00pm** Psychic Detectives: Triple bill. **2.00** Suburban Secrets: Double bill. **3.00** Snapped: Women Who Kill: Double bill. **5.00** Stranger In My Home **6.00** Suburban Secrets: Double bill. **7.00** Snapped: Women Who Kill Double bill. **9.00** **NEW EDITIONS** Double bill of stories of apparently normal women who turned to murder. **11.00** Stranger In My Home: Double bill. **1.00-2.15am** Psychic Detectives: Triple bill. **2.15** Crime Stories **3.00-4.15** Hot Bench: Triple bill. **4.15** Masterminds: Double bill. **5.00-6.00am** Crime Stories

Food Network

SKY 248 VIRGIN 291 F'VIEW 41 F'SAT 149

6.00am Barefoot Contessa **6.30** Barefoot Contessa - Back to Basics **7.00** Anna Olson: Fresh **8.00** Ace of Cakes **9.00** The Pioneer Woman: Double bill. **10.00** Korean Food Made Simple **11.00** Nigella Bites **12.00noon** Jamie's 15 Minute Meals **1.00pm** Barefoot Contessa - Back to Basics **2.00** Korean Food Made Simple **3.00** The Pioneer Woman **4.00** Ready Steady Cook **5.00** Ace of Cakes **6.00** Jamie's 15 Minute Meals **7.00** Korean Food Made Simple **NEW EDITIONS 8.00-10.00** Man v Food: Back-to-back editions. **10.00** Restaurant: Impossible **11.00** Mystery Diners: Double bill. **12.00m't** Diners, Drive-Ins and Dives: Double bill. **1.00am** Restaurant: Impossible **2.00-3.00am** Man v Food

+1 hour SKY 250 F'SAT 151

Really

SKY 155 VIRGIN 283 F'VIEW 17 F'SAT 164

6.00am Ghost Adventures **7.00** Home Shopping **8.00** Homes Under the Hammer **9.00** Escape to the Country **10.00** Four in a Bed: Double bill. **11.00** Cash in the Attic **12.00noon** Escape to the Country **1.00pm** Antiques Road Trip **2.00** A Place in the Sun: Home or Away **3.00** Homes Under the Hammer **4.00** Ghost Adventures **5.00** Most Haunted **6.00** Homes Under the Hammer **7.00** Escape to the Country: From Lancashire. **8.00** My Ghost Story: Caught On Camera: A ghostly image of a woman. **9.00** Ghost Adventures: Ghostly goings-on at a saloon. **10.00** The Dead Files **NEW EDITION 11.00** I Survived Evil **12.00m't** Most Haunted **1.00am** Cheaters **2.00** Home Shopping **4.00** Dr G: Medical Examiner **4.45** Ghost Hunters **5.35-6.00am** Rescue: Code One

Discovery

SKY 520 **VIRGIN 250**
HD 520/561 **HD 251**

6.00am How It's Made **7.00** Mythbusters (HD) **8.00** Railroad Alaska (HD) **9.00** Fast N' Loud (HD) **11.00** Wheeler Dealers (HD)

1.00pm Mythbusters (HD)

2.00 Alaska: The Last Frontier: Double bill. (HD)

4.00 Gold Divers (HD)

5.00 Auction Hunters: Pawn Shop Edition: Double bill. (HD) **6.00** David Baddiel on the Silk Road: David seeks treasure in central Asia. (HD)



10.00 Alaskan Bush...

7.00 Gold Rush The Oregon prospectors shut up shop in Alaska, as another mining season draws to a close. (HD)

8.30 Gold Rush: The Dirt Behind-the-scenes interviews. (HD)

9.00 **NEW SERIES** Alaskan Bush People The Brown family hatches a plan to deal with a lumber shortage. (HD)

10.00 **NEW** Alaskan Bush People: Lost Footage (HD) **11.00** Naked and Afraid (HD) **12.00m't** Alaskan Bush People: As 9.00pm. (HD)

1.00am Alaskan Bush People: Lost Footage (HD) **2.00** Alaska: The Last Frontier (HD) **3.00** Alaskan Bush People: Lost Footage (HD) **3.50** Alaskan Bush People (HD) **4.40-6.00am** How It's Made

+1 hour **SKY 521** **VIRGIN 252**

Animal Planet

SKY 523 **VIRGIN 256**
HD 523/562 **HD 257**

6.00am Wildlife at the Zoo: Double bill. (HD) **7.00** My Cat from Hell: Double bill of the series. (HD) **9.00** Miami Animal Police **10.00** Animal Cops Phoenix: Double bill.

12.00noon-3.00pm Animal Cops Houston: Triple bill of the series. **3.00pm** My Cat from Hell: Double bill. (HD)

5.00 Miami Animal Police **6.00** Tanked: A Irish bar in Florida requests a pub-themed aquarium. (HD)



8.00 Alien Sharks 2...

7.00 Tanked The Hatfield and McCoy's dinner theatre wants to replace an old moonshine still with an aquarium. (HD)

8.00 Alien Sharks 2: Return to the Abyss Paul Clerkin documents a group of the last known bioluminescent sharks in the world. (HD)

9.00 I'm Alive A sheriff is bitten by a rattlesnake in woodland, and a diver is impaled in the chest by a crocodile needlefish off the coast of Hawaii. (HD)

10.00 Finding Bigfoot: The enthusiasts meet a bigfoot expert in Florida. (HD) **11.00** The enthusiasts search for a juvenile Bigfoot in Texas. (HD)

12.00m't Animal Cops Phoenix: Double bill. **2.00-4.40am** Animal Cops Houston: Triple bill. **4.40** K9 Cops: Two armed men are tracked down. (HD) **5.30-6.00am** The Diamond Collar (HD)

+1 hour **SKY 549** **VIRGIN 258**

Nat Geographic

SKY 526 **VIRGIN 266**
HD 526/543 **HD 268**

8.00am Highway Thru Hell (HD) **9.00** World War II: The Apocalypse (HD) **10.00** Air Crash Investigation (HD) **11.00** Nazi Secrets (HD)

12.00noon Lost Civilisation (HD) **1.00pm** Shipwreck Graveyard (HD) **2.00** Big, Bigger, Biggest (HD) **3.00** Air Crash Investigation (HD)

4.00 Supercars (HD) **5.00** Lawless Island (HD) **6.00** Car SOS: A Porsche 911 suffering from terrible rust. (HD)



10.00 Supercar...

7.00 Air Crash Investigation Exploring the accident involving Arrow Air Flight 1285, a crash that killed 248 US soldiers in 1985. (HD)

8.00 Primal Survivor **SERIES FINALE** Hazen Audel undertakes a traditional Berber nomad journey in search of an oasis in the Sahara. (HD)

9.00 Mega Shipyards **NEW EDITION** The team at Yank Marine in Tuckahoe, New Jersey, races to get a deep sea fishing boat ready. (HD)

10.00 Supercar Megabuild: Ralph Hosier and Ranen Rudra modify a car for one of their mentor's clients. (HD)

11.00 Air Crash Investigation (HD) **12.00m't** Yukon Gold (HD) **1.00am** Primal Survivor (HD) **2.00** Highway Thru Hell (HD) **3.00** World War II: The Apocalypse (HD) **4.00-5.00am** Air Crash Investigation (HD)

+1 hour **SKY 527** **VIRGIN 267**

History

SKY 529 **VIRGIN 270**
HD 529/545 **HD 270**

8.00-10.00am Pawn Stars: Back-to-back editions. (HD)

10.00 American Pickers (HD) **11.00am-1.00pm** Storage Wars: Back-to-back editions of the series. (HD)

1.00-3.00pm Pawn Stars: Back-to-back editions. (HD)

3.00 Shipping Wars (HD)

4.00 Storage Wars (HD)

5.00 Pawn Stars (HD) **6.00** American Pickers: The guys search for Bonnie and Clyde's motorcycle. (HD)



9.00 Counting Cars

7.00 Storage Wars Jarrod splashes out on a locker full of electronics (HD)

7.30 Darrell buys the biggest locker in the series' history. (HD)

8.00 Pawn Stars A gold and silver Remington Arms gun is valued. (HD)

8.30 The guys check out a guitar owned by Stephen Stills. (HD)

9.00 Counting Cars **NEW EDITION** A child's tricycle is souped up. (HD)

9.30 Ryan makes a mistake that costs a project dearly. (HD)

10.00 Shipping Wars: Double bill of the series. (HD) **11.00** Storage Wars: Double bill. (HD) **12.00m't** Counting Cars: Double bill. (HD)

1.00am Shipping Wars: Double bill of the series. (HD) **2.00** Storage Wars: Double bill. (HD) **3.00** Pawn Stars: Double bill. (HD) **4.00-5.00am** American Pickers: As shown at 6.00pm. (HD)

+1 hour **SKY 530** **VIRGIN 271**

Yesterday

SKY 537 **VIRGIN 245** **F'VIEW 19** **F'SAT 163**

6.05am Highlights **8.00** Antiques Roadshow **9.00** Boudica's Lost Tribe: A Time Team Special **10.00** The World's Weirdest Weapons

11.00 WWII: Countdown to Victory **12.00noon** The Boats That Made Britain: A Time Team Special **1.00pm** How Earth Made Us **2.00** Mummies Alive **3.00** Coast

4.00 Boudica's Lost Tribe: A Time Team Special **5.00** Ghost Army **6.00** WWII: Countdown to Victory



9.00 Alexander's Lost...

7.00 Coast The team visits Denmark, learning about bacon production, Viking longships, red deer, the island of Heligoland and offshore wind farms.

8.00 Forbidden History **NEW EDITION** Examining the truth behind the story of the man in the iron mask.

9.00 Alexander's Lost World David Adams uses ancient Greek accounts to search for the lost city of Bactra in Afghanistan.

10.00 Open All Hours Granville tries to persuade Arkwright to buy a van.

10.40 Yes Minister **11.20** Porridge **12.00m't** WWII: Countdown to Victory **1.00-3.00am** Martin Luther King: Roads to Memphis

+1 hour **SKY 538** **VIRGIN 246**

Eden

SKY 532 **VIRGIN 247**
HD 532/563 **HD 249**

9.00am Monster Bug Wars (HD) **10.00** Secrets of the Earth (HD) **11.00** Hurricane 360 (HD) **12.00noon** Tiger - Spy in the Jungle (HD)

1.00pm Hidden Kingdoms (HD) **2.00** Monster Bug Wars: Double bill. (HD) **4.00** Secrets of the Earth (HD)

5.00 Hurricane 360 (HD) **6.00** Tiger - Spy in the Jungle: The half-grown cubs start to learn skills for use in later life. (HD)



10.00 Secrets of the Earth

7.00 Hidden Kingdoms A marmoset fending for itself in Rio de Janeiro, and a rhinoceros beetle avoiding predators on its way through Tokyo. (HD)

8.00 Monster Bug Wars A lichen bark mantis fights a rock spider, and a comb-footed spider battles a spitting spider. (HD)

9.00 Dinosaur ants battle a group of trap jaw ants, and a Costa Rican cellar spider tackles a geophilid centipede. (HD)

10.00 Secrets of the Earth: A look at invasive species, including Burmese pythons in the Everglades. (HD)

11.00 Hurricane 360 (HD)

12.00m't Tiger - Spy in the Jungle (HD) **1.00am** Hidden Kingdoms (HD) **2.00** Monster Bug Wars: Double bill of the series. (HD) **4.00** Secrets of the Earth (HD) **5.00-6.00am** Hurricane 360 (HD)

+1 hour **SKY 533** **VIRGIN 248**

Disc. History

SKY 535 **VIRG 262**

6.00am Top Tens **8.00** Greatest Tank Battles **9.00** Ultimate Warfare **10.00** Battlefield: Double bill. **12.00noon** Greatest Tank Battles **1.00pm** World War II in Colour **2.00** Hitler: A Profile

3.00 Rory McGrath's Best of British Engineering **4.00** Ultimate Warfare **5.00** Greatest Tank Battles **6.00** World War II in Colour **7.00** Codes and Conspiracies **8.00** Biblical Conspiracies **9.00** Jesus in the Himalayas **10.00** Treasures Decoded

11.00 Ultimate Warfare **12.00m't** Battlefield **2.00am** Codes and Conspiracies **3.00** Rory McGrath's Best of British Engineering **4.00** Weapons of War: The invasion of Italy. **5.00-6.00am** Hitler: A Profile

+1 hour **SKY 536** **VIRG 263**

Disc. Science

SKY 525 **VIRG 259**

6.00am Mega Builders **8.00** How Do They Do It? **9.00-11.00** How It's Made: Back-to-back editions. **11.00am-1.00pm** Food Factory: Back-to-back editions of the series. **1.00pm** Extreme Engineering

2.00 Mythbusters **4.00** World's Strangest **5.00** How Do They Do It? **6.00** How It's Made **7.00** Food Factory: Double bill. **8.00** Mythbusters: Double bill. **10.00** How the Universe Works **11.00** Food Factory

12.00m't The Unexplained Files **1.00am** The World's Strangest UFO Stories **2.00** How the Universe Works **3.00** Mythbusters **3.50** How Do They Do It? Double bill. **4.40** How Stuff's Made **5.30-6.00am** Tech Toys 360

+1 hour **SKY 557** **VIRG 260**

Nat Geo Wild

SKY 528 **VIRGIN 264**
HD 528/544 **HD 265**

8.00am Monster Jellyfish Attack (HD) **9.00** Paranatural (HD) **10.00** The Truth Behind (HD)

11.00 Abominable Snowman (HD) **12.00noon** Monster Fish of the Amazon (HD)

1.00pm Monster Fish of the Congo (HD) **2.00** Hunt for the River Monster (HD)

3.00 Paranatural (HD) **4.00** The Truth Behind (HD) **5.00** Abominable Snowman (HD) **6.00** Wild's 7 Deadly Sins (HD)

8.00 Wild 24: Indian Summer (HD) **9.00** Extraordinary Africa (HD)

10.00 America's National Parks **NEW EDITION** (HD) **11.00** America's National Parks (HD)

12.00m't Africa's River Rivals (HD) **1.00am** Swamp Men (HD) **2.00** Monster Jellyfish Attack (HD) **3.00** Africa's River Rivals (HD) **4.00-5.00am** Swamp Men (HD)

Turbo

SKY 524 **VIRG 261**

6.00am Overhaulin' **7.00** Misfit Garage **8.00** Chasing Classic Cars: Double bill. **9.00** Wheeler Dealers **10.00** Chasing Classic Cars: Double bill. **11.00** Battle Machine Bros

12.00noon Overhaulin' **1.00pm** Chasing Classic Cars: Double bill. **2.00** Misfit Garage **3.00** Fast N' Loud: Double bill. **5.00** Wheeler Dealers: Double bill. **7.00** Fifth Gear **8.00** Chasing Classic Cars **9.00** Cafe Racer **10.00** Wheeler Dealers: Double bill.

12.00m't-2.00am Chasing Classic Cars: Triple bill of the series. **2.00am** Fat N' Furious: Rolling Thunder **3.00** Overhaulin' Chronicles: Double bill. **4.40** Fat N' Furious: Rolling Thunder **5.30-6.00am** Wheeler Dealers: On the Road

PBS America

SKY 534 **VIRG 276** **FREESAT 160**

6.00am Hell on Hooves **6.25** Into the Death Zone: Blow-Out **7.15** World War Two: For King and Country **8.10** Into the Death Zone: Blow-Out **9.20** The Civil War **10.45** Air Warriors **11.50** The Children's Odyssey **12.55pm** Hell on Hooves **1.25** The Civil War

2.55 Air Warriors **4.10** The Children's Odyssey **5.15** Tales of the Living Dead **5.50** Night of the Grizzlies **7.35** The Civil War **9.00** **NEW** The Mosquito Reborn: Gaining Altitude

10.15 The Immortal Beaver **11.20** The Civil War **12.50am** Into the Death Zone: Blow-Out **1.55** The Mosquito Reborn: Gaining Altitude **2.55** The Immortal Beaver **3.45** Into the Death Zone: Blow-Out **4.40** World War Two: For King and Country **5.35-6.00am** Hell on Hooves

CI

SKY 553 **VIRG 275**
HD 553/555

6.00am Medical Detectives **7.00** Homicide Hunter (HD) **8.00** After the First 48 (HD) **9.00** Nothing Personal (HD) **10.00** Fatal Vows (HD) **11.00** Crime Stories (HD) **12.00noon** Ice Cold Killers (HD)

1.00pm Unusual Suspects (HD) **2.00** On the Case with Paula Zahn (HD) **3.00** Homicide Hunter (HD) **4.00** After the First 48 (HD) **5.00** Ice Cold Killers (HD) **6.00** Homicide Hunter (HD) **7.00** Crime Stories (HD) **8.00** Unusual Suspects

9.00 Homicide Hunter **NEW EDITIONS** (HD) **11.00** After the First 48 **NEW EDITION** (HD) **12.00m't** 1,000 Ways to Die (HD) **1.00am** Homicide Hunter (HD) **3.00** Fatal Vows (HD) **5.00-6.00am** On the Case with Paula Zahn (HD)

+1 hour **SKY 554**

H2

SKY 531 **VIRG 273**

8.00am The Lost Evidence **9.00** Mud Men **10.00** Cities of the Underworld **11.00** Pub Dig **12.00noon** Ancient Aliens **1.00pm** Hangar 1: The UFO Files **2.00** In Search of Aliens

3.00 Beast Legends **4.00** Cities of the Underworld **5.00** Pub Dig **6.00** Ancient Aliens **7.00** Hangar 1: The UFO Files

8.00 In Search of Aliens **9.00** Engineering Disasters **NEW EDITION** An explosion that devastated a Californian neighbourhood.

10.00 Brad Meltzer's Lost History A missing White House cornerstone.

11.00 Black Sails **12.15am** Hangar 1: The UFO Files **1.15** Engineering Disasters **2.10** Ancient Aliens **3.05** Beast Legends **4.05-5.00am** Cities of the Underworld

THURSDAY Films

Thursday

8 PM

9 PM

10 PM

11 PM

Sky Premiere

SKY 301 VIRGIN 401
HD 301/314 HD 431

6.00am Barely Lethal 8.00 *Revenge of the Green Dragons* 9.45 *Stretch* 11.30 *Ashby* 1.30pm *The Top Ten Show* 2016 1.45 *Barely Lethal* Action comedy with Hailee Steinfeld. (S) (2015, 12, 96min) ★★★ **3.45 Terminator Genisys** As 8.00pm.

6.00 Ashby Comedy drama with Mickey Rourke. A high-school student strikes up a friendship with his neighbour, an ex-CIA assassin. (S) (2015, 15, 100min) ★★★



1.45 Unconscious

8.00 Terminator Genisys Sci-fi adventure sequel starring Arnold Schwarzenegger. A time traveller sent on a rescue mission discovers a plot to change history beyond recognition. With Emilia Clarke. (S) (2015, 12, 126min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 Stretch Comedy thriller starring Patrick Wilson, Chris Pine and Jessica Alba. (2014, 15, 91min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

12.00m't Revenge of the Green Dragons Crime drama starring Ray Liotta. (S) (2014, 15, 94min) ★★

1.45am Unconscious Psychological horror starring Wes Bentley and Kate Bosworth. (S) (2015, 15, 90min) ★★

3.15 Revenge of the Green Dragons As shown at 12.00m't. **5.00 Fast & Furious 7 Special** 5.30-6.00am *Avengers: Age of Ultron Special*

+1 hour SKY 302 VIRGIN 402
HD 302/330 HD 432

Sky Disney

SKY 305 VIRGIN 405
HD 305/332 HD 435

6.00am Piglet's Big Movie 7.20 *Robin Hood* 8.50 *Winnie the Pooh* 10.05 *Mickey, Donald, Goofy: The Three Musketeers* 11.25 *White Fang* 1.25pm *Frozen* As 8.00pm.

3.15 Heavyweights Comedy. (S) (1994, PG, 97min) ★ **5.05 Robin Hood** Animated version of the legendary tale. (S) (1973, U, 80min) ★★ **6.35 Winnie the Pooh** Animated adventure. (S) (2011, U, 73min) ★★ ★★ **7.50 Frozen Fever**



6.35 Winnie the Pooh

8.00 Frozen Animated musical featuring the voices of Kristen Bell and Idina Menzel. An orphaned princess runs away after her magic powers throw her kingdom into eternal winter and her sister goes on a quest to find her. (S) (2013, PG, 108min) ★★ ★★ SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 White Fang Adventure set in the Alaskan gold rush, starring Ethan Hawke. A prospector teams up with White Fang – half-wolf, half-dog – and a hardened Klondike guide. (S) (1990, PG, 109min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 The Black Hole Sci-fi. (S) (1979, PG, 97min) ★★

1.30am Candleshoe Adventure comedy. (S) (1977, U, 101min) ★★

3.20 The Rocketeer Adventure. (S) (1991, PG, 108min) ★★ ★★

5.20-6.40am Mickey, Donald, Goofy: The Three Musketeers Animated comedy adventure. (S) (2004, U, 64min) ★★

Sky Family

SKY 306 VIRGIN 406
HD 306/333 HD 436

6.45am Born Free 8.30 *Cinderella* Special 9.00 *Babe: Pig in the City* 10.45 *The Nut Job* 12.20pm *Into the Woods* As 8.00pm. **2.30 Annie** Film version of the hit Broadway musical. (S) (1982, U, 128min) ★★

4.45 Babe: Pig in the City Comedy drama sequel starring Magda Szubanski. (1998, U, 96min) ★★ ★★

6.30 The Nut Job Animated comedy featuring the voice of Will Arnett. (S) (2014, U, 86min) ★★



6.30 The Nut Job

8.00 Into the Woods Musical fantasy starring Meryl Streep. A witch agrees to lift a curse on a couple if they will help restore her once beautiful looks. (S) (2014, PG, 120min) ★★ ★★ SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 Look Who's Talking Comedy starring John Travolta and Kirstie Alley. A single mother-to-be searches for the perfect father for her child, who comes into the world with the voice of Bruce Willis. (S) (1989, 12, 96min) ★★ ★★ SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 Look Who's Talking Too Comedy. (S) (1990, 12, 77min) ★

1.10am Born Free Wildlife adventure. (S) (1965, U, 95min) ★★ ★★

2.50 Look Who's Talking As 10.05pm.

4.30-6.05am Looney Tunes: Back in Action Partly animated comedy. (S) (2003, PG, 90min) ★★

Sky Action/Adventure

SKY 307 VIRGIN 407
HD 307/334 HD 437

6.00am Battle of the Bulge 8.50 *Clash of the Titans* 10.50 *Mad Max: Fury Road* 1.00pm *Last Knights* As shown at 10.15pm. **3.15 Gladiator** As shown at 12.30am.

6.00 Clash of the Titans Fantasy adventure starring Sam Worthington and Gemma Arterton. Young demigod Perseus embarks on a perilous quest with a band of heroes to defeat a terrifying sea monster. (S) (2010, 12, 106min) ★★



10.15 Last Knights

8.00 Mad Max: Fury Road Sci-fi thriller sequel starring Tom Hardy and Charlize Theron. A drifter in a post-apocalyptic wasteland helps a warrior to liberate a sadistic warlord's five brides. (S) (2015, 15, 120min) ★★ ★★ ★★ SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 Last Knights Medieval action adventure, starring Clive Owen and Morgan Freeman. (S) (2015, 15, 135min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●

12.30am Gladiator Ridley Scott's historical epic starring Russell Crowe. (S) (2000, 15, 154min) ★★ ★★

3.10-6.00am Battle of the Bulge World War Two fact-based drama. (S) (1965, PG, 141min) ★★

Sky Comedy

SKY 308 VIRGIN 408
HD 308/335 HD 438

6.05am Mr Woodcock 7.35 *Dragnet* 9.25 *My Man Is a Loser* 11.05 *Blazing Saddles* 12.40pm *Let's Be Cops* 2.30 *Tammy* As 10.00pm. **4.15 Eight Legged Freaks** Sci-fi comedy. (S) (2002, 12, 99min) ★★

6.00 City Slickers Comedy Western about three friends on a cattle driving holiday that turns into a journey of self-discovery. Stars Billy Crystal, Daniel Stern and Bruno Kirby. (1991, 12, 114min) ★★ ★★ ★★



8.00 Let's Be Cops

8.00 Let's Be Cops Comedy starring Jake Johnson and Damon Wayans Jr. Two friends pose as police officers hoping to enjoy the perks of the job, but end up in over their heads with gangsters. (S) (2014, 15, 101min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Tammy Road trip comedy starring Melissa McCarthy and Susan Sarandon. (S) (2014, 15, 97min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 Tenacious D in The Pick of Destiny Musical fantasy comedy. (S) (2006, 15, 94min) ★★

1.20am Kiss Kiss, Bang Bang Comedy thriller with Robert Downey Jr. (S) (2005, 15, 103min) ★★

3.10 The Castle Australian comedy. (S) (1997, 15, 86min) ★★ ★★

4.40-6.30am Dragnet Comedy thriller spoofing the 1950s TV series. (S) (1987, PG, 106min) ★★

Sky Showcase

SKY 303 VIRGIN 403
HD 303/330 HD 433

6.40am Seve the Movie 8.50 *Inside Out: Special* 9.10 *The Gambler* 11.10 *The Inbetweeners 2* 12.55pm *Dawn of the Planet of the Apes* As shown at 8.00pm.

3.10 Boyhood Epic drama starring Ellar Coltrane. (S) (2014, 15, 166min) ★★ ★★

6.00 Cake Drama starring Jennifer Aniston. (S) (2014, 15, 98min) ★★ ★★

8.00 Dawn of the Planet of the Apes Sci-fi thriller sequel starring Andy Serkis. (S) (2014, 12, 127min) ★★ ★★

10.15 The Inbetweeners 2 Comedy starring Simon Bird. (S) (2014, 15, 94min) ★★

12.00m't Bad Neighbours Comedy, starring Seth Rogen. (S) (2014, 15, 97min) ★★ ★★

1.45am When the Lights Went Out British horror. (S) (2012, 15, 86min) ★★

3.30 Fading Gigolo Comedy drama starring John Turturro. (S) (2013, 15, 90min) ★★

5.15-7.30am Seve the Movie Biopic of Seve Ballesteros. (S) (2014, PG, 124min) ★★

Sky Greats

SKY 304 VIRGIN 404
HD 304/331 HD 434

7.00am Lawrence of Arabia 10.45 *The Top Ten Show* 2016 11.00 *You've Got Mail* 1.10pm *The Full Monty* Comedy. (S) (1997, 15, 91min) ★★ ★★ ★★ **2.55 In the Line of Fire** Thriller. (S) (1993, 15, 127min) ★★ ★★

5.15 The Last Samurai Epic action drama starring Tim Cruise and Ken Watanabe. (S) (2003, 15, 154min) ★★ ★★

8.00 The Hurricane Fact-based drama starring Denzel Washington as the middleweight boxer Rubin 'Hurricane' Carter, who was falsely imprisoned for the shooting of three men. (1999, 15, 142min) ★★

10.30 Cape Fear Martin Scorsese's violent remake. (1991, 18, 122min) ★★

12.50am Insomnia Thriller. (2002, 15, 113min) ★★ ★★

2.50 Jaws: The Revenge Action thriller sequel. (S) (1987, 12, 100min) ★

4.30-6.10am Monkey Business Classic comedy. (S) (1952, b/w, U, 97min) ★★ ★★

TCM

SKY 317 VIRGIN 415
HD 317/341 HD 416

6.10am Hollywood's Best Film Directors 6.50 *Kung Fu* 9.00 *The Crimson Pirate* 11.05 *Battle of the Coral Sea* 12.50pm *Guns of the China Sea* Drama. (1958, b/w, U, 73min) ★★ **4.30 The Badlanders** Western. (1958, PG) ★★ **6.05 The Flame and the Arrow** Adventure. (1950, U, 88min) ★★ ★★

7.45 Apache Trail Western drama starring Lloyd Nolan. (1942, b/w, U, 66min) ★★

9.00 Scream Horror thriller. (1996, 18, 111min) ★★ ★★

11.10 The Order Adventure with Jean-Claude Van Damme. (2001, 15, 85min) ★★

1.05am Blade of Fury Period martial-arts adventure. (1993, 18, 104min) ★★

3.10 Conspiracy Theory with Jesse Ventura Double bill.

5.00 Hollywood's Best Film Directors Ivan Reitman.

5.30 Off Set With Ben Miller.

5.50-6.55am Kung Fu

+1 hour SKY 318 VIRGIN 417
HD 318/342 HD 417

more>movies

SKY 185 F'VIEW 32 F'SAT 143

(Called Movie Mix on Freeview)

9.00am Hart to Hart: Old Friends Never Die 11.00 *Once Upon a Spy* 1.00pm *Jack Hunter and the Lost Treasure of Ugarit* 2.55 *Jack Hunter: The Quest for Akhenaten's Tomb* 4.50 *Jack Hunter: The Star of Heaven* 6.50 *A Walk in the Clouds*

9.00 Force of Execution Gangster thriller starring Steven Seagal. An assassination attempt gone wrong results in a gang war between an honourable crime boss and his ambitious rival. (2013, 15, 95min) ★★

11.05 Decoys 2: Alien Seduction Sci-fi thriller. (2007, 15, 90min) ★★

1.00am Face of Terror Thriller starring Rick Schroder. (2003, PG, 99min) ★★

2.55 Hart to Hart: Old Friends Never Die Romantic mystery.

4.50 Highway to Heaven 5.50-6.00am *Sony Movie* News The latest film news.

Horror

SKY 319 VIRGIN 149 F'VIEW 70 F'SAT 138

8.00am Sheena 9.00 *Hercules: The Legendary Journeys* 10.00 *Lost in the Bermuda Triangle* 11.50 *Horror Highlights* 12.00noon *Highlander* 1.00pm *Doctor Who* 2.50 *Horror Highlights* 3.00 *Wonder Woman* 4.00 *Solar Attack* 5.50 *Horror Highlights* 6.00 *The War of the Worlds* 1/24. Sci-fi drama.

7.00 Hercules: The Legendary Journeys 7/13. Iolaus is sentenced to death.

8.00 Highlander 17/20. A second-rate magician becomes immortal.

9.00 Embrace of the Vampire Horror. (2013, 18, 91min) ★★

10.50 The Canal Horror thriller starring Rupert Evans. (2014, 15, 91min) ★★

12.40am Cherry Tree Lane Thriller with Rachael Blake. (2010, 18, 77min) ★★

2.10-4.30am Oldboy Korean revenge thriller. Subtitled. (2003, 18, 120min) ★★ ★★

+1 hour SKY 320 VIRGIN 202
HD 320/343 HD 202

True Movies

SKY 321 VIRGIN 424 F'VIEW 82 F'SAT 302

7.00am Sins of Silence 9.00 *Prophet of Evil: The Ervil LeBaron Story* 11.00 *A Question of Guilt* 1.00pm *Blonde* As shown at 9.00pm.

3.00 Runaway Father Fact-based drama starring Donna Mills. (1991, PG, 90min) ★★ **5.00 One Woman's Courage** Thriller with Patty Duke as a murder witness. (1994, 15, 87min) ★

7.00 A Strange Affair Drama starring Judith Light, William Russ and Jay Thomas. (1996, 12, 93min) ★★

9.00 Blonde 2/2. The concluding episode in the dramatisation of actress Marilyn Monroe's life.

11.00 Dangerous Offender: The Marlene Moore Story Criminal drama starring Brooke Johnson and Robert Joy. (1996, 12, 120min) ★★ ★★

1.00am The Waltons 3.00 *Little House on the Prairie* Double bill.

5.00-7.00am The Calendar Girl Murders Thriller. (1984, 15, 104min) ★★

Sky Crime/Thriller

SKY 309 **VIRGIN 409**
HD 309/336 HD 439

- 6.50am Catch .44** 8.35 **Phone Booth** 10.10 **Crimson Tide** 12.20pm **Bird on a Wire** Comedy action thriller. (S) (1990, 15, 110min) ★★★ **2.25 Black Sea** As 9.00pm.
- 4.30 Pawn** Hostage thriller. (S) (2013, 15, 85min) ★★★ **6.00 Grand Piano** Thriller starring Elijah Wood and John Cusack. (S) (2013, 15, 90min) ★★★ **7.35 Phone Booth** Suspense thriller starring Colin Farrell. (S) (2002, 15, 79min) ★★★



11.00 Crimson Tide

Phone Booth

(film started at 7.35pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

- 9.00 Black Sea** Thriller starring Jude Law. Tension rises among the members of a salvage submarine crew as they search the ocean depths for a rumoured lost treasure. (S) (2014, 15, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.00 Crimson Tide** Submarine thriller starring Denzel Washington. With the world on the brink of nuclear war, the commander and second-in-command of a US submarine struggle for control of the vessel. (S) (1995, 15, 116min) ★★★

- 1.00am Pawn** As shown at 4.30pm.
2.40 Midnight Express Alan Parker's drama. (S) (1978, 18, 120min) ★★★
4.50-6.30am Point Last Seen Drama. (S) (1998, PG, 87min) ★★

Sky Drama/Romance

SKY 310 **VIRGIN 410**
HD 310/337 HD 440

- 6.50am The King and I** 9.10 **Children of a Lesser God** 11.15 **The Top Ten Show 2016** 11.30 **The Pursuit of Happyness** 1.30pm **Jersey Boys** Musical biopic with John Lloyd Young. (S) (2014, 15, 134min) ★★★ **3.50 Belle** Drama starring Gugu Mbatha-Raw. (S) (2013, 12, 101min) ★★★
- 5.40 Thelma & Louise** Road movie directed by Ridley Scott and starring Susan Sarandon and Geena Davis. (S) (1991, 15, 130min) ★★★★★



5.40 Thelma & Louise

- 8.00 The Fault in Our Stars** Romantic drama starring Shailene Woodley and Ansel Elgort. Two American teenagers bond at a cancer support group and go on a pilgrimage to Amsterdam. (S) (2014, 12, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 10.10 The Riot Club** Drama based on Laura Wade's stage play *Posh*, starring Sam Claflin, Max Irons and Natalie Dormer. (S) (2014, 15, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 12.00m't One Flew Over the Cuckoo's Nest** Oscar-winning drama. (1975, 18, 134min) ★★★★★
- 2.20am Cruel Intentions** Teen drama. (S) (1999, 15, 97min) ★★
- 4.05-6.25am Romeo and Juliet** Franco Zeffirelli's lavish production of Shakespeare's tragic romance. (S) (1968, PG, 138min) ★★★

Sky Sci-Fi/Horror

SKY 311 **VIRGIN 411**
HD 311/339 HD 441

- 6.00am Ghost Rider** 8.00 **Superman Returns** 10.40 **The Purge: Anarchy** 12.40pm **Jupiter Ascending** As shown at 9.00pm. **2.50 Exists** As shown at 11.15pm.
- 4.20 Ghost Rider** Comic book adventure. (S) (2006, 12, 109min) ★★ **6.20 Superman Returns** Adventure starring Brandon Routh as the 'Man of Steel' who returns to Earth to battle Lex Luthor again. (S) (2006, 12, 154min) ★★



9.00 Jupiter Ascending

- Superman Returns**
(film started at 6.20pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

- 9.00 Jupiter Ascending** Sci-fi adventure starring Mila Kunis and Channing Tatum. An ordinary young woman discovers she is the Queen of the Earth, and has the power to save it from destruction. (S) (2015, 12, 122min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.15 Exists** Horror starring Samuel Davis. (S) (2013, 15, 81min) ★★
- 12.45am Unfriended** Supernatural thriller. (S) (2015, 15, 83min) ★★
- 2.25 The Purge: Anarchy** Horror sequel. (S) (2014, 15, 101min) ★★★
- 4.20-6.00am Target Earth** Sci-fi thriller. (S) (1997, 12, 88min) ★★

Sky Select

SKY 312 **VIRGIN 412**
HD 312/340 HD 442

- 6.00am A Thousand Times Good Night** 8.00 **Fur: An Imaginary Portrait of Diane Arbus** 10.05 **Youth Without Youth** 12.15pm **Play Misty for Me** Chilling thriller. (S) (1971, 15, 98min) ★★★★★
- 2.00 Flags of Our Fathers** War drama. (S) (2006, 15, 132min) ★★★★★
- 4.15 A Mighty Heart** Drama. (S) (2007, 15, 103min) ★★★★★
- 6.10 The Face of an Angel** Fact-based drama. (S) (2014, 15, 101min) ★★



10.00 In the Name of the Father

- 8.00 The Shining** Stanley Kubrick's chilling adaptation of the Stephen King bestseller, starring Jack Nicholson and Shelley Duvall. A writer's job as a winter caretaker in a remote hotel puts his family in peril. (S) (1980, 15, 119min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 10.00 In the Name of the Father** Fact-based drama about the case of the Guildford Four, who were wrongly convicted of the Guildford pub bombings. Stars Daniel Day-Lewis. (S) (1993, 15, 133min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 12.15am Starred Up** Prison drama. (S) (2013, 18, 103min) ★★★★★
- 2.05 Who's That Knocking at My Door?** Martin Scorsese's powerful study of obsessional love. (1968, b/w, 15, 86min) ★★
- 3.45-5.30am Barbarella** Sci-fi fantasy. (S) (1967, 15, 98min) ★★

Film4

SKY 315 **VIRGIN 428** **F'VIEW 15** **F'SAT 300**
HD 315/342 HD 429

- (HD) denotes HD on Sky or Virgin
■ Films start at 11.00am
- 11.00am The Black Arrow** 12.35pm **My Darling Clementine** Western. (S) (1946, b/w, U, 100min) ★★★★★
- 2.35 To Hell and Back** War drama. (S) (1955, PG, 106min) ★★
- 4.45 The Duel at Silver Creek** Western. (S) (1952, U, 77min) ★★
- 6.20 Robin Hood** Epic adventure. (S) (2010, 12, 140min) ★★



9.00 Black Hawk Down

- Robin Hood**
(film started at 6.20pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

- 9.00 Black Hawk Down** Ridley Scott's war drama based on the catastrophic US military action in Somalia in 1993, starring Josh Hartnett, Ewan McGregor and Tom Sizemore. (S) (2001, 15, 144min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.55 Whiteout** Mystery thriller. (S) (2009, 15, 96min) ★★
- 2.00-3.50am The Lookout** French crime thriller starring Daniel Auteuil and Mathieu Kassovitz. Subtitled. (2012, 15, 87min) ★★

+1 hour **SKY 316** **VIRGIN 430** **F'VIEW 45** **F'SAT 301**

Sony Movies

SKY 323

- 9.00am Black Beauty: The Legend Continues** 10.55 **The Call of the Wild: Dog of the Yukon** 12.45pm **Journey to the Centre of the Earth** Fantasy adventure. (1993, U, 96min) ★
- 2.40 Awakenings** Fact-based medical drama. (1990, 12, 117min) ★★★★★ **5.00 You Can't Win 'em All** Adventure. (1970, PG, 95min) ★★
- 7.05 The Anderson Tapes** Heist thriller starring Sean Connery and Dyan Cannon. (1971, 15, 98min) ★★
- 9.00 Desperado** Offbeat action thriller starring Antonio Banderas and Salma Hayek. (1995, 18, 105min) ★★
- 11.05 Renegade Justice** Thriller starring Steven Seagal. (2007, 18, 95min) ★★
- 1.00am Girl, Interrupted** Psychological drama. (1999, 15, 127min) ★★
- 3.35-6.00am The Caine Mutiny** Court-Martial Drama. (1988, PG, 100min) ★★

+1 hour **SKY 324**

Movies 24

SKY 327 **VIRGIN 419**

- 7.00am Love's Enduring Promise** 9.00 **Baby Bootcamp** 11.00 **1000 to 1** 1.00pm **Mom and Dad Undergrads** Family drama. (2014, PG, 120min) ★★
- 3.00 Surprised by Love** Romantic comedy. (2015, PG, 84min) ★★ **5.00 Recipe for Love** Romantic comedy starring Danielle Panabaker. (2014, PG, 90min) ★★
- 7.00 The Michaels** Romantic drama starring Larisa Oleyunik. (2014, PG, 89min) ★★
- 9.00 Signed, Sealed, Delivered: The Impossible Dream** Drama starring Eric Mabius and Lydia Campbell. (2015, PG, 120min) ★★
- 11.00 Renegade Justice** Comedy drama starring Amy Adams, Embeth Davidtz and Alessandro Nivola. (2005, 15, 106min) ★★
- 1.00am The Gourmet Detective** Drama with Dylan Neal and Brooke Burns.
- 3.00-5.00am Sweet Surrender** Romantic drama starring Arielle Kebbel. (2014, PG, 121min) ★★

Movies4Men

SKY 325 **F'VIEW 48** **F'SAT 304**

- 6.00am The White Tower** 7.55 **Hellhounds of Alaska** 9.50 **Deep Winter** 11.40 **The Narrow Margin** 1.10pm **Hijack** Thriller starring Jeff Fahey. (1999, 15, 94min) ★★
- 3.00 Against the Odds** The events leading up to the Battle of Britain. **4.15 The Lightning War** The blitzkrieg. **5.30 Canopy** Wartime action drama. (2013, 12, 84min) ★★
- 7.10 NYC: Tornado Terror** Thriller starring Nicole de Boer and Sebastian Spence. (2008, PG, 90min) ★★
- 9.00 Aurora: Operation Intercept** Action thriller, starring Bruce Payne and Natalya Andrejchenko. (1995, 15, 94min) ★★
- 10.50 Incubus** Horror thriller starring Tara Reid and Russell Carter. (2005, 15, 84min) ★
- 12.35am Angel of Death** Action thriller starring Zoe Bell. (2009, 18, 77min) ★★
- 2.10-4.00am Mighty Joe Young** Comedy adventure starring Terry Moore. (1949, b/w, PG, 94min) ★★

FILMS SHOWN ON OTHER CHANNELS TONIGHT

EVENING (6-10pm)

- 7.00pm The Brady Bunch Movie** AMC Comedy starring Shelley Long. ★★
- 9.00pm Into the Wild** AMC Sean Penn's fact-based drama starring Emile Hirsch and Marcia Gay Harden. ★★★★★
- 9.00pm Gran Torino** Spike Drama directed by and starring Clint Eastwood. ★★★★★
- 9.00pm Anchorman: The Legend of Ron Burgundy** Comedy Central Comedy starring Will Ferrell, Christina Applegate, Paul Rudd and Steve Carell. (HD) ★★
- 9.00pm Hot Fuzz** Syfy Cop thriller spoof starring Simon Pegg, Nick Frost, Timothy Dalton and Jim Broadbent. (HD) ★★★★★

10pm TILL LATE

- 10.00pm From Hell** 5STAR Period thriller starring Johnny Depp and Ian Holm. ★★
- 11.15pm Smokin' Aces** ITV4 Crime comedy thriller starring Jeremy Piven, Ryan Reynolds and Ray Liotta. (HD) ★★
- 11.30pm Lavalantula** Syfy Monster thriller starring Steve Guttenberg. (HD) ★★
- 1.20am Sharknado** Syfy Shark-attack thriller starring Tara Reid and Ian Ziering. (HD) ★★
- 4.10am End of the World** Syfy Sci-fi comedy starring Greg Grunberg. (HD) ★★

Sky Sports 1

SKY 402 **VIRGIN 512**
HD 402/409 HD 502

6.00am Football League Gold (HD) **6.15** Football Gold (HD) **7.00** WWE – Smackdown (HD) **8.00** Premier League 100 Club (HD) **9.00** Football League Gold (HD) **9.15** Football Gold (HD) **10.00** Premier League Years (HD) **12.00noon** Football League Gold (HD) **12.15pm** Football Gold (HD) **1.00** Premier League 100 Club (HD) **2.00** Fight Night (HD) **4.00** Premier League 100 Club (HD) **5.00** Sporting Triumphs (HD) **5.30** Barclays Premier League World (HD) **6.00** Barclays Premier League Legends (HD) **6.30** The World Rugby Show (HD) **7.00** **LIVE** Premier League Darts: Round six from Nottingham. (HD) **10.30** Darts Gold (HD) **10.45** Barclays Premier League World (HD) **11.15** La Liga Show (HD) **11.45** Darts Gold (HD) **12.00m** First Utility Super League (HD) **12.15am** The World Rugby Show (HD) **12.45** Football Gold (HD) **1.00** La Liga Show (HD) **1.30** Barclays Premier League World (HD) **2.00** Premier League Years (HD) **4.00** La Liga Show (HD) **4.30** Barclays Premier League World (HD) **5.00** First Utility Super League (HD) **5.15-6.00am** Football Gold (HD)

Sky Sports 2

SKY 403 **VIRGIN 513**
HD 403/435 HD 503

6.00am Cricket's Greatest (HD) **7.00** ICC World T20 Cricket (HD) **9.00** **LIVE** ICC World T20 Cricket Scotland v Zimbabwe: Coverage of both teams' second Group B encounter, held at the Vidarbha Cricket Association Stadium in Nagpur, India. (HD) **1.30pm** **LIVE** ICC World T20 Cricket Hong Kong v Afghanistan: The second Group B clash for both teams, held at the Vidarbha Cricket Association Stadium in Nagpur, India. (HD) **6.00** ICC World T20 Cricket Scotland v Zimbabwe. (HD) **7.00** ICC World T20 Cricket Hong Kong v Afghanistan. (HD) **7.30** **LIVE** First Utility Super League Widnes Vikings v Hull FC: The top-flight fixture at the Select Security Stadium. Kick-off is at 8.00. (HD) **10.30** Cricket's Greatest Dennis Lillee. (HD) **11.00** ICC World T20 Cricket Double bill. (HD) **12.30am** Cricket's Greatest (HD) **2.00** ICC World T20 Cricket (HD) **3.30** Cricket's Greatest (HD) **4.00** ICC World T20 Cricket (HD) **5.30-6.00am** Cricket's Greatest (HD)

Sky Sports 3

SKY 404 **VIRGIN 514**
HD 404/436 HD 504

6.00am Legends of Darts (HD) **7.00** Time of Our Lives (HD) **8.00** Sporting Heroes: Elery Hanley Interviews Frank Bruno (HD) **9.00** Sports Unlimited (HD) **10.00** The Sky Sports Years (HD) **11.00** Racing News (HD) **11.30** Sporting Triumphs (HD) **12.00noon** Time of Our Lives A look at the career of boxing trainer Terry Lawless. (HD) **1.00pm** Sporting Heroes: Gary Newbon Interviews Jonah Lomu (HD) **2.00** Super League Gold Double bill. (HD) **2.30** Fishing Gurus (HD) **3.00** Legends of Darts Four editions. (HD) **4.00** The Sky Sports Years A look at Sky's coverage in 2009. (HD) **5.00** Fishing Gurus Fishing tips. (HD) **5.30** Sporting Greats Profile of Muhammad Ali. (HD) **6.00** Sporting Heroes: Gary Newbon Interviews Martina Hingis (HD) **7.00pm-6.30am** **LIVE** ATP Masters Tennis The BNP Paribas Open: Coverage of the opening day's play at the Indian Wells Tennis Garden in California, where Novak Djokovic is the reigning champion. (HD)

Sky Sports 4

SKY 405 **VIRGIN 515**
HD 405/439 HD 505

6.00am European Tour Golf (HD) **8.00** **LIVE** European Tour Golf: The Thailand Classic: The opening day at the Black Mountain Golf Club in the Hua Hin District. (HD) **11.00** Sporting Greats **12.00noon** PGA Championship Golf – Official Film (HD) **1.00pm** European Tour Golf As 7.00pm. (HD) **2.00** Sporting Greats **4.00** European Tour Golf As 7.00pm. (HD) **5.00** PGA Tour Classic **6.00** PGA Championship Golf – Official Film (HD) **7.00** European Tour Golf The Thailand Classic: Day one action. (HD) **8.00** **LIVE** PGA Tour Golf The Valspar Championship: The opening day at the Innisbrook Resort in Palm Harbour, Florida. (HD) **11.00** Sporting Heroes: Gary Newbon Interviews Sir Ben Ainslie (HD) **12.00m** Inside the PGA Tour (HD) **12.30am** European Tour Weekly (HD) **1.00** The Sky Sports Years (HD) **2.00** PGA Tour Classic (HD) **3.00** Time of Our Lives (HD) **4.00** The Sky Sports Years (HD) **5.00-6.00am** PGA Tour Classic (HD)

Sky Sports 5

SKY 406 **VIRGIN 516**
HD 406/440 HD 506

6.00am Good Morning Sports Fans (HD) **9.00** Football's Greatest Players **10.00** Watersports World (HD) **11.00** Sporting Triumphs (HD) **11.30** Premier League 100 Club (HD) **12.00noon** Football's Greatest Players **2.00pm** Time of Our Lives With Lou Macari, Sammy McIlroy and Jimmy Greenhoff. (HD) **3.00** Sporting Triumphs Four editions. (HD) **4.00** Premier League 100 Club (HD) **4.30** WWE From the Vault Double bill. (HD) **5.00** WWE – Raw Wrestling action. (HD) **7.00** Sporting Triumphs Four editions. (HD) **8.00** ICC World T20 Cricket Hong Kong v Afghanistan. (HD) **9.30** The Mavericks (HD) **10.00** WWE Main Event Wrestling action. (HD) **11.00** WWE – Late Night – Raw (HD) **1.00am** Premier League 100 Club (HD) **2.00** Time of Our Lives (HD) **3.00** Spanish Football Gold (HD) **3.30** Sporting Triumphs (HD) **4.00** Football's Greatest Players **5.00-6.00am** Sporting Heroes (HD)

Eurosport 1

SKY 410 **VIRGIN 523**
HD 410/412 HD 521

7.30am Cycling (HD) **8.30** Cycling (HD) **9.30** Cycling: Track World Championship (HD) **11.00** Cycling: Follow Fabian (HD) **11.15** Ice Speedway: World Champs (HD) **12.15pm** World Superbikes As shown at 8.20pm. (HD) **1.15** Biathlon From Oslo. **2.15** **LIVE** Biathlon The World Cup meeting from Oslo, Norway. **4.15** Biathlon From Oslo. **5.15** Ski Jumping World Cup action from Wisla in Poland. (HD) **5.55** Eurosport News **6.00** **LIVE** Freestyle Skiing Coverage of the World Cup meeting from Tignes in France. (HD) **7.15** Biathlon From Oslo. **8.15** Eurosport News **8.20** World Superbikes Highlights of the opening round of the season from Australia. (HD) **9.50** Ice Speedway: World Champs (HD) **10.50** Best of Bikes (HD) **10.55** Eurosport News **11.00** Cycling Action from stage four of the Paris-Nice race. (HD) **12.00m-1.00am** Cycling: Stage two of the Tirreno-Adriatico road race. (HD)

Eurosport 2

SKY 411 **VIRGIN 524**
HD 411/443 HD 522

6.00am Eurosport News (HD) **6.30** Cycling (HD) **7.30** Cross-Country Skiing **9.30** Cycling (HD) **10.30** Cycling (HD) **11.30** Ski Jumping (HD) **1.00pm** Cycling Stage one of the Tirreno-Adriatico road race. (HD) **1.30** **LIVE** Cycling The second stage of the Tirreno-Adriatico road race, a 207km route from Camaiore to Pomarance. (HD) **3.30** Cycling As shown at 9.30pm. (HD) **5.00** Cycling: Track World Championship A review of the recent event in London. (HD) **6.30** The Voxwomen Cycling Show (HD) **7.00** Triathlon The Challenge Laguna Phuket triathlon. (HD) **8.00** Triathlon The Challenge Wanaka. (HD) **8.30** Cycling Stage two of the Tirreno-Adriatico road race. (HD) **9.30** Cycling Stage two of the Paris-Nice race. (HD) **10.30** Biathlon From Oslo. **11.30** Eurosport News **11.35** South American Football Show (HD) **12.00m** FIFA World (HD) **12.30am** Eurosport News (HD) **5.30-6.30am** Cycling (HD)

BT Sport 1

SKY 413 **VIRGIN 531**
HD 413/427 HD 527

6.00am Bundesliga Review (HD) **7.00** Serie A Review (HD) **7.30** Barclays Premier League World (HD) **8.00** **LIVE** AFL: Richmond v Port Adelaide: The NAB Challenge match from the Etihad Stadium in Melbourne. Bounce-up 8.10. (HD) **11.00** Last Week, This Week (HD) **11.30** V8 Supercars Highlights: The Clipsal 500 Adelaide. (HD) **1.30pm** Hyundai A-League Highlights (HD) **2.00** Barclays Premier League World (HD) **2.30** Bundesliga Weekly A look ahead. (HD) **3.00** Game of the Week Recent highlights. (HD) **3.30** WTA All Access (HD) **4.00** WTA Tennis: Indian Wells The BNP Paribas Open: Action from the opening day's play. (HD) **7.00pm-5.00am** **LIVE** WTA Tennis: Indian Wells The BNP Paribas Open: Coverage of first-round matches on day two at Indian Wells in California, where Simona Halep won the title last year. (HD) **5.00am** Rugby Tonight Extra (HD) **5.30-6.00am** The Emirates FA Cup Preview: A look ahead. (HD)

BT Sport 2

SKY 417 **VIRGIN 532**
HD 417/457 HD 528

6.00am Rugby Tonight (HD) **7.30** MotoGP Highlights (HD) **8.30** Test Match Bowls (HD) **9.30** Global Goals (HD) **10.00** ESPN Classic Boxing: Triple bill. **12.30pm** Rugby Tonight Recent highlights. (HD) **2.00** Road to Rio (HD) **2.30** Irish Rally Review Highlights of the Carrick On Suir Forest Rally. (HD) **3.00** NBA Action from Oklahoma City Thunder v Los Angeles Clippers. (HD) **5.00** NBA Action (HD) **5.30** Gillette World Sport Global action. (HD) **6.00** **LIVE** UEFA Europa League Coverage of a last-16 first-leg match. Kick-off is at 6.00. (HD) **8.00** **LIVE** UEFA Europa League Coverage of a last-16 first-leg match. Kick-off is at 8.05. (HD) **10.00** The Football's On Live With Ian Stone. (HD) **11.00** Rugby Tonight Extra (HD) **11.30** MotoGP Highlights (HD) **12.30am** NBA Action (HD) **1.00** **LIVE** NBA: San Antonio Spurs v Chicago Bulls: Tip-off is at 1.00. (HD) **3.30-6.00am** **LIVE** NBA: Los Angeles Lakers v Cleveland Cavaliers: Tip-off is at 3.30. (HD)

BT Sport/ESPN

SKY 426 **VIRGIN 534**
HD 426/458 HD 530

6.00am 30 for 30 (HD) **8.00** WRC Review (HD) **9.00** College Basketball (HD) **10.45** College Basketball (HD) **12.30pm** NBA: The Jump Basketball news. (HD) **1.00** NBA Tonight News and highlights. (HD) **1.30** College Basketball Action from College Basketball. (HD) **3.15** College Basketball Action from College Basketball. (HD) **5.00** ESPN FC (HD) **5.30** Air + Style World Tour From Los Angeles. (HD) **6.00** NBA Tonight (HD) **6.30** **LIVE** PSA Squash The Canary Wharf Classic: The men's semi-finals. (HD) **9.00** Last Week, This Week Recent action (HD) **9.15** Air + Style World Tour From Los Angeles. (HD) **9.45** College Basketball Action from College Basketball. (HD) **11.30** NBA Tonight (HD) **12.00m** **LIVE** College Basketball: Action from College Basketball. (HD) **2.30am** **LIVE** College Basketball: Action from College Basketball. (HD) **4.30-6.00am** Women's College Basketball (HD)

BT Europe

SKY 414 **VIRGIN 533**
HD 414/433 HD 529

6.00am Swiss Super League (HD) **7.30** Portuguese Liga NOS (HD) **8.45** Global Goals (HD) **9.00** UEFA Champions League Highlights Show (HD) **9.30** Last Week, This Week (HD) **10.00** UEFA Champions League: Back-to-back editions. (HD) **2.00pm** Game of the Week (HD) **2.30** Last Week, This Week (HD) **3.00** UEFA Champions League Highlights Show (HD) **3.30** Global Goals (HD) **4.00** French Ligue 1 Preview (HD) **4.30** Bundesliga Weekly (HD) **5.00** UEFA Europa League Magazine (HD) **5.30** UEFA Europa League Tonight Live (HD) **6.00** **LIVE** UEFA Europa League: Coverage of a last-16 first-leg match. Kick-off is at 6.00. (HD) **8.00** **LIVE** UEFA Europa League: A last-16 first-leg match. Kick-off is at 8.05. (HD) **10.00** UEFA Europa League Highlights (HD) **11.00** The Emirates FA Cup Preview (HD) **11.30** Bundesliga Weekly (HD) **12.00m-6.00am** UEFA Europa League Football: Back-to-back editions of Europa League action. (HD)

Motors TV

SKY 447 **VIRGIN 545**

6.00am FIM MX2 World Championship Replay **7.45** MSVR Launch Day **8.10** World Series Sprintcars **9.00** Tractor Pulling Euro Cup **11.05** European Tractor Pulling Championship **1.10pm** Belgian Rally Championship **1.40** Special Stage Extra **2.15** Monte Carlo Historic Rally Action from the race. **3.15** British Historic Rally Championship **4.20** World Series Sprintcars Action from the Sydney City Speedway. **5.20** MSVR Launch Day A look ahead to the season. **5.50** Toyota NZ 86 Championship **6.55** P1 Superstock USA A 2015 season review. **8.00** P1 Superstock UK A 2015 season review. **9.00** Best of Crash **9.35** FIM MXGP World Championship Replay The Grand Prix of Thailand. **1.45am** FIM Super Enduro World Championship **2.15** Bo'ness Hill Climb Revival **4.10** P1 Superstock USA **5.05-6.00am** P1 Superstock UK



PICK OF THE DAY

LIVE
Indian Wells Masters
BT Sport 1 HD
7.00pm

Sky Sports F1

SKY 407 **VIRGIN 517**
HD 407/451 HD 507

6.00am-12.00noon The Home of Formula One **12.00noon-4.30pm** The Home of Formula One **4.30pm** Architects of F1: A profile of Max Mosley. (HD) **5.30** Legends of F1: An interview with Gerhard Berger. (HD) **6.30** Legends of F1: An interview with Alain Prost. (HD) **7.30** F1 Development Special: A look at how the teams are developing their cars. (HD) **8.30** Legends of F1: With Eddie Irvine. (HD) **9.30** Formula 1: The 2015 Brazilian Grand Prix. (HD) **10.30** F1 Development Special (HD) **11.30** GP2 Racing: The 2015 Abu Dhabi Grand Prix feature race. (HD) **1.00-6.00am** The Home of Formula One

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LIVE SPORT ON OTHER CHANNELS TODAY

12.45pm **LIVE** Snooker: World Grand Prix ITV4 Coverage of the opening session on day three of the tournament at the Venue Cymru in Llandudno, featuring the start of the second round.

1.15pm **LIVE** Raceday At The Races Coverage from Southwell and Chelmsford City.
1.30pm **LIVE** Racing Racing UK Coverage of today's meetings from Wincanton and Carlisle.

6.45pm **LIVE** Snooker: World Grand Prix ITV4 Further coverage of day three of the tournament at the Venue Cymru in Llandudno, featuring the conclusion of the second round.

7.00pm **LIVE** Stateside At The Races Coverage from America.
2.00am **LIVE** Australian Racing At The Races Coverage of a meeting Down Under.

Comedy drama



NEW

Flaked

Netflix

Arrested Development's Will Arnett is a self-help guru in need of direction himself when he falls for the wrong girl

Crime drama



NEW

Bosch

Amazon Prime Video

As the LA police drama returns for series two, available in one go, the homicide detective unearths further corruption

Period drama



Mr Selfridge

ITV HD, 9pm/ITV+1, 10pm

In the last-ever episode of the drama, Harry takes a final gamble in a bid to save his 20-year-old department store

Comedy



NEW

Comedy Playhouse: Stop/Start

BBC1 HD, 10.35pm

John Thomson stars in a TV version of the Radio 4 sitcom about strained marriages

SKY EVENING TIME 7.00PM

7.30PM

8.00PM

8.30PM

9.00PM

9.30PM

10.00PM

10.30PM

Favourites

101 BBC1	7.00 The One Show	7.30 MOTD The FA Cup – Live: A sixth-round tie				10.00 News; Local News	10.35 Comedy...
102 BBC2	7.00 Great Interior Design Challenge...	8.00 Mastermind	8.30 Gardeners'...	9.00 Land of Hope and Glory – British...		10.00 Britain's...	10.30 Newsnight
103 ITV	7.00 Emmerdale	7.30 Coronation Street	8.00 Best Walks...	8.30 Coronation Street	9.00 Mr Selfridge	10.00 News; Local News	
104 CHANNEL 4	7.00 News	7.30 Crufts 2016			9.00 Gogglebox	10.00 The Last Leg	
105 CHANNEL 5	7.00 The Gadget Show		8.00 Kitten Impossible		9.00 NCIS: New Orleans	10.00 NCIS	
106 SKY1	7.00 The Simpsons		8.00 Dogs Might Fly		9.00 Stan Lee's Lucky Man	10.00 Stella	

Entertainment

116 BBC4	7.00 News	7.30 Top of the...	8.00 Virtuoso Violinists at the BBC	9.00 Kenny Rogers: Cards on the Table	10.00 Bob Harris: My Nashville		
118 ITV2	7.00 You've Been Framed! Gold Top Tens		8.00 Two and a Half Men	9.00 Film: Run Fatboy Run			
138 MORE4	6.30 Crufts 2016...	7.30 Grand Designs		9.00 Spin	10.10 8 Out of 10 Cats Does...		
136 E4	7.00 Hollyoaks	7.30 Brooklyn...	8.00 The Big Bang Theory	9.00 Film: Transporter 3			
107 SKY LIVING	7.00 My Kitchen Rules New Zealand		8.00 The Blacklist		10.00 Criminal Minds		
108 SKY ATLANTIC	7.00 Cold Case		8.00 Without a Trace	9.00 Game of Thrones			
110 GOLD		7.20 Miranda	8.00 Only Fools and Horses	9.20 Fawlty Towers	10.00 Legends of Stand-Up & Bernard...		
111 DAVE	7.00 American Pickers		8.00 Ice Road Truckers	9.00 Dangerman: The Incredible Mr Goodwin	10.00 Mock the Week		
119 ITV3	6.55 Murder, She Wrote	7.55 The Adventures of Sherlock Holmes		9.00 Long Lost Family	10.00 A Touch of Frost		
120 ITV4	6.45 Snooker: World Grand Prix – Live: The concluding two quarter-finals of the tournament at the Venue Cymru in Llandudno						
112 COMEDY CENTRAL	7.00 Impractical Jokers	8.00 Lips Sync...	8.30 Lip Sync Battle	9.00 Impractical Jokers	10.00 Bob's Burgers		
114 SYFY	7.00 Star Trek: The Next Generation	8.00 Killjoys		9.00 Film: Tucker & Dale vs Evil			
109 W	7.00 MasterChef USA	8.00 Humble Pie		9.00 Grimm	10.00 EastEnders		
113 UNIVERSAL	7.00 NCIS	8.00 CSI: Miami		9.00 Law & Order: Special Victims Unit	10.00 NCIS		
124 FOX	7.00 NCIS				10.00 Marvel's Agent Carter		
121 SKY ARTS	6.45 Discovering: Henry Fonda	7.45 Hollywood: Singing and Dancing		9.00 The Seventies	10.00 David Bowie – A Reality Tour		

Documentary

520 DISCOVERY	7.00 Fast N' Loud	8.00 Extreme Car Hoarders	9.00 How It's Made	10.00 David Baddiel on the Silk Road
523 ANIMAL PLANET	7.00 Tanked	8.00 Panda Valley High	9.00 Pit Bulls & Parolees	10.00 Finding Bigfoot
526 NAT GEO	7.00 Air Crash Investigation		9.00 Extreme Mechanics Alaska	10.00 Drugs Inc
529 HISTORY	7.00 Storage Wars	8.00 Pawn Stars	9.00 Britain's Biggest Heists	10.00 Mobsters
537 YESTERDAY	7.00 Coast	8.00 Secrets of War	9.00 Forbidden History	10.00 Porridge
532 EDEN	7.00 Ultimate Swarms	8.00 Monster Bug Wars		10.00 Secrets of the Earth

Films

301 SKY PREMIERE	6.00 The Age of Adaline	8.00 San Andreas		10.00 Son of a Gun
303 SKY SHOWCASE	5.40 Unbroken	8.00 Pitch Perfect 2		10.00 Fury
304 SKY GREATS	5.30 The Da Vinci Code	8.00 Gone in Sixty Seconds		10.10 Armageddon
305 SKY DISNEY	6.10 Big Hero 6	8.00 Prince of Persia: The Sands of Time		10.00 Escape to Witch Mountain
306 SKY FAMILY	6.15 Prom	8.00 Penguins of Madagascar	9.45 Pirates of the Caribbean: On Stranger Tides	
307 SKY ACTION	7.00 Seventh Son		9.00 Avengers: Age of Ultron	
308 SKY COMEDY	6.30 Johnny English	8.00 Top Five		9.45 There's Something About Mary
309 SKY CRIME	5.20 Spy Game	7.30 Assassin	9.00 Blackhat	
310 SKY DRAMA	6.05 Calendar Girls	8.00 Pride		10.05 Mamma Mia!
311 SKY SCI-FI	7.00 The League of Extraordinary Gentlemen		9.00 The Matrix	
312 SKY SELECT	6.20 The Skeleton Twins	8.00 RocknRolla		10.00 Sunshine
315 FILM4	6.45 The Company Men		9.00 Bullet to the Head	
317 TCM	6.00 Tarzan and...	7.30 Tarzan's Magic Fountain	9.00 The Order	

Sport

402 SKY SPORTS 1	7.00 Barclays...	7.30 First Utility Super League – Live: Wigan Warriors v Leeds Rhinos: From the DW Stadium (Kick-off 8.00)	10.15 The Fantasy Football Club
403 SKY SPORTS 2	6.00 T20 Cricket	7.30 Under-20s Six Nations Rugby Union – Live: England v Wales: From Ashton Gate in Bristol (Kick-off 7.45)	10.15 ICC World T20 Cricket
404 SKY SPORTS 3	7.00 ATP Masters Tennis – Live: The second day of the BNP Paribas Open at the Indian Wells Tennis Garden in California		
405 SKY SPORTS 4	7.00 European Tour Golf	8.00 PGA Tour Golf – Live: The second day of the Valspar Championship at the Innisbrook Resort in Palm Harbour, Florida	
410 EUROSPORT 1	6.35 Cycling	7.45 Cross-Country Skiing	9.00 Biathlon
411 EUROSPORT 2	5.30 Badminton – Live: The quarter-finals of the All England Championships from the Barclaycard Arena in Birmingham		9.30 Timbersports World Championship
			10.30 Rally...
			10.05 Davis Cup Tennis

BBC1

SKY 101 HD 141 VIRGIN 101 HD 108 F'VIEW 1 HD 101 FSAT 101 HD 108

6.00am Breakfast (S)(HD) **9.15 Heir Hunters** (S)(HD)(AD) **10.00 Homes Under the Hammer** (S)(R)(HD) **11.00 Countryside 999** (S)(HD) **11.45 Claimed and Shamed** (S)(R)(HD) **12.15pm Bargain Hunt** (S)(HD)(AD) **1.00 BBC News** (S)(HD) **1.30 Local News** (S) **1.45 Doctors** Emma encounters a woman whose terminally ill mother becomes violent. (S)(HD)(AD) **2.15 Moving On Punter:** 3/5. A plumber struggles to deal with his gambling problem. (Series 3) (S)(R)(HD)(AD) **3.00 Escape to the Country** (S)(R)(HD)(AD) **3.45 The TV That Made Me** Mariella Frostrup joins Brian Conley. (S)(HD) **4.30 Flog It!** People try to make money out of their antiques at auction. (S)(HD) **5.15 Pointless** Quiz show. (S)(HD) **6.00 BBC News** (S)(HD) **6.30 Local News** (S)



7.00 The One Show

7.00 The One Show
Alex Jones rounds off the week with celebrity guests and stories of interest to the UK. (S)(HD)
7.30 LIVE MOTD: The FA Cup
Coverage of a sixth-round tie, as the world's oldest domestic cup competition continues. (S)(HD)

BBC2

SKY 102 HD 102/142 VIRGIN 102 HD 162 F'VIEW 2 HD 102 FSAT 102 HD 109

• Today's red button sport coverage is listed in *Sport on Other Channels*, page 102

6.15am Heir Hunters (S)(R)(HD)(AD) **7.00 Countryside 999** (S)(R)(HD) **7.45 Claimed and Shamed** (S)(R)(HD) **8.15 Sign Zone: MasterChef: The Professionals** (S)(R) **9.15 Victoria Derbyshire** Current affairs. (S)(HD) **11.00 BBC News** (S)(HD) **12.00noon Daily Politics** (S)(HD) **1.00pm The Chef's Protégé** (S)(R)(HD) **1.30 Portillo's State Secrets** (S)(R)(HD)(AD) **2.00 Who Do You Think You Are?** (S)(R)(HD)(AD) **3.00 The Doctor Blake Mysteries** (S)(R)(HD)(AD) **3.50 Mountain** (S)(R)(HD)(AD) **4.50 Terry and Mason's Great Food Trip** The duo visit Tunbridge Wells. (S)(R)(HD) **5.20 Bargain Hunt** (S)(R)(HD)(AD) **6.00 Eggheads** Quiz show. (S)(HD) **6.30 Too Much TV** (S)(HD)



9.00 Land of Hope and Glory...

7.00 Great Interior Design Challenge: Ultimate Secrets
SERIES FINALE 16/16. Tom Dyckhoff looks at the ultimate rules of house design, room by room, featuring insider techniques used by judges Sophie Robinson and Daniel Hopwood. (S)(HD)(AD)

8.00 Mastermind
John Humphrys welcomes five more contenders back to the famous chair for the fourth semi-final. (S)(HD)

8.30 Gardeners' World
Rachel de Thame explains how the tiniest of flowers can pack a punch in the perfume stakes. (S)(HD)

9.00 Land of Hope and Glory – British Country Life
2/3. Jane Treays spends a year filming alongside *Country Life*, visiting manor houses, cottages and castles through the eyes of the magazine and meeting those who live in them. (S)(HD)(AD)

10.00 NEW Britain's Secret Slavery Business
The realities of human exploitation and 'modern-day slavery.' (S)(HD)(AD)
10.30 Newsnight (S)(HD)

11.00 Artsnight – Thurston Moore
The guitarist celebrates punk-rock's 40th anniversary. (S)(HD)
Followed by **Weather** (S)(HD)

11.30 FILM Midnight in the Garden of Good and Evil Fact-based crime thriller starring Kevin Spacey and John Cusack. In Savannah, Georgia, a flamboyant gay antiques dealer is accused of murdering his lover. (S)(HD) (1997, 15, 150min) ★★★
2.00-3.55am Sign Zone: Question Time (S)(R) **3.00 Tomorrow's Food** (S)(R)(AD) **3.55-6.00am Previews** (S)(HD)

ITV

SKY 103 HD 178 VIRGIN 103 HD 113 F'VIEW 3 HD 103 FSAT 103 HD 119

6.00am Good Morning Britain
Actor Jack Black talks about his new film *Kung Fu Panda 3*. (S)(HD)
8.30 Lorraine (S)(HD)
9.25 The Jeremy Kyle Show (S)(HD)
10.30 This Morning (S)(HD)
12.30pm Loose Women With Michelle Heaton and Dave Stewart. (S)(HD)
1.30 ITV News (S)
1.55 Local News (S)
2.00 Jeremy Kyle's Emergency Room
The talk show host discusses people's medical issues. (S)
3.00 Masterpiece with Alan Titchmarsh
SERIES FINALE Alan visits Firl Place in East Sussex. (S)(HD)
4.00 Tipping Point Game show. (S)(HD)
5.00 The Chase General knowledge quiz show hosted by Bradley Walsh. (S)(HD)
6.00 Local News (S)
6.30 ITV News (S)



8.00 Best Walks with a View with...

7.00 Emmerdale
Charity uses Moses to get what she wants after Moira throws her out of the house. (S)(HD)(AD)

7.30 Coronation Street
Eileen is fuming when she discovers Michael spying on her and Phelan. (S)(HD)(AD)

8.00 Best Walks with a View with Julia Bradbury
4/8. The presenter ventures towards Cumbria's High Cup Nick. (S)(HD)

8.30 Coronation Street
When Michael takes a swing at Phelan, Eileen is mortified and tells him their relationship is over. (S)(HD)(AD)

9.00 Mr Selfridge
SERIES FINALE 10/10. Jimmy's final act has Harry reeling and the retail mogul retreats from the glare of the tabloid frenzy for the sanctuary of home. However, a trade embargo forces him into action. (Series 4) (S)(HD)(AD)

10.00 ITV News (S)

10.30 Local News (S)

10.40 Benidorm
3/6. Kelly announces her engagement to Mateo. (Series 1) (S)(R)(AD)

11.10 FILM The Spy Who Loved Me
James Bond adventure starring Roger Moore. 007 joins forces with a beautiful Russian spy to stop a megalomaniac villain. (S)(HD)(AD) (1977, PG, 135min) ★★★
1.25am Jackpot247
3.00 Murder, She Wrote Death Casts a Spell: A hypnotist dies in strange circumstances. (S)(SL)(R)(HD)
3.50-6.00am ITV Nightscreen (HD)

+1 hour SKY 131 VIRGIN 114 FREEVIEW 33 FSAT 112

CHANNEL 4

SKY 104 HD 227 VIRGIN 104 HD 142 F'VIEW 4 HD 104 FSAT 104 HD 126

6.00am Countdown (S)(R)(HD) **6.45-8.00 The King of Queens** Triple bill. (S)(R)(HD) **8.00 Everybody Loves Raymond** (S)(R) **9.00 Frasier** (S)(R) **10.00 Car SOS** (S)(R)(HD) **11.00 Undercover Boss Canada** (S)(R)(HD) **12.00noon News** (S)(HD)
12.05pm A Place in the Sun:
Winter Sun Double bill. (S)(R)(HD)
2.10 Deal or No Deal (S)(HD)(AD)
3.10 Countdown (S)(HD)
4.00 A New Life in the Sun The British owners of a Spanish seafood restaurant try to recover lost business. (S)(HD)
5.00 Couples Come Dine with Me
Three couples compete for the cash prize in Marbella, Spain. (S)(HD)
6.00 The Simpsons (S)(R)(AD)
6.30 Hollyoaks Darren offers Tony gambling advice when he hears about his money troubles. (S)(HD)(AD)



7.30 Crufts 2016

7.00 News (S)(HD)

7.30 NEW SERIES Crufts 2016
Live from the NEC in Birmingham, Clare Balding launches Channel 4's coverage of the 125th anniversary of the world's largest dog event. Featuring a debate on canine health and welfare and a look at the benefits of microchipping before it becomes compulsory next month. Plus, judging in the Vulnerable Breed and Gundog groups. (S)

9.00 Gogglebox
Capturing the households' instant reactions to what they are watching on TV from their own sofas. (S)(HD)

10.00 The Last Leg
5/8. Adam Hills, Josh Widdicombe and Alex Brooker are joined by celebrity guests for a comic review of the past seven days. (S)(HD)

11.10 Raised by Wolves 2/6. Della ends up with an eviction notice. (Series 2) (S)(R)(HD)(AD) **11.40 Rude Tube** (S)(R)(HD) **12.40am Virtually Famous** (S)(HD) **1.25 FILM Devil** Mystery thriller. (S)(HD)(AD) (2010, 15, 80min) ★★★
2.45 Ultimate Dealer (S)(R)(HD) **3.10 Beat My Build** (S)(R)(HD) **4.05 Location, Location, Location** (S)(R)(HD) **5.00-5.50am Deal or No Deal** Game show. (S)(R)(HD)(AD)

+1 hour SKY 135 VIRGIN 143 F'VIEW 13 FSAT 121

CHANNEL 5

SKY 105 HD 105/171 VIRGIN 105 HD 150 FVIEW 5 FSAT 105

6.00-9.15am Milkshake!
9.15am The Wright Stuff (HD)
11.15 Cowboy Builders (S)(R)(HD)
12.10pm News (S)(HD)
12.15 Can't Pay? We'll Take It Away
 Two agents face a heartbreaking house repossession. (S)(R)(HD)
1.15 Home and Away (S)(HD)(AD)
1.45 Neighbours (S)(HD)(AD)
2.15 NCIS Singled Out: 3/24. A missing US navy lieutenant's car is found covered in blood. (Series 4) (S)(R)(AD)
3.15 FILM PREMIERE Killer Date
 Thriller starring Anna Hutchinson. (S) (2016, PG, 105min) ★★
5.00 News (S)(HD)
5.30 Neighbours An old client of Brad turns out to be Chas. (S)(R)(HD)(AD)
6.00 Home and Away Phoebe spots Kat leaving Ash's van. (S)(R)(HD)(AD)
6.30 News (S)(HD)



9.00 NCIS: New Orleans

7.00 The Gadget Show
 4/12. Oris Deley and Jon Bentley take on delivery service Amazon Prime using a selection of the transport technology, and mobility scooter inventor Colin Furze reveals his latest projects. (S)(HD)

8.00 NEW Kitten Impossible
 Internet clips of cats performing physical feats or demonstrating lightning reactions, sporting and athletic skills, super-intelligence or bravery. (S)(HD)

9.00 NCIS: New Orleans
Touched by the Sun: 3/24. The team's help is called for when the navy's finest female pilot dies at an air show while demonstrating a state-of-the-art aircraft about to be brought into service. (Series 2) (S)(HD)(AD)

10.00 NCIS
So It Goes: 3/24. Ducky works on a case involving his estranged childhood best friend, travelling to London with Special Agent Bishop to interview his pal's family and colleagues. (Series 12) (S)(HD)(AD)

10.55 NCIS: Los Angeles
Archangel: 13/24. The team tries to prevent a leak of top secret information. (Series 2) (S)(R)(HD)

11.55 Access Showbiz news. (HD)
12.00m't SuperCasino **3.10am Cats Make You Laugh Out Loud** (S)(R) (HD) **4.00 Grannies Make You Laugh Out Loud** (S)(R)(HD) **4.45-6.00am House Doctor** (S)(SL)(R)

+1 hour SKY 177 VIRGIN 155 FREEVIEW 44 FREESAT 128

SKY1

SKY 106 HD 106/217 VIRGIN 110 HD 109

6.00am Sunrise (HD) **9.00 NCIS: Los Angeles** (S)(R)(HD) **10.00 Hawaii Five-0** (S)(R)(HD)
12.00noon NCIS: Los Angeles Unwritten Rule: 5/24. Deeks breaks one of Hetty's rules (Series 5) (S)(R)(HD)
1.00pm Hawaii Five-0 (S)(R)(HD)
2.00 Hawaii Five-0 (S)(R)(HD)
3.00 The Holidaymakers Families from Liverpool, London and Poland move in to the villa. (S)(R)(HD)(AD)
4.00 Futurama (S)(R)(HD)
4.30 Futurama (S)(R)(HD)
5.00 The Simpsons (S)(R)(HD)
5.30 Futurama (S)(R)(HD)
6.00 Futurama Bender's Game - Part One: Bender becomes addicted to *Dungeons & Dragons*. (S)(R)(HD)
6.30 The Simpsons Black-Eyed, Please: Flanders is plagued with guilt after punching Homer. (S)(R)(HD)



9.00 Stan Lee's Lucky Man

7.00 The Simpsons
Dark Knight Court: Mr Burns tries to fulfil his lifelong ambition of becoming a superhero. (S)(R)(HD)
7.30 What Animated Women Want: Homer must save his marriage after a disastrous lunch date at Swankyfish. (S)(R)(HD)

8.00 Dogs Might Fly
 2/6. The 12 rescue dogs are introduced to their trainers and the specialised programme begins as the experts test the animals' communication skills. (S)(R)(HD)

9.00 Stan Lee's Lucky Man
NEW EPISODE 8/10. A murder affects Harry personally and he takes matters into his own hands when he interferes with the case, breaks the rules and invokes the bracelet's powers. (S)(HD)

10.00 Stella
 9/10. A heartbreaking decision awaits when Stella finally gets a chance to speak with Rob, and Beyoncé delivers surprising news to Michael. Meanwhile, an upset Ivan prepares to leave Pontyberry behind. (Series 5) (R)(HD)

11.00 Hawaii Five-0 Nanahu (Embers) 16/25. (S)(R)(HD) **12.00m't Hawaii Five-0 Kuka'awale** (Stakeout) 17/25. (Series 5) (S)(R)(HD) **1.00am Road Wars** (S)(R)(HD) **2.00 Night Cops** A fight erupts at a teenager's party in Swindon. (S)(R)(HD)
3.00 Stargate SG-1 (S)(R) **4.00 Stargate SG-1 Window of Opportunity: (Series 4) (S)(R) **5.00 Sky News on the Hour** (HD)
5.30-6.00am The Debate (HD)**

+1 hour SKY 130

LOCAL VARIATIONS

BBC1

SCOTLAND
 Sky 951, Virgin 862, Freesat 960
 No variations

N. IRELAND
 Sky 953, Virgin 863, Freesat 957
6.55-7.00pm Party
 Political Broadcast (S)(HD)

WALES
 Sky 952, Virgin 864, Freesat 964
 No variations

BBC2

SCOTLAND
 Sky 970, Freesat 970
 No variations

N. IRELAND
 Sky 972, Freesat 969
 No variations

WALES
 Sky 971, Freesat 971

7.00pm Sport Wales (S)
7.30-8.30pm Great Interior Design Challenge: Ultimate Secrets **SERIES FINALE** (S)(AD)

ITV

As main ITV except:
WALES
8.00-8.30pm Reels on Wheels (S)

S4C

Sky 134, Virgin 166, Freesat 120
7.00am Cyw **1.00pm**
 Newyddion S4C a'r Tywydd
1.05 Heno **1.30 Ffermio**
2.00 Prynhawn Da **2.55**
 Newyddion S4C a'r Tywydd
3.00 Dylan ar Daith **4.00**
 Awr Fawr **5.00** Stwnsh: Tag
5.40 Stwnsh: Larfa **5.45**
 Stwnsh: Gwboi a Twm Twm
5.55 Stwnsh: Ffeil **6.00**
 Pobol y Cwm (AD) **6.25**
 Newyddion S4C a'r Tywydd
6.30 Ffasiwn Bildar **7.00**
 Heno **8.00** Pobol y Cwm (AD) **8.25** Sam ar y Sgrin
9.00 Newyddion 9 a'r Tywydd **9.30** Jonathan
10.30 Ishe Hongian (AD)
11.00pm-12.05am
 Llwyfan **SERIES FINALE**

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BBC4

SKY 116 HD 116/211 VIR107 HD 164 FVIEW 9 FSAT 148 HD 107

7.00pm World News Today
 The day's leading stories. (HD)

7.30 Top of the Pops: 1981
 Performers include Siouxsie and the Banshees, Imagination and Phil Collins.

8.00 NEW Virtuoso Violinists at the BBC Nicola Benedetti explores 60 years of BBC archive footage to celebrate the world of the violin and its most outstanding performers, including Mischa Elman, Isaac Stern and Yehudi Menuhin.

9.00 Kenny Rogers: Cards on the Table Documentary chronicling the singer's career and the golden era of country music he helped usher in. Contributors include Kim Carnes, Mickey Jones and Lionel Richie. (HD)

10.00 Bob Harris: My Nashville The presenter explores America's country music capital. (HD)

11.00 Country Kings at the BBC: Compilation of performances by male country singers. **12.00m't** Top of the Pops: 1981 **12.40am** Kenny Rogers: Cards on the Table (HD) **1.40** Bob Harris: My Nashville (HD) **2.40-3.40am** Country Kings at the BBC

ITV2

SKY 118 HD 118/225 VIR115 HD 176 FVIEW 6 FSAT 113

6.00am Planet's Funniest Animals
6.20 Dinner Date (HD) **7.10**
 The Ellen DeGeneres Show (HD)
8.00 Emmerdale (HD)(AD) **9.00**
 Totally Bonkers Guinness World Records (HD) **9.35** Catchphrase (HD) **10.15** Dinner Date (HD)
11.15 Royal Pains (HD) **12.10pm**
 Emmerdale (HD)(AD) **1.15**
 You've Been Framed! Gold **1.45**
 The Ellen DeGeneres Show **NEW**
EDITION (HD) **2.40** Judge Rinder (HD) **3.40** The Jeremy Kyle Show (HD) **5.50** Take Me Out (HD)

7.00 You've Been Framed! Gold Top Tens Comical clips narrated by Harry Hill.

8.00 Two and a Half Men
 12/24. Berta discovers Alan has been secretly dating her daughter. (HD)
8.30 13/24. Jake tells Charlie and Alan that he regularly overhears his mother having sex. (Series 4) (HD)

9.00 FILM Run Fatboy Run
 Comedy starring Simon Pegg and Thandie Newton. An unfit man realises he is still in love with his ex-fiancée and enters a marathon in an attempt to impress her. With Hank Azaria and Dylan Moran. (HD) (2007, 12, 100min) ★★

11.05 Family Guy: Double bill. (HD)(AD) **12.00m't American Dad!** (AD) **1.00am** Two and a Half Men (HD) **1.30** Totally Bonkers Guinness World Records (HD) **1.55-2.20am** Planet's Funniest Animals

+1 hour SKY 180 VIR116 FVIEW 27 FSAT 114

MORE4

SKY 138 HD 138/231 VIR147 HD 203 FVIEW 14 FSAT 124

8.55am Kirstie's Handmade Treasures (HD) **9.25** Jamie's 15 Minute Meals (HD)(AD) **9.55**
 Come Dine with Me (HD)

11.00am-1.40pm Four in a Bed (HD) **1.40-4.20pm** Come Dine with Me (HD) **4.20** The Supervet (HD) **5.25** Dogs: Their Secret Lives (HD)(AD) **6.30**
 Crufts 2016 with Claire Balding **NEW EDITION** Live coverage from the NEC in Birmingham.

7.30 Grand Designs Kevin McClood meets a couple who are hoping to save a crumbling, romantic castle in the heart of the Yorkshire Dales.

9.00 Spin NEW EPISODE
Blackmail: 5/6. Desmeuze manages to get hold of a secret file that has the power to bring down the president. Subtitled. (Series 2) (HD)

10.10 8 Out of 10 Cats Does Countdown With Sarah Millican and Chris Ramsey. (HD)

11.15 8 Out of 10 Cats Does Countdown (HD) **12.15am**
 Ramsay's Kitchen Nightmares USA **1.15** 8 Out of 10 Cats Does Countdown (HD) **2.20**
 The Good Wife (HD)(AD)
3.15-3.35am Kirstie's Handmade Treasures (HD)

+1 hour SKY 139 VIR196 FVIEW 125 FSAT 125

E4

SKY 136 HD 136/202 VIR144 HD 145 FVIEW 28 FSAT 122

6.00am Made in Chelsea (HD)
6.45 Charmed **7.35** Hollyoaks (HD)(AD) **8.05** Rules of Engagement (HD) **9.00** New Girl (HD)(AD) **10.00** Baby Daddy (HD) **11.00** Charmed
1.00pm How I Met Your Mother (HD)(AD) **2.00** The Big Bang Theory (HD)(AD) **3.00** Baby Daddy (HD) **4.00** How I Met Your Mother (HD)(AD) **5.00**
 New Girl (HD)(AD) **6.00**
 The Big Bang Theory (HD) (AD) **7.00** Hollyoaks (HD)

7.30 Brooklyn Nine-Nine
 12/23. Holt and Peralta get mumps during an investigation. (Series 3) (HD)(AD)

8.00 The Big Bang Theory
 21/24. One of Sheldon's favourite TV shows is cancelled. (Series 6) (HD)(AD)
8.30 13/24. Sheldon is forced to take a holiday. (Series 7) (HD)(AD)

9.00 FILM Transporter 3
 Action thriller sequel starring Jason Statham and Natalya Rudakova. Frank Martin is pressured into transporting Valentina, the kidnapped daughter of a Ukrainian official, from Marseilles to Odessa. (2008, 15, 103min) ★★

11.05 The Big Bang Theory (HD) (AD) **12.00m't** Tattoo Fixers (HD)
2.10am The Goldbergs (AD)
2.55 Brooklyn Nine-Nine (HD) (AD) **3.20** 2 Broke Girls (HD) (AD) **4.05** Charmed (SL) **4.50-6.00am** Made in Chelsea (HD)

+1 hour SKY 137 VIR146 FVIEW 29 FSAT 123

7 PM

8 PM

9 PM

10 PM

Sky Living

SKY 107 HD 107/221 VIRGIN 112 HD 111

6.00am Motorway Patrol (HD)
7.00 Nothing to Declare
8.00 Border Security: Canada's Front Line (HD)
9.00 Children's Hospital: Triple bill. (HD) **10.30** My Kitchen Rules: Australia **12.00noon-3.00pm** Criminal Minds: Triple bill. (Series 1) (HD)
3.00pm CSI: Double bill. (Series 3) (HD) **5.00** Children's Hospital: Double bill. (HD) **6.00** Nothing to Declare: Double bill.



9.00 The Blacklist

Sky Atlantic

SKY 108 HD 108/222

6.00am Fish Town (HD) **8.00** House: Double bill. (HD)
10.00 The West Wing (HD)
11.00 Blue Bloods (HD)
12.00noon Cold Case (HD)
1.00pm Without a Trace (Series 5) (HD) **2.00** Urban Secrets (HD) **3.00** House: Double bill. (HD) **5.00** The West Wing (Series 4) (HD)
6.00 Blue Bloods: Higher Education: 8/23. Danny investigates the murder of a student. (Series 3) (HD)



5.00 The West Wing

GOLD

SKY 110 VIRGIN 126

7.00am Ever Decreasing Circles **7.30** Sorry! **8.00** As Time Goes By **8.40** To the Manor Born **9.20-11.20** Last of the Summer Wine **11.20** My Family **12.40pm** Open All Hours
1.20 Only Fools and Horses
2.40 As Time Goes By **3.20** To the Manor Born **4.00-6.00** Last of the Summer Wine
6.00 My Family: Ben looks after one of Jane's elderly clients. **6.40** Susan and Ben go their separate ways.



11.00 The Mighty Boosh

Dave

SKY 111 HD 111/246 VIRGIN 128 HD 194 F'VIEW 12

7.00am Storage Hunters (HD)
7.25 Ice Road Truckers (HD)
8.10 American Pickers (HD)
10.00 Top Gear (HD)
11.00 FILM Pillars of the Sky: Western starring Jeff Chandler and Dorothy Malone. (HD) (1956, PG, 95min) ★★
1.00pm Top Gear (HD)
2.00 American Pickers (HD)
4.00 Top Gear (HD) **6.00** American Pickers: Mike and Frank meet a quirky antiques dealer in New Orleans. (HD)



9.00 Dangerman: The...

ITV3

SKY 119 HD 119/263 VIR 117 HD 177 F'VIEW 10 F'SAT 115

6.00am Doctor in the House
6.25 Heartbeat **7.25** Where the Heart Is **8.30** The Royal **9.35-10.55** Judge Judy
10.55 Wycliffe **12.00noon** Murder, She Wrote (HD)
1.00pm Heartbeat **2.00** The Royal **3.05** Where the Heart Is **4.15** Doctor in the House
4.45 In Loving Memory
5.15 On the Buses **5.50** Heartbeat **6.55** Murder, She Wrote: Trial by Error: Jessica is called for jury duty. (HD)



5.50 Heartbeat

ITV4

SKY 120 HD 120/268 VIR 118 HD 178 F'VIEW 24 F'SAT 117

6.00am Goals of the 90s (HD)
6.10 Magnum, PI (HD) **7.05** The Chase (HD) **8.05** The Professionals **9.05** The Sweeney **10.10** Ax Men (HD)
11.10 The Chase (HD) **12.15pm** Pawn Stars (HD) **12.45** LIVE Snooker: World Grand Prix: Coverage of the opening two quarter-finals. (HD)
5.15 Storage Wars: Barry bids for an old mattress. (HD)
5.45 The Car Chasers: Double bill of the series. (HD)



11.15 Village of the...

7.00 My Kitchen Rules New Zealand **NEW EDITION** The teams compete in a duo of culinary challenges. (HD)

8.00 The Blacklist *The Director: Conclusion:* 10/22. Red prepares an elaborate plan to turn the tables and exonerate Liz. (HD)

9.00 The Blacklist **NEW EPISODE** *Mr. Gregory Devry:* 11/22. Liz finds it hard to readjust to life outside of the FBI. (Series 3) (HD)

10.00 Criminal Minds *Our Darkest Hour:* 23/23. A killer strikes during a power cut. (Series 5) (HD)

11.00 Criminal Minds (HD)
12.00m't CSI (HD) **1.50-4.20am** Criminal Minds (HD)
4.20 Nothing to Declare
5.10-6.00am Border Security: Canada's Front Line (HD)

+1 hour SKY 122 VIRGIN 140

7.00 Cold Case *Stalker:* 24/24. A suicidal killer takes the entire team hostage during the investigation into a murder. (Series 4) (HD)

8.00 Without a Trace *Tail Spin:* 12/24. An exemplary air-traffic controller disappears. (Series 5) (HD)

9.00 Game of Thrones *Second Sons:* 8/10. Daenerys meets the captains of the Second Sons mercenary company, and there is a wedding in King's Landing. (HD)
10.15 The Rains of Castamere: 9/10. Lord Walder Frey plays host to a long-awaited wedding. (Series 3) (HD)

11.20 The Wire (HD) **1.50am** The Sopranos (HD) **3.00** Without a Trace (HD) **4.00-6.00am** Fish Town (HD)

+1 hour SKY 170

7.20 Miranda The joke-shop owner dreams of the perfect Christmas. Guest stars Tom Conti.

8.00 Only Fools and Horses Rodney finds a girlfriend, but she has a husband who is about to be released from jail. **8.40** Del decorates the local Chinese restaurant.

9.20 Fawlty Towers Basil goes behind Sybil's back to save money on building costs.

10.00 Legends of Stand-Up & Bernard Righton: Celebrating the world's greatest comedians. **11.00** The Mighty Boosh **11.35** Nighty Night **12.15am** 15 Storeys High **12.55** Dylan Moran: Like, Totally: Stand-up show. **2.00** Rex the Runt **2.10** The Mighty Boosh **2.40** Nighty Night **3.10** Rex the Runt **3.20-3.50am** 15 Storeys High

+1 hour SKY 166 VIRGIN 127

7.00 American Pickers Mike and Frank follow a trail of junk in Illinois and find themselves waist-deep in a giant pile of bizarre items. (HD)

8.00 Ice Road Truckers A flooded road threatens to leave Alex stranded, and Maya gets her first taste of the dangers of the haul road. (HD)

9.00 Dangerman: The Incredible Mr Goodwin Jonathan Goodwin follows in the footsteps of Harry Houdini. (HD)

10.00 Mock the Week Marcus Brigstocke, Zoe Lyons and Gary Delaney join the regulars.
10.40 With guests Milton Jones and Ava Vidal.

11.20 Alan Davies: As Yet Untitled (HD) **12.20-3.00am** QI: Back-to-back editions. **3.00-4.00am** Only Connect

+1 hour SKY 214 VIRGIN 129 F'VIEW 84

7.55 The Adventures of Sherlock Holmes *The Norwood Builder:* A solicitor enlists Holmes to help clear him of murdering an eccentric builder. (HD)

9.00 Long Lost Family A man hopes to meet his birth mother, and a woman is desperate to find her daughter. (HD)

10.00 A Touch of Frost *The Things We Do for Love:* Jack investigates a murder in a religious community.

12.20am FILM Something's Gotta Give: Romantic comedy. (HD) (2003, 12, 128min) ★★
2.30 Long Lost Family (HD) **3.20** Rory Bremner's Great British Views (HD)
5.05-5.45am Judge Judy

+1 hour SKY 193 VIRGIN 174 F'SAT 116

6.45 LIVE Snooker: World Grand Prix Jill Douglas presents coverage of the concluding two quarter-finals from the Venue Cymru in Llandudno, which are played over the best of seven frames. With analysis from Alan McManus and Neal Foulds, and commentary by Clive Everton and Phil Yates. (HD)

11.15 FILM Village of the Damned: Sci-fi thriller remake starring Christopher Reeve and Kirstie Alley. (HD) (1995, 15, 98min) ★★ **1.20am** Hell on Wheels (HD) **2.15-2.45am** The Car Chasers (HD)

+1 hour SKY 206 VIRGIN 175 F'SAT 155

Real Lives

SKY 172 VIRG 160

6.00am UK Border Force
7.00 60 Minute Makeover
9.00 Sun, Sea and A&E
10.00 Jerry Springer
12.00noon The Biggest Loser: Australia **1.00pm** America's Next Top Model
2.00 Four Weddings & My Obese: A Year to Save My Life USA **NEW EDITION**
4.00 Border Security: Canada's Front Line **5.00** Nothing to Declare **6.00** America's Next Top Model
6.55 Bangkok Embassy
8.00 Nothing to Declare
9.00 Sun, Sea and A&E
10.00 Ladyboys Clips from the second season.
11.00 Sexcetera **1.00am** Eurotrash: The Sexy Bits **2.00** When Vacations Attack **3.00** The Devil's Dinner Party **4.00** Sun, Sea and A&E **5.00-6.00am** RSPCA Animal Rescue: Double bill.

+1 hour SKY 173 VIRG 207

Sky2

SKY 129 VIRG 121

6.00am Brainiac: Science Abuse **7.00** Ninja Warrior
8.00 Highway Patrol
9.00 Arrow **10.00** Nothing to Declare
11.00 Inside Gatwick
12.00noon Ninja Warrior
1.00pm Robot Wars
2.00 Arrow **3.00** NY ER **4.00** Police Force: Australia: Double bill. **5.00** Robot Wars
6.00 Dogs Might Fly
7.00 Stargate Universe Double bill. (Series 1)
9.00 Ross Kemp: Extreme World Ross rides along with some of Australia's notorious motorcycle clubs.
10.00 Arrow *AWOL:* 11/23. Diggle's brother Andy helps the gang. (Series 4)
11.00 24: Live Another Day **1.00am** Stan Lee's Lucky Man **2.00** Limitless
3.00 Border Security USA **4.00** Arrow **5.00-6.00am** The Real A&E

Pick

SKY 152 VIRG 123 F'VIEW 11 F'SAT 144

6.00am Sunrise **7.00** Most Haunted **8.00** Sixth Sense with Colin Fry
9.00 Cold Case **10.00** Sanctuary **11.00** Stargate Universe **12.00noon** Motorway Patrol **12.30pm** Jerry Springer Show
2.00 Border Patrol **2.30** Customs UK **3.00** Nothing to Declare **4.00** It's Me or the Dog **5.00** Cold Case
6.00 Without a Trace
7.00 Stargate SG-1
8.00 Sanctuary
9.00 NEW SERIES Police Force: Australia Documentary series.
9.30 NEW EDITION **10.00** Police 10/7
11.00 Without a Trace
12.00m't South of Hell **1.00am** Supernatural **2.00** Sexcetera **3.00** Most Daring **4.00** Most Haunted **5.00-6.00am** Highway Patrol

+1 hour SKY 153 F'SAT 159

E!

SKY 151 HD 151/239 VIRG 156

7.00am Kourtney and Kim Take Miami **8.00** News 9:00 Tia and Tamara
10.00 Total Divas **11.00** Keeping Up with the Kardashians **12.00** News
1.00pm Jerseylicious **2.00** Keeping Up with the Kardashians **3.00** Giuliana and Bill **4.00** News **5.00** Kourtney and Khloe Take the Hamptons
7.00 News Showbiz news.
8.00 Just Jillian
9.00 Hollywood Medium with Tyler Henry
10.00 Keeping Up with the Kardashians Kim and Khloe defend their mother when nasty tabloid rumours surface.
11.00 News **12.00m't** The Royals **1.00am** Keeping Up with the Kardashians **1.30** Teleshopping **2.30** News **4.30-5.00am** Celebrity Style Story

+1 hour SKY 229

Alibi

SKY 132 HD 132/247 VIRG 130 HD 200

7.10am Diagnosis Murder
8.00 Murdoch Mysteries (HD) **10.00** The Closer (HD) **11.00** Castle (HD)
1.00pm Sue Thomas: FB Eye **2.00** The Closer (HD) **3.00** Murdoch Mysteries (HD) **4.00** Castle (HD) **6.00** Rizzoli & Isles (Series 5) (HD)
7.00 Rizzoli & Isles *Gumshoe:* 15/18. A leading clothing designer is found poisoned. (Series 5) (HD)
8.00 Quantico *Run:* 1/22. Crime thriller. (HD)
9.00 Jonathan Creek *The Seer of the Sands:* A sceptical researcher returns from the dead.
10.20 Criminal Minds: Suspect Behaviour (HD)
11.20 Rizzoli & Isles (HD)
1.20am Sue Thomas: FB Eye **2.20-4.00am** Murdoch Mysteries (HD)

+1 hour SKY 226 VIRG 131

ITV Be

SKY 179 VIR 119 HD 179 F'VIEW 26 F'SAT 118

9.00am Be Beautiful (HD)
9.10 The Only Way Is Essex **10.00** May the Best House Win (HD)
11.00 Who's Doing the Dishes? (HD) **12.05pm** Jeremy Kyle Show USA **1.00** Jerseylicious (HD)
2.00 The Real Housewives of Atlanta (HD) **3.00** Buying and Selling (HD) **4.00** The Real Housewives of New York City: Double bill. (HD)
6.00 Dinner Date (HD)
7.00 Buying and Selling **NEW EDITION** (HD)
9.00 The Millionaire Matchmaker (HD)
9.00 The Bachelorette **NEW EDITION** Memorable bachelors from this season confront Desiree and each other. (HD)
10.50 Bridezillas (HD)
11.50pm-12.45am The Jeremy Kyle Show USA

+1 hour SKY 207 VIRG 120 F'SAT 158

ITV Encore

SKY 123 HD 123/269

6.00am The Encore Hour
9.00 The Grand **9.55** Upstairs, Downstairs
10.55 Heartbeat **11.50** The Chief **12.45pm** Kavanagh QC (HD)
2.20 Robin of Sherwood
3.25 Heartbeat **4.35** The Grand **5.40** Upstairs, Downstairs
6.50 Agatha Christie's Poirot: Double Sin. (HD)
8.00 Downton Abbey 7/8. The Crawleys attend a motor racing event. (Series 6) (HD)
9.00 Whitechapel 1/6. Macabre executions are linked to witchcraft. (HD)
10.00 2/6. The team fears a malign influence is at work. (Series 4) (HD)
11.00 DCI Banks: Double bill. (HD) **1.05am** Into the Blue (HD) **3.05** Love and Marriage (HD) **4.00-6.00am** The Encore Hour

+1 hour SKY 208

Comedy Central

SKY 112 HD 112/205 VIRGIN 132 HD 181

8.00am Two and a Half Men (HD) **9.00** Friends (HD) **10.00** The Middle (HD) **11.00** Malcolm in the Middle (HD) **12.00noon** Impractical Jokers (HD) **1.00-3.00pm** Friends: Back-to-back episodes. (HD) **3.00** The Middle (HD) **4.00** Malcolm in the Middle (HD) **5.00-7.00** Friends: Back-to-back episodes, including at: **6.30** 24/24. Part two of two. The search for Chandler continues. (Series 7) (HD)



10.00 Bob's Burgers

7.00 Impractical Jokers Double bill looking back at the pranksters' favourite moments from the show. (HD)

8.00 Lip Sync Battle Iggy Azalea takes on her fiancé Nick Young. (HD) **8.30** With *The Devil Wears Prada* stars Emily Blunt and Anne Hathaway. (HD)

9.00 Impractical Jokers Double bill of the hidden camera practical joke show following the antics of comedy troupe The Tenderloins. (HD)

10.00 Bob's Burgers **NEW EPISODES** 19&20/22. (Series 4)

11.00 Drunk History (HD) **11.30** Russell Howard's Good News **12.15am** The Daily Show **NEW EDITION** (HD) **12.40-2.00** Impractical Jokers (HD) **2.00** Workaholics (HD) **3.00-4.10** Two and a Half Men (HD) **4.10-5.00am** The Middle (HD)

+1 hour SKY 127 VIRGIN 133

Syfy

SKY 114 HD 114/201 VIRGIN 135 HD 165

6.00am Buffy the Vampire Slayer **8.00** Teleshopping **11.00** Star Trek: Deep Space Nine **12.00noon** Star Trek: The Next Generation (HD) **1.00pm** Defiance (HD) **2.00** **FILM** The Hunters: Fantasy adventure. (HD) (2013, PG, 85min) **★ ★ 4.00** Buffy the Vampire Slayer (Series 7) **6.00** Star Trek: Deep Space Nine: *Time's Orphan*. 24/26. An accident causes problems for O'Brien. (Series 6)



7.00 Star Trek: The...

7.00 Star Trek: The Next Generation *Face of the Enemy*. 14/26. Troi wakes to discover she has been surgically transformed. (Series 6) (HD)

8.00 Killjoys *Kiss Kiss, Bye Bye*. 7/10. The team is led into great danger when it tries to get to the bottom of D'avin's missing memories. (HD)

9.00 **FILM** *Tucker & Dale vs Evil* Comedy horror starring Tyler Labine and Alan Tudyk. Two laidback hillbillies are mistaken for murderers by a gang of college students. (HD) (2011, 15, 88min) **★ ★ ★ SEX ● ● ● VIOLENCE ● ● ● LANG ● ● ●**

11.00 **FILM** *Big Ass Spider!* (HD) (2013, 15, 77min) **★ ★ 12.50am** **FILM** *Sharknado 2: The Second One* (HD) (2014, 15, 95min) **★ ★ 2.50** Defiance (HD) **4.00-6.00am** **FILM** *Airplane vs Volcano* (HD) (2014, 15, 91min) **★**

+1 hour SKY 194 VIRGIN 136

W

SKY 109 HD 109/245 VIRGIN 124 HD 191

6.20am Who Do You Think You Are? (HD) **7.10** MasterChef Australia (HD) **8.20** MasterChef USA (HD) **9.15** The Bill **10.20** EastEnders (HD) **11.00** Tipping Point: Double bill of the quiz show. (HD) **1.00pm** My Dream Home **NEW EDITION** (HD) **2.00** Who Do You Think You Are? Double bill. (HD) **4.00** Beverly Hills Pawn (HD) **5.00** My Dream Home (HD) **6.00** Tipping Point: Quiz. (HD)



8.00 Humble Pie

7.00 MasterChef USA **NEW EDITION** 17/20. The final five must fill empty mystery boxes with ingredients that represent who they are. (HD)

8.00 Humble Pie Enthusiastic amateurs' culinary skills are judged by Michelin star chef Marco Pierre White and one another. (HD)

9.00 Grimm *Key Move*. 11/22. Newly gained artifacts take Nick and Monroe closer to the source of a long-gestating mystery. (Series 5) (HD)

10.00 EastEnders As shown on BBC1. (HD) **10.40** **FILM** *Mallrats* Comedy with Jason Lee. (HD) (1995, 18) **★ ★ ★ SEX ● ● ● VIOLENCE ● ● ● LANG ● ● ●**

12.35am Neighbourhood Blues (HD) **1.30** Humble Pie (HD) **2.20-3.00am** Derren Brown: Trick of the Mind

+1 hour SKY 213 VIRGIN 125

Universal

SKY 113 HD 113/204 VIRGIN 137

6.00am Royal Pains (HD) **7.00** Teleshopping **8.00** In Plain Sight (HD) **9.00** Numb3rs (HD) **10.00** CSI: Miami (Series 3) (HD) **11.00** NCIS (Series 4) (HD) **12.00noon** Law & Order (Series 16) (HD) **1.00pm** Sea Patrol (Series 4) (HD) **2.00** Rescue Special Ops (HD) **3.00** NCIS (HD) **4.00** Law & Order (HD) **5.00** Sea Patrol (Series 4) (HD) **6.00** Rescue Special Ops (Series 3) (HD)



5.00 Sea Patrol

7.00 NCIS *Smoked*. 10/24. The team investigates the discovery of a perfectly preserved body hidden in a chimney at a Marine base. (Series 4) (HD)

8.00 CSI: Miami *Identity*. 15/24. A body is found that appears to have been eaten by a large snake. (Series 3) (HD)

9.00 Law & Order: Special Victims Unit *Forty-One Witnesses*. A woman is raped in full view of her neighbours. (Series 17) (HD)

10.00 NCIS *Child's Play*. 9/24. (Series 7) (HD)

11.00 Law & Order: Special Victims Unit (HD) **12.00m't** NCIS (HD) **1.00am** Numb3rs (HD) **2.00** Sea Patrol (HD) **3.00** Bates Motel (HD) **4.00** Royal Pains (HD) **5.00-6.00am** Quincy ME

+1 hour SKY 150 VIRGIN 138

FOX

SKY 124 HD 124/188 VIRGIN 157 HD 199

8.00am The Mentalist (HD) **9.00** Leverage (HD) **10.00** The Closer (HD) **11.00** The Mentalist (Series 4) (HD) **1.00pm** NCIS: Double bill of the drama. (Series 10) (HD) **3.00** Leverage (Series 3) (HD) **4.00** The Mentalist: Double bill. (Series 4) (HD) **6.00** The Closer: *Grave Doubts*. 2/15. A priest comes under investigation in connection with the death of a gang member. (Series 3) (HD)



9.00 NCIS

7.00-10.00 NCIS *Squall*. 19/24. The team investigates the death of a navy doctor who is thought to have been injected with poison. (HD)

8.00 *Chasing Ghosts*. 20/24. A navy reservist returns home to find her husband missing and her living room covered in blood. (Series 10) (HD)

9.00 **NEW EPISODE** *Blood Brothers*. 10/24. The secretary of the US Navy tries to save the life of a sailor with leukaemia. (Series 13) (HD)

10.00 Marvel's Agent Carter *Monsters*. 7/10. Peggy plots a rescue mission. (Series 2) (HD)

11.00 Family Guy **12.00m't** American Dad! **1.00am** Family Guy (HD) **1.30** American Dad! (HD) **2.00** Family Guy (HD) **2.30** American Dad! (HD) **3.00** Family Guy **4.00-5.00am** American Dad!

+1 hour SKY 165 VIRGIN 158

Sky Arts

SKY 121 HD 121/223 VIRGIN 122 HD 206

6.00am Antiques House (HD) **7.00** Painting the Johnsons (HD) **8.00** 2Cellos (HD) **9.50** Celtic Woman Destiny: Live In Concert (HD) **11.50** Classical Destinations (HD) **12.00noon** Auction (HD) **1.00pm** Tales of the Unexpected **2.00** Design Dealers (HD) **3.00** La Boheme (HD) **5.05** Beethoven: The Complete String Quartets (HD) **5.30** Monty Python: Almost the Truth (HD) **6.45** Discovering: Henry Fonda (HD)



9.00 The Seventies

7.45 Hollywood: Singing and Dancing The musical films of the 1970s, when *The Rocky Horror Picture Show* and *Grease* hit the screens and Liza Minnelli won an Oscar for her role in *Cabaret*.

9.00 The Seventies **NEW EDITION** 4/6. A look at the wave of violent crimes that gripped America throughout the 1970s. (HD)

10.00 David Bowie - A Reality Tour At Dublin's Point Theatre in 2003.

11.15 Video Killed the Radio Star (HD) **11.45** **FILM** *Shine a Light*: Documentary about The Rolling Stones. (HD) (2007, 12, 121min) **★ ★ ★ 2.10am** **FILM** *Lambert & Stamp* (HD) (2014, 15, 114min) **★ ★ ★ 4.30** The Wigan Casino (HD) **5.00-6.00am** Darbar Festival 2013 (HD)

Friday

7 PM

8 PM

9 PM

10 PM

CBS Action

SKY 148 VIRG 192 F'VIEW 64 F'SAT 137

9.00am JAG **10.00** MacGyver **11.00** Star Trek: Deep Space Nine **12.00noon** Star Trek **1.00pm** The High Chaparral **2.00** NCIS **4.00** Walker, Texas Ranger **5.00** JAG **6.00** Star Trek (Series 3) **7.00** MacGyver *The Wasteland*. 13/21. The hero receives an envelope containing a warning. (Series 6) **8.00** Star Trek: Deep Space Nine *By Inferno's Light*. 15/26. (Series 5) **9.00** NCIS *Bounce*. 16/25. An old case is reopened. (Series 6) **10.00** Bad Girls 18/18. A power cut strikes the prison. (Series 7) **10.55** Walker, Texas Ranger **11.55** NCIS **12.55am** Bad Girls **1.45** Nash Bridges **2.45** Harper's Island **3.30** Walker, Texas Ranger **4.15-6.00am** Hawaii Five-O (Series 5)

CBS Drama

SKY 149 VIRG 197 F'VIEW 74 F'SAT 134

9.00am Knots Landing **11.00** Judging Amy **12.00noon** Judge Judy **1.00pm** Hawaii Five-O **2.00** The High Chaparral **3.00** Matlock **4.00** Judge Judy **5.00** Judging Amy **6.00** Dr Quinn: Medicine Woman **7.00** Cheaters A gambling addict is suspected of infidelity by his wife. **8.00-10.00** Judge Judy Back-to-back editions of real-life small-claims cases, presided over by former New York judge Judy Sheindlin. **10.00** Cheaters Hidden cameras expose unfaithful partners. **11.00** Cheaters **12.00m't** Jerry Springer **12.55am** Cops: Double bill. **1.55** Beverly Hills 90210 (Series 1) **2.55** Hawaii Five-O (Series 5) **3.50-5.00am** The High Chaparral (Series 4)

4Seven

SKY 140 VIRG 195 F'VIEW 110/47 F'SAT 127

9.00am Come Dine with Me (HD) **10.00** A Place in the Sun: Winter Sun (HD) **11.00** A New Life in the Sun (HD) **12.00noon** Location, Location, Location (HD) **1.00pm** Undercover Boss Canada (HD) **2.00** A New Life in the Sun (HD) **3.00** Selling Houses with Amanda Lamb (HD) **4.00** Jamie and Jimmy's Friday Night Feast (HD) **5.00** Location, Location, Location (HD) **6.00** Come Dine with Me (HD) **7.00** Couples Come Dine with Me (HD) **8.00** Ugly House to Lovely House with George Clarke **9.00** 24 Hours in A&E (HD) **11.00** Gogglebox (HD) **12.05am** Alan Carr: Chatty Man (HD) **1.05** Very British Problems (HD) **2.00** Raised by Wolves (HD) **2.25** Food Unwrapped (HD) **2.55** Couples Come Dine with Me (HD) **3.45-4.45am** A New Life in the Sun (HD)

5USA

SKY 174 VIRG 153 F'VIEW 21 F'SAT 129

9.00am Rookie Blue **10.00** Person of Interest **12.00noon** CSI **1.00pm** NCIS **2.00** Access **2.10** **FILM** *Fatal Trust*: Thriller. (2006, PG, 89min) **★ ★ 4.00** NCIS **5.00** CSI **6.00** CSI: NY **7.00** NCIS *Dead and Unburied*. 5/24. The body of a lance corporal is found in an empty house. **8.00** *Witch Hunt*. 6/24. Kidnappers strike on Halloween. (Series 4) **9.00** *Castle Law and Murder*. 19/24. A juror in a murder trial dies in the courtroom. **10.00** *Slice of Death*. 20/24. A journalist is found dead. (Series 3) **11.00** Law & Order: Special Victims Unit **12.55am** CSI: Miami **1.50** CSI **2.50** CSI: NY **3.35-4.05am** My Name Is Earl

SKY 219 VIRG 154 F'VIEW 83 F'SAT 130

5STAR

SKY 176 VIRG 151 F'VIEW 30 F'SAT 131

9.00am Gilmore Girls **11.00** My Wife and Kids **12.00noon** Now That's Funny! **1.00pm** Dance Moms **2.00** The Nightmare Neighbour Next Door **3.00** Neighbours **3.30** Home and Away **4.00** 8 Simple Rules **5.00** My Wife and Kids **5.55** Access **6.00** Neighbours **6.30** Home and Away **7.00** Dance Moms **8.00** *Murdered: Nightmare Neighbour Next Door* **9.00** **FILM** *Welcome to the Jungle* Adventure comedy starring Seann William Scott. (2003, 15, 103min) **★ ★ ★ 11.05** **FILM** *Just Go With It*: Romantic comedy starring Adam Sandler. (2011, 12, 116min) **★ 1.25am** Scrubs **2.25** That '70s Show **3.15-4.00am** Ridiculousness

+1 hour SKY 190 VIRG 132

True Ent

SKY 184 VIRG 189 F'VIEW 61 F'SAT 142

6.00am The Waltons **7.00** Little House on the Prairie **8.00** The Waltons **10.00** Touched by an Angel **11.00** Little House on the Prairie **12.00noon** The Avengers **1.00pm** **FILM** *When Friendship Kills*: Teen drama starring Lynda Carter. (1995, PG, 87min) **★ ★ 3.00** Perry Mason: The Case of the Silenced Singer **5.00** Highway to Heaven **6.00** Touched by an Angel **7.00** M*A*S*H Double bill. **8.00** The Avengers **9.00** **FILM** *A Child's Wish* Fact-based drama with John Ritter, Tess Harper and Anna Chlumsky. (1996, U, 87min) **★ ★ 11.00** **FILM** *An Unfinished Affair*: Thriller. (1996, PG, 90min) **★ ★ 1.00-3.00am** A Perry Mason Mystery: The Case of the Jealous Joker

Drama

SKY 158 VIRG 190 F'VIEW 20 F'SAT 162

7.10am The Bill **8.00** Dangerfield **9.00** Pie in the Sky **10.00** Lovejoy **11.00** The Bill **1.00pm** Last of the Summer Wine **1.40** Terry and June **2.20** Birds of a Feather **3.00** Dangerfield **4.00** Pie in the Sky **5.00** Lovejoy **6.00** Birds of a Feather **6.40** Last of the Summer Wine **7.20** *Whatever Happened to the Likely Lads?* Bob wallows in self-pity. **8.00** Inspector Alleyn *Mysteries Dead Water*: 2/3. The sleuth's old French teacher receives a death threat. (Series 2) **10.00** Jonathan Creek *The Grinning Man*: Jonathan is stumped by disappearances in a Gothic mansion. **12.30am** Birds of a Feather **1.10** The Bill **2.10** Pie in the Sky **3.10-4.00am** Lovejoy

AMC

SKY 192
HD 192/276

Programmes start at 7pm.

7.00pm FILM A Very Brady Sequel Spoof comedy sequel to the 1970s TV sitcom, starring Shelley Long, Gary Cole and Tim Matheson. (1996, 12, 89min) ★★

9.00 Fear the Walking Dead *Pilot*: 1/9. A family are faced with the onset of the undead apocalypse.

10.30 Manhattan The Understudy: 10/13. Frank explores an unusual solution to an ignition problem.

11.35 Mad Men: The Inheritance: 10/13. Betty calls Don for support when her father has a stroke. (Series 2)

12.40am Breaking Bad 1.35 The Shield 2.30 Mad Men 3.30-5.30am Rectify

Good Food

SKY 133
HD 133/255

6.00am Highlights 11.00 MasterChef: The Professionals (HD) 11.30 The Roux Masterclass: Rick Stein (HD) 12.00noon Rachel Khoo's Kitchen Notebook: London (HD) 1.00pm Jamie's 30 Minute Meals (HD) 2.00 Nigel Slater's Simple Suppers (HD) 3.00 Destination Flavour Down Under (HD) 4.00 MasterChef: The Professionals (HD) 4.30 The Roux Masterclass: Rick Stein (HD) 5.00 Rachel Khoo's Kitchen Notebook: London (HD) 6.00 Jamie's 30 Minute Meals (HD) 7.00 Nigel Slater's Simple Suppers (HD) 8.00 Destination Flavour Down Under (HD) 9.00 MasterChef: The Professionals (HD) 9.30 The Roux Masterclass: Rick Stein (HD) 10.00 Jamie's 30 Minute Meals (HD) 11.00 Nigel Slater's Simple Suppers (HD) 12.00m-6.00am Highlights

+1 hour

Shed

SKY 242
VIRGIN 286

6.00am Thinking Tackle 8.00 Total Fishing with Matt Hayes 9.00 John Wilson's Fishing World 10.00 Shedheads 11.00am-2.00pm Mythbusters: Triple bill. 2.00pm Custom My Ride 4.00 Fishing Gurus 5.00 Thinking Tackle 7.00 Total Fishing with Matt Hayes Double bill. 8.00 John Wilson's Fishing World The fishing pro tries to catch halibut in the Pacific. 8.30 Trying to catch black Siamese carp at Cha-Am Fish Park in Bangkok. 9.00 Storm Chasers As the season ends, Reed Timmer and his team get closer to a twister than ever before. 10.00 Custom My Ride: Double bill. 12.00m't You Have Been Warned 1.00am Destroyed in Seconds: Double bill. 2.00 Thinking Tackle: Double bill. 3.50 Storm Chasers 4.40 Fishing Gurus 5.30-6.00am Supermodels: HMS Fearless

CBS Reality

SKY 146
VIRGIN 148
F'VIEW 66
F'SAT 135

9.00am Judge Judy 10.00 The Super 11.00 Rapid Response 12.00noon 48 Hours 1.00-3.00pm Judge Judy 3.00 Unsolved Mysteries: Double bill. 5.00-7.00 Judge Judy 7.00 Medical Detectives A Colorado hunter is shot three times and killed. 7.30 A flurry of arson fires in California in 1984 that had authorities baffled. 8.00 Troubled Teens: Jail Shock Steering at-risk teens away from a life of crime. 9.00 Killer Doctors on Death Row The dark motives of some medical professionals. 10.00 Cold Blood 11.00 Medical Detectives 12.00m't I Survived 1.00am Killer Doctors on Death Row 2.00 Cold Blood 3.00 Shopping 4.00 The Super 4.25 Dog and Beth: On the Hunt 5.10-6.00am Heir Hunters

+1 hour

SKY 147

VIRG 201

F'VIEW 67

FSAT 136

Home

SKY 196
VIRGIN 281
F'VIEW 25

7.00am Ground Force 8.00 DIY SOS 9.00 DIY SOS: The Big Build 10.00 Escape to the Country 11.00 Ground Force 12.00noon Homes Under the Hammer 1.00pm DIY SOS 2.00 DIY SOS: The Big Build 3.00 A Place in the Sun: Winter Sun 4.00 Escape to the Country 5.00 Fantasy Homes by the Sea 6.00 Ground Force 7.00 Homes Under the Hammer 8.00 DIY SOS: The Big Build The Children in Need special edition from 2009. 9.00 Escape to the Country 10.00 A Place in the Sun: Winter Sun Property-hunting in Denia, Spain. 11.00 Fantasy Homes by the Sea 12.00m't Homes Under the Hammer 1.00am Escape to the Country 2.00 A Place in the Sun: Winter Sun 3.00-4.00am Ground Force

+1 hour

SKY 244

VIRG 282

Challenge

SKY 145
VIRGIN 139
F'VIEW 46
F'SAT 145

6.00am Deal or No Deal: Double bill. 7.30 Countdown 8.00 Golden Balls 9.00 Pointless 10.00 The Chase 11.00 Blockbusters: Double bill. 12.00noon Dale's Supermarket Sweep 12.30pm Bruce's Price Is Right 1.00 Strike It Rich 1.30 Bullseye 2.00 Pointless 3.00 The Chase 4.00 Blockbusters: Double bill. 5.00 Total Wipeout: Hosted by Richard Hammond. 6.00 Robot Wars 7.00 Pointless Celebrities 8.00 Pointless 9.00 The Chase 10.00 Classic Who Wants to Be a Millionaire? 11.00 Bullseye: Double bill. 12.00m't Bruce's Price Is Right 12.30am Dale's Supermarket Sweep 1.00 Pointless 2.00 Pointless Celebrities 3.00 Total Wipeout 4.00 Robot Wars 5.00-6.00am Golden Balls

+1 hour

SKY 164

VIRG 180

F'VIEW 46

FSAT 146

Home & Health

SKY 240
VIRGIN 284

6.00am Bad Dog! 7.00 Bondi Vet 8.00 Hospital Sydney 9.00 MasterChef Australia 9.30 I Didn't Know I Was Pregnant 10.00 Lottery Changed My Life 11.00 Homes Under the Hammer 1.00pm MasterChef Australia 1.30 I Didn't Know I Was Pregnant 2.00 Cowboy Builders 3.00 Homes Under the Hammer 5.00 Hospital Sydney 7.00 MasterChef Australia 8.30 I Didn't Know I Was Pregnant: Skipped periods are blamed on weight gain. 9.00 My Extreme Animal Phobia: A fear of cats. 10.00 Untold Stories of the ER 11.00 I Didn't Know I Was Pregnant 12.00m't Dr G: Medical Examiner 1.00am Hoarding: Buried Alive 2.00 My Extreme Animal Phobia 3.00-6.00am Hospital Sydney: Back-to-back editions.

+1 hour

SKY 241

VIRG 285

Comedy Central extra

SKY 128
VIRGIN 182

9.00am Anger Management: Double bill. 10.00 Impractical Jokers: Double bill. 11.00am-1.00pm Friends: Back-to-back episodes of the sitcom. 1.00pm Rules of Engagement: Double bill. 2.00 Impractical Jokers: Double bill. 3.00 Bob's Burgers: Double bill. 4.00 Friends: Double bill. 5.00 Impractical Jokers: Double bill. 6.00 Rules of Engagement: Double bill. 7.00 Malcolm in the Middle 8.00 Bob's Burgers 9.00 Live at the Apollo 10.00 Lee Evans: Roadrunner 11.00 Friends: Double bill. 12.00m't-1.30am The Middle: Triple bill. 1.30am Lee Evans: The Ultimate Experience 3.10 The Daily Show 3.35 Popoz: Filthy Cops 4.00 South Park 4.20-6.00am The King of Queens: Back-to-back episodes.

+1 hour

SKY 159

Lifetime

SKY 156
HD 156/236
VIRG 208
HD 209

6.00am Property Brothers (HD) 7.00 Sarah Beeny's Selling Houses (HD) 8.00 Flipping Boston (HD) 9.00-11.00 Judge Judy (HD) 11.00 Pawn Stars (HD) 12.00noon Sarah Beeny's Selling Houses (HD) 1.00pm Flipping Boston (HD) 2.00 Judge Judy (HD) 3.00 Hardcore Pawn (HD) 4.00 Dance Moms (HD) 5.00 Don't Tell the Bride (HD) 6.00 Hardcore Pawn (HD) 7.00 Judge Judy NEW EDITIONS (HD) 8.00 Britain's Next Top Model (HD) 9.00 The Haunting Of NEW EDITION (HD) 10.00 My Haunted House (HD) 11.00 The Ghost Inside My Child (HD) 12.00m't The Haunting Of (HD) 1.00am My Haunted House (HD) 2.00 Hardcore Pawn (HD) 3.00 Witches of East End (HD) 4.00-6.00am Highlights

+1 hour

SKY 197

DMax

SKY 167
VIRGIN 170

6.00am Operation Repo 7.00 Custom My Ride 8.00 Tanked 9.00 American Chopper 10.00 Misfit Garage 11.00 Operation Repo 12.00noon Running Wild with Bear Grylls 1.00pm River Monsters 2.00 American Guns 3.00 Redwood Kings 4.00 Tanked 6.00 American Guns 7.00 Operation Repo 8.00 Gold Divers Steve R gets stranded on an iceberg. 9.00 Alaska: The Last Frontier Atz Lee and Ervin hunt deer on a remote island. 10.00 Running Wild with Bear Grylls Bear takes reporter Tamron Hall to Utah. 12.00m't River Monsters 1.00am Misfit Garage 2.00 Custom My Ride 3.00 Operation Repo 3.50 American Hot Rod 4.40 American Chopper 5.30-6.00am Mystery Hunters

+1 hour

SKY 233

VIRG 171

Food Network

SKY 248
VIRGIN 291
F'VIEW 41
F'SAT 149

6.00am Barefoot Contessa – Back to Basics 7.00 Anna Olson: Fresh 8.00 Ace of Cakes 9.00 The Pioneer Woman: Double bill. 10.00 Korean Food Made Simple 11.00 Nigella Bites 12.00noon Jamie's 15 Minute Meals 1.00pm Barefoot Contessa – Back to Basics 2.00 Korean Food Made Simple 3.00 The Pioneer Woman 4.00 Ready Steady Cook 5.00 Ace of Cakes 6.00 Jamie's 15 Minute Meals 7.00 Korean Food Made Simple NEW EDITIONS 8.00 Man v Food: Double bill. 9.00 Jamie & Jimmy's Food Fight Club 10.00 Restaurant: Impossible 11.00 Mystery Diners: Double bill. 12.00m't Diners, Drive-Ins and Dives 1.00am Restaurant: Impossible 2.00-3.00am Jamie & Jimmy's Food Fight Club

+1 hour

SKY 250

FSAT 151

Really

SKY 155
VIRGIN 283
F'VIEW 17
F'SAT 164

6.00am Ghost Adventures 7.00 Home Shopping 8.00 Homes Under the Hammer 9.00 Escape to the Country 10.00 Four in a Bed: Double bill. 11.00 Cash in the Attic 12.00noon Escape to the Country 1.00pm Antiques Road Trip 2.00 A Place in the Sun: Home or Away 3.00 Homes Under the Hammer 4.00 Ghost Adventures 5.00 Most Haunted: Capesthorpe Hall in Cheshire. 6.00 Homes Under the Hammer 7.00 Escape to the Country 9.00 Motorway Cops: Police crack down on irresponsible lorry drivers by taking to the nation's motorways in their own HGV. 10.00 Mayday Mayday: Double bill. 11.00 I Survived Evil 12.00m't Most Haunted 1.00am Cheaters 2.00 Home Shopping 4.00 Dr G: Medical Examiner 4.45 Ghost Hunters 5.35-6.00am Rescue: Code One

Sony Channel

SKY 157
VIRGIN 193

7.00am 'Til Death 8.00 Ghost Hunters: Double bill. 10.00 How to Look Good Naked 12.00noon FILM Mary Higgins Clark: A Cry in the Night Thriller. (1992, PG, 96min) ★★ 2.00pm 10 Years Younger New Zealand 3.00 How to Look Good Naked: Double bill. 5.00 Ghost Hunters International 6.00 Ghost Hunters: Double bill. 8.00 Ghost Hunters International The work of a paranormal investigation unit. 9.00 FILM Perfect Stranger Thriller starring Halle Berry. (2007, 15, 104min) ★★ 11.10 Secret Diary of a Call Girl: Double bill. 12.10am Ghost Hunters 1.00 Ghost Hunters International 1.50 How to Look Good Naked 2.50 Will & Grace: Double bill. 3.40 Sony Movie News Extra 3.50-4.00am Behind the Screens

+1 hour

SKY 181

Spike

SKY 160
F'VIEW 31
F'SAT 141

9.00am Access 9.05 Bar Rescue 10.00 Cops 11.00 Stobart: Trucks, Trains & Planes 12.00noon Police Interceptors 2.00pm FILM Avenging Angel: Western starring Kevin Sorbo. (2007, PG, 81min) ★★ 3.45 Access 4.00 Can't Pay? We'll Take It Away 5.00 Stobart: Trucks, Trains & Planes 6.00 Police Interceptors: Double bill. 8.00 Police Interceptors: Under Attack Assaults on members of the unit. 9.00 Transporter: The Series NEW EPISODE Sixteen Hands: 10/12. Frank transports a thoroughbred racehorse worth millions. (Series 2) 10.00 World's Scariest Drivers A bulldozer driver demolishes 23 buildings. 11.00 FILM Knock Off: Action thriller with Jean-Claude Van Damme. (1998, 18, 87min) ★★ 12.45am The Walking Dead 2.45-3.00am Access

TLC

SKY 125
HD 125/234
VIRG 167
HD 168

6.00-7.30am The Golden Girls 7.30 MasterChef Australia 9.00 Long Island Medium (HD) 10.00am-12.00noon Say Yes to the Dress (HD) 12.00noon MasterChef Australia 1.00pm Extreme Couponing (HD) 2.00 Cake Boss: The Next Great Baker (HD) 3.00 Something Borrowed, Something New (HD) 4.00 Say Yes to the Dress: Bridesmaids (HD) 5.00 Say Yes to the Dress (HD) 6.00 Long Island Medium (HD) 7.00 Say Yes to the Dress (HD) 8.00 NEW SERIES Say Yes to the Dress: Atlanta (HD) 9.00 NEW SERIES Say Yes to the Dress Canada (HD) 10.00 Say Yes to the Dress: Randy's Top Trends (HD) 11.00 Hoarding: Buried Alive (HD) 12.00m't Say Yes to the Dress: Atlanta (HD) 1.00am Say Yes to the Dress Canada (HD) 2.00-6.00am Highlights

+1 hour

SKY 154

VIRG 169

TruTV

SKY 198
F'VIEW 68
F'SAT 154

6.00-8.00am Psychic Detectives 8.00-9.30 Body of Evidence 9.30-11.00 Psychic Detectives: Triple bill. 11.00am-12.30pm Hot Bench 12.30-2.00pm Psychic Detectives 2.00 Suburban Secrets 3.00 Snapped: Women Who Kill 5.00 Stranger In My Home 6.00 Suburban Secrets: Double bill. 7.00 Bondi Ink Tattoo Crew Following the running of a tattoo studio in Bondi Beach. 8.00 Tattoo Nightmares: Miami Cover-up artists work their magic on bad tattoos. 9.00 Ink Master NEW EDITION The artists ink Egyptian-themed tattoos. 10.00 Bondi Ink Tattoo Crew 11.00pm-1.00am Tattoo Nightmares 1.00am-2.15am Psychic Detectives: Triple bill. 2.15 Crime Stories 3.00-4.15 Hot Bench: Triple bill. 4.15 Masterminds: 5.00-6.00am Psychic Detectives

YourTV

SKY 275
F'VIEW 72

9.00am-1.00pm Quincy ME: Back-to-back episodes. 1.00pm Farm Vet 3.00 Snapped: Killer Couples 4.00 Snapped: Women Who Kill 5.00 Farm Vet: Double bill. 7.00 Snapped: Women Who Kill Stories of apparently normal women who turned to murder, investigating what causes such dramatic changes in behaviour. 8.00 Unusual Suspects Challenging investigations in modern law enforcement, profiling completed cases that were far from straightforward. 9.00 Sensing Murder Psychics in New Zealand investigate the unsolved murder of an Auckland building inspector. 10.00 Ghostly Encounters Double bill of the series. 11.00 Ghostly Encounters 12.00m't Snapped: Killer Couples 1.00am Sensing Murder 2.00-3.00am Ghostly Encounters

Discovery
SKY 520 **VIRGIN 250**
HD 520/561 **HD 251**

6.00am How It's Made: Double bill. **7.00** Mythbusters (HD) **8.00** Railroad Alaska (HD) **9.00** Fast N' Loud: Double bill. (HD) **11.00** Wheeler Dealers: Double bill. (HD) **1.00pm** Alaskan Bush People (HD) **2.00** Alaska: The Last Frontier: Double bill. (HD) **4.00** Gold Divers (HD) **5.00** Auction Hunters: Pawn Shop Edition: Double bill. (HD) **6.00** Fast N' Loud: Restoring a 1964 Dodge Sweptline. (HD)

**9.00** How It's Made

7.00 Fast N' Loud The crew struggles with the 1964 Dodge truck. (HD)

8.00 Extreme Car Hoarders Chuck Palumbo sets his sights on a Dodge Charger – but the owner may not be willing to sell it. (HD)

9.00 How It's Made **NEW EDITIONS** How pressed glass and utility knives are made. (HD) **9.30** The production of electric motorcycles. (HD)

10.00 David Baddiel on the Silk Road (HD) **11.00** Naked and Afraid (HD) **12.00m't** How It's Made: Double bill. (HD) **1.00am** David Baddiel on the Silk Road (HD) **2.00** How It's Made (HD) **3.00** Alaska: The Last Frontier (HD) **3.25** How It's Made (HD) **3.50** David Baddiel on the Silk Road (HD) **4.40-6.00am** How It's Made: Triple bill.

+1 hour **SKY 521** **VIRGIN 252**
Animal Planet
SKY 523 **VIRGIN 256**
HD 523/562 **HD 257**

6.00am Wildlife at the Zoo: Double bill. (HD) **7.00** My Cat from Hell: Double bill. (HD) **9.00** Miami Animal Police **10.00** Animal Cops Phoenix (HD) **12.00noon-3.00pm** Animal Cops Philadelphia (HD) **12.00noon-3.00pm** Animal Cops Houston: Triple bill of the series. **3.00pm** My Cat from Hell: Double bill. (HD) **5.00** Miami Animal Police **6.00** Tanked: Magic duo Penn and Teller need an aquarium. (HD)

**8.00** Panda Valley High

7.00 Tanked Howie Mandel wants a tank, but is struggling to decide on the design. (HD)

8.00 **NEW** Panda Valley High A group of young panda cubs at Chengdu Research Base of Giant Panda Breeding set for re-wilding. (HD)

9.00 Pit Bulls & Parolees **NEW EDITION** After rescuing a scared pit bull, Tia finds herself battling with a shelter over the dog's fate. (HD)

10.00 Finding Bigfoot: The team returns to the Bigfoot hot spot of Caddo Lake. (HD) **11.00** The team searches the Ozarks for a creature known as the Blue Man. (HD) **12.00m't** Animal Cops Phoenix **1.00am** Animal Cops Philadelphia (HD) **2.00-4.40** Animal Cops Houston **4.40** K9 Cops (HD) **5.30-6.00am** The Diamond Collar (HD)

+1 hour **SKY 549** **VIRGIN 258**
Nat Geographic
SKY 526 **VIRGIN 266**
HD 526/543 **HD 268**

8.00am Highway Thru Hell (HD) **9.00** World War II: The Apocalypse (HD) **10.00** Air Crash Investigation (HD) **11.00** Nazi Secrets (HD) **12.00noon** Saving Egypt's Oldest Pyramid (HD) **1.00pm** Saxon Gold: Finding the Hoard (HD) **2.00** Big, Bigger, Biggest (HD) **3.00** Air Crash Investigation (HD) **4.00** Supercars (HD) **5.00** Lawless Island (HD) **6.00** Megastructures (HD)

**10.00** Drugs Inc

7.00 Air Crash Investigation A reconstruction of the Continental Express Flight 2574's accident in Texas in 1991. (HD)

8.00 One of Spain's worst aviation disasters, which seemed to have a clearly identifiable cause until conflicting evidence was discovered. (HD)

9.00 Extreme Mechanics Alaska Jim and Austin try to restore power to a remote village. (HD)

10.00 Drugs Inc **NEW EDITION** Massachusetts students funding their education by dealing drugs. (HD) **11.00** Air Crash Investigation (HD) **12.00m't** Yukon Gold (HD) **1.00am** Air Crash Investigation: As 8.00pm. (HD) **2.00** Highway Thru Hell (HD) **3.00** World War II: The Apocalypse (HD) **4.00-5.00am** Air Crash Investigation (HD)

+1 hour **SKY 527** **VIRGIN 267**
History
SKY 529 **VIRGIN 270**
HD 529/545 **HD 270**

8.00-10.00am Pawn Stars: Back-to-back editions. (HD) **10.00** American Pickers (HD) **11.00am-1.00pm** Storage Wars: Back-to-back editions of the series. (HD) **1.00-3.00pm** Pawn Stars: Back-to-back editions. (HD) **3.00** Shipping Wars (HD) **4.00** Storage Wars (HD) **5.00** Pawn Stars: Double bill. (HD) **6.00** American Pickers: Items the pair bought in Europe arrive in the US. (HD)

**9.00** Britain's Biggest...

7.00 Storage Wars The buyers are hit with a snow storm. (HD) **7.30** The buyers struggle in Santa Ana. (HD)

8.00 Pawn Stars A life-size Creature from the Black Lagoon. (HD) **8.30** A rare photograph taken during Babe Ruth's debut season. (HD)

9.00 Britain's Biggest Heists The 1975 robbery of a bank in London, which resulted in the loss of £8million. (HD)

10.00 Mobsters: The lives of America's most notorious criminals, beginning with 'Mad' Sam DeStefano. (HD) **11.00** Storage Wars: Double bill. (HD) **12.00m't** Britain's Biggest Heists (HD) **1.00am** Mobsters (HD) **2.00** Storage Wars: Double bill. (HD) **3.00** Pawn Stars: Double bill. (HD) **4.00-5.00am** American Pickers (HD)

+1 hour **SKY 530** **VIRGIN 271**
Yesterday
SKY 537 **VIRGIN 245** **F'VIEW 19** **F'SAT 163**

6.05am Highlights **7.15** Cash in the Attic **8.00** Antiques Roadshow **9.00** Secrets of the Saxon Gold: A Time Team Special **10.00** Ghost Army **11.00** WWII: Countdown to Victory **12.00noon** Wars of the Roses: A Time Team Special **1.00pm** Alexander's Lost World **2.00** Nation on Film **3.00** Coast: As 7.00pm. **4.00** Secrets of the Saxon Gold: A Time Team Special **5.00** Arctic Convoys **6.00** WWII: Countdown to Victory

**9.00** Forbidden History

7.00 Coast The team travels the 200 miles from Hull to London, exploring the Wash, the Norfolk shoreline and Essex fishing boats.

8.00 Secrets of War The evolution of Cold War aerial espionage, from balloons to spy satellites.

9.00 Forbidden History **NEW EDITION** Jamie Theakston travels to Romania to discover the truth behind vampire mythology and Dracula.

10.00 Porridge Betting fever sweeps the prison.

10.40 The Two Ronnies Spectacle **11.40** Arctic Convoys **12.40am** WWII: Countdown to Victory **1.40** Secrets of War **2.35** The Re-Inventors **3.00-3.25am** Who's In Your History?

+1 hour **SKY 538** **VIRGIN 246**
Eden
SKY 532 **VIRGIN 247**
HD 532/563 **HD 249**

9.00am Monster Bug Wars (HD) **10.00** Secrets of the Earth (HD) **11.00** Hurricane 360 (HD) **12.00noon** Tiger – Spy in the Jungle (HD) **1.00pm** Ultimate Swarms (HD) **2.00** Monster Bug Wars: Double bill. (HD) **4.00** Secrets of the Earth (HD) **5.00** Hurricane 360 (HD) **6.00** Tiger – Spy in the Jungle: The two males prepare to leave the family to face the world independently. (HD)

**7.00** Ultimate Swarms

7.00 Ultimate Swarms George McGavin goes in search of some of the world's most impressive animal swarms. (HD)

8.00 Monster Bug Wars A spiny spider takes on a camouflaged crab spider, and a leaf-tailed mantis tackles a sunburst raspy cricket. (HD)

9.00 Green jumping spiders battle their long-jawed nemesis, and the tree scorpion invades a green ant kingdom. (HD)

10.00 Secrets of the Earth: Examining the creation of the Earth 4.5 billion years ago, and what could become of it in the future. (HD) **11.00** Hurricane 360 (HD) **12.00m't** Tiger – Spy in the Jungle (HD) **1.00am** Ultimate Swarms (HD) **2.00** Monster Bug Wars (HD) **4.00** Secrets of the Earth (HD) **5.00-6.00am** Hurricane 360 (HD)

+1 hour **SKY 533** **VIRGIN 248**
Disc. History
SKY 535 **VIRG 262**

6.00am Top Tens: Double bill of the series. **8.00** Greatest Tank Battles **9.00** Ultimate Warfare **10.00** Battlefield: Double bill. **12.00noon** Greatest Tank Battles **1.00pm** World War II in Colour **2.00** Hitler: A Profile **3.00** Industrial Revelations: Double bill of the series. **4.00** Ultimate Warfare **5.00** Greatest Tank Battles **6.00** World War II in Colour **7.00** Codes and Conspiracies **8.00** Babylon Mystery **9.00** The Holy Grail **10.00** Treasures Decoded **11.00** Ultimate Warfare **12.00m't** Battlefield: Double bill. **2.00am** Codes and Conspiracies **3.00** Industrial Revelations **4.00** Weapons of War **5.00-6.00am** Hitler: A Profile

+1 hour **SKY 536** **VIRG 263**
Disc. Science
SKY 525 **VIRG 259**

6.00am Mega Builders **8.00** How Do They Do It? **9.00-11.00** How It's Made: Back-to-back editions. **11.00am-1.00pm** Food Factory: Back-to-back editions of the series. **1.00pm** Extreme Engineering **2.00** Mythbusters **4.00** World's Strangest **5.00** How Do They Do It? **6.00** How It's Made **7.00** Food Factory **8.00** Mythbusters: Double bill. **10.00** America's Most Secret: Structures **11.00** Food Factory **12.00m't** Nasa's Unexplained Files **1.00am** The World's Strangest UFO Stories **2.00** America's Most Secret: Structures **3.00** Mythbusters **3.50** How Do They Do It? **4.40** How Stuff's Made **5.30-6.00am** Tech Toys 360

+1 hour **SKY 557** **VIRG 260**
Nat Geo Wild
SKY 528 **VIRGIN 264**
HD 528/544 **HD 265**

8.00am Vanishing Kings: Desert Lions of Namib (HD) **9.00** Africa's Fatal Attraction (HD) **10.00** Africa's Lost Eden (HD) **11.00** World's Creepiest Killers (HD) **12.00noon-3.00pm** Rise Of (HD) **3.00pm** Africa's Fatal Attraction (HD) **4.00** Africa's Lost Eden (HD) **5.00** World's Creepiest Killers (HD) **6.00** Wild Kalahari (HD) **7.00** Vanishing Kings: Desert Lions of Namib (HD) **8.00-11.00** Speed Demons (HD) **11.00** Vanishing Kings: Desert Lions of Namib (HD) **12.00m't** The Crocs That Turned to Rubber (HD) **1.00am** Swamp Men (HD) **2.00** Vanishing Kings: Desert Lions of Namib (HD) **3.00** The Crocs That Turned to Rubber (HD) **4.00-5.00am** Swamp Men (HD)

Turbo
SKY 524 **VIRG 261**

6.00am Overhauled' **7.00** Misfit Garage **8.00** Chasing Classic Cars: Double bill. **9.00** Wheeler Dealers **10.00** Chasing Classic Cars: Double bill. **11.00** Battle Machine Bros **12.00noon** Overhauled' Chronicles **1.00pm** Chasing Classic Cars **2.00** Misfit Garage **3.00** Fast N' Loud: Double bill. **5.00** Wheeler Dealers: Double bill. **7.00** Fifth Gear **8.00** Chasing Classic Cars **9.00** Texas Car Wars **10.00** Wheeler Dealers: Double bill. **12.00m't-2.00am** Chasing Classic Cars: Triple bill of the series. **2.00am** Fat N' Furious: Rolling Thunder **3.00** Overhauled' Chronicles: Double bill of the series. **4.40** Fat N' Furious: Rolling Thunder **5.30-6.00am** Wheeler Dealers: On the Road

PBS America
SKY 534 **VIRG 276** **FREESAT 160**

6.00am Highlights **8.10** Lost King of the Maya **9.20** The Civil War **10.45** The Mosquito Reborn: Gaining Altitude **12.00noon** The Immortal Beaver **1.00pm** Hell on Hooves **1.35** The Civil War **2.55** The Mosquito Reborn: Gaining Altitude **4.10** The Immortal Beaver **5.10** Uranium Drive-In **6.40** Lost King of the Maya **7.55** Cracking the Maya Code **9.00** The Road from Christ to Constantine **NEW EDITION** **10.05** Air Heroes: As Close as Brothers **11.15** Cracking the Maya Code **12.20am** The Road from Christ to Constantine **1.25** Air Heroes: As Close as Brothers **2.20** World War Two: For King and Country **3.15** Lost King of the Maya **4.15** World War Two: For King and Country **5.05-6.00am** Building Extreme Alaska

CI
SKY 553 **VIRG 275**
HD 553/555

6.00am Highlights **8.00** The First 48 (HD) **9.00** Nothing Personal (HD) **10.00** Fatal Vows (HD) **11.00** Crime Stories (HD) **12.00noon** Ice Cold Killers (HD) **1.00pm** Unusual Suspects (HD) **2.00** On the Case with Paula Zahn (HD) **3.00** Homicide Hunter (HD) **4.00** The First 48 (HD) **5.00** I Married My Killer (HD) **6.00** Homicide Hunter (HD) **7.00** Crime Stories (HD) **8.00** Unusual Suspects (HD) **9.00** Mind of a Murderer (HD) **10.00** Killers: Behind the Myth **NEW EDITION** (HD) **11.00** After the First 48 (HD) **12.00m't** 1,000 Ways to Die (HD) **1.00am** Killers: Behind the Myth (HD) **2.00** Unusual Suspects (HD) **3.00** Fatal Vows (HD) **5.00-6.00am** Homicide Hunter (HD)

+1 hour **SKY 554**
H2
SKY 531 **VIRG 273**

8.00am The Lost Evidence **9.00** Mud Men **10.00** Cities of the Underworld **11.00** Pub Dig **12.00noon** Ancient Aliens **1.00pm** Hangar 1: The UFO Files **2.00** In Search of Aliens **3.00** Beast Legends **4.00** Cities of the Underworld **5.00** Pub Dig **6.00** Ancient Aliens **7.00** Hangar 1: The UFO Files Questioning whether US presidents have been hiding evidence of UFOs. **8.00** In Search of Aliens Why Bigfoot is so often associated with UFOs. **9.00** Ancient Aliens **10.00** Stan Lee's Superhumans **11.00** Black Sails **12.15am** Hangar 1: The UFO Files **1.15** Ancient Aliens: Double bill. **3.05** Beast Legends **4.05-5.00am** Cities of the Underworld

8 PM

9 PM

10 PM

11 PM

Sky Premiere

SKY 301 VIRGIN 401
HD 301/314 HD 431

6.00am Ashby 8.00 **PREMIERE** The Age of Adaline 10.00 **PREMIERE** Monster Hunter 11.45 The Top Ten Show 2016 12.00noon **PREMIERE** Son of a Gun As 10.00pm 2.00pm Ashby Comedy drama with Mickey Rourke. (S) (2015, 15, 100min) ★★★
4.00 **PREMIERE** San Andreas As 8.00pm. 6.00 **PREMIERE** The Age of Adaline Romantic fantasy starring Blake Lively. (S) (2015, 12, 110min) ★★★ See review, page 21



8.00 San Andreas

8.00 **PREMIERE** San Andreas Disaster movie starring Dwayne Johnson. Following an earthquake in California, a helicopter pilot makes a dangerous journey across the state to rescue his daughter. (S) (2015, 12, 114min) ★★★ See review, page 21
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **PREMIERE** Son of a Gun Crime drama starring Brenton Thwaites. (2015, 15, 108min) ★★★ See review, page 20
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00m't **PREMIERE** Monster Hunter Horror thriller. (S) (2014, 15, 90min) ★★ See review, page 21

1.45am Revenge of the Green Dragons Crime drama starring Ray Liotta. (S) (2014, 15, 94min) ★★

3.30 Monster Hunter As 12.00m't

5.15 The Top Ten Show 2016

5.30-6.00am Fast & Furious 7 Special Behind the scenes.

+1 hour SKY 302 VIRGIN 402
HD 302/330 HD 432

Sky Disney

SKY 305 VIRGIN 405
HD 305/332 HD 435

6.40am Teacher's Pet 8.00 Mulan II 9.30 Cars 11.30 Big Hero 6 1.20pm Tinker Bell and The Pirate Fairy Animated adventure. (S) (2014, U, 78min) ★★★ 2.45 Tinker Bell and the Legend of the NeverBeast Animated fantasy. (S) (2014, U, 76min) ★★★
4.10 Cars Animated adventure. (S) (2006, PG, 121min) ★★★ 6.10 Big Hero 6 Animated adventure. (S) (2014, PG, 98min) ★★★



6.10 Big Hero 6

8.00 Prince of Persia: The Sands of Time Fantasy adventure starring Jake Gyllenhaal, Gemma Arterton and Ben Kingsley. In ancient Persia, a prince seizes a dagger that can turn back time but must go on the run after being framed for an assassination. (S) (2010, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Escape to Witch Mountain Sci-fi adventure about two children with extraordinary powers. Stars Kim Richards and Ike Eisenmann. (S) (1974, U, 96min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 Babes in Toyland Musical fantasy. (S) (1961, U, 105min) ★

1.40am Prince of Persia: The Sands of Time As shown at 8.00pm.

3.45 Snowball Express Comedy. (S) (1972, U, 99min) ★★

5.30-7.00am Tinker Bell and the Legend of the NeverBeast Cartoon. (S) (2014, U, 76min) ★★★

Sky Family

SKY 306 VIRGIN 406
HD 306/333 HD 436

6.05am Prom 7.50 The NeverEnding Story 9.30 The Adventurer: The Curse of the Midas Box 11.15 Penguins of Madagascar 12.50pm Kung Fu Panda 3: Special 1.15 The Ant Bully 2.50 The NeverEnding Story Fantasy. (S) (1984, U, 94min) ★★★ 4.30 The Adventurer: The Curse of the Midas Box Fantasy. (2013, PG, 95min) ★★ 6.15 Prom Comedy drama. (S) (2011, U, 103min) ★★★



6.15 Prom

8.00 Penguins of Madagascar Animated comedy with the voice of Benedict Cumberbatch. The flightless birds join a secret society of animals to foil a plot for world domination. (S) (2014, U, 90min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 Pirates of the Caribbean: On Stranger Tides Fantasy adventure with Johnny Depp, Penélope Cruz and Geoffrey Rush. Ragged pirate captain Jack Sparrow joins an old foe and an old flame on a quest to find the legendary Fountain of Youth. With Ian McShane. (S) (2011, 12, 136min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10am Stardust Fairy-tale comedy. (S) (2007, PG, 122min) ★★★★★

2.30 Born to Fight Family sports drama. (S) (2011, 12, 90min) ★★

4.15-6.00am The Ant Bully Animation. (S) (2006, U) ★★★★★

Sky Action/Adventure

SKY 307 VIRGIN 407
HD 307/334 HD 437

6.00am Dracula Untold 7.45 Death Squad 9.20 Sword of Vengeance 11.00 Seventh Son 1.00pm Avengers: Age of Ultron As 9.00pm. 3.30 Death Squad Sci-fi thriller. (S) (2014, 15, 86min) ★
5.15 Sword of Vengeance Action adventure with Stanley Weber and Annabelle Wallis. (2014, 15, 83min) ★★ 7.00 Seventh Son Fantasy adventure starring Ben Barnes. (S) (2014, 12, 102min) ★★



11.30 Death Warrant

Seventh Son (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Avengers: Age of Ultron Sci-fi adventure sequel starring Robert Downey Jr, Chris Evans, Chris Hemsworth and Scarlett Johansson. The superheroes battles a robot created to protect the world, who intends to wipe out the human race. (S) (2015, 12, 141min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 Death Warrant Prison drama. (S) (1990, 18, 89min) ★★

1.15am The Top Ten Show 2016

1.30 Commando Action thriller. (S) (1985, 18, 90min) ★★

3.15 Dracula Untold Fantasy thriller. (S) (2014, 15, 92min) ★★

5.00 Mad Max: Fury Road Special

5.30-6.00am Terminator Genisys: The Future Reborn

Sky Comedy

SKY 308 VIRGIN 408
HD 308/335 HD 438

6.30am Revenge of the Pink Panther 8.15 Johnny English 9.55 Romy and Michele's High School Reunion 11.40 Wedding Crashers 1.45pm Top Five As 8.00pm. 3.30 Hot Shots! Action comedy spoof. (S) (1991, PG, 85min) ★★★★★ 5.00 Hot Shots! Part Deux Zany comedy sequel. (S) (1993, 12, 89min) ★★ 6.30 Johnny English Spoof spy adventure starring Rowan Atkinson. (S) (2002, PG, 88min) ★★★



6.30 Johnny English

8.00 Top Five Comedy directed by and starring Chris Rock, with Rosario Dawson. A comedian and movie star reflects on his past while spending a day being interviewed by a journalist. (S) (2014, 15, 102min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 There's Something About Mary Black comedy starring Cameron Diaz and Ben Stiller. A love-struck man tries to find the woman on whom he had a high-school crush. With Matt Dillon and Lee Evans. (S) (1998, 15, 119min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 Jackass: The Movie Slapstick comedy. (S) (2002, 18, 87min) ★

1.25am Superfast! Comedy with Alex Ashbaugh. (S) (2014, 12, 105min) ★

3.10 Deuce Bigalow: European Gigolo Raunchy comedy sequel. (S) (2005, 15, 83min) ★

4.40-6.00am Revenge of the Pink Panther Comedy sequel. (S) (1978, PG, 98min) ★★★

Sky Showcase

SKY 303 VIRGIN 403
HD 303/330 HD 433

7.30am The Trials of Cate McCall 9.15 Dino Time 11.00 Unbroken 1.20pm Pitch Perfect 2 As 8.00pm. 3.20 Fury As 10.00pm.

5.40 Unbroken Fact-based drama starring Jack O'Connell. An Olympic athlete serving in World War Two survives being lost at sea and held in a brutal PoW camp. (S) (2014, 15, 134min) ★★★

8.00 Pitch Perfect 2 Comedy sequel with Anna Kendrick and Rebel Wilson. The Barden Bellas try to win the World Championships of A Cappella. (S) (2015, 12, 112min) ★★

10.00 Fury World War Two drama starring Brad Pitt. (S) (2014, 15, 131min) ★★

12.20am Face/Off Action thriller with Nicolas Cage. (S) (1997, 18, 133min) ★★★★★

2.50 Veronica Mars Comedy mystery starring Kristen Bell. (S) (2014, 12, 110min) ★★

4.50-6.30am Dino Time Animation featuring the voice of Melanie Griffith. (S) (2012, PG, 84min) ★★

Sky Greats

SKY 304 VIRGIN 404
HD 304/331 HD 434

6.10am Titanic 9.25 Gone in Sixty Seconds 11.25 Air Force One 1.30pm The Bodyguard Romantic thriller. (S) (1992, 15, 129min) ★★★

3.40 Bridget Jones: The Edge of Reason Romantic comedy sequel. (S) (2004, 15, 108min) ★★ 5.30 The Da Vinci Code Conspiracy thriller starring Tom Hanks. (S) (2006, 12, 149min) ★★★

8.00 Gone in Sixty Seconds Action thriller starring Nicolas Cage as a legendary former car thief who rounds up his old gang to steal 50 cars in one night in a bid to save his brother's life. With Angelina Jolie and Giovanni Ribisi. (S) (2000, 15, 117min) ★★

10.10 Armageddon Sci-fi adventure with Bruce Willis. (S) (1998, 12, 151min) ★★

12.45am The Pelican Brief Conspiracy thriller. (S) (1993, 12, 141min) ★★

3.20 Jaws Monster thriller. (S) (1975, 12, 125min) ★★★★★

5.30-6.00am Avengers: Age of Ultron Special

TCM

SKY 317 VIRGIN 415
HD 317/341 HD 416

6.55am Kung Fu 8.00 The Flame and the Arrow 9.45 The Badlanders 11.20 Ghost of the China Sea 12.50pm Gunsmoke 1.50 Kung Fu 3.00 Tank Force 4.40 The Woman in Green Sherlock Holmes mystery. (1945, b/w, PG, 70min) ★★ 6.00 Tarzan and the Leopard Woman Adventure. (1946, b/w, U, 70min) ★★

7.30 Tarzan's Magic Fountain Adventure starring Lee Barker. (1949, b/w, U, 70min) ★

9.00 The Order Adventure. (2001, 15, 85min) ★★

10.50 Belly of the Beast Thriller starring Steven Seagal. (2003, 15, 88min) ★★

12.40am Blade of Fury Period martial-arts adventure. (1993, 18, 104min) ★★

2.40 Hollywood's Best Film Directors Martin Campbell.

3.15 Conspiracy Theory with Jesse Ventura
5.00-6.10am Hollywood's Best Film Directors
+1 hour SKY 318 VIRGIN 417
HD 318/342 HD 417

more>movies

SKY 185 F'VIEW 32 F'SAT 143

(Called Movie Mix on Freeview)

9.00am Hart to Hart: Secrets of the Hart 10.55 Sherlock Holmes and the Leading Lady 2.45 That Thing You Do! Comedy drama. (1996, PG, 107min) ★★

4.55 Sony Movie News Extra

5.05 The Anderson Tapes Thriller with Sean Connery. (1971, 15, 98min) ★★

7.00 You May Not Kiss the Bride Romantic comedy thriller starring Dave Annable. (2011, 12, 98min) ★★

9.00 One Fine Day Romantic comedy starring Michelle Pfeiffer and George Clooney as mismatched New Yorkers thrown together by chance. (1996, PG, 108min) ★★

11.15 Black Dawn Action thriller starring Steven Seagal. (2005, 15, 91min) ★

1.25am Incubus Horror thriller. (2005, 15, 84min) ★

3.10 Hart to Hart: Secrets of the Hart Romantic mystery.

5.00-6.00am Highway to Heaven 8/25. (Series 1)

Horror

SKY 319 VIRGIN 419 F'VIEW 70 F'SAT 138

8.00am The War of the Worlds 9.00 Hercules: The Legendary Journeys 10.00 Solar Attack 11.50 Horror Highlights 12.00noon Highlander 1.00pm Doctor Who 2.50 Horror Highlights 3.00 Wonder Woman 4.00 Grizzly Thriller. (1976, 15, 91min) ★★ 5.50 Horror Highlights 6.00 The War of the Worlds 2/24.

7.00 Hercules: The Legendary Journeys 8/13. Hercules battles a slave trader.

8.00 Highlander 18/20. MacLeod helps an old friend.

9.00 My Name Is Bruce Horror comedy starring Bruce Campbell and Taylor Sharpe. (2007, 15, 86min) ★★

10.35 Horror Highlights

10.45 Dark House Horror. (2014, 18, 98min) ★★

12.45am Grabbers Comedy sci-fi. (2012, 15, 93min) ★★
2.40-4.30am Mine Games Thriller with Briana Evigan. (2012, 15, 88min) ★★
+1 hour SKY 320 VIRGIN 420
HD 320/343 HD 420

True Movies

SKY 321 VIRGIN 424 F'VIEW 82 F'SAT 302

7.00am Mayflower Madam 9.00 Visions of Terror 11.00 No Place Like Home 1.00pm The Promise As shown at 9.00pm. 3.00 Her Desperate Choice Drama starring Faith Ford, Kyle Secor and Hanna Hall. (1996, 12, 89min) ★★ 5.00 SOS Titanic Documentary-style drama starring David Janssen. (1979, PG, 105min) ★

7.00 Final Jeopardy Chiller starring Richard Thomas. (1985, 15, 104min) ★★

9.00 The Promise Drama with Isabella Hofmann. On her death bed, a battered wife makes her sister promise to look after her three children. (1999, 15, 90min) ★★

11.00 Against Her Will: The Carrie Buck Story True-story drama starring Marlee Matlin. (1994, PG, 120min) ★★

1.00am The Waltons

3.00 Little House on the Prairie Double bill.

5.00-7.00am While I Was Gone Family drama. (2004, PG, 90min) ★★

Sky Crime/Thriller

SKY 309 **VIRGIN 409**
HD 309/336 HD 439

6.30am Bad Karma 8.10 Chaos 10.10 Spy Game 12.20pm Assassin As 7.30pm. **1.50 American Heist** Crime drama starring Adrien Brody and Hayden Christensen. (2014, 15, 94min) ★★
3.40 Bad Karma Action thriller with Ray Liotta. (2012, 15, 83min) ★★
5.20 Spy Game Espionage thriller. (S) (2001, 15, 126min) ★★★★★ **7.30 Assassin** Crime thriller starring Danny Dyer. (S) (2014, 15, 78min) ★



9.00 Blackhat

Assassin
(film started at 7.30pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Blackhat Crime drama starring Chris Hemsworth. A computer hacker is enlisted by the FBI to help find the terrorist who is using his hi-tech code to commit cyber crimes. (S) (2015, 15, 128min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 Deception Drama with Geoffrey Rush. (S) (2013, 15, 125min) ★★★★★
1.30am The Usual Suspects Thriller. (S) (1995, 18, 105min) ★★★★★
3.25 Lucky Number Slevin Comic thriller. (S) (2006, 18, 110min) ★★
5.25-7.00am Sam Churchill: Search for a Homeless Man Thriller. (S) (1997, PG, 88min) ★★

Sky Drama/Romance

SKY 310 **VIRGIN 410**
HD 310/337 HD 440

6.25am The Remains of the Day 8.45 John Tucker Must Die 10.20 Grace of Monaco 12.10pm The Top Ten Show 2016 Box office hits.
12.30 Jayne Mansfield's Car Drama. (S) (2012, 15, 117min) ★★
2.35 Northern Soul Music drama. (S) (2014, 15, 102min) ★★ **4.25 And So It Goes** Comedy drama. (S) (2014, 12, 90min) ★★ **6.05 Calendar Girls** Fact-based comedy. (S) (2003, 12, 108min) ★★★★★



8.00 Pride

8.00 Pride Fact-based drama starring Ben Schnetzer and Bill Nighy. A group of gay rights activists in 1980s Britain travels to Wales to lend their support to the striking miners. With Imelda Staunton, Dominic West and Paddy Considine. (S) (2014, 15, 117min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 Mamma Mia! Musical based on the hit stage show inspired by ABBA songs, starring Meryl Streep, Pierce Brosnan and Colin Firth. (S) (2008, PG, 108min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05am When Harry Met Sally... Romantic comedy with Meg Ryan. (S) (1989, 15, 95min) ★★★★★
1.50 Staying Alive Dance drama sequel. (S) (1983, PG, 96min) ★
3.35-6.35am A Star is Born Classic musical drama with Judy Garland. (S) (1954, U, 154min) ★★★★★

Sky Sci-Fi/Horror

SKY 311 **VIRGIN 411**
HD 311/339 HD 441

6.00am The Last Days on Mars 7.45 Transcendence 9.45 Captain America: The Winter Soldier 12.15pm The League of Extraordinary Gentlemen 2.15 The Matrix As shown at 9.00pm.
4.40 Captain America: The Winter Soldier Fantasy with Chris Evans. (S) (2014, 12, 136min) ★★★★★ **7.00 The League of Extraordinary Gentlemen** Fantasy adventure. (S) (2003, 12, 110min) ★★



9.00 The Matrix

The League of Extraordinary Gentlemen
(film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 The Matrix Sci-fi action thriller starring Keanu Reeves, Laurence Fishburne and Carrie-Anne Moss. A computer hacker learns that he is destined to save humanity from enslavement by a network of artificially intelligent computers. (S) (1999, 15, 136min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 A Nightmare on Elm Street Horror. (S) (2010, 18, 95min) ★★
1.15am The Last Days on Mars Sci-fi horror. (S) (2013, 15, 98min) ★★
3.00 The Omen Occult horror thriller remake. (S) (2006, 15, 110min) ★★
5.00 Mad Max: Fury Road Special 5.30-6.00am Terminator Genisys: The Future Reborn

Sky Select

SKY 312 **VIRGIN 412**
HD 312/340 HD 442

6.00am Best in Show 7.35 Enemy 9.10 Strangers on a Train 11.00 Dangerous Liaisons 1.00pm Marie Antoinette Historical drama with Kirsten Dunst. (S) (2006, 12, 117min) ★★★★★ **3.05 Schindler's List** Steven Spielberg's Oscar-winning historical drama. (1993, 15, 195min) ★★★★★
6.20 The Skeleton Twins Offbeat comedy drama starring Bill Hader, Kristen Wiig, Luke Wilson and Ty Burrell. (S) (2014, 15, 91min) ★★



10.00 Sunshine

8.00 RocknRolla Guy Ritchie's crime comedy thriller starring Gerard Butler, Tom Wilkinson and Thandie Newton. Two East End crooks trigger a feud between a London crime boss and a Russian mobster. (S) (2008, 15, 114min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Sunshine Sci-fi thriller starring Cillian Murphy. In 2057, eight astronauts on a mission to reignite the dying sun contend with physical disaster and mental breakdown as they strive to save humanity. (S) (2007, 15, 103min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 Enter the Dragon Action thriller. (S) (1973, 18, 97min) ★★★★★
1.40am Thunderbolt and Lightning Offbeat crime thriller with Clint Eastwood. (1974, 18, 115min) ★★
3.40-5.30am The Machinist Thriller. (S) (2004, 15, 102min) ★★

Film4

SKY 315 **VIRGIN 428** **F'VIEW 15** **F'SAT 300**
HD 315/342 HD 429

■ (HD) denotes HD on Sky or Virgin
■ Films start at 11.00am
11.00am The Frogmen 1.00pm The Yellow Mountain Western. (S) (1954, U, 77min) ★★ **2.35 Guadalcanal Diary** War drama. (S) (1943, b/w, PG, 93min) ★★
4.25 The Sons of Katie Elder Western. (S) (1965, U, 122min) ★★★★★ **6.45 The Company Men** Drama. (S) (2010, 15, 104min) ★★



9.00 Bullet to the Head

The Company Men
(film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Bullet to the Head Action thriller starring Sylvester Stallone and Sung Kang. A New Orleans hitman and a visiting Washington DC cop reluctantly team up to defeat two corrupt property tycoons. (S) (2012, 15, 89min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 Kill List Crime chiller starring Neil Maskell, MyAnna Buring and Michael Smiley. (S) (2011, 18, 95min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35am Sightseers Comic road movie. (S) (2012, 15, 85min) ★★
2.15-4.00am A Field in England British director Ben Wheatley's surreal period horror film. (S) (2013, b/w, 15, 90min) ★★★★★

+1 hour **SKY 316** **VIRGIN 430** **F'VIEW 45** **F'SAT 301**

Sony Movies

SKY 323

9.00am Picnic 11.05 Sony Movie News Extra 11.15 Anna Karenina 2.10pm Sony Movie News Extra 2.20 A League of Their Own Comedy starring Tom Hanks, Geena Davis and Madonna. (1992, PG, 124min) ★★★★★
4.55 Roxanne Romantic comedy starring Steve Martin and Daryl Hannah. (1987, PG, 102min) ★★★★★
7.05 The Lazarus Project Supernatural thriller starring Paul Walker and Piper Perabo. (2008, 12, 100min) ★★
9.00 Panic Room Thriller starring Jodie Foster, Kristen Stewart and Forest Whitaker. (2002, 15, 112min) ★★
11.20 Resident Evil: Apocalypse Sci-fi horror. (2004, 15, 94min) ★★
1.15am Decoys 2: Alien Seduction Sci-fi horror thriller. (2007, 15, 90min) ★★
3.15-6.00am Florence Nightingale Biopic. (1985, PG, 165min) ★★

+1 hour **SKY 324**

Movies 24

SKY 327 **VIRGIN 419**

7.00am Mrs Washington Goes to Smith 9.00 Love and Honor 11.00 A Wish Come True 1.00pm Picking Up and Dropping Off Comedy. (2003, PG, 100min) ★★
3.00 Friend Request Romantic comedy starring Erin Krakow. (2013, PG, 85min) ★★
5.00 I Think I Do Romantic comedy starring Mia Kirshner. (2013, PG, 90min) ★★
7.00 One Small Hitch Romantic comedy starring Shane McRae and Aubrey Dollar. (2012, 12, 105min) ★★
9.00 The Reluctant Nanny Family drama starring Jessy Schram. A jobless IT consultant half-heartedly agrees to work as a live-in nanny for two orphaned kids. (2014, PG, 70min) ★★
11.00 Crystal River Drama. (2008, PG, 102min) ★★
1.00am Where There's a Will Comedy drama with Marion Ross. (2006, U, 81min) ★★
3.00-5.00am Love's Enduring Promise Western drama. (2004, PG, 88min) ★★

Movies4Men

SKY 325 **F'VIEW 48** **F'SAT 304**

6.00am Mr Blandings Builds His Dream House 7.55 Farewell, My Lovely 9.50 Salt in the Wound 11.30 The Whip Hand
1.10pm Mach 2 Thriller starring Brian Bosworth. (2001, 18, 94min) ★★ **3.00 Prelude to War 4.10 Adolf and Eva 5.15 Surface to Air** Gulf War drama with Chad McQueen. (1997, 15, 93min) ★★
7.05 Ground Control Aviation drama starring Kiefer Sutherland. A troubled former air traffic controller is asked to help at a busy airport on New Year's Eve. (1998, 15, 93min) ★★
9.00 Crash Landing Action drama with Antonio Sabato Jr. (2005, 15, 88min) ★
10.50 Rapid Fire Fact-based drama starring Jason Gedrick and David Cubitt. (2005, 15, 90min) ★★
12.35am Death Tunnel Horror thriller. (2005, 18, 97min) ★
2.25-4.00am Cloud Dancer Drama with David Carradine. (1980, PG, 92min) ★★

FILMS SHOWN ON OTHER CHANNELS TONIGHT

EVENING (6-10pm)

6.00pm Geek Charming Disney Romantic comedy starring Sarah Hyland. (HD) ★★
7.00pm A Very Brady Sequel AMC Sequel to the 1995 movie based on the 1970s TV sitcom, starring Shelley Long. ★★
9.00pm Run Fatboy Run ITV2 Comedy starring Simon Pegg, Thandie Newton, Hank Azaria and Dylan Moran. (HD) ★★
9.00pm Transporter 3 E4 Action thriller sequel starring Jason Statham. ★★
9.00pm Welcome to the Jungle 5STAR Adventure comedy starring The Rock, Seann William Scott and Rosario Dawson. ★★
9.00pm Perfect Stranger SonyTV Thriller starring Halle Berry and Bruce Willis. ★★
9.00pm Tucker & Dale vs Evil Syfy Comedy horror starring Tyler Labine. (HD) ★★

10pm TILL LATE

11.00pm Knock Off Spike Action thriller starring Jean-Claude Van Damme. ★★
11.00pm Big Ass Spider! Syfy/Sci-fi comedy adventure starring Greg Grunberg. (HD) ★★
11.05pm Just Go With It 5STAR Romantic comedy starring Adam Sandler. ★
11.10pm The Spy Who Loved Me ITV (NI: 12.05am) James Bond adventure starring Roger Moore. (HD) ★★
11.15pm Village of the Damned ITV4 Remake of the 1960 original, starring Christopher Reeve. (HD) ★★
11.30pm Midnight in the Garden of Good and Evil BBC2 Fact-based thriller starring Kevin Spacey and John Cusack. (HD) ★★
12.20am Something's Gotta Give ITV3 Romantic comedy starring Jack Nicholson, Diane Keaton and Keanu Reeves. (HD) ★★
12.50am Sharknado 2: The Second One Syfy Comedy horror sequel starring Ian Ziering and Tara Reid. (HD) ★★
1.25am Devil Channel 4 Mystery thriller starring Chris Messina. (HD) ★★
4.00am Airplane vs Volcano Syfy Disaster drama starring Dean Cain. (HD) ★

Sky Sports 1

SKY 402 HD 402/409 VIRGIN 512 HD 502

6.00am Football League Gold (HD) **6.15** Football Gold (HD) **6.30 LIVE** Super Rugby: Blues v Hurricanes: Kick-off is at 6.35. (HD) **8.30** Barclays Premier League Legends (HD) **9.00** Barclays Premier League World (HD) **9.30** Premier League Darts (HD) **1.30pm** Premier League Years (HD) **3.30** La Liga Show (HD) **4.00** Premier League 100 Club (HD) **4.30** Barclays Premier League Legends (HD) **5.00** Game Changers (HD) **5.30** Barclays Premier League Preview (HD) **6.00** The Fantasy Football Club (HD) **7.00** Barclays Premier League Preview (HD) **7.30 LIVE** First Utility Super League: Wigan Warriors v Leeds Rhinos: Kick-off is at 8.00. (HD) **10.15** The Fantasy Football Club (HD) **11.15** A League of Their Own **12.15am** First Utility Super League Highlights (HD) **12.30** The Fantasy Football Club (HD) **1.30** Barclays Premier League Preview (HD) **2.00** First Utility Super League Highlights (HD) **2.15** The Fantasy Football Club (HD) **3.15** Sporting Triumphs (HD) **3.30** Premier League Years (HD) **5.30-6.00am** Barclays Premier League Preview (HD)

Sky Sports 2

SKY 403 HD 403/435 VIRGIN 513 HD 503

6.00am Cricket's Greatest (HD) **7.30** ICC World T20 Cricket (HD) **8.30** ICC World T20 Cricket (HD) **9.00** **LIVE** ICC World T20 Cricket: Netherlands v Oman: Coverage of the Group A match in Dharamsala, India. (HD) **1.30pm LIVE** ICC World T20 Cricket Bangladesh v Ireland: The Group A encounter from Dharamsala. (HD) **6.00** **LIVE** ICC World T20 Cricket As 10.15pm. (HD) **7.30 LIVE** Under-20s Six Nations Rugby Union England v Wales: From Ashton Gate in Bristol. Kick-off is at 7.45. (HD) **10.00** Sporting Triumphs Sean Fitzpatrick. (HD) **10.15** ICC World T20 Cricket Netherlands v Oman. (HD) **10.45** ICC World T20 Cricket Bangladesh v Ireland. (HD) **11.45** Sporting Triumphs (HD) **12.00m't** ICC World T20 Cricket (HD) **12.30am** ICC World T20 Cricket (HD) **1.30** ICC World T20 Cricket (HD) **2.00** ICC World T20 Cricket (HD) **3.00** ICC World T20 Cricket (HD) **3.30** ICC World T20 Cricket (HD) **4.30** ICC World T20 Cricket (HD) **5.00-6.00am** ICC World T20 Cricket (HD)

Sky Sports 3

SKY 404 HD 404/436 VIRGIN 514 HD 504

6.30am Football Gold (HD) **7.00** WWE Main Event (HD) **8.00** Premier League 100 Club (HD) **9.00** Sporting Greats **9.30** Sporting Rivalries (HD) **10.00** ATP Masters Tennis (HD) **11.00** **LIVE** Super Rugby: Western Force v Brumbies: Coverage from nib Stadium in Perth, Western Australia Kick-off is at 11.10. (HD) **1.00pm** Sporting Heroes With Steve Davis. (HD) **2.00** Time of Our Lives With Adrian Moorhouse, Nick Gillingham and Sharron Davies. (HD) **3.00** ATP Masters Tennis As 6.00pm. (HD) **4.00** The Sky Sports Years From 1994. (HD) **5.00** Sporting Rivalries England v France in rugby union. (HD) **5.30** Sporting Triumphs Double bill. (HD) **6.00** ATP Masters Tennis The BNP Paribas Open: Highlights of the opening day at the Indian Wells Tennis Garden. (HD) **7.00pm-6.00am LIVE** ATP Masters Tennis The BNP Paribas Open: Coverage of the second day's play at the Indian Wells Tennis Garden in California, where the first round is scheduled to reach a conclusion

Sky Sports 4

SKY 405 HD 405/439 VIRGIN 515 HD 505

6.00am European Tour Golf (HD) **8.00** **LIVE** European Tour Golf: The Thailand Classic: Day two from the Black Mountain Golf Club in the Hua Hin District. (HD) **11.00** Sporting Greats **12.00noon** British Masters - Official Film As 6.00pm. (HD) **1.00pm** European Tour Golf As 7.00pm. (HD) **2.00** Sporting Greats **4.00** European Tour Golf As 7.00pm. (HD) **5.00** PGA Tour Classic The 2003 Charles Schwab Cup Championship. (HD) **6.00** British Masters - Official Film A review of the 2015 event. (HD) **7.00** European Tour Golf The Thailand Classic: Day two highlights. (HD) **8.00** **LIVE** PGA Tour Golf The Valspar Championship: Coverage of day two from the Innisbrook Resort in Palm Harbour, Florida. (HD) **11.00** European Tour Golf As 7.00pm. (HD) **12.00m't** Sporting Heroes (HD) **1.00am** The Sky Sports Years (HD) **2.00** PGA Tour Classic (HD) **3.00** Shell's Wonderful World of Golf **4.30** Sporting Rivalries (HD) **5.00-6.00am** Time of Our Lives (HD)

Sky Sports 5

SKY 406 HD 406/440 VIRGIN 516 HD 506

6.00am Good Morning Sports Fans (HD) **9.00** Football's Greatest Players **10.30** Football Gold (HD) **10.45** Racing News (HD) **11.15** Sporting Triumphs (HD) **11.45** Time of Our Lives (HD) **12.45pm** Sporting Triumphs (HD) **1.00** Football's Greatest Players Double bill. **2.00** Eredivisie Round-Up News and action. (HD) **3.00** Sporting Heroes Double bill. (HD) **5.00** WWE - Raw **7.00** Game Changers (HD) **7.25** **LIVE** La Liga Football Malaga v Celta Vigo: Coverage from the Estadio La Rosaleda. Kick-off is at 7.30. (HD) **9.30** Barclays Premier League Preview (HD) **10.00** The Mavericks (HD) **10.30** Sporting Triumphs (HD) **10.45** Game Changers (HD) **11.15** Barclays Premier League Preview (HD) **11.45** WWE - Late Night - Smackdown (HD) **1.45am** WWE From the Vault (HD) **2.00** Time of Our Lives (HD) **3.00** Spanish Football Gold (HD) **3.30** Sporting Triumphs (HD) **4.00** Football's Greatest Players **5.00-6.00am** Sporting Heroes (HD)

Eurosport 1

SKY 410 HD 410/412 VIRGIN 523 HD 521

7.35am Cycling (HD) **9.30** Cycling: Follow Fabian (HD) **9.45** World Superbikes (HD) **10.45** Biathlon **12.45pm LIVE** Ski Jumping The men's World Cup qualifying jump from Titisee-Neustadt in Germany. (HD) **2.15** Biathlon **3.45** Ski Jumping (HD) **4.45** **LIVE** Cross-Country Skiing The World Cup meeting from Canmore in Canada. **5.30** Cycling The third stage of the Tirreno-Adriatico road race. (HD) **6.30** Eurosport News **6.35** Cycling The fifth stage of the annual Paris-Nice race. (HD) **7.35** WATTS (HD) **7.40** Eurosport News **7.45** Cross-Country Skiing World Cup action from Canmore, Canada, featuring the men's 15km free event. (HD) **9.00** Biathlon World Cup action from Oslo. **9.30** Timbersports World Championship Highlights from Hayward, Wisconsin. (HD) **10.30** European Rally Championship (HD) **11.05** Cycling (HD) **12.00m't-1.05am** Cycling: As 6.35pm. (HD)

Eurosport 2

SKY 411 HD 411/443 VIRGIN 524 HD 522

6.30am Cycling (HD) **7.30** Cross-Country Skiing **9.30** Cycling (HD) **11.30** Triathlon (HD) **12.30pm** Cycling Highlights of the second stage of the Tirreno-Adriatico road race. (HD) **1.30** **LIVE** Cycling Coverage of the third stage of the Tirreno-Adriatico road race, a 176km journey from Castelnuovo Val di Cecina to Montalto di Castro. (HD) **3.30** Cycling The fifth stage of the annual Paris-Nice race. (HD) **5.00** Tenerife Blue Trail Action from the trail running event that took place last October. (HD) **5.30** **LIVE** Badminton The All England Championships: Coverage of the quarter-finals at the Barclaycard Arena in Birmingham. (HD) **10.00** Eurosport News **10.05** Davis Cup Tennis Highlights of Great Britain v Japan. (HD) **11.05** Eurosport News **11.10** World Superbikes Action from both races in the opening round of the season from Australia. (HD) **12.10-6.00am** Eurosport News

BT Sport 1

SKY 413 HD 413/427 VIRGIN 531 HD 527

6.00am MotoGP Highlights (HD) **7.00** French Ligue 1 Preview (HD) **7.30** Bundesliga Weekly (HD) **8.00** Total Italian Football (HD) **8.30** **LIVE** Hyundai A-League: Adelaide United v Melbourne City: Kick-off is at 8.40. (HD) **10.45** Last Week, This Week (HD) **11.00** USA Game of the Week (HD) **1.00pm** WTA Tennis: Indian Wells: The BNP Paribas Open. (HD) **4.00** The Football's On (HD) **5.00** Rugby Tonight (HD) **6.30** Rugby Tonight Extra (HD) **7.00** **LIVE** Premiership Rugby Union: Harlequins v Bath: From the Stoop. Kick-off is at 7.45. (HD) **10.00** Hyundai A-League (HD) **11.00** Football Tonight (HD) **12.00m't** Barclays Premier League Preview (HD) **12.30am** Total Italian Football (HD) **1.00** **LIVE** NBA: Chicago Bulls v Miami Heat: The Eastern Conference encounter at the United Centre. Tip-off is at 1.00. (HD) **3.30** NBA Action (HD) **4.00** Irish Rally Review (HD) **4.30** UFC: Beyond the Octagon (HD) **5.00-6.00am** UEFA Champions League Highlights Show (HD)

BT Sport 2

SKY 417 HD 417/457 VIRGIN 532 HD 528

6.00am Rugby Tonight Extra (HD) **6.30** **LIVE** AFL: Carlton v Sydney Swans: Bounce-up is at 6.50. (HD) **9.30** **LIVE** AFL Gold Coast Suns v Adelaide Crows: Bounce-up is at 9.40. (HD) **12.30pm** Rugby Tonight Extra Action from the Premiership. (HD) **1.00** **PSA** Squash The Canary Wharf Classic: The men's semi-finals. (HD) **2.30** NBA San Antonio Spurs v Chicago Bulls. (HD) **4.30** NBA LA Lakers v Cleveland Cavaliers. (HD) **6.15** Hyundai A-League Adelaide United v Melbourne City. (HD) **7.15** **LIVE** Scottish Professional Football League Motherwell v Dundee United: The Scottish Premiership match from Fir Park. Kick-off is at 7.45. (HD) **10.00** **LIVE** WTA Tennis: Indian Wells The BNP Paribas Open: Coverage of second round matches on day three of the tournament at Indian Wells in California. (HD) **5.00am** Barclays Premier League Preview: A look ahead. (HD) **5.30-6.00am** Road to Rio (HD)

BT Sport/ESPN

SKY 426 HD 426/458 VIRGIN 534 HD 530

6.00am Pardon the Interruption (HD) **6.30** Around the Horn (HD) **7.00** Pardon the Interruption (HD) **7.30** Around the Horn (HD) **8.00** Pardon the Interruption (HD) **8.30** NBA Tonight (HD) **9.00** College Basketball (HD) **12.30pm** ESPN FC (HD) **1.00** Around the Horn (HD) **1.30** College Basketball The latest action. (HD) **5.00** WRC Review Round three from Mexico. (HD) **6.00** ESPN FC (HD) **6.30** NBA Tonight (HD) **7.00** French Ligue 1 Preview (HD) **7.30** **LIVE** PSA Squash The Canary Wharf Classic: The men's final. (HD) **9.00** Last Week, This Week Recent action. (HD) **9.15** Turkish Airlines Euroleague Basketball Highlights show. (HD) **11.00** NBA Action (HD) **11.30** NBA Tonight (HD) **12.00m't** College Basketball (HD) **2.00am** College Basketball (HD) **4.00** Road to Rio (HD) **4.30** Gillette World Sport (HD) **5.00-8.00am** **LIVE** AFL: Fremantle v Geelong Cats: At Domain Stadium. Bounce-up is at 5.10. (HD)

BT Europe

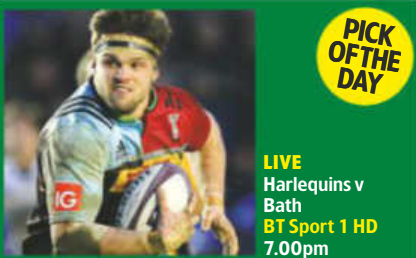
SKY 414 HD 414/433 VIRGIN 533 HD 529

6.00am-12.00noon UEFA Europa League Football: Back-to-back last-16 first-leg matches. (HD) **12.00noon-5.00pm** UEFA Europa League Football Back-to-back last-16 first-leg matches. (HD) **5.00pm** UEFA Champions League Magazine The latest news. (HD) **5.30** UEFA Champions League Highlights Show Goals from the UEFA Champions League. (HD) **6.30** Last Week, This Week Recent action. (HD) **7.00** Barclays Premier League Preview (HD) **7.30** **LIVE** Serie A Juventus v Sassuolo: All the action from the Italian top-flight match at Juventus Stadium. Kick-off is at 7.45. (HD) **9.45** Football Tonight (HD) **10.45** The Football's On A humorous look at recent football stories. (HD) **11.45** Last Week, This Week As 6.30pm. (HD) **12.00m't** Bundesliga (HD) **1.30am** French Ligue 1 (HD) **3.00** Football Tonight (HD) **4.00** Barclays Premier League Preview (HD) **4.30** Total Italian Football (HD) **5.00-6.00am** The Football's On (HD)

Motors TV

SKY 447 VIRGIN 545

6.00am FIM MXGP World Championship Replay **7.45** Bathurst 12 Hours **10.35** World Series Sprintcars **11.35** Sunoco-Rolex Daytona 24 Challenge **12.40pm** P1 Superstock USA **1.40** P1 Superstock UK **2.45** RC Racing **3.15** BSR Touring Cars Powered by Ircing **4.20** Auto Mundial **4.50** Best of Crash **5.20** FIM MX2 World Championship Replay **7.25** FIM MXGP World Championship Replay **9.35** Canadian Rally The Rallye Perce-Neige. **10.05** Irish Forest Rally Championship **10.35** FIA World Rally Championship Highlights The Rallye Mexico. **11.40** Portuguese Rally Championship The Rally Serras de Fafe. **12.10am** Monte Carlo Historic Rally **1.15** World Series Sprintcars **2.15** Chateau Impney Hill Climb **3.15** Best of Crash **3.40** Portuguese Rally Championship **4.10** Canadian Rally **4.35** Irish Forest Rally Championship **5.05-6.00am** Monte Carlo Historic Rally



PICK OF THE DAY

LIVE Harlequins v Bath
BT Sport 1 HD
7.00pm

Sky Sports F1

SKY 407 HD 407/451 VIRGIN 517 HD 507

6.00am-12.00noon The Home of Formula One **12.00noon-6.00pm** The Home of Formula One **6.00pm** Legends of F1: An interview with John Surtees. (HD) **7.00** Formula 1: The 2015 Abu Dhabi Grand Prix: Action from the 19th round of the campaign, held at the Yas Marina Circuit. (HD) **8.00** F1 Development Special: How the teams are developing their cars. (HD) **9.00** F1 Classic Races: A look back at one of the best races from previous seasons. (HD) **11.30** Legends of F1: With Alan Jones. (HD) **12.00m't** F1 Development Special (HD) **1.00-6.00am** The Home of Formula One

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LIVE SPORT ON OTHER CHANNELS TODAY

12.45pm **LIVE** Snooker: World Grand Prix **ITV4** Coverage of the opening two quarter-finals of the tournament at the Venue Cymru in Llandudno, which are played over the best of seven frames.

1.15pm **LIVE** Raceday At The Races Coverage from Leicester, Chelmsford City and Dundalk. **1.30pm** **LIVE** Racing **Racing UK** Coverage of today's meetings at Sandown Park, Ayr and Meydan.

5.30pm **LIVE** Get In! At The Races Coverage from Dundalk. **6.45pm** **LIVE** Snooker: World Grand Prix **ITV4** Coverage of the concluding two quarter-finals of the tournament from the

Venue Cymru in Llandudno. **7.30pm** **LIVE** **MOTD: The FA Cup** **BBC1**, **BBC Red Button** Coverage of a sixth-round tie, as the world's oldest domestic cup competition continues.

9.00pm **LIVE** Stateside At The Races Coverage from America. **2.00am** **LIVE** Australian Racing At The Races Coverage of a meeting Down Under.

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Kids' Weekly TV Guide

CBBC

SKY 613 HD 613/633 VIRG 701 HD 710 F'VIEW 120 HD 123 FSAT 607 HD 606



The Dumping Ground

SATURDAY

7.00am Arthur **7.10** Dennis **7.25** League of Super Evil **7.35** Oogies Funsize **7.45** MOTD Kickabout **NEW EDITION 8.00** Splatalot **8.25** Airmageddon **NEW EDITION 8.55** Newsround **9.00** Art Ninja **NEW EDITION 9.35** Weekend Wind-Down **NEW EDITION 9.50** The Dog Ate My Homework **10.20** Whoops I Missed the Bus **NEW EDITION 10.40** The Next Step **11.00** Lifebabbie **NEW EDITION 11.05** The Dumping Ground **11.35** Eve **12.05pm** Newsround **12.10** 4 O'Clock Club **12.40** Millie Inbetween **1.10** Operation Ouch! **1.35** Newsround **1.45** Our School **2.10** My Life **2.40** So Awkward **5.05** Whoops I Missed the Bus **5.20** Got What It Takes? **5.55-7.00pm** Big Friday Wind Up

SUNDAY As Saturday except:

7.10am Scream Street **7.25** Sidekick **7.40** Danger Mouse **7.50** Riders of Berk **8.10** Whoops I Missed the Bus **8.25** The Dog Ate My Homework **9.00** Blue Peter **9.30** Pocket Money Pitch **10.00** Newsround **10.05** Millie Inbetween **10.35** The Next Step **11.00** Got What It Takes? **11.35am-12.05pm** Our School **12.10pm** Horrible Histories **12.40** Marrying Mum and Dad **1.10** Nine Minute Ninja **1.20** Katie Morag **1.35** Jamillah and Aladdin **1.50** Nightmares of Nature **2.20** Newsround **2.25** So Awkward **6.25-7.00pm** The Dengineers

MONDAY

7.00am Arthur **7.10** Shaun **7.20** Danger Mouse **7.30** **NEW** Brain Freeze **7.35** MOTD Kickabout **NEW EDITION 7.40** Newsround **7.45** Officially Amazing **NEW EDITION 8.00** The Roy Files **8.15** Newsround **8.25** Tracy Beaker **8.55** Young Dracula **9.20** 4 O'Clock Club **9.50** Nightmares of Nature **10.20** Junior Bake Off **10.45** **NEW SERIES** All Over the Workplace **11.15** Bear **11.40** Tracy Beaker **12.05pm** Dan's Castle **12.35** Wolfblood **1.05** Young Dracula **1.30** Our School **2.00** Junior Bake Off **2.30** The Dumping Ground **2.45** Oogies Funsize **2.50** Arthur **3.05** Shaun **3.10** Dennis **3.20** Danger Mouse **3.35** Just Kidding **3.55** The Next Step **4.20** Newsround **4.30** Eve **NEW EPISODE 5.00** Operation Ouch! **NEW EDITION 5.30** Pocket Money Pitch **NEW EDITION 6.00** Defenders of Berk **6.25** Sidekick **6.40** Dennis **6.50-7.00pm** The Joke Machine

TUESDAY As Mon except:

4.30pm Wolfblood Red Carpet Premiere **4.35** **NEW SERIES** Wolfblood **5.30** Wolfblood Premiere Q&A **5.45** Our School **NEW EDITION 6.15-6.40pm** Dragons: Defenders of Berk

WEDNESDAY As Mon except:

4.30pm Got What It Takes? **NEW EDITION 5.05** Lifebabbie **NEW EDITION 5.10** My Life: Take A Breath **NEW EDITION 5.40-6.00pm** CineMinis: A Cinemaniacs Short

THURSDAY As Mon except:

7.00am Arthur **7.15** Danger Mouse **7.25-7.30am** Blue Peter Bites **NEW EDITION 4.30pm** 4 O'Clock Club **NEW EPISODE 5.00** Blue Peter **NEW EDITION 5.30-6.00pm** The Dumping Ground

FRIDAY As Mon except:

4.30pm The Dog Ate My Homework **NEW EDITION 5.00** The Dumping Ground **NEW EPISODE 5.30** Sam & Mark's Big Friday Wind Up **NEW EDITION 6.30-7.00pm** Worst Year of My Life – Again

CBEEBIES

SKY 614 HD 614/624 VIRG 702 HD 711 F'VIEW 121 HD 124 FSAT 608 HD 601



The Let's Go Club Mini

SATURDAY

6.00am Me Too! **6.20** Show Me Show Me **6.40** Baby Jake **6.55** Raa Raa **7.05** Postman Pat **7.20** Q Pootle **7.30** Dinopaws **7.45** Hey Duggee **7.50** Chuggington **8.10** Rosie **8.25** Timmy Time **8.35** Mr Bloom **9.00** Something Special **9.20** The Let's Go Club Mini **NEW EPISODE 9.25** Nina **9.40** My Pet and Me **9.55** Dinosaur Adventures **10.10** Boj **10.20** Rastamouse **10.35** Octonauts **10.45** Spot Bots **NEW EPISODE 11.00** Swashbuckle **11.25** Gigglebiz **11.40** Mister Maker **12.00noon** Melody **12.05pm** Balamory **12.25** I Can Cook on the Go **12.40** Old Jack's Boat **1.00** Same Smile **1.15** Waybuloo **1.35** Charlie and Lola **1.45** ZingZillas **2.00** Something Special **2.15** The Let's Go Club Mini **2.25** Nina **2.40** My Pet and Me **2.55** Dinosaur Adventures **3.05** Boj **3.20** Rastamouse **3.30** Octonauts **3.40** Spot Bots **4.00** Justin's House **4.25** Footy Pups **4.40** Mister Maker **5.00** Swashbuckle **5.25** Teacup Travels **5.40** Old Jack's Boat **5.50** Melody **6.00** Charlie and Lola **6.10** Waybuloo **6.20** In the Night Garden **6.50-7.00pm** CBeebies Bedtime Story **NEW EDITION**

SUNDAY As Saturday except:

8.35am Peter Rabbit **8.45-9.00** Octonauts **10.35-10.45am** Peter Rabbit **3.30-3.40pm** Peter Rabbit **5.25pm** What's the Big Idea? **5.30** Katie Morag **6.00** Clangers **6.10-6.20pm** Abney & Teal

MONDAY

6.00am Me Too! **6.20** Show Me Show Me **6.40** Alphablocks **6.45** Baby Jake **7.00** Timmy Time **7.10** Postman Pat **7.25** Teletubbies **NEW EDITION 7.40** Hey Duggee **7.45** The Furchester Hotel **8.00** Octonauts **8.10** Kate & Mim-Mim **8.20** Wussywat **8.25** Dinopaws **8.40** Tweenies **9.00** My First **NEW EPISODE 9.10** Small Potatoes **9.15** Bing **9.30** Woolly & Tig **9.35** Twirlywoos **NEW EDITION 9.45** Something Special **NEW EDITION 10.05** Let's Play **10.30** Mister Maker **NEW EDITION 10.50** Ruff-Ruff, Tweet and Dave **11.00** Get Squiggling! **11.10** Magic Hands **11.15** Tinga Tinga Tales **11.25** Big Barn Farm **11.40** Waybuloo **12.00noon** Melody **12.10pm** Balamory **12.30** I Can Cook on the Go **12.45** Old Jack's Boat **1.00** My First **1.15** Bing **1.30** Woolly & Tig **1.35** Twirlywoos **1.45** Something Special **2.05** Let's Play **2.30** Mister Maker **2.50** Ruff-Ruff, Tweet and Dave **3.00** Get Squiggling! **3.10** Magic Hands **3.15** Tinga Tinga Tales **3.30** Grandpa **3.40** Mike **3.55** Numtums **4.05** Messy Goes to Okido **4.15** Footy Pups **NEW EDITION 4.30** Prehistoric Adventures **NEW EDITION 4.45** Peter Rabbit **5.00** Tree Fu Tom **NEW EPISODE 5.20** Our Family **NEW EDITION 5.35** Topsy and Tim **5.45** Diddap **5.50** Nelly & Nora **6.00** Clangers **NEW EPISODE 6.10** Abney & Teal **6.20** In the Night Garden **6.50-7.00pm** CBeebies Bedtime Story **NEW EDITION**

TUESDAY As Mon except:

5.00pm Boj **5.10-5.20pm** Sarah & Duck

WEDNESDAY As Tue except:

5.00-5.10pm Chuggington

THURSDAY As Tue except:

5.00-5.10pm Rosie

FRIDAY As Mon except:

5.00pm Go Jetters **5.10-5.20** Sarah & Duck **6.00-6.20pm** Charlie and Lola

NICK JR

SKY 615 VIRGIN 715

SATURDAY & SUNDAY

6.00am Peppa Pig **6.30** Ben and Holly **7.00** Peppa Pig **7.15** The Day Henry Met **7.20** Peppa Pig **7.30** Alvin!!! and the Chipmunks **8.00** Paw Patrol **9.00** The Fresh Beat Band of Spies **NEW EPISODE 9.30** Alvin!!! and the Chipmunks **10.00** Paw Patrol **11.00** Blaze and the Monster Machines **12.00noon** Alvin!!! and the Chipmunks **12.30pm** Dora and Friends: Into the City **1.00** Ben and Holly **2.00** Paw Patrol **3.00** Blaze and the Monster Machines **3.30** Wallykazam! **4.00** Dora and Friends: Into the City **4.30** Shimmer and Shine **5.00** Paw Patrol **5.30** Blaze and the Monster Machines **6.00** The Fresh Beat Band of Spies **6.30** Alvin!!! and the Chipmunks **7.00** Peppa Pig **7.15** The Day Henry Met **7.20** Peppa Pig **7.30** Paw Patrol **8.00** Blaze and the Monster Machines **8.30** Ben and Holly **9.00** Peppa Pig **10.00** Ben and Holly **10.30** Peppa Pig **10.45** The Day Henry Met **10.50** Peppa Pig **11.15** Alvin!!! and the Chipmunks **11.30** Paw Patrol **12.25am** The Fresh Beat Band of Spies **12.50** Alvin!!! and the Chipmunks **1.15** Paw Patrol **2.05** Blaze and the Monster Machines **3.00** Alvin!!! and the Chipmunks **3.30** Dora and Friends: Into the City **4.00** Ben and Holly **5.00** Paw Patrol **5.30-6.00am** Blaze and the Monster Machines

MONDAY

6.00am Peppa Pig **6.30** Ben and Holly **7.00** Peppa Pig **7.15** The Day Henry Met **7.20** Peppa Pig **7.30** Alvin!!! and the Chipmunks **8.00** Paw Patrol **9.00** Ben and Holly **10.00** Paw Patrol **11.00** Blaze and the Monster Machines **12.00noon** Alvin!!! and the Chipmunks **12.30pm** Dora and Friends: Into the City **1.00** Ben and Holly **2.00** Paw Patrol **3.00** Blaze and the Monster Machines **3.30** Wallykazam! **4.00** Dora and Friends: Into the City **4.30** Shimmer and Shine **5.00** Paw Patrol **5.30** Blaze and the Monster Machines **NEW EPISODE 6.30** Peppa Pig **7.15** The Day Henry Met **7.20** Peppa Pig **7.30** Paw Patrol **8.00** Blaze and the Monster Machines **8.30** Ben and Holly **9.00** Peppa Pig **10.00** Ben and Holly **10.30** Peppa Pig **10.45** The Day Henry Met **10.50** Peppa Pig **11.15** Alvin!!! and the Chipmunks **11.30** Paw Patrol **12.25am** Ben and Holly **1.15** Paw Patrol **2.05** Blaze and the Monster Machines **3.00** Alvin!!! and the Chipmunks **3.30** Dora and Friends: Into the City **4.00** Ben and Holly **5.00** Paw Patrol **5.30-6.00am** Blaze and the Monster Machines

TUESDAY-THURSDAY

As Mon except:

5.30pm Blaze and the Monster Machines **6.00-6.30pm** Ben and Holly's Little Kingdom

FRIDAY As Mon except:

5.30pm Blaze and the Monster Machines **6.00** The Fresh Beat Band of Spies **6.30** Alvin!!! and the Chipmunks **7.00-7.15pm** Peppa Pig: Double bill of the animated cartoon series.

+1 hour SKY 630

CITY

SKY 621 VIRGIN 734 F'VIEW 122 FSAT 602

SATURDAY

6.00am Bottom Knockers **6.25** Dino Dan **6.50** Signed Stories **6.55** Sooty **7.05** Super 4 **7.15** Looped **7.30** Scrambled! **9.25** **FILM** The BFG **11.10** Signed Stories **11.15** Nerds & Monsters **11.45** Almost Naked Animals **12.00** Bear Grylls **12.30pm** The Aquabats! **1.00** House of Anubis **1.25** Oddbods **1.30** Fort Boyard **2.30** My Parents Are Aliens **3.00** Super 4 **3.30** Grizzly Tales **4.00** Horrid Henry **5.00** Mr Bean **5.30** Almost Naked Animals **6.00** Horrible Science **6.25** Signed Stories **6.30** Nerds & Monsters **7.00** Horrid Henry **7.45** Almost Naked Animals **8.00-9.00pm** Fort Boyard

SUNDAY As Saturday except:

9.25am Horrid Henry **10.10** Mr Bean **10.40-11.10am** Super 4 **12.00noon-12.30pm** Horrible Science **6.00pm** Bear Grylls **6.25-7.00pm** Nerds & Monsters

MONDAY

6.00am Fleabag Monkeyface **6.10** Nerds & Monsters **6.55** Pokémon: XY **7.20** Max Steel **7.50** Digimon Fusion **8.15** Nerds & Monsters **8.45** Almost Naked Animals **9.10** Grizzly Tales **9.50** Sooty **10.05** Signed Stories **NEW EPISODE 10.10** Pat & Stan **10.30** Dino Dan **11.00** Super 4 **11.15** Nerds & Monsters **11.45** Horrid Henry **1.15pm** Oddbods **1.20** Fort Boyard **2.20** Nerds & Monsters **2.45** Almost Naked Animals **3.10** Dino Dan **3.45** Super 4 **4.00** Mr Bean **4.30** Horrid Henry **5.00** Teen Titans Go! **NEW EPISODE 5.30** Thunderbirds Are Go **5.55** Signed Stories **6.00** Pokémon: XY **6.25** Max Steel **6.50** Oddbods **6.55** Horrid Henry **7.55** Mr Bean **8.25** Looped **8.55-9.00pm** Signed Stories

TUESDAY As Mon except:

3.10pm Dino Dan **3.40-3.45** Signed Stories **5.00-5.30pm** Bear Grylls

WEDNESDAY As Mon except:

5.00-5.30pm Horrible Science

THURSDAY As Mon except:

5.00-5.30pm Deadtine Stories

FRIDAY As Mon except:

2.20pm Nerds & Monsters **2.40-3.10** Almost Naked Animals **3.10** Dino Dan **3.35** Super 4 **3.55** Scrambled! **4.00** Mr Bean **4.15** Horrid Henry **4.50-5.30pm** Almost Naked Animals

CARTOON NET

SKY 601 HD 601/634 VIRGIN 704 HD 732

SATURDAY & SUNDAY

6.00am Steven Universe **6.30** Uncle Grandpa **7.00** Nexo Knights **7.30** NinjaGo **8.00** Adventure Time **8.30** Regular Show **9.00** We Bare Bears **9.15** Supernobots **9.30** The Amazing World of Gumball **10.00** Nexo Knights **10.30** NinjaGo **11.00** Adventure Time **12.00noon** The Amazing World of Gumball **1.00pm** Regular Show **2.00** Teen Titans Go! **3.00** Supernobots **3.30** We Bare Bears **4.00** Clarence **4.30** Regular Show **5.00** Adventure Time **5.30** The Amazing World of Gumball **6.00** Nexo Knights **6.30** NinjaGo **7.30** Teen Titans Go! **8.00** Adventure Time **8.30** The Amazing World of Gumball **9.00** Uncle Grandpa **9.30** Clarence **10.00** The Amazing World of Gumball **11.00** Ben 10 **11.30** Batman: The Brave and the Bold **12.00m't** Cartoon Cartoons **1.55am** Chop Socky Chooks **3.05** Robotboy **4.05** Skatoony **4.30** The Amazing World of Gumball **5.35-6.00am** Transformers Prime

MONDAY-FRIDAY

6.00am Teen Titans Go! **6.30** Nexo Knights **7.00** Adventure Time **7.30** Regular Show **7.45** Supernobots **8.00** The Amazing World of Gumball **8.30** Clarence **9.00** Adventure Time **9.30** Regular Show **10.00** The Amazing World of Gumball **10.30** Johnny Test **11.00** NinjaGo **12.00noon** The Amazing World of Gumball **1.00pm** Uncle Grandpa **1.30** Steven Universe **2.00** Regular Show **2.30** Adventure Time **3.00** Teen Titans Go! **3.30** NinjaGo **4.00** Clarence **4.30** Regular Show **5.00** Adventure Time **5.30** The Amazing World of Gumball **6.00** Nexo Knights **6.30** Supernobots **NEW EPISODE 7.00** Teen Titans Go! **7.30** NinjaGo **8.00** Nexo Knights **8.30** The Amazing World of Gumball **9.00** Uncle Grandpa **9.30** Clarence **10.00** The Amazing World of Gumball **11.00** Ben 10 **11.30** Batman: The Brave and the Bold **12.00m't** Cartoon Cartoons **1.55am** Chop Socky Chooks **3.05** Robotboy **4.05** Skatoony **4.30** The Amazing World of Gumball **5.35-6.00am** Transformers Prime

+1 hour SKY 602 VIRGIN 705

Highlights



Zou

Sun, Disney Jr HD, 11.25am

In a special Mothering Sunday episode, Zou wants to make something special for his mother and enlists Grandpa's help.



Wolfblood

Tue, CBBC HD, 4.35pm

Michelle Gayle joins the cast as the head of security for series four as Jana takes centre stage and the action moves to the city.

NICKELODEON

SKY 604
HD 604/632

VIRGIN 712
HD 714

SATURDAY

6.00am iCarly 6.30 Make it Pop 7.00 Orange Carpet 7.15 Fred 7.30 iCarly 8.00 Nicky, Ricky, Dicky & Dawn **NEW EPISODE** 8.30 100 Things To Do Before High School **NEW EPISODE** 9.00 Thundermans 9.30 Henry Danger 10.00 Game Shakers 10.30 Bella 11.00 Sam & Cat 11.30 Thundermans 12.00noon Victorious 3.00pm Thundermans 3.30 Sam & Cat 4.00 100 Things To Do Before High School 4.30 Bella 5.00 Max & Shred **NEW EPISODE** 5.30 Thundermans 6.00 Victorious 6.30 Nicky, Ricky, Dicky & Dawn 7.00 Henry Danger 7.30 Sam & Cat 8.00 Victorious 8.30 iCarly 9.00 Max & Shred 9.30 Drake & Josh 10.00 iCarly 12.00m't Teleshopping 3.00am Alien Surf Girls 3.30 Summer in Transylvania 4.00 Genie in the House 4.30 House of Anubis 5.00 Winx Club 5.30-6.00am Life with Boys

SUNDAY As Saturday except:

7.00-7.30am Victorious 12.00noon-3.00pm Thundermans 5.00-5.30pm **NEW** Kids' Choice Awards 2016 Nominees

MONDAY

6.00am iCarly 6.30 Victorious 7.00 WITS Academy 7.30 Kids' Choice Awards 2016 Nominees 8.00 Thundermans 8.30 iCarly 9.00 Victorious 9.30 Sam & Cat 10.00 Henry Danger 10.30 iCarly 11.00 Victorious 11.30 Sam & Cat 12.00noon Thundermans 12.30pm Game Shakers 1.00 iCarly 1.30 100 Things To Do Before High School 2.00 Victorious 2.30 Bella 3.00 100 Things To Do Before High School 3.30 Game Shakers 4.00 iCarly 4.30 Henry Danger 5.00 Thundermans 5.30 Bella **NEW EPISODE** 6.00 WITS Academy 6.30 Thundermans 7.00 Instant Mom 7.30 See Dad Run 8.00 Bella 8.30 Thundermans 9.00 WITS Academy 9.30 Sam & Cat 10.00 Victorious 10.30 iCarly 11.00 Kenan & Kel 11.30 Big Time Rush 12.00m't Teleshopping 3.00am Renford Rejects 3.30 Summer in Transylvania 4.00 Genie in the House 4.30 House of Anubis 5.00-6.00am Life with Boys

TUESDAY As Mon except:

7.30-8.00am Bella 3.30pm Victorious 4.00 Henry Danger 4.30-5.00 Game Shakers 5.30 Game Shakers 6.00-6.30 Make it Pop **NEW EPISODE** 8.00-8.30 Game Shakers 9.00-9.30pm Make it Pop

WEDNESDAY As Mon except:

7.00am Make it Pop 7.30-8.00am Game Shakers 3.30pm iCarly 4.00 Henry Danger 4.30-5.00 Victorious 6.00-6.30 Make it Pop 9.00-9.30pm Make it Pop

THURSDAY As Mon except:

7.00am Make it Pop 7.30-8.00am Game Shakers 4.00pm Victorious 4.30-5.00 iCarly 6.00-6.30 Make it Pop 9.00-9.30pm Make it Pop

FRIDAY As Mon except:

7.00am Make it Pop 7.30-8.00am Bella 3.30pm Kids' Choice Awards 2016 Nominees 4.00-4.30 Sam & Cat 5.30-6.00 Game Shakers 8.00-8.30pm Game Shakers

+1hour SKY 605 VIRGIN 713

BOOMERANG

SKY 603
HD 603/636

VIRGIN 730



Chill Out, Scooby-Doo!

SATURDAY

6.00am Inspector Gadget 6.30 What's New Scooby-Doo? 7.00 Wabbit 7.30 Tom & Jerry 8.00 Be Cool, Scooby-Doo! 8.30 Oddbods 9.00 Mr Bean: The Animated Series 9.30 The Tom & Jerry Show 10.00 **FILM** Chill Out, Scooby-Doo! Animated comedy adventure. 11.30 Oddbods 12.00noon Mr Bean: The Animated Series 12.30pm Tom and Jerry Tales 1.00 Scooby-Doo! Mystery Incorporated 1.30 Looney Tunes 2.00 Oddbods 2.30 George of the Jungle 2.45 Inspector Gadget 3.00 The Garfield Show 3.15 Sonic Boom 3.30 Wabbit 4.00 Be Cool, Scooby-Doo! 4.30 The Tom & Jerry Show 5.00 Richie Rich 6.50 Tom & Jerry 7.00 Wabbit 7.30 What's New Scooby-Doo? 8.00 Tom & Jerry 8.30 Looney Tunes 9.00 Chowder 10.00 LazyTown 11.00 The Garfield Show 12.00m't LazyTown 12.50am The Garfield Show 2.00 LazyTown 3.10 The Garfield Show 4.10 LazyTown 5.00-6.00am The Garfield Show

SUNDAY As Saturday except:

10.00am Richie Rich 11.50am-12.00noon Tom & Jerry 5.00pm **FILM** Scooby-Doo and the Monster of Mexico 6.30-7.00pm Oddbods

MONDAY/TUESDAY & FRIDAY

6.00am George of the Jungle 6.30 What's New Scooby-Doo? 7.00 Bugs and Daffy 7.30 Tom & Jerry 8.00 Be Cool, Scooby-Doo! 8.30 Mr Bean: The Animated Series 9.00 Tom & Jerry 10.00 Bugs and Daffy 10.30 Looney Tunes 11.00 Sonic Boom 11.30 Inspector Gadget 12.00noon Scooby-Doo, Where Are You! Cartoon series. 12.30pm The Scooby-Doo Show 1.00 Tom and Jerry Tales 1.30 Tom & Jerry 2.00 The Garfield Show 3.00 Inspector Gadget 3.30 Mr Bean: The Animated Series 4.00 Tom & Jerry 4.30 The Tom & Jerry Show 5.00 Be Cool, Scooby-Doo! 5.30 Looney Tunes 6.00 Mr Bean: The Animated Series **NEW EPISODE** 6.30 Sonic Boom 7.00 Be Cool, Scooby-Doo! 7.30 Tom and Jerry Tales 8.00 Dragons: Riders of Berk 8.30 Inspector Gadget 9.00 Chowder 10.00 LazyTown 11.00 The Garfield Show 12.00m't LazyTown 12.50am The Garfield Show 2.00 LazyTown 3.10 The Garfield Show 4.10 LazyTown 5.00-6.00am The Garfield Show

WEDNESDAY As Mon except:

6.30pm **FILM** Tom and Jerry Meet Sherlock Holmes: Animated caper. 7.35-8.00pm Tom & Jerry

THURSDAY As Mon except:

6.30-7.00pm Oddbods

+1hour SKY 618 VIRGIN 731

DISNEY

SKY 609
HD 609/635

VIRGIN 724

SATURDAY

6.00am Good Luck Charlie 6.30 Girl Meets World 7.00 Austin & Ally 7.25 Star Darlings **NEW EPISODE** 7.30 Bunk'd 8.00 KC Undercover 8.25 Descendants Wicked World **NEW EPISODE** 8.30 Miraculous: Tales of Ladybug & Cat Noir **NEW EPISODE** 9.00 Liv & Maddie 9.30 Best Friends Whenever 9.55 Minnie's Fashion Challenge 10.00 Bunk'd 10.30 Austin & Ally 10.55 Access All Areas: Music 11.00 Girl Meets World 11.25 Access All Areas: Music 11.30 Mako Mermaids 12.00noon KC Undercover 1.00pm Jessie 2.00 KC Undercover 3.00 Jessie 4.00 KC Undercover 5.00 The Evermoor Chronicles 5.30 KC Undercover 6.00 Miraculous: Tales of Ladybug & Cat Noir 6.30 Mako Mermaids 7.00 Austin & Ally 7.30 Liv & Maddie 7.55 Access All Areas: Music 8.00 Jessie 9.00 Good Luck Charlie 10.00 Mickey Mouse 10.05 Violetta 10.55 Hannah Montana 11.25 Groove High 11.55pm-12.00m't Mickey Mouse

SUNDAY As Saturday except:

9.00am **FILM** Lemonade Mouth: Teen musical. Five high-school outcasts decide to form a band after meeting for the first time in detention. 11.05-11.30am Bunk'd

MONDAY

6.00am Girl Meets World 6.30 Miraculous: Tales of Ladybug & Cat Noir 7.00 Bunk'd 7.30 Liv & Maddie 8.00 KC Undercover 8.30 Austin & Ally 8.55 Mickey Mouse 9.00 Good Luck Charlie 10.00 Shake It Up 10.55 Dog with a Blog 11.55 Mickey Mouse 12.00noon Wizards of Waverly Place 1.00pm Ant Farm 2.00 Evermoor 2.30 I Didn't Do It 3.00 Miraculous: Tales of Ladybug & Cat Noir 3.25 Minnie's Fashion Challenge 3.30 Girl Meets World 4.00 Austin & Ally 4.30 Liv & Maddie 5.00 Mako Mermaids **NEW EPISODE** 5.30 The Evermoor Chronicles **NEW EPISODE** 5.55 Access All Areas: Music 6.00 Liv & Maddie 6.30 Jessie 7.00 Sonny with a Chance 7.30 That's So Raven 7.55 Access All Areas: Music 8.00 Boy Meets World 8.30 The Evermoor Chronicles 9.00 Good Luck Charlie 10.00 Mickey Mouse 10.05 Violetta 10.55 Hannah Montana 11.25 Groove High 11.55pm-12.00m't Mickey Mouse

TUESDAY & WEDNESDAY

As Mon except:

7.00-7.30am Jessie 5.30-5.55pm KC Undercover 8.30-9.00pm Shake It Up

THURSDAY As Tue except:

2.00-2.30pm The Evermoor Chronicles: Mystery.

FRIDAY As Mon except:

7.00-7.30am Jessie 8.00-8.30am Best Friends Whenever 2.00-2.30pm The Evermoor Chronicles 3.00pm Best Friends Whenever 3.30 The Evermoor Chronicles 4.00 Mako Mermaids 4.55 Minnie's Fashion Challenge **NEW EDITION** 5.00 Liv & Maddie **NEW EPISODE** 5.30 Bunk'd **NEW EPISODE** 6.00 **FILM** Geek Charming: Teen romantic comedy. 7.45-7.55 Mickey Mouse 8.00 Liv & Maddie 8.30-9.00 Jessie 10.05 Violetta 11.00-11.25pm Hannah Montana

+1hour SKY 610 VIRGIN 725

DISNEY JUNIOR

SKY 611
HD 611/628

VIRGIN 727

SATURDAY

6.00am Mickey Mouse Clubhouse 6.55 Doc McStuffins 7.15 Curious George 7.45 PJ Masks 8.00 Sofia the First 8.25 Goldie & Bear 8.40 Sheriff Callie's Wild West 8.55 Doc McStuffins 9.10 Henry Hugglemonster 9.30 Sofia the First 10.00 **FILM** Little Mermaid: Ariel's Beginning 11.20 Whisker Haven Tales 11.25 Zou 11.40 Henry Hugglemonster 12.10pm Doc McStuffins 12.30 PJ Masks 12.45 Jake 1.00 Miles from Tomorrow 1.30 Henry Hugglemonster 2.00 Sofia the First 2.55 Whisker Haven Tales 3.00 Doc McStuffins 3.30 Doc McStuffins 3.55 Minnie's Bow-Toons 4.00 Curious George 4.30 Doc McStuffins 5.00 Sofia the First 5.30 Miles from Tomorrow 6.00 Henry Hugglemonster 6.15 Jake 6.45 Sheriff Callie's Wild West 7.00 Curious George 7.25 Sofia the First 7.55 Goldie & Bear 8.10 Minnie's Bow-Toons 8.15 Sheriff Callie's Wild West 8.30 Henry Hugglemonster 8.55 Zou 9.10 Mickey Mouse Clubhouse 9.35 Art Attack 10.05 Mouk 10.20 Henry Hugglemonster 11.20 Jungle Junction 11.45pm-12.00m't The Hive

SUNDAY As Saturday except:

10.00-11.20am **FILM** Cinderella III: A Twist in Time: Animated sequel.

MONDAY

6.00am Mickey Mouse Clubhouse 6.25 Goldie & Bear 7.00 Sofia the First 7.30 Doc McStuffins 8.00 Curious George 8.55 The Hive 9.10 Doc Files 9.15 Mickey Mouse Clubhouse 9.45 Henry Hugglemonster 10.10 Doc McStuffins 10.40 Sheriff Callie's Wild West 11.00 Mickey Mouse Clubhouse 11.25 Come and Get It 11.35 Jake 12.00noon Henry Hugglemonster 12.30pm Goldie & Bear 12.45 Calimero 1.00 Doc McStuffins 1.55 Sofia the First 2.25 Sheriff Callie's Wild West 2.45 Jake 3.00 Mickey Mouse Clubhouse 3.30 Henry Hugglemonster 3.45 Goldie & Bear 4.00 **FILM** Curious George 4.30 Doc McStuffins **NEW EPISODE** 5.00 Sofia the First 5.30 Miles from Tomorrow 6.00 **FILM** The Lion Guard: Return of the Roar 7.00 Curious George 7.25 Sofia the First 7.55 Goldie & Bear 8.10 Minnie's Bow-Toons 8.15 Sheriff Callie's Wild West 8.30 Henry Hugglemonster 8.55 Zou 9.10 Mickey Mouse Clubhouse 9.35 Art Attack 10.05 Jungle Junction 10.35 Henry Hugglemonster 11.20 Jungle Junction 11.45pm-12.00m't The Hive

TUESDAY As Mon except:

11.00am **FILM** Winnie the Pooh 12.00 Henry Hugglemonster 12.25-12.30pm Come and Get It 6.00pm Henry Hugglemonster 6.15 Jake 6.45-7.00pm Sheriff Callie's Wild West

WEDNESDAY As Mon except:

6.00pm PJ Masks **NEW EPISODE** 6.30 Jake 6.45-7.00pm Sheriff Callie's Wild West

THURSDAY As Mon except:

1.00pm **FILM** The Tigger Movie 2.20-2.25 Whisker Haven Tales 6.00 Henry Hugglemonster 6.15 Jake 6.45-7.00pm Sheriff Callie's Wild West

FRIDAY As Mon except:

6.00-7.00pm As Thursday

+1hour SKY 612

DISNEY XD

SKY 622
HD 622/633

VIRGIN 707

SATURDAY

6.00am Phineas and Ferb 6.30 Camp Lakebottom **NEW EPISODES** 7.00 Randy Cunningham 7.30 Guardians of the Galaxy **NEW EPISODE** 8.00 Marvel Avengers Assemble 8.30 Ultimate Spider-Man v Sinister Six **NEW EPISODE** 9.00 Star Wars Rebels **NEW EPISODE** 9.30 Gravity Falls 10.00 Pickle and Peanut 10.15 Star vs the Forces of Evil 10.30 Phineas and Ferb 11.00 Gamers Guide to... 11.30 Lab Rats 12.00 Kirby Buckets 12.30pm Phineas and Ferb 1.30 Pickle and Peanut 2.00 Star vs the Forces of Evil 2.30 Gravity Falls 3.00 Star Wars: Droid Tales 3.30 Star Wars Rebels 4.00 Phineas and Ferb 4.30 Star vs the Forces of Evil 5.00 Gravity Falls 6.00 **FILM** Star Wars: Episode I – The Phantom Menace: Adventure. 8.45 Phineas and Ferb 9.00 Penn Zero 9.30 Randy Cunningham 10.00 Phineas and Ferb 10.50 Gravity Falls 11.40 Rated A for Awesome 12.30am Randy Cunningham 12.50 Wander Over Yonder 1.15 Dude, That's My Ghost! 2.00 Kid vs Kat 2.45 Randy Cunningham 3.35 Boyster 4.00 Pair of Kings 4.45 Zeke and Luther 5.10-6.00am Phineas and Ferb

SUNDAY As Saturday except:

6.30-7.00am Phineas and Ferb 3.00-3.30pm Star Wars: The New Yoda Chronicles 6.00pm Phineas and Ferb 6.30 Lab Rats 7.00 Gamers Guide to... 7.30 Ultimate Spider-Man v The Sinister Six 8.00 Marvel Avengers Assemble 8.30-9.00pm Guardians of the Galaxy

MONDAY & WEDNESDAY

6.00am Marvel Avengers Assemble 6.30 Ultimate Spider-Man: Web Warriors 7.00 Star Wars: The New Yoda Chronicles 7.30 Phineas and Ferb 7.45 Star vs the Forces of Evil 8.00 Gravity Falls 8.30 The 7D 8.45 Wander Over Yonder 9.00 Star Wars Rebels 9.30 Boyster 10.00 Phineas and Ferb 11.00 Wander Over Yonder 11.30 Penn Zero 12.00noon Mighty Med 12.30pm Phineas and Ferb 1.30 Hulk 2.00 Ultimate Spider-Man 2.30 Marvel Avengers Assemble 3.00 Star Wars Rebels 3.30 Phineas and Ferb 4.30 Star vs the Forces of Evil 5.00 Gravity Falls 6.00 Pickle and Peanut 6.15 Phineas and Ferb 6.30 Lab Rats 7.00 Gamers Guide to... 7.30 Ultimate Spider-Man 8.00 Marvel Avengers Assemble 8.30 Guardians of the Galaxy 9.00 Gravity Falls 9.30 Star vs the Forces of Evil 10.00 Phineas and Ferb 10.50 Gravity Falls 11.40 Rated A for Awesome 12.30am Randy Cunningham 12.50 Wander Over Yonder 1.15 Dude, That's My Ghost! 2.00 Kid vs Kat 2.45 Randy Cunningham 3.35 Boyster 4.00 Pair of Kings 4.45 Zeke and Luther 5.10-6.00am Phineas and Ferb

TUESDAY As Mon except:

3.00-3.30pm Star Wars Rebels: Spark of Rebellion – Part Two

THURSDAY As Mon except:

7.00-7.30am Super Heroes Maximum Overload 3.30pm Phineas and Ferb 4.00-4.30 Pickle and Peanut 5.00 Gravity Falls **NEW EPISODE** 5.30 Gamers Guide to... **NEW EDITION** 6.00 **FILM** Star Wars: Episode II – Attack of the Clones 8.45-9.00pm Phineas and Ferb

FRIDAY As Mon except:

7.00-7.30am Pickle and Peanut 3.00-3.30pm Star Wars: Droid Tales

+1hour SKY 608 VIRGIN 708

Coming soon

**FIRST
LOOK**

**Fur flies between
Landon Liboiron
and Jason Momoa**

Jason Momoa stars in a period adventure about the 18th-century fur trade

Frontier

This exciting shot is from Netflix's forthcoming new period drama *Frontier*, which centres on the beginnings of the North American fur trade in the late 18th Century, when the business rivalries, power struggles, and tensions between Europeans and Native Americans often turned bloody.

The six-part series, from the makers of *Republic of Doyle*, is being shot in Canada and Cornwall and sees Jason Momoa, who played Khal Drogo in *Game of Thrones*, head the cast as uncompromising fur trader Declan Harp. *Hemlock Grove*'s Landon Liboiron and *New Tricks*' Alun Armstrong also star.

IN PRODUCTION...

The Missing

David Morrissey and Keeley Hawes (right) will appear in the second series of BBC1's hit thriller *The Missing*. The pair will play Sam and Gemma, the parents of a young girl, Alice, who disappeared in 2003. But

11 years later, Alice resurfaces in Germany and the action then flits between 2014 and the present day as her parents deal with the fallout. Tcheky Karyo reprises his role as French cop Julien Baptiste, while Roger Allam and Laura Fraser join the cast.



Next week On Sale Tuesday 8 March



Sport Relief 2016
Bradley Wiggins and Michael Crawford team up for a *Some Mothers Do 'Ave 'Em* special.



Houdini and Doyle
Michael Weston and Stephen Mangan star in a new crime drama on ITV Encore.



World Twenty20
Eoin Morgan leads England's cricketers into World Twenty20 action on Sky Sports.



Indian Summers
Julie Walters is joined by new characters as Channel 4's period drama returns.

WHAT'S NEXT FOR...

Hattie Morahan

The actress, last seen in *The Outcast*, will star in the BBC1 drama **My Mother and Other Strangers**, which centres on the arrival of the US Air Force in a village in Northern Ireland in World War Two.



David Attenborough

The wildlife presenter will host BBC1's **Planet Earth II**, a decade on from his original landmark series. The six-parter, which will air later this year, will explore some of the globe's most varied habitats.



Coming back...

The cast has been announced for BBC1's revival of **Are You Being Served?**, which is part of the channel's celebrations marking 60 years of the sitcom genre. Set in 1988, the one-off sees Jason Watkins (below) as Mr Humphries, Sherrie Hewson as Mrs Slocombe, and John Challis playing Captain Peacock.



TV&Satellite week

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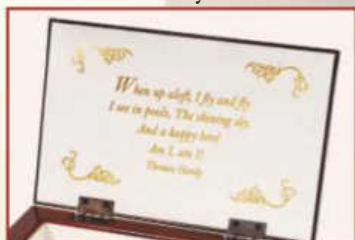
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